

### **HPAL 1610: Beginning Racquetball**

#### ***1 Credit Hours***

This course is designed to introduce racquetball to the student at the beginning level, encompassing basic skills, rules, terminology, strategy, and safety through drills and game play.

Notes: In accordance with USG Academic and Student Affairs Handbook 2.4.5, this physical education activity course may not be used in the Core Field of Study in any program of study.

### **HPAL 1700: Beginning Table Tennis**

#### ***1 Credit Hours***

This course focuses on motor skill acquisition, fundamental techniques and knowledge appropriate for the successful participation in table tennis.

Notes: In accordance with USG Academic and Student Affairs Handbook 2.4.5, this physical education activity course may not be used in the Core Field of Study in any program of study.

### **HPAL 1710: Beginning Wakeboarding**

#### ***1 Credit Hours***

This course introduces the motor skills, techniques, terminology, and safety considerations for successful participation in the sport of Wakeboarding.

Notes: In accordance with USG Academic and Student Affairs Handbook 2.4.5, this physical education activity course may not be used in Area F in any program of study.

### **HPAL 1810: Outdoor Recreation and Education**

#### ***1 Credit Hours***

Fundamental techniques and leadership skills necessary for safe participation in a variety of land and water outdoor recreational and educational activities without disturbance to the environment. Activities may include backpacking, camping, orienteering, canoeing, basic survival and problem solving adventure activities.

Notes: Additional fee required. In accordance with USG Academic and Student Affairs Handbook 2.4.5, this physical education activity course may not be used in the Core Field of Study in any program of study.