



Certificate no: UC-59d689ea-fdc8-4eb7-a66b-8e9dc2872dca  
Certificate url: [ude.my/UC-59d689ea-fdc8-4eb7-a66b-8e9dc2872dca](https://ude.my/UC-59d689ea-fdc8-4eb7-a66b-8e9dc2872dca)  
Reference Number: 0004

CERTIFICATE OF COMPLETION

# Stress & Anxiety Management: Psychology - ACCREDITED CERT

Instructors **Elmira Strange, MPhil, Dip**

**Atharva Rewatkar**

Date **Dec. 26, 2022**

Length **3.5 total hours**