

DANC 3100: Ballet I: Classical Dance Technique

2 Credit Hours

This course is designed to introduce students to the basic technique and terminology of ballet. Through beginning-level barre and center work, students will explore kinesthetic and spatial awareness, alignment, musicality, and use of weight. Exercises in this course are designed to develop strength, balance, and flexibility. Students will practice professionalism and gain an appreciation and understanding of the art form.

DANC 3110: Ballet II: Classical Dance Technique

2 Credit Hours

Prerequisite: Dance Major, or DANC 3100

This course is designed for students who are able to demonstrate and execute a basic understanding of ballet technique. Students will enhance their understanding of kinesthetic and spatial awareness, alignment, musicality, and use of weight. Students will practice professionalism and gain an appreciation and understanding of the art form.

DANC 3120: Ballet III: Classical Dance Technique

2 Credit Hours

Prerequisite: DANC 3110 or permission of the instructor.

This course is designed for students who are able to demonstrate an intermediate/advanced understanding of ballet technique. Students will develop a more refined understanding of kinesthetic and spatial awareness, alignment, musicality, and use of weight. Barre and center exercises become more complex and emphasis is placed on strengthening performance skills. Students will practice professionalism and deepen their appreciation and understanding of the art form.

Notes: May be taken twice for credit.