

기본정보	
PK	<u>USER_ID INT NOT NULL AUTO INCREMENT</u>
	EMAIL VARCHAR(255) UNIQUE NOT NULL
	PASSWORD VARCHAR(100) NOT NULL
	NAME VARCHAR(100) NOT NULL

신체 정보	
PK	<u>BODY_ID INT NOT NULL AUTO INCREMENT</u>
FK	USER_ID INT NOT NULL
	HEIGHT_CM DECIMAL(4,1) NOT NULL
	WEIGHT_KG DECIMAL(4,1) NOT NULL
	FAT DECIMAL(4,1) NOT NULL
	MUSCLE DECIMAL(4,1) NOT NULL
	BIRTH_DATE DATE NOTNULL

운동 목표	
PK	<u>EXERCISE_ID INT NOT NULL AUTO INCREMENT</u>
FK	USER_ID INT NOT NULL
	TARGRT_WEIGHT_KG DECIMAL(4,1) NOT NULL
	GOAL VARCHAR(255) NOT NULL

운동 기록	
PK	<u>WORKOUT_ID INT NOT NULL AUTO INCREMENT</u>
FK	USER_ID INT NOT NULL
	WORKOUT_DATE DATE UNIQUE NOT NULL
	EXERCISE_TYPE VARCHAR(100) NOT NULL
	DURATION TIME NOT NULL

식단 기록	
PK	<u>DIET_ID INT NOT NULL AUTO INCREMENT</u>
FK	USER_ID INT NOT NULL
FK	DIET_DATE DATE NOT NULL
	MEAL_TYPE VARCHAR(100) NOT NULL
	CALORIES INT NOT NULL

