

Nutritional Science Minor

Program Description

The online undergraduate minor in Nutritional Science aims to offer students an introduction to the area of human nutrition. In particular, students will gain a foundation of knowledge in nutrient chemistry, food systems, public health policies, nutrition education and the relationships between nutrition, health, disease and the life-cycle. A minor in Nutritional Science will benefit students who intend to pursue a career in food, health, fitness, medicine, hospitality and other health-related professions. Students need to complete 15 credit hours in this minor program, which includes two (2) foundational classes, along with a minimum of three (3) additional advanced level nutrition courses. Students must earn a grade of "C" or better in all courses for the minor. All prerequisites must be completed in order to enroll in the respective course. Additionally, at least 9 hours of this minor must be non-duplicative with the course requirements of the student's major.



This program is a part of the Wellstar College of Health and Human Services.

Admission, Enrollment, and Graduation Policies

Admission Requirements

This program does not have specific admission requirements and only admission to Kennesaw State University is required. For more information, please visit the Admissions section of the catalog.

Graduation Requirements

Each student is expected to meet the requirements outlined in the Academic Policies: 5.0 PROGRAM REQUIREMENTS & GRADUATION.

Program Course Requirements

Required Courses (6 Credit hours)

- ES 2500: Principles of Nutrition
- ES 3105: Lifecycle Nutrition

Elective Courses (9 Credit Hours):

Select nine credit hours from the following:

- ES 3300: Food Science
- ES 3420: Food and Culture
- ES 3500: Nutritional Assessment
- ES 4050: Community Nutrition
- ES 4120: Weight Management
- ES 4200: Nutrition and Performance
- ES 4250: Advanced Human Nutrition

Program Total (15 Credit Hours)