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Exercise 1

Exercise 2

(a)

Since Q is a square matrix, we can write $Q = U\Lambda U^T$ where U is an orthogonal matrix and Λ is a diagonal matrix with the eigenvalues of Q i.e. λ_i on the diagonal. Then, we have

$$\langle x, Qx \rangle = \langle x, U\Lambda U^{\top} x \rangle$$

$$= x^{\top} U\Lambda U^{\top} x$$

$$= (U^{\top} x)^{\top} \Lambda U^{\top} x$$

$$= (Ux)^{\top} \Lambda (Ux) \qquad \qquad U = U^{\top}$$

$$= \sum_{i=1}^{n} \lambda_{i} (Ux)_{i}^{2} \qquad \qquad \lambda_{i} \leq \lambda_{\max}(Q)$$

$$= \lambda_{\max}(Q) \sum_{i=1}^{n} (Ux)_{i}^{2} \qquad \qquad \lambda_{i} \leq \lambda_{\max}(Q)$$

$$= \lambda_{\max}(Q) (Ux)^{\top} Ux$$

$$= \lambda_{\max}(Q) x^{\top} U^{\top} Ux$$

$$= \lambda_{\max}(Q) x^{\top} U Ux$$

$$= \lambda_{\max}(Q) ||x||^{2}$$

$$U^{\top} U = I$$

$$= \lambda_{\max}(Q) ||x||^{2}$$

Similar derivation can be shown for the smallest eigenvalue: $\langle x, Qx \rangle \geq \lambda_{\min}(Q) ||x||^2$.

(b)

Suppose λ is an eigenvalue of Q with eigenvector v. Then, we have

$$Qv = \lambda v \Rightarrow \tau Qv = \tau \lambda v$$

$$\Rightarrow Iv - \tau Qv = Iv - \tau \lambda v$$

$$\Rightarrow (I - \tau Q)v = (I - \tau \operatorname{diag}(\lambda))v$$

 $I - \tau \operatorname{diag}(\lambda)$ is a matrix with same diagonal entries $1 - \tau \lambda$

$$\Rightarrow (I - \tau Q)v = (1 - \tau \lambda)v$$

Above shows that $1 - \tau \lambda$ is an eigenvalue of $I - \tau Q$.

$$\Rightarrow (I - \tau Q)(I - \tau Q)v = (I - \tau Q)(1 - \tau \lambda)v$$

$$\Rightarrow (I - \tau Q)(I - \tau Q)v = (1 - \tau \lambda)(I - \tau Q)v$$

$$\Rightarrow (I - \tau Q)(I - \tau Q)v = (1 - \tau \lambda)(1 - \tau \lambda)v$$

$$\Rightarrow (I - \tau Q)^{2}v = (1 - \tau \lambda)^{2}v$$

Thus $(1 - \tau \lambda)^2$ is an eigenvalue of $(I - \tau Q)^2$ for each eigenvalue λ of Q.