

Mental Health Dashboard

This dashboard analyzes the mental health of 292k people. [Original dataset](#)

Occu_Business

50.1k
Business

occu_Corporate

61.2k
Corporate

Occu_Student

61.8k
Student

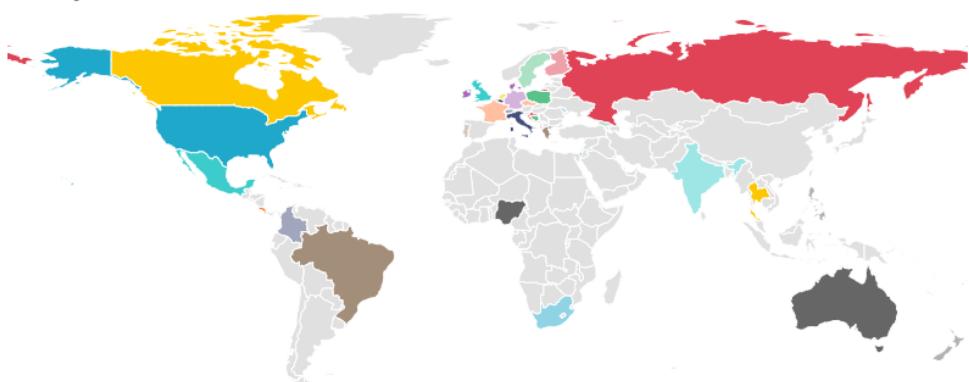
Occu_Housewife

66.4k
Housewife

Others

52.8k
Others

Country

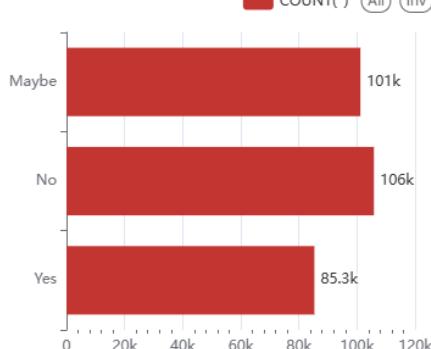


Mental_Health_Interview & Days_Indoors



Work_Interest

COUNT(*) (All) (Inv)

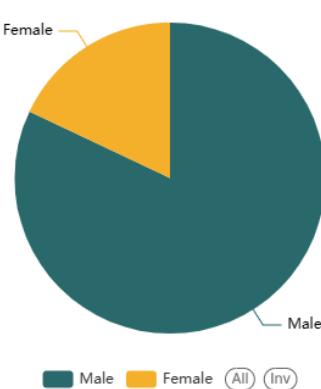


Occupation & Work_interest

Search

Gender	Occupation	Work_Interest
Female	Corporate	No
Female	Student	Maybe
Female	Business	Maybe
Female	Student	No
Female	Business	No
Female	Housewife	No
Female	Others	Maybe
Female	Student	Yes

Gender



Summary

- The dataset includes information about individuals, primarily females, from the United States, working in corporate occupations.
- Most individuals are not self-employed and have a family history of mental health issues.
- The majority have received treatment, report being indoors for 1-14 days, and are experiencing growing stress.
- They have made changes to their habits and have a history of mental health issues.
- Medium mood swings are reported, along with coping struggles.
- There is a strong interest in work, despite social weaknesses.
- Mental health interviews have been conducted,

Growing_Stress & Treatment

Increase (Green) Decrease (Red) Total (Grey)

