

### **PHE 4750: Public Health Internship**

#### **6 or 9 or 12 Credit Hours**

*Prerequisite: Completion of all PHE major requirements and (PHE 4710 or PHE 4720)*

This course is the capstone experience for students completing the program requirements for the Bachelor of Science in Public Health. Course topics include public health education trends, certifications, professional ethics, liability, marketplace needs, and employment strategies. Students work under the direct supervision of public health education professionals and a university supervisor. Notes: Students completing the 6-credit internship will complete 240 field hours. Students completing the 9-credit internship will complete 360 field hours. Students completing the 12-credit internship will complete 400 field hours.

### **WELL 2000: Foundations of Health and Wellness**

#### **3 Credit Hours**

This course is designed to examine the scientific and theoretical foundations of health and wellness. Students focus on developing health knowledge and skills necessary to adapt to changing personal, social, and environmental factors related to lifespan development. Topics of exploration include health literacy, goal setting, physical activity, nutrition, stress management, emotional health, substance use, sexual health, self-care, and other health determinants.

### **HIST 1100: Survey of World History**

#### **3 Credit Hours**

A thematic survey of World History to the present era.

### **HIST 1111: Survey of World History I**

#### **3 Credit Hours**

A survey of World History to early modern times.

### **HIST 1112: Survey of World History II**

#### **3 Credit Hours**

A survey of World History from early modern times to the present.

### **HIST 2111: Survey of U.S. History I**

#### **3 Credit Hours**

A survey of U.S. History to the post-Civil War period.