

PSYC 3410: Health Psychology

3 Credit Hours

Prerequisite: PSYC 1101

Through the use of theoretical and empirical approaches, this course focuses on a biopsychological approach to health psychology including psychological and physiological aspects of U.S. and global health issues. Students will develop knowledge of the psychological aspects of a variety of health topics. Potential topics include body management systems, disease prevention, chronic illnesses, pain, stress and coping, substance use disorder, nutrition, and alternative models of health behavior change.

PSYC 3425: Psychology of Gender

3 Credit Hours

Prerequisite: PSYC 1101

This course examines gender issues from a psychological perspective. Topics include the social construction of gender, gender and personality development, sex role socialization, and a critical examination of the research on gender differences. The ways in which gender intersects with other aspects of identity (e.g., race, ethnicity, class, sexual orientation) are examined. Scientific research findings are emphasized.

PSYC 3505: The Psychology of the Emerging Adult: Late Adolescence through Early Adulthood

3 Credit Hours

Prerequisite: PSYC 1101

This course focuses on development from late adolescence through early adulthood and the unique physiological, cognitive, and psychosocial issues occurring during this transitional period that are not well explained by traditional conceptualizations of standard development periods. Familiarity with the major physical transitions associated with pubescence, the cognitive changes necessary for the abstract reasoning associated with this time period, and the increased complexities inherent in the social experience typical of this age group.