

*Kankakee Community College*

# Continuing Education



*Spring 2022*

[www.kcc.edu/comejoinus](http://www.kcc.edu/comejoinus)



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*Come join us!*

*Kankakee Community College*  
**CONTINUING EDUCATION  
& CAREER SERVICES**

**Your source for  
continuing education  
and career services  
information**

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***We're here.  
Come join us.***

Visit us on the web  
**[www.kcctrainingsolutions.org](http://www.kcctrainingsolutions.org)**

- Register for classes
  - Learn about conference facilities
  - See the latest news and courses being offered
- 

View the most current  
class schedule at  
**[www.kcc.edu/comejoinus](http://www.kcc.edu/comejoinus)**

## ***Staff***

**Mary Posing**, dean  
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815-802-8204  
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815-802-8206

**Alex Smith**, coordinator  
Highway Construction Careers Training  
815-802-8205  
[agsmith@kcc.edu](mailto:agsmith@kcc.edu)

**Questions? Call us at 815-802-8206.**

Fax: 815-802-8201

TTY users in Illinois: Phone Illinois Relay at 711. Outside Illinois, the toll-free number is 800-526-0844.

***We'll  
help you  
get there!***

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### A note about COVID-19

We are proud to continue meeting the training and personal development needs of the community during the COVID-19 pandemic. Spring 2022 Continuing Education, Career Services and Adult Education courses include in-person and live webinar options. Continuing Education also offers self-paced online options through Ed2Go. When you attend an in-person class, you will be asked to follow KCC's current procedures to stop the spread of coronavirus.

- As of this mailing, masks are not required, regardless of vaccination status.
- All visitors to KCC are required to complete a self-assessment at **[certify.kcc.edu](https://certify.kcc.edu)**.

If something changes and we cannot offer an in-person class as scheduled, it will either be canceled or moved to a live webinar format. We have found great success with live webinars and remote learning, but realize they aren't for everyone. If you pay for a class and it changes, we will offer a refund.

### Professional development credit

KCC is an approved sponsor of continuing education for nurses; respiratory care practitioners; nursing home administrators; social workers; public accountants; licensed professional counselor/clinical counselor; athletic trainers; physical therapists; occupational therapists; dietitians; and cosmetologists by the Department of Financial and Professional Regulation.

### Certification credit for teachers

KCC has been approved by the Illinois State Board of Education (ISBE) to provide professional development training for teachers in Illinois. Professional development (PD) hours are listed with other course information.

Teachers wishing to receive PD hours must indicate so at the time of registration.

This publication does not constitute a contract between KCC and its students, either collectively or individually. Course changes, modifications of fees, and other changes may occur after this publication has been printed and before these changes can be incorporated in a later edition. For this reason, the college does not assume a contractual obligation with its students for the contents of this publication.

Every effort is made to ensure that instructors are knowledgeable in the subject that they are instructing. The views, opinions and beliefs of the instructors do not necessarily reflect the opinions of KCC.

### EQUAL OPPORTUNITY/AFFIRMATIVE ACTION

KCC is an equal opportunity/affirmative action employer and complies with applicable federal and state laws prohibiting discrimination, including Title IX of the Educational Amendments of 1972, Section 540 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990. It is the policy of the college that no person on the basis of race, gender identity/expression, sexual orientation, sex, genetic information, creed, religion, color, marital or parental status, veteran status, age, national origin, membership in any professional group, organization or association, socioeconomic status, mental or physical disability shall be discriminated against. This includes, but is not limited to admissions, employment, financial assistance, placement, recruitment, educational programs, or activities. Lack of English skills is not a barrier to admission and participation in educational programs. Inquiries or complaints may be addressed to David Cagle, director of human resources/Affirmative Action officer; Meredith Purcell, vice president for student affairs/Title IX coordinator; or Kim Harpin, director of support services/Section 504 coordinator; Kankakee Community College, 100 College Drive, Kankakee, IL 60901-6505; 815-802-8100. TTY users may phone 711. Outside of Illinois, dial 1-800-526-0844.

Cagle and Purcell ensure that the college is in compliance with the federal law by handling complaints, answering questions, organizing information and relevant statistics and staying informed regarding laws which affect these areas.

Harpin coordinates the college's services/programs for disabled student/staff populations that allow access to education.



# 5 WAYS TO REGISTER...

## Online

at [kcc.edu/comejoinus](http://kcc.edu/comejoinus)

- Sign up or login
- Select a course
- Click on the session you want under "Available Sessions"
- Add it to your cart
- Within the cart, checkout

## In-person

Complete the registration form and bring it to the Welcome Center at KCC. Payment may be made at that time.

**In-person registration is open  
8 a.m. - 5 p.m. Monday through Friday.**

## Phone

**Call 815-802-8206.** Have your credit card number (Visa®, MasterCard® and Discover® accepted) or a purchase order ready. The TTY number in Illinois is 711. Phone registration hours are 8 a.m. - 5 p.m. Monday through Friday.

## Mail

Complete the registration form and return it along with full payment to Continuing Education & Career Services, Kankakee Community College, **100 College Drive, Kankakee, IL 60901.** Do not mail cash.

## Fax

Complete the registration form and fax it to **815-802-8201, ATTN: Continuing Education & Career Services.**

If you register by fax, you must pay by credit card (Visa®, MasterCard® and Discover® accepted) or purchase order.

## Ed2Go Classes

*New course sessions begin monthly.*

To register:

**[www.ed2go.com/  
kankakeecc](http://www.ed2go.com/kankakeecc)**



- Find the course
- In the Enrollment Options area, click "Add to Cart" for the enrollment option you want
- To register, go to your shopping cart and click to Begin Checkout
- Log in or create an account
- Complete enrollment in the "confirm/submit" pages
- Payment made with KCC

## General information

If you have questions about our courses, please phone Erica Billington at 815-802-8206 or [continuinged@kcc.edu](mailto:continuinged@kcc.edu). Unless noted otherwise, participants must be at least 16 years of age.

## Pre-registration

Pre-registration is required. Registrations are processed on a first-come, first-served basis. Due to minimum enrollment requirements, you are encouraged to sign up at least seven business days before the first session. In all classes except online classes, once the minimum enrollment requirement is met, registrations will be accepted until the start date if space is available.

## Registering a friend or co-worker

You may register yourself and others. A separate form (or online registration) must be submitted for each person. Information required for each person – such as address, and birth date – must be included.

## Registration confirmation

KCC will send a confirmation of registration if it is requested. The confirmation will include a receipt, your beginning and end course dates, classroom location and any additional information.

## Waiting lists

If the class you want to take is full, ask to be placed on a waiting list. If another class is opened, you will be contacted.

## Instructor absences

Instructors rarely miss classes, but if a session is unexpectedly canceled, every effort will be made to contact you. However, since this often happens on short notice, a sign will be posted at the class location.

## Weather cancellations

When KCC campus closes due to inclement weather, Continuing Education and Career Services classes are postponed. Classes canceled due to weather will be rescheduled. [kcc.edu](http://kcc.edu) and social media channels will post a message if the college is closed.

## Cancellation policy

If a class must be canceled or changed by KCC, those who have enrolled will have the option of a full refund. The college will make every attempt to notify participants in advance of cancellations and changes. Refunds from credit card payments will be made in the form of a credit to the cardholder's account.

## Withdrawal policy

Participants may withdraw and receive full refunds until two working days before the first session of class. After that point, no refunds will be given. Withdrawals are accepted by phone at 815-802-8206, 8 a.m. - 5 p.m. Monday through Friday.

# Registration Form

KCC OFFICE OF CONTINUING EDUCATION & CAREER SERVICES

100 College Drive • Kankakee, IL 60901-6505 • 815-802-8206 • FAX: 815-802-8201

Unless noted in the course description, registration deadline is seven business days before the course begins. See Page 4 for registration options.

Today's date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Registration for which term: Fall 20\_\_\_\_ Spring 20\_\_\_\_ Summer 20\_\_\_\_

**PLEASE PRINT.**

Name: \_\_\_\_\_  
LAST FIRST MIDDLE (FULL)

Previous last name(s): \_\_\_\_\_

Street address: ☐ Home ☐ Business \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP code: \_\_\_\_\_ County: \_\_\_\_\_

☐ Please mail a confirmation receipt. Unless this box is checked, a receipt will not be mailed.

Birth date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Primary phone: ☐ Home ☐ Cell (\_\_\_\_) \_\_\_\_\_  
NUMBER

Alternate phone: ☐ Home ☐ Cell ☐ Work (\_\_\_\_) \_\_\_\_\_  
NUMBER

Business/Company name: \_\_\_\_\_

E-mail address: \_\_\_\_\_

Course Title	Start Date	Fee
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
		TOTAL FEES: \$ _____

Student's signature: \_\_\_\_\_ Date: \_\_\_\_\_

☐ Check enclosed, payable to Kankakee Community College.

☐ Please bill my company. A purchase order or voucher is attached.

☐ Please charge my credit card for the fees indicated above: ☐ MasterCard® ☐ Visa® ☐ Discover Card®

Card no.: \_\_\_\_\_ Exp. date: \_\_\_\_\_

In case of emergency, contact: \_\_\_\_\_ Phone: \_\_\_\_\_

# Computer Skills

Register online at [www.kcc.edu/comejoinus](http://www.kcc.edu/comejoinus)

IN-PERSON



## IN-PERSON COURSES

### Intermediate Microsoft Excel

Learn how to manipulate large work-sheets; use multiple worksheets and work-books; customize Excel; apply advanced formatting; use Excel as a list manager; perform advanced charting options; use auditing and comments features; and create and manage templates. Microsoft Office Specialist examination objectives will also be covered. **Instructor: Christina Smith.**

Class note: Prerequisite is Introduction to Microsoft Excel or equivalent experience.

**Friday, April 15**  
**1-4 p.m. • KCC Room D122**  
**\$75**

### Advanced Microsoft Excel

Topics include working with multiple work-sheets and workbooks; using LOOKUP functions and formula auditing; sharing and protecting workbooks; data validation; creating sparklines; and mapping and forecasting data. Microsoft Office Specialist Expert-level exam competencies will also be covered. **Instructor: Christina Smith.**

**Friday, April 29**  
**1-4 p.m. • KCC Room D122**  
**\$75**

### Microsoft Excel PivotTables & PivotCharts

This course is designed for people who would like to become experts in creating and using Excel PivotTables and Pivot-Charts. Learn how to build a pivot table, analyze data, customize your pivottables and formulas, and turn your tables in charts. **Instructor: Christina Smith.**

**Friday, May 13**  
**1-4 p.m. • KCC Room D122**  
**\$75**

### Intermediate Microsoft Word

In this course, you will learn to work with styles, sections, and columns; format tables; print labels and envelopes; create templates and use building blocks; work with graphics and objects; and manage document revisions. Microsoft Office Specialist examination objectives will be covered. **Instructor: Christina Smith.**

Class note: Prerequisite is Introduction to Microsoft Word or equivalent experience.

**Friday, April 1**  
**1-4 p.m. • KCC Room D122**  
**\$75**

”

I attended KCC when it first opened and went on to finish my degree and graduated from law school. The staff was then, and is now, especially Erica, co-operative, trained, competent and knowledgeable. I recommend KCC to everyone. We are fortunate to have such a high quality college in this area.

– Louise B. Bigott

## LIVE WEBINARS

### Microsoft Excel: Tips & Tricks - Live Webinar

Both beginners and advanced users of Excel will benefit from this webinar. Learn tips and tricks to master timesaving techniques such as formatting with Excel styles, quickly adding subtotals, reducing data input and typos, using keyboard shortcuts, customizing the Quick Access toolbar to access frequently used commands, and more. **Instructor: Judy Beaver.**

This is a live webinar. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require internet access and an email address.

**Thursday, April 21**  
**10-11 a.m.**  
**\$25**

### Excel PivotTables - Live Webinar

Expand your knowledge of PivotTables and PivotCharts. Begin with reviewing the basics of creating PivotTables and PivotCharts. From there, you'll learn to customize and format them, to create calculated fields, to filter the table and chart in different ways, and more.

**Instructor: Judy Beaver.**

This is a live webinar. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require internet access and an email address.

**Thursday, May 5**  
**11 a.m. - noon**  
**\$29**

## Introduction to Quickbooks Online - Online Course

Manage the financial aspects of your small business quickly and efficiently using QuickBooks Online. This course will give you hands-on experience recording income and expenses; entering checks and credit card payments; tracking your payables, inventory, and receivables; and much more. \*This course is only suitable for the Quickbooks Online version, desktop versions are not compatible. When your course starts, you will be directed to access and utilize the free QuickBooks Online practice site to complete the lesson and assignment steps. You do not need to purchase a subscription or additional software to complete this course. Six week course access.

New course sessions begin monthly. Enroll at [www.ed2go.com/kankakeecc](http://www.ed2go.com/kankakeecc). Full details on registering for Ed2Go online classes is on Page 4.

**\$115**

## Basic CompTIA A+ Certification Prep - Online Course

Learn to work on common computer hardware and showcase your skills with a Basic CompTIA A+ Certification. This course teaches the inner workings of the computer as well as how to configure and troubleshoot in real-world environments with hands-on practice. Six week course access.

New course sessions begin monthly. Enroll at [www.ed2go.com/kankakeecc](http://www.ed2go.com/kankakeecc). Full details on registering for Ed2Go online classes is on Page 4.

**\$119**

## Intermediate Excel / Office 365 - Online Course

Master new skills and harness the power of Excel to become a power user. This hands-on course provides in-depth knowledge of charts, graphs, PivotTables, Slicers, Sparklines, AutoFilter, macros, and other advanced Microsoft Excel 2019/Office 365 functions. Six week course access.

New course sessions begin monthly. Enroll at [www.ed2go.com/kankakeecc](http://www.ed2go.com/kankakeecc). Full details on registering for Ed2Go online classes is on Page 4.

**\$129**

## Introduction to SQL - Online Course

Gain a solid working knowledge of the most powerful and widely used database programming language. This course will provide you the skills to write SQL queries to create tables, retrieve data from single or multiple tables, manipulate data in a database, and gather statistics from data stored in a database. Six week course access.

New course sessions begin monthly. Enroll at [www.ed2go.com/kankakeecc](http://www.ed2go.com/kankakeecc). Full details on registering for Ed2Go online classes is on Page 4.

**\$94**



# Upskill your employees

**Online & in-person training offered • Stay ahead of the competition.  
Improve Return on Investment**

### Types of training:

- Leadership and supervision
- Technical/industrial/hands-on

Empower your team! Use KCC's customized training and consultation services.

**Get started by emailing [mposing@kcc.edu](mailto:mposing@kcc.edu)**



## IN-PERSON COURSES

### CPR Health Care Provider

This course provides the information, training, demonstration and practice necessary to pass the CPR Health Care Provider written examination and perform adult, child and infant cardiopulmonary resuscitation acceptable to the American Heart Association (AHA). **Instructor: Sheree Wertz.**

Class notes: After successful completion, participants will receive an AHA certification card. No refunds are given after the registration deadline.

**Saturday, April 9**  
**8:30 a.m. - 12:30 p.m.**  
**KCC Room D151 • \$105**

**Tuesday, May 17**  
**8:30 a.m. - 12:30 p.m.**  
**KCC Room D151 • \$105**

**Tuesday, June 14**  
**5-9 p.m.**  
**KCC Room D151 • \$105**

**Tuesday, July 12**  
**8:30 a.m. - 12:30 p.m.**  
**KCC Room D151 • \$105**

# Professional Development

Register online at [www.kcc.edu/comejoinus](http://www.kcc.edu/comejoinus)

IN-PERSON



## Entrepreneurship Essentials -

### In-Person/Live Webinar

Let our Entrepreneurship Essential series help you achieve your dreams. Being an entrepreneur can be full of risks. The risks are minimized through drafting a business plan, knowing your competition, determining your financial plan, and developing a marketing strategy.

Class notes: Choose one class or all four. When you register for all four classes, save \$20 with discount code SBDC20.

When you enroll, you will be joining KCC's credit course "Introduction to Entrepreneurship." If you are interested in college credit, email [mposing@kcc.edu](mailto:mposing@kcc.edu). For all sessions, you can choose to attend in-person or as a live webinar. Live webinar participants require internet access and an email address.

### The Challenge of Entrepreneurship

Explore the steps and framework to become a successful entrepreneur. Review what other business owners have learned along the way while being ethically and socially responsible.

**Tuesday & Thursday, June 7 & 9**  
**5:30-8:30 p.m.**  
**KCC Room D124 or online**  
**\$70**

Register for all  
four courses  
and save \$20!  
Code: SBDC20

### The Entrepreneurial Journey Begins

You have your idea, now it's time to plan on how it will make you money. Explore strategic ways to clarify how different aspects of your business will relate to one another. Develop a feasibility study to forecast the success of your business, a building a solid strategic and business plan. Determine if you should buy an existing business, open a franchise, or start from scratch.

**Tuesdays & Thursdays,**  
**June 14, 16, 21 & 23**  
**5:30-8:30 p.m.**  
**KCC Room D124 or online**  
**\$140**

### Launching the Business

Choosing the right structure for your business is a crucial step. This impacts you legally, financially, and operationally. Learn what factors to consider and how to build a powerful marketing plan.

**Tuesdays & Thursdays,**  
**June 28, 30, July 5, 7, 12 & 14**  
**5:30-8:30 p.m.**  
**KCC Room D124 or online**  
**\$210**

### Putting the Business Plan to Work: Sources of Funds

Determine your sources of financing while building your team and planning for the next generation.

**Tuesdays & Thursdays,**  
**July 19 & 20 5:30-8:30 p.m.**  
**KCC Room D124 or online**  
**\$70**





## SEI Solar Training and Maintenance

This is a two-day Photovoltaic Operations and Maintenance (Grid-Direct) training. The training will be led by Solar Energy International, and consists of classroom lectures and hands-on demonstrations. The training will utilize the onsite PV system(s) at KCC, and testing equipment for demonstration. **Instructor: Clay Sterling.**

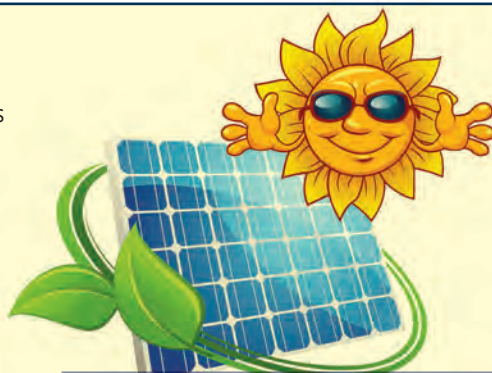
**Thursday & Friday, April 14-15  
8 a.m. - 4 p.m. • KCC Room T205  
\$22**

## Introduction to Solar for Consumers – Live Webinar

This course is designed to inform consumers about solar electric, photovoltaic (PV) technology and its applications. Participants will learn about what PV is, how it works and how to incorporate solar into their existing home or business. Topics to be covered: How solar works; System types and their applications; Site assessment basics; Simple home system sizing; Energy efficiency strategies; Financials; and Next steps. **Instructor: Clay Sterling.**

This is a live webinar. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require internet access, a web camera, and an email address.

**Wednesday, April 27  
6-8 p.m.  
\$29**



MEET YOUR INSTRUCTOR

### Clay Sterling

worked for the Midwest Renewable Energy Association in Wisconsin for 16 years, including 14 as an instructor. He moved to Illinois to teach at Kankakee Community College. In Wisconsin, he lived in an off-grid home for 12 years. That home used solar electric, solar thermal and wind electric to meet the electrical and some of the heating needs. Sterling also is an Institute for Sustainable Power Quality Certified Instructor in photovoltaic. In 2019, he was inducted into the MREA Avenue of Advocates, which recognizes people or organizations who have shown great leadership in advancing renewable energy and sustainable living.



## Food Sanitation and Safety

This course emphasizes food protection through sanitation training. You will learn proper food care for food service establishments. Successful completion of the course examination qualifies individuals for Illinois Department of Public Health certification. You must fulfill course and testing requirements to be eligible for certification. Cost includes course materials. Exam retakes are an additional fee, payment required prior to retake. Materials can be picked up prior to class after registration. **Instructor: Joshua Head.**

**Saturday, April 23  
8 a.m. - 5:30 p.m.  
KCC Room D124 • \$149**

**Wednesdays, May 11 & 18  
5-9 p.m.  
KCC Room D123 • \$149**

**Wednesdays, June 8 & 15  
5-9 p.m.  
KCC Room D123 • \$149**

**Wednesdays, July 13 & 20  
5-9 p.m.  
KCC Room D123 • \$149**



I am a former alum and have always had great things to say about KCC. I highly recommend KCC to anyone who asks.

**- Destiny Stone**

# Highway Construction Careers Training Program

## 12-Week Free Program!

### Train for In-Demand Careers

This intensive 12-week program trains you in the skills necessary for acceptance into many different construction trades.

\$10/hr. stipend, work boots, tools and protective equipment all provided. Participation does not affect unemployment benefits.

Our goal is for you to have the opportunity for a career with high wage potential!



### Career opportunities:

- Cement Mason
- Electrician
- Pipefitter
- Carpenter
- Laborer
- Equipment Operator



### Requirements:

- Valid driver's license
- 18 years or older
- High School diploma/GED
- Drug Test (we test for THC)
- Interest working in the Construction Trades

## Next Class Starts Aug. 8

### Interested?

Orientation sessions: July 26, 27, 28 & Aug. 2.

Register for orientation at [www.kcc.edu/hcctp](http://www.kcc.edu/hcctp) > Sign Up or Login > Search for HCCTP > Open the course > Click on an orientation date > Add it to your cart > Within the cart, checkout

You can also register by phone at **815-802-8205**

Orientation & class held at:

**Kankakee Community College Riverfront Campus**  
**100 College Drive, Kankakee**

The Highway Construction Careers Training Program works to increase the number of minorities, women, and disadvantaged individuals working on Illinois Department of Transportation highway construction projects. The Illinois Department of Transportation and the participating community colleges do not guarantee employment upon a trainees' graduation from the Highway Construction Careers Training Program.



*Kankakee Community College*  
**CONTINUING EDUCATION  
& CAREER SERVICES**





## IN-PERSON COURSES

### Conflict Resolution

In this interactive workshop, participants will learn the true meaning of effective communication and how to leverage the five conflict management styles to achieve success in any conflict situation. You will complete a short conflict management assessment during the workshop to provide you with additional insights into your own personal attitudes and behaviors relative to conflict. **Instructor: Rick Lochner.**

**Wednesday, April 20**  
**9 a.m. - noon • KCC Room D124**  
**\$149**

### Multigenerational Workforce

In this interactive workshop, participants will understand the unique influences on each generation and how that influences the way each generation communicates. Most importantly, you will take away constructive ideas on how to make the multigenerational workforce align with the organization's vision and strategy.

**Instructor: Rick Lochner.**

**Wednesday, May 11**  
**9 a.m. - noon • KCC Room D124**  
**\$149**



## MEET YOUR INSTRUCTOR

### Rick Lochner

is an accomplished coach, facilitator, college professor, keynote and workshop speaker, author and—foremost—a leader. His vision is to help business owners, corporate and non-profit teams and individual professionals make leadership a way of life. Lochner grew up in a military family. During the 20 years his father was in the Army, the family moved 26 times. Lochner learned to adapt quickly to changing environments, and from an early age became a very goal-driven individual. Lochner has over 30 years of leadership experience in the military, fortune 100 companies, and through his own entrepreneurial and non-profit ventures. Lochner is the author of "The Missing Piece - Achieving Sustainable Success through Business Alignment."



## Live Virtual Summer Camps!

**Classes start June - August**

**Ages 8-14 • 4-5 day classes**  
**Prices \$169**

Full descriptions and registration  
[blackrocket.com/online/kan](http://blackrocket.com/online/kan) >  
 Season > Summer

Registration closes at 6 p.m. three days before the start date.  
 Within 24 hours of the camp, you will receive an email with a link to the session.

## Look for these classes:

3D Game Design with Unity  
 Battle Royale: Make Your First Fortnite® Style Video Game  
 Code Breakers  
 Code Your Own Adventure! Interactive Storytelling  
 Inventor's League - Prototyping for the Future!  
 JavaScript Developer Jam  
 Minecraft® Modders  
 Minecraft® Redstone Engineers  
 Python Programmers  
 ROBLOX® Coders & Entrepreneurs!  
 ROBLOX® Makers  
 Video Game Animation  
 YouTube® Content Creators



# Get your CEUs here

## Continuing Education renewals offered here

**KCC's Continuing Education Office has many years of experience as a continuing education provider for these professions:**

### **Nursing Home Administrators**

CE Required: 36 hours every 2 years  
License Renewal: 11/30, odd years –  
Nov 30, 2023

### **Athletic Trainers**

CE Required: 40 hours every 2 years  
License Renewal: 5/31, even years –  
May 31, 2022

### **Occupational Therapists**

CE Required: 24 hours every 2 years  
License Renewal: 12/31, odd years –  
Dec. 31, 2023

### **Counselors – Professional/Clinical**

CE Required: 30 hours every 2 years  
License Renewal: 3/31, odd years –  
March 31, 2023

### **Physical Therapists**

CE Required: 40 hours every 2 years  
License Renewal: 9/30, even years –  
Sept. 30, 2022

### **Dietitians/Nutritionists**

CE Required: 30 hours every 2 years  
License Renewal: 10/31, odd years –  
Oct. 31, 2023

### **Respiratory Therapists**

CE Required: 24 hours every 2 years  
License Renewal: 10/31, odd years –  
Oct. 31, 2023

### **Licensed Practical Nurses**

CE Required: 20 hours every 2 years  
License Renewal: 1/31, odd years –  
Jan. 31, 2023

### **Registered Nurses**

CE Required: 20 hours every 2 years  
License Renewal – 5/31, even years –  
May 31, 2022

### **Social Workers**

CE Required: 30 hours every 2 years  
License Renewal: 11/30, odd years –  
Nov. 30, 2023

**Affordable CE options available in-person,  
live webinars, and online courses.**

Email your workshop topic and presenter suggestions to  
**[continuinged@kcc.edu](mailto:continuinged@kcc.edu)**



## Kankakee Community College Lifelong Learning Institute

### **Curiosity never retires!**

*For active people ages 50 and better.*

Check out our  
new video at:  
**[bit.ly/kcc-lli](http://bit.ly/kcc-lli)**

### **Spring classes start in April**

**Spring Info.  
Session  
Friday, April 1  
10 a.m. - noon  
KCC Iroquois Room**

**See classes at [www.kcc.edu/LLI](http://www.kcc.edu/LLI) or phone: 815-802-8206**



## In Person / Live Webinar Classes

Choose to attend in-person or as a live webinar

If you choose Live Webinar, you will receive an email within 24 hours with a link to the session. All participants require internet access and an email address.

### Good Grief: Helping Clients Cope with Loss - In-Person / Live Webinar

Clients suffer a range of losses, including death of a loved one, miscarriages, separation, divorce, loss of jobs, multiple placements, etc. Learn tips and techniques you can implement in your counseling session to create a support system for your client. In this half-day workshop with Mark Sanders, you will learn the difference between grief and mourning, how to address unacknowledged and unspeakable losses, factors which complicate grief, and termination phases of counseling to help clients cope with their loss. By the end of this workshop, participants will be able to: Articulate the wide range of losses clients grieve; Utilize five models of grief recovery in your work with clients; Use 15 strategies to help clients cope with loss; Articulate how the 6th stage of grief facilitates recovery; and Utilize the termination phase of counseling to help clients cope with loss. **Instructor: Mark Sanders.**

Class notes: Upon successful completion, three (3) contact hours will be awarded to nurses, nursing home administrators, social workers and counselors. IAODAPCA contact hours have been approved.

**Friday, April 8  
9 a.m. - noon • KCC Iroquois Room  
or Live Webinar  
\$49**

### Making Peace with Anxiety – In person / Live Webinar

Join Sarah Falk, a licensed clinical social worker, to learn her approach to healing your anxiety. Sarah integrates brain science for understanding your anxiety and mindset shifts that change the way you approach anxiety. Her mind/body/spirit approach acknowledges that “anxiety” comes from different places in our lives. As such, healing will come by using a multi-dimensional approach. The information provided and techniques Sarah teaches are for personal and professional use, and can be translated for any audience.

**Instructor: Sarah Falk.**

Class notes: Upon successful completion, 1.5 contact hours will be awarded to nurses, nursing home administrators, social workers, and counselors. IAODAPCA contact hours have been applied for and are pending approval. Teachers will be awarded 1.5 professional development hours.

**Wednesday, May 18  
10-11:30 a.m.  
KCC Iroquois Room or live webinar  
\$29**

MEET YOUR INSTRUCTOR

#### Sarah Falk

is a licensed clinical social worker in Illinois. She has recently expanded her work to include consulting and coaching. With over 30 years of experience in the process of healing anxiety and 20 years of professional work, Sarah has consolidated her wisdom and knowledge to help as many people as possible to heal their relationships with anxiety.



### Lean & 5S Overview – Live Webinar

In this class you will learn how to the basics of lean and a new way to see your processes. You'll learn about types of wastes & common tools to overcome them, including how to implement 5S with a step-by-step handbook.

This is a live webinar. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require internet access and an email address.

**Tuesday, April 26 & Thursday,  
April 28  
5-7 p.m. • \$210**

**Thursday, May 26  
Noon - 4 p.m. • \$210**

### Fundamentals of Problem Solving – Live Webinar

In this class you will learn how to work backwards from symptoms to root causes and develop & validate effective solutions that can stop problems from recurring.

This is a live webinar. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require internet access and an email address.

**Tuesdays, May 17 & 24  
1-4 p.m.  
\$285**

MEET YOUR INSTRUCTOR

#### Mark Sanders, LCSW, CADC

is a speaker on behavioral health topics whose presentations have reached thousands throughout the U.S., Europe, Canada, the Caribbean and British Islands. He is the author of five books, and the most recent is “Recovery Management and Relationship Detox: Helping Clients Develop Healthy Relationships in Recovery.” He also has had two stories published in the New York Times bestselling book series, Chicken Soup for the Soul.



## Suicide Risk Assessment - Live Webinar

This webinar will assist people in making more sound decisions when working with people at risk for suicide. It will provide information on both risk and protective factors. We will discuss the intersection of suicide risk and mental health diagnoses. Information will be shared on evidence-based interventions for managing suicidal ideation and behavior. Attention will be paid to special populations including adolescents and those who identify as LGBTQ. **Instructor: Shira Greenfield.**

Class notes: Three (3) contact hours awarded upon successful completion to nurses, nursing home administrators, social workers, and counselors. Three (3) professional development hours awarded upon successful completion to teachers.

This is a live webinar. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require internet access and an email address.

**Thursday, May 5**  
**9 a.m. - noon**  
**\$40**

### MEET YOUR INSTRUCTOR

#### **Shira Greenfield**

is a licensed clinical professional counselor with over 30 years of counseling, program development, public speaking and community relations experience. Greenfield has developed clinical and educational programs from idea phase through evaluation. She is currently the clinical director of Pivotal Counseling Center in Woodstock.



Register online at [www.kcc.edu/comejoinus](http://www.kcc.edu/comejoinus)

**IN-PERSON**



## *Kankakee Community College* **CHARLTON CAREER CENTER**



## **Charlton Career Center**

**FREE consultation & services to  
assist you with your job search including:**

Job postings • Job fairs • Interviewing techniques  
Resume development assistance

**815-802-8222 • [careerservices@kcc.edu](mailto:careerservices@kcc.edu)**

**LOOKING  
FOR A  
JOB?**

**LET US  
HELP!**

**FREE  
SERVICE  
WORKSHOPS**

The Charlton Career Center at KCC connects students, graduates and community members to employment opportunities. The center offers workshops for career preparation, interview and job skills; and facilitates internship opportunities. Resume reviews and mock interviews are also offered. Employers can partner with the career center to advertise jobs using a variety of online tools. Dedicated spaces for interviews is available. All services are free and open to the community.



Registration is easy; appreciate being able to get continuing education hours for nursing through KCC. Instructors have been knowledgeable and interesting. I also appreciate being able to attend remotely. – **Kathy Dennis**

## A to Z Grant Writing - Online Course

Learn the ins and outs of grant writing from a veteran grant writer. This course provides you with the hands-on experience and knowledge to successfully begin writing grant proposals. It includes real-world scenarios, and the opportunity to improve your work by reviewing previous grant proposals completed by peers. Six week course access.

New course sessions begin monthly. Enroll at [www.ed2go.com/kankakeecc](http://www.ed2go.com/kankakeecc). Full details on registering for Ed2Go online classes is on Page 4.

**\$115**

## A to Z Grant Writing II: Beyond the Basics - Online Course

Take your grant writing expertise to the next level as you learn how to get funding. This course will equip you with the skills you need to research funding sources, create a fundraising plan, and write winning grant proposals. Six week course access.

New course sessions begin monthly. Enroll at [www.ed2go.com/kankakeecc](http://www.ed2go.com/kankakeecc). Full details on registering for Ed2Go online classes is on Page 4.

Register online at [www.kcc.edu/comejoinus](http://www.kcc.edu/comejoinus)



## Certificate in End of Life Care - Online Course

When you work in end of life care, you must be prepared for the challenges it brings you, your patients, and their families. This course will enhance the knowledge and skills of health care professionals and individuals who work with or care for those experiencing a terminal illness. Six week course access.

New course sessions begin monthly. Enroll at [www.ed2go.com/kankakeecc](http://www.ed2go.com/kankakeecc). Full details on registering for Ed2Go online classes is on Page 4.

Class note: 19 contact hours awarded to nurses and other healthcare professionals upon successful completion.

**\$175**

## Certificate in Pain Assessment and Management - Online Course

Pain assessment and management is a crucial part of patient care. This course provides relevant and practical expertise in various methods of pain assessment, management, and treatment in adults, children, and the elderly. Six week course access.

New course sessions begin monthly. Enroll at [www.ed2go.com/kankakeecc](http://www.ed2go.com/kankakeecc). Full details on registering for Ed2Go online classes is on Page 4.






Class notes: 12 contact hours awarded to nurses and other healthcare professionals upon successful completion.

**\$177**

**TRY OUT  
CAREER COACH**  
Career Coach is an interactive  
career information tool.



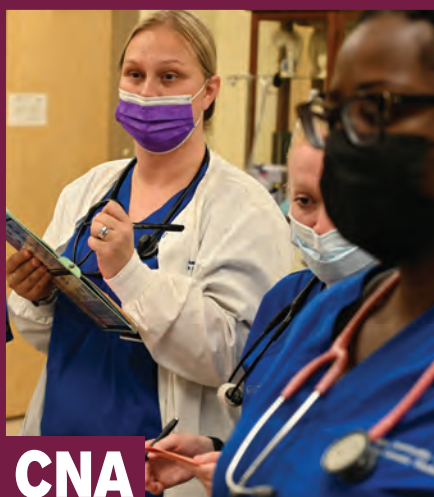
## You can...

-  Browse educational **OFFERINGS**
-  Explore the local **JOB MARKET**
-  Build a **RESUME**
-  Research and choose a **CAREER**
-  Apply for **JOBS**

**Get started at...**  
**[kcc.emsicc.com](http://kcc.emsicc.com)**

## Program partners:

Community Foundation of Kankakee River Valley  
Economic Alliance of Kankakee County  
Kankakee Area Career Center  
Kankakee Community College



## CNA Re-Certification

A process for those who are no longer on the Illinois Health Care Registry.

### There are 4 steps to re-certify:

1. Go to: [nurseaidetesting.com/recertification-online-form/](http://nurseaidetesting.com/recertification-online-form/). Fill out the form and submit it.
2. Call 877-262-9259 to provide your name and Social Security number which match information already submitted online.

*You will receive a confirmation letter and booklet*

3. Schedule a date and time to complete the manual skills test with an approved evaluator. The cost is \$199. To schedule with KCC, phone the Office of Continuing Education and Career Services at 815-802-8206.

*Upon successful completion of the manual skills test, you will receive an email that directs you online.*

4. Go online to verify your eligibility, create an account, and purchase a seat for the written exam. The cost of the written exam is \$75.

**Once you pass the written exam, the results will be posted the following month at [hcwrpub.dph.illinois.gov](http://hcwrpub.dph.illinois.gov)**

## Certificate in Stress Management - Online Course

Understand strategies and therapies used to reduce and manage stress. This course will help you explore the physiological, social and psychological impacts of stress and provide you with methods to get stress under control. Six week course access.

New course sessions begin monthly. Enroll at [www.ed2go.com/kankakeecc](http://www.ed2go.com/kankakeecc). Full details on registering for Ed2Go online classes is on Page 4.

Class note: 14 contact hours awarded to nurses, social workers, counselors, nursing home administrators and other healthcare professionals upon successful completion.

**\$140**

## Certificate in Brain Health - Online Course

Gain an understanding of the brain and explore how lifestyle choices impact this remarkable organ. This course offers techniques and insights based on recent scientific studies about fostering health, happiness and well-being to support a healthy brain. Six week course access.

New course sessions begin monthly. Enroll at [www.ed2go.com/kankakeecc](http://www.ed2go.com/kankakeecc). Full details on registering for Ed2Go online classes is on Page 4.

Class notes: 10 contact hours awarded to nurses and other healthcare professionals upon successful completion.

**\$100**

## Certificate in Meditation - Online Course

Learn how to intentionally train your attention and concentration for effective meditation. In addition to meditation techniques, this course will also help you discover how meditation can be used to increase mindfulness, reduce stress, deal with pain and illness, and support overall health. Six week course access.

New course sessions begin monthly. Enroll at [www.ed2go.com/kankakeecc](http://www.ed2go.com/kankakeecc). Full details on registering for Ed2Go online classes is on Page 4.

Class note: Eight (8) contact hours awarded to nurses and other healthcare professionals upon successful completion.

**\$80**

## Creating the Inclusive Classroom: Strategies for Success - Online Course

Understand how to reach the diverse mix of students you face every day with strategies that turn diversity into opportunity. This course provides creative, low-budget strategies for making your inclusive classroom a nurturing, supportive learning environment that helps every student.

Six week course access.

New course sessions begin monthly. Enroll at [www.ed2go.com/kankakeecc](http://www.ed2go.com/kankakeecc). Full details on registering for Ed2Go online classes is on Page 4.

Class note: 24 contact hours awarded to teachers upon successful completion.

**\$94**

## Teaching Students with ADHD - Online Course

Learn the simple and practical steps you can take to help children with ADHD thrive in their school environment. This course will teach you how classroom space, structure, rules, and expectations can be adapted to suit the needs of students with ADHD and help them manage their own behavior. Six week course access.

New course sessions begin monthly. Enroll at [www.ed2go.com/kankakeecc](http://www.ed2go.com/kankakeecc). Full details on registering for Ed2Go online classes is on Page 4.

Class note: 24 contact hours awarded to teachers upon successful completion.

**\$94**





# FREE TRAINING

We have FREE TRAINING opportunities for many manufacturing-related programs. Qualified participants can train for an in-demand career with **FREE tuition, fees, books and certification exams.**

**Information and  
get started:**

**skills.kcc.edu**

Funded by the One Workforce grant, U.S. Department of Labor. There are residency, age and employment qualifications. People from underrepresented groups can also qualify.

Register online at [www.kcc.edu/comejoinus](http://www.kcc.edu/comejoinus)

IN-PERSON



## Accounting Fundamentals - Online Course

In this comprehensive course, you will learn the basics of double-entry bookkeeping, as well as how to analyze and record financial transactions. You will get hands-on experience with handling accounts receivable, accounts payable, payroll procedures, sales taxes, and various common banking activities. Six week course access.

New course sessions begin monthly. Enroll at [www.ed2go.com/kankakeecc](http://www.ed2go.com/kankakeecc). Full details on registering for Ed2Go online classes is on Page 4.

**\$94**

## The Creative Classroom - Online Course

Learn how to use creativity as a powerful engagement tool in the classroom, regardless of what subject you teach. This course provides new approaches to field trips, learning labs, exercises, and evaluation methods that will challenge and motivate your students to become creative thinkers. Six week course access.

New course sessions begin monthly. Enroll at [www.ed2go.com/kankakeecc](http://www.ed2go.com/kankakeecc). Full details on registering for Ed2Go online classes is on Page 4.

**\$94**

## NEW - Managing Remote Teams - Online Course

This course is for those who manage the occasional "telecommuters," manage a fully remote team and/or who would like to explore new strategies and best practices for this unique form of management. Six week course access.

New course sessions begin monthly. Enroll at [www.ed2go.com/kankakeecc](http://www.ed2go.com/kankakeecc). Full details on registering for Ed2Go online classes is on Page 4.

**\$115**

## Spanish for Medical Professionals - Online Course

Prepare for any situation by bridging the communication gap between you, your patients, and worried family members. This course provides knowledge of basic medical phrases to help you better communicate with the Spanish-speaking community. Six week course access.

New course sessions begin monthly. Enroll at [www.ed2go.com/kankakeecc](http://www.ed2go.com/kankakeecc). Full details on registering for Ed2Go online classes is on Page 4.

**\$100**

## PMP Certification Prep 1 - Online Course

Prepare for the Project Management Institute's Project Management Professional (PMP) certification exam. This course will help you master the content in the first seven chapters of the PMBOK Guide and discover tips and techniques related to questions you will experience on the actual PMP exam. Six week course access.

New course sessions begin monthly. Enroll at [www.ed2go.com/kankakeecc](http://www.ed2go.com/kankakeecc). Full details on registering for Ed2Go online classes is on Page 4.

**\$114**

## Six Sigma--Total Quality Applications - Online Course

Learn to effectively apply Six Sigma knowledge to real-world problems to achieve the highest possible quality. This course will provide you with the skills to apply the DMAIC (define, measure, analyze, improve, and control) model to successfully define, plan, implement and close a Six Sigma project. Six week course access.

New course sessions begin monthly. Enroll at [www.ed2go.com/kankakeecc](http://www.ed2go.com/kankakeecc). Full details on registering for Ed2Go online classes is on Page 4.

**\$94**



# Logistics Technician Training

May 2-6 & 9-13, 2022 • 8 a.m. - 4 p.m. each day

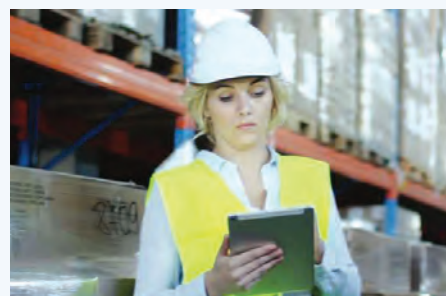
## Benefits after successful completion\*:

- Free pair of work boots suitable for area warehouse or manufacturing facilities
- Job interviews with area employers

## PROGRAM INCLUDES:

- Forklift Training
- OSHA 10 Hour
- First Aid, AED & CPR
- Strengths Finder
- Workplace Excellence Soft Skills Development
- Resume Development & Interview Skills Training

**FREE to  
qualified  
applicants**



To participate, you must be 18 years of age and have reliable transportation.

**For information and to apply, contact Mary Posing  
at [mposing@kcc.edu](mailto:mposing@kcc.edu) or phone 815-802-8202**

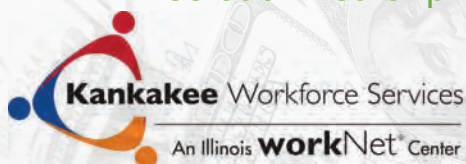
\*Participants must attend each day.

UP TO **\$10,000** for career training

**Funding can cover Tuition, Fees & Books and much more...**

**[kcc.edu/wioa](http://kcc.edu/wioa) or phone 815-802-8960**

Program  
administrator



A proud partner of the American Job Center network

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WIOA is an Equal Opportunity Employer/Program. Auxiliary aids and services are available upon request. The Workforce Innovation Opportunity Act program (WIOA) is a federally funded grant program that assists qualified adults and youth in preparing for occupations that are in demand. Grant services are for residents of Kankakee County and individuals laid off from a Kankakee County employer. Information at [wioa.kcc.edu](http://wioa.kcc.edu). EOE/auxiliary aids and services are available upon request.

## Grant Writing Online Courses

### Get Grants

Learn how to develop successful, fundable grants from experts whose proposals have garnered millions in funded projects. This course will give you the skills you'll need to prepare professional, competitive, and compelling grant proposals. You'll understand what funding agencies are looking for and how best to approach them. Your proposals will help you and your organization successfully Get Grants!

### Writing Effective Grant Proposals

Learn to prepare grant proposals that get solid results for your favorite organization or charity. Over \$200 billion annually is available for worthy causes, and most people don't know how to prepare the application that will deliver needed funding. Avoid the mistakes that get applications for wonderful projects tossed into the wastebasket! Learn how to write professional proposals that actually succeed.

### Introduction to Nonprofit Management

Develop the skills and strategies you need to become an integral part of one of America's fastest growing service sectors. In this course, a seasoned veteran in the nonprofit management field will show you how to transform your good intentions into a professional plan of action. You'll understand the unique characteristics of nonprofit organizations while mastering the core knowledge necessary to become an effective leader in the nonprofit arena!

### Starting a Nonprofit

Do you dream of starting and running your very own nonprofit? This unique course carefully details the many aspects of taking a nonprofit start-up from vision to reality. Filled with savvy advice and plenty of assistance from an industry veteran, this is the perfect how-to course for anyone interested in building a thriving nonprofit organization up from the grassroots.

### Marketing Your Nonprofit

Discover marketing practices that will help you further the ideals and goals of your nonprofit. In the face of stiff competition, an increase in the number of worthwhile causes, new regulations, more oversight, and fewer funding opportunities, you need to work smarter—not longer. This course, packed with practical strategies that you can put to immediate use, will help you compete more effectively for members, media attention, donors, clients, and volunteers.

### Wow, What a Great Event

Learn how to create and coordinate successful special events. Develop skills, find resources, and gain confidence to plan and produce any size or type of event. Find out what the experts and master planners already know so that you can avoid embarrassing and costly planning errors or production mistakes. After just a few weeks, you will become a knowledgeable event planner poised to produce any type of event.

### Accounting Fundamentals

Demand for accounting professionals currently exceeds supply. If you're interested in increasing your financial awareness and accountability while also gaining a marketable skill, this course is for you. You'll learn the basics of double-entry bookkeeping, while also learning how to analyze and record financial transactions, as well as prepare various financial reports at the end of the fiscal period. We'll discuss accounts receivable, accounts payable, payroll procedures, sales taxes, and various common banking activities. We'll cover all the bases, from writing checks to preparing an income statement and closing out accounts at the end of each fiscal period.

### Introduction to Microsoft Excel 2016

Discover dozens of shortcuts and tricks for setting up fully formatted worksheets quickly and efficiently. Learn the secrets behind writing powerful formulas, using functions, sorting and analyzing data, creating custom charts, creating 3-dimensional workbooks, building links, and creating macros and custom toolbar buttons.

### Research Methods for Writers

Attention all writers! Learn how to efficiently and effectively conduct research for any writing project. Research has progressed far beyond a visit to the library. Today, myriad sources provide almost anything a writer might need to know on any subject. Learn how to identify and access every information source imaginable.

## Kankakee Community College

For a complete list of available courses, detailed course descriptions, requirements, demonstrations, and additional information visit:

**[www.ed2go.com/kankakeecc](http://www.ed2go.com/kankakeecc)**





## IN-PERSON COURSES

### A Desert Storm Diary

Has the 1991 Persian Gulf War become the "forgotten war?" One Joliet-area vet is determined to make sure the Gulf War is not forgotten; and has published a new book to help preserve the stories of Desert Storm. Learn more about Desert Storm as author and combat photographer Jay Sternickle shares his "Desert Storm Diary." Sternickle served with the US Army's 24th Infantry Division during the 1991 Gulf War. During Desert Storm, he worked as an Army public affairs specialist and was part of a combat camera team. Sternickle will share his personal stories, photographs and video, and examine the key events of Operation Desert Storm. **Instructor: Jay Sternickle.**

Class note: Jay's book is included in the cost of the class.

**Tuesday, April 5**  
**9 a.m. - noon • KCC Room D123**  
**\$39, includes Sternickle's book.**

# Personal Enrichment

Register online at [www.kcc.edu/comejoinus](http://www.kcc.edu/comejoinus)

IN-PERSON



### Point and Shoot Digital Cameras

This class is designed for owners of point & shoot digital cameras with non-removable lenses to learn how to change "snapshots" into "photo memories." Learn the basics for understanding and using your digital camera--auto vs. program mode, scene modes, ISO, white balance and more. This class provides easy to understand camera instruction with lots of hands-on exercises. Please bring your camera with fully charged batteries to class. **Instructor: Jay Sternickle.**

**Saturdays, April 16 & 23**  
**9 a.m. - noon • KCC Room D123**  
**\$65**

### Group Guitar

This is an introductory course, held in a group setting. It is intended for students without prior knowledge to learn to play guitar. You'll learn music notation and tablature for guitar, fingering for basic open chords, interpreting basic chord symbols, right hand strumming techniques and styles, playing simple song melodies, use of chords as accompaniment, and right hand picking technique. You'll also learn how to tune and basic instrument maintenance. **Instructor: Tammy Cantrell.**

Class note: Bring your guitar, tuner and picks.

**Mondays, April 18 to June 13**  
**6:30-7:30 p.m. • KCC Room D123**  
**\$150 (No class May 23)**

### Playing the Ukulele

Get started with the ukulele by learning basic chords and strum patterns at a pace designed for first-time players. This class is for those who have never played an instrument before. You'll learn the basics of chords, strum patterns, finger picking, music notation and songs. Even if you've tried guitar and thought it was too hard, you'll be surprised by how soon you're playing songs on the ukulele. **Instructor: Tammy Cantrell.**

Class note: bring your ukulele, tuner and picks.

**Mondays, April 18 to June 13**  
**5:30-6:30 p.m. • KCC Room D123**  
**\$150 (No class May 23)**

## MEET YOUR INSTRUCTOR

### Jeffrey "Jay" Sternickle

is a gifted speaker, teacher, historian. For several years, a docent at the historic Gaylord Building in Lockport and led tours along the I & M Canal.

Jay has taught for more than 20 years at community colleges, elementary schools, libraries, and other community venues. Jay currently teaches at Joliet Junior College. Previously, Jay spent five years in the U.S. Army and served on a combat camera team during the 1991 Persian Gulf War. He has a bachelor's degree in photojournalism from Southern Illinois University and completed graduate work in instructional design technology at Western Illinois University. With a diverse background which includes training in photography, film, journalism, education, history, computers, and theater, Jay loves to share his knowledge and instill a love of learning in others.





## Spanish Interpretation: Community Interpreting

Interpreters are needed in public service areas. If you love helping people, have a good ear for language and can speak Spanish, you should consider working as a Spanish interpreter. Individuals unable to communicate in English or with limited English proficiency often cannot gain access to services and are at considerable risk for receiving inappropriate care because of the language barrier. This course teaches the skills necessary to become an effective interpreter including skits and plenty of practice. Participants must be fluent in both English and Spanish before enrollment. **Instructor: Guadalupe Sorich.**

**Mondays, April 25 to June 6**  
**(No class May 30)**  
**6-9 p.m. • KCC Room D124**  
**\$99**

## Cash in on your talent

Continuing Education is looking for part-time instructors to teach in a variety of personal enrichment courses.

**New course  
ideas are  
welcome.**

— Examples —

- Conversational Spanish
- Culinary • Painting
- Fiber arts • Floral arranging
- Smart phone technology

**Log on to:**  
**continuinged.kcc.edu**  
scroll to "Become an Instructor"  
click on "Complete the Form"

**Email:**  
**continuinged@kcc.edu**

Register online at [www.kcc.edu/comejoinus](http://www.kcc.edu/comejoinus)

**IN-PERSON**



### Mesh Spring Flower Wreath

Give your front door a blooming makeover. In this class, you will create a beautiful spring flower wreath made from deco mesh to hang on your door or wall. No experience necessary. All materials supplied. You'll keep the wreath you make. **Instructor: Amber Gocken.**

**Tuesday, April 26**  
**6-9 p.m. • KCC Room D151**  
**\$42, includes supplies.**

### Creating Life Balances

Is your day-to-day schedule hectic? Do you put everyone else first while your physical and mental health are on the back burner? If you rush around, but accomplishing very little, setting SMART (Specific, Measurable, Achievable, Relevant, Time-bound) goals will help. This workshop will show how to achieve balance, clarify your ideas, focus your efforts, use your time and resources productively, while increasing your chances of achieving what you want. **Instructor: Tracy Kelch.**

**Tuesday, May 3**  
**6-8 p.m.**  
**KCC Room D123**  
**\$29**

### America's Boating Course

This is an introductory course for all recreational boaters produced by America's Boating Club (r) (the U.S. Power Squadrons, USPS) and taught by USPS certified instructors. It covers boat and hull types, selecting a boat, required safety equipment, operator responsibilities, boat handling, personal watercraft operation, fueling procedures, water sports safety, trailering, nautical rules of the road, navigation lights and sound signals, emergency equipment and procedures, homeland security regulations, state of Illinois regulations, and more. **Instructor: Robert Potter.**

Class notes: Open to participants age 12 and over. Those under age 18 require parental signature at first class. This course meets the requirements of states and territories that have mandatory safe boating education laws and is accepted by the state of Illinois as meeting the training requirements for boat operators born after Jan. 1, 1998 to operate a craft of 10HP or more. Come at 6:15 p.m. the first night to purchase materials.

**Wednesdays, May 18 to June 15**  
**6:30-8:45 p.m. • KCC Room D124**  
**\$12, An additional \$55 for course materials must be paid to the instructor at the first class. Members of the same household may share materials for an additional \$10 per person.**



It is always a pleasure to deal  
with KCC - the instruction is  
top quality. - **Judy O**

## Video Games as Literature

Video games have become an ingrained part of our culture that offer players more than a black and white screen with two paddles and a square "ball." They are a world of interaction, engagement, and art. In this seminar, we will look at the ways that literature has become video games, video games take part and produce their own literature like experiences, and also push the envelope of what literature or story telling as art can achieve. Join us for an interactive experience where we will dissect what literature is, what video games are, and how both are advanced when they are artfully and skillfully intertwined.

**Instructor: Joshua Riley & Josiah Black.**

**Thursday, May 19 • 6-8 p.m.**

**KCC Room D123 • \$29**

## All About Service Animals

The topics to be discussed during this free lecture include: The differences between therapy, emotional support and guide animals, including what tasks they perform; What makes an animal suitable for these jobs; How should the public engage with assistance animals; and How are service animals trained. The session is led by American Veterans Service Dog Academy (AVSDA) trainers Peggy and Monica Moran. They will cover these topics, answer your questions about service dogs, and more! **Instructors: Peggy and Monica Moran.**

**Wednesday, June 8 • 6-7:15 pm**

**KCC Room D124 • FREE**

## Self-Reflection: Taking a Journey Within

Do you seem to sabotage your own happiness and success? Want to determine why you cannot get out of your own way? This course examines the thoughts and beliefs that shape your behavior and actions. The self-awareness activities in this class, such as reprogramming negative self-talk, are powerful and will guide you toward your breakthrough. **Instructor: JaHana Holloway.**

Class note: Enroll in this course and "Awakening Your Vision" to save \$4. Use course code SAVE4 at checkout.

**Thursday, June 9**

**6-8 p.m. • KCC Room D124**

**\$19**



Register online at [www.kcc.edu/comejoinus](http://www.kcc.edu/comejoinus)

IN-PERSON



## Awakening Your Vision

Are you tired of watching everyone else's dreams come true? How successful were you at achieving your goals this year? Now is the perfect time to awaken your inner vision! In this class, you will develop time-specific goals to guide you in the direction of your heart's desires. You will design a personal vision board. Come fulfill your life's purpose by allowing the power of the vision board to manifest in your life.

**Instructor: JaHana Holloway.**

Class note: Enroll in this course and "Self-Reflection: Taking a Journey Within" to save \$4. Use course code SAVE4 at checkout.

**Thursday, June 16**

**6-8 p.m. • KCC Room D123**

**\$19**

## In Person / Live Webinar Classes

Choose to attend in-person or as a live webinar

If you choose Live Webinar, you will receive an email within 24 hours with a link to the session. All participants require internet access and an email address.

## 1861: Campaigns, Part 1 - In-Person / Live Webinar

This class will discuss in detail the lead up to the first major battle of the American Civil War at Manassas Junction, Virginia. We will examine the disposition of the troops, the terrain around Bull Run stream, and the numerous accounts of insubordination and incompetency that led to a Union defeat. We will review the Affair at Blackburn's Ford, the battle on July 21, 1861, the Union retreat, and the impact of the first battle. **Instructor: Christina Smith.**

**Friday, April 1**

**9 a.m. - noon • KCC Room D123 or Live Webinar**

**\$25**

## 1861: Campaigns, Part 2 - In-Person / Live Webinar

This class continues with the American Civil War after the First Battle of Bull Run through the end of the first year. We will examine the battleground in Missouri, the rise of Gen. George McClellan to commander, the fighting in the Eastern Theater. We will learn how the Joint Committee on the Conduct of the War originated and its first investigation in 1861. Finally, we will discuss the Navy's evolution and coordination with the Armies as they prepared for battle on rivers in the east and west. **Instructor: Christina Smith.**

**Friday, April 15**

**9 a.m. - noon • KCC Room D123 or Live Webinar**

**\$25**

## Christina Lea Smith

is currently working toward her master's degree in Library & Information Science at the University of Illinois at Urbana-Champaign. In 2015, she completed her master's degree in history from Illinois State University. Her thesis, "Joseph Addison Turner: The Countryman and Confederate Nationalism" won the 2015 James C. Bonner Award for best master's thesis. She has also published "Elizabeth Parsons Wade Packard's Challenge of True Womanhood" in the peer-reviewed Journal of Illinois History. Smith has over 20 years teaching experience at colleges across Illinois. She focuses on 19th century American history and Civil War seminars. She volunteers as an instructor for Bradley University's Osher Lifelong Learning Institute. Smith also speaks at historical societies, women's groups, and other associations.



MEET YOUR INSTRUCTOR

## Sherman's March to the Sea - In-Person / Live Webinar

This course follows Gen. William Tecumseh Sherman's Georgia and Carolina campaigns. It specifically addresses the march from Chattanooga to Atlanta, discussing the engagements that occurred along the way. Then we focus on Atlanta. The civilian population, the fortifications, the bombardment, and the occupation. We will discuss Sherman's overall strategic and tactical plans; follow the army through the long march; and learn how soldiers adapted to this new type of campaigning.  
**Instructor: Christina Smith.**

**Friday, April 29**

**9 a.m. - noon • KCC Room D123 or  
Live Webinar  
\$25**

## Community Transformations Overseen by George R. Letourneau – In-Person / Live Webinar

As a political leader, George R. Letourneau, was instrumental in many transformations in the Kankakee River Valley. During this lecture, Dr. James Paul will portray George Letourneau, who will bring participants back in time to offer them many life-changing decisions about life in this community during the 19th and early 20th centuries.  
**Instructor: James Paul.**

**Friday, May 6**

**10-11:30 a.m. • KCC Room D123 or  
Live Webinar  
\$10**

**Interested in  
teaching a class?**

Contact: [dhdenson@kcc.edu](mailto:dhdenson@kcc.edu)

Register online at [www.kcc.edu/comejoinus](http://www.kcc.edu/comejoinus)

**IN-PERSON**



## Arlington: From Robert E. Lee's Home to National Cemetery – In-Person / Live Webinar

Arlington National Cemetery has a long history dating back to George Washington. Before the Civil War Arlington House was the home of Robert E. Lee and his wife, Mary. This class will explore the strategic value behind confiscating Arlington House at the beginning of the Civil War, the evolution of the property from fortifications, contraband camp to burial ground for Union soldiers. We will discuss the postwar sectional relations, the creation of the Confederate section of the cemetery, and how the Lee family legally obtained title to Arlington in 1882. **Instructor: Christina Smith.**

**Friday, May 13**

**9 a.m. - noon • KCC Room D123 or  
Live Webinar  
\$25**



**Visit KCC's  
Welcome  
Center  
to register for  
Continuing  
Education classes.**

## LIVE WEBINARS

### Instant Piano for Hopelessly Busy People - Live Webinar

Learn to play piano the way professionals do--using chords. This class is online, so you can sit at your piano or keyboard at home and learn with no pressure at all. The course includes online follow up video lessons. The course is lecture / demonstration and hands-on instruction. Topics include: How chords work in a song, Getting more out of sheet music by reading less of it, Forming the three main types of chords, Handling different keys and time signatures, Avoiding "counting," and Simplifying over 12,000 complex chords. **Instructor: Craig Coffman.**

This is a live webinar. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require internet access and an email address.

**Monday, April 4  
6:30-9:30 p.m.  
\$59**

### Estate Planning and Asset Protection - Live Webinar

Has anyone told you, "you don't know, what you don't know?" Planning for the future is important whether you are just graduating college, getting married, starting or have a young family or preparing for your golden years. Failure to plan can have an adverse affect on your assets and leave your loved ones in financial limbo. In other words, it is never too soon to begin making decisions regarding your assets. **Instructor: Walt Zukowski.**

This is a live webinar. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require internet access and an email address.

**Thursday, April 7  
6-7:30 p.m.  
\$29**

## CSI: Crime Scene Investigation - Live Webinar

Do you enjoy mysteries and crime investigations? Learn “behind the scene” facts of several crimes such as homicides, robberies, stage crime scenes and more. Latent fingerprints are the main forensic evidence discussed, but other forensic disciplines will be covered in general. Analyzing photos will help you discover how to see the facts. This live webinar is presented by a retired latent fingerprint examiner with over 35 years of experience. You will review three cases and determine what is seen in the evidence. **Instructor: Lynne Dean.**

Class note: Some photos and information might be considered graphic/offensive. Participants must be 18 years of age or older.

This is a live webinar. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require internet access and an email address.

**Saturday, April 9  
9 a.m. - noon • \$35**

## The Great Midwest Road Trip - Live Webinar

Take a nostalgic road trip and discover the history of the Midwest vacation destinations that area residents have been visiting for generations. Discover, or rediscover, places like the Indiana Dunes, Starved Rock, Lake Geneva, the Wisconsin Dells, Galena, Mackinac Island, and Wisconsin's Door County. Relive family road trip memories, or discover new destinations to help plan your next day trip or vacation getaway. Within 24 hours of the webinar date, you will receive an email with a link to participate. This is a live event. All participants require internet access, a web camera and an email address. **Instructor: Jay Sternickle.**

This is a live webinar. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require internet access, a web camera, and an email address.

**Monday, April 18  
6:30-8:30 p.m.  
\$20**

Register online at [www.kcc.edu/comejoinus](http://www.kcc.edu/comejoinus)

IN-PERSON



## Book and Author Webinars

Join these authors as they present their books in a webinar format. This is a great opportunity to engage in a lively discussion during the question-and-answer session.

**Each session is held from 10-11:15 a.m.  
Cost is \$10 per session; or save \$5  
when you register for all four and use  
discount code SAVE5.**

### “Trigger Point” by Anthony Roth

Inspired by true events, Anthony Roth's novel weaves together a riveting spy thriller, a web of deceit and lies, and a passionate love triangle for all-American farm boy Nicholas Ford, who was recruited into the CIA out of college.

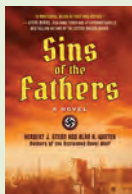
**April 28**



### “Sins of the Fathers” by Herbert J. Stern and Alan A. Winter

This is the true story of how Adolf Hitler, the Holocaust and World War II could have been prevented.

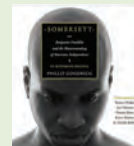
**May 18**



### “Somerset” by Phillip Goodrich

This meticulously detailed narrative history follows the secret plan of Benjamin Franklin to utilize the political motivations of the colonies—which were individually different—against their British oppressors. The resulting incitement was the American Revolution.

**June 2**



### “Conquering Learning Disabilities” by Bryan Rigg

The author turning his unique gifts to his advantage. Rigg believes that if he can utilize the creativity, unique outlook, zany humor, and high energy levels of ADHD/dyslexia, he can show others how to do the same.

**June 14**



## Digital Photo Organizing & More - Live Webinar

Are the photos on your computer out of control? Do you struggle with finding the ones that you want? If you answered yes to both these questions then this workshop is for you. Beth Randall, Professional Organizer, will walk you through simple steps to organize your photos so it's easy to navigate through them. She will discuss various ways to organize them and enjoy them. If you still have containers of paper photos, then you'll learn how to tackle those, too. Within 24 hours of the webinar date, you will receive an email with a link to participate. This is a live event. All participants require internet access, a web camera and an email address. **Instructor: Beth Randall.**

This is a live webinar. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require internet access, a web camera, and an email address.

**Thursday, April 21  
6:30-8 p.m.  
\$29**



## Introduction to Solar for Consumers – Live Webinar

This course is designed to inform consumers about solar electric, photovoltaic (PV) technology and its applications. Participants will learn about what PV is, how it works and how to incorporate solar into their existing home or business. Topics to be covered: How solar works; System types and their applications; Site assessment basics; Simple home system sizing; Energy efficiency strategies; Financials; and Next steps. **Instructor: Clay Sterling.**

This is a live webinar. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require internet access, a web camera, and an email address.

**Wednesday, April 27**  
**6-8 p.m.**  
**\$29**

## All About Alfred Hitchcock – Live Webinar

Learn all about the “Master of Suspense,” Alfred Hitchcock, in this class that explores his more than 40 films. Starting with his first film in the silent era, *The Lodger* (1927) and ending with his final film five decades later, *Family Plot* (1976), the class will reflect on Hitchcock’s unparalleled 50-year career as one of cinema’s most successful and unique filmmakers. Within 24 hours of the webinar date, you will receive an email with a link to participate. This is a live event. All participants require internet access, a web camera and an email address. **Instructor: Jeffrey Sternickle.**

This is a live webinar. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require internet access, a web camera, and an email address.

**Monday, May 2**  
**6:30-8:30 p.m.**  
**\$20**

Register online at [www.kcc.edu/comejoinus](http://www.kcc.edu/comejoinus)

IN-PERSON



## How to Travel Free & Safely – Live Webinar

When it is safe to go on a trip, where can we go, how do we stay safe, and how do we make our travel free? World traveler Gina Henry shows you how she is prepared for the new “travel normal” including important tips on safety, trip insurance, what to do if you become sick, and other strategies. Discover over 200 ways to travel free. Earn free airline tickets, hotel nights, tours more in the USA worldwide! Volunteering, fun work-vacations, paid travel, teaching English and remote employment opportunities. Tuition includes Gina’s 100-page ebook *How to Travel Free Safe* (retail value \$39.95). **Instructor: Gina Henry.**

Class Notes: Your “Travel Free” ebook link will be emailed to you a few days before the class.

This is a live webinar. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require internet access, a web camera, microphone, and an email address.

**Saturday, May 7**  
**11 a.m. - 2 p.m.**  
**\$49**

## Organizing Keepsakes from Young & Old – Live Webinar

Do you have a lot of memorabilia from your parents, grandparents or kids? Are you enjoying it, or is it hidden away and hard to get to? Have you ever thought about going through all of it and deciding what to keep/what to part with, but need some help? In this webinar, you will learn ways to make it easier to decide what to do with your keepsakes. Discover strategies on how to organize them, so you can better enjoy them. **Instructor: Beth Randall.**

This is a live webinar. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require internet access, a web camera, and an email address.

**Wednesday, May 11**  
**6:30-8 p.m.**  
**\$29**

## Get Paid to Teach English in the USA and Overseas – Live Webinar

Learn how Gina has taught her way around the world and paid for vacations and travel to over 98 countries. Teaching English is a high paying career or simply a great way to go on vacation for free. English is the world’s business and travel language. Being able to speak English helps people get better paying jobs. If you speak English, you can teach conversational English! You do not have to be certified or speak the local language. You also can make money from home by teaching English online. Earn a free vacation, 2-month paid summer job, or full-time work that earns up to \$90,000 a year. Learn about the best paying jobs, qualifications, certification programs and specific hiring organizations. Tuition includes instructors 50-page digital book.

**Instructor: Gina Henry.**

This is a live webinar. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require internet access, and an email address.

**Saturday, May 14**  
**11 a.m. - 2 p.m.**  
**\$49**

MEET YOUR INSTRUCTOR

### Gina Henry

has lived this travel life for 30 years, taking 10 free vacations a year by using free airline tickets, hotels, cruises, tours, meals, & more. She has traveled to 98 countries and all 50 states. Gina teaches in 90 cities and is the author of many travel books & audios. She leads several group tours each year and organizes a volunteer teach English program in Thailand and Peru.



# Continuing Education and Career Services

**SAT/ACT**

## Test Preparation Online Courses

### **SAT/ACT**

#### Preparation – Part 1

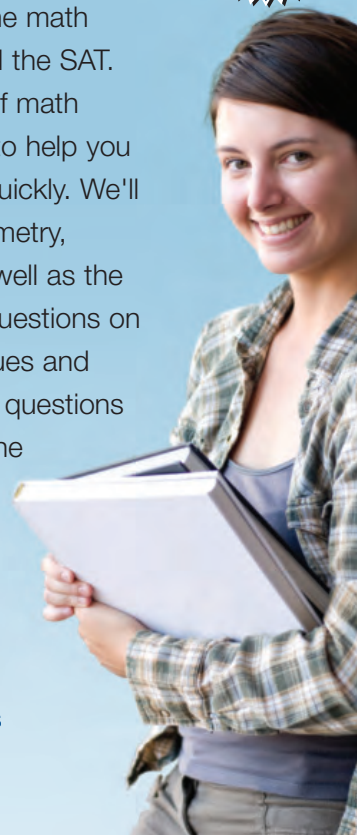
This course will prepare you to take the verbal question types on both the ACT and the SAT. SAT/ACT Preparation Part I is designed to prepare you for the reading, English, and science sections of the ACT and the critical reading and writing sections of the SAT. You'll refresh your knowledge of verbal topics and learn techniques that can help you relieve test-taking anxiety.

### **SAT/ACT**

#### Preparation – Part 2

This course will prepare FOR the math questions on both the ACT and the SAT. You'll refresh your knowledge of math subjects and learn techniques to help you move through the tests more quickly. We'll review arithmetic, algebra, geometry, trigonometry, and statistics as well as the Student Produced Response questions on the SAT. We'll practice techniques and approaches using similar exam questions and fully explain and interpret the correct and incorrect answers.

Learn  
from the  
comfort of  
home!



All instructor-facilitated online courses run for six weeks (with a 10-day grace period at the end). Courses are project-oriented and include lessons, quizzes, hands-on assignments, discussion areas, supplementary links, and more. You can complete any of these courses entirely from your home or office and at any time of the day or night.

## Get started today!

1. Visit our Online Instruction Center:  
[www.ed2go.com/kankakeecc](http://www.ed2go.com/kankakeecc)
2. Click the **Courses** link, choose the department and course title you are interested in and select the **Enroll Now** button. Follow the instructions to enroll and pay for your course. Here you will choose a username and password that will grant you access to the Classroom.
3. When your course starts, return to our Online Instruction Center and click the **Classroom** link. To begin your studies, simply log in with the username and password you selected during enrollment.

#### **Start Dates:**

New course sessions begin monthly. Please visit our Online Instruction Center to see exact start dates.

**MORE COURSES AVAILABLE AT OUR ONLINE INSTRUCTION CENTER.**

[www.ed2go.com/kankakeecc](http://www.ed2go.com/kankakeecc)

#### **Courses Start as**

**Low as:**  
**\$94**

## Manteno's Famous Forgotten Past - Live Webinar

Most towns sprout a famous person or two, and Manteno is no exception. Unfortunately, some stories are forgotten, and that's especially true of women's stories. Such is the case of Elizabeth Packard, whose husband had her physically removed from their Manteno home in June 1860, and put her on a train to Jacksonville, where he committed her to an insane asylum -- based on his word alone, as husbands were able to do. His reason? She disagreed with his religious views. What followed made history. This class will cover Packard's fight as well as touch upon the timeline of the Manteno State Hospital, which operated on the town's eastern edge from 1930 to 1985.

Melanie Holmes is the author of the new history book, "Manteno" (Images of America line, Arcadia Publishing, 2020), which covers other famous people who hailed from Manteno and its surrounding area. **Instructor: Melanie Holmes.**

This is a live webinar. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require internet access, and an email address.

**Thursday, May 19**  
**1-3 p.m.**  
**\$19**

**Go far  
without your car!**

Ed2Go online courses are convenient,  
affordable and effective.

**[www.ed2go.com/  
kankakeecc](http://www.ed2go.com/kankakeecc)**

Register online at [www.kcc.edu/comejoinus](http://www.kcc.edu/comejoinus)

**IN-PERSON**



## Work Remotely and Become a Digital Nomad - Live Webinar

Working remotely is now the thing. Why not add travel into the mix? Join thousands of individuals who are taking their work with them and hitting the road! You can make your travels sustainable by earning a living as you travel. Professional traveler Gina Henry has been doing this for years and shares her wealth of knowledge. Get the "how to" of living on the road including downsizing, putting your stuff in storage, getting your mail, how to have a "physical address", the RV lifestyle, timeshares, international living, long-term rentals, house sitting, and more. Learn the best ways to set up your remote office and get quality Wi-Fi in your hotel, long-term rental, and out of your car or RV. Gina Henry founded Go Global, Inc. 26 years ago and has been location independent and working remotely for the past six years traveling year round. The materials fee is for Work Remotely and Become a Digital Nomad (\$39.95 value). **Instructor: Gina Henry.**

This is a live webinar. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require internet access, and an email address.

**Saturday, May 21**  
**11 a.m. - 2 p.m.**  
**\$49**



KCC offers good programs.  
- Douglas Cork



**ONLINE  
COURSES**

## Speed Spanish - Online Course

Converse in Spanish in just a few weeks. This course will help you learn six easy recipes to glue Spanish words together into sentences so you can engage in conversational Spanish quickly. **Instructor: Dan Mikels.**

Class notes: Six week course access. Enroll at <https://www.ed2go.com/kankakeecc/online-courses/speed-spanish/>.

**\$94**

## Secrets of Better Photography - Online Course

Learn to take outstanding photos and get the best results whether you are using a DSLR, a point-and-shoot, or your phone camera. Each lesson contains exercises and assignments that will help you apply new techniques to your own camera and make a distinctive difference in your photos. Six week course access.

New course sessions begin monthly. Enroll at [www.ed2go.com/kankakeecc](http://www.ed2go.com/kankakeecc). Full details on registering for Ed2Go online classes is on Page 4.

**\$94**

## Genealogy Basics - Online Course

Learn to trace your family history and make it come alive. This course provides hands-on examples that help you dig deeper into your family's past using several subscription-based websites that you will be able to access to during the course. Six week course access.

New course sessions begin monthly. Enroll at [www.ed2go.com/kankakeecc](http://www.ed2go.com/kankakeecc). Full details on registering for Ed2Go online classes is on Page 4.

**\$94**

## Introduction to Journaling - Online Course

Learn exciting new ways to express yourself and develop your creativity through journaling. This course will help you discover how to use your journal to explore your thoughts, feelings, values and support your emotional well-being in good time and through difficult changes. Six week course access.

New course sessions begin monthly. Enroll at [www.ed2go.com/kankakeecc](http://www.ed2go.com/kankakeecc). Full details on registering for Ed2Go online classes is on Page 4.

**\$94**

## Luscious, Low-Fat, Lightning-Quick Meals - Online Course

Learn to create delicious and nutritious meals by reducing fat without sacrificing flavor. This course provides tips on menu planning and quicker cooking, and it allows you to try out over 50 exciting lower-fat recipes. Six week course access.

New course sessions begin monthly. Enroll at [www.ed2go.com/kankakeecc](http://www.ed2go.com/kankakeecc). Full details on registering for Ed2Go online classes is on Page 4.

**\$94**

## Discover Sign Language - Online Course

Gain confidence in your ability to sign with the Deaf community. This course immerses you in silence to help you gain an understanding of the perspective of the hearing impaired and uses videos to demonstrate not only how to make signs, but how to communicate with facial expression. Six week course access.

New course sessions begin monthly. Enroll at [www.ed2go.com/kankakeecc](http://www.ed2go.com/kankakeecc). Full details on registering for Ed2Go online classes is on Page 4.

**\$94**

Register online at [www.kcc.edu/comejoinus](http://www.kcc.edu/comejoinus)

IN-PERSON



## Discover Sign Language II - Online Course

Take your sign language skills to the next level with additional vocabulary, grammar lessons, and cultural information. Practice phrases and sentences by recording your own signing and uploading it for review. You will also continue to explore Deaf culture by learning more about its history in the U.S., famous deaf individuals, and the impact of recent laws and technology on the modern-day Deaf community. This course will help you build confidence in your ability to sign with the Deaf community. Six week course access.

New course sessions begin monthly. Enroll at [www.ed2go.com/kankakeecc](http://www.ed2go.com/kankakeecc). Full details on registering for Ed2Go online classes is on Page 4.

**\$115**

## SAT/ACT Prep Part 2: Math - Online Course

Gain all the information you need to do well on the math portion of the ACT and new SAT. This course will provide you with a complete review of arithmetic, algebra, geometry, trigonometry, and basic math skills, and teach useful tips to manage your time wisely. Six week course access.

New course sessions begin monthly. Enroll at [www.ed2go.com/kankakeecc](http://www.ed2go.com/kankakeecc). Full details on registering for Ed2Go online classes is on Page 4.

**\$94**

## Stocks, Bonds and Investing: Oh My! - Online Course

Learn the basics of stocks, bonds, and investing so you can be independent and confident about your financial decisions. This class will teach you how to prepare for retirement, manage your finances, and pay for college without needing to hire a broker or financial advisor. Six week course access.

New course sessions begin monthly. Enroll at [www.ed2go.com/kankakeecc](http://www.ed2go.com/kankakeecc). Full details on registering for Ed2Go online classes is on Page 4.

## Introduction to Interior Design - Online Course

Learn to transform plain living spaces into beautiful and functional rooms. This course will give you the know-how to design a room from floor to ceiling with understanding of color theory, industry trends, special arrangements, floor plans, design ideas, and interior design basics. Six week course access.

New course sessions begin monthly. Enroll at [www.ed2go.com/kankakeecc](http://www.ed2go.com/kankakeecc). Full details on registering for Ed2Go online classes is on Page 4.

**\$115**

## Learn to Buy and Sell on eBay - Online Course

Learn from an auction pro how to work from home or earn extra income by buying and selling goods online for top dollar.

This course will teach you how to get noticed, value items, sell quickly, protect against fraud, and safely conduct financial transactions. Six week course access.

New course sessions begin monthly. Enroll at [www.ed2go.com/kankakeecc](http://www.ed2go.com/kankakeecc). Full details on registering for Ed2Go online classes is on Page 4.

**\$94**





# Adult Education Learning System

Register at **adulted.kcc.edu** or call **815-802-8300**

IN-PERSON



## A new beginning for those who need it

**Please note:** We are ready to work with you! The COVID-19 pandemic has changed how classes are offered. It has not changed our commitment to helping you reach your goals. It's all more flexible now than ever!

Please call **815-802-8300** or visit **adulted.kcc.edu** for more information and to get started.

Auxiliary aids and services are available upon request for individuals with disabilities. Kankakee Community College is an equal opportunity, affirmative action employer. These classes are partially funded with federal funds.

## Adult literacy

**Do you want to learn to read better?  
Do you know someone who wants  
to learn to read better?**

**Volunteer  
Tutors  
needed,  
too!**

The ALIVE Adult Literacy program provides individual tutoring to improve the reading skills of adults ages 16 years and older.

### How help is provided:

- Tutoring is available at KCC, libraries, churches and a variety of other places.
- A caring, friendly space is created between the tutor and student.
- Reading, writing, English and math skills are taught.
- Services are provided at no cost to the student.

**Call 815-802-8307 or email [scarrell@kcc.edu](mailto:scarrell@kcc.edu) for information.**

## Get Your High School Equivalency *GED®/HiSet*

The High School Equivalency program prepares adults for higher education and the workforce. In addition to traditional classes, the program uses technology to help students prepare for, pass the test, and move on to better jobs with better wages.

KCC offers instruction and services to help you succeed on the GED or HiSet High School Equivalency test. There is no cost for classes – and several convenient options are available.

Online instruction is offered for those who qualify.

**Call 815-802-8300 or email  
[GED@kcc.edu](mailto:GED@kcc.edu) for more information.**



## High School Equivalency Preparation

These programs are designed for students to prepare for a high school equivalency test. The classes are for those who would like to improve skills.

### Program features:

- No cost to the student.
- Books are provided during class time.
- New class sessions begin every eight weeks.
- Meeting dates and times are flexible and tailored to meet the needs of students. More information is under "KCC Locations" on this page.
- Open to anyone age 16 and over who has separated from his/her high school. A letter showing high school separation is required for those under age 18.
- An online study option is available.

### Classes

Register for an orientation at [adulted.kcc.edu/ged](http://adulted.kcc.edu/ged)  
Orientation is required prior to enrollment.

### Online Course

The online course includes the option to meet personally with your instructor.

### KCC Locations

Kankakee and Watseka locations are open to share information in-person or by phone.

#### These sites offer

- Program information • Free wi-fi
- Computers with internet
- (Kankakee only) Class meetings by appointment

#### KCC Riverfront Campus (Main campus)

100 College Drive, Kankakee, Rooms L30A and L30B  
Phone 815-802-8300

#### Miner South Extension Center

1488 E. Walnut St., Watseka  
Phone 815-802-8780

*Be competitive in the local labor market*

## FREE classes to sharpen skills

### Computer Literacy

The Computer Literacy class will provide basic computer instruction as well as skills on how to use Windows 10, Microsoft Word, Internet and email.

#### Also offered:

- Interviewing for Success
- Resume Development
- Job Hunting in a Digital World

**FREE for residents!**

**For more information or to register,  
phone 815-802-8960.**

Classes are offered at KCC's North Extension Center,  
450 N. Kinzie Ave., Bradley.

Seating is limited. You must attend the entire class.



## ENROLL NOW!

### GED®+Career

### FREE for qualified students

Complete GED preparation & career training  
at the same time.

GED+Career is a partnership with  
select KCC programs.

Learn more at [adulted.kcc.edu](http://adulted.kcc.edu)  
or email [gbeglau@kcc.edu](mailto:gbeglau@kcc.edu).

## English as a Second Language (ESL)

All English Language classes are provided at no cost to the student. The classes are designed for non-native English speaking adults, 16 years or over who are not enrolled in high school, who would like to improve their English language reading, writing, speaking and listening skills. Instructors and tutors work with students in small groups. There are many levels of classes offered to help students at every stage of learning.

Go to [adulted.kcc.edu/esl](http://adulted.kcc.edu/esl) to register for an orientation. Program orientations are required prior to class enrollment.

**ESL is now offered in-person and remotely!**

### KCC Locations

#### KCC Riverfront Campus (Main campus)

100 College Drive, Kankakee,  
Rooms L30A and L30B  
Phone 815-802-8300

#### Miner South Extension Center

1488 E. Walnut St., Watseka  
Phone 815-802-8780

#### *These sites offer*

- Program information in-person or by phone
- Free wi-fi • Computers with internet

Register at [adulted.kcc.edu](http://adulted.kcc.edu) or call **815-802-8300**

IN-PERSON



## Learn English. Free.

**Aprende inglés. Gratis.**

**学英语。自由。**

**Uczyć się angielskiego. Darmowy.**

**Matuto ng Ingles. Libre.**



### **Classes offered: Kankakee • Online**

Info: [www.kcc.edu/esl](http://www.kcc.edu/esl) • 815-802-8304  
KCC Riverfront Campus Welcome Center

## Learn in-person or “Live online”

Do you have an internet connection? With sound and working camera? When class meets, you can participate from anywhere.

You can come to class in-person too.

*Get started today at* **[adulted.kcc.edu](http://adulted.kcc.edu)**

*Click* **Enroll**



*Kankakee Community College*  
**CONTINUING EDUCATION  
& CAREER SERVICES**  
100 College Drive, Kankakee, IL 60901

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POSTAL CUSTOMER



## Finding courses and enrolling has never been easier!

Visit: **continuinged.kcc.edu**

Click "Training" to browse continuing education courses

- **Look for upcoming courses • Register and pay online**
- **Sign up as a customer and register in just a few clicks**
  - **Use promo/discount codes for select courses**

*To register online:*

1. Sign up or Login
2. Select a course
3. Click on the date you want
4. Add it to your cart
5. Within the cart, checkout

**<http://continuinged.kcc.edu>** is the site to find and register for non-credit, Continuing Education and Career Services courses and workshops. For KCC credit division and adult education/GED preparation courses, visit [www.kcc.edu](http://www.kcc.edu) or submit a request at [info.kcc.edu](mailto:info.kcc.edu).