

Study Skills Inventory								
What are your study habits and attitudes?								
Read each sentence and consider how it applies to you.								
Be honest with yourself.								
Using the box in Column B, If it applies to you, indicate a 1, if it does not apply, enter a zero.								
	0	1	I spend too much time studying for what I am learning.					
	0	2	I usually spend hours cramming the night before an exam.					
	1	3	If I spend as much time on my social activities as I want to, I don't have enough time or when I study enough, I don't have time for a social life.					
	0	4	I usually try to study with the radio and TV turned on.					
	0	5	I can't sit and study for long periods of time without becoming tired or distracted.					
	0	6	I go to class, but I usually doodle, daydream, or fall asleep.					
	1	7	My class notes are sometimes difficult to understand late.					
	0	8	I usually seem to get the wrong material into my class notes.					
	1	9	I don't review my class notes periodically throughout the semester in preparation for					
	1	10	When I get to the end of a chapter, I can't remember what I've just read.					
	0	11	I don't know how to pick out what is important in the text.					
	1	12	I can't keep up with my reading assignments, and then I have to cram the night before					
	0	13	I lose a lot of points on essay tests even when I know the material well.					
	1	14	I study enough for my test, but when I get there my mind goes blank.					
	0	15	I often study in a haphazard, disorganized way under the threat of the next test.					
	0	16	I often find myself getting lost in the details of reading and have trouble identifying					
	0	17	I rarely change my reading speed in response to the difficulty level of the selection, or					
	0	18	I often wish I could read faster.					
	0	19	When my teachers assign papers I feel so overwhelmed that I can't get started.					
	0	20	I usually write my papers the night before they are due.					
	0	21	I can't seem to organize my thoughts into a paper that makes sense.					
			Click on the Score Sheet tab below to view your results.					

Scoring Sheet - Results of Study Skills Assessment			
DO NOT TYPE ON THIS PAGE			
Question	Matching Skill	Score	
1, 2, 3	Time Management	1	
4, 5, 6	Concentration	0	
7, 8, 9	Listening and Note Taking	2	
10, 11, 12, 16, 17, 18	Reading	0	
13, 14, 15	Exam Preparation	1	
19, 20, 21	Writing Skills	0	
Interpreting your scores:			
0 - 1	Proficient enough that you probably don't need extra information		
2 or more	Indicates you may need to focus your time and energy on developing		
Make note of the skills you need improvement in.			
Think about what you can do to develop/improve the skill.			
Save this workbook to your computer as Completed study skills.			
Upload this saved file to Canvas.			