



# HIKING TOUR ASSISTANT 1.0

## USER MANUAL



Group B  
EMBEDDED SYSTEMS DEVELOPMENT

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## A. Compiling and Installing the Software

To compile and install the software for the Hiking Tour Assistant on both the smartwatch and Arduino, please follow these steps:

- 1. Prepare the Development Environment:** Ensure you have the Arduino IDE installed on your computer. You can download it from the official Arduino website.
- 2. Connect the Devices:** Connect both the LiLyGo smartwatch and the Arduino Mega to your computer using USB cables. Figure 1 shows the location of the USB-C port on the watch.
- 3. Open the Arduino IDE:** Launch the Arduino IDE on your computer.
- 4. Load the Software:** Open the Hiking Tour Assistant software project in the Arduino IDE.
- 5. Select the Correct Board and Port:** For the smartwatch, select the appropriate board (e.g., ESP32 Dev Module). For the Arduino Mega, select the corresponding board. Make sure to select the correct COM port for each device.
- 6. Compile the Code:** Click on the 'Verify' button (checkmark icon) to compile the code for each device.
- 7. Upload the Code:** After successful compilation, click on the 'Upload' button (right arrow icon) to upload the code to each device. Repeat this process for both the smartwatch and the Arduino.
- 8. Disconnect the Devices:** Once the upload is complete, you can disconnect the devices from your computer.

## B. Using the Smartwatch

Here is how you can use the smartwatch for your hiking activities:

**1. Turning On:** Press and hold the power button on the side of the watch for 3 seconds to turn it on. The watch will display the initial program screen.



Figure 1: LiLyGo Watch general view

**2. Adjusting Settings:** On the standby view, you will see a touch-screen button for accessing settings. Tap the settings button to adjust your stride length based on your height.



Figure 2: Standby view

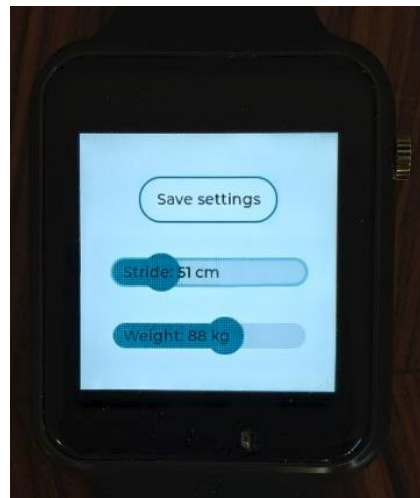


Figure 3: Adjusting settings

**3. Starting a Hike:** To start a hiking session, press the power button for 1 second. The watch will begin tracking your steps and calculating the distance traveled.

**4. Stopping a Hike:** To end the hiking session, press the power button for 1 second again. The watch will save the hiking data and attempt to sync with the Arduino.

**5. Viewing Hike Statistics:** During an active hiking session, the watch will display the steps count, distance traveled, and time elapsed. The display updates after each step detected by the accelerometer.

### C. Syncing Hiking Data from Watch to Arduino

To sync your hiking data from the smartwatch to the Arduino, follow these steps:

1. **End the Hiking Session:** Ensure that you have stopped the hiking session on the watch by pressing the power button for 1 second.
2. **Initiate Sync:** The watch will automatically attempt to sync with the Arduino via Bluetooth. If the automatic sync fails, you can manually initiate the sync from the watch settings.
3. **Successful Sync:** Once the sync is successful, the watch will notify you. The Arduino will receive the hiking data, calculate the calories burned, and store the session statistics.

### D. Viewing Hiking Data on the LCD Screen

To view your hiking data on the LCD screen attached to the Arduino, follow these steps:

1. **Power On the Arduino:** Connect the power cable to the Arduino to turn it on. The Arduino will start polling for incoming Bluetooth data from the watch.
2. **Receive Data:** Once the data is received and processed, the Arduino will display the session statistics on the LCD screen.
3. **Scroll Through Data:** Arduino will automatically scroll through different statistics such as steps, distance, duration, and calories burned.



Figure 4: Different views on the LCD