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## Exercise 1

## Exercise 2

(a)

Since Q is a square matrix, we can write  $Q = U\Lambda U^T$  where U is an orthogonal matrix and  $\Lambda$  is a diagonal matrix with the eigenvalues of Q i.e.  $\lambda_i$  on the diagonal. Then, we have

$$\langle x, Qx \rangle = \langle x, U\Lambda U^{\top} x \rangle$$

$$= x^{\top} U\Lambda U^{\top} x$$

$$= (U^{\top} x)^{\top} \Lambda U^{\top} x$$

$$= (Ux)^{\top} \Lambda (Ux) \qquad U = U^{\top}$$

$$= \sum_{i=1}^{n} \lambda_{i} (Ux)_{i}^{2}$$

$$\leq \sum_{i=1}^{n} \lambda_{\max}(Q)(Ux)_{i}^{2} \qquad \lambda_{i} \leq \lambda_{\max}(Q)$$

$$= \lambda_{\max}(Q) \sum_{i=1}^{n} (Ux)_{i}^{2}$$

$$= \lambda_{\max}(Q)(Ux)^{\top} Ux$$

$$= \lambda_{\max}(Q)x^{\top} U^{\top} Ux$$

$$= \lambda_{\max}(Q)x^{\top} x \qquad U^{\top} U = I$$

$$= \lambda_{\max}(Q)||x||^{2}$$

Similar derivation can be shown for the smallest eigenvalue:  $\langle x, Qx \rangle \geq \lambda_{\min}(Q) ||x||^2$ .

(b)

We can rewrite  $I - \tau Q$  as follows:

$$\begin{split} I - \tau Q &= I - \tau U \Lambda U^{\top} \\ &= U U^{\top} - \tau U \Lambda U^{\top} \\ &= (U - \tau U \Lambda) U^{\top} \\ &= (U I - \tau U \Lambda) U^{\top} \\ &= U (I - \tau \Lambda) U^{\top} \end{split}$$

thus we have

$$(I - \tau Q)^2 = U(I - \tau \Lambda)U^{\top}U(I - \tau \Lambda)U^{\top}$$
$$= U(I - \tau \Lambda)^2U^{\top}$$

where  $(I - \tau \Lambda)^2$  consists of  $(1 - \tau \lambda_i)^2$  on the diagonal.