

Coaching Education Certificate

Program Description

The Certificate in Coaching Education is designed to respond to the critical need for quality coaches. Coaches can positively impact young lives by showing athletes the value of teamwork, the benefits of hard work, and how a good strategy can lead to results on and off the field. The program of study prepares prospective coaches on how to work with athletes at various age and ability levels, from physical preparation to understanding the emotional, social, and cognitive needs of athletes. Graduates will have the knowledge, skills and professional attitudes and behaviors necessary for an entry level coaching professional in schools, sports clubs, community programs, colleges, or other athletic organizations.

The Certificate in Coaching Education curriculum is based on the National Standards for Sport Coaching issued by SHAPE America and involves aspects of physical education pedagogy, health promotion, injury prevention, and kinesthetic principles of preparing athletes for performance. The curriculum includes advanced sport-specific coaching methodology courses and a required coaching practicum in a sport setting. All students will complete a 12-credit hour core and choose two sport specific advanced coaching methods courses for a total of 18 credit hours.



This program is a part of the Wellstar College of Health and Human Services.

Admission, Enrollment, and Graduation Policies

Admission Requirements

This program does not have specific admission requirements and only Admissions to Kennesaw State University is required.

Graduation Requirements

Each student is expected to meet the requirements outlined in the Academic Policies: 5.0 PROGRAM REQUIREMENTS & GRADUATION.

Program Course Requirements

Required Courses (12 Credit Hours)

- HPE 2300: First Aid/CPR Instructor Training
- HPAL 3050: Coaching Principles

- HPAL 3395: Coaching Practicum
- HPAL 3100: Behavioral and Psychological Aspects of Physical Activity and Coaching

Electives (6 Credit Hours)

Select two of the following:

- HPAL 3055: Advanced Coaching Methods for Basketball
- HPAL 3061: Advanced Coaching Methods for Football
- HPAL 3065: Advanced Coaching Methods for Soccer
- HPAL 3075: Advanced Coaching Methods for Softball
- HPAL 3085: Advanced Coaching Methods for Tennis
- HPAL 3090: Advanced Coaching Methods for Strength and Conditioning
- HPAL 3095: Advanced Coaching Methods for Volleyball

Program Total (18 Credit Hours)