Self-Diagnostic: Your Identity as a Communicator (T10) (Copy)

Take some time to think about who you are as a Communicator. What are your strengths? What are your weaknesses? This self-diagnostic survey is designed to help you reflect and assess your communication skills based on the VOICE framework. Respond to the questions honestly so that you may use the insights gained to develop a plan to become a more confident communicator.

All information collected in this survey will be kept strictly confidential and used solely for teaching and learning purposes.

Self-Assessment	
1. Which school are you from? * □□	
○ DE	
FMS	
○ HS	
○ ICT	
○ LSCT	
SOE	

2. How would you rate your ability to express yourself clearly in various situations? * 🖫

Self-Diagn	ostic: Your Id	entity as a	a Commur	nicator (T	10) (Copy)				21/4/25, 11:45 AM
	1	2	3	4	5	6	7	8	9	10
	Not clear a	t all							Extrem	ely clear
3.	How confi	dent do	you fee	el when	commu	nicating	your th	nought	s and id	leas to
	1	2	3	4	5	6	7	8	9	10
	Not confide	ent at all						Ext	remely o	confident
4.	How empa		-	-		nication	with ot	thers, ι	underst	anding
	1	2	3	4	5	6	7	8	9	10
	Not empath	netic at							Extreme	ly empa- thetic
5.	How person opinions?		re you v	when pr	esenting	g ideas	or tryin	g to in	fluence	
	1	2	3	4	5	6	7	8	9	10
	Not persua	sive at al	I					E	xtremely	persua- sive
6.	Rank the preference		_	•					your p	ersonal
	1 Group									

		_				
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- 2 One-on-one
- 3 Public Speaking
- 7. How would you rate your written communication skills, including emails, texts, and social media interactions? * 🖫

1 2 3 4 5 6 7 8 9 10

Not effective at all Extremely effective

Understanding Communication Styles

- 1. **Assertive:** Confidently expresses thoughts and needs while respecting others.
- 2. **Passive**: Avoids conflict, has difficulty expressing thoughts and feelings.
- 3. **Aggressive**: Dominates conversations, disregards others' feelings, may resort to hostility.
- 4. **Passive-Aggressive**: Indirectly expresses frustration or displeasure.
- 5. **Submissive**: Defers to others' opinions, has trouble asserting oneself.
- 6. **Collaborative**: Seeks win-win solutions, values mutual understanding and cooperation.
- 7. **Analytical**: Communicates logically and systematically, relies on facts and evidence.
- 8. **Emotive**: Expresses emotions openly, values empathy and connection.
- 8. What communication style do you normally use? * 🖽

Self-Diagnostic	: Your Identity as a Communicator (T10) (Copy)	21/4/25, 11:45 AM
	Assertive	2,1,1,20,11110,
	Passive	
	Aggressive	
	Passive-Aggressive	
	Submissive	
$[\checkmark]$	Collaborative	
$[\checkmark]$	Analytical	
	Emotive	
9. Wh	ich style would you like to explore? * □	
\checkmark	Assertive	
	Passive	
	Aggressive	
	Passive-Aggressive	
	Submissive	
	Collaborative	
	Analytical	

Emotive

VOICE Framework

We have grouped the skills needed to be a confident communicator (speaking) into five categories.

- V Verbal Delivery
- O Organisation
- I Interaction
- C Content
- E Energy

There are specific aspects under each category that you can identify to understand yourself better. As you go down the list, think about your weaker areas, so that you can work on improving them this semester.

If there are many, it's ok. If there are few, that's great, then you can afford to go deeper.

Focus and make plans to improve on one or two aspects and you will grow to be more confident. It takes time to hone your skills to be a confident communicator, but the first step is to identify what you need to work on so that you can keep getting better.

10. Which aspects of Verbal Delivery do you want to work on? *	(4))
Usage of appropriate tone and pace.	
Usage of impactful language.	
Clarity and accuracy of pronunciation.	

Other

None of the above.

11. Which aspects of Organisation do you want to work on? *	
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Structuring and sequencing of ideas for audience's understanding.

Usage of transitions to connect ideas.

None of the above.

Self-Diagnostic: Your Identity as a Communicator (T10) (Copy) Other
12. Which aspects of Interaction do you want to work on? *
Usage of eye contact to engage the audience.
Tailoring of presentation to the audience profile.
Responsiveness to audience's questions and reactions.
None of the above.
Other
13. Which aspects of Content do you want to work on? * \square
Clarity and impact of key message.
Variety and relevance of supporting materials.
Design and impact of visual aids.
None of the above.
Other
14. Which aspects of Energy do you want to work on? * □,

21/4/25, 11:45 AM

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	Audibility and variation in pitch and volume.	
\checkmark	Usage of appropriate posture, gestures and facial expression to project confidence of the confidence o	ence
	and enthusiasm.	
	None of the above.	
	Other	
	of the five VOICE components, which two would you like to work semester? * \square	c on
Or	ganisation, Interaction	

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