



**Req. : Seeking Funding for operation and maintenance of
GHARAPNAA - Senior Citizen Care Home in a rural area at
Jammu near Shri Mata Vaishno Devi Shrine, UT of J&K – reg.**

Sub. : *Restoring Dignity to Aged Care.*

Kallpoosh Foundation is operating & maintaining Senior Citizen Care Home and considering the insurgency and militancy in the Kashmir Valley which will be complimentary and keep all well engaged, with the following services that enable Elders to live with independence and dignity:

- A. Providing improved quality of life and free service to the people who are incapable of paying. Preference is given to homeless and destitute.
- B. Increase access to culturally appropriate age care.
- C. Improved health & wellbeing of Sr Citizens.
- D. Provide medical facilities to cater to the needs of the inmates which includes a doctor, dietician, attendants, and ambulance on-call on 24X7 basis, nursing facilities for those in need of nursing, arrangements for regular immunization, physiotherapy, and psychological counselling services.
- E. Undertaking responsibility for education to orphans through association with nearby schools.
- F. Providing required resources such as nurses, cooks, helpers etc.
- G. Operating the kitchen and providing nutritious quality food.
- H. Providing all the necessary requirements like clothing, bedding etc.
- I. Encouraging productive and active ageing.
- J. Prevent older people, disabled people from facing another difficult season.
- K. Provide overview of the different benefits Elders might be eligible for, and how to go about claiming them.
- L. Taking skill & entrepreneurship development training to doorstep of rural youth
- M. Providing food & education to disabled orphans. Association with nearby schools and make the facility self-sustainable.

It is unacceptable that older people are unable to get the health and care support they desperately need. Life is already incredibly hard for people who are unable to work due to ill health and caring responsibilities, and those struggling to find new jobs after becoming unemployed later in life.

There are thousands of Sr. Citizens living alone in the city as their children have migrated, settled abroad, or are staying in other cities. A database mentioning the names, addresses and mobile numbers of Sr. Citizens living all by themselves in the city is available with us. We reach out to them through phone calls or personal

visits to inquire about their wellbeing and find out if they need help. This builds confidence, sense of security and they reach out to us in case of contingencies. We truly understand the hardships older people are facing and act to improve them. We must keep resolving all these issues so that everyone has a smooth transition into retirement.

About the Project:

- A. The facility is designed to initially accommodate 50 elders.
- B. improved access to quality, safe and culturally appropriate aged care services.
- C. Innovative aged care models to meet the needs of Sr. Citizens from culturally and linguistically diverse backgrounds
- D. Provide infrastructure that will strengthen connection to the community.
- E. More efficient service layouts and improved IT.
- F. Ensure Environmental Sanitation and Housekeeping.
- G. Rooms designed for old people and dormitories for orphans.
- H. The facility has the following amenities on the ground floor:
 - i. Prayer room.
 - ii. Warden residence.
 - iii. Vocational training room.
 - iv. Physiotherapy/Medical Emergency Room
 - v. Library / Recreational Facility.
 - vi. Kitchen / Dining.
 - vii. Activity Room.
 - viii. Administration room.

Staff at the facility : Provide adequate number of:

- | | | |
|-------------------------------|--------------------|-----------------|
| A. Manager/ Supervisor. | B. Superintendent | C. Doctor |
| D. Therapist | E. Social Worker | F. Nurse |
| G. Cook | H. Staff | I. Warden |
| J. House Mother/ House Father | K. Educator/ Tutor | L. Psychiatrist |

Over the past thirty years, Kashmir valley known as the 'Paradise on Earth' has been engulfed by unprecedented violence, bloodshed, and terror. This goes against the very ethos of Kashmiriat, for which the valley was known down the ages. The concept of the kashmiri composite culture embodies the principles of mutual goodwill, peace, co-existence, harmony among diverse sections of society and religious tolerance, covering a larger canvas for bringing lasting peace.

On the joyous occasion of the Azadi Ka Amrit Mahotsav an initiative of the Government of India to celebrate and commemorate 75 years of progressive India and the glorious history of its people, culture and achievements, inspired by the spirit of age-old Kashmir ethos, to achieve our goal, Kallpoosh Foundation is operating & maintaining a – GHARAPNAA - MODEL SENIOR CITIZEN CARE HOME AND ORPHANAGE FOR DIVYANGJAN CHILDREN at BANTALAB, JAMMU affected by insurgency, militancy and migration. Elder Care, that is comprehensive,

personalised, proactive and work in any manner possible towards the noble cause for the deprived so as to bring succour and happiness in the lives of the abandoned. Sr Citizens & PWDs are among most affected by the insurgency & militancy ongoing aggression in the UT of J&K.

Financial / Non-Financial donations, big or small, are vital in ensuring that we make a significant impact and continue supporting the Sr. Citizens & Divyangjan Children. Apart from the purchase / installation of non-recurring items viz. lift, generator, solar-systems, geriatric equipment, home / kitchen appliances, furniture, bedding other recurring costs and operational expenses the financial implication etc. is approx. INR Three Crore.

We are really alarmed at how many older people can't get the social care and support they desperately need - with many left waiting, often unheard and feeling ignored. They are unable to get care, including lakhs are struggling to eat, wash, get dressed or even use the toilet. We urgently need your help to tell you that older people have already been waiting far too long for care – they can't wait any longer. Kindly donate generously to and make sure older people get the care they need, when they need it.

Your gift today will help us be there for the older people who need us most – by connecting people with new friends and campaigning for older people's needs. Your contribution, no matter the size, will make a huge difference and help us bring positive change to more communities. Of course, now is not a good time to donate, please completely understand.

WE REALLY CAN'T DO IT WITHOUT YOU. PLEASE CONSIDER DONATING AND ALL DONATIONS ARE TAX EXEMPTED U/S 80G OF IT ACT.

KALLPOOSH FOUNDATION, HDFC BANK, BESTECH CENTRAL SQUARE, SUSHANT LOK - II, SECTOR - 57, GURGAON - 122 002, CURRENT ACCOUNT NO. 50200084029532, RTGS / NEFT IFSC: HDFC0001394.

Thank you a lot for your support in anticipation,

Best Wishes!

Veena Wanchoo

Chairperson

Kallpoosh Foundation

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&

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