

KAMMIN AVERY

Riverton, UT 84065 | 801-885-4760 | kammin.avery@gmail.com

Professional Summary

Hardworking and motivated. Solid history balancing team performance, customer service targets, and business objectives. Dedicated to working closely with employees to maximize productivity and optimize procedures. Decisive leader with good planning and organizational skills.

Skills

- Project management
- Reliable and trustworthy
- Analytical
- MS Office
- Time management
- Safety behaviors expertise
- Working collaboratively
- Personal Trainer/Coach

Work History

Evaluations Manager

04/2021 to Current

More Energy Health – Pleasant Grove, UT

Effectively communicate with clients to set up health consultations. Perform a variety of health tests correctly and safely on clients. Correctly and candidly explain the results of clients health tests. Work with a team to market and promote different campaigns. Represent the company at different work venues. Lead and train individuals on how to correctly perform a variety of lifts and exercises. Help coach clients to create realistic goals and enable them to achieve their goals.

Decorative Concrete Specialist

09/2020 to 12/2020

Stucki Stamped Crete LLC – Rigby, ID

Help pour unique walkways, fireplaces, patios, driveways, etc in Island Park, ID. Learned how to sculpt and stamp concrete. Mixed color loads. Learned how to work efficiently under stressful circumstances all while meeting expectations and deadlines for our clients.

Flatwork Finisher

04/2019 to 09/2019

K&C Concrete LLC – Rexburg, ID

Enhanced Ability to work as a team member. Finished concrete by hand and via operating powered machinery. Learned flat work within the concrete field, and the different machines used to do so. Strong work knowledge and job site safety.

Foundation Crew

04/2016 to 09/2016

TKO Concrete LLC – Draper, UT

Learned how to work and manage stress under deadlines. Set up foundation forms correctly and quickly. Developed a role in a crew, in order to more effectively use our time. Performed quality work quickly and correctly.

Education

Bachelor of Science: Exercise Physiology

12/2021

Brigham Young University - Idaho - Rexburg, ID