



CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY

Criterion 5

Student Support and Progression

| | |
|-----------------|--|
| Metric 5.1.3 | Following Capacity development and skills enhancement initiatives are taken by the institution |
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3. Life skills

Supporting Documents

| | |
|-------------------------|---|
| 1 | List of programs conducted and the number of students enrolled for each of the events |
| 2 | Copy of circular /brochure/report of the event including photographs with date and caption for each scheme or event |
| (Year : 2015-16) | |

Year: 2015-16**List of programs conducted and the number of students enrolled****LIFE SKILLS**

| Sr No | Name of the capacity development and skills enhancement schemes | Number of students enrolled | Page No. |
|-------|--|-----------------------------|----------|
| 1 | Yoga Awareness Program | 100 | 1 |
| 2 | Community Awareness Program on World Stroke Day | 30 | 10 |
| 3 | Awareness talk on "Physiotherapy in Women's Health" | 21 | 15 |
| 4 | Seminar on High risk infants and ICU management | 100 | 20 |
| 5 | National Nutrition week celebration on "Better Nutrition Key to Development" | 174 | 31 |
| 6 | Continued Nursing Education on Standard Safety Precaution | 205 | 50 |
| 7 | Poster Exhibition on World Mental Health Day | 57 | 63 |

Institute of Physiotherapy

YOGA AWARENESS PROGRAM

Date: 27th July , 2015

Dr. Nilima Patel
Senior lecturer,
College of Physiotherapy,
S.S.G. Hospital, Vadodara
Vadodara.



CHAROTAR UNIVERSITY OF SCIENCE & TECHNOLOGY
FACULTY OF MEDICAL SCIENCES
ASHOK & RITA PATEL INSTITUTE OF PHYSIOTHERAPY
(A Constituent of CHARUSAT)



Report

Yoga awareness program

IQAC & Department of Musculoskeletal Physiotherapy, ARIP

Awareness program, entitled “**Yoga in Physiotherapy**” was organized by **Department of Musculoskeletal Physiotherapy** with support of **IQAC, ARIP** on **27th July, 2015** by **Dr. Nilima Patel (PT), PhD**, Senior lecturer at College of Physiotherapy, S.S.G. Hospital, Vadodara. She has around 32 years of clinical & teaching experience in the field of physiotherapy. She has done Yoga Certificate Course from M.S. Institute of Research in Yoga with Special Merit & has also completed Yoga Teacher's Training Course from there with the Best student Award. She has authored the book "YOGA AND REHABILITATION". She regularly holds workshops and seminars on PHYSIO YOGA across the country.



Picture 1: Facilitation of Speaker by Principal Sir

Around 100 participants have attended this seminar & learnt the various concepts of yoga which are useful in physiotherapy field. She started the session with introduction about yoga and explained importance of yoga in physiotherapy

field. She has given emphasis on biomechanical positions adopted during different asana under Hatha Yog. She has elaborated various asana & along with theoretical session she conducted practical for those asana, too.



Picture 2: Explanation through PPT

This is one of the steps from institute to create awareness among students about yoga which will be useful in future to conduct workshops or advanced courses in it. This seminar has proved to be useful to the attendees as they have grabbed knowledge regarding different aspects of yoga which are helpful to them in their academics as well as in managing patients.



Picture 3: Demonstration session by involving participants

**Principal
Dr. M. Balaganapathy**

List of student attended Seminar on 27th July , 2015 @ARIP

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Principal
Dr. M. Balaganapathy

Ashok & Rita Patel

Institute of Physiotherapy



COMMUNITY AWARENESS PROGRAM

on

World Stroke Day

Date: 29.10.2015

Time: 9 am onwards

@

**Village: Chang, Valetva, Maehlav,
Padghol, Demol**



Report on ARIP's World Stroke Day event on 29th October 2015

Stroke is one of the leading causes of disability in India (especially in the rural region) and across the world. Physiotherapists play a major role in reducing the burden of illness on public health due to stroke. Four out of five strokes occur in low and middle income countries who can least afford to deal with the consequences of stroke. If nothing is done, the predicted number of people who will die from stroke will increase to 6.7 million each year by 2015. Six million deaths could be averted over the next 10 years if what is already known is applied.



Picture 1: Screening sessions

The faculties and the students of ARIP have organized WORLD STROKE DAY in six villages: *Changa, Valetva, Maehlav, Padghol, Demol and Demol* on 29th October 2015. As part of this event we set up blood pressure measurement booths, education and counseling about Stroke awareness and Physical activity promotion among the residents of villages. Overall **207 participants** have attended our camp. It was handled by 14 M.P.T. and 16 B.PT. Student; in total 30 students participated in the event. This event was successful in achieving our

objectives of reaching out to the community and helping them understand about the stroke, need for rehabilitation (Physiotherapy) and preventive measures.

Our entire stroke day event details are included in the official website of World Stroke Campaign (http://www.worldstrokecampaign.org/india_2015/973-india-anand-changa-stroke-day-2015.html) created by the World **Stroke Organization** (WSO). This event was jointly organized by the Department of Neurophysiotherapy and Community Physiotherapy, Ashok & Rita Patel Institute of Physiotherapy, CHARUSAT.



Picture 2: Awareness to community by students

Principal

Dr. M. Balaganapathy

**List of student attended Seminar on 29th October,
2015 @ community**

| Sr. No. | ID NO | Student Name | MOBILE | Email |
|--------------------|--------------|----------------------------|---------------|-------------------------------|
| 1 | 15MPTMS101 | BHATT KOMAL CHETAN | 9898174441 | kcbhatt.11@gmail.com |
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Principal

Dr. M. Balaganapathy



CHARUSAT
CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY

Ashok & Rita Patel
Institute of Physiotherapy



AWARENESS TALK

on
International Women's day
about
Physiotherapy in Women's Health

Date: 08.03.2016
Time: 9 am onwards
@
Changa
village at Omshanti Bhavan.



CHAROTAR UNIVERSITY OF SCIENCE & TECHNOLOGY
FACULTY OF MEDICAL SCIENCES
ASHOK & RITA PATEL INSTITUTE OF PHYSIOTHERAPY
(A Constituent of CHARUSAT)

REPORT ON AWARENESS TALK AT COMMUNITY LEVEL

In order to celebrate the *International Women's day on 8th March, 2016* the **Department of Women's health & IQAC, ARIP** organized an **Awareness talk** in Changa village at Omshanti Bhavan. The main aim of the session was to address the females of the menopausal age group ie 40-55 years.



Picture 1: Talk on “How physiotherapy helps in Women’s Health”

The session started with a discussion by **Dr. Hetal Jain (PT)** incharge Department of Women's health ARIP which focused on menopausal symptoms and urinary incontinence. This was followed by a session by **Dr. Shraddha Gandhi (PT)** Tutor ARIP on Importance of physiotherapy and exercise in females. 21 students were involved in one to one session at community level

There was a practical demonstration session where the participants were taught the useful exercises and yoga. More than 40 middle age females of the village participated in the session and learnt the exercises.



Picture 2: Demonstration of various exercises for daily routine

Principal

Dr. M. Balaganapathy

List of student attended event 3rd March, 2016 @ARIP

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Principal

Dr. M. Balaganapathy

Institute of Physiotherapy

SEMINAR

on

High risk Infant & ICU management

Date: 31st October, 2015



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ASHOK & RITA PATEL INSTITUTE OF PHYSIOTHERAPY
(A Constituent of CHARUSAT)

High Risk Infants & NICU Management

A Seminar was organized by **Department of Pediatric Physiotherapy with support of IQAC, ARIP** on **31st October, 2015** entitled ‘HIGH RISK INFANT AND NICU MANAGEMENT’ by **Dr. Meeta Saxena** (BPT, PG Diploma-Sports, Ph. D), HOD Physiotherapy Department, Kashiba Hospital, Vadodara. She has around 34 years of professional experience in the field of physiotherapy along with 11 publications and 2 awards being received at national conferences.

Around **100 participants** have attended this seminar from which she has covered the topics related to the characteristics of pre term & term infants and rational behind early interventional programme for high risk infants. She has also highlighted on the optimal assessment measures along with physiotherapy interventions including chest physiotherapy & developmental supportive care for these infants. Along with this theoretical background she has also provided practical demonstration on 1.5 month old baby girl who came down from Changa village.

This seminar is proved to be useful to the attendees as they have grabbed knowledge regarding the assessment protocol to be followed, to recognize the signs of stress during handling, the precautions to be taken during examination & intervention of high risk infants.



Practical Demonstration from Dr Meeta Saxena

Dr. Meeta Saxena PT PhD

Senior Consultant and HOD,

Kashiben Gordhanbhai Patel Children Hospital,

CEO and consultant Physiotherapist,

Dr. Meeta Saxena's Physiotherapy Clinic,

Vadodara



- Dr. Meeta is a Certified Neurodevelopmental technique and Sensory Integration Therapist with an experience of more than 30 years in paediatric rehabilitation.
- She has been recognized for her work at national and international conferences.
- She has been invited at various state and national platforms as key speakers.
- She has been awarded for her meritorious services and outstanding contribution to the physiotherapy profession by Dr. Brian Mulligan at the CMP International CON 2014 at Mumbai.
- She is regularly conducting workshops on Sensory Integration, Cerebral Palsy and Developmental Disorders.



CHAROTAR UNIVERSITY OF SCIENCE & TECHNOLOGY
FACULTY OF MEDICAL SCIENCES
ASHOK & RITA PATEL INSTITUTE OF PHYSIOTHERAPY
(A Constituent of CHARUSAT)

REPORT



Seminar on High Risk Infants & NICU Management

– IQAC & Department of Pediatric Physiotherapy, ARIP

A Seminar was organized by **Department of Pediatric Physiotherapy** with support of **IQAC, ARIP** on **31st October, 2015** entitled '**HIGH RISK INFANT AND NICU MANAGEMENT**' by **Dr. Meeta Saxena (BPT, PG Diploma-Sports, Ph.D), HOD Physiotherapy Department, Kashiba Hospital, Vadodara.** She has around 34 years of professional experience in the field of physiotherapy along with 11 publications and 2 awards being received at national conferences.



Picture 1: Demonstration session by resource person

Around 100 participants have attended this seminar from which she has covered the topics related to the characteristics of pre term & term infants and rational behind early interventional programme for high risk infants. She has also highlighted on the optimal assessment measures along with physiotherapy interventions including chest physiotherapy & developmental supportive care for these infants. Along with this theoretical background she has also provided practical demonstration on 1.5 month old baby girl who came down from Changa village.

This seminar is proved to be useful to the attendees as they have grabbed knowledge regarding the assessment protocol to be followed, to recognize the signs of stress during handling, the precautions to be taken during examination & intervention of high risk infants.



Picture 2: Live session with patient

Principal

Dr. M. Balaganapathy

List of student attended Seminar on 31st October , 2015 @ARIP

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MANIKAKA TOPAWALA INSTITUE OF NURSING
**A CONSTITUENT OF CHAROTAR UNVERSITY OF SCIENCE
AND TECHNOLOGY (CHARUSAT)**

EVENT / ACTIVITY

National Nutrition Week Celebration

Expert Session & Poster Making

"Better Nutrition : Key to Development"
ON

1st Sep. to 7th Sep. 2016
at

Manikaka Topawala Institute of Nursing
Changa

Report submitted on: 12/09/15

MANIKAKA TOPAWALA INSTITUTE OF NURSING
A CONSTITUENT OF CHARUSAT

REPORT

On

National Nutrition Week,2015

Date (s) of Event : 1st to 7th September 2015

Date of Submission : 12 September 2015

Submitted By:

Name : Mrs. Sapna B. Patel

Designation : Lecturer

Department : Manikaka Topawala Institute of Nursing

Email : sapnapatel.nur@charusat.ac.in

Principal

CHARATOR UNIVERSITY OF SCIENCE AND TECHNOLOGY (CHARUSAT)

FACULTY OF MEDICAL SCIENCE

MANIKAKA TOPAWALA INSTITUTE OF NURSING, CHANGA

Nutrition week

Topic: Better Nutrition : Key to Development

Date: 1st – 07 Sept. 2015

Venue : Manikaka Topawala Institute of Nursing, Changa

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| 4 | Proposed Schedule | |
| 5 | Letter with Expert | |
| 6 | C.V, of Expert | |
| 7 | Advertisement copy | |
| 8 | On the Spot Poster Making contest (Participants List & Results) | |
| 9 | List Of Participants | |

Dear Sir/ Madam

Greeting from MTIN

In India, National Nutrition Week is celebrated each year from 1st September to the 7th September. The main aim of this campaign is to create awareness on the importance of nutrition for health which has far reaching implications on development, productivity, economic growth and ultimately national development. The campaign was first started by the central government in the year 1982 in order to encourage the good health and healthy living through the nutrition education as the malnutrition is the main obstruction to the National Development. To encourage the people for the same, the Food and Nutrition Board including 43 units (departments of women and child development, health and NGOs) is working all over the country to support the activities.

Objectives of the National Nutrition Week Celebration:

- To review the frequency of problems to various diet and nutrition in the communities.
- To evaluate the appropriate techniques to prevent and control the nutritional problems through deep research.
- To monitor the condition of the country for the diet and nutrition.
- To perform the operational research in order to plan and implement the national nutrition programs.
- To aware people through the orientation training about health and nutrition.

In order to support the National Nutrition Week 2015, we MTIN are putting in a small effort of organizing an expert session on “**Better Nutrition: Key to Development**” by Ms. Smita J Shah. Faculty members of CHARUSAT are warmly invited to take beneficiate of the session.

Topic: Better Nutrition: Key to Development

Date: 2nd September 2015

Time: 2:00 pm-3:30 pm

Venue: PDPIAS Auditorium

The detail of the programme is attached below

Report of National Nutrition Week, 2015 (1st to 7th September 2015)

In India, National Nutrition Week is celebrated each year from 1st September to the 7th September. The main aim of this campaign is to create awareness on the importance of nutrition for health which has far reaching implications on development, productivity, economic growth and ultimately national development. The campaign was first started by the central government in the year 1982 in order to encourage the good health and healthy living through the nutrition education as the malnutrition is the main obstruction to the National Development. To encourage the people for the same, the Food and Nutrition Board including 43 units (departments of women and child development, health and NGOs) is working all over the country to support the activities.

Manikaka Topawala Institute of Nursing had celebrated of National Nutrition Week, 2015 during 1st -7th September 2015. The theme of the week was "**Better nutrition: Key to development**". The activities planned for the week are given below.

| <u>Sr. No.</u> | <u>Event</u> | <u>Person</u> | <u>Date and Time</u> |
|-----------------------|--|-----------------------------------|---|
| 1 | Slogan display | Students of MTIN | 1 st -7 th September 9:00 am |
| 2 | Expert session for faculty members of CHARUSAT | Ms. Smita J Shah | 2 nd September 2:00 pm- 3:30 pm |
| 3 | Expert session for students of MTIN | Ms. Sadhana Makhija | 4 th September 11:00 am- 12:00 pm |
| 4 | On the spot poster making contest | For the Students of MTIN and ARIP | 4 th September 2:00 pm- 4:00 pm |

Slogans display:

The slogans were prepared on the theme of "**Better nutrition: Key to development**" by the students of MTIN and displayed in all the constituent institutes of CHARUSAT including the CARUSAT health care and research foundation. The list of the slogans is attached below.

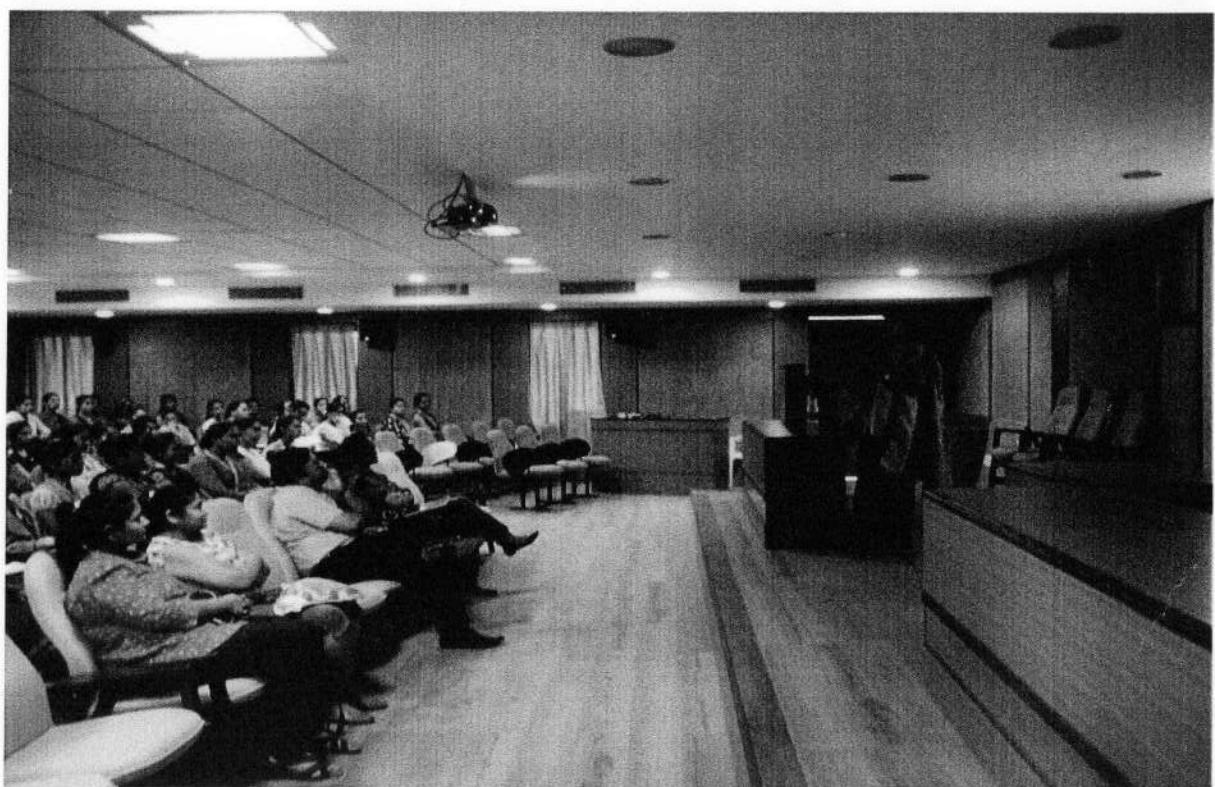
| <u>Sr. No.</u> | <u>Date</u> | <u>Slogans</u> |
|-----------------------|--------------------|--|
| 1 | 1/09/2015 | 1. Eat less sugar, you are sweet already 2. What you eat affects your mind 3. Note to self: S. Say no to junk food 4. Don't regret what you ate, eat healthy and feel great |
| 2 | 2/09/2015 | 1. Let food be the medicine and medicine be the food 2. Put healthy food on plate if you wanna feel great 3. Give junk food the boot and switch to fruit |

| | | |
|---|-----------|--|
| | | 4. Never eat more than you can lift |
| 3 | 3/09/2015 | 1. Exercise is a king and Nutrition is a queen: Put them together you've got a kingdom 2. Bunk the junk food attend the nutritious one 3. Every time you eat or drink, you are either feeding diseases or fighting diseases 4. If you keep good food in your refrigerator you will eat good food |
| 4 | 4/09/2015 | 1. Build you tray a healthy way 2. Health and nutrition to up step 3. Healthy food for a healthy world 4. Nutrition that fits: fits your life, your needs and your goals 5. Healthy food You can't go Wrong, Keeping the body Lean & Strong 6. Good Nutrition is a Start, To Help Children Grow Smart |
| 6 | 7/09/2015 | 1. Berries, Apple, Bananas and Pears, Help reduce Health Worries and Scares. 2. Good quality fuel for the Car, Then why not for Yourself?? 3. Let's Start a new Tradition, To Stop Malnutrition. 4. Fruits and veggies On your Table Make your Health Stable. 5. Healthy eating For a strong Heart beating. 6. Eat Clean and Green! Eat Right and Light! Eat Right, future Bright! Eat Well, be Well! |

Expert lecture for faculty members of CHARUSAT (2nd September):

We invited Ms. . Smita J Shah, Dietitian Obesity consultant and Diabetes Educator at Dia-Care. She took a presentation on **“Better nutrition: Key to development” on 2nd September at 2:00 pm- 3:30 pm.** She explained about the importance of nutrients in our daily life, the balanced diet, nutrition problems in India and millennium development goals of nutrition.

In addition she explained about malnutrition, nutrition anaemia, low birth weight, iodine deficiency disorders, and obesity. The session was very interactive and the faculty members of CHARUSAT and the students of MTIN got knowledge regarding **“Better nutrition: Key to development”**. After the end of the presentation there was a session for questions and answers where the faculties and students were able to clear their doubts with the answers of Ms. Smita J. Shah.



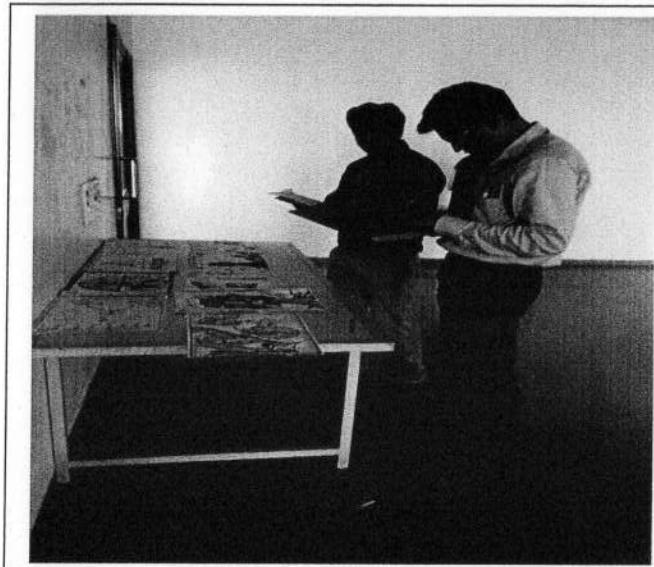
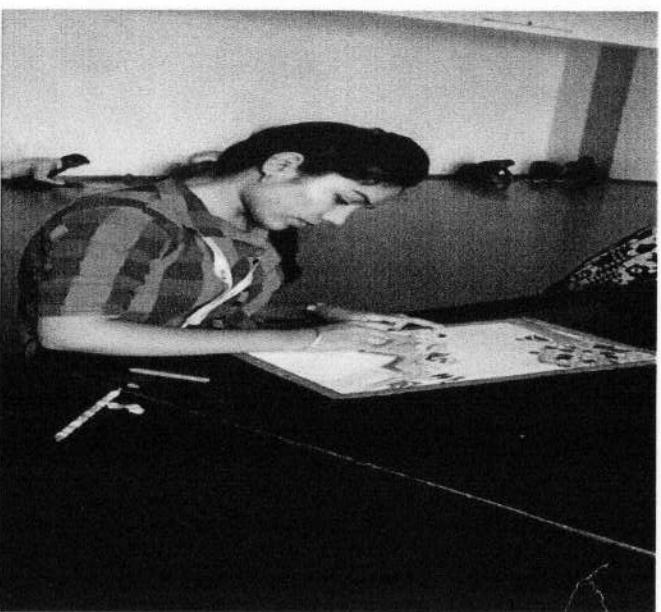
Expert session for students of MTIN (4th September 2015)



We invited Ms. Sadhana Makhija, Dietician CHARUSAT hospital, to conduct a expert lecture on “**Better nutrition: Key to development**” at AV aids hall of MTIN on 4th of September 2015 (11:00-12:00 noon) for the students of MTIN. Around 200 students had attended the lecture. She conducted a question- answer session after her presentation. She explained about important of nutrients, good habits related to nutrition and a small movie for that. It was interactive session and students were able to clear all their doubts related to nutrition.

On the spot poster making contest:

We organised on the spot poster making contest cum exhibition for the students of MTIN and ARIP. It was planned on 4th September 2015 at 2:00- 4:00 pm. The venue was nursing research laboratory, MTIN. Twenty six students were participated in the contest. The theme decided for the competition was real food grows. The theme was given before 20 minute. We enounced two winners for the competition. Ms. Sharon Raj, 4th year B.Sc.. Nursing got first price and Ms. Priyal Zaveri, 2nd year BPT, got second price.



Celebration of National Nutrition Week, 2015 (1st - 7th September)

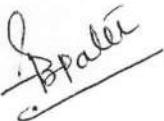
Organized by Manikaka Topawala Institute of Nursing

Proposed Schedule

| <u>Sr. No.</u> | <u>Event</u> | <u>Person</u> | <u>Date and Time</u> |
|---------------------------|--|-----------------------------------|---|
| 1 | Slogan display | Students of MTIN | 1 st -7 th September 9:00 am |
| 2 | Expert session for faculty members of CHARUSAT | Ms. Smita J Shah | 2 nd September 2:00 pm- 3:30 pm |
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From,

Sapnaben Bhavin Patel
Lecturer, MTIN



Manikaka Topawala Institute of Nursing

National Nutrition week Celebration

Expert lecture

2nd September 2015

Proposed Schedule

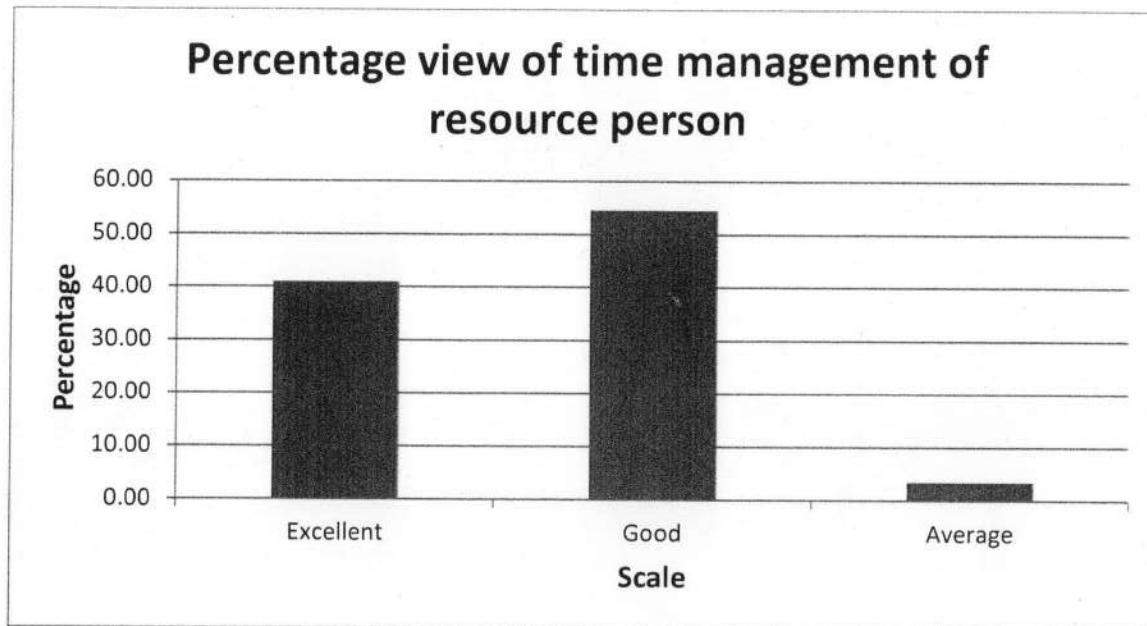
| Sr. No. | Event | Person | Time |
|----------------|--|------------------|------------------|
| 1 | Introduction of session | Ms. Sapna Patel | 2:00 pm- 2:05 pm |
| 2 | Introduction and Welcome of guest | Mr. Sapna Patel | 2:05 pm- 2:10 pm |
| 3 | Lecture on Better Nutrition: Key to Development + Question- answer session | Ms. Smita J Shah | 2:10 pm- 3:25 pm |
| 4 | Thanks giving | Ms. Sapna Patel | 3:25 pm- 3:30 pm |

From

Sapnaben Bhavin Patel

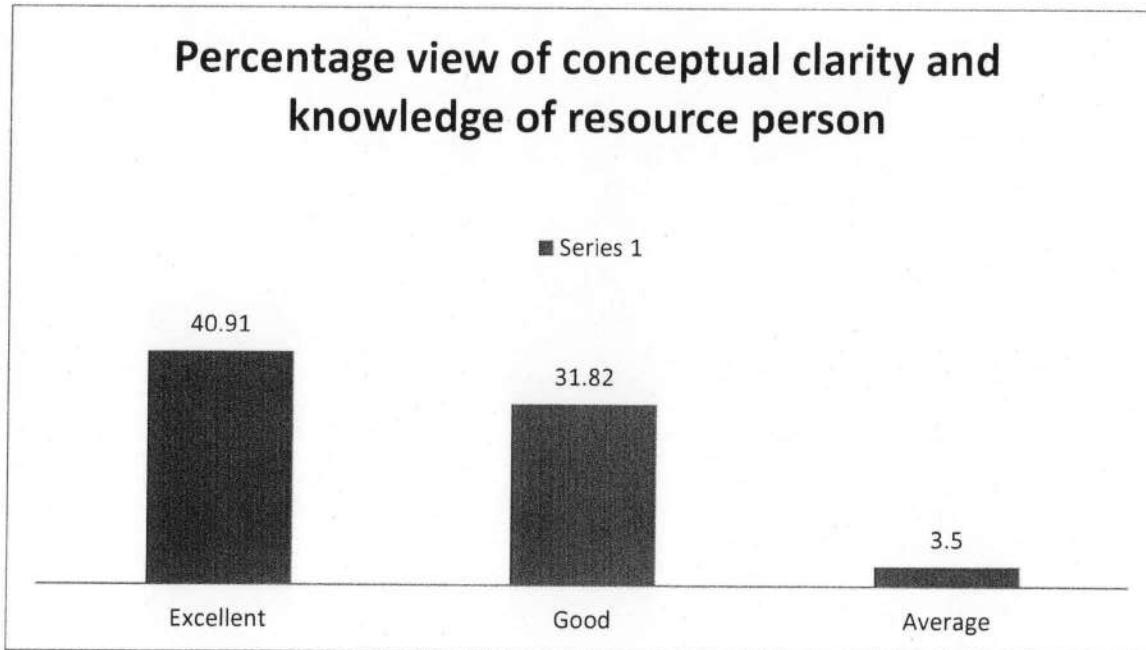
Lecturer, MTIN

Graph-1: Resource person made good use of the time allotted



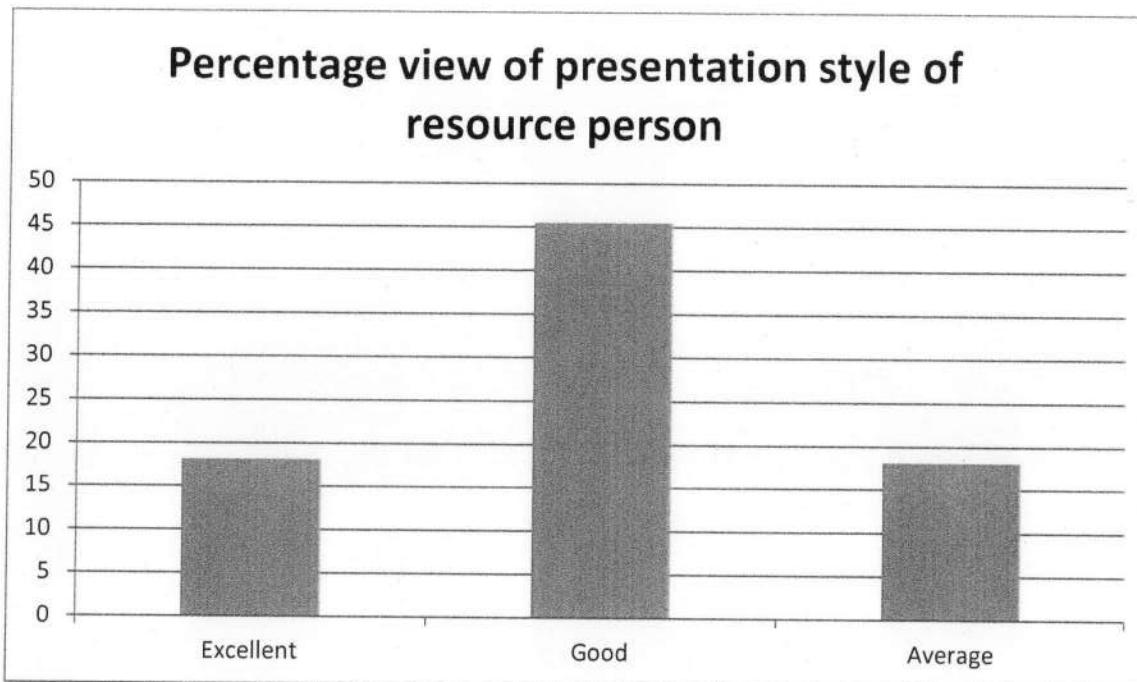
40.91% students said that the resource person made excellent use of time allotted. Remaining 54.55% students reported that the resource person made good use of time allotted.

Graph-2: Percentage view of conceptual clarity and knowledge of resource person



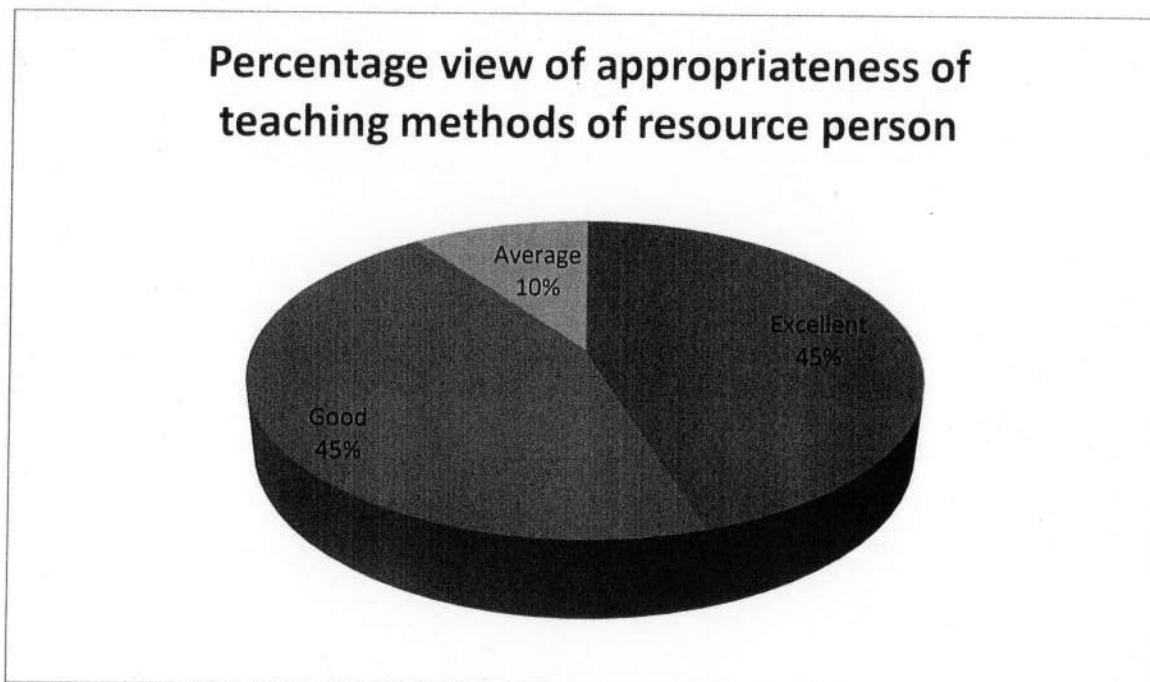
31.82% students reported that the report person had good conceptual clarity and knowledge and remaining 40.91% students said he has excellent knowledge.

Graph-3: Presentation style of resource person



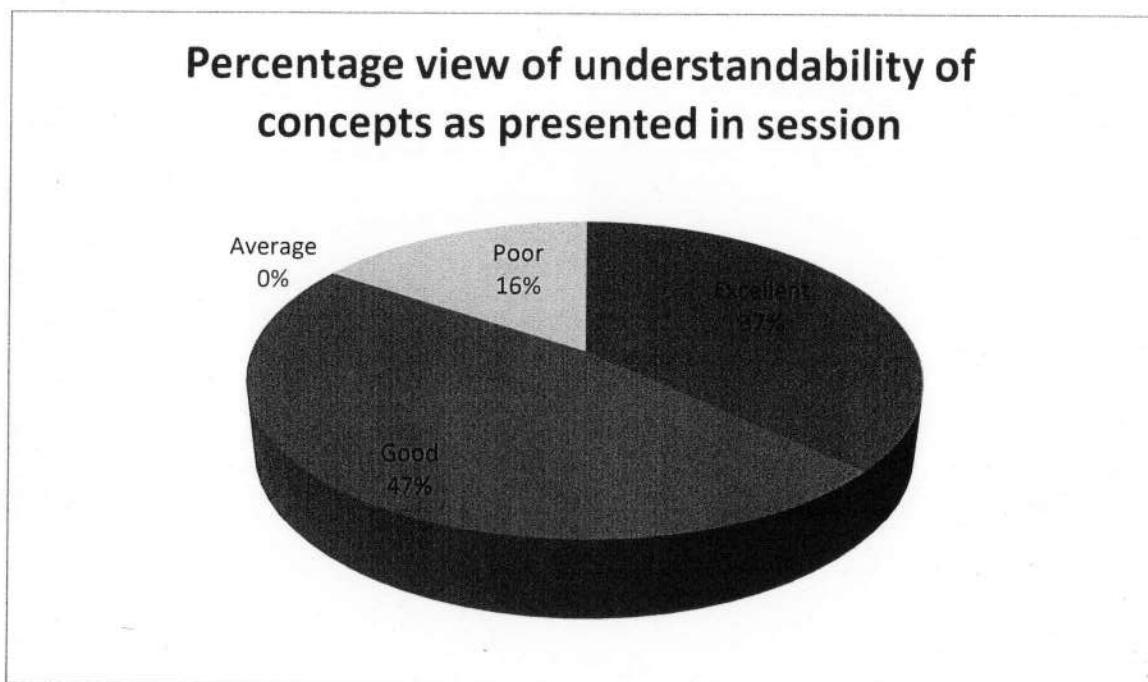
18.18% Students reported resource person had excellent style of presentation while 45.45% reported that her presentation style is good.

Graph-4: Appropriateness of teaching methods of resource person



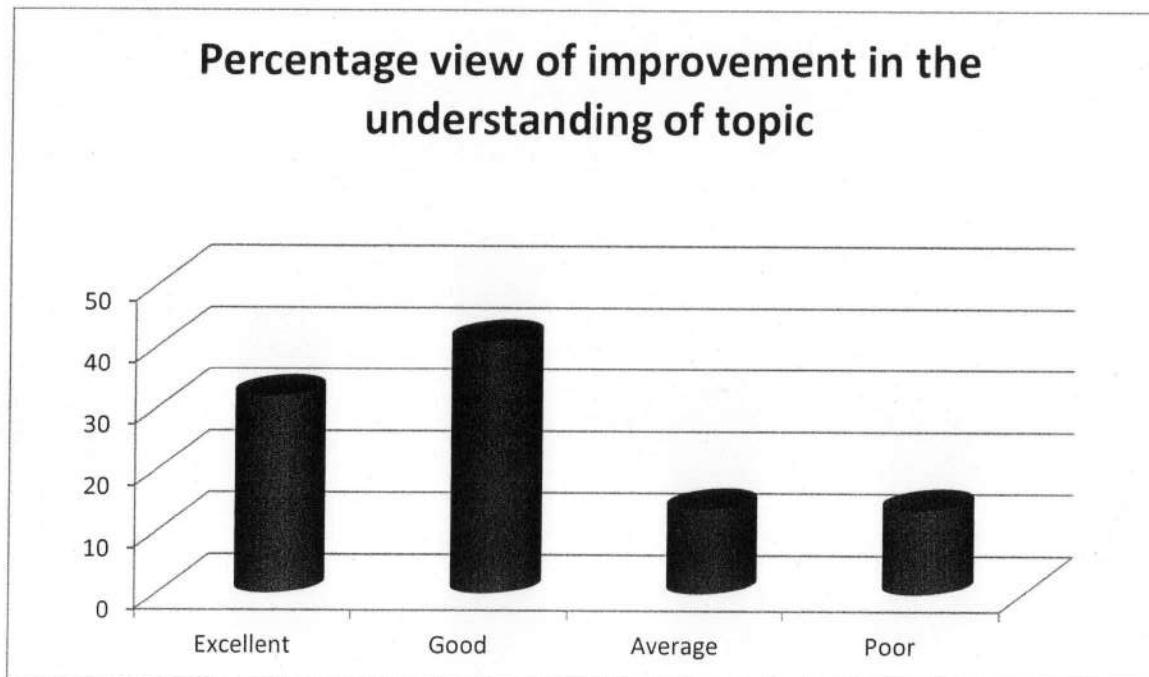
45% students reported resource person used good teaching methods and 45% said excellent methods she had used for teaching and remaining reported that she had used average methods for teaching.

Graph-5: Understandability of concepts as presented in session



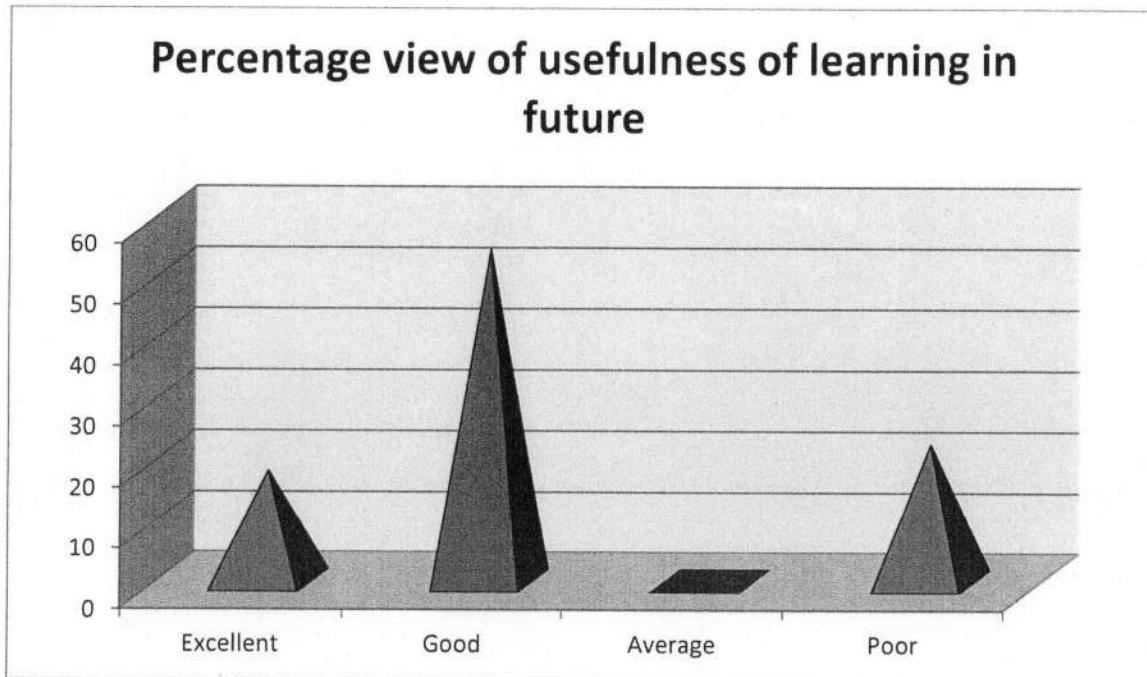
47% students reported that the resource person had good under-stability of concepts presented in session.

Graph-6: Improvement in the understanding of topic



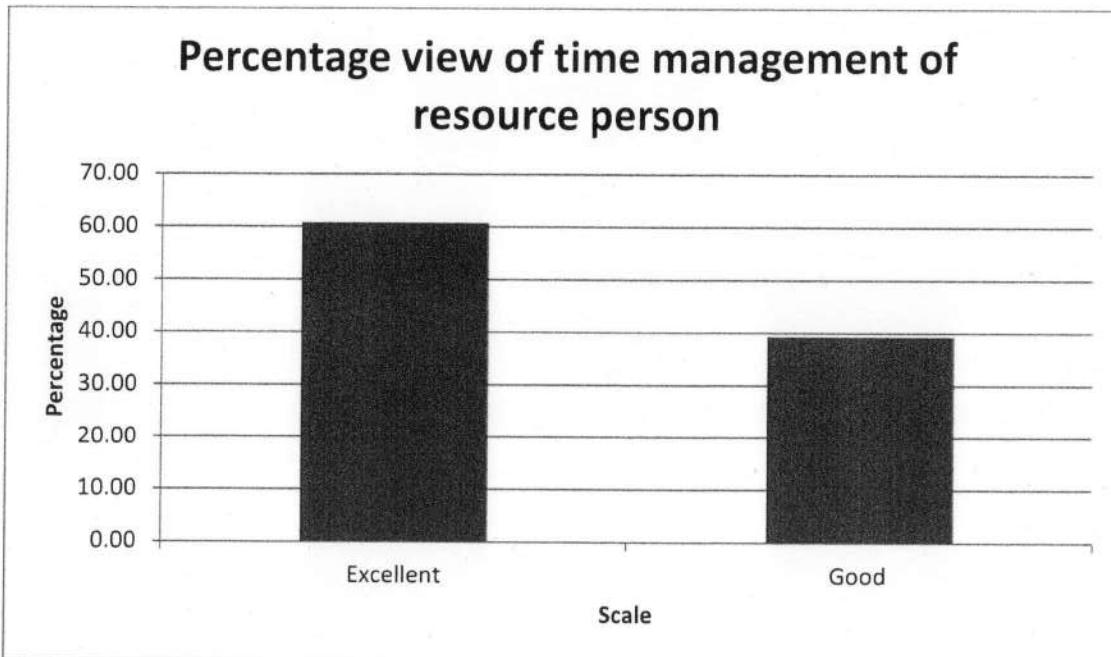
40.91% students reported that the resource person should improve the understanding of topic on good basis.

Graph-7: Usefulness of learning in future



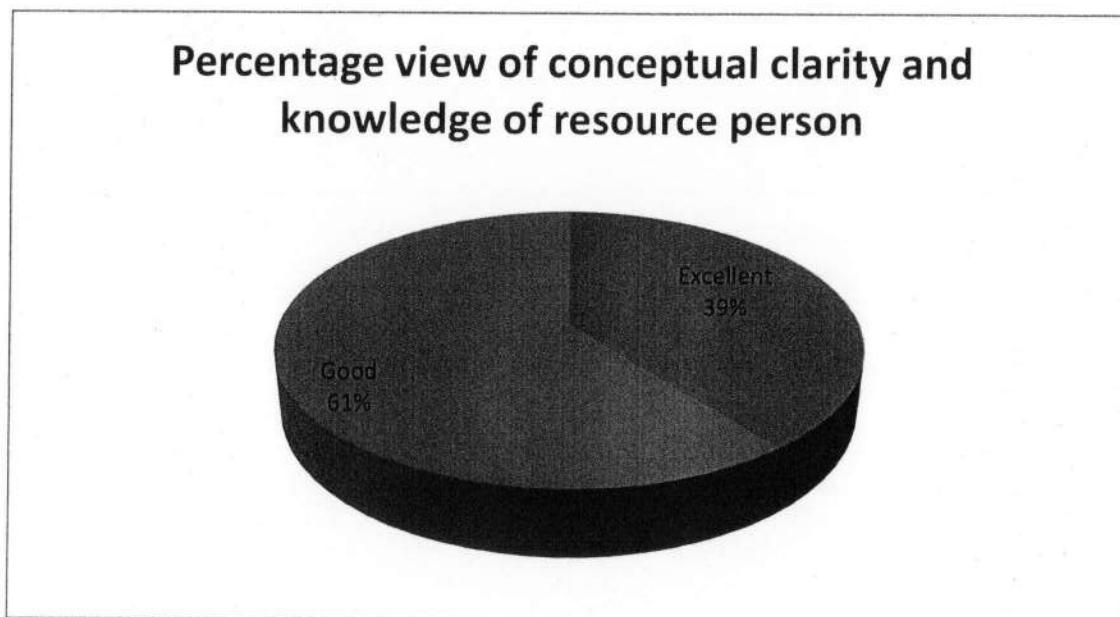
54.55% students reported that this type of learning is useful in future in good manner.

Graph-1: Resource person made good use of the time allotted



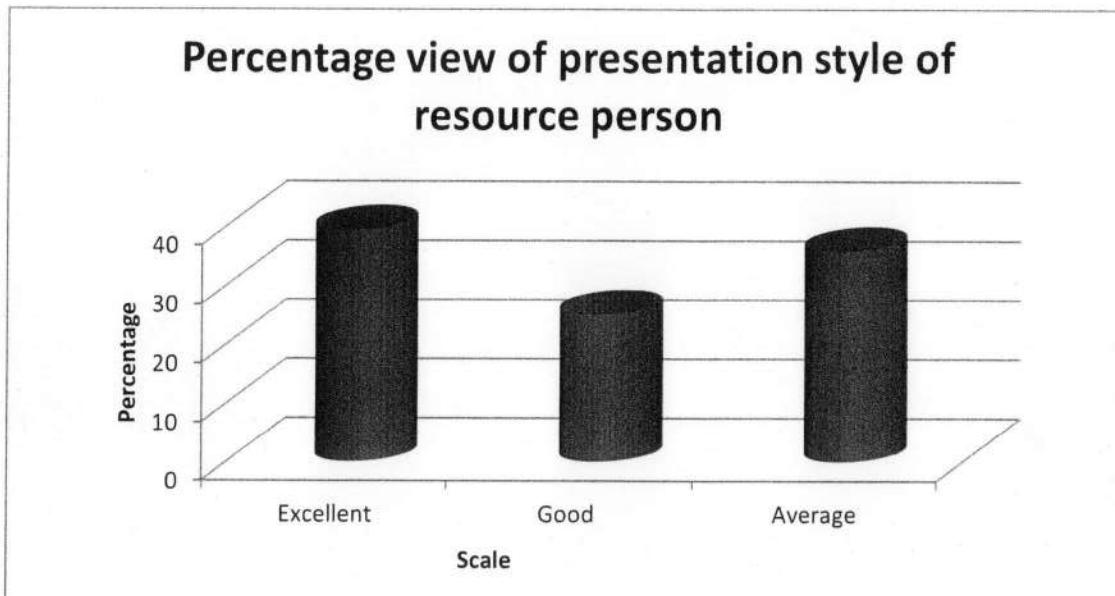
60.71% students said that the resource person made excellent use of time allotted. Remaining 39.29% students reported that the resource person made good use of time allotted.

Graph-2: The resource person had conceptual clarity and knowledge about to



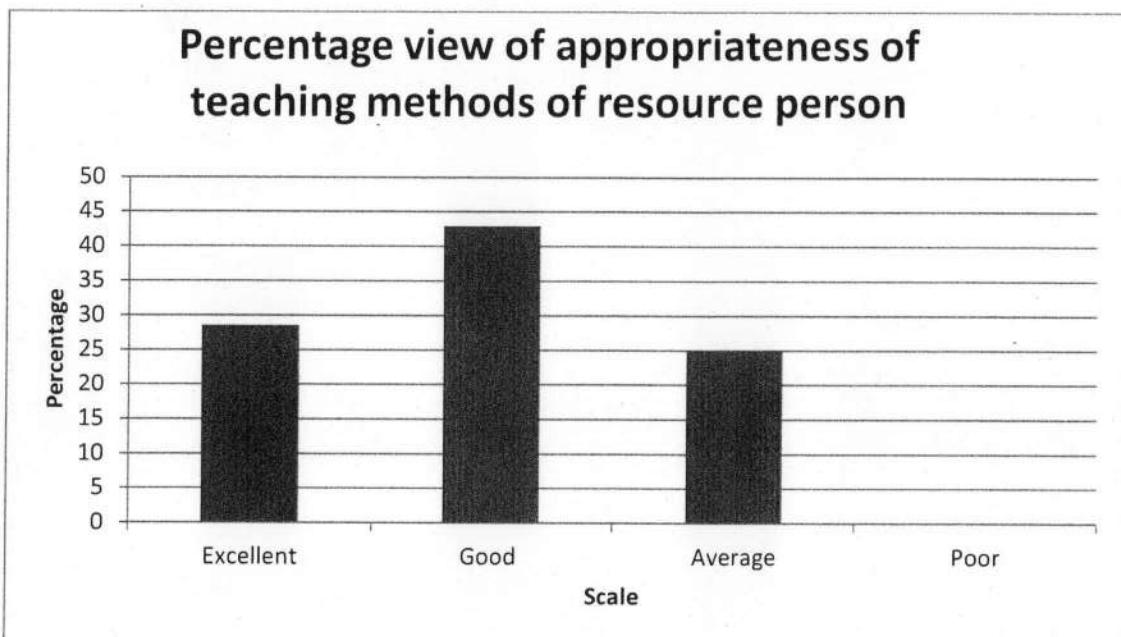
61% students reported that the report person had good conceptual clarity and knowledge and remaining 39% students said he has excellent knowledge.

Graph-3: Presentation style of resource person



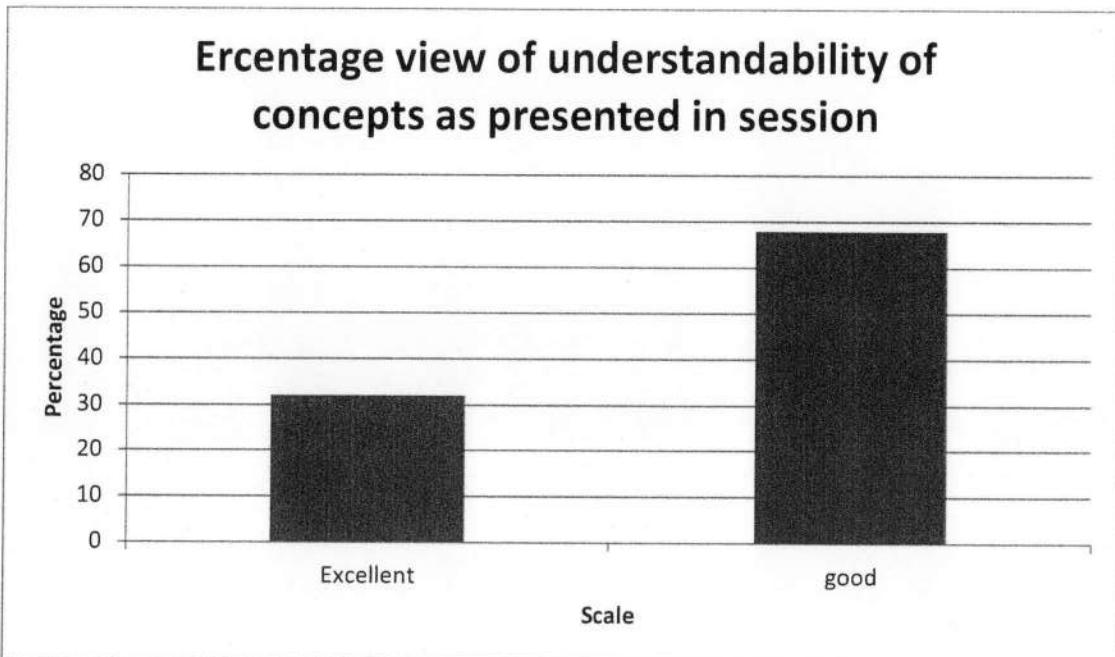
39.3% Students reported resource person had excellent style of presentation while 25% reported that her presentation style is good.

Graph-4: Appropriateness of teaching methods of resource person



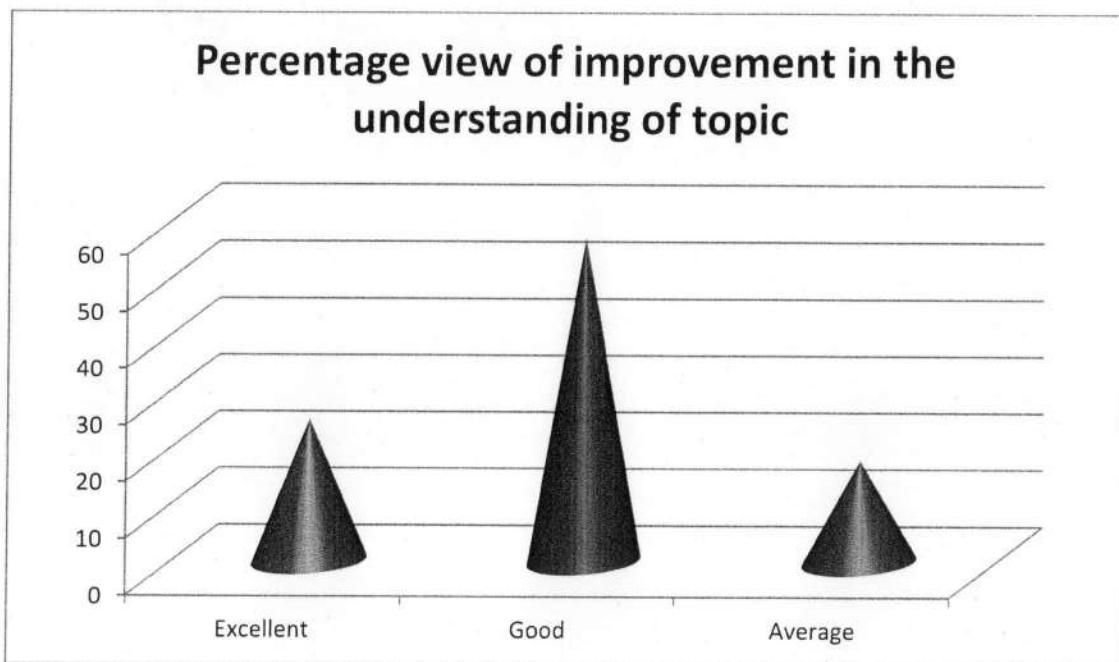
42.9% students reported resource person used good teaching methods and 28.6% said excellent methods she had used for teaching and remaining reported that she had used average methods for teaching.

Graph-5: Understandability of concepts as presented in session



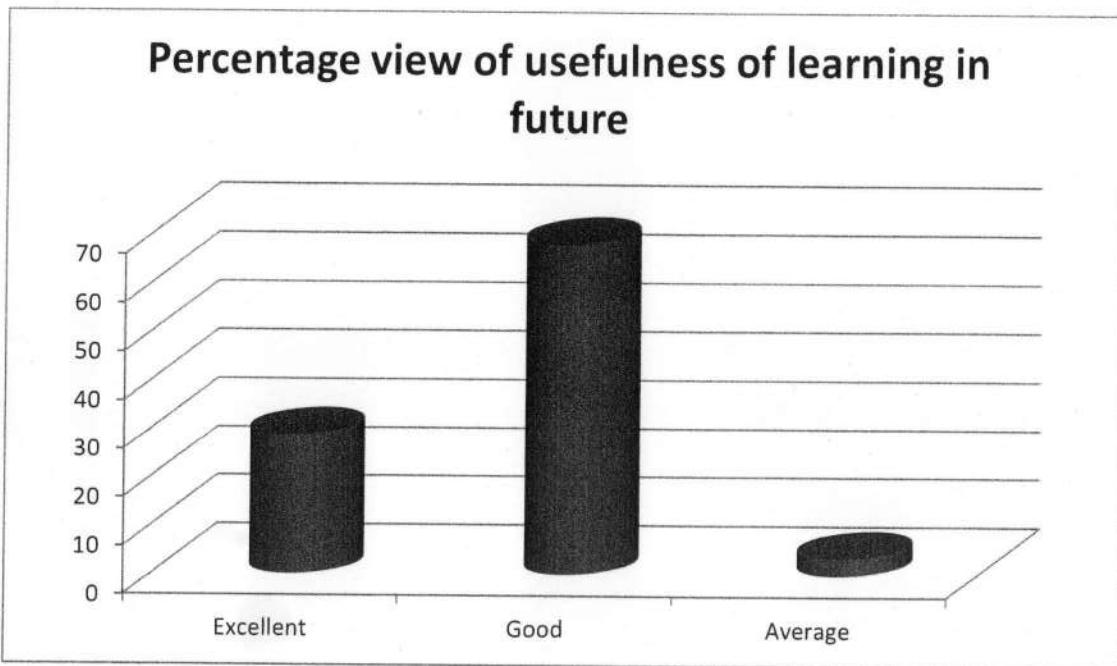
67.9% students reported that the resource person had good understandability of concepts presented in session.

Graph-6: Improvement in the understanding of topic



57.1% students reported that the resource person should improve the understanding of topic on good basis.

Graph-7: Usefulness of learning in future



67.9% students reported that this type of learning is useful in future in good manner.



MANIKAKA TOPAWALA INSTITUE OF NURSING

A CONSTITUENT OF CHAROTAR UNVERSTITY OF SCIENCE
AND TECHNOLOGY (CHARUSAT)

EVENT / ACTIVITY

Continue Nursing Education.
on.

Standard Safety Precaution.
on

26th Sep. 2015
at

Manikaka Topawala Institute of Nursing
Chandigarh.

Report submitted on: 05/10/15

MANIKAKA TOPAWALA INSTITUTE OF NURSING
A CONSTITUENT OF CHARUSAT

REPORT

Continue Nurses Education

On

Standard Safety Precaution

Date (s) of Event : 25 September 2015

Date of Submission : 05 October 2015

Submitted By:

Name :Mr. Deepak Krishnamurti

Designation :Assistant Professor

Department :Manikaka Topawala Institute of Nursing

Email : deepakk.nur@charusat.ac.in

Principal

CHARATOR UNIVERSITY OF SCIENCE AND TECHNOLOGY (CHARUSAT)
FACULTY OF MEDICAL SCIENCE
MANIKAKA TOPAWALA INSTITUTE OF NURSING, CHANGA
CONTINUE NURSING EDUCATION
(STANDARD SAFETY PRECAUTION)

Venue : Manikaka Topawala Institute of Nursing, Changa

Date: 26/09/2015

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| 1 | Report with objective | |
| 2 | Budget Approval | |
| 3 | List of Beneficiaries | |
| 4 | Photographs | |
| 5 | Invitation to Resource Person | |
| 6 | Schedule and Agenda | |
| 7 | Invitation card | |
| 8 | Feedback analysis | |
| 9 | Feedback form | |

MANIKAKA TOPAWALA INSTITUTE OF NURSING

A CONSTITUENT OF CHARUSAT

Report ON CNE

"STANDARD SAFETY PRECAUTION"

26TH SEPTEMBER, 2015

VENUE: AUDITORIUM, MCA, CHARUSAT CAMPUS CHANGA

Resource Person:

- Dr. Chirag Patel, Coordinator, HICC, Consultant & Tutor Microbiology, PS Medical College & Shree Krishna Hospital, Karamsad.
- Mr. Anil Sharma, Principal, MTIN
- Ms. Anjali Tiwari, Asst. Professor MTIN

Organized by:

M.Sc.Nursing II semester students (Batch 2014-16)

Convenor:

Mr. Anil Sharma, Principal MTIN

Organizing Secretary:

Ms. Deepa Nair & Mr. Deepak K, Assistant Professor, MTIN

Introduction

MTIN organized CNE on Standard Safety Precautions in which 300 odd delegates participated from different colleges, hospitals and school of nursing .session was carried out from morning 9.30 am to 4.30pm.

Objectives:-

1. To give an overview of Standardized Safety Precaution as -per CDC guidelines.
2. To demonstrate hand hygiene steps and use of personal protective equipments.
3. To highlight on respiratory hygiene in hospital setting.
4. To elaborate on cleaning and disinfection applicable in hospital settings.
5. To discuss the Waste management in hospitals.
6. To acknowledge the guidelines of preventing needle stick and sharps injury with safe injection practice.

Agenda:

| TIME | TOPIC | NAME OF RESOURCE PERSON |
|----------------------|---|-------------------------|
| 8:00 am to 09:30 am | Registration Breakfast | |
| 9:31am to 11:00am | Standardize Safety Precautions Overview With demonstration of Use of Personal Protective Equipment | Dr. Chirag Patel |
| 11:01 am to 11.15 am | Tea Break | |
| 11:16 am to 12:30 pm | Guidelines for prevention of Needle Stick and sharp Injury and demonstration of safe injection practice | Dr. Chirag Patel |
| 12:30 pm to 01:30 pm | Lunch | |
| 01:31pm to 03:00 pm | Hand Hygiene Practice & Respiratory Hygiene with demonstration | Mr. Anil Sharma |
| 03:01 pm to 03:15 pm | Tea Break | |
| 03:15 pm to 04:30 pm | Cleaning and Disinfection in hospital setting along with waste Management | Ms.Anjali Tiwari |

CONCLUSION:-

Session were interactive and informative, 7th semester students Internship GNM students participated in the program. Session has great impact on enhancing student's knowledge on Standard Safety Precaution. We thank Principal and CHARUSAT management for support and guidance in organizing program.

MANIKAKA TOPAWALA INSTITUTE OF NURSING

Objectives Of Standard Safety Precaution

Objectives:-

1. To give an overview of Standardized Safety Precaution as -per CDC guidelines.
2. To demonstrate hand hygiene steps and use of personal protective equipments.
3. To highlight on respiratory hygiene in hospital setting.
4. To elaborate on cleaning and disinfection applicable in hospital settings.
5. To discuss the Waste management in hospitals.
6. To acknowledge the guidelines of preventing needle stick and sharps injury with safe injection practice.

Proposal for organizing one day continue nursing education programme on "Standard Safety Precautions"

2 messages

Dr. Harish Desai <harishdesai.adm@charusat.ac.in>

Tue, Aug 18, 2015 at 3:45 PM

To: Anil sharma <anilsharma.nur@charusat.ac.in>, Deepa Nair <deepanair.nur@charusat.ac.in>

Cc: bhavdip patel <bhavdippatel.acc@charusat.ac.in>, Dilip Gosai <dilipgosai.pr@charusat.ac.in>, Atul Patel <atulpatel.mca@charusat.ac.in>, Anuradha Gajjar <anuradhagajjar.iqac@charusat.ac.in>

Dear Sir/Madam,

With reference to your proposal for the organizing one day continue nursing education programme on "Standard Safety Precautions" dated August 11, 2015.

As directed, I am to inform you that Provost has approved above proposal along with budget of Rs. 55,000/- for the same.

However your are requested to utilize the same sparingly.

With Regards,

Dr. Harish Desai

Dy. Registrar

CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY

CHARUSAT Campus, Changa,

Anand District - 388 421 Gujarat (INDIA)

Phone : 02697-265008

Anil sharma <anilsharma.nur@charusat.ac.in>

To: Rakesh Mistry <rakeshmistry.nur@charusat.ac.in>

Thu, Oct 15, 2015 at 10:05 AM

Mr. Anil Sharma

Principal,

Manikka Topawala Institute of Nursing

CHARUSAT-Changa

Mb. 8140364743

[Quoted text hidden]

MANIKAKA TOPAWALA INSTITUTE OF NURSING
A constituent of CHARUSAT.
CNE feedback Summary

1. Overall, how would you describe the content of the event?

I Advanced level - 41

II Intermediate level - 48

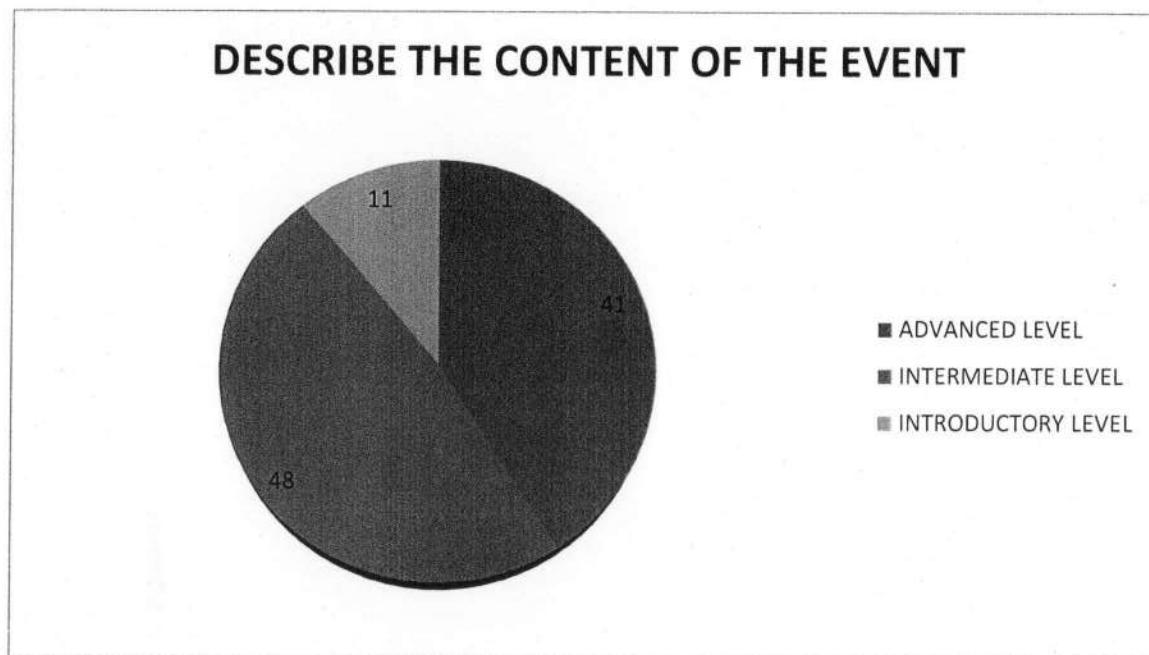
III Introductory level - 11

| Rating Scale | 1 Poor | 2 Fair | 3 Good | 4 Very Good | 5 Excellent |
|--|-----------|-----------|-----------|-------------------|----------------|
| The event was well structured and organized. | 6 | 9 | 14 | 30 | 41 |
| Proficiency of the expert/instructor | 5 | 8 | 11 | 32 | 44 |
| The event materials provided was useful. | 8 | 3 | 31 | 31 | 27 |
| Participation in the discussion was appropriate. | 3 | 3 | 23 | 28 | 43 |
| Well paced time management of the event | 3 | 4 | 10 | 28 | 55 |
| The venue facilities of the event | 6 | 10 | 22 | 24 | 38 |
| Over all experience of the event | 2 | 6 | 16 | 24 | 52 |

GRAPHICAL ANALYSYS OF FEEDBACK

CONTINUE NURSING EDUCATION

DESCRIBE THE CONTENT OF THE EVENT

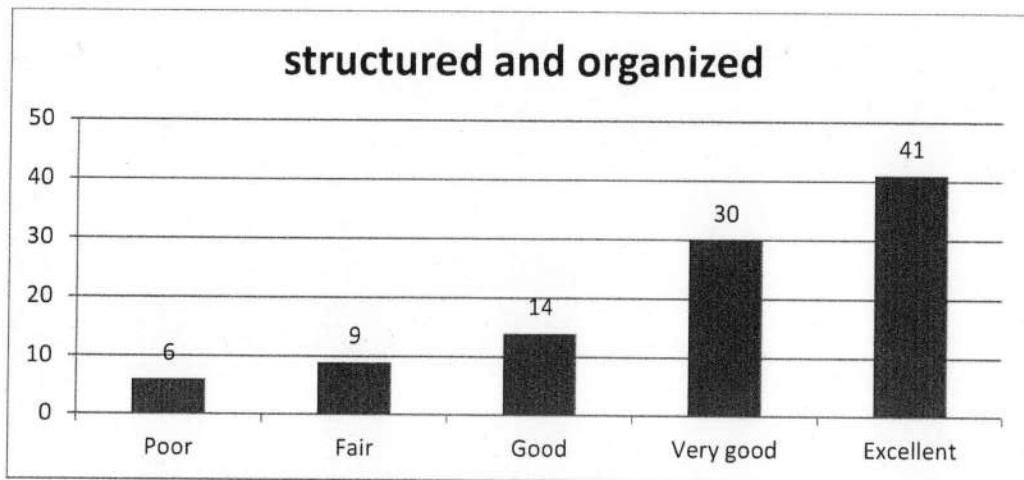


The Total Participants of this evaluation form were 100 out of which

- 41% of delegates described the event as advanced
- 48% of delegates categorized as intermediate and
- 11% of delegates categorized the event as introductory event.

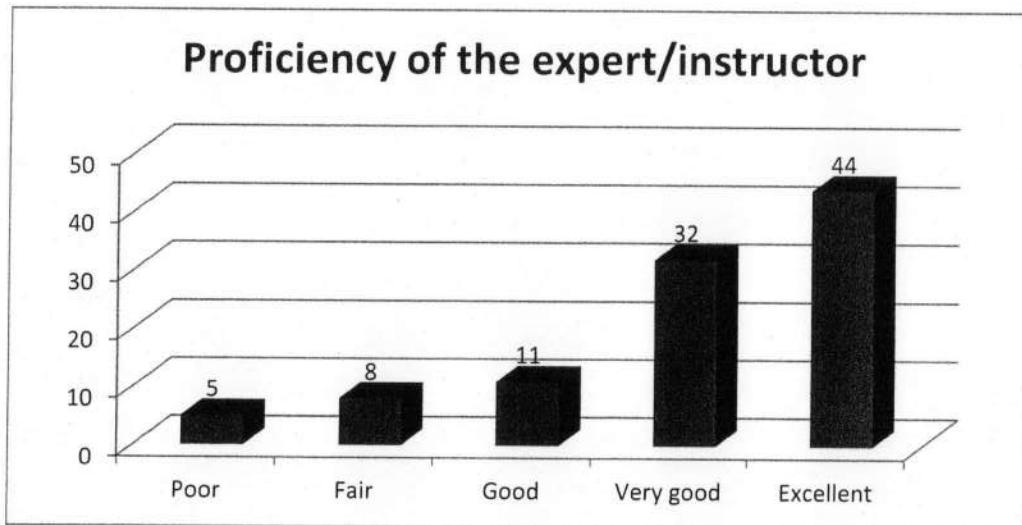
OPINION OF DELEGATES ON VARIOUS ASPECT OF THE CONFERENCE

1.The event was well structured and organized



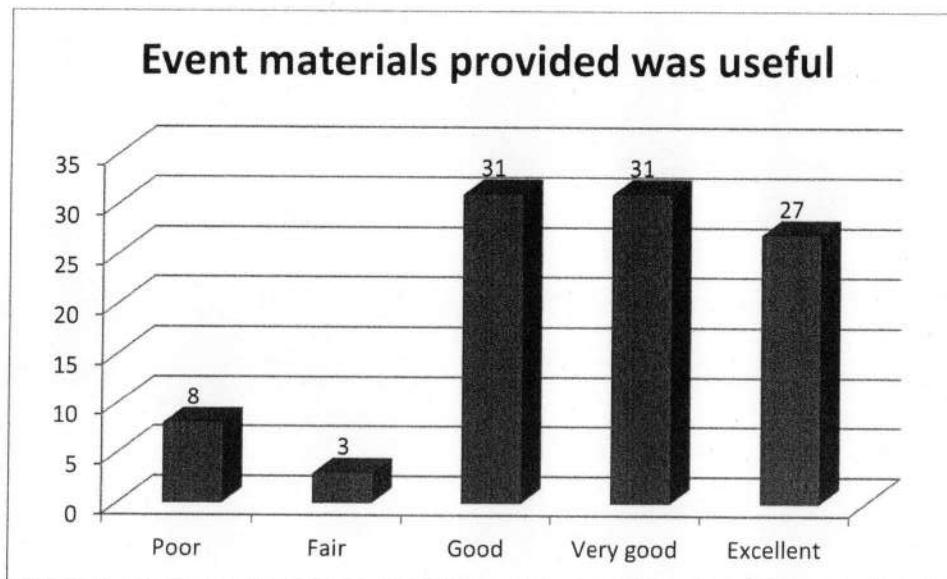
Above bar graph represents rating scale of overall assessment of the CNE relatives to the statement of the event was well structured &organized .

2. Proficiency of the expert/instructor



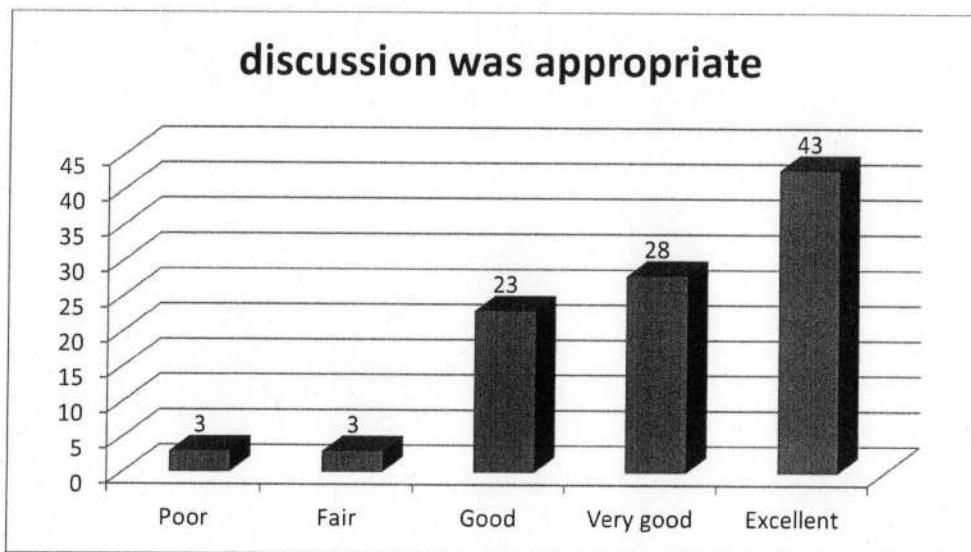
The above bar graph represents rating scale of overall assessment of the CNE relatives to the statement of the proficiency of the expert/ instructor.

3. The event materials provided was useful



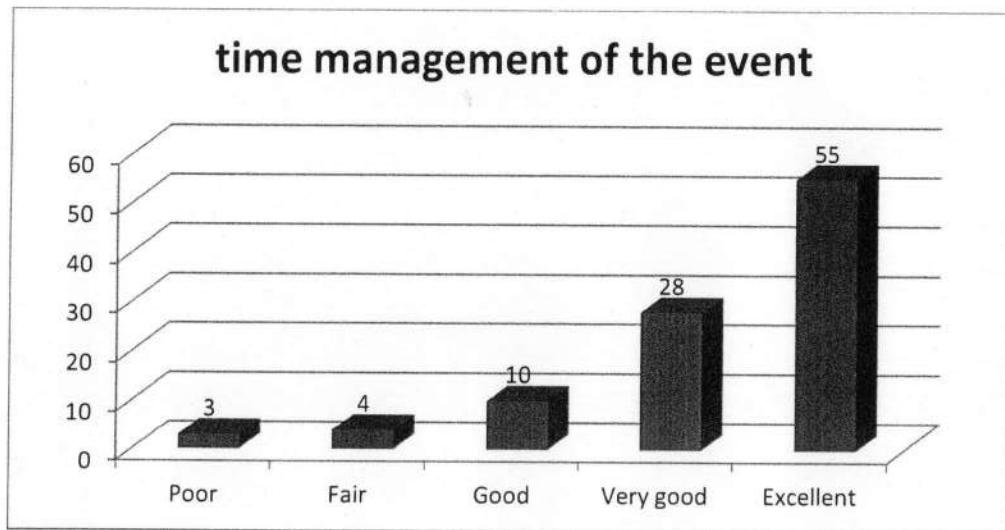
The above bar graph represents rating scale of overall assessment of the CNE relatives to the statement of the event materials provided was useful

4. Participation in the discussion was appropriate.



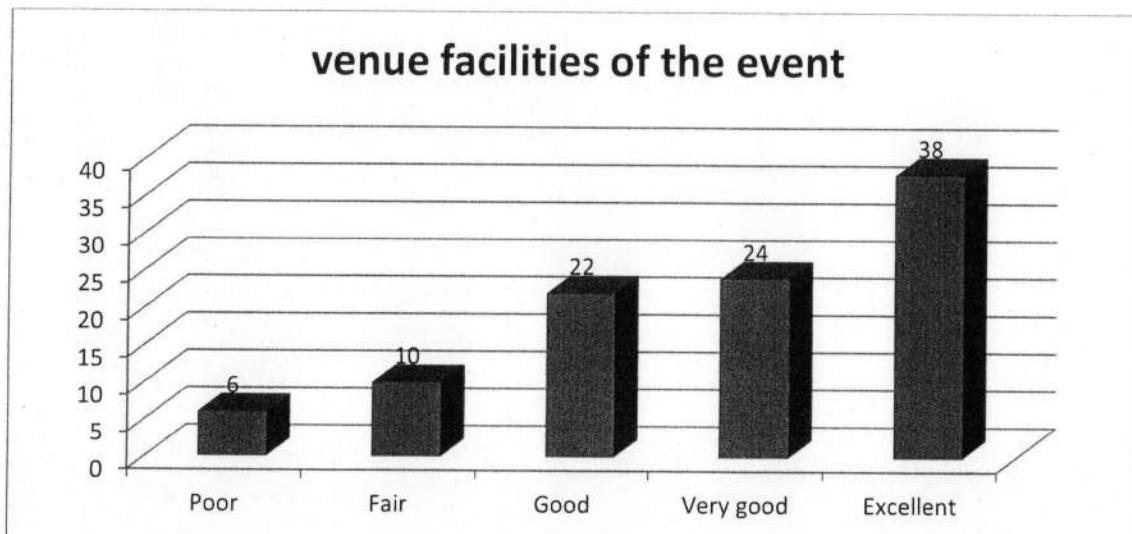
The above bar graph represents rating scale of overall assessment of the CNE relatives to the statement of the Participation in the discussion was appropriate

5. Well paced time management of the event



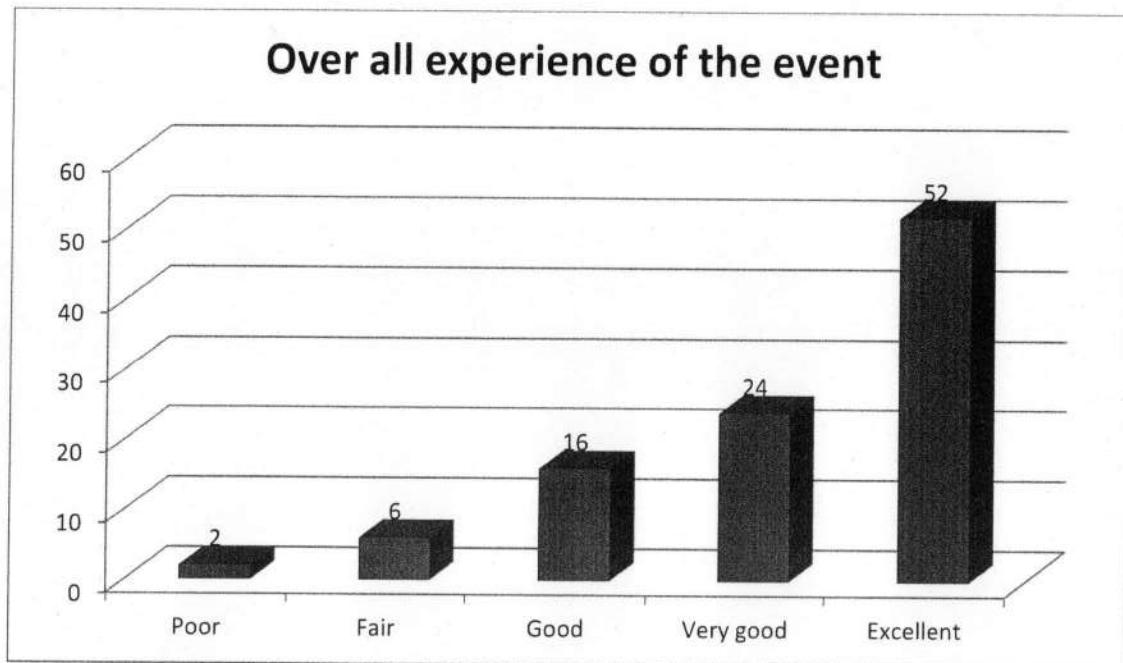
The above bar graph represents rating scale of overall assessment of the CNE relatives to the statement of the Well paced time management of the event

6. Venue facilities of the event



The above bar graph represents rating scale of overall assessment of the CNE relatives to the statement of the Venue facilities of the even

7. Over all experience of the event



The above bar graph represents rating scale of overall assessment of the CNE relatives to the statement of the Overall experience of the event

Glimpse of program.



**MANIKAKA TOPAWALA
INSTITUTE OF NURSING**
A Constitute of CHARUSAT

Organizing

One Day CNE

on

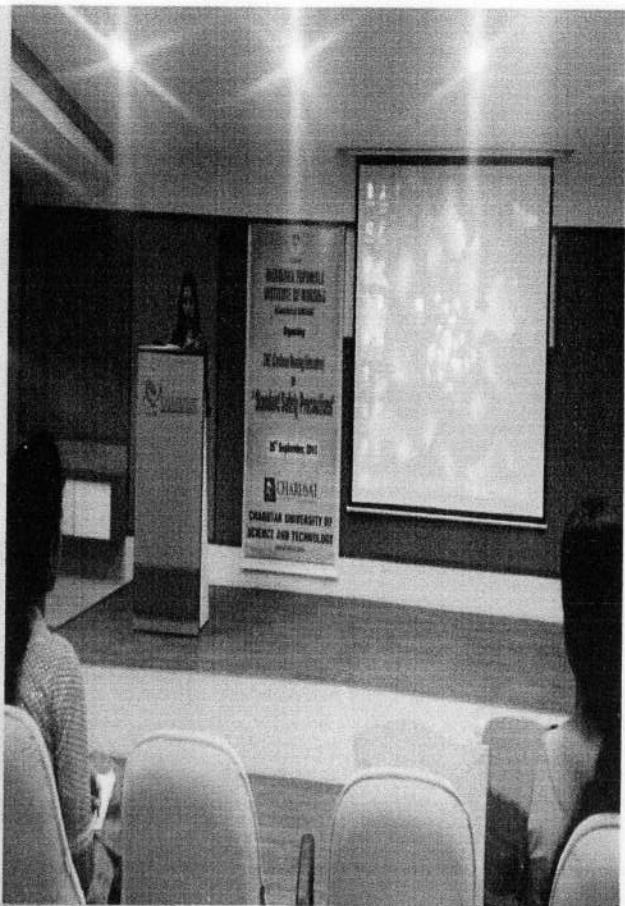
" Standard Safety Precautions"

26th September, 2015



CHARUSAT
CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY

CHARUSAT CAMPUS, CHANGA



OBJECTIVES

1. To give an overview of Standardized Safety Precaution as per CDC guidelines.
2. To demonstrate hand hygiene steps and use of personal protective equipments.
3. To highlight on respiratory hygiene in hospital setting.
4. To elaborate on cleaning and disinfection applicable in hospital settings.
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| TIME | TOPIC | NAME OF RESOURCE PERSON |
|---|---|-------------------------|
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| Tea Break (11:01 am to 11:15 am) | | |
| 11:16 am to 12:30 pm | Guidelines for prevention of Needle Stick and sharp Injury and demonstration of safe Injection practice | Dr. Chirag Patel |
| Lunch (12:30 pm to 01:30 pm) | | |
| 1:31pm to 03:00 pm | Hand Hygiene Practice & Respiratory Hygiene with demonstration | Dr. Jogindaravat |
| Tea Break (03:01 pm to 03:15 pm) | | |
| 03:15 pm to 04:30 pm | Cleaning and Disinfection In hospital setting along with waste Management | Ms. Anjali Tiwari |

Registration Fees

Rs. 150/- Per Head
(Students/ Nursing Faculty/ Staff Nurses)

Contact for Registration

Mr. Deepak K (9173804844)
Ms. Sanjana Bhatia (9408666122)

Convener

Mr. Anil Sharma, Principal, MTH

Organizing Secretary

Ms. Deepa Nair (Assistant Professor, MTH)
Mr. Deepak K (Assistant Professor, MTH)



 **CHARUSAT**
CHAITANYA DEEMED TO BE UNIVERSITY OF SCIENCE AND TECHNOLOGY

DETAILS OF REGISTRATION INSTITUTE WISE

CNE on : “Standard Safety Precautions” organized by MTIN

Date:26/09/2015

| SR NO. | INSTITUTE NAME | TOTAL NO OF ENTRIES | TOTAL AMOUNT |
|--------------------|--|---------------------|-------------------|
| 1. | Dinsha Patel College of Nursing, Nadiad (3 rd Year GNM) | 34 | 34x150=5100 |
| 2. | Dinsha Patel College of Nursing, Nadiad (2 nd Year B.Sc. Nursing) | 23 | 23x150=3450 |
| 3. | Dinsha Patel College of Nursing, Nadiad (3 rd Year B.Sc. Nursing) | 40 | 40x150=6000 |
| 4. | Dinsha Patel College of Nursing, Nadiad (4 th Year B.Sc. Nursing) | 50 | 50x150=7500 |
| 5. | Mahagujarat Hospital, Nadiad | 10 | 10x150=1500 |
| 6. | Muljibhai Patel Urological Hospital, Nadiad | 07 | 07x150=1050 |
| 7. | G. H. Patel College of Nursing, Karamsad | 29 | 29x150=4350 |
| 8. | Late R. P. Patel College of Nursing, odde | 03 | 03x150=450 |
| 9. | Govt. School of Nursing, Nadiad | 01 | 01x150=150 |
| 10. | Methodist School of Nursing, Nadiada | 02 | 02x150=300 |
| 11. | Charusat Health and Research Foundation, Changa | 01 | 01x150=150 |
| 12. | MTIN Alumni students | 05 | 05x150=750 |
| Grand Total | | | Rs. 30,750 |

Dr. Anil Sharma

104, Sidhi Dharshan, Near Dolphin Restaurant, Anand Vidyanagar Road, Anand, Gujarat-388001
Office No.02697-265201, Mobile No.+91-8140364743 anilsharma.nur@charusat.ac.in

Education:

- Ph. D. (Nursing) (Clinical Research) 2016
- M.Sc. Nursing (Medical-Surgical Nursing)
- B.Sc. Nursing

Experience:

- Teaching Experience : 16 Years
- Clinical Experience : 1 Years
- Research Experience : 11 years (Guided research project (Completed & Ongoing): 12 UG project, 20 PG project & 6+4 PhD scholar)

Few Activities of Eminence

- Secretary, Nursing Research Society of India (NRSI), 2018-22.
- Joint Secretary Nursing Research Society of India (NRSI), 2014-18.
- Certified Trainer under BNCRP Provider Course Part-I by Indian Academy of Pediatricians
- CHARUSAT IQAC Steering committee member.
- Member in National Editorial Advisory Board of International Journal of Nursing Education (ISSN-0974-9349).
- Editor for International Journal of Cardiovascular Nursing.
- Editor for International Journal for Emergency & Trauma Nursing.
- Member of Editorial board for Journal of Nursing Today (JOLNT) of Greentree Publication and the Journal of Health Informatics for academic year 2016-17
- Board of Studies External Member of MS University, Vadodara, Uka Tarsadia University, Bardoli, and in Sumandeep University, Vadodara.
- PhD examiner at Rajiv Gandhi University of Health Science (INC Consortium), Bangalore, Pravara Institute of Medical Sciences, Loni.

Research Area: Clinical research, epidemiological research & Methodological research

Current Position: Principal at Manikaka Topawala Institute of Nursing, a constituent of Charotar University of Science & Technology (CHARUSAT), Changa, Anand-Gujarat

Research/Technical Publications:

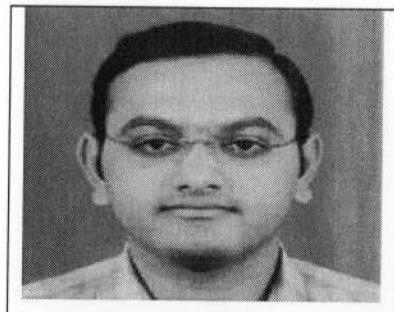
- **Principal Investigator for two ICMR funded Research project.**
- **Principal Investigator for two intramural research project.**
- 15 paper presented in various international, National conferences
- 40 Research paper published in National & International Journals (All In UGC approved/Scopus indexed list)
- Guest speaker in 40 National, Regional workshops, symposium, conferences, seminar, CNE's
- Session Chaired in 5 international conferences
- More than 10 time served as Research paper evaluator for national or international Conferences.



Ms. Anjali Tiwari

- Presently working as Assistant Professor at MTIN, CHARUSAT, Gujarat.
- Pursuing Ph.D in Nursing from CHARUSAT.
- IQAC Co-ordinator for MTIN, CHARUSAT
- Gold medalist and First Rank Holder in M.Sc (N) from KLE University, Belgaum.
- Best outgoing student and rank holder in B.Sc (N) from DSCN, Bangalore.
- Certified Neonatal Emergency Simulation Team Trainer by Neonatal Transfer Service, London, 2016.
- Appointed as ADHOC Gujarat Nursing Council Inspector.
- Appointed by Fortis Healthcare to develop a module related to obstetric care for one year training program entitled- Emergency and Critical care nursing Curriculum for PGCC.
- Invited as Resource Person in various National & state level conferences.
- Editorial Team Member and Reviewer of various National & International Journals.
- Awarded Best Research Poster presentation by SOMI in 2018.
- More than 20 research publications.
- Presently working on a project about Birth Preparedness & Complication Readiness among Antenatal women.

Dr .Chirag Patel



He is currently working as Co-coordinator HICC .

He also possesses the post of Consultant and tutor Microbiology, PS Medical College and shree Krishna hospital Karamsad.

He is a consultant at Medical College, Karamsad Anand, Gujarat, India

He was a lecturer ICRIA Ahmedabad from January to November 2008

He is a life member of Hospital Infection Society of India

He has cleared his clinical Microbiology from the Maharaja Sayajirao University of Baroda Vadodara, Gujarat



MANIKAKA TOPAWALA INSTITUE OF NURSING

A CONSTITUENT OF CHAROTAR UNVERSTY OF SCIENCE
AND TECHNOLOGY (CHARUSAT)

EVENT / ACTIVITY

Poster Exhibition On World Mental Heath
Day Celebration- 2015

"Myths about Mental illness, Prevention of
Depression & Suicide, Symptoms of Mental
illness, prevention of Mental illness
on 10th Oct, 2015

at
Hospital for Mental Health
Vadodara.

Report submitted on: 15/10/15

MANIKAKA TOPAWALA INSTITUTE OF NURSING

A CONSTITUENT OF CHARUSAT

REPORT

ON

**POSTER EXHIBITION ON WORLD MENTAL HEALTH DAY CELEBRATION-
2015**

Date of activity : 10/10/15

Date of Submission : 15/10/15

Submitted By

Name : Mr. Deepak K

Designation : Assistant Professor cum HOD Mental Health Nursing Department

Department : Mental Health Nursing

Email : deepakk.nur@charusat.ac.in

Endorsed by

Principal

Seal and Signature

MANIKAKA TOPAWALA INSTITUTE OF NURSING

A CONSTITUENT OF CHARUSAT

Index of Extension Activity

| Sr. No. | Content |
|----------------|-----------------------------------|
| 1. | Report of activity |
| 2. | Feedback form and analysis report |
| 3. | Photographs |
| 4. | Content |
| 5. | filled feedback forms |

MANIKAKA TOPAWALA INSTITUTE OF NURSING
REPORT ON WORLD MENTAL HEALTH DAY CELEBRATION-2015

DATE: 10/10/2015

VENUE: Hospital for Mental Health, Vadodara.

TIME: 10.00 am

TOPIC OF POSTER EXIBITION: Myths about mental illness, Prevention of depression and suicide, symptoms of mental illness, prevention of mental illness

ORGANIZED BY: Nursing students

Theme: Dignity in mental health

Objectives of World Mental Health Day Celebration:

It is very essential component of mental health nursing to create awareness among students, staff nurses, patient and other health team members about the mental health and illness.

1. To create awareness about the mental disorders among mentally ill patient and family members.
2. To encourage students to organize and participate in different programme.
3. To enhance the knowledge on current issues in mental health nursing.
4. To make awareness about the theme of World Mental Health Day-2015

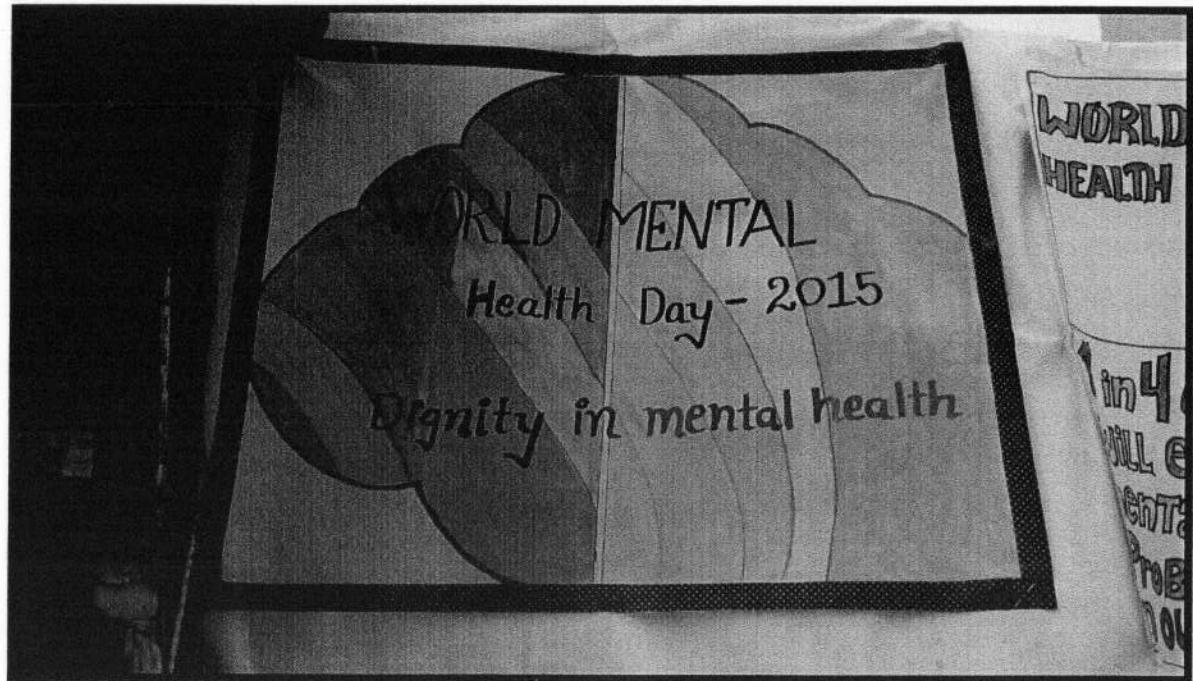
Thousands of people with mental health conditions around the world are deprived of their human rights. They are not only discriminated against, stigmatized and marginalized but are also subject to emotional and physical abuse in both mental health facilities and the community. Poor quality care due to a lack of qualified health professionals and dilapidated facilities leads to further violations.

The theme for this year's World Mental Health Day, observed on 10 October, is "Dignity in mental health". This year, World Health Organization will be raising awareness of what can be done to ensure that people with mental health conditions can continue to live with dignity, through human rights oriented policy and law, training of health

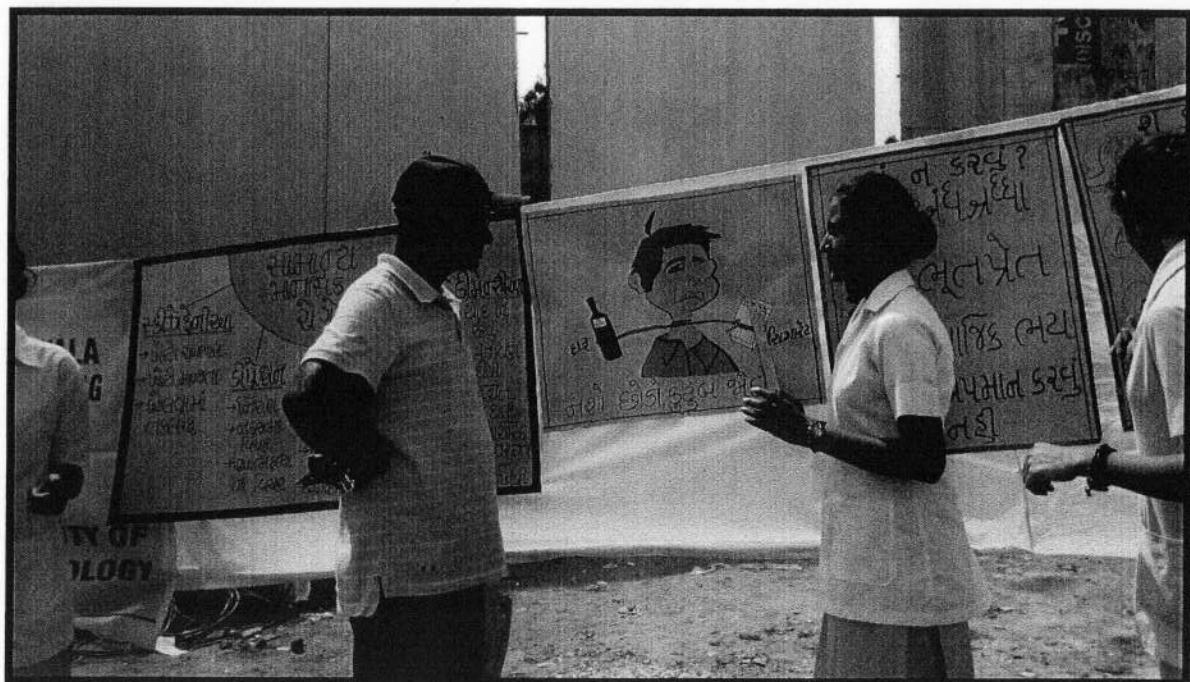
professionals, respect for informed consent to treatment, inclusion in decision-making processes, and public information campaigns.

We Manikaka Topawala Institute of Nursing, a constituent of CHARUSAT organized awareness campaign to sensitize the public on the theme Dignity in Mental Health. Our 5th Semester 57 B.Sc. Nursing students under the guidance of faculties have prepared around 15-20 Posters on Myths about mental illness, Prevention of depression and suicide, symptoms of mental illness, prevention of mental illness which were displayed in the circle. Around 500 odd pamphlets were distributed to public to create awareness on "Respect and treat the psychiatric patient with dignity. Very good response was received in terms of appreciation to students from public for the initiative shouldered by the students.

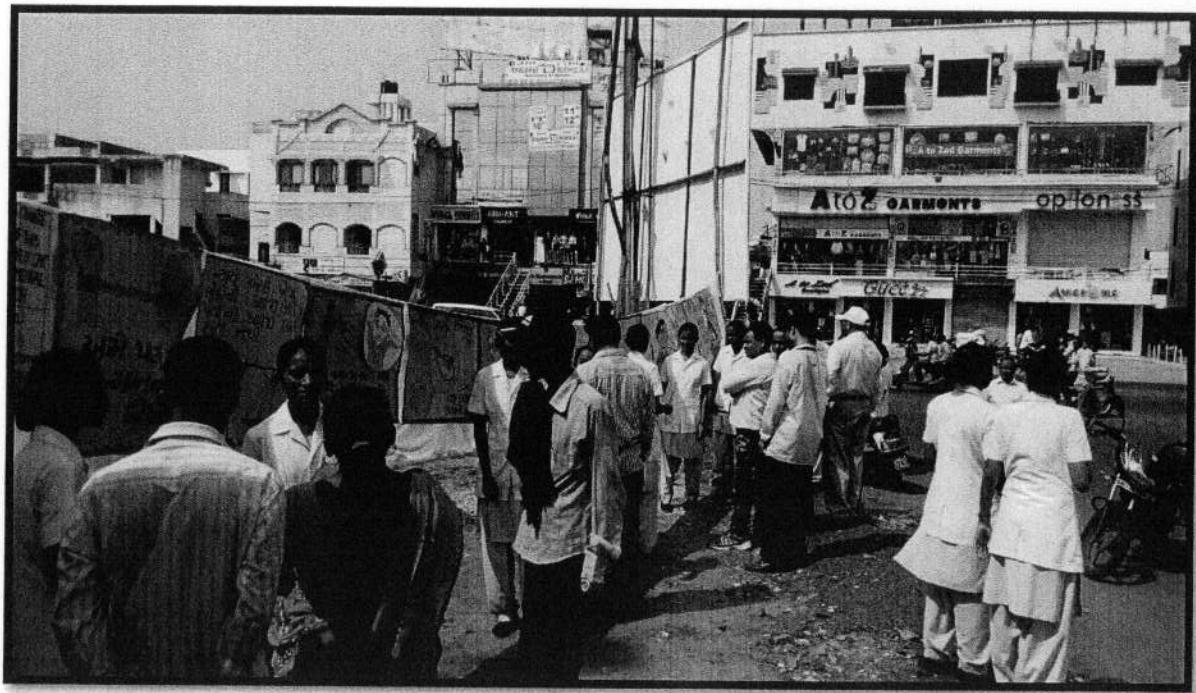
PHOTO GALLERY OF POSTER EXHIBITION ON WORLD MENTAL HEALTH DAY CELEBRATION-2015 AT VADODARA



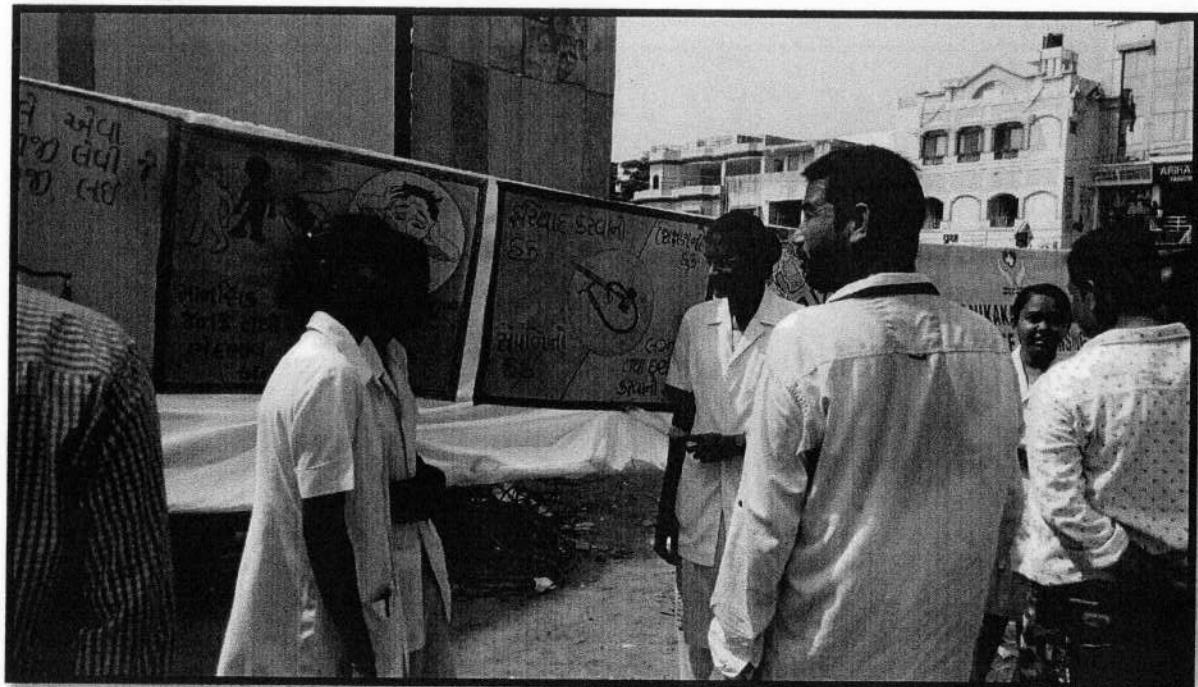
Theme of World Mental Health Day



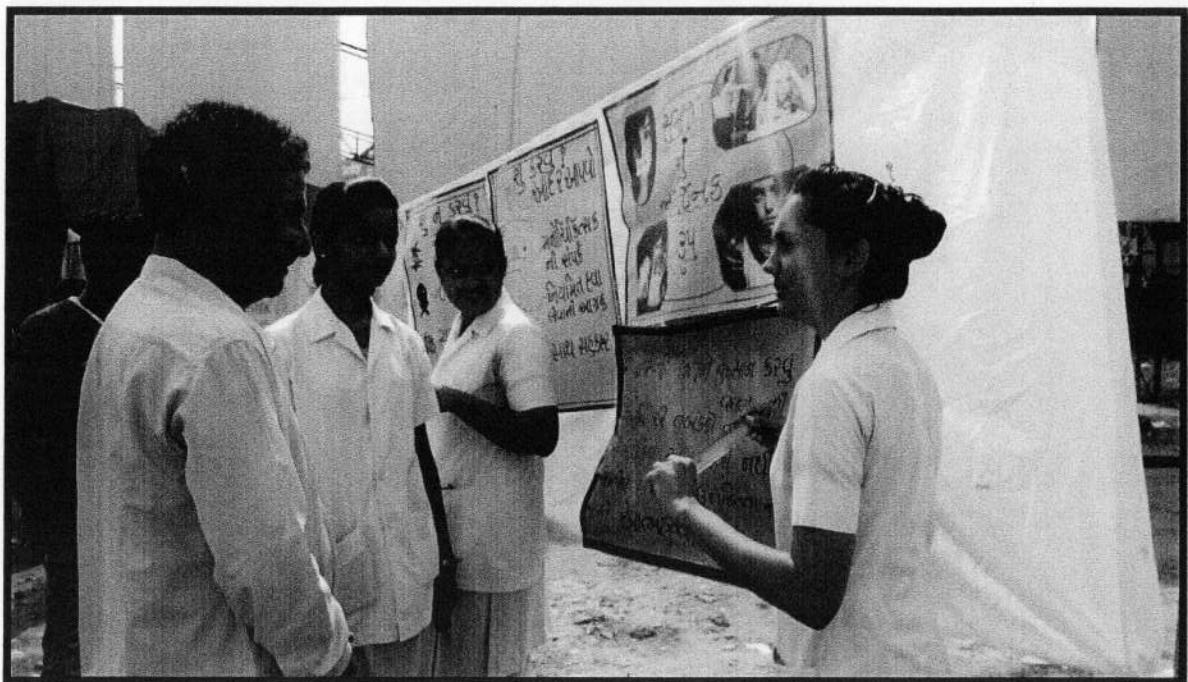
Poster on schizophrenia, alcoholism



Students explaining to people through posters



Students explaining about mental illness through poster



Students explaining about suicide and its prevention to people through posters



Group of students with faculties

MANIKAKA TOPAWALA INSTITUTE OF NURSING

A constituent of CHARUSAT. POSTER EXHIBITION

Place: Hospital for Mental Health, Vadodara

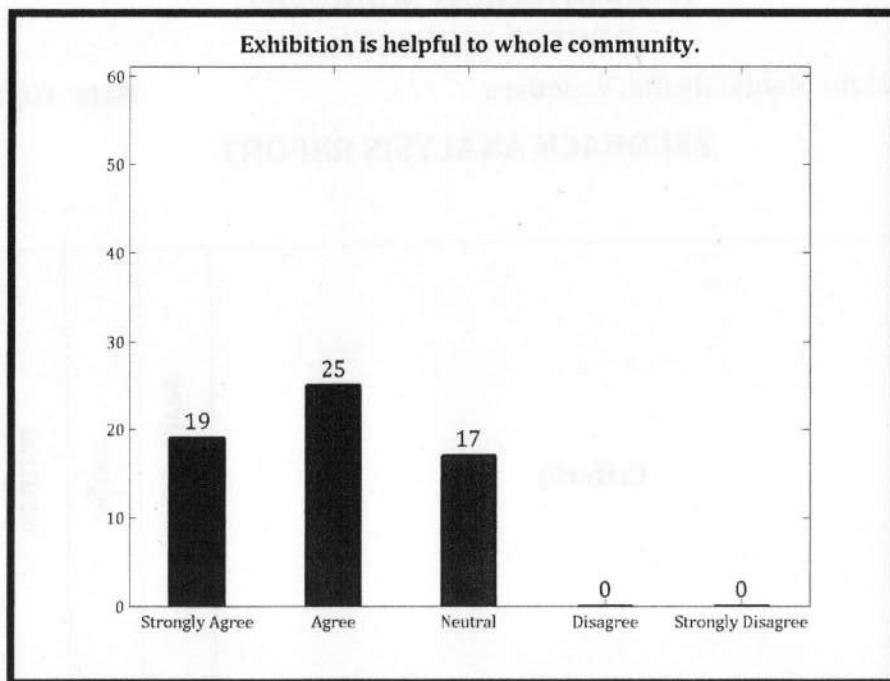
Date: 10/10/15

FEEDBACK ANALYSIS REPORT

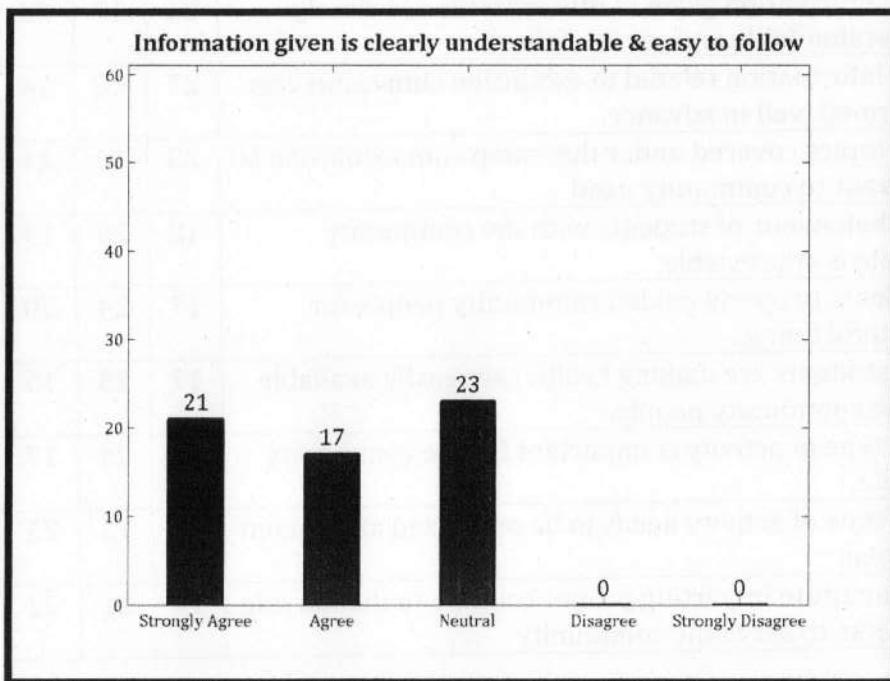
N = 61

| Sr. No. | Criteria | Strongly Agree | Agree | Neutral | Disagree | Strongly Disagree |
|---------|--|----------------|-------|---------|----------|-------------------|
| 1 | This camp cum exhibition is helpful to the whole community | 19 | 25 | 17 | 0 | 0 |
| 2 | The information given in this exhibition is clearly understandable and easy to follow. | 21 | 17 | 23 | 0 | 0 |
| 3 | The information related to exhibition cum camp was informed well in advance. | 27 | 18 | 16 | 0 | 0 |
| 4 | The topics covered under this camp cum exhibition is relevant to community need | 23 | 14 | 24 | 0 | 0 |
| 5 | The behaviour of students with the community people is appreciable | 18 | 24 | 19 | 0 | 0 |
| 6 | Students properly guided community people for healthful living. | 17 | 24 | 20 | 0 | 0 |
| 7 | The students are making health care easily available to the community people. | 17 | 25 | 19 | 0 | 0 |
| 8 | This type of activity is important for the community people. | 20 | 24 | 17 | 0 | 0 |
| 9 | This type of activity needs to be organized at frequent interval | 21 | 15 | 25 | 0 | 0 |
| 10 | The institute imparting proper training to the nursing students to serve the community | 17 | 22 | 22 | 0 | 0 |

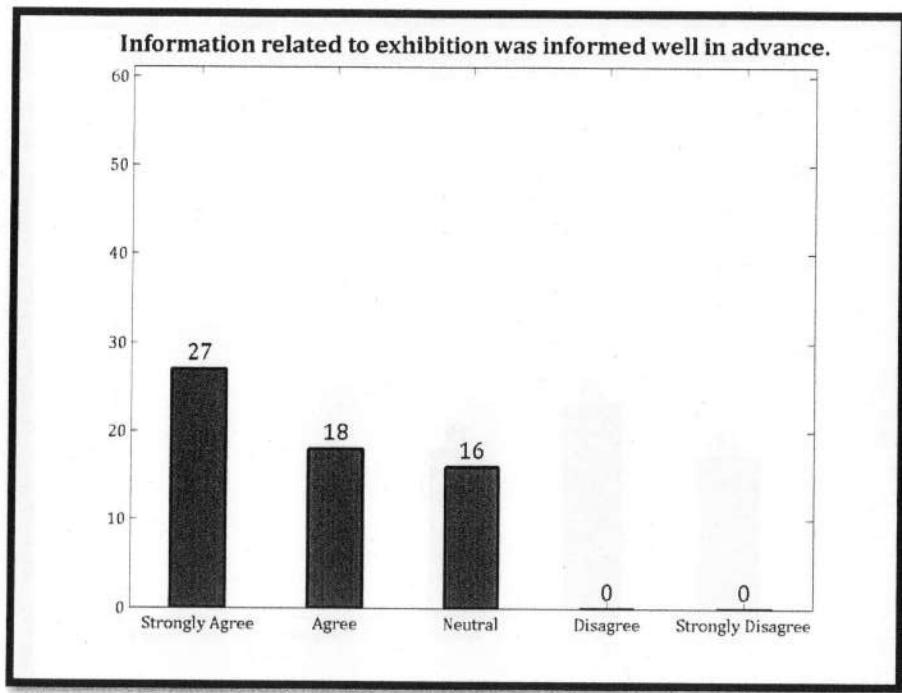
GRAPHICAL PRESENTATION OF FEEDBACK OF POSTER EXHIBITION ON WORLD MENTAL HEALTH DAY CELEBRATION-2015 AT VADODARA



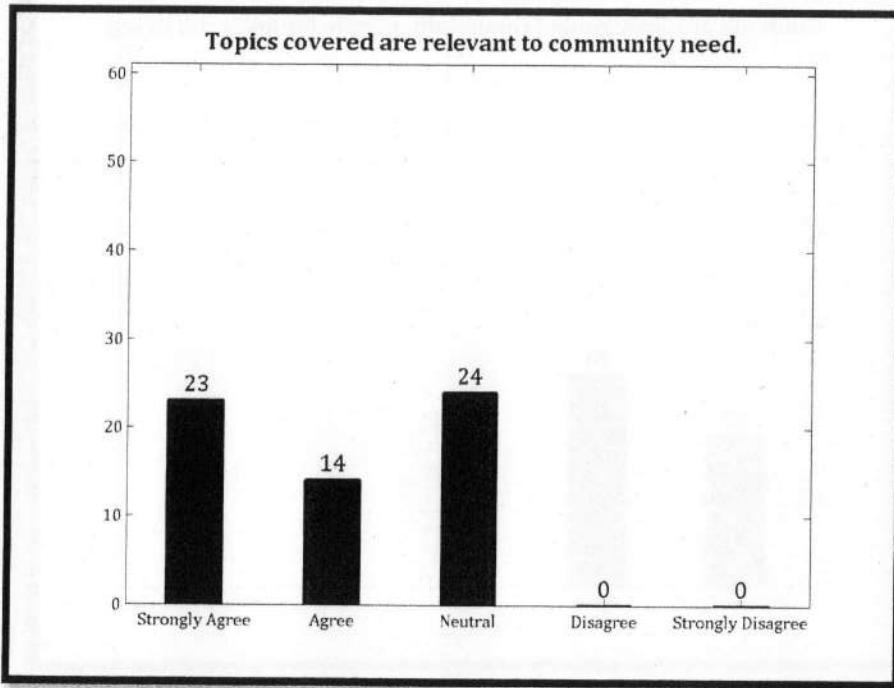
Bar graph 1 showing response of participants to item 1 of feedback form



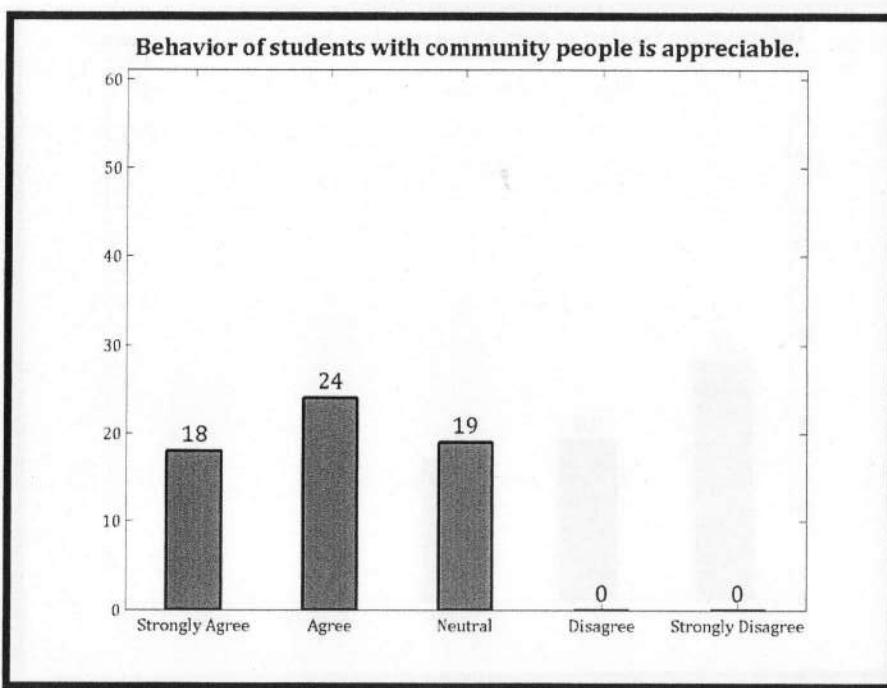
Bar graph 2 showing response of participants to item 2 of feedback form



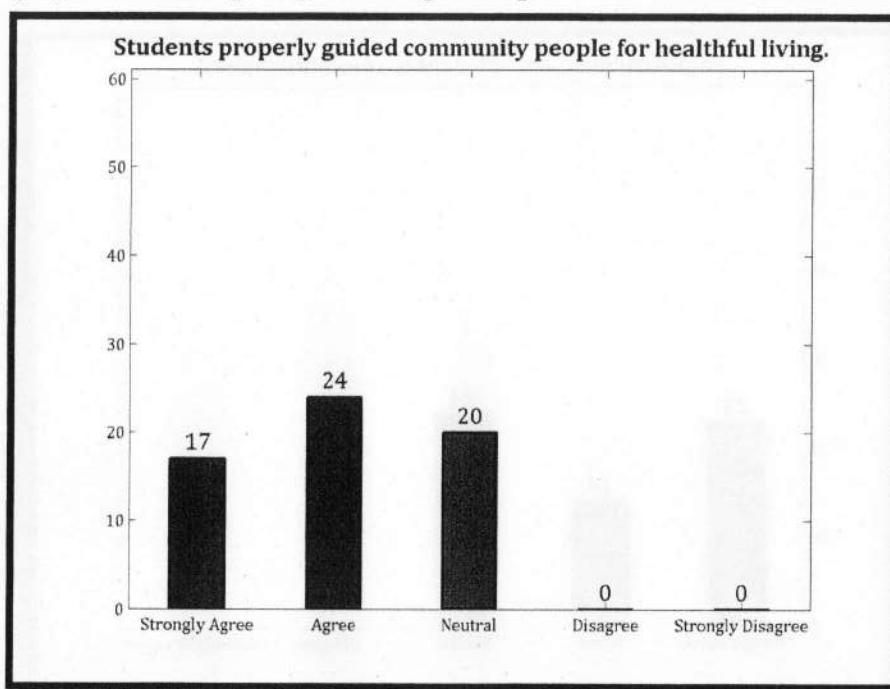
Bar graph 3 showing response of participants to item 3 of feedback form



Bar graph 4 showing response of participants to item 4 of feedback form

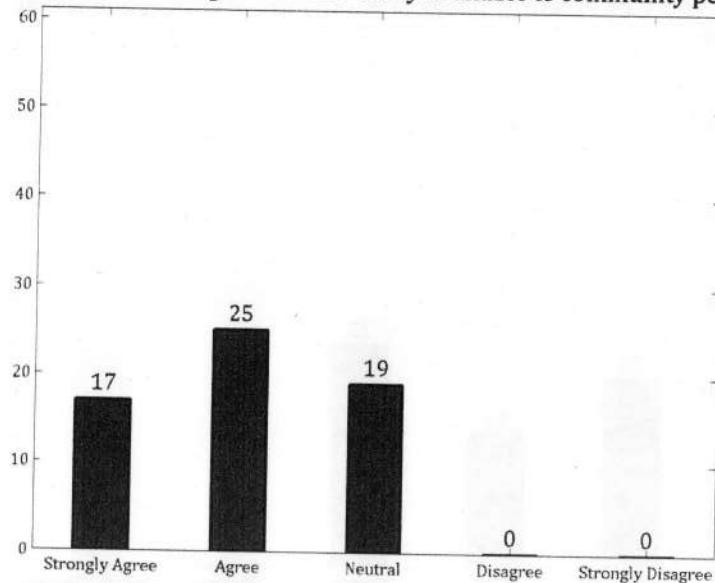


Bar graph 5 showing response of participants to item 5 of feedback form



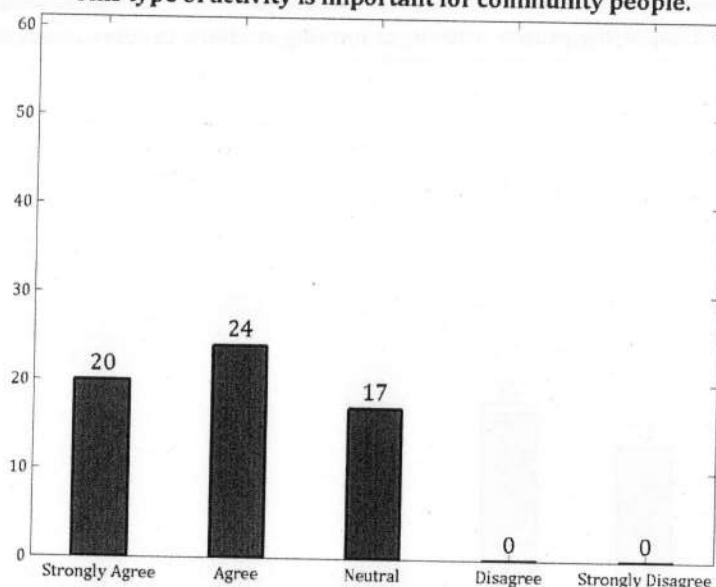
Bar graph 6 showing response of participants to item 6 of feedback form

Students are making health care easily available to community people.

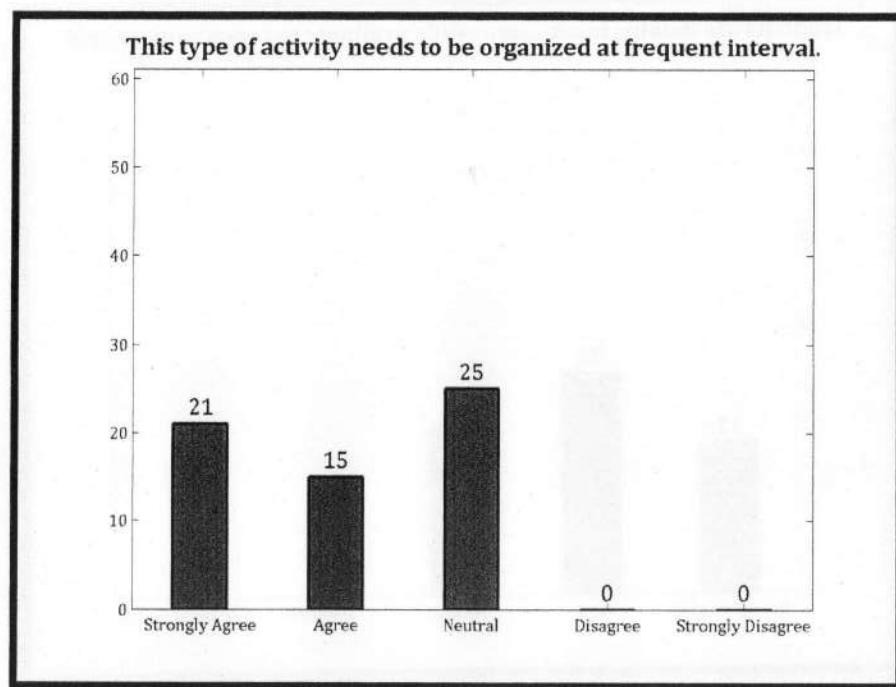


Bar graph 7 showing response of participants to item 7 of feedback form

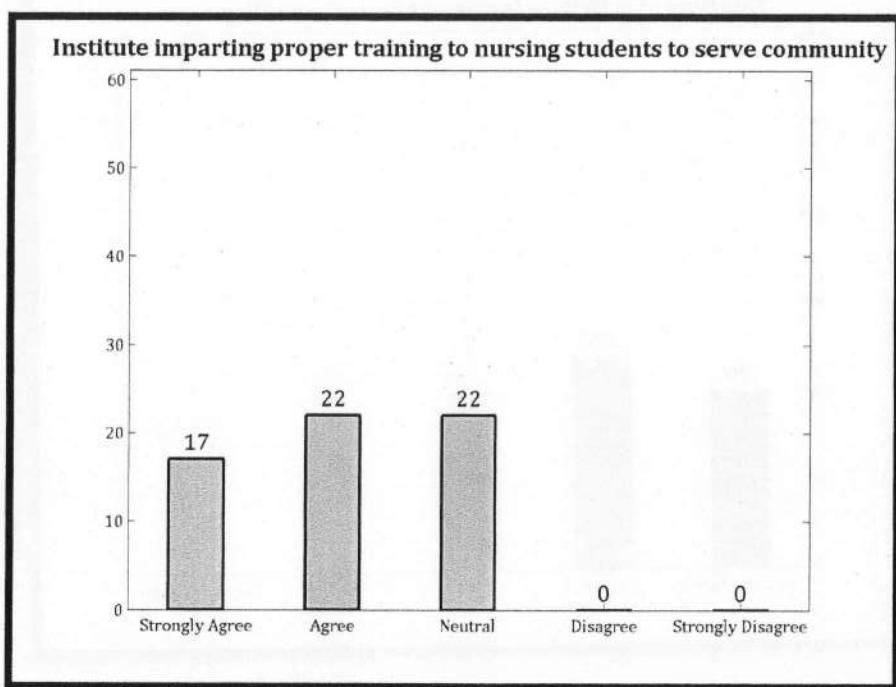
This type of activity is important for community people.



Bar graph 8 showing response of participants to item 8 of feedback form



Bar graph 9 showing response of participants to item 9 of feedback form



Bar graph 10 showing response of participants to item 10 of feedback form