

### Unit - 3

## Understanding Harmony in the Family & Society - Harmony in Human - Human Relationship

The basis of Harmony in the family is right understanding in and among the individuals.

The building block for harmony in the society is right understanding ourselves then we won't be able to understand the surrounding as well and create dispute.

When human beings with right understanding & harmony come together & interact it leads to co-existence & will be mutually enhancing.

The sequence may be as follows -

- (i) Right understanding
- (ii) Prosperity
- (iii) Fearlessness (Trust)
- (iv) Co-existence

### Harmony in Society:-

The sentiment of being connected to every individual in the society leads to participation towards undivided society.

When harmony at individual & family level is achieving harmony at society level.

Three activities can be performed to send the message of a holistic society.

- (i) Performing street plays, organizing seminars & workshop.

Activities can be classified into 3 types.

→ Knowing self

→ Knowing existence on basis of self.

→ Knowing the definite human conduct which is contribution of self in.

- (ii) Value education in education institutions should be introduced in the current ~~scenario~~ scenario.

- (iii) Helping to apply values to the real world, counselling centers should be opened up by both govt & non-govt organizations.

It is about realizing the alternative in life. This is the idea of expansion of self to higher levels in the social system.

Justice :- (Nyaya) - Justice concerns itself with proper ordering of things & people within a society. The proper evaluation & fulfillment of desire which results into mutual happiness.

Justice means giving people what they really deserve.

Elements - Recognition of value

Fulfillment

Evaluation

Mutual happiness.

- Mutual fulfillment is the hallmark of justice & justice is essential in all relationships.
- Justice starts from family & slowly expands to the world family. The child gets the understanding of justice in the family. With this understanding, he goes out in the society & interacts with people the same way he has observed.
- If we don't have right understanding of values in relationship then we get governed by our preconceptions.

### Human-Human Relationship

Relationship  
 Self (I) ← → Self (I)

Recognize the Values (feelings) in relationship (feelings are definite)



Fulfillment of Values (Feelings)



Evaluate the fulfillment of values



mutual happiness

Basic terms that should be taken care of -

Love - Sentiment of affection & relatedness towards our close ones.

Reverence - To admire or to express gratitude towards someone with respect & honor.

Under evaluation - To underestimate the abilities or skills of person, neglecting their capability, which may arise dissatisfaction.

Care! - The feeling of nurturing & production. It is very basic feeling of elders towards younger.

Guidance - To share our experience and life living tips with your loved ones.

\* Trust / Vishwas It is the root value of every relationship.

The belief that somebody is good, honest, sincere, etc. & will not try to harm or trick you.

Mutual trust means people are dependent on each other. Mistrust or no trust can lead to disastrous relations.

These are 2 aspects

Intention wanting out to our natural acceptance

Competence - The ability to do.

## \* Understanding the meaning of Samman

Respect (Samman) - the feeling that you have when you admire or have a high opinion of somebody / something.

Polite behaviour or care towards somebody / something that you think is important.

It build feeling of trust, safety & well being.

### Respect

→ Right evaluation

→ Respect for others is generated by the right evaluation & understanding which leads to fulfillment in relationships. This further creates a sense of respect among people.

### Differentiation

lack of understanding of respect

This can take the form of

- (i) Gender bias
- (ii) Generation gap.
- (iii) Caste struggle.
- (iv) Power play & domination
- (v) Communal violence
- (vi) Clash of race, religion
- (vii) Class struggle.

## Harmonious order in Society-

Right understanding (Samadhan)

Prosperity (Samridhi)

Fearlessness or trust (Abhy)

Co-existence (Sah-astitva)

## Universal human order-

- Existing in harmony from individual level to entire order of living is known as universal human order.
- Universal Human Order can be achieved only by right understanding. As we have seen the whole existence & all orders makes harmony except the human being because sometimes maybe because of greed or for enjoyment we exploit & disturb other orders.
- The universal order reveals all full dimension of human behaviour, education, health towards a fragmented society.
- By right understanding we can have a humanistic constitution to achieve universal human order.

Thus, we need to perform our duty in appropriate way to ensure undivided Society.  
( Akhand Samaj)

To create a world family (Vasudhaiv Kutumbham) an individual needs to focus on oneself at first then family level.