

PROJECT NAME

Sweat Right



TEAM NAME

Astro Coders

MEMBERS

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PROBLEM STATEMENT

Development of a fitness website that may provide guidance and helpful tools to people who are new to the world

OBJECTIVES

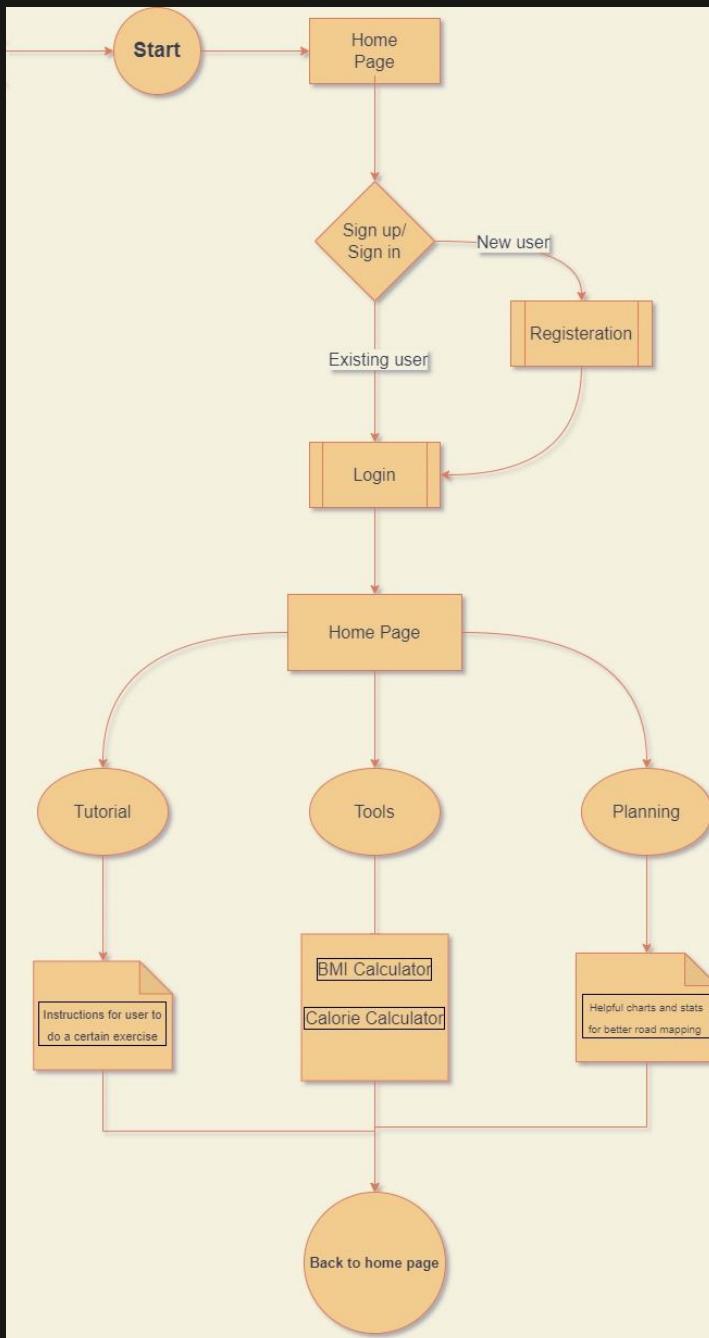
It is a place to introduce people to fitness parlor, the philosophy, and any special focuses. With the right tools, it helps to manage a schedule and payments. It is powerful in creating a community and engaging clients.



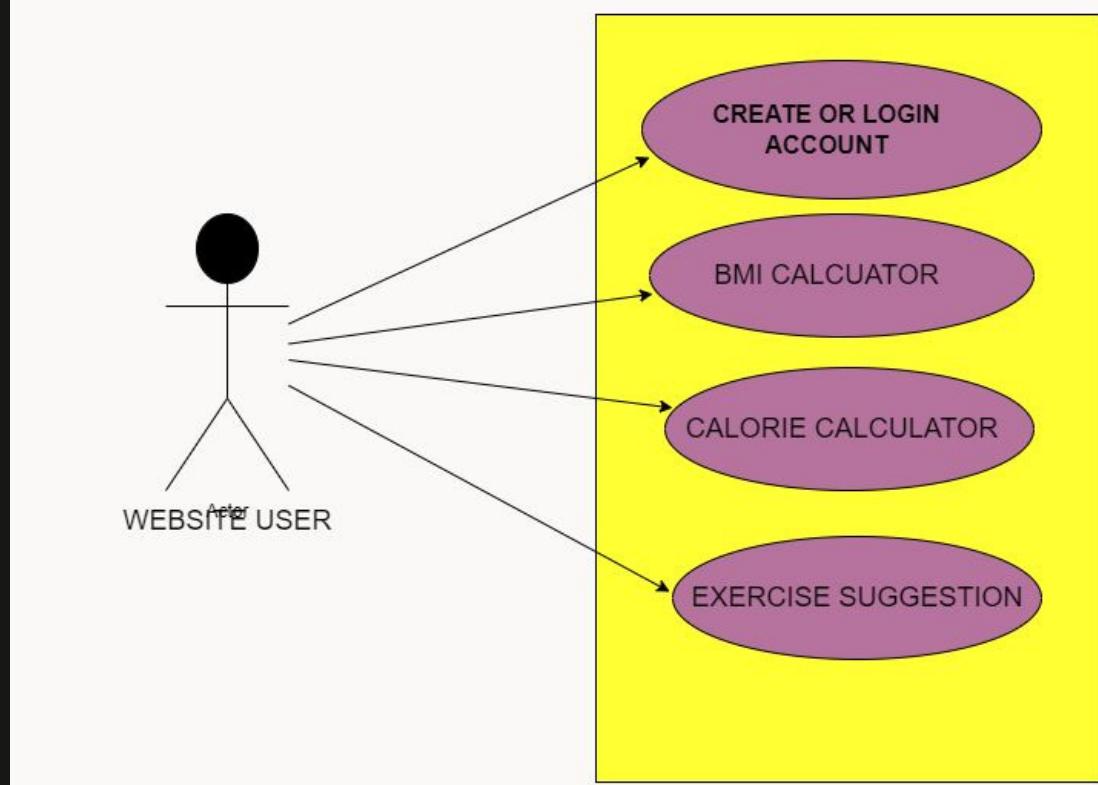
IDEA OF APPROACH

- Easy to use tools to help the user keep track of the statistics
- Helpful illustrations for thorough guidance through moments and exercises.
- All in one platform for confusion-free advancing towards decided goal
- All-inclusive platform to help users of different interests (for example: calisthenics, yoga, weight training, etc.)

FLOWCHART



USE CASE DIAGRAM



WORKING PRINCIPAL OF JS

JavaScript is a client-side scripting language and one of the most efficient, commonly used scripting languages. The term .client-side scripting language means that it runs at the client-side(or on the client machine) inside the web-browsers, but one important thing to remember is that client's web-browser also needs to support the JavaScript or it must be JavaScript enabled.

ADVANTAGES

- Increase the number of persons in Gym.
- Promote Your Services And Educate Potential Clients About What You Offer.
- Websites Are Inexpensive And Easy To Get Started.
- A Site Is More Accessible Than Printed Materials.

FUTURE SCOPE

- One to one sessions with trainers and for tailored guidance
- Chat rooms to connect with people with similar interests(use of socket.io)
- Systematic Workout and Diet Plan will be available to the user according to his/her BMI

TECHNOLOGY STACK



LAYOUT

A screenshot of a sign-in page. It features social media login buttons for Facebook, Google+, and LinkedIn at the top. Below them is a link 'or use your account'. There are input fields for 'Email' and 'Password', and a 'Forgot your password?' link. At the bottom is a red 'SIGN IN' button.

A screenshot of a 'Create Account' page. It has a 'Welcome Back!' message and a note to keep connected with personal info. It includes input fields for 'Name', 'Email', and 'Password', and a red 'SIGN UP' button. Above this is a 'Create Account' section with social media links.

A screenshot of a home page for 'SWEAT RIGHT'. It features a 'WELCOME!' banner, a 'SIGN UP' button, and a background image of dumbbells. At the top, there is a navigation bar with links for Home, About, Tools, Tutorial, Planning, and Sign Up Today.