Delhi gets its first brain health clinic at Dwarka hospital

Officials further said that the clinic will provide preventive care, early detection, and rehabilitation to patients suffering from various conditions

In a first, the Delhi government on Saturday launched a brain health clinic at Indira Gandhi Hospital in Dwarka to provide preventive care, treatment, and rehabilitation to patients suffering from neurological disorders.

Inaugurating the clinic, Health Minister Pankaj Singh said that such clinics will be established in all 11 districts of Delhi. "I urge the people of Delhi that whenever they face any brain-related issues, they should come to such clinics. The first clinic is operational, and we will open one in every district," he added.

The clinic was launched under the Indian Brain Health Initiative with support from NITI Aayog and the Institute of Human Behaviour and Allied Sciences (IHBAS), said officials. With the government planning to open such clinics in each of the city's 11 districts, IHBAS will provide technical support – training teams, standardising protocols, and monitoring outcomes, they added.

Officials further said that the clinic will provide preventive care, early detection, and rehabilitation to patients suffering from conditions such as stroke, epilepsy, Parkinson's disease, dementia, and headache disorders.

Rajinder K Dhamija, chairperson of the NITI Aayog task force, said the clinic will provide comprehensive care. "Multi-disciplinary teams will be present, including neurologists, clinical psychologists, and therapists. We will also provide care for all kinds of psychiatric disorders."

He said the move has been taken amid an increase in the number of mental and brain health problems facing people.