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# HOPELESSNESS AND ISLAM

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## Islam:

Islam is our sacred religion. We are proud to be Muslims. Islam is the religion of peace, humanity, faith and understanding. Islam creates a line between good and bad, evil and sacred, right and wrong, and all in all, in humans and animals. It's miles the arena's second-largest faith and with over 1.8 billion fans, maximum typically referred to as Muslims. Muslims make up most of the population in 50 countries.



## Hopelessness:

Hopelessness is an effective emotion that regularly contributes to a darkish or low temper and can adversely influence the way one perceives the self, different people, non-public situations, and even the arena, often hopelessness could have a great influence on human behavior, as it may reflect an individual's poor view of the destiny.

## Some Questions:

Does their lies any difference between hopelessness and pessimism? Reality and imagination? Faith and believe?

Let's answer the questions now, Hopelessness and pessimism, there lies no difference because if you can seek optimism in a situation, you can never be hopeless. Reality and Imagination, every

imagination is a thought unless practiced and molded into reality by hard work and what is that practice, it is hopefulness-hopefulness of succeeding, last but not the least faith and believe, they are both related by hopefulness, you know how? Because faith is on Almighty, His divine powers and His creation and believe is on His most precious creation, humans and what interlinks them is hopefulness, hopefulness of being destined towards betterment, good and ultimate destiny.



*“O Allah, I hope for Your mercy. Do not leave me to myself even for the blinking of an eye (i.e. a moment). Correct all of my affairs for me. There is none worthy of worship but You.” (Abu Dawud 4/324, Ahmad 5/42)*

## Hopelessness, one of the biggest sins:

After ‘Shirk’ no sin might be greater than to melancholy of Allah (S.W.T.)’s mercy and benevolence. This mindset reduces someone to a state of utter hopelessness. He imagines himself to be destined for Hell, and consequently, he sees no benefit in doing accurate and averting evil. As a result, he tries to attain as an awful lot worldly pleasure as viable and therefore gets further worried in all forms of sinful acts. Every other kind of sinner can be pardoned if he repents. However, the one who despairs does no longer need to be pardoned due to the fact, the mental situation of such a person does now not lead him in the direction of repentance, however, alternatively, induces him to continue to dedicate similarly acts of transgression against Allah (S.W.T.)’s instructions.

Subsequently in the manner that, despair is the finest of the sins. The Almighty Allah (S.W.T.) has created a cause of all the phenomena of this international by using His limitless energy and absolute power. as an example, in the physical affairs food is wanted for satisfaction of hunger, water for quenching thirst, the medical doctor and medication for curing illnesses and work for disposing of poverty.

Inside the equal way, the religious phenomena also rely upon various causes. The salvation of a sinner relies upon his repentance, the achievement of absolute belief needs the guidance of an infallible manual (Imam), and the attainment of grades in piety and the excessive tiers of the hereafter depend on the purity of aim inside the deeds achieved. The goal of making a guy is to make him think and realize Allah (S.W.T.) in the proper manner. However, the whole reputation or notion isn't possible till man realizes that the writer of reasons as well as consequences is Allah (S.W.T.). The reasons by themselves cannot bring out an effect till the only who has created those reasons gives the capability to the motive to bring out such an impact. Consequently, one must no longer be pleased with the obvious causes or be aggrieved due to their absence.

*...and despair not of Allah's Mercy; surely none despairs of Allah's Mercy except the unbelieving people." (Surah Yūsuf 12:87)*

## Why not Hopelessness:

Why should we not opt for hopelessness in our lives? Why should we be hopeful? What Islam teaches us?

The following points explain it well:



## World lives on hope:

We think of a new start each day, a new sunrise every morning, a calm sleep for every night. Why? Because we hope, hope for the best, hope for the change and hope for the continual.

The Qur'an says *that "the heavens and the earth were joined collectively as one unit, earlier than We clove them asunder"* (21:30). Following this huge explosion, *Allah "turned to the sky, and it was (as) smoke. He said to it and to the earth: 'Come collectively, willingly or unwillingly.' They stated: 'We come (collectively) in willing obedience'"* (41:11). Consequently, the factors and what was to emerge as the planets and stars started out to cool, come collectively, and shape into form, following the natural laws that Allah established within the universe.

The Qur'an, in addition, states that Allah created the Sun, the moon, and the planets, each with their personal person publications or orbits. *"It is He Who created the night and the day, and the solar and the moon; all (the celestial our bodies) swim along, every in its rounded path"*

## We are the most intellectual Creation:

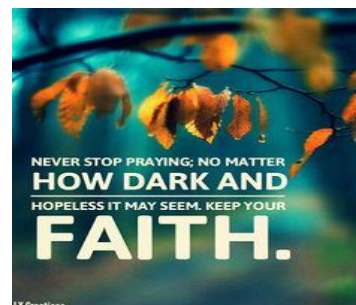
Allah hath Himself says;

*And We have certainly honored the children of Adam and carried them on the land and sea and provided for them of the good things and preferred them over much of what We have created, with [definite] preference.*

in keeping with the glorious Qur'an a person may be the great and the maximum perfect creature. As far as our understanding permits, we recognize, recognize and discover these beings in line with given norms. If we compare guy to any form of count or residing matters which includes plants and animals and so forth, we can straight away draw an essential end that humans are higher, smarter and more perfect. If man can cultivate a area and make use of the produce for his very own and others' benefit, seize animals, make use of them and extract herbal resources for upgrading his existence and that of the society, naturally, we in reality come to this end result that guy is a higher being. as an instance, an elephant is plenty larger than a human, but man trains it and controls it to perform a little painting for him.

## You are not examined more than your tolerance:

Don't ever neglect that Allah (SWT) will ever burden you with something that is past your potential to deal with. Even on days when you experience as if you cannot take it anymore, know that you could continue to exist it- for Allah (SWT) knows us higher than we know ourselves and anything trial you're facing on your life, recognize that He additionally offers you the strength to address that trial.



So, here lies the key to hope and strength, we need to hope from Him that he is making us stronger each day rather to despair upon that we cannot bear more.

Try to shift your question from Why me? to an answer Hopeful from Him, Now try me, and your boundaries will expand to no limits.

## Repent and hope for forgiveness:

Having precise thoughts about Allah (S.W.T.) manner that one ought to have the conviction that if he repents for a sin, Allah (S.W.T.) could forgive him. If he invokes, his prayer could be responded. If he does an excellent action, it's far positive that Allah (S.W.T.) could take delivery of it and praise him for the identical. To hope in salvation is useful, and it's far obligatory. However, to hope for rewards without appearing precise actions is lack of understanding and vanity.

So, repent for your sins and hope for forgiveness from Him, indeed His mercy is beyond our thoughts and caliber.

## Remedies in Islam:

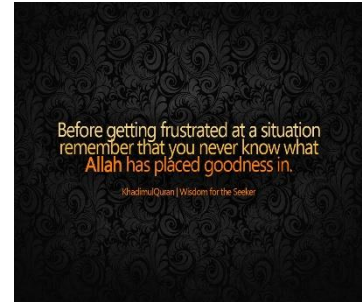
Some of the Quranic verses that makes a comprehension of why we should not be hopeless and how can it be avoided at times:

- *“O Allah, I am your slave, the son of your slave. My forelock is in Your Hand. Your judgment of me is inescapable. Your trial of me is just. I am invoking You by all the names that You call Yourself, that You have taught to anyone in Your creation, that You have mentioned in Your Book, or that You have kept unknown. Let the Qur'an be delight of my heart, the light of my chest, the remover of my sadness and the pacifier of my worries” (Musnad Ahmad, 3704).*
- *“... Surely none despairs of Allah's Mercy except the unbelieving people.”(Surah Yūsuf 12:87)*
- *“And his wife was standing (by), so she laughed, then We gave her the good news of Ishaq and after Ishaq of (a son's son) Yaqub.”*



*"She said: O wonder! Shall I bear a son when I am an extremely old woman and this my husband an extremely old man? Most surely this is a wonderful thing."*

*"They said: Do you wonder at Allah's bidding? The Mercy of Allah and His blessings are on you, O People of the house, surely He is Praised, Glorious." (Surah Hūd 11: 71-73)*



- *So, verily, with every difficulty, there is relief: Verily with every difficulty there is relief. Therefore, when you are free (from your immediate task), still labor hard. And to your Lord turn (all) your attention.*
- *my sons (said Prophet Jacob)! Go you and enquire about Yusuf (Joseph) and his brother, and never give up hope of Allah's Mercy. Certainly no one despairs of Allah's Mercy, except the people who disbelieve.*

## Conclusion:

Hopelessness is not the virtue of Muslims, we should mark a distinction from other beings and the only thing that can mark so is hopefulness, we should have

**Faith on Allah Believe on yourself and Hopeful approach to life.**



**May Allah guide us all towards the right (Ameen)**