













Vasara - for anxiety

Soma - for insomnia

Sparsa - for depression.

" - Community

* try and include the name journey, the meaning
make it more connected to the audience.

Vasana : (solution 2:)

Embrace a sense of calm with
Vasana , A-life enhancing VR
companion for inner balance

Helping people overcome their anxiety for good with care that's available anytime, anywhere.

Life throws curveballs, but you don't have to face them alone. Vasara empowers you to manage anxiety with tailored tools and compassionate support, wherever you are.

Soma:

- Data: (2023) $\frac{1}{3}$ rd adults report experiencing symptoms of insomnia

WHO (2020) 10% - 30% have some form of sleep disorder.

- (2021) 1 in 7 children worldwide face mental health disorders, leading causes being anxiety and depression.

(2020)

- World Bank estimates the global economic cost of depression & anxiety is \$1 trillion / year lost in productivity

(2022)

- 25% ↑ in prevalence of anxiety & depression worldwide due to COVID-19.

- (2017) 73%.

Spaishha :

corporates



Find your Raah.
Accessible & Seamless
Well-being.

glass

Some good calming backdrop all
over. subtle & blurry

