# Cycle California

Cycling is a fantastic way to see California. Cycle California offers guided and unguided routes and, as with all our packages, we tailor the outings to your comfort and skill level. This is a great package for families who want to see California outside of a car (and traffic!) The most popular variety is the 7-day Monterey to Santa Barbara tour but this year only, we're also offering a special package this year that allows serious cyclists to follow behind a competitor in the AMGEN bike race, a race that mimics the conditions in the Tour de France. Spots are limited so call now to reserve your seat!

Both doctors (and we here at Explore California) encourage everyone to commute in an environmentally friendly way like bicycling. A number of our employees ride their bikes to work 80% of the year and while we don't need to worry about winter blizzards or ice storms, we do have crazy drivers. But, if you don't want to ride to work — how about riding for vacation? With our experience in two-wheeled transportation, we've developed a number of great packages for riders of any skill level. We know most of our riders may have never done anything more than riding down to the ice cream shop for a double-scoop, so we've got trips that even the least experienced rider can accomplish — and see some of the most amazing sites in California along the

# TOUR INFO

**Duration: 2 Weeks** 

Cost per person:

\$5000 (based upon double occupancy)

**Departure Dates:** March 10, June 15, September 24.

Included: All meals and lodging.

**Not included:** Travel insurance, travel to and from departure city.

way. Bicycling on vacations has been around since the invention of the bicycle itself. Many Americans would take their "two-wheeled contraptions" on train vacations in the nineteenth century and as the automobile culture took hold in the early twentieth century, vacations would often include a bicycle or two for short excursions during stops. All bicycles were essentially the same until the invention of the "mountain bike" in the 1970s in Marin County, California. We recognize that all cycling is not created equal — and so we develop experience packages for both road warriors and mountain daredevils.

### **Cycling Packages**

Cycling is a fantastic way to see California and a great chance to get some exercise along the way. Our most popular package is the Monterrey to Santa Barbara tour, a seven-day ride along the beautiful California coastline. Filled with possible day trips to the world-famous Monterrey Bay Aquarium, golf's Pebble Beach, and Hearst Castle, the MSB tour is not for beginners, but an intermediate experience with road cycling will allow you to transverse the 30 average miles in just a few hours. All meals are included in this package as well as all luxury hotels along the way. If coastal hills and rugged vistas aren't your cup of tea, how about pastoral vineyards and beautiful oak trees? We offer a wonderful beginners tour



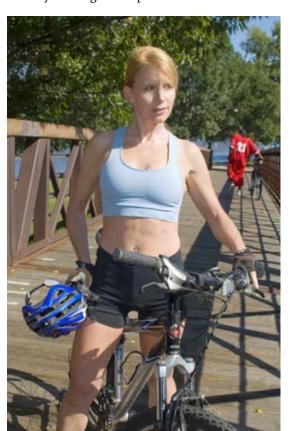


of the Napa Valley called our Wine Tasting While Riding. Rolling amongst the ancient hills and trees of Calistoga, in the world-famous Napa Valley, the WTWR is three days of only 15 miles a day. There are numerous stops along the way to sample any one of the 200 wineries in the area and every night a chance to stay at a fully apportioned spa.

# **Tour of California Special Offer**

Finally, if you're a hardcore cyclist, nothing compares to the AMGEN Tour of California Package. While the leading cyclists in the world are riding through this grueling two-week event, preparing for the Tour de France, you can be riding the same roads, with the same support. We've set up an opportunity for just 50 this year—as a secondary Tour of California—to follow one hour behind the actual peloton. You'll be treated just like any other professional cyclist—eating with them at dinners, completing time trials in both San Francisco and Los Angeles, and experiencing the thrill of rolling through the finishing banner at a major cycling event. This is a once in a lifetime experience that we are pleased to offer our customers.

Seats are extremely limited for this special offer. Customers should be in physical and mental shape to complete this two-week ride. Be prepared to complete a detailed questionnaire about skill level and any existing health problems.



#### FACT FILE

May 13th, 2010 is the official 16th annual Bike to Work Day. Ditch the 4 wheel drive and hop on two!

The AMGEN Tour of California is the largest cycling event in the US, over 750 miles and includes cycling world champions, Tour de France competitors, and Olympic athletes.

**Definition:** Peloton. The main group of racers. Also called the pack.

www.pedaling.com
A list of self-guided bikes
routes throughout the US

The first bicycle was invented in 1817, but had to be pushed along the ground. Pedals were introduced in 1865, but the device came to be known as a "boneshaker" since the wood it was composed of made for a really rocky ride. Bicycling became more popular in the 1880s, after the introduction of metal frame and pneumatic tires.





