

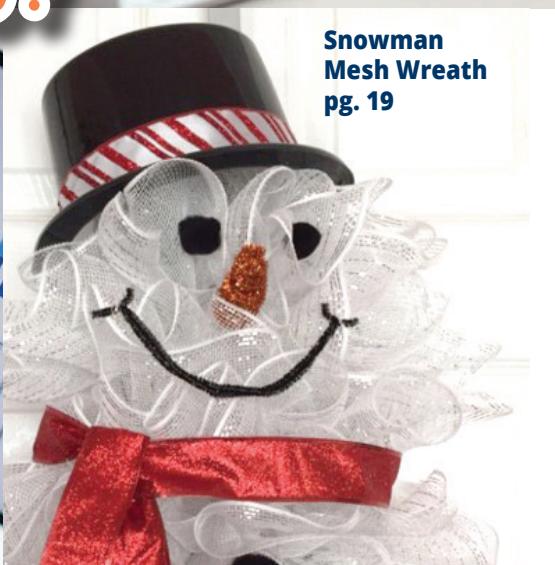
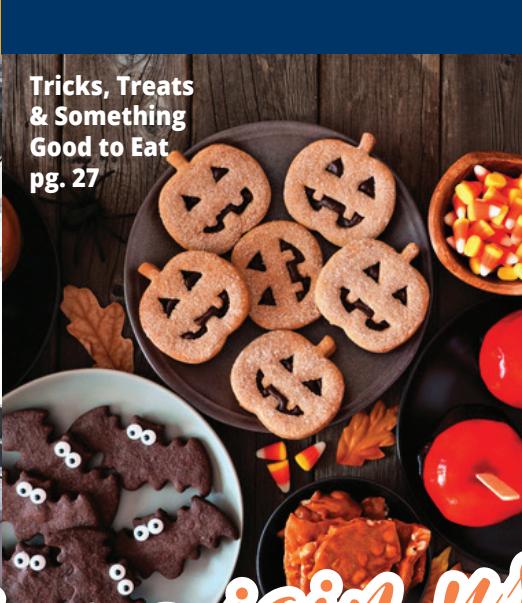
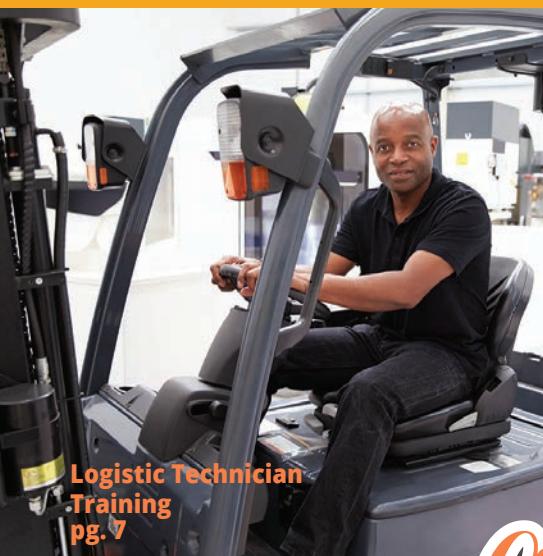
Kankakee Community College

Continuing Education

www.kcc.edu/comejoinus



Fall 2021



Kankakee Community College

**CONTINUING EDUCATION
& CAREER SERVICES**

**Your source for
continuing education
and career services
information**

***We're here.
Come join us.***

Visit us on the web
www.kcctrainingsolutions.org

- Register for classes
 - Learn about conference facilities
 - See the latest news and courses being offered
-

View the most current
class schedule at
www.kcc.edu/comejoinus

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Questions? Call us at 815-802-8206.
Fax: 815-802-8201

TTY users in Illinois: Phone Illinois Relay
at 711. Outside Illinois, the toll-free number
is 800-526-0844.



**We'll
help you
get there!**

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A note about COVID-19

We are proud to continue meeting the training and personal development needs of the community during the COVID-19 pandemic. Fall 2021 Continuing Education, Career Services and Adult Education courses include in-person and live webinar options. Continuing Education also offers self-paced online options through Ed2Go. When you attend an in-person class, you will be asked to follow KCC's current procedures to stop the spread of coronavirus. (As of this mailing, masks are not required for those who are fully vaccinated. All visitors to KCC are required to complete a self-assessment at certify.kcc.edu. If something changes and we cannot offer an in-person class as scheduled, it will either be canceled or moved to a live webinar format. We have found great success with live webinars and remote learning, but realize they aren't for everyone. So if you pay for a class and it changes, we will offer a refund.

This publication does not constitute a contract between KCC and its students, either collectively or individually. Course changes, modifications of fees, and other changes may occur after this publication has been printed and before these changes can be incorporated in a later edition. For this reason, the college does not assume a contractual obligation with its students for the contents of this publication.

Professional development credit

Kankakee Community College is an approved sponsor of continuing education for nurses; respiratory care practitioners; nursing home administrators; social workers; public accountants; licensed professional counselor/clinical counselor; athletic trainers; funeral directors and embalmers; physical therapists; occupational therapists; dieticians; and cosmetologists by the Department of Financial and Professional Regulation.

Every effort is made to ensure that instructors are knowledgeable in the subject that they are instructing. The views, opinions and beliefs of the instructors do not necessarily reflect the opinions of KCC.

EQUAL OPPORTUNITY/AFFIRMATIVE ACTION

KCC is an equal opportunity/affirmative action employer and complies with applicable federal and state laws prohibiting discrimination, including Title IX of the Educational Amendments of 1972, Section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990. It is the policy of the college that no person on the basis of race, gender identity/expression, sexual orientation, sex, genetic information, creed, religion, color, marital or parental status, veteran status, age, national origin, membership in any professional group, organization or association, socioeconomic status, mental or physical disability shall be discriminated against. This includes, but is not limited to admissions, employment, financial assistance, placement, recruitment, educational programs, or activities. Lack of English skills is not a barrier to admission and participation in educational programs. Inquiries or complaints may be addressed to David Cagle, director of human resources/Affirmative Action officer; Kim Harpin, director of support services/Section 504 coordinator; Kankakee Community College, 100 College Drive, Kankakee, IL 60901-6505; 815-802-8100. TTY users may phone 711. Outside of Illinois, dial 1-800-526-0844.

Cagle ensures that the college is in compliance with the federal law by handling complaints, answering questions, organizing information and relevant statistics and staying informed regarding laws which affect these areas.

Harpin coordinates the college's services/programs for disabled student/staff populations that allow access to education.

5 WAYS TO REGISTER...

Online

Visit kcc.edu/comejoinus

- Sign up or login • Select a course
- Click on the date you want
- Add it to your cart
- Within the cart, checkout

In-person

Complete the registration form and bring it to the Welcome Center at KCC. Payment may be made at that time.

**In-person registration is open
8 a.m. - 5 p.m. Monday through Friday.**

Phone

Call 815-802-8206. Have your credit card number (Visa®, MasterCard® and Discover® accepted) or a purchase order ready. The TTY number within Illinois is 711. Phone registration hours are 8 a.m. - 5 p.m. Monday through Friday.

Mail

Complete the attached registration form and return it along with full payment to Continuing Education & Career Services, Kankakee Community College, 100 College Drive, Kankakee, IL 60901. Do not mail cash.

Fax

Complete the attached registration form and fax it to **815-802-8201, ATTN: Continuing Education & Career Services.**

If you register by fax, you must pay by credit card (Visa®, MasterCard® and Discover® accepted) or purchase order.

General information

If you have questions about our courses, please phone Erica Billington at 815-802-8206 or continuinged@kcc.edu. Unless noted otherwise, participants must be at least 16 years of age.

Pre-registration

Pre-registration is required. Registrations are processed on a first-come, first-served basis. Due to minimum enrollment requirements, you are encouraged to sign up at least seven business days before the first session. In all classes except online classes, once the minimum enrollment requirement is met, registrations will be accepted until the start date if space is available.

Registering a friend or co-worker

You may register yourself and others. A separate form (or online registration) must be submitted for each person. Information required for each person – such as address, and birth date – must be included.

Registration confirmation

KCC will send a confirmation of registration if it is requested. The confirmation will include a receipt, your beginning and end course dates, classroom location and any additional information.

Waiting lists

If the class you want to take is full, ask to be placed on a waiting list. If another class is opened, you will be contacted.

Instructor absences

Instructors rarely miss classes, but if a session is unexpectedly canceled, every effort will be made to contact you. However, since this often happens on short notice, a sign will be posted at the class location.

Weather cancellations

When KCC campus closes due to inclement weather, Continuing Education and Career Services classes are postponed. Classes canceled due to weather will be rescheduled. Visit www.kcc.edu/notify for information on notifications.

Cancellation policy

If a class must be canceled or changed by KCC, those who have enrolled will have the option of a full refund. The college will make every attempt to notify participants in advance of cancellations and changes. Refunds from credit card payments will be made in the form of a credit to the cardholder's account.

Withdrawal policy

Participants may withdraw and receive full refunds until two working days before the first session of class. After that point, no refunds will be given. Withdrawals are accepted by phone at 815-802-8206, 8 a.m. - 5 p.m. Monday through Friday.

Ed2Go Classes

New course sessions begin monthly.

To register:

www.ed2go.com/kankakeecc

- Find the course
- In the Enrollment Options area, click "Add to Cart" for the enrollment option you want
- To register, go to your shopping cart and click to Begin Checkout
- Log in or create an account
- Complete enrollment in the "confirm/submit" pages
- Payment made with KCC

Registration Form

KCC OFFICE OF CONTINUING EDUCATION & CAREER SERVICES

100 College Drive • Kankakee, IL 60901-6505 • 815-802-8206 • FAX: 815-802-8201

Unless noted in the course description, registration deadline is seven business days before the course begins. See Page 4 for registration options.

Today's date: ____ / ____ / ____ Registration for which term: Fall 20____ Spring 20____ Summer 20____

PLEASE PRINT.

Name: _____ LAST _____ FIRST _____ MIDDLE (FULL) _____

Previous last name(s): _____

Street address: Home Business _____

City: _____ State: _____ ZIP code: _____ County: _____

Please mail a confirmation receipt. Unless this box is checked, a receipt will not be mailed.

Birth date: ____ / ____ / ____

Primary phone: Home Cell (_____) - _____
NUMBER

Alternate phone: Home Cell Work (_____) - _____
NUMBER

Business/Company name: _____

E-mail address: _____

Course Title	Start Date	Fee
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
TOTAL FEES: \$ _____		_____

Student's signature: _____ Date: _____

- Check enclosed, payable to Kankakee Community College.
 Please bill my company. A purchase order or voucher is attached.
 Please charge my credit card for the fees indicated above: MasterCard® Visa® Discover Card®

Card no.: _____ Exp. date: _____

In case of emergency, contact: _____ Phone: _____



IN-PERSON COURSES

Beginning Microsoft Word

Learn how to efficiently use the Word window; edit documents; move and copy text; distinguish between character and paragraph formatting; create and manage tables; control page layout features—including headers and footers, margins, and page breaks; and proof and print documents. Microsoft Office Specialist examination objectives will be covered.

Instructor: Christina Smith.

Class note: Prerequisite is Introduction to Microsoft Windows or equivalent experience.

Friday, Sept. 10
1-4 p.m. • KCC Room D122
\$75

Intermediate Microsoft Word

In this course, you will learn to work with styles, sections, and columns; formatting tables; print labels and envelopes; create templates and use building blocks; work with graphics and objects; and manage document revisions. Microsoft Office Specialist examination objectives will be covered. **Instructor: Christina Smith.**

Class note: Prerequisite is Introduction to Microsoft Word or equivalent experience.

Friday, Oct. 15
1-4 p.m. • KCC Room D122
\$75

Computer Skills

Register online at www.kcc.edu/comejoinus

IN-PERSON



Beginning Microsoft Excel

Excel has become the backbone that powers many organizations. Build your Excel skills in a one-day workshop for beginners. Gain hands-on experience and end your Excel frustrations by learning how to work with formulas and functions, entering and editing data, creating charts, formatting worksheets and much more. Practice while you learn the best features of this popular software package. **Instructor: Christina Smith.**

Class note: Prerequisite is Introduction to Microsoft Windows or equivalent experience.

Friday, Sept. 24
1-4 p.m. • KCC Room D122
\$75

Intermediate Microsoft Excel

Learn how to manipulate large worksheets; use multiple worksheets and workbooks; customize Excel; apply advanced formatting; use Excel as a list manager; perform advanced charting options; use auditing and comments features; and create and manage templates. Microsoft Office Specialist examination objectives will also be covered. **Instructor: Christina Smith.**

Class note: Prerequisite is Introduction to Microsoft Excel or equivalent experience.

Friday, Oct. 29
1-4 p.m. • KCC Room D122
\$75

Advanced Microsoft Excel

Topics include working with multiple worksheets and workbooks; using LOOKUP functions and formula auditing; sharing and protecting workbooks; data validation; creating sparklines; and mapping and forecasting data. Microsoft Office Specialist Expert-level exam competencies will also be covered. **Instructor: Christina Smith.**

Friday, Nov. 12
1-4 p.m. • KCC Room D122
\$75

Microsoft Excel PivotTables & PivotCharts

This course is designed for people who would like to become experts in creating and using Excel PivotTables and Pivot Charts. Learn how to build a pivot table, analyze data, customize your pivot tables and formulas, and turn your tables in charts. **Instructor: Christina Smith.**

Friday, Dec. 3
1-4 p.m. • KCC Room D122
\$75





Register online at www.kcc.edu/comejoinus



Excel IF and VLOOKUP Functions – Live Webinar

Join this session and master this time saving tip! The IF function is useful for making decisions by checking whether a condition is met and returns one value if the condition is true and another value if the condition is false. VLOOKUP is a tool for looking up a piece of information in a list and extracting some corresponding data. Learn both functions using practical examples. **Instructor: Judy Beaver.**

This is a live event. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require internet access and an email address.

Tuesday, Oct. 26
10-11 a.m.
\$29

Excel Tables and What-If Analysis - Live Webinar

Learn how to organize data in Excel with tables. You'll learn to create data validation rules for consistent data entry, create simple and custom sorts and use simple and advanced filters to find subsets of data. Also, learn how to use the three What-If Analysis tools: scenarios, data tables, and Goal Seek. These features allow users to see how using different numbers will affect the results. **Instructor: Judy Beaver.**

This is a live event. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require internet access and an email address.

Tuesday, Oct. 5
10-11 a.m.
\$29

MEET YOUR INSTRUCTOR

Judy Beaver

has more than 20 years of professional business experience as an office manager and consumer affairs manager and has taught business communication and software application classes at various Chicagoland community and business colleges. Judy authored the article, "Have Your Way with Word," for OfficePro, the magazine for administrative professionals. She is also the founder of National Proofreading Day. She volunteers as a trainer at the Career & Networking Center in Naperville to help job seekers with business writing and computer skills; she served on its board of directors for seven years. Judy also volunteers at the Morton Arboretum and with Junior Achievement.

Introduction to PowerPoint - Live Webinar

Learn how to produce a professional-looking presentation. Begin with adding new slides, changing layouts, adding tables and inserting charts. You can also include animation, narration, images, videos, and much more to bring your presentation to life. **Instructor: Judy Beaver.**

This is a live event. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require internet access and an email address.

Tuesday, Nov. 9
10-11 a.m.
\$29



Logistic Technician Training

2 week training offers:

- Forklift certification
- OSHA 10-Hour certification
- Certifications: First aid, Automated External Defibrillator & CPR
- Strengths Finder
- Workplace Excellence Soft Skill Development
- Resume Development and Interview Skills

Upon successful completion:

- Job interviews with area employers will be arranged
- Receive FREE work boots (suitable for warehouse or manufacturing)

Monday-Friday, Sept. 17-Oct. 1
8 a.m. - 4 p.m.
\$1,605

Scholarships to cover the cost are available!

For more information and to get started, email:
continuinged@kcc.edu

Program requirements: Attend all sessions, be 18 years of age or older with reliable transportation.



IN-PERSON
COURSES

Professional Development -Leadership Management Institute

Change Management

Change is constant, growth is not! This often-used quote highlights the challenge leaders face in a constantly changing business environment. In this workshop, participants will understand the importance of not only seeing change as a physical issue, but as a psychological issue as well. We'll look at change communications as a key element to successful change initiatives and how to craft effective messaging around change. Lastly, participants will explore the reasons why people resist change and what measures are most effective in various change situations.

Instructor: Rick Lochner.

Wednesday, Sept. 15
9 a.m. - noon • KCC Room D124
\$149

Decision-Making and Problem Solving

Decision-making and problem-solving are often used interchangeably when they are, in fact, two separate but related topics. Decisions are judgement calls made as a part of navigating the problem-solving process. In this workshop participants will explore and understand the difference and how to effectively leverage their decision-making to successfully navigate the problem-solving process. Both require critical thinking which will be an integral part of the discussion. Lastly, participants will explore the key obstacles to effective decision-making as well as some of the most common biases that influence effective decisions.

Instructor: Rick Lochner.

Wednesday, Oct. 20
9 a.m. - noon • KCC Room D124
\$149

Project Management Fundamentals

Work in the 21st Century has become more project based. Every project is defined by scope, budget and time. In this workshop, participants will be introduced to the many best practices to managing these three moving parts to every project and how they differ from process or product management. Each of the three elements of project management will be discussed at a basic level to introduce you to best practices that can be used on current or future projects or simply as part of your day-to-day workflow.

Instructor: Rick Lochner.

Wednesday, Nov. 17
9 a.m. - noon • KCC Room D124
\$149

Continuous Improvement

In the current business environment, anything that doesn't evolve gets left behind. This is true of business processes, skills and competencies and the tools used to support continuous improvement. In this workshop geared to those who are not in professional process improvement roles, participants will learn the seven wastes that typically exist in business processes and how to minimize waste in their area of operation. Regardless of your role in the organization, these tools and ideas cost nothing to implement and can be put into practice immediately.

Instructor: Rick Lochner.

Wednesday, Dec. 15
9 a.m. - noon • KCC Room D124
\$149

MEET YOUR INSTRUCTOR

Rick Lochner

is an accomplished coach, facilitator, college professor, keynote and workshop speaker, author and—foremost—a leader.



His vision is to help business owners, corporate and non-profit teams and individual professionals make leadership a way of life. Lochner grew up in a military family. During the 20 years his father was in the Army, the family moved 26 times. Lochner learned to adapt quickly to changing environments, and from an early age became a very goal-driven individual. Lochner has over 30 years of leadership experience in the military, fortune 100 companies, and through his own entrepreneurial and non-profit ventures. Lochner is the author of "The Missing Piece - Achieving Sustainable Success through Business Alignment."



"My first training with KCC, I would recommend Continuing Education & Career Services to my coworkers and others as my experience with staff, the quality of training, instructor and others was very professional in every aspect. I will attend continuing education classes with KCC in the future as I gained knowledge needed to help myself and my clients."

Brenda Duff



Upskill your employees

Online & in-person training offered
Stay ahead of the competition.
Improve Return on Investment

Types of training:

- Leadership and supervision
 - Technical/industrial/hands-on
- Empower your team! Use KCC's customized training and consultation services.

Get started by emailing
mposing@kcc.edu

Cannabis Careers & Compliance

Career Opportunities

Hear about career paths available in modern cannabis business, primarily in dispensaries. Includes interview advice and legal requirements to work in a dispensary.

Class note: Successful completers will earn a \$10 off coupon to attend the Responsible Vendor course on Oct. 26.

Tuesdays • Sept. 14 to Oct. 19
KCC Room D121
6:30-9 p.m.
\$20



Responsible Vendor Compliance Training

Learn about laws and rules for dispensary agents to know for daily operations.

Satisfies these training requirements:

- Section 10, Compassionate Use of Medical Cannabis Pilot Program Act
- Responsible vendor program requirement, Illinois Cannabis and Regulation Tax

Training approved by: Illinois Department of Financial and Professional Regulation

Tuesday, Oct. 26
6-9 p.m. • KCC Room D124
\$99



IN-PERSON COURSES

Food Sanitation and Safety

This course emphasizes food protection through sanitation training. You will learn proper food care for food service establishments. Successful completion of the course's qualifying examination qualifies individuals for Illinois Department of Public Health certification. You must fulfill course and testing requirements to be eligible for certification. **Instructors: Katie Taylor & Joshua Head.**

Class notes: Exam retakes are an additional fee, payment required prior to retake. Materials can be picked up prior to class after registration.

• **Saturday, Sept. 25**
8 a.m. - 5 p.m. • KCC Room D124
\$149, includes materials.

• **Saturday, Oct. 2**
8 a.m. - 5 p.m. • KCC Room D124
\$149, includes materials.

• **Saturday, Oct. 23**
8 a.m. - 5 p.m. • KCC Room D124
\$149, includes materials.

• **Saturday, Nov. 20**
8 a.m. - 5 p.m. • KCC Room D124
\$149, includes materials.

• **Saturday, Dec. 11**
8 a.m. - 5 p.m. • KCC Room D124
\$149, includes materials.

• **Saturday, Dec. 18**
8 a.m. - 5 p.m. • KCC Room D124
\$149, includes materials.

Professional Development

Register online at www.kcc.edu/comejoinus

IN-PERSON



COVID 19: Past, Present and Future – In-Person / Live Webinar

Barb Bancroft will discuss what we have learned from the pandemic, where it's going, what we have learned from our personal sacrifices and resiliency, and what the future holds for the healthcare of our friends, colleagues, and patients with "long-haul" COVID (Post-Acute Sequelae of SARS CoV-2). **Instructor: Barb Bancroft.**

Class notes: Three (3) continuing education contact hours will be awarded. Choose to attend in-person or as a live webinar.

Tuesday, Sept. 28
9 a.m. - noon
KCC Iroquois Room or Live Webinar
\$49

What's new in Autoimmune Diseases? – In-Person / Live Webinar

Join Barb Bancroft for this half-day seminar exploring the causes of common autoimmune diseases. She will discuss the new and exciting treatments that have been "game changers" for many individuals. You'll also learn why autoimmune diseases pick on women, come in clusters, and are on the rise.

Class notes: Three (3) contact hours awarded. Choose to attend in-person or as a live webinar.

Thursday, Nov. 4
9 a.m. - noon
Iroquois Room OR Live Webinar
\$49

Go far without your car!
Ed2Go online courses are convenient, affordable and effective.
www.ed2go.com/kankakeecc

MEET YOUR INSTRUCTOR

Barb Bancroft, RN, MSN, NP,



has provided more than 2,800 continuing education events on clinical topics pertaining to pathophysiology, physical assessment, and pharmacology to health care professionals throughout the U.S. and Canada. She has been the motivational keynote speaker on health maintenance topics for numerous nursing associations, medical associations, dental associations, and corporate groups and events. Bancroft is the author of four books: "Medical Minutiae," a humorous look at the fields of medicine and nursing; "An Apple a Day: The ABCs of Diet and Diseases"; "Live a Little, Laugh a Lot"; and "Kiss My Asparagus! An Essential Guide to Nutrition's Role in Health and Disease."



"I received my LPN (Licensed Practical Nursing certification) at KCC 20 years ago! I have attended many seminars and continuing education classes since then and have always been satisfied with the experience."

Jennifer K. Cappellano

CAREER SKILLS

Resume Development

Learn the basics of today's resume. Samples will be given as well as individual instruction on creating a resume—including what to include and the purpose. You will create your resume during the session using either Microsoft Office Word or WinWay Resume. **Instructor:** Kimberly Cross.

Class notes: Computer Literacy is required before the class. Remember to bring your employment and education history for your resume as well as a flash drive to save your completed resume.

Choose one:
Wednesdays
Sept. 15, Oct. 13, Nov. 10 or Dec. 15
1-3 p.m. • Room N102 at KCC's North Extension Center in Bradley
FREE

Job Hunting in a Digital World

Learn how to compete for employment in a digital job market. This class will discuss joining the job hunt, pitching the professional profile, learning to utilize LinkedIn, selling yourself on social media, retooling your resume and revealing job resources. **Instructor:** Kimberly Cross.

Choose one:
Wednesdays
Sept. 22, Oct. 20 or Nov. 17
1-2:30 p.m. • Room N101 at KCC's North Extension Center in Bradley
FREE

Interviewing for Success

This workshop will help you approach your next interview with increased confidence by putting your interview skills to the test in a fun environment. Learn tips that will help you land your next job. **Instructor:** Kimberly Cross.

Choose one:
Wednesdays
Sept. 29, Oct. 27 or Nov. 24
1-2:30 p.m. • Room N101 at KCC's North Extension Center in Bradley
FREE

CPR Health Care Provider

This course provides the information, training, demonstration and practice necessary to pass the CPR Health Care Provider written examination and perform adult, child and infant cardiopulmonary resuscitation acceptable to the American Heart Association (AHA). **Instructor:** Sheree Wertz.

Class notes: After successful completion, participants will receive an AHA certification card. No refunds are given after the registration deadline.

Tuesday, Sept. 7
8 a.m. - noon • KCC Room D151
\$105

Saturday, Oct. 2
8 a.m. - noon • KCC Room D151
\$105

Tuesday, Nov. 2
5-9 p.m. • KCC Room D151
\$105

Tuesday, Dec. 7
8 a.m. - noon • KCC Room D151
\$105



Live Virtual Summer Camps!
Classes start Sept. - Nov.

Saturday morning & Weekday evening sessions
Ages 8-14 • Prices \$135-\$169

Full descriptions and registration
blackrocket.com/online/kan > Season > Fall

Register by 6 p.m. three days before the start date.
 Within 24 hours of the camp, you will receive an email with a link to the session.

Look for these classes:

- Coding Academy
- Minecraft® Modders
- Minecraft® Redstone Engineers
- ROBLOX® Makers
- YouTube® Content Creators
- YouTube® FX Masters

Sexual Harassment Prevention - LIVE WEBINAR

This training meets the standards and guidelines for sexual harassment training that is required for all employers in the state of Illinois. Learn what sexual harassment is and what behaviors constitute sexual harassment. Topics include sexual harassment laws, responsibilities of employers and protections for employees regarding sexual harassment in the workplace. After this course, you will be better equipped with information on employee rights in the workplace regarding sexual assault and the information needed to file a report. **Instructor: Kristin Giacchino.**

This is a live event. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require an email address and a device with internet access, a camera and microphone. Class note: One (1) contact hour awarded upon successful completion to nurses, nursing home administrators, social workers, counselors, respiratory technicians, occupational therapists, physical therapists and dietitians.

Wednesday, Sept. 22

Noon - 1:30 p.m.

\$20

Monday, Nov. 15

10-11:30 a.m.

\$20

**Interested in
teaching a
class?**

Contact:

dhdenson@kcc.edu

MEET YOUR INSTRUCTOR

Mark Sanders, LCSW, CADC

is a speaker on behavioral health topics whose presentations have reached thousands throughout the U.S., Europe, Canada, the Caribbean and British Islands. He is the author of five books, and the most recent is "Recovery Management and Relationship Detox: Helping Clients Develop Healthy Relationships in Recovery." He also has had two stories published in the New York Times bestselling book series, Chicken Soup for the Soul.



Blind Spots: Implicit Bias – In-person / Live Webinar

Implicit biases are unconscious attitudes that affect our decisions in a number of areas including the criminal justice system, workplace, education, health care system, sports and direct clinical practice. Blind spots affect our ability to turn implicit bias into explicit bias. Topics covered include: changing demographics and the need to move beyond blind spots; implicit bias and the brain; implicit bias awareness and intervention strategies; how a search for strengths can diminish implicit biases in the clinical relationship; research on implicit biases and implications for clinical practice. **Instructor: Mark Sanders.**

Class notes: Choose to attend in-person or as a live webinar. Continuing education hours can be applied toward the Illinois Department of Professional Regulations ethics and cultural competency requirement for social workers and counselors.

Friday, Oct. 8

9 a.m. - noon • KCC Iroquois Room

\$49

MEET YOUR INSTRUCTOR

Gary Gilles, MA, LCPC

is a Licensed Clinical Professional Counselor in private practice in Palatine. He is co-founder of Grove Center for Counseling and specializes in attachment-related disorders and chronic disease management. Gilles has more than 25 years of clinical experience and is the author of three books, including "How to Be an Emotionally Intelligent Parent." Gilles is a national speaker who teaches seminars and conducts training on a variety of topics related to mental health. He also is an adjunct faculty member at the University of Chicago's School of Social Service Administration, Oakton Community College's Alliance for Lifelong Learning, and Trinity International University.



The Ethics of Caregiving in an Increasingly Complex Health System - LIVE WEBINAR

Approximately one in three families in the U.S. cares for an aging, disabled or chronically ill family member. The percentage of families caring for a loved one is expected to increase dramatically over the next decade due to many anticipated changes in our healthcare system and federal entitlement programs. The ethics surrounding care giving challenges some of our deepest beliefs about family, the sanctity of life, a person's dignity, and death. **Instructor: Gary Gilles.**

This is a live event. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require internet access and an email address.

Class notes: Two (2) contact hours will be awarded.

Friday, Nov. 19

10 a.m. - noon

\$39

Spanish for Medical Professionals – Online Course

Prepare for any situation by bridging the communication gap between you, your patients, and worried family members. This course provides knowledge of basic medical phrases to help you better communicate with the Spanish-speaking community.

Class notes: New course sessions begin monthly. Enroll at ed2go.com/kankakeecc. Full details on registering for Ed2Go classes is on Page 4.

\$100

Certificate in Food, Nutrition and Health – Online Course

Gain insight into how food interacts with your body and how to make healthy changes for better nutrition. This course provides a holistic overview of current food and nutrition issues and their impact on physical, social, emotional, and spiritual health.

Class notes: New course sessions begin monthly. Enroll at ed2go.com/kankakeecc. Full details on registering for Ed2Go classes is on Page 4.

\$160

Certificate in Integrative Behavioral Health – online course

Learn a groundbreaking, holistic and integrative approach to treating mental health problems. This course will provide complementary methods of care which are combined with medications and psychotherapy to effectively address the physical, psychological, and spiritual needs of individuals with a variety of mental health conditions.

Class notes: New course sessions begin monthly. Enroll at ed2go.com/kankakeecc. Full details on registering for Ed2Go classes is on Page 4.

\$164

Register online at www.kcc.edu/comejoinus

IN-PERSON



Certificate in Gerontology – online course

Prove you have the skills required to meet the health care needs of an aging population. This course will deliver the information you need to work with people over 65 including assessing and managing pain, common issues of aging, dealing with elder abuse, mental health, and death and dying.

Class notes: New course sessions begin monthly. Enroll at ed2go.com/kankakeecc. Full details on registering for Ed2Go classes is on Page 4.

\$210

Certificate in Perinatal Issues – online course

Distinguish yourself as a skilled professional in perinatal care. This course will enhance your ability to care for and support childbearing women, newborns, and families with information on cultural influences as well as common problems and risk factors you will experience in this field.

Class notes: New course sessions begin monthly. Enroll at ed2go.com/kankakeecc. Full details on registering for Ed2Go classes is on Page 4.

\$150

Certificate in Women's Health Issues – online course

Help make immense improvements in the health and well-being of women and their children on a global scale by focusing on women's health concerns and rights. This course will provide information on key health issues facing women nationally and globally.

Class notes: New course sessions begin monthly. Enroll at ed2go.com/kankakeecc. Full details on registering for Ed2Go classes is on Page 4.

\$140

Guided Reading: Strategies for the Differentiated Classroom – online course

Lead your students through new creative ways of approaching increasingly challenging texts. This course will help you discover how to build a balanced literary framework that gets results with even the most challenged learners.

Class notes: New course sessions begin monthly. Enroll at ed2go.com/kankakeecc. Full details on registering for Ed2Go classes is on Page 4.

\$94

Singapore Math: Number Sense & Computational Strategies – online course

Learn how to make math purposeful, interesting and relevant. This course will help you discover how to use concrete, pictorial and abstract strategies to make addition, subtraction, multiplication and division a cinch for any student.

Class notes: New course sessions begin monthly. Enroll at ed2go.com/kankakeecc. Full details on registering for Ed2Go classes is on Page 4

\$94

Differentiated Instruction in the Classroom – online course

Discover 10 practical Differentiated Instruction strategies including interest centers, and flexible grouping that will meet the needs of the diverse learners in your class. This course packs real-world examples into every lesson that will help you put these strategies immediately to use in your own classroom.

Class notes: New course sessions begin monthly. Enroll at ed2go.com/kankakeecc. Full details on registering for Ed2Go classes is on Page 4.

\$94



FREE TRAINING

We have FREE TRAINING opportunities for many manufacturing-related programs. Qualified participants can train for an in-demand career with **FREE tuition, fees, books and certification exams.**

Information and get started:

skills.kcc.edu

Funded by the One Workforce grant, U.S. Department of Labor. There are residency, age and employment qualifications. People from underrepresented groups can also qualify.

Register online at www.kcc.edu/comejoinus

IN-PERSON



Teaching Students with Learning Disabilities – online course

Learn how to meet the diverse needs of students with disabilities in your classroom through easy, practical, and creative strategies developed by an experienced special educator. This course explores the total special education process and helps you understand and empower your special needs students.

Class notes: New course sessions begin monthly. Enroll at ed2go.com/kankakeecc. Full details on registering for Ed2Go classes is on Page 4.

\$94

Six Sigma - Total Quality Applications – online course

Learn to effectively apply Six Sigma knowledge to real-world problems. This course will provide you with the skills to apply the DMAIC (define, measure, analyze, improve, and control) model to successfully define, plan, implement and close a Six Sigma project.

Class notes: New course sessions begin monthly. Enroll at ed2go.com/kankakeecc. Full details on registering for Ed2Go classes is on Page 4.

\$94

Accounting Fundamentals – online course

Gain a solid foundation of accounting with hands-on-experience. This course will provide you with the essentials of double-entry bookkeeping as you learn to properly analyze and record receivables, payables, payroll, taxes, and common banking activities within professional accounting activities.

Class notes: New course sessions begin monthly. Enroll at ed2go.com/kankakeecc. Full details on registering for Ed2Go classes is on Page 4.

\$94

A to Z Grantwriting – online course

Learn the ins and outs of grant writing from a veteran grant writer. This course will provide the experience and skills you need to become a successful grant writer as you learn to put together stand-out proposals that will encourage funds from donors.

Class notes: New course sessions begin monthly. Enroll at ed2go.com/kankakeecc. Full details on registering for Ed2Go classes is on Page 4.

\$115

Fundamentals of Technical Writing – online course

If you have a knack for explaining complex subjects in a way that makes them easy to understand, you should consider entering the well-paying field of technical writing. This course will teach you the fundamental techniques that all successful technical writers use.

Class notes: New course sessions begin monthly. Enroll at ed2go.com/kankakeecc. Full details on registering for Ed2Go classes is on Page 4.

\$94



"This lecture was my first experience with KCC. I gained knowledge of a topic which is useful in my field. I look forward to further webinars."

Jacqueline Darnell

Purchasing Fundamentals – online course

Master the fundamentals of purchasing by understanding your role as a purchasing practitioner. This course will help you define internal customer needs, generate purchase requisitions and purchase orders, manage supplier deliveries, maintain records, manage budgets, and more.

Class notes: New course sessions begin monthly. Enroll at ed2go.com/kankakeecc. Full details on registering for Ed2Go classes is on Page 4.

\$94

Register online at www.kcc.edu/comejoinus



“

“KCC is the best to help me get my 20 CEUs I need. I tell everyone how easy it is to get quality education.”

Donna Butera

Try out Career Coach

Career Coach is an interactive career information tool.

You can...

- 🎓 Browse educational **OFFERINGS**
- 🔍 Explore the local **JOB MARKET**
- 📄 Build a **RESUME**
- 📝 Research and choose a **CAREER**
- 📝 Apply for **JOBS**

Get started at...
kcc.emsicc.com

Program partners:

Community Foundation of Kankakee River Valley
Economic Alliance of Kankakee County
Kankakee Area Career Center
Kankakee Community College

UP TO \$10,000 for career training

Funding can cover Tuition, Fees & Books and much more...

kcc.edu/wioa or phone 815-802-8960

Program administrator



Kankakee Workforce Services
An Illinois workNet® Center

A proud partner of the AmericanJobCenter® network

Funded by

Workforce Board
GRUNDY • LIVINGSTON • KANKAKEE

WIOA is an Equal Opportunity Employer/Program. Auxiliary aids and services are available upon request. The Workforce Innovation Opportunity Act program (WIOA) is a federally funded grant program that assists qualified adults and youth in preparing for occupations that are in demand. Grant services are for residents of Kankakee County and individuals laid off from a Kankakee County employer. Information at www.kcc.edu/wioa/. EOE/auxiliary aids and services are available upon request.

Project Management Applications – online course

This course will teach you powerful tools and techniques that experienced project management professionals rely on every day. It includes how to maximize your project's chance of success and become proficient; and recruiting and empowering your project team members. This course will also help you prepare for the internationally recognized Project Management Professional (PMP®) and Certified Associate in Project Management (CAPM®) exams offered by the Project Management Institute, PMI®.

Class notes: New course sessions begin monthly. Enroll at www.ed2go.com/kankakeecc. Full details on registering for Ed2Go Classes in on Page 4.

\$94

Project Management Certification Prep 1 – online course

Prepare for the Project Management Institute's Project Management Professional (PMP) certification exam. This course will help you master the content in the first seven chapters of the PMBOK Guide and discover tips and techniques related to questions you will experience on the PMP exam.

Class notes: New course sessions begin monthly. Enroll at www.ed2go.com/kankakeecc. Full details on registering for Ed2Go Classes in on Page 4.

\$114

Project Management Certification Prep 2 – online course

Continue preparing for the Project Management Institute's Project Management Professional (PMP) certification exam. This course will help you learn more about the PMBOK Guide as you gain insight into PMI's code of professional responsibility and discover powerful techniques that will help you pass.

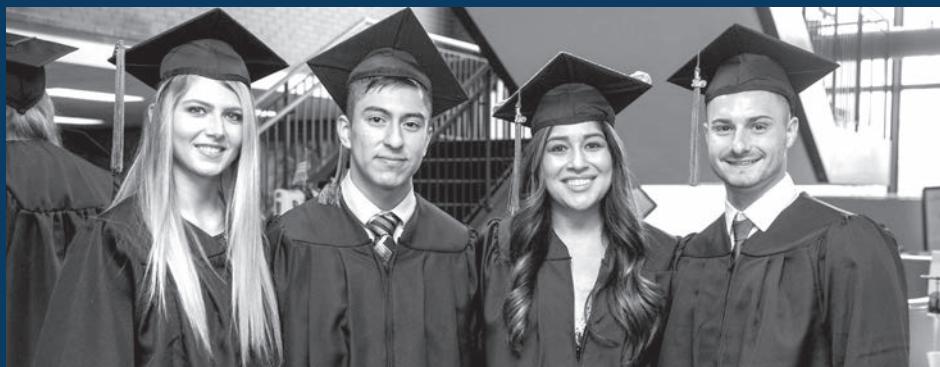
Class notes: New course sessions begin monthly. Enroll at www.ed2go.com/kankakeecc. Full details on registering for Ed2Go Classes in on Page 4.

\$114

Register online at www.kcc.edu/comejoinus



Kankakee Community College



LOOKING FOR A JOB?

Let us help

Charlton Career Center

FREE consultation & services to assist you with your job search including:
Job postings • Job fairs • Interviewing techniques
Resume development assistance

UPCOMING JOB FAIRS

FALL 2021

- Industry-specific job fairs
- KCC North Extension Center, 450 N. Kinzie Ave., Bradley
- Fridays from 9 a.m. - 1 p.m.
- 10 employers per fair

Sept. 10 Staffing Agencies (hiring for variety of industries)

Oct. 1 Manufacturing & Warehouse

Oct. 8 Retail & Food Service

Oct. 29 Transportation & Logistics

Nov. 5 Health Careers

Nov. 12 Business & Customer Service/Other

Nov. 19 Manufacturing & Warehouse

Kim Cross, Coordinator

815-802-8222 • KCC Room D121 (near the Welcome Center entrance)

careerservices@kcc.edu



CNA Re-Certification

A process for those who are no longer on the Illinois Health Care Registry.

There are 4 steps to re-certify:

1. Go to nurseaidetesting.com/recertification-online-form/. Fill out the form and submit it.
2. Call 877-262-9259 to provide your name and Social Security number which match information already submitted online.

You will receive a confirmation letter and booklet

3. Schedule a date and time to complete the manual skills test with an approved evaluator. The cost is \$199. To schedule with KCC, phone the Office of Continuing Education and Career Services at 815-802-8206.

Upon successful completion of the manual skills test, you will receive an email that directs you online.

4. Go online to verify your eligibility, create an account, and purchase a seat for the written exam. The cost of the written exam is \$75.

Once you pass the written exam, the results will be posted the following month at

hcwrpub.dph.illinois.gov

Highway Construction Careers Training Program

Funded by the Illinois Department of Transportation



Class starts: September 13

**Orientation & Testing: Aug. 24-26
9 a.m. - 12:30 p.m. • Room D151**

About the program

The Highway Construction Careers Training Program (HCCTP) is opened to all qualified individuals, but is designed to provide qualified minorities, women and disadvantaged individuals with training in highway construction careers. The HCCTP will also emphasize life-long learning and provide opportunities for further education and assistance to improve employability in Illinois' highway construction industry.

This is a FREE 12-week program.

Career opportunities:

- Laborers
- Equipment operators
- Ironworkers
- Carpenters
- Cement masons
- Electricians
- Plumbers
- Painters
- Inspectors & Testers

Requirements:

- Valid driver's license
- 18 years or older
- High School diploma/GED
- Drug Test (we test for THC)
- Interest working in the Construction Trades

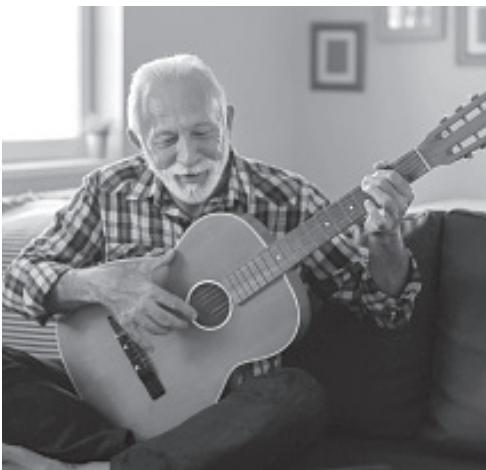
Contact:

Alex Smith
agsmith@kcc.edu
815-802-8205

The Illinois Department of Transportation and the participating community colleges do not guarantee employment upon a trainees' graduation from the Highway Construction Careers Training Program.

**Register for orientation:
kcc.edu/hcctp**

Sign up/register on the site to sign up for a class.



IN-PERSON COURSES

Group Guitar

This is an introductory course to playing guitar in a group setting, intended for students without prior knowledge of the instrument. You'll learn music notation and tablature for guitar, fingering for basic open chords, interpreting basic chord symbols, right hand strumming techniques and styles, playing simple song melodies, use of chords as accompaniment, and right-hand picking technique. You'll also learn how to tune and basic instrument maintenance. **Instructor: Tammy Cantrell.**

Class note: Bring your guitar, tuner and picks.

**Mondays • Sept. 20 to Nov. 8
6:30-7:30 p.m. • KCC Room D123
\$150**

Playing the Ukulele

Get started with the ukulele by learning basic chords and strum patterns at a pace designed for first-time players. You'll learn the basics of chords, strum patterns, finger picking, music notation and songs. Even if you've tried guitar and thought it was too hard, you'll be surprised by how soon you're playing songs on the ukulele. **Instructor: Tammy Cantrell.**

Class notes: This class is for those who have never played an instrument before. Bring your ukulele, tuner and picks.

**Mondays • Sept. 20 to Nov. 8
5:30-6:30 p.m. • KCC Room D123
\$150**

Personal Enrichment

Register online at www.kcc.edu/comejoinus

IN-PERSON



Intro to Smudge Materials and Smudging

Smudging is traditionally a ceremony for purifying or cleansing the soul of negative thoughts of a person or place. Smudging involves the burning of sacred herbs, such as white sage, or resins, and is a ceremony practiced by some Indigenous people of America. In this class, you'll learn about the history and continued use of smudge materials. Plus, you'll get to take home samples of 6-8 different materials used for smudging. **Instructor: Dawn Wrobel.**

**Wednesday, Sept. 22
6-8 p.m. • KCC Room D151
\$15, plus a \$20 material fee payable at class.**

Leather Earrings

Join us for this craft class with Dawn Wrobel! Leather and faux leather are lightweight, easy to cut to shape and come in an amazing number of colors, textures and patterns. Using leather, faux leather, leather lace and embellishments, you'll create four pairs of earrings to keep or give as gifts. Projects include neutral and specialty finishes. No experience necessary. **Instructor: Dawn Wrobel.**

**Thursday, Oct. 21
6-9 p.m. • KCC Room D151
\$19, plus a \$22 material fee payable at class.**

Aromatherapy Accessories

Join us for this fun craft class! You'll create four fashionable aromatherapy accessories: a bracelet (up to 11 inches long), sized for a man or a woman; a key fob; vent clips for your car and office; and a holiday ornament. Lava stone and wood beads hold your favorite essential oils when you finish. **Instructor: Dawn Wrobel**

**Thursday, Nov. 18
6-9 p.m. • KCC Room D151
\$19, plus \$28 material fee payable at class.**



Fall Door Basket

Join us for a fun evening of basket weaving. Create your own fall door décor. This basket also would make a great gift for a special friend. All supplies except flowers to make the basket are included. **Instructor: Sharon Taylor.**

**Thursday, Sept. 23
6-8:30 p.m. • KCC Room D151
\$32**



Faux Caramel Apples

Add an appetizing display to your fall table with these faux caramel apples. You will create five caramel apples to take home. No experience necessary. All supplies are included. **Instructor: Amber Gocken.**

**Friday, Sept. 17
6-8 p.m. • KCC Room D151
\$20**



Choose Your Awareness Mesh Wreath

Everyone has a special cause they choose to show awareness for, whether it is Cancer, Alzheimer's or Autism. You can also show support for non-medical causes that are important to you, like patriotism. Whatever your cause, come create an awareness ribbon wreath to display. There will be an array of different colors to choose from. No experience necessary.

Instructor: Amber Gocken.

Friday, Sept. 24

**6-9 p.m. • KCC Room D151
\$39, includes all materials.**



Decorative Mesh Ghost Wreath

Give the little goblins in your neighborhood a mild fright with this ghostly adornment. You will create a cute little ghost wreath from decorative mesh to hang on your door or your wall. No experience necessary. **Instructor: Amber Gocken.**

Friday, Oct. 1

**6-9 p.m. • KCC Room D151
\$42, includes all materials.**



Register online at www.kcc.edu/comejoinus

IN-PERSON



Let It Snow Mesh Wreath

Winterize your home with a Let it Snow custom-made mesh wreath. You will create a beautiful holiday wreath from decorative mesh with a red and white "Let It Snow" sign to hang on your door or wall. No experience necessary. **Instructor: Amber Gocken.**

Friday, Dec. 3

**6-9 p.m. • KCC Room D151
\$42, includes all materials.**



**Visit KCC's
Welcome
Center
to register for
Continuing
Education classes.**



Snowman Mesh Wreath

This cheerful little snowman will make your holidays bright. You will create a beautiful snowman made from decorative mesh to hang on your door or wall. No experience necessary. **Instructor: Amber Gocken.**

Friday, Dec. 10

**6-9 p.m. • KCC Room D151
\$42, includes all materials.**



"KCCs Continuing Ed opportunities are always great quality and run well, especially through the pandemic. Thank you for maintaining these opportunities for professionals."

Matt Hedding-Hess

Wayne Baranowski

Wayne Baranowski is a life-long resident of the Kankakee area who knows that Kankakee County and its surrounding communities are a great place to live, work and play. For over 35 years, Baranowski has been providing professional images throughout the area. He has won several awards from the Associated Press and Illinois Press Association, as well as a Pinnacle Award. Baranowski has been an instructor at KCC for many years as well.

Beginning Photography

Learn the fundamentals of camera operation, photographic composition, exposure techniques, depth-of-field and how to compose photos using natural and artificial lighting. Several photo techniques will be discussed; and participants will practice shooting photos during class. Bring your camera (digital or 35 mm) to class. Even if you are looking to buy a camera, this is a great class to take. **Instructor: Wayne Baranowski.**

**Wednesdays Sept. 15 to Nov. 3
6-8 p.m. KCC Room D123
\$89**

Interested in teaching a class?

Contact:

dhdenson@kcc.edu

PERSONAL ENRICHMENT - Lectures

The Post-Civil War Era – Union Veterans

The end of the Civil War brought with it a whole new set of problems for the nation. One question in American society was whether or not soldiers of the north and south could successfully assimilate back into civilian life. We will review how 19th century Americans viewed returning veterans, the struggle between veterans and the next generation of middle-class men, and tension within the African-American community around the image of the black soldier.

Instructor: Christina Smith.

**Friday, Sept. 10
9 a.m. - noon • KCC Room D123
\$25**

The Post-Civil War Era – Confederate Veterans

As the Civil War ended, Confederate veterans had very different experiences from their Union counterparts. Every aspect of their lives were different from their northern counterparts, including the logistics of returning home to their families, being denied federal pensions, loss of their homes and more. Although the Union Veteran and Confederate Veteran classes complement each other, they do not have to be taken together.

Instructor: Christina Smith.

**Friday, Sept. 24
9 a.m. - noon • KCC Room D123
\$25**

Women's Suffrage Movement

The woman's suffrage movement was born in the 1840s and fought until the 19th Amendment to the U.S. Constitution was passed in 1920. Come celebrate the 100-year anniversary and remember the strong and dedicated women who fought for the enfranchisement of millions. We will discuss the struggles over the decades, including the Seneca Falls Convention of 1848, the impact of the Civil War and Reconstruction, shifting goals and strategies of suffragists, and more about both sides of the cause. **Instructor: Christina Smith.**

**Friday, Oct. 1
9 a.m. - noon • KCC Room D123
\$25**

The California Gold Rush

When gold was found at Sutter's Mill in 1848, John Sutter asked his men to keep it a secret. Weeks later, after President James Polk confirmed the story, gold fever erupted. The Gold Rush brought about a mass migration. This class will explore more about Sutter and the initial discovery. We will discuss types of mining, successes and failures, camp life and mining towns, racial and ethnic tensions, and impacts to local indigenous peoples. Come learn why all that glitters is not gold.

Instructor: Christina Smith.

**Friday, Oct. 15
9 a.m. - noon • KCC Room D123
\$25**

Christina Lea Smith

is currently working toward her master's degree in Library & Information Science at the University of Illinois at Urbana-Champaign. In 2015, she completed her master's degree in history from Illinois State University. Her thesis, "Joseph Addison Turner: The Countryman and Confederate Nationalism" won the 2015 James C. Bonner Award for best master's thesis. She has also published "Elizabeth Parsons Wade Packard's Challenge of True Womanhood" in the peer-reviewed Journal of Illinois History.



Smith has over 20 years teaching experience at colleges across Illinois. She focuses on 19th century American history and Civil War seminars. She volunteers as an instructor for Bradley University's Osher Lifelong Learning Institute. Smith also speaks at historical societies, women's groups, and other associations.

The Salem Witch Trials

This class will shed light on a dark corner of American history. The events of 1692 are well known: Witchcraft plagued Salem, Massachusetts. Following a trial, women were hanged. This class will discuss the afflicted and accused, and the role of judges. The trial's causes and controversies will be analyzed, and we will explore the community and causation, the social context of witchcraft, how gender and ethnicity played a role, the legal aspects, and the legacy of the trials. **Instructor: Christina Smith.**

Friday, Oct. 29

9 a.m. - noon • KCC Room D123

\$25

The Pumpkin: A Thanksgiving Tradition

An essential dessert at one of America's most inclusive holidays, the pumpkin is an American symbol of many things, including Thanksgiving. This class explores the history of the pumpkin, from colonial to modern times. Initially seen as food for the lower classes, the pumpkin has shifted in importance through farming and culinary efforts to become a "democratic" food that all classes easily produced regardless of wealth or status. We will learn how the Civil War, Thanksgiving, and industrialization impacted the pumpkin and turned it into a cultural icon. **Instructor: Christina Smith.**

Friday, Nov. 12

9 a.m. - noon • KCC Room D123

\$25

Christmas in the White House

The holidays and history come together as this class explores how Christmas and the holidays were celebrated by our past presidents at the White House. It covers how the holiday décor and frenzy has shifted over the generations, and how traditions were kept over the years. Topics include the earliest Christmas tree accounts, why Teddy Roosevelt with his five children and menagerie of pets did not want a Christmas tree; and how our First Ladies decorated the White House. **Instructor: Christina Smith.**

Friday, Dec. 3

9 a.m. - noon • KCC Room D123

\$25

Register online at www.kcc.edu/comejoinus



How Artificial Intelligence Works

Artificial intelligence is an encompassing term that has untold potential in our careers and culture. With some brief fundamental knowledge, practical applications, interactive activities and helpful tips, this workshop could help you better understand how AI impacts your daily life. **Instructor: Joshua Riley.**

Tuesday, Oct. 19

6-8 p.m. • KCC Room D123

\$15

MEET YOUR INSTRUCTOR

Joshua Riley

is an adjunct professor of English at KCC. He recently was awarded Adjunct Faculty of the Year Award at KCC. Riley's thesis was on artificial intelligence as it reads through the lens of gender, class and race. Riley also writes articles on craft beer.



"Enjoyed the Zoom tour of Milwaukee bakeries very much. The sample box was varied, fresh and delicious. Staying home for such a long period of time is challenging. Appreciate the extra efforts of the Continuing Ed and Career Services Office to offer us unique opportunities."

Linda Klette



"This workshop was my first experience with KCC. The workshop was excellent. I learned a great deal from an excellent, enthusiastic instructor."

Catherine Bockmier-Sommers



Make Your Own Succulent Arrangement in a Pumpkin

Come and create a succulent tabletop arrangement in a pumpkin, featuring a variety of succulents grown by in KCC's greenhouse. This workshop will cover helpful tips on plant selection, proper building techniques, picking the right container, tricks for planting, maintenance and displaying within any home or office environment. You can even re-make this project again. **Instructors: Holly Froning**, University of Illinois Kankakee Extension Office; and **Katelynn Ohrt**, KCC Horticulture program director.

Class notes: You'll keep your fabulous creation, materials and care instructions. All skill levels are welcome.

**Monday, Oct. 4
5:30-6:30 p.m.**

KCC Horticulture Building, on West Campus of the Riverfront Campus.
\$39, includes all materials and educational handouts provided by the University of Illinois Extension.

Make Your Own Succulent Book Planter

Come and create a tabletop arrangement in a hard cover book featuring a variety of succulents grown in KCC's greenhouse. You'll get helpful tips on plant selection, proper building techniques, picking the right container with favorite tricks for planting, maintenance and displaying within any home or office environment. You can even re-make this project again. **Instructors: Holly Froning**, University of Illinois Kankakee Extension Office & **Katelynn Ohrt**, KCC Horticulture program director.

Class notes: You'll keep your fabulous creation, materials and care instructions. All skill levels are welcome.

**Monday, Nov. 8
5:30-6:30 p.m.**

KCC Horticulture Building, on West Campus of the Riverfront Campus.
\$26, includes all materials and educational handouts provided by the University of Illinois Extension.

MEET YOUR INSTRUCTOR

Time to: Write a Story

This class gives beginner and experienced writers the chance to learn more about the craft of writing. It will cover what writers need to know to write: a story for family, a short story, a magazine story, a novelette, a novel, etc. We will take one event from your life and start to make it into a short story to share with family and friends.

Instructor: Sue Eggerton.

**Wednesday, Nov. 17
10 a.m. - 5 p.m. • KCC Room D123
\$39**

Sue Eggerton

is a six-sensory, author, speaker, and intuitive. As a personal and spiritual adviser, people are drawn to Eggerton for her loving and exuberant teaching style. Her diversified background and lifestyle have combined to give her a different perspective on life's situations and solutions. She uses her intuition in all facets of her life. "Life is Like Making Chocolate Chip Cookies," her first book, was published in 2008.



Time to: Meditate

Take some time out of your week and meditate. This class is for anyone wanting to meditate. It is to give you time to meditate with a group and learn new meditating skills. The class will spend 25 minutes getting ready to meditate, 1 hour of meditating, and 35 minutes of cooling down and sharing (if you wish to do so). No yoga mats needed. Just come with a desire to meditate. **Instructor: Sue Eggerton.**

**Wednesday, Sept. 22
2-4 p.m. • KCC Room D123
\$12**

Time to: Trust Your Gut

You can tap into your 'gut feelings'—the special inner knowledge (Intuition) we all have. Meditation, combined with other practices, will teach you how to listen, trust, and act on your Intuition, which is a natural ability that makes life easier, more abundant, and happier. This class enables you to use your "sixth sense" to gain more self-confidence and live a better life. It is a participation class, so come prepared to enjoy yourself. **Instructor: Sue Eggerton.**

**Wednesday, Oct. 20
1-5 p.m. • KCC Room D123
\$25**



"KCC staff do excellent work, and I always recommend their training to others."

Frank Majeski

PERSONAL ENRICHMENT - Language

Spanish Interpretation: General

Interpreters are needed in public service areas. If you love helping people, have a good ear for language and can speak Spanish, you should consider working as a Spanish interpreter. Individuals unable to communicate in English or with limited English proficiency often cannot gain access to services and are at considerable risk for receiving inappropriate care because of the language barrier. This course teaches the skills necessary to become an effective interpreter. It includes skits and plenty of practice. **Instructor: Lupita Sorich.**

Class note: You must be fluent in both English and Spanish before enrollment.

**Mondays • Sept. 20 to Oct. 25
6-9 p.m. • KCC Room D124
\$99**

Spanish Interpretation: Legal

Court interpreters provide accurate interpretation and translation in courtrooms and other legal proceedings, using legal terminology and knowledge of legal procedures and processes. After course lessons, interpreters will practice skills through role playing for a real-world experience. The course covers: fundamentals of legal interpretation; roles of the legal interpreter; interpreter protocol; code of ethics; standards of practice; legal vocabulary acquisition; and study. Oral interpretation exercises, role playing and memory techniques will also be taught. **Instructor: Lupita Sorich.**

Class notes: You must attend all classes and pass a final test to earn a certificate of successful completion. You must be fluent in both English and Spanish before enrollment.

**Thursdays • Sept. 23 to Oct. 28
6-9 p.m. • KCC Room D124
\$99**

MEET YOUR INSTRUCTOR

Lupita Arrendondo-Sorich

has been a freelance Spanish interpreter and translator since 1990. Sorich has the training, knowledge, experience and professionalism to provide an excellent interpretation and translation. She has experience in the two major modes of interpretation: Simultaneous and Consecutive, in legal, medical and social services settings. Sorich has interpreted and translated at the local, national and international levels.



Awakening Your Vision

Are you tired of sitting around watching everyone else's dreams come true? How successful were you at achieving your goals this year? Now is the perfect time to awaken your inner vision! In this class you will develop time-specific goals to guide you in the direction of your heart's desires. You will design a personal vision board. Come fulfill your life's purpose by allowing the power of the vision board to manifest in your life. **Instructor: JaHana Holloway.**

Enroll in this course and "Self-Reflection: Taking a Journey Within" to save \$4. Use course code SAVE4 at checkout.

**Thursday, Oct. 7
6-8 p.m. • KCC Room D151
\$19**

MEET YOUR INSTRUCTOR

JaHana Holloway

is the founder of Empowered 2 Enlighten. She is a licensed educator and a certified life coach. Holloway provides financial and empowerment coaching services in the Kankakee County area. Holloway facilitates workshops and events to inspire individuals to become the best version of themselves.



PERSONAL ENRICHMENT – Self-Help

Self-Reflection: Taking a Journey Within

Do you seem to sabotage your own happiness and success? Would you like to figure out how to "get out of your own way"? In this course, you'll examine the thoughts and beliefs that have shaped your behavior and actions. The self-awareness activities in this class, such as reprogramming negative self-talk, are powerful and will guide you toward your breakthrough. Take this class before Awakening Your Vision.

Instructor: JaHana Holloway.

Class note: Enroll in both "Awakening Your Vision" and this course to save \$4. Use course code SAVE4 at checkout.

**Thursday, Sept. 30
6-8 p.m. • KCC Room D151
\$19**

Creating Life Balance

Is your basic day-to-day schedule hectic? Do you put everyone else first while your physical and mental health are on the back burner? Many people spend their lives rushing around trying to get more done while accomplishing very little. Setting SMART goals can allow you to clarify your ideas, focus your efforts, use your time and resources productively, while increasing your chances of achieving what you want in life. This workshop will help you begin to understand why balance is key to success. **Instructor: Tracy Kelch.**

**Tuesday, Oct. 12
6-8 p.m. • KCC Room D123
\$29**



Hidden History: Great Lakes Shipwrecks - Live Webinar

Learn about the history of the famous shipwrecks of the Great Lakes. Uncover the stories of famous ships like the Edmund Fitzgerald, Daniel J. Morrell and the Eastland. 'Great Lakes Shipwrecks' includes tales of courage and tragedy, stupidity and heroism. After this class, you will never think about the Great Lakes the same way again. **Instructor: Jay Sternickle.**

This is a live event. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require internet access and an email address.

**Monday, Sept. 20
6:30-8:30 p.m.
\$20**

MEET YOUR INSTRUCTOR

Jay Sternickle

is a gifted speaker, teacher, and local historian. For several years, he served as a docent at the historic Gaylord Building in Lockport and led tours along the I & M Canal. Sternickle has taught for more than 20 years at community colleges, elementary schools, libraries, and other community venues. Sternickle currently teaches at Joliet Junior College. Previously, Sternickle spent five years in the U.S. Army and served on a combat camera team during the 1991 Persian Gulf War. He has a bachelor's degree in photojournalism from Southern Illinois University and completed graduate work in instructional design technology at Western Illinois University.



Hidden History: Weird and Wonderful Illinois - Live Webinar

Celebrate the State of Illinois by exploring the many weird and wonderful people, places and things that make Illinois great. Learn about the famous Illinois Tully Monster, the Tsavo Man Eaters and a buried nuclear reactor in Lemont's Red Gate Woods. Discover the many strange stories behind places like the Dixie Square Ghost Mall, Anna's King Neptune Memorial, Peoria's Scale Model of the Solar System and more. **Instructor: Jay Sternickle.**

This is a live event. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require internet access and an email address.

**Monday, Oct. 11
6:30-8:30 p.m.
\$20**

Hidden History: Haunted Illinois - Live Webinar

Discover the history behind some of Illinois' most haunted places. Learn the strange stories behind Chicago's Alley of Death, H.H. Holmes' Murder Castle and Collinsville's Seven Gates to Hell. And discover the truth about many other ghost stories, like the St. Omer Witch and the legend behind Chicago's own "Hitchhiking Ghost," Resurrection Mary. **Instructor: Jay Sternickle.**

This is a live event. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require internet access and an email address.

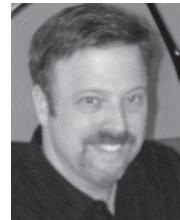
Class note: this class does not focus on paranormal investigations of these haunted places. It looks primarily at the origins and history behind the hauntings.

**Monday, Oct. 25
6:30-8:30 p.m.
\$20**

MEET YOUR INSTRUCTOR

Craig Coffman

is an experienced piano instructor, professional pianist and music director. He has over 20 years of experience teaching piano privately. His piano seminars—offered through community colleges and community education programs—have been attended by over 12,000 students throughout the U.S. Coffman has a degree in sociology from Illinois Wesleyan University (where he also studied piano) and a Master of Divinity degree from Western Seminary in Portland, Oregon.



Hidden History: Midwest Gangsters of the Depression Era - Live Webinar

Learn the fascinating stories behind infamous names like John Dillinger, "Baby Face" Nelson and Ma Barker during this look back at crime during the depression era. Discover how the exploits of criminals in the Midwest gripped the American people and the press. In addition, students will explore how early crime fighting efforts shaped our modern law enforcement agencies like the Federal Bureau of Investigation. **Instructor: Jay Sternickle.**

This is a live event. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require internet access and an email address.

**Monday, Nov. 15
6:30-8:30 p.m.
\$20**

Instant Piano for Hopelessly Busy People - Live Webinar

Learn to play piano the way professionals do: Using chords. This class is a live Zoom webinar, so you can sit at your home piano or keyboard and take this course with no pressure at all. The course is lecture/demonstration and hands-on instruction.

Instructor: Craig Coffman.

This is a live event. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require an email address and a device with internet access, a camera and microphone.

**Monday, Nov. 4
6:30-9:30 p.m.
\$59**, includes an online book, class recording link, and online follow-up video lessons for you to continue your practice and study on your own.

Meditate with Your Pet – Live Webinar

Do you struggle to quiet your mind during these stressful times? Your pet might sense your stress and want to help. Join us for a free, healing meditation. This pet-centered meditation technique is an effective way to mindfully connect with both your pet and yourself. Spend 20 to 30 minutes as we meditate together with our pets.

Instructor: Dawn Wrobel

This is a live event. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require internet access and an email address.

Wed., Sept. 8 • 7:30-8 p.m. • FREE

Wed., Oct. 13 • 7:30-8 p.m. • FREE

Wed., Nov. 10 • 7:30-8 p.m. • FREE

Wed., Dec. 8 • 7:30-8 p.m. • FREE

MEET YOUR INSTRUCTOR

Dawn Wrobel

joined the KCC community in 2013. She teaches credit geography classes as well. For continuing education, she teaches many of the things she loves, Wrobel's love for the earth extends from geography to a variety of "green living" topics. Wrobel has been teaching crafts since her teenage years and is especially interested in traditional crafts, such as leather, rawhide, and scrimshaw.



The Life, Laughter & Legacy of Robin Williams – Live webinar

Through his on-the-spot improvisational skills, genuine personality and quick-witted humor, Robin Williams captured the attention and hearts of many throughout the world. Learn of Williams' famous works, movies and success; his personal struggles and achievements; as well as the impact he made on others during and after his life. **Instructor: Michelle Gibbons.**

This is a live event. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require internet access and an email address.

Thursday, Oct. 14

6-7:30 p.m.

\$15

Register online at www.kcc.edu/comejoinus

IN-PERSON



Self-Healing Through QiGong & Breathing – Live webinar

Here's an introduction to harmonizing your mind, body and spirit through ancient practices with a modern teaching style. With regular use, QiGong and Breathing can balance stress, improve heart and lung function, muscle tone and endurance.

Instructor: Michael Ronin.

This is a live event. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require internet access and an email address.

Class note: This class is applicable to all skill levels.

Tuesdays Oct. 5, 12, 19, 26 & Nov. 2

6-7:30 p.m.

\$49

Art of Food – Live webinar

Excuses will dissolve as we demystify the kitchen. You will learn basic knife skills, types of cutting, one pan cooking, small space optimization, meal planning, where to purchase nutritious ingredients and develop intuitive mastery. You can cook and prepare live at home right along with your instructor during class. . This is a live event. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require internet access and an email address. **Instructor: Michael Ronin.**

Class notes: You will receive hand-outs, recipes and ingredient lists prior to class.

Tuesdays

Nov. 16, 23, 30, Dec. 7 & 14

6-7:30 p.m.

\$49

The Wonderful Life of James Stewart – Live webinar

Through his strong acting skills, heartfelt performances, dedicated service to our country and strong family values, James Stewart was a role model and idolized by other actresses and actors. Jim Gibbons, will discuss the life and career of Stewart, explain the movies Stewart starred in, his time spent working with actors and actresses, and the awards he received. **Instructor: Jim Gibbons.**

This is a live event. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require internet access and an email address.

Monday, Dec. 20

6-7:30 p.m.

\$15

Pearl Harbor: 80th Anniversary – Live webinar

On its 80th anniversary, come look at the storms of war that led to the predawn attack on Pearl Harbor, Dec. 7, 1941. Learn how our government in Washington and the people of the United States became vulnerable, then were struck hard by the Empire of Japan. The U.S. Navy lost more at Pearl Harbor than in all of World War I. **Instructor: Jim Gibbons.**

This is a live event. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require internet access and an email address.

Tuesday, Dec. 7

1-2:30 p.m.

\$15



"KCC offers a great selection of classes as well as certifications and Associate degrees. I earned my undergrad AA degree there and went on to earn my Master of Teaching degree at ONU. I feel I received an excellent education. Likewise, I am enjoying many of KCC's teacher professional development courses as well as its personal development workshops."

Donna R Denault

100th Anniversary: The Tomb of the Unknown Soldier – Live Webinar

Join us on the 100th Anniversary of the dedication of the Tomb of the Unknown Soldier, located within Arlington National Cemetery in Virginia. Find out more about this sacred ground, including how the tomb came to be; its significance through the years, and more about its past and current historical presence. **Instructor: Jim Gibbons.**

This is a live event. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require internet access and an email address.

**Thursday, Nov. 11
1-2:30 p.m.
\$15**

On the Record: The Life of Larry King – Live Webinar

With his signature suspenders and horn-rimmed glasses, Larry King was an icon and legend. He was known for his hard-hitting interviewing skills and factual, likeable personality. We will discuss King's life before and during fame, his interviews, and his impact on television and journalism. **Instructor: Jim Gibbons.**

This is a live event. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require internet access and an email address.

**Friday, Nov. 19
6-8 p.m.
\$15**

A Brief History of Ireland – Live Webinar

Learn the history of the Celts, the Claddagh, Clew Bay and more! As we follow the thread of history, we will include various lyrics from Irish songs, some traditional, some modern, but all relating to the Emerald Isle. Enjoy a cup of tea or uisce beatha (Irish for "The Water of Life," aka whiskey) and soon we'll be in Ireland! **Instructor: Dea Hoover and Declan Rutan.**

This is a live event. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require internet access and an email address.

**Monday, Nov. 8
6-8 p.m.
\$15**

How to Travel Free & Safely - Live Webinar

When it is safe to go on a trip, where can we go, how do we stay safe, and how do we make our travel free? World traveler Gina Henry shows you how she is prepared for the new "travel normal" including important tips on safety, trip insurance, what to do if you become sick, and other strategies. Discover over 200 ways to travel free. Earn free airline tickets, hotel nights, tours and more in the USA and worldwide! Learn tips for volunteering, fun work-vacations, paid travel, teaching English and remote employment opportunities. **Instructor: Gina Henry.**

This is a live event. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require an email address and a device with internet access, a camera and microphone.

Class notes: Your "Travel Free" ebook link will be emailed to you a few days before the class.

**Saturday, Oct. 23
11 a.m. - 2 p.m.
Cost is \$49**, includes Henry's 100-page ebook "How to Travel Free and Safe," a \$39.95 value.

**Saturday, Dec. 4
11 a.m. - 2 p.m.
Cost is \$49**, includes Henry's 100-page ebook "How to Travel Free and Safe," a \$39.95 value.

MEET YOUR INSTRUCTOR

Gina Henry

Gina Henry has lived a travel life for 30 years, taking 10 free vacations a year by using free airline tickets, hotels, cruises, tours, meals, and more. She has traveled to 98 countries and all 50 states. She teaches in 90 cities and is the author of many travel books and audios. She leads several group tours each year and organizes a volunteer program to teach English in Thailand and Peru.



Get Paid to Teach English in the USA and Overseas - Live Webinar

Learn how Gina Henry has taught English as a way to travel to over 98 countries around the world and pay for vacations. English is the world's business and travel language. Being able to speak English helps people get better paying jobs. If you speak English, you can teach conversational English! You do not have to be certified or speak the local language. You also can make money by teaching English online. Earn a free vacation, two-month paid summer job, or teach English full-time to earn up to \$90,000 per year. Learn about the best paying jobs, qualifications, certification programs and hiring organizations. **Instructor: Gina Henry.**

This is a live event. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require an email address and a device with internet access, a camera and microphone.

**Saturday, Oct. 30
11 a.m. - 2 p.m.
\$49**

**Saturday, Dec. 11
11 a.m. - 2 p.m.
\$49**

Work Remotely and Become a Digital Nomad - Live Webinar

Why not add travel into the mix of working remotely? Join thousands of individuals who are taking their work on the road! You can earn a living as you travel. Professional traveler Gina Henry has been doing this for years and shares her wealth of knowledge. Get the "how to" of living on the road including downsizing, putting your stuff in storage, getting your mail, how to have a "physical address," the RV lifestyle, timeshares, international living, long-term rentals, housesitting, and more. Learn the best ways to set up your remote office and get quality Wi-Fi in your hotel, long-term rental, car or RV.

Instructor: Gina Henry.

This is a live event. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require an email address and a device with internet access, a camera and microphone.

**Saturday, Nov. 6
11 a.m. - 2 p.m.
\$49**

VIRTUAL TOURS

With at-home treats!

Tours include a box of goodies related to locations on your journey.

Each box has enough for two people to share.



Tricks, Treats & Something Good to Eat!

Experience fall-inspired treats from Wisconsin and a side of spooky (and not-so-spooky) tales of days gone by. The live tour is led by a Milwaukee expert and includes spirited stories of the city's people, history and culture, with behind-the-scenes videos.

Saturday, Oct. 16
9-10 a.m.
\$85

Exploring St. Louis' Italian Heritage

Travel to St. Louis' most well-known neighborhood, The Hill, with local guide, Dea Hoover. On this live virtual tour you'll see the old with the new, including the Imo's Piazza and fountain.

Saturday, Nov. 6
10-11:30 a.m.
\$69

Holiday Bakery Bus in a Box

If there is one thing that we love, it is sweet treats from Milwaukee. You will go "behind the scenes" into several bakeries and really see how the magic happens, including how some of the cookies in your box are actually made! This event includes a live discussion, photos and high-quality pre-filmed segments.

Thursday, Dec. 9
6-7:30 p.m.
\$89

Prices include the tour, discussion and a box of treats which will be mailed to your home.

To learn what is in the treat box, go to www.kcc.edu/comejoinus – then search for and select the course.

All participants require internet access and an email address. The link to your session will be emailed within 24 hours of the tour.

Register online: kcc.edu/comejoinus > sign up or login > search for and select the course > click on the date > add it to your cart > within the cart, checkout.

To register by phone, or purchase a gift for someone, please call: 815-802-8206

Items will be shipped to your home the week of the virtual tour.

Registered participants will receive an email within 24 hours of the virtual tour that will include instructions, the link and tips for joining your Zoom meeting. Virtual Tours also make a great gift or care package for a friend who loves traveling! To purchase this as a gift, phone 815-802-8206 to coordinate shipping details.

Kankakee Community College
CONTINUING EDUCATION
& CAREER SERVICES

These tours are being offered in conjunction with Illinois Valley Community College.

The Secrets of Travel-Hacking - Live Webinar

You can earn hundreds of thousands of airline frequent flyer miles and hotel reward points without ever stepping on a plane or paying for a hotel. Use your miles and points for high-value trips. Flights and hotels are typically the most expensive part of your vacation budget. Gina Henry will show you her easy "Beginner Strategy," then graduate you to more advanced strategies that earn you 1 million or more reward points each year. All the major reward programs will be detailed. You also will learn tips for flying business and first class. **Instructor: Gina Henry.**

This is a live event. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require an email address and a device with internet access, a camera and microphone.

Saturday, Nov. 13

11 a.m. - 2 p.m.

\$49



ONLINE COURSES

Genealogy Basics - Online Class

Learn to trace your family history and make it come alive. This course provides hands-on examples that help you dig deeper into your family's past using several subscription-based websites that you will be able to access during the course.

Class notes: New course sessions begin monthly. Enroll at www.ed2go.com/kankakeecc. Full details on registering for Ed2Go classes is on Page 4.

\$94

Homeschool with Success - Online Class

Discover how to homeschool your children in a way that ensures they get what they need, both academically and socially. This course offers a lot of information and guidance to plot your homeschooling course for years to come.

Class notes: New course sessions begin monthly. Enroll at www.ed2go.com/kankakeecc. Full details on registering for Ed2Go classes is on Page 4.

\$94

Discover Sign Language - Online Class

Gain confidence in your ability to sign with the Deaf community. This course immerses you in silence to help you gain an understanding of the perspective of the hearing impaired and uses videos to demonstrate not only how to make signs, but how to communicate with facial expression.

Class notes: New course sessions begin monthly. Enroll at www.ed2go.com/kankakeecc. Full details on registering for Ed2Go classes is on Page 4.

\$94

Introduction to Interior Design - Online Class

Learn to transform plain living spaces into beautiful and functional rooms. This course will give you the know-how to design a room floor-to-ceiling with understanding of color theory, industry trends, special arrangements, floor plans, design ideas, and interior design basics.

Class notes: New course sessions begin monthly. Enroll at www.ed2go.com/kankakeecc. Full details on registering for Ed2Go classes is on Page 4.

\$115

SAT/ACT Prep: Part I English and Science - Online Class

Enhancing your performance on both the SAT/ACT is instrumental in determining your choice of college. This course will prepare you for specific types of questions in reading, English and science and give you pointers on time management, anxiety relief, scoring and general standardized test-taking.

Class notes: New course sessions begin monthly. Enroll at www.ed2go.com/kankakeecc. Full details on registering for Ed2Go classes is on Page 4.

\$94

SAT/ACT Prep: Part II Math – Online Course

Gain all the information you need to do well on the math portion of the ACT and new SAT. This course will provide you with a complete review of arithmetic, algebra, geometry, trigonometry, and basic math skills. It also teaches useful tips to manage your time wisely.

Class notes: New course sessions begin monthly. Enroll at www.ed2go.com/kankakeecc. Full details on registering for Ed2Go classes is on Page 4.

\$94

Personal Finance – Online course

Set clear financial goals, make the right investments, increase financial security, and be prepared to retire someday. This course will help you gain control over the financial impact of your choices with tools that are useful, realistic, and easy to work into your regular routine.

Class notes: New course sessions begin monthly. Enroll at www.ed2go.com/kankakeecc. Full details on registering for Ed2Go Classes in on Page 4.

\$94

Wow, What a Great Event! – Online course

Learn proven techniques for planning successful events from a master event planner. This course will teach you how to develop the skills, find the resources, and gain the confidence to plan any event.

Class notes: New course sessions begin monthly. Enroll at www.ed2go.com/kankakeecc. Full details on registering for Ed2Go Classes in on Page 4.

\$94

Speed Spanish – online course

Converse in Spanish in just a few weeks. This course will help you learn six easy recipes to glue Spanish words together into sentences so you can engage in conversational Spanish quickly.

Class notes: New course sessions begin monthly. Enroll at www.ed2go.com/kankakeecc. Full details on registering for Ed2Go Classes in on Page 4.

\$94



A new beginning for those who need it

Please note: We are ready to work with you! The COVID-19 pandemic has changed how classes are offered. It has not changed our commitment to helping you reach your goals. It's all more flexible now than ever!

Please call **815-802-8300** or visit **adulted.kcc.edu** for more information and to get started.

Adult Education Learning System

Register at **adulted.kcc.edu** or call **815-802-8300**

IN-PERSON



Adult literacy

**Do you want to learn to read better?
Do you know someone who wants
to learn to read better?**



The ALIVE Adult Literacy program provides individual and small group tutoring to improve the reading skills of adults ages 16 years and older.

How help is provided:

- Tutoring is arranged by the adult literacy staff and is available at KCC, libraries, churches and a variety of other places.
- A caring, friendly environment is created between the tutor and student.
- Sessions are individually arranged.
- Materials are provided during the session.
- Reading, writing, English and math skills are taught.
- Services are provided at no cost to the student.

Call 815-802-8307 or email scarrell@kcc.edu for information.

Get Your High School Equivalency *GED®/HiSet*

The High School Equivalency program prepares adults for higher education and the workforce. In addition to traditional classes, the program uses technology to help students prepare for, pass the test, and move on to better jobs with better wages.

KCC offers instruction and services to help you succeed on the GED or HiSet High School Equivalency test. There is no cost for classes – and several convenient options are available.

Online instruction is offered for those who qualify.

**Call 815-802-8300 or email
GED@kcc.edu for more information.**

Auxiliary aids and services are available upon request for individuals with disabilities. Kankakee Community College is an equal opportunity, affirmative action employer. These classes are partially funded with federal funds.

High School Equivalency Preparation

These programs are designed for students to prepare for a high school equivalency test. The classes are for those who would like to improve skills.

Program features:

- No cost to the student.
- Books are provided during class time.
- New class sessions begin every eight weeks.
- Meeting dates and times are flexible and tailored to meet the needs of students. More information is under "KCC Locations" on this page.
- Open to anyone age 16 and over who has separated from his/her high school. A letter showing high school separation is required for those under age 18.
- An online study option is available

Classes

Register for an orientation at adulted.kcc.edu/ged

Orientation is required prior to enrollment.

Online Course

The online course includes the option to meet personally with your instructor.

KCC Locations

Kankakee and Watseka locations are open to share information in-person or by phone.

These sites offer

- Program information • Free wi-fi
- Computers with internet
- (Kankakee only) Class meetings by appointment

KCC Riverfront Campus (Main campus)

100 College Drive, Kankakee, Rooms L30A and L30B
Phone 815-802-8300

Miner South Extension Center

1488 E. Walnut St., Watseka
Phone 815-802-8780

Be competitive in the local labor market

FREE classes to sharpen skills

Computer Literacy

The Computer Literacy class will provide basic computer instruction as well as skills on how to use Windows 10, Microsoft Word, Internet and email.

Also offered:

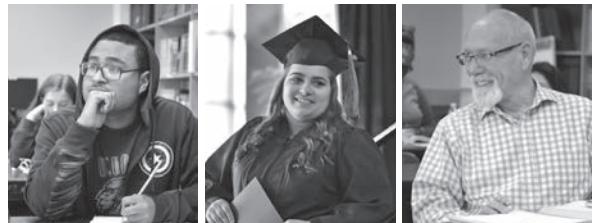
- I Have an Interview Now What
- Resume Development
- Job Hunting in a Digital World

FREE for residents!

For more information or to register,
phone 815-802-8960.

Classes are offered at KCC's North Extension Center,
450 N. Kinzie Ave., Bradley.

Seating is limited. You must attend the entire class.



ENROLL NOW! GED®+Career

FREE for qualified students

Complete GED preparation & career training at the same time.

GED+Career is a partnership with select KCC programs.

Learn more at adulted.kcc.edu
or email gbeeglau@kcc.edu.

English as a Second Language (ESL)

All English Language classes are provided at no cost to the student. The classes are designed for non-native English speaking adults, 16 years or over who are not enrolled in high school, who would like to improve their English language speaking and writing skills. Instructors and tutors work with students in small groups. There are many levels of classes offered to help students at every stage of learning.

Go to adulted.kcc.edu/esl to register for an orientation. Program orientations are required prior to class enrollment.

ESL is now offered in-person and remotely!

KCC Locations

KCC Riverfront Campus (Main campus)

100 College Drive, Kankakee,
Rooms L30A and L30B
Phone 815-802-8300

Miner South Extension Center

1488 E. Walnut St., Watseka
Phone 815-802-8780

These sites offer

- Program information in-person or by phone
- Free wi-fi
- Computers with internet

Register at adulted.kcc.edu or call 815-802-8300

IN-PERSON  WWW 

Learn English. Free.

Aprende inglés. Gratis.

学英语。自由。

Uczyć się angielskiego. Darmowy.

Matuto ng Ingles. Libre.



Classes offered:

Kankakee • Watseka • Online

Info: www.kcc.edu/esl • 815-802-8304
KCC Riverfront Campus Welcome Center

Learn in-person or “Live online”

Do you have an internet connection? With sound and working camera? When class meets, you can participate from anywhere.

You can come to class in-person too.

Get started today at adulted.kcc.edu

Click **Enroll**



*****ECRWSS*****
POSTAL CUSTOMER



Finding courses and enrolling has never been easier!

Visit: **continuinged.kcc.edu**

Click "Training" to browse continuing education courses

- **Look for upcoming courses**
- **Register and pay online**
- **Sign up as a customer and register in just a few clicks**
- **Use promo/discount codes for select courses**

To register online:

- 1.** Sign up or Login
- 2.** Select a course
- 3.** Click on the date you want
- 4.** Add it to your cart
- 5.** Within the cart, checkout

<http://continuinged.kcc.edu> is the site to find and register for non-credit, Continuing Education and Career Services courses and workshops. For KCC credit division and adult education/GED preparation courses, visit kcc.edu or submit a request at info.kcc.edu.