

## **HHS 2100: Overview of Health and Human Services**

### ***3 Credit Hours***

This course provides students with an overview of disciplines related to health and human services. Students focus on learning the philosophical basis, key theories, ethics, and history of disciplines in health and human services. Students articulate the characteristics of health and human service workers and describe various career paths. Students are able to describe the interdisciplinary character of health and human services by discussing the contributions of a range of disciplines and professions focused on improving health.

## **HHS 3200: mHealth Foundations and Solutions**

### ***3 Credit Hours***

This course introduces students to the ever-evolving world of mHealth within the healthcare and technology relationship. Course content and skills are dedicated to the past, present, and future of mHealth development, integration, and expansion. Students experience the many facets of mHealth with careful consideration for low-resource settings, vulnerable populations, health promotion, disease prevention and management, literacy, and solution development.

## **HHS 3240: Fundamentals of Behavioral Health Care**

### ***3 Credit Hours***

This course introduces students to the basic principles of behavioral health care. Students will examine the fundamentals of mental illness in society and various intervention methods and strategies. The course introduces students to behavioral health care service delivery systems particularly within underserved communities and populations.