Fläche	I_y	I_z	I_{yz}	I_p	$I_{ar{y}}$
Rechteck b	$\frac{b h^3}{12}$	$\frac{hb^3}{12}$	0	$\frac{bh}{12}(h^2+b^2)$	$\frac{bh^3}{3}$
Quadrat $ \begin{array}{c} a \\ \hline y \\ \hline \hline y \\ \hline y \\ \hline z \end{array} $	$\frac{a^4}{12}$	$\frac{a^4}{12}$	0	$\frac{a^4}{6}$	$\frac{a^4}{3}$
Dreieck $ \begin{array}{c c} & a & \\ \hline & \uparrow \\ & \downarrow \\ \hline & $	$\frac{bh^3}{36}$	$\frac{bh}{36}(b^2 - ba + a^2)$	$-\frac{bh^2}{72}(b-2a)$	$\frac{bh}{36}(h^2+b^2-ba+a^2)$	$\frac{bh^3}{12}$

Kreis					
\overline{y} R S	$\frac{\pi R^4}{4}$	$\frac{\pi R^4}{4}$	0	$\frac{\pi R^4}{2}$	$\frac{5\pi}{4}R^4$
dünner Kreisring					
$t \ll R_m$ \overline{y} \overline{y} \overline{y} \overline{y} \overline{y}	$\pi R_m^3 t$	$\pi R_m^3 t$	0	$2\piR_m^3t$	$3\piR_m^3t$
Halbkreis					
$\frac{y}{y}$	$\frac{R^4}{72\pi}(9\pi^2-64)$	$\frac{\pi R^4}{8}$	0	$\frac{R^4}{36\pi}(9\pi^2 - 32)$	$\frac{\pi R^4}{8}$
Ellipse					
	$\frac{\pi}{4}ab^3$	$rac{\pi}{4}ba^3$	0	$\frac{\pi a b}{4} (a^2 + b^2)$	$\frac{5\pi}{4}ab^3$