

LinkedGym List of Features

- User account system
 - Separation between coach and trainee accounts
 - Login with social media accounts
 - Sign up/Sign in functionality
- Coach Explore Page
 - Display coach's promotion materials
 - Unique landing page for each coach
- Chat
 - Real-time messaging
 - Real-time video chat
 - File sharing
- Workout Builder
 - Create a custom workout plan for trainee from database of exercises or custom exercises
 - Calendar integration
 - Save, Copy and Reuse workouts
- Personal Data Tracking
 - Log workouts
 - Log nutrition
 - Log sleep
 - Insights for both the trainee and the coach
- User Database
 - User Preferences
 - User Workouts
 - User Fitness Goals
 - User Qualifications
 - User Habits
- Stripe Integration
- User Analytics Page
 - Upcoming workouts
 - Last logged nutrition and sleep
 - Muscle groups trained in the last workout
- Calendar Page
 - Upcoming workouts
 - Client meetings