HPAL 1395: Intermediate Tennis

1 Credit Hours

This course is designed to reinforce fundamental tennis skills and introduces advanced offensive and defensive skills. The focus of the course will be on developing successful singles and doubles game-play strategies.

Notes: In accordance with USG Academic and Student Affairs Handbook 2.4.5, this physical education activity course may not be used in the Core Field of Study in any program of study.

HPAL 1430: Beginning Volleyball

1 Credit Hours

This course is designed to introduce volleyball to the student at the beginning level, encompassing basic skills, rules, terminology, basic strategy, and safety through drills and game play.

Notes: In accordance with USG Academic and Student Affairs Handbook 2.4.5, this physical education activity course may not be used in the Core Field of Study in any program of study.

HPAL 1435: Intermediate Volleyball

1 Credit Hours

This course is designed to reinforce fundamental volleyball skills and introduces advanced tactics, strategies and offensive/defensive systems.

Notes: In accordance with USG Academic and Student Affairs Handbook 2.4.5, this physical education activity course may not be used in the Core Field of Study in any program of study.