

SKILL ENHANCEMENT & PSYCHOMETRIC ASSESSMENT

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Test Administrator:

Name: **Prabhakar D Hiware**

Date: **17-08-2025**

MENTAL HEALTH EVALUATION

Round 1

This assessment provides insights into your mental well-being and psychological traits to help guide your personal growth journey.

The following pages contain your personalized results from the first round of evaluation.



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This assessment is created to guide you toward greater self-awareness and development. It is intended for personal insights only.



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Mental Health Evaluation - Round 1

Name: Prabhakar D Hiware

ID: TPA-2120-5633

Age: 58

17-08-2025

Sex: Male

Report generated on:

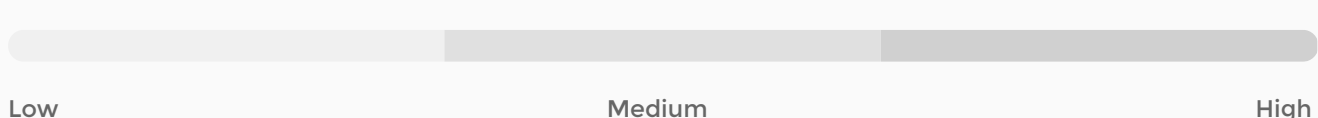
About the Test:

The assessment combines five tools to offer insights into personality, stress, resilience, and decision-making. BFI-10 covers core traits, PSS gauges stress levels, DSS reveals decision styles, CD-RISC measures resilience, and TOSJS evaluates ethical judgment in tax scenarios.

Based on how you answered the questions, your results are as follows:

PERSONALITY TRAITS

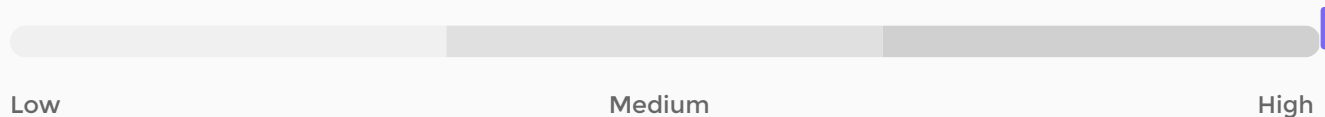
Extraversion



You tend to be expressive & proactive

You are likely energetic, outgoing, persuasive, and socially confident. You thrive in environments that require communication, collaboration, and engagement with others. Your proactive and enthusiastic nature often draws people toward you, making you naturally charismatic and approachable.

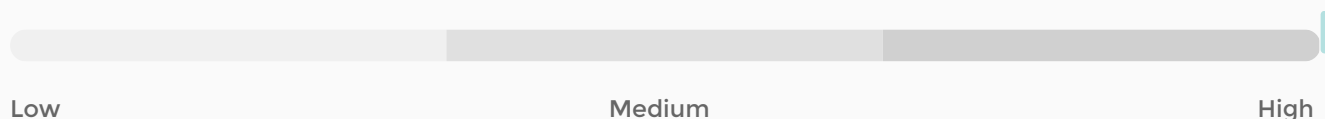
Agreeableness



You tend to be highly cooperative & empathetic

You demonstrate compassion, emotional warmth, and a team-oriented mindset. You are likely empathetic, trusting, supportive, and nurturing toward others. You value harmony and collaboration and often prioritize the emotional well-being of people around you.

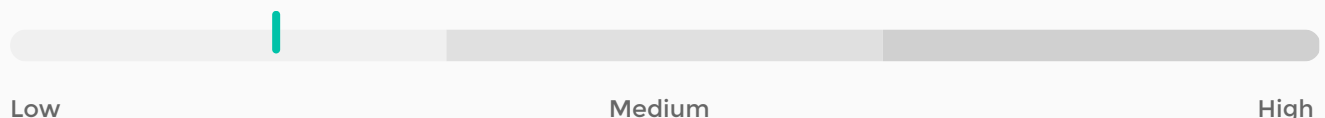
Conscientiousness



You tend to be exceptionally reliable & goal oriented

You are exceptionally reliable, goal-driven, and disciplined. You maintain high standards of organization, structure, and precision in your work. Your focus on achievement and persistence in pursuing objectives make you a dependable and dedicated individual.

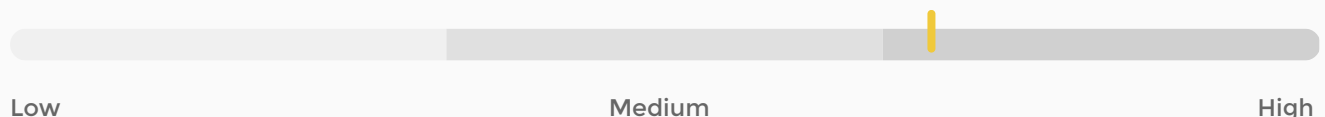
Neuroticism



You tend to be sensitive & deeply reflective

You are emotionally sensitive, deeply introspective, and highly reflective. You engage closely with your inner emotional world and are attuned to both internal and external changes. Your emotional openness allows you to experience and process deeper levels of self-awareness and connection.

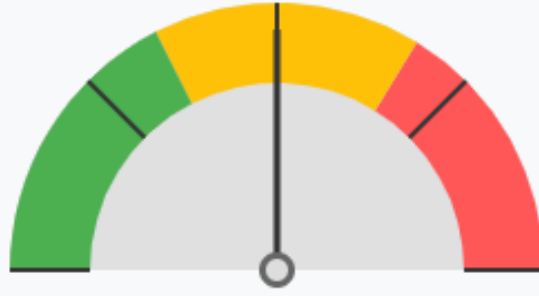
Openness



You tend to be balanced & thoughtfully receptive

You maintain a balanced openness to new experiences, engaging thoughtfully with novel ideas while maintaining practical realism. You are reflective, solution-focused, and intellectually engaged, appreciating both innovation and grounded application.

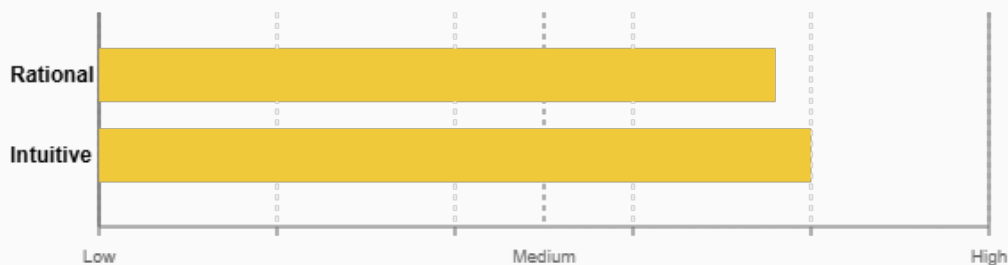
Perceived Stress Scale (PSS)



You appear to manage stress effectively

You manage stress effectively, maintaining emotional steadiness, self-control, and clarity during demanding circumstances. Your composed mindset allows you to stay grounded under pressure, approach challenges with confidence, and bounce back with resilience.

Decision Making Style Assessment



Dominant Rational Style

You approach decision-making through strategic evaluation, methodical analysis, and policy-oriented thinking. You prefer well-defined structures, plans, and policies to guide your choices.

Rational

You favor a logical, analytical, and structured approach to decision-making. You systematically evaluate facts, consider evidence, and make deliberate, calculated choices that prioritize accuracy and strategic planning.

Intuitive

You tend to be cautious, structured, and data-sensitive in your decision-making. You prefer verifying details and weighing information before arriving at a conclusion, ensuring that risks are carefully considered.

Resilience Assessment



You may be Resilient & Resourceful

You are emotionally strong, confident, and resourceful in adversity. You recover quickly from setbacks, approach challenges with clarity and optimism, and embody a grounded and proactive attitude toward change and uncertainty.

Workplace Situational Judgement Scale (WSJS)

Moderate Scores

You may be Responsible & Strategically Emerging

You demonstrate responsibility, fairness, and practical adaptability. You are balanced in your approach, blending ethical judgment with strategic growth, and are committed to learning and evolving your decision-making over time.

MENTAL HEALTH EVALUATION

Round 2

This follow-up assessment tracks your progress and changes in mental well-being since your first evaluation.

The following pages contain your personalized results from the second round of evaluation.



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Note: This assessment is intended for self-awareness and developmental insights. For clinical concerns or diagnostic clarity, we recommend consulting a qualified mental health professional.



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Mental Health Evaluation - Round 2

Name: Prabhakar D Hiware

ID: TPA-2120-5633

Age: 58

17-08-2025

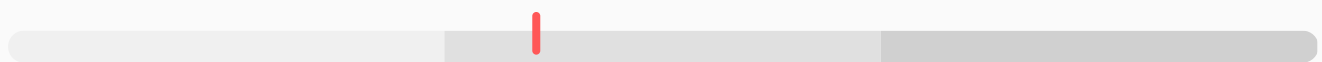
Sex: Male

Report generated on:

Based on your second assessment, your results are as follows:

PERSONALITY TRAITS - Second Assessment

Extraversion



Low

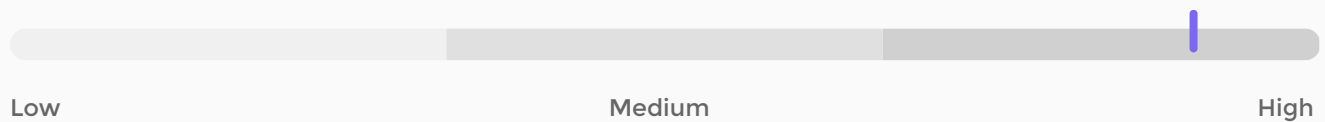
Medium

High

You tend to be reserved & reflectively independent

You tend to be reflective, independent, and introspective. You prefer meaningful conversations over small talk and often seek depth in your interactions. Your calm and self-contained demeanor allows you to remain centered even in socially demanding environments.

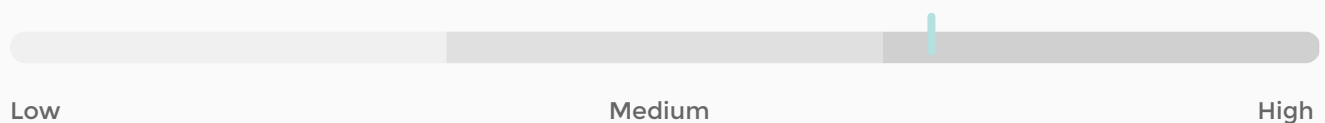
Agreeableness



You tend to be highly cooperative & empathetic

You demonstrate compassion, emotional warmth, and a team-oriented mindset. You are likely empathetic, trusting, supportive, and nurturing toward others. You value harmony and collaboration and often prioritize the emotional well-being of people around you.

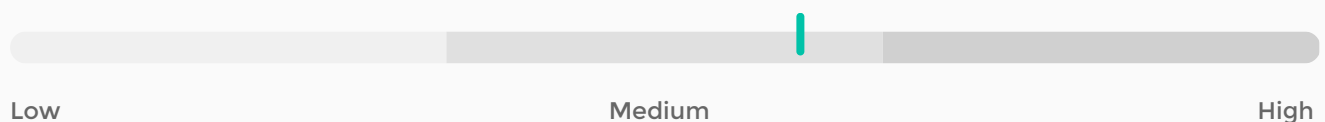
Conscientiousness



You tend to be efficient & practically balanced

You are steady, efficient, and practically structured. You demonstrate responsibility and focus while remaining adaptable to changing circumstances. You value balance between planning and flexibility, ensuring tasks are handled thoughtfully without rigidity.

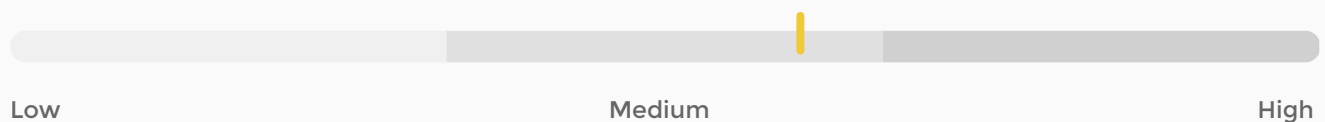
Neuroticism



You tend to be emotionally aware & responsive

You show emotional awareness, thoughtful expression, and adaptability under moderate stress. You remain self-aware of your emotions and manage them constructively, maintaining a reasonable balance between expression and regulation during challenging times.

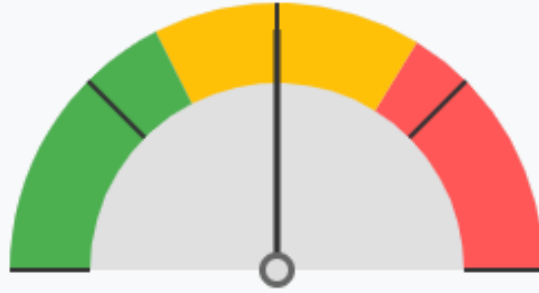
Openness



You tend to be balanced & thoughtfully receptive

You maintain a balanced openness to new experiences, engaging thoughtfully with novel ideas while maintaining practical realism. You are reflective, solution-focused, and intellectually engaged, appreciating both innovation and grounded application.

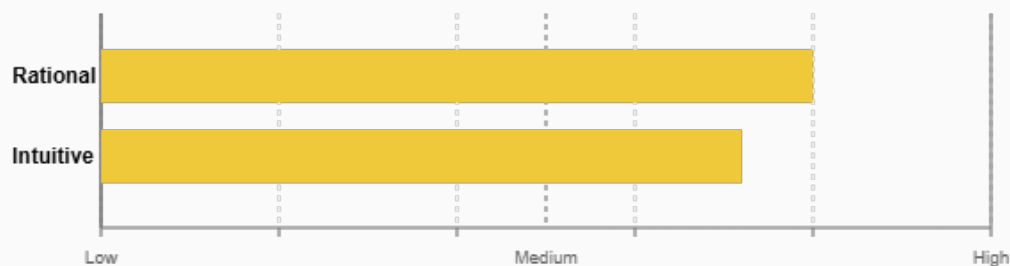
Perceived Stress Scale (PSS) - Second Assessment



You seem to adapt well, with occasional emotional load

You adapt well to stress with occasional emotional fluctuations. You are generally steady and self-aware but may experience moments of strain requiring rest or realignment. Your awareness of when to step back and recharge supports ongoing emotional balance and growth.

Decision Making Style Assessment - Second Assessment



Rational Style

Rational

You favor a logical, analytical, and structured approach to decision-making. You systematically evaluate facts, consider evidence, and make deliberate, calculated choices that prioritize accuracy and strategic planning.

Intuitive

You trust your instincts, emotional attunement, and perceptive abilities to make quick, confident decisions. Your capacity to connect deeply with situations enables you to respond rapidly with insight and decisiveness.

Resilience Assessment - Second Assessment



You may be Resilient & Resourceful

You are emotionally strong, confident, and resourceful in adversity. You recover quickly from setbacks, approach challenges with clarity and optimism, and embody a grounded and proactive attitude toward change and uncertainty.

Workplace Situational Judgement Scale (WSJS) - Second Assessment

Higher Scores

You may be Insightful & System-Oriented

You approach complex scenarios with emotional intelligence, strategic insight, and system-oriented thinking. You prioritize long-term goals, balance flexibility with structure, and respond to challenges with clarity and thoughtful decision-making.



Final Reflections

- 1. Self-awareness sparks growth:**
Noticing patterns is the first step toward change.
- 2. There's no perfect score:**
This is about progress, not perfection.
- 3. Small steps shape big shifts:**
Tiny actions lead to long-term impact.
- 4. Support builds strength:**
You don't have to do it all alone.
- 5. Flexibility is power:**
Adapting doesn't mean losing direction.
- 6. You already have what you need:**
Resilience, insight, and potential are all within you.



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