

PSYC 3510: Psychoneuroimmunology: Mind Body Pathways

3 Credit Hours

Prerequisite: One 3000-level psychology course or permission of the instructor

This course takes a novel approach to the interdisciplinary field of psychoneuroimmunology (PNI) by exploring research and providing practical applications that illustrate how stress over time may impact psychological and physical well-being. Students will be exposed to current PNI literature, experientially explore effects of stress and coping strategies, and participate in a PNI laboratory assignment. Topics will include, but are not limited to: Mind-Body Pathways; Stress and Illness; Metabolism, Growth, and Stress; Sleep and Stress; Coping and Stress Management.

PSYC 3760: Asian American Identities through Psychological Perspectives

3 Credit Hours

Prerequisite: PSYC 1101

This course takes a multicultural psychological perspective to examining identity issues related to Asian Americans, one of the fastest growing ethnic minority groups in the United States. Students are expected to gain an understanding of the complex and diverse nature of Asian American ethnic identity. This course discusses a number of important issues that influence Asian American ethnic identity including: immigration history, acculturation, family, education and occupation, relationships, self-esteem, media representations, and mental health.

PSYC 3775: The Psychology of Religion: An Empirical Approach

3 Credit Hours

Prerequisite: (PSYC 1101 or SOCI 1101) and any 3000-level PSYC course

This course focuses on the study of the influence of religion and spirituality on human behavior. Empirical findings are presented and discussed that allow for the critical evaluation of the role of religion and spirituality in understanding human motivation, cognition, behavior, and individual differences in personality. Students will examine findings on contemporary psychobiological thinking and religion; varieties of religious experience; religion/spirituality in childhood; and the role of religion in morality, psychopathology, and coping.

PSYC 3800: Death & Dying

3 Credit Hours

Prerequisite: PSYC 1101 and (PSYC 2500 or PSYC 2000)

This course provides an overview of the range of psychological concepts surrounding the issue of death and dying, with a specific emphasis on end of life issues, suicide, death attitudes, death and childhood, death rituals, grief and mourning, cross-cultural perspectives, and psychological responses to traumatic and mass death. The course prepares students to engage in death education and communication, and to be comfortable addressing the psychological impact of death and dying in diverse settings.