

# WEIGHT LIFTING EXERCISE DATA ANALYSIS

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## Overview

Using the data from devices such as Jawbone Up, Nike FuelBand, and Fitbit, which collect data of human body movement, we will try to identify how well the participants perform a barbell lift activity. Participants were asked to perform the same set of exercises correctly and incorrectly with accelerometers placed on the belt, forearm, and dumbbell.

## Get Data