Chicken, Leek and Tarragon Pasta



Serves: 2 Time: 25 min

Instructions

1:

Heat 2 tbsp oil and cook leeks for 10 minutes.

2.

Cook pasta in salted water according to packet instructions.

3:

Remove leeks, add 1 tbsp oil and fry chicken until browned.

4:

Return leeks to the pan, add wine and cook for 2 minutes, then add tarragon, a splash of pasta water, cream cheese and half the parmesan.

5

Season with salt and pepper, and add the cooked pasta, and sprinkle with remaining parmesan.

Notes

The leeks can be replaced with onions or finely shredded cabbage.

For a spicy kick, stir some wholegrain mustard into the sauce.

Ingredients

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Chicken breasts, cut into strips

25g

Grated parmesan cheese

2

Leeks, trimmed and sliced thinly

3 tbsp

Vegetable oil

2 tbsp

Chopped fresh tarragon

200g

Tagliatelle

125ml

White wine

100g

Cream cheese

To taste

Salt and freshly ground black pepper