

Coaching Minor

Program Description

The Coaching Minor is offered through the Department of Health Promotion and Physical Education. It is designed to prepare future coaches for leadership in a variety of sport settings. The minor includes three (3) foundational classes, along with a minimum of two additional advanced level sport-specific classes in coaching methodology, plus one practicum experience.

Students must have a 2.50 GPA in Coaching Minor coursework to be eligible for the coaching practicum.



This program is a part of the Wellstar College of Health and Human Services.

Admission, Enrollment, and Graduation Policies

Admission Requirements

This program does not have specific admission requirements and only Admissions to Kennesaw State University is required.

Graduation Requirements

Each student is expected to meet the requirements outlined in the Academic Policies: 5.0 PROGRAM REQUIREMENTS & GRADUATION.

Program Course Requirements

Required Courses (9 Credit Hours)

- HPAL 3050: Coaching Principles
- HPAL 3100: Behavioral and Psychological Aspects of Physical Activity and Coaching
- HPE 2300: First Aid/CPR Instructor Training

Advanced Coaching Courses (6 Credit Hours)

Choose two of the following:

- HPAL 3055: Advanced Coaching Methods for Basketball
- HPAL 3061: Advanced Coaching Methods for Football
- HPAL 3065: Advanced Coaching Methods for Soccer

- HPAL 3075: Advanced Coaching Methods for Softball
- HPAL 3085: Advanced Coaching Methods for Tennis
- HPAL 3090: Advanced Coaching Methods for Strength and Conditioning
- HPAL 3095: Advanced Coaching Methods for Volleyball

Practicum Requirement (3 Credit Hours)

This is a capstone experience and should be taken as the final requirement for the Coaching Minor.

- HPAL 3395: Coaching Practicum

Program Total (18 Credit Hours)

Minor must be declared prior to registering for HPAL 3395. HPAL 3395 is graded as "S" (Satisfactory) or "U" (Unsatisfactory). A 2.50 GPA in Coaching Minor coursework is required to be eligible for the Coaching Practicum.