

SLEEP DISORDER BASED ON LIFESTYLE

Gender

Female

Male

189

Total Male_count

185

Total Female_count

27

59

BMI Category

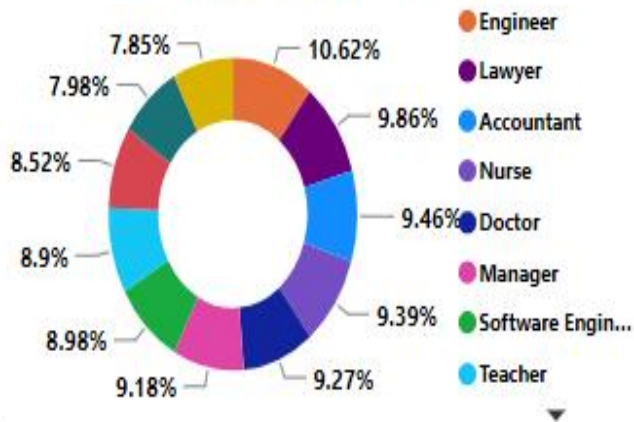
Normal

Obese

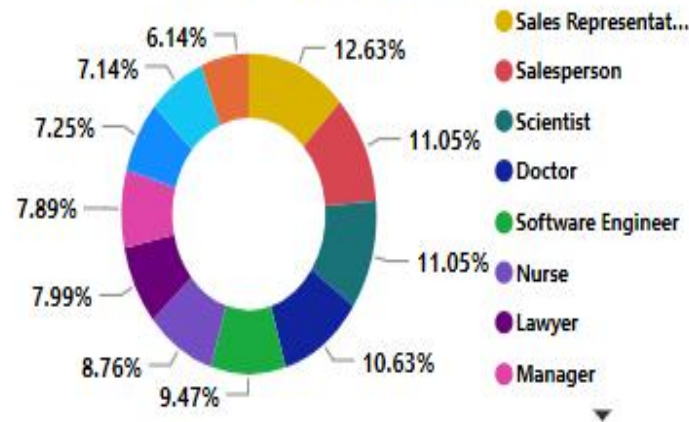
Normal
Weight

Overweight

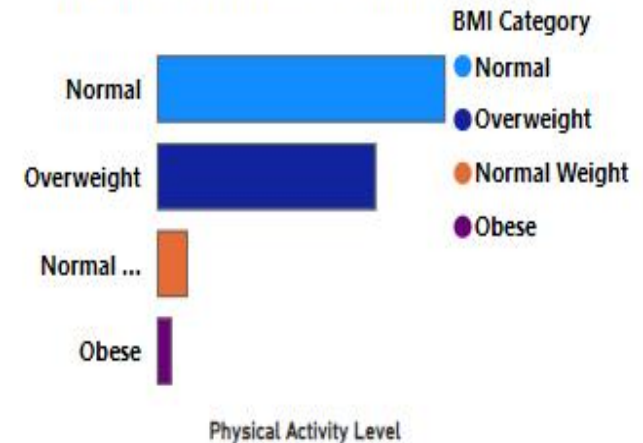
Sleep Duration by Occupation



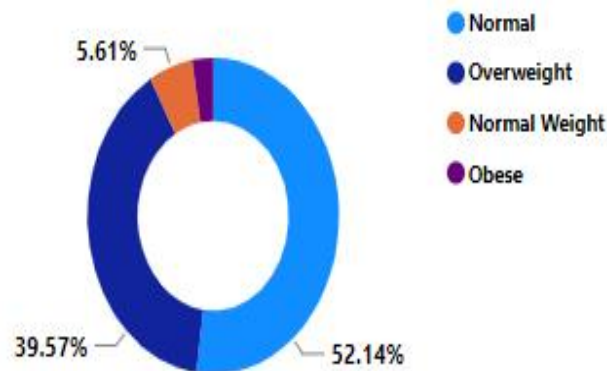
Stress Level by Occupation



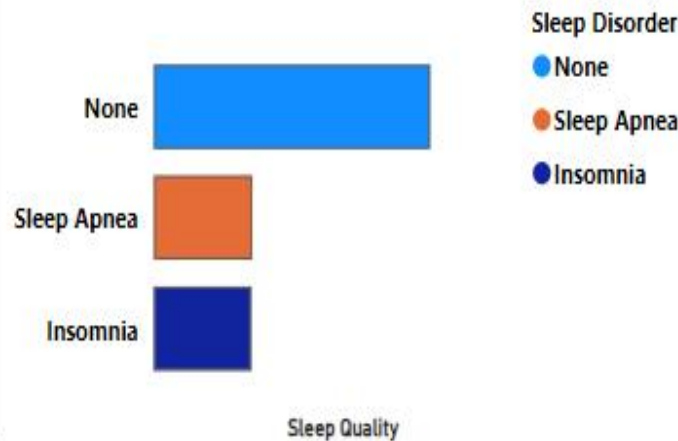
Physical Activity Level and BMI Category



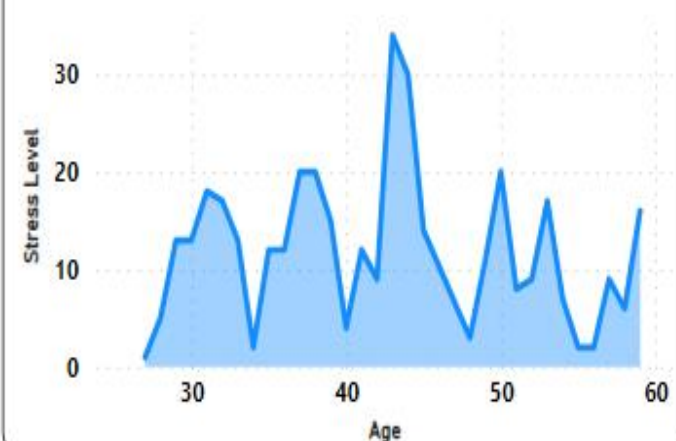
Sleep disorder by BMI



Quality of Sleep and Sleep Disorder



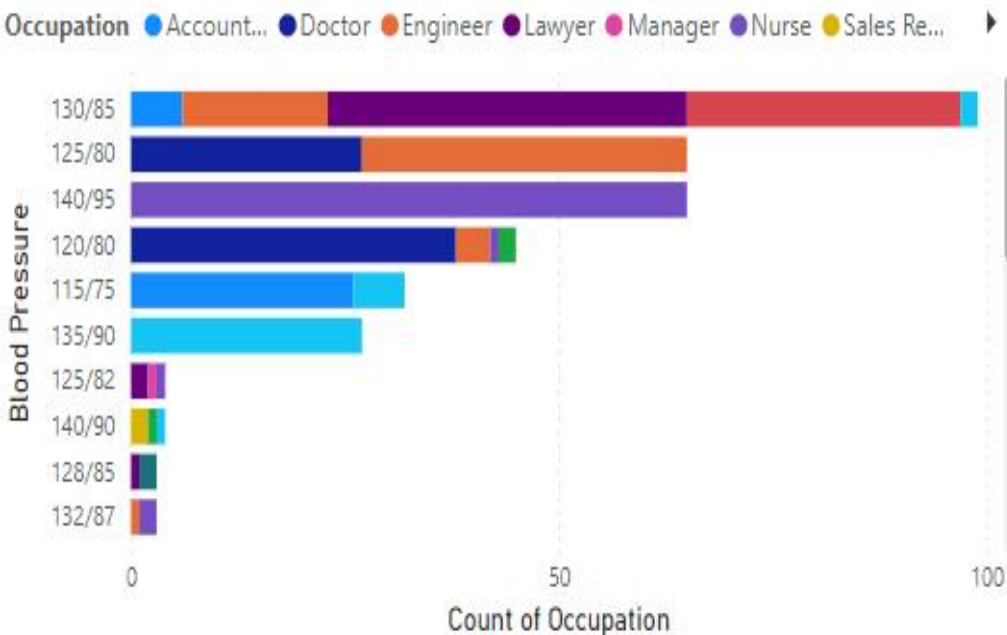
Stress Level by Age



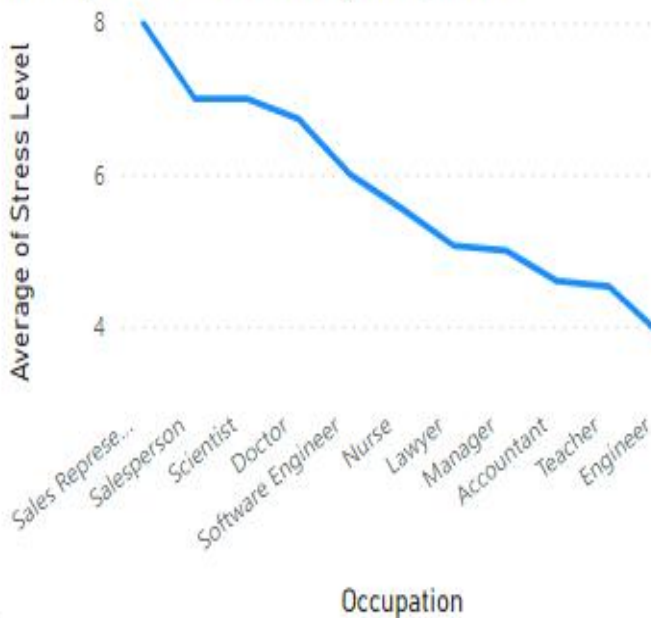
Occupation Average of Stress Level Last Blood Pressure Average of Quality of Sleep

Sales Representative	8.00	140/90	4.00
Salesperson	7.00	130/85	6.00
Scientist	7.00	131/86	5.00
Doctor	6.73	142/92	6.65
Software Engineer	6.00	140/90	6.50
Nurse	5.55	140/95	7.37
Lawyer	5.06	135/88	7.89
Manager	5.00	125/82	7.00
Accountant	4.59	130/85	7.89
Teacher	4.53	140/90	6.98
Engineer	3.89	132/87	8.41

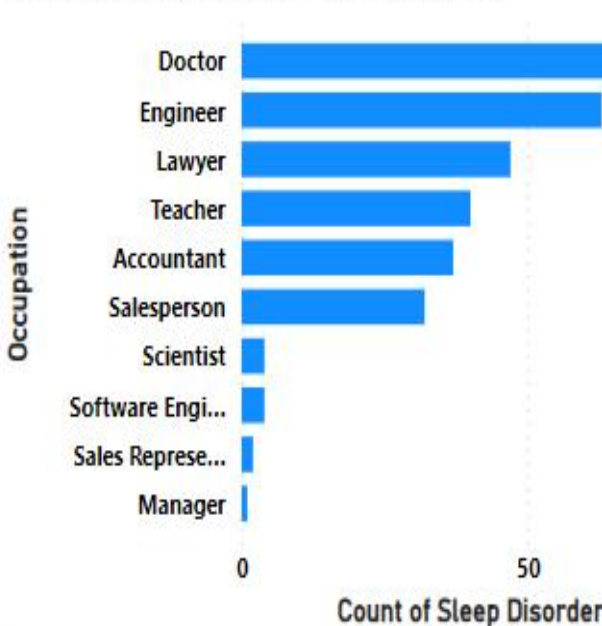
Count of Occupation by Blood Pressure and Occupation



Average of Stress Level by Occupation



Count of Sleep Disorder by Occupation



Count of Physical Activity Level by Occupation

