

Health and Physical Activity Leadership, BS

Program Description

The Bachelor of Science with a major in Health & Physical Activity Leadership (HPAL) is designed to prepare candidates for employment in a variety of fields related to health and physical activity. This will include teaching health and physical education in both public and private schools, coaching in school and community settings, and leadership positions in community-based health and physical activity programs.



This program is a part of the Wellstar College of Health and Human Services.

Accreditation

The Bachelor of Science in Health and Physical Education (HPE) is fully approved by Georgia's Professional Standards Commission (GaPSC) for P-12 teacher certification, and nationally recognized by the National Association for Sport and Physical Education (NASPE). Kennesaw State University is the only program in Georgia nationally recognized by NASPE.

Admission, Enrollment, and Graduation Policies

Admissions Requirements

There are no additional Admissions requirements for the Coaching Concentration or the Youth Activity Leadership Concentration.

The Health and Physical Education Teacher Certification Concentration requires majors to apply for program admission in order to begin coursework in the professional education sequence.

In order to be admitted to the Health and Physical Education (P-12) program, majors must apply to both the Bagwell College Teacher Preparation Program and to the Department of Health Promotion and Physical Education. It is recommended that majors arrange to meet with a HPE Faculty Advisor each semester to assure that are on track to apply for program admission.

Teacher Education Admission, Retention and Graduation Requirements

Admission to teacher education is separate from admission to Kennesaw State University. Students must meet the admission requirements outlined in the Teacher Education Admission, Enrollment, and Graduation Requirements catalog page to pursue this degree program.

Health and Physical Education (P-12) Eligibility Requirements

In addition to the criteria for Admission to Teacher Education, the Health and Physical Education (P-12) program requires that the following criteria also be met:

1. Completed with a "C" or better: WELL 2000, HPAL 2100, HPE 2050, and HPAL 2250
2. Received a minimum letter grade of "C" in any required HPAL major courses
3. Submitted two acceptable faculty recommendations and an advisor recommendation
4. Submitted current completed Course Checksheet. This will be provided by your ESS advisor.
5. Exhibited responsible professional behavior in classes, field experiences, and interactions with peers and faculty
6. Demonstrated interest in the field through participation in and contribution to majors' clubs and/or other professional activities
7. Expressed a desire to enter teacher certification through a well-written personal narrative emphasizing experiences relevant to teaching

Application

After formal review of all program application materials, students will be notified of their admission status. Questions regarding Health and Physical Education Teacher Certification Concentration admission may be directed to the coordinator

APPLICATION INSTRUCTIONS - PLEASE COMPLETE THE FOLLOWING:

- HPE Faculty Letters of Recommendation
- HPE Planned Program of Study-completed by you and your academic advisor
- HPE Application

Graduation Requirements

Each student is expected to meet the requirements outlined in Academic Policies 5.0

PROGRAM REQUIREMENTS & GRADUATION.

Program Course Requirements

Core IMPACTS Curriculum (42 Credit Hours)

General Education Core IMPACTS Curriculum

Core Field of Study (18 Credit Hours)

Students must earn a grade of "C" or better in these courses.

Required Courses (12 Credit Hours)

- EDUC 2120: Exploring Socio-Cultural Perspectives on Diversity in Educational Contexts
- HPAL 2250: Anatomy and Physiology for Health and Physical Activity Leadership
or
- BIOL 2251: Anatomy & Physiology I
- WELL 2000: Foundations of Health and Wellness
- HPAL 2100: Introduction to Health and Physical Activity Leadership

Elective Courses (6 Credit Hours)

Select 6 credit hours of 1000–2000 level coursework, excluding 1000 level HPAL courses, that align with the desired concentration; it is recommended to meet with an advisor to discuss options.

Students in the Teacher Preparation Concentration must take EDUC 2110 and EDUC 2130.

Major Requirements (24 Credit Hours)

Students must earn a grade of "C" or better in these courses.

- HPAL 3010: Technology in Health and Physical Activity Leadership
- HPAL 3020: Teaching Games and Sports
- HPAL 3100: Behavioral and Psychological Aspects of Physical Activity and Coaching
- HPAL 3200: Motor Learning and Development
- HPAL 3252: Measurement and Evaluation for Health and Physical Activity Leadership
- HPAL 3300: Contemporary Health Issues
- HPAL 3600: Child and Adolescent Health Issues
- HPAL 3340: Applied Anatomy and Physiology for Health and Physical Activity Leadership
or
- BIOL 2252: Anatomy & Physiology II

Major Concentrations (36 Credit Hours)

Students must earn a grade of "C" or better in these courses.

Health and Physical Education Teacher Certification Concentration***Required Courses (36 Credit Hours)***

- HPAL 2020: Adventure Education and Facilitation
- HPE 2200: Skills-Based Approach to Health Education
- HPE 2050: Fundamentals of Teaching Health and Physical Education
- HPAL 3250: Family Health and Sexuality
- HPE 3450: Curriculum, Instruction and Management for Early Childhood Physical Education
- HPE 3550: Curriculum, Instruction and Management for Middle Grade and Secondary Physical Education
- HPE 3650: Curriculum, Methods and Materials in Health Education
- HPAL 3750: Adapted Physical Education
- HPE 4420: Practicum in Middle and Secondary School Health Education
- HPE 4430: Practicum in Middle and Secondary School Physical Education
- EDUC 4610: Introduction to the Yearlong Clinical Experience
- INED 4437: Education for Linguistically Multilingual Students
- HPE 4850: Student Teaching in Health and Physical Education (P-12)

Coaching Concentration

Required Courses (21 Credit Hours)

- HPAL 3050: Coaching Principles
- HPAL 3090: Advanced Coaching Methods for Strength and Conditioning
- HPAL 3330: Sport First Aid and Injury Prevention
- HPAL 3395: Coaching Practicum (taken twice for a total of six credit hours)
- HPAL 4900: Capstone in Coaching

Select three credit hours of HPAL 1000 level courses

Advanced Coaching Methods (9 Credit Hours)

Select 9 credit hours from the following list of courses:

- HPAL 3055: Advanced Coaching Methods for Basketball
- HPAL 3061: Advanced Coaching Methods for Football
- HPAL 3065: Advanced Coaching Methods for Soccer
- HPAL 3071: Advanced Coaching Methods for Archery
- HPAL 3075: Advanced Coaching Methods for Softball
- HPAL 3085: Advanced Coaching Methods for Tennis
- HPAL 3095: Advanced Coaching Methods for Volleyball

Elective Courses (6 Credit Hours)

Select 6 credit hours of 3000–4000 level coursework from the University Catalog.

Youth Activity Leadership Concentration

Required Courses (21 Credit Hours)

- HPAL 3050: Coaching Principles
- HPAL 3140: Youth Fitness Development and Assessment
- HPAL 3250: Family Health and Sexuality
- HPAL 3330: Sport First Aid and Injury Prevention
- HPAL 3393: Practicum in Youth Activity Leadership
- HPAL 4950: Capstone in Youth Activity Leadership

Concentration Related Studies (15 Credit Hours)

Select 15 credit hours of 3000–4000 level coursework from the following prefixes: COMM, HS, LDRS, PHE, PSYC, SOCI, ISD, ORGC, IPE, INED, IHS.

Program Total (120 Credit Hours)