

Kankakee Community College

Continuing Education

www.kcc.edu/comejoinus



Winter 2022

2022 GOALS
Goal Planning pg. 9

Effective Communication for Leadership
pg. 9

Desert Storm Diary
pg. 22

Lovely Bubbly Breakfast Tour
pg. 25

Genealogy Basics
pg. 27

Work Remotely and Become a Digital Nomad
pg. 26

Come join us!

**Your source for
continuing education
and career services
information**

***We're here.
Come join us.***

Visit us on the web
www.kcctrainingsolutions.org

- Register for classes
 - Learn about conference facilities
 - See the latest news and courses being offered
-

View the most current
class schedule at
www.kcc.edu/comejoinus

Staff

Mary Posing, dean
mposing@kcc.edu

Deb Hoyer-Denson, assistant director
815-802-8204
dhdenson@kcc.edu

Kim Cross, career services coordinator
815-802-8222
kcross@kcc.edu

Erica Billington, administrative assistant
ebillington@kcc.edu
815-802-8206

Alex Smith, coordinator
Highway Construction Careers Training
815-802-8205
agsmith@kcc.edu

Questions? Call us at 815-802-8206.

Fax: 815-802-8201

TTY users in Illinois: Phone Illinois Relay
at 711. Outside Illinois, the toll-free number
is 800-526-0844.



**We'll
help you
get there!**

A note about COVID-19

We are proud to continue meeting the training and personal development needs of the community during the COVID-19 pandemic. Spring 2022 Continuing Education, Career Services and Adult Education courses include in-person and live webinar options. Continuing Education also offers self-paced online options through Ed2Go. When you attend an in-person class, you will be asked to follow KCC's current procedures to stop the spread of coronavirus. (As of this mailing, masks are required, regardless of vaccination status). All visitors to KCC are required to complete a self-assessment at certify.kcc.edu. If something changes and we cannot offer an in-person class as scheduled, it will either be canceled or moved to a live webinar format. We have found great success with live webinars and remote learning, but realize they aren't for everyone. If you pay for a class and it changes, we will offer a refund.

CONTENTS

Registration and other information	4
Registration form	5
Computer skills	6-7
Professional development	8-19
Personal enrichment	20-28
Adult Education & High school equivalency	29-31

This publication does not constitute a contract between KCC and its students, either collectively or individually. Course changes, modifications of fees, and other changes may occur after this publication has been printed and before these changes can be incorporated in a later edition. For this reason, the college does not assume a contractual obligation with its students for the contents of this publication.

Every effort is made to ensure that instructors are knowledgeable in the subject that they are instructing. The views, opinions and beliefs of the instructors do not necessarily reflect the opinions of KCC.

EQUAL OPPORTUNITY/AFFIRMATIVE ACTION

KCC is an equal opportunity/affirmative action employer and complies with applicable federal and state laws prohibiting discrimination, including Title IX of the Educational Amendments of 1972, Section 540 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990. It is the policy of the college that no person on the basis of race, gender identity/expression, sexual orientation, sex, genetic information, creed, religion, color, marital or parental status, veteran status, age, national origin, membership in any professional group, organization or association, socioeconomic status, mental or physical disability shall be discriminated against. This includes, but is not limited to admissions, employment, financial assistance, placement, recruitment, educational programs, or activities. Lack of English skills is not a barrier to admission and participation in educational programs. Inquiries or complaints may be addressed to David Cagle, director of human resources/Affirmative Action officer; Meredith Purcell, vice president for student affairs/Title IX coordinator; or Kim Harpin, director of support services/Section 504 coordinator; Kankakee Community College, 100 College Drive, Kankakee, IL 60901-6505; 815-802-8100. TTY users may phone 711. Outside of Illinois, dial 1-800-526-0844.

Cagle and Purcell ensure that the college is in compliance with the federal law by handling complaints, answering questions, organizing information and relevant statistics and staying informed regarding laws which affect these areas.

Harpin coordinates the college's services/programs for disabled student/staff populations that allow access to education.

5 WAYS TO REGISTER...

Online

at kcc.edu/comejoinus

- Sign up or login
- Select a course
- Click on the date you want
- Add it to your cart
- Within the cart, checkout

In-person

Complete the registration form and bring it to the Welcome Center at KCC. Payment may be made at that time.

**In-person registration is open
8 a.m. - 5 p.m. Monday through Friday.**

Phone

Call 815-802-8206. Have your credit card number (Visa®, MasterCard® and Discover® accepted) or a purchase order ready. The TTY number in Illinois is 711. Phone registration hours are 8 a.m. - 5 p.m. Monday through Friday.

Mail

Complete the registration form and return it along with full payment to Continuing Education & Career Services, Kankakee Community College, **100 College Drive, Kankakee, IL 60901**. Do not mail cash.

Fax

Complete the registration form and fax it to **815-802-8201**,
ATTN: Continuing Education & Career Services.

If you register by fax, you must pay by credit card (Visa®, MasterCard® and Discover® accepted) or purchase order.

Ed2Go Classes

New course sessions begin monthly.

To register:

www.ed2go.com/kankakeecc

- Find the course
- In the Enrollment Options area, click "Add to Cart" for the enrollment option you want
- To register, go to your shopping cart and click to Begin Checkout
- Log in or create an account
- Complete enrollment in the "confirm/submit" pages
- Payment made with KCC

General information

If you have questions about our courses, please phone Erica Billington at 815-802-8206 or continuinged@kcc.edu. Unless noted otherwise, participants must be at least 16 years of age.

Pre-registration

Pre-registration is required. Registrations are processed on a first-come, first-served basis. Due to minimum enrollment requirements, you are encouraged to sign up at least seven business days before the first session. In all classes except online classes, once the minimum enrollment requirement is met, registrations will be accepted until the start date if space is available.

Registering a friend or co-worker

You may register yourself and others. A separate form (or online registration) must be submitted for each person. Information required for each person – such as address, and birth date – must be included.

Registration confirmation

KCC will send a confirmation of registration if it is requested. The confirmation will include a receipt, your beginning and end course dates, classroom location and any additional information.

Waiting lists

If the class you want to take is full, ask to be placed on a waiting list. If another class is opened, you will be contacted.

Instructor absences

Instructors rarely miss classes, but if a session is unexpectedly canceled, every effort will be made to contact you. However, since this often happens on short notice, a sign will be posted at the class location.

Weather cancellations

When KCC campus closes due to inclement weather, Continuing Education and Career Services classes are postponed. Classes canceled due to weather will be rescheduled. Kcc.edu and social media channels will post a message if the college is closed.

Cancellation policy

If a class must be canceled or changed by KCC, those who have enrolled will have the option of a full refund. The college will make every attempt to notify participants in advance of cancellations and changes. Refunds from credit card payments will be made in the form of a credit to the cardholder's account.

Withdrawal policy

Participants may withdraw and receive full refunds until two working days before the first session of class. After that point, no refunds will be given. Withdrawals are accepted by phone at 815-802-8206, 8 a.m. - 5 p.m. Monday through Friday.

Registration Form

KCC OFFICE OF CONTINUING EDUCATION & CAREER SERVICES

100 College Drive • Kankakee, IL 60901-6505 • 815-802-8206 • FAX: 815-802-8201

Unless noted in the course description, registration deadline is seven business days before the course begins. See Page 4 for registration options.

Today's date: ____ / ____ / ____

Registration for which term: Fall 20____ Spring 20____ Summer 20____

PLEASE PRINT.

Name: _____ LAST _____ FIRST _____ MIDDLE (FULL) _____

Previous last name(s): _____

Street address: Home Business _____

City: _____ State: _____ ZIP code: _____ County: _____

Please mail a confirmation receipt. Unless this box is checked, a receipt will not be mailed.

Birth date: ____/____/____

Alternate phone: Home Cell Work (_____) -
NUMBER

Business/Company name: _____

E-mail address: _____

Course Title

Start Date

Fee

Student's signature: _____ **Date:** _____

Check enclosed, payable to Kankakee Community College.

Please bill my company. A purchase order or voucher is attached.

Please charge my credit card for the fees indicated above: MasterCard® Visa® Discover Card®

Card no.: —————— Exp. date: ——————

In case of emergency, contact: _____ Phone: _____



IN-PERSON COURSES

Beginning Microsoft Word

Learn how to efficiently use the Word window; edit documents; move and copy text; distinguish between character and paragraph formatting; create and manage tables; control page layout features-including headers and footers, margins, and page breaks; and proof and print documents. Microsoft Office Specialist examination objectives will be covered. **Instructor: Christina Smith.**

Class note: Prerequisite is Introduction to Microsoft Windows or equivalent experience.

Friday, March 4

1-4 p.m. • KCC Room D122

\$75

Beginning Microsoft Excel

Excel has become the backbone that powers many organizations. Build your Excel skills in a half-day workshop for beginners. Gain hands-on experience and end your Excel frustrations by learning how to work with formulas and functions, entering and editing data, creating charts, formatting worksheets and much more. Practice while you learn the best features of this popular software package. **Instructor: Christina Smith.**

Class note: Prerequisite is Introduction to Microsoft Windows or equivalent experience.

Friday, March 18

1-4 p.m. • KCC Room D122

\$75

Computer Skills

Register online at www.kcc.edu/comejoinus

IN-PERSON



Intermediate Microsoft Word

In this course, you will learn to work with styles, sections, and columns; formatting tables; print labels and envelopes; create templates and use building blocks; work with graphics and objects; and manage document revisions. Microsoft Office Specialist examination objectives will be covered. **Instructor: Christina Smith.** Class note: Prerequisite is Introduction to Microsoft Word or equivalent experience.

Friday, April 1

1-4 p.m. • KCC Room D122

\$75

Intermediate Microsoft Excel

Learn how to manipulate large worksheets; use multiple worksheets and workbooks; customize Excel; apply advanced formatting; use Excel as a list manager; perform advanced charting options; use auditing and comments features; and create and manage templates. Microsoft Office Specialist examination objectives will also be covered. **Instructor: Christina Smith.**

Class note: Prerequisite is Introduction to Microsoft Excel or equivalent experience.

Friday, April 15

1-4 p.m. • KCC Room D122

\$75

Advanced Microsoft Excel

Topics include working with multiple worksheets and workbooks; using LOOKUP functions and formula auditing; sharing and protecting workbooks; data validation; creating sparklines; and mapping and forecasting data. Microsoft Office Specialist Expert-level exam competencies will also be covered. **Instructor: Christina Smith.**

Friday, April 29

1-4 p.m. • KCC Room D122

\$75

Microsoft Excel PivotTables & PivotCharts

This course is designed for people who would like to become experts in creating and using Excel PivotTables and PivotCharts. Learn how to build a pivot table, analyze data, customize your pivot tables and formulas, and turn your tables in charts. **Instructor: Christina Smith.**

Friday, May 13

1-4 p.m. • KCC Room D122

\$75



KCC is always a go-to for continuing education in our area. The college is always offering a course or training to help improve skills.

Leanne Gregoire

Introduction to SQL - Online Course

Gain a solid working knowledge of the most powerful and widely used database programming language. This course will provide you the skills to write SQL queries to create tables, retrieve data from single or multiple tables, manipulate data in a database, and gather statistics from data stored in a database. **Instructor: Mava Wilson.**

New course sessions begin monthly. Enroll at www.ed2go.com/kankakeecc. Full details on registering for Ed2Go classes is on Page 4.

\$94

Intermediate SQL - Online Course

Gain confidence using a wide range of advanced SQL techniques. This course will expand your SQL knowledge and provide skills for writing powerful queries that perform complicated searches and sorting of data. **Instructor: Mava Wilson.**

New course sessions begin monthly. Enroll at www.ed2go.com/kankakeecc. Full details on registering for Ed2Go classes is on Page 4.

\$94

Register online at www.kcc.edu/comejoinus

IN-PERSON



Introduction to Quickbooks Online - Online Course

Manage the financial aspects of your small business quickly and efficiently using QuickBooks Online. Gain hands-on experience recording income and expenses; entering checks and credit card payments; tracking your payables, inventory, and receivables; and much more. This course is only suitable for the QuickBooks Online version. Desktop versions are not compatible. When the course starts, you will be directed to the free QuickBooks Online practice site for lessons and assignment steps. You do not need to purchase a subscription or additional software to complete the course. **Instructor: Scott Paxton.**

New course sessions begin monthly. Enroll at www.ed2go.com/kankakeecc. Full details on registering for Ed2Go classes is on Page 4.

\$115



LLI classes are a great way to explore new topics and continue learning.

The KCC staff is so helpful.

Their efforts to grow the program are truly appreciated.

Helen DuFour



Upskill your employees

**Online & in-person training offered • Stay ahead of the competition.
Improve Return on Investment**

Types of training:

- Leadership and supervision
- Technical/industrial/hands-on

Empower your team! Use KCC's customized training and consultation services.

Get started by emailing mposing@kcc.edu



IN-PERSON COURSES

CPR

This course provides the information, training, demonstration, and practice necessary to pass the CPR Health Care Provider written examination and perform adult, child and infant cardiopulmonary resuscitation acceptable to the American Heart Association (AHA). Class notes: After successful completion, participants will receive an AHA certification card. No refunds are given after the registration deadline.

**Tuesday, Jan. 11 • 9 a.m. - 1 p.m.
KCC Room D151 • \$105**

**Saturday, Feb. 5
8:30 a.m. - 12:30 p.m.
KCC Room D151 • \$105**

**Tuesday, March 15 • 5-9 p.m.
KCC Room D151 • \$105**

**Saturday, April 9
8:30 a.m. - 12:30 p.m.
KCC Room D151 • \$105**



Top-notch presentation; excellent interaction between presenter and audience. KCC personnel very helpful in every aspect!

Donna Mae Johnson

Professional Development

Register online at www.kcc.edu/comejoinus

IN-PERSON



Food Sanitation and Safety

This course emphasizes food protection through sanitation training. You will learn proper food care for food service establishments. Successful completion of the course examination qualifies individuals for Illinois Department of Public Health certification. You must fulfill course and testing requirements to be eligible for certification. **Instructor: Joshua Head.**

Class notes: Exam retakes are an additional fee, payment required prior to retake. Materials can be picked up prior to class after registration.

Saturday, Jan. 29

8 a.m. - 5:30 p.m.

KCC Room D124

\$149, includes course materials.

Saturday, Feb. 26

8 a.m. - 5:30 p.m.

KCC Room D124

\$149, includes course materials.

Saturday, March 26

8 a.m. - 5:30 p.m.

KCC Room D124

\$149, includes course materials.

Saturday, April 23

8 a.m. - 5:30 p.m.

KCC Room D124

\$149, includes course materials.

Electrical Practices - Workplace Safety

This course addresses Occupational Safety and Health Administration's 1910 regulations as they relate to safe electrical work practices for maintenance and construction workers. You will review the requirements of the Electricity Act, Regulations and Codes of Practice for those who are responsible for operating and maintaining 600 volt (or less) electrical equipment. The training simplifies the OSHA electrical standards and criteria and specifically addresses safe work practices to be used during the operation and maintenance of electrical equipment.

Thursday, March 24

8 a.m. - 4 p.m. • KCC Room D124

\$295

Forklift Operator Training

Forklift Operator training provides participants with knowledge and skills to operate a powered industrial truck (forklift) in a safe and professional manner. This training on a sit-down forklift is Occupational Safety and Health Administration compliant and is taught by an OSHA-recognized trainer. Training combines formal classroom instruction and practical hands-on training. **Instructor: Alex Smith.**

Class note: You must be at least 18 years old to participate in this course.

Wednesday, Feb. 23 & Thursday, Feb. 24

9 a.m. - 5 p.m.

Start at KCC's Riverfront Campus Welcome Center, 100 College Drive in Kankakee. Hands-on portion will meet at KCC's Manufacturing Industrial Technology Center, at 2580 S. Route 45/52.

\$199

SEI Solar Training and Maintenance

This is a two-day Photovoltaic Operations and Maintenance (Grid-Direct) training. The training will be led by Solar Energy International, and consists of classroom lectures and hands-on demonstrations. The training will utilize the onsite PV system(s) at KCC, and testing equipment for demonstration. **Instructor: Clay Sterling.**

Thursday, April 14 & Friday, April 15

8 a.m. - 4 p.m.

KCC Room T205, in the ATEC Building

\$22, includes lunch both days.



IN-PERSON
COURSES

Goal Planning

In this interactive workshop, participants will understand the importance of goals and how to align them to their personal and professional success. You will come away with an understanding of the importance of attitude in achieving your goals. Finally, you will learn a proven goal planning process you can implement immediately to start achieving success within your terms.

Wednesday, Feb. 16
9 a.m. - noon • KCC Room D124
\$149

Strengths Finder - What Makes You Unique

This course will provide an assessment test to determine which talents and traits make you unique. Knowing your five greatest strengths will help you perform better at work or help you find well suited employment. After your strengths are determined, you'll learn from a Strengths Coach on how to maximize your strengths and how to recognize and work with the strengths of others.

Tuesday, March 1
9 a.m. - noon | KCC Room D124
\$199



Effective Communication for Leadership

Best practice organizations manage communication as a process and devote time and attention to improving internal communication. This is one of the most challenging aspects of organizational management. This course explores both organizational and personal communication. Participants will focus on oral communication, rather than written communication.

Wednesday, March 16
9 a.m. - noon • KCC Room D124
\$149

Conflict Resolution

In this interactive workshop, participants will learn the true meaning of effective communication and how to leverage the five conflict management styles to achieve success in any conflict situation. You will complete a short conflict management assessment during the workshop to provide you with additional insights into your own personal attitudes and behaviors relative to conflict.

Wednesday, April 20
9 a.m. - noon • KCC Room D124
\$149

Multigenerational Workforce

In this interactive workshop, participants will understand the unique influences on each generation and how that influences the way each generation communicates. Most importantly, you will take away constructive ideas on how to make the multigenerational workforce align with the organization's vision and strategy.

Wednesday, May 11
9 a.m. - noon • KCC Room D124
\$149

SEE PG. 4 FOR
REGISTRATION
DETAILS

MEET YOUR INSTRUCTOR

Rick Lochner

is an accomplished coach, facilitator, college professor, keynote and workshop speaker, author and—foremost—a leader.



His vision is to help business owners, corporate and non-profit teams and individual professionals make leadership a way of life. Lochner grew up in a military family. During the 20 years his father was in the Army, the family moved 26 times. Lochner learned to adapt quickly to changing environments, and from an early age became a very goal-driven individual. Lochner has over 30 years of leadership experience in the military, fortune 100 companies, and through his own entrepreneurial and non-profit ventures. Lochner is the author of "The Missing Piece - Achieving Sustainable Success through Business Alignment."

Highway Construction Careers Training Program

12-Week Free Program!

Train for In-Demand Careers

This intensive 12-week program trains you in the skills necessary for acceptance into many different construction trades.

\$10/hr. stipend, work boots, tools and protective equipment all provided. Participation does not affect unemployment benefits.

Our goal is for you to have the opportunity for a career with high wage potential!



Career opportunities:

- Cement Mason
- Electrician
- Pipefitter
- Carpenter
- Laborer
- Equipment Operator



Requirements:

- Valid driver's license
- 18 years or older
- High School diploma/GED
- Drug Test (we test for THC)
- Interest working in the Construction Trades



Interested?

Orientation sessions: **Feb. 15, 16, 17 or 22**

Register for orientation at www.kcc.edu/hcctp > Sign Up or Login > Search for HCCTP > Open the course > Click on an orientation date > Add it to your cart > Within the cart, checkout

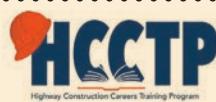
You can also register by phone at **815-802-8205**

Orientation & class held at:

Kankakee Community College Riverfront Campus
100 College Drive, Kankakee

The Highway Construction Careers Training Program works to increase the number of minorities, women, and disadvantaged individuals working on Illinois Department of Transportation highway construction projects. The Illinois Department of Transportation and the participating community colleges do not guarantee employment upon a trainees' graduation from the Highway Construction Careers Training Program.

Kankakee Community College
CONTINUING EDUCATION
& CAREER SERVICES





Kankakee Community College
CHARLTON CAREER CENTER

FREE LIVE WEBINARS

PAGE 19
HAS IN-PERSON
CAREER CLASSES

Learning LinkedIn

LinkedIn is a popular social network with a specific purpose. While other social networks like Facebook and Twitter focus more on your personal life, LinkedIn is all about professional networking. Learn how to create a LinkedIn account and build your professional network to advance your career and connect to people and opportunities all around you!

Thursday, Feb. 3 • 6-7 p.m.

10 Tips for Choosing the Right Profile Picture

Your photo is your virtual handshake and a key element to your LinkedIn presence. Learn 10 tips for choosing the right profile picture that aligns with your role as a professional but also makes you approachable and ready to connect with others.

Thursday, Feb. 10 • 6-7 p.m.

Leveraging LinkedIn

Are you a job seeker looking to connect with employers on LinkedIn? Learn to optimize your profile for job search and build a LinkedIn network that can open doors to your next job opportunity.

Thursday, Feb. 24 • 6-7 p.m.

Instructor for all career workshops: Kim Cross, Certified Professional Resume Writer

These career skills workshops are live webinars. Within 24 hours of the webinar date, you will receive an email with a link to participate. All participants require internet access, a web camera and an email address.

Steps to register are on Page 4. More information is online at

www.kcc.edu/careerservices
(click on Career Services Webinars)

The Charlton Career Center at KCC connects students, graduates and community members to employment opportunities. The center offers workshops for career preparation, interview and job skills; and facilitates internship opportunities. Resume reviews and mock interviews are also offered. Employers can partner with the career center to advertise jobs using a variety of online tools. Dedicated spaces for interviews is available. All services are free and open to the community.



Sexual Harassment Prevention - Live Webinar

This training meets the standards and guidelines for sexual harassment training required for all employers in the state of Illinois. Learn what sexual harassment is and what behaviors constitute sexual harassment. Become equipped with information regarding employee rights in the workplace regarding sexual assault and the information needed to file a report. **Instructor: Kristin Giacchino, Clove Alliance.**

This is a live event. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require internet access and an email address.

Class note: Includes 1 continuing education hour.

**Wednesday, Jan. 26
Noon - 1 p.m. • \$20**

Cancer: From Top to Bottom – Live Webinar

Join Barb Bancroft for an entertaining, educational update on two of the most common cancers in oncology today—breast cancer and colorectal cancer. Learn about the newest treatments for these cancers, if they have something in common, if having one means a higher risk of getting the other, and the role of estrogen in both cancers. Related to breast cancer: Learn about men's risk of breast cancer; causation myths; "Stage 0" breast cancer – ductal carcinoma in situ (DCIS); understanding mammograms; the meaning of "dense breasts"; and actual risk factors for breast cancer. Related to colon cancer: When a person should get the Cologuard test instead of a colonoscopy, why there is an alarming increase in younger onset colon cancer, the age to stop having colonoscopies, and what to know about polyps. Barb will answer the question: "If we can send a man to the moon, why can't we have a better tasting prep?"

Instructor Barb Bancroft.

This is a live event. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require internet access and an email address.

Class note: Includes 3 continuing education hours.

**Tuesday, Feb. 15
9 a.m. - noon • \$49**

In Person / Live Webinar Classes

Choose to attend in-person or as a live webinar

Depression, Delirium, and Dementia – In person / Live Webinar

Join Barb Bancroft for a presentation on the 3 D's: depression, delirium and dementia. Barb will discuss each of these conditions separately, even though they may co-exist in one patient. Barb will discuss common pharmacologic treatments for all three D's in addition to "alternative and complementary" types of therapy, including weight loss, melatonin, sunlight, acupuncture, B12, zinc, exercise, sleep and more. She will also describe the age-related presentation of depression using the SALSA signs (Sleep disturbance, Anhedonia, Low Self-esteem, Appetite decreased) for younger patients and the "P's and the D's" for the older patient. **Instructor: Barb Bancroft**

Topics covered:

- I'm old, or did I forget my keys because I have dementia?
- What does hearing loss have to do with dementia?
- Do vitamin deficiencies contribute to dementia?
- Does estrogen therapy provide protection?
- Is family history a major risk factor in any of the D's?
- Why do 50% of individuals with Down syndrome develop dementia at the age of 50?
- Who knew that treating delirium and/or depression improves cognitive function in patients with dementia?

Class note: Includes 3 continuing education hours.

**Wednesday, March 23
9 a.m. - noon
KCC Iroquois Room or Live Webinar • \$49**

MEET YOUR INSTRUCTOR

Barb Bancroft, RN, MSN, NP,

has provided more than 2,800 continuing education events on clinical topics pertaining to patho-physiology, physical assessment, and pharmacology to health care professionals throughout the U.S. and Canada. She has been the motivational keynote speaker on health maintenance topics for numerous nursing associations, medical associations, dental associations, and corporate groups and events. Bancroft is the author of four books: "Medical Minutiae," a humorous look at the fields of medicine and nursing; "An Apple a Day: The ABCs of Diet and Diseases"; "Live a Little, Laugh a Lot"; and "Kiss My Asparagus! An Essential Guide to Nutrition's Role in Health and Disease."



Always enjoy Barb Bancroft's programs: fact-filled, fun, and never boring!

Catherine Schmidt

Promoting Heart Health: Advancements in Cardiac Treatments

Friday, Feb. 18 • 8:30 a.m. - Noon
KCC Auditorium • General Admission \$25

FREE for Riverside employees and employees/faculty of Kankakee Community College and Olivet Nazarene University



Learn about advancements in interventional cardiac procedures and treatment of heart failure; plus get information on technologies used to manage cardiac disease in the outpatient setting.

This session features leading cardiac doctors and healthcare administrators, including:

Vijay M. Haryani, MD, FACC, Director of Heart Failure Program, Rush-Riverside Medical Center

Vikas K. Patel, MD, FACC, FSCAI Director of Rush-Riverside Heart & Vascular Institute

Cheryl Rogers, MSN, APN/NP, AAHFN for Heart Failure Clinic, Rush-Riverside Medical Center

Liz Wirth, MSN, APN/CCNS, CHFN for Heart Failure Clinic, Rush-Riverside Medical Center

Kristi Panizzo, MSN, RN Manager of Quality Improvement & Population Health

Peggy Regas, B.S., A.A. Director of Riverside Home Health Care

Register Online: Go to www.kcc.edu/comejoinus > Sign up or login > Find the course > Click on the session date > Add it to your cart > Within the cart, checkout.
Once you register, you will receive a confirmation email.

Register by Phone: 815-802-8206.

Sponsored by Kankakee Community College and Riverside Medical Center

CEUs awarded

**TRY OUT
CAREER COACH**
Career Coach is an interactive career information tool.



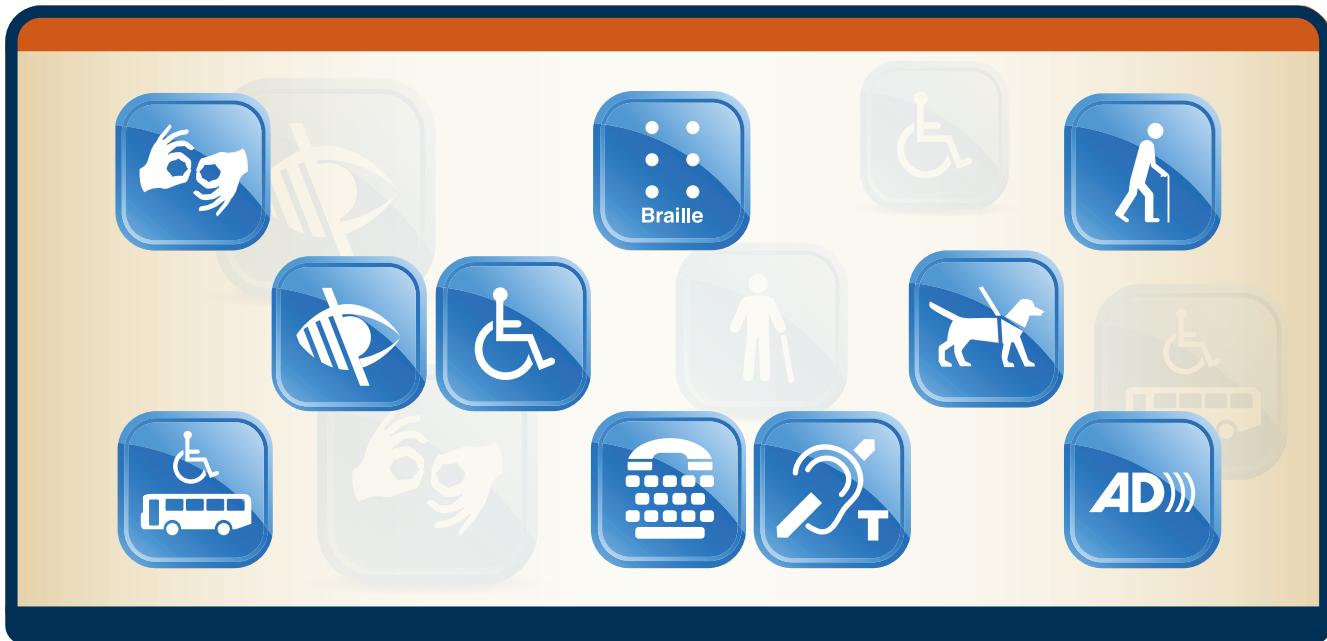
You can...

- Browse educational **OFFERINGS**
- Explore the local **JOB MARKET**
- Build a **RESUME**
- Research and choose a **CAREER**
- Apply for **JOBS**

**Get started at...
kcc.emsicc.com**

Program partners:

Community Foundation of Kankakee River Valley
Economic Alliance of Kankakee County
Kankakee Area Career Center
Kankakee Community College



2022 Options CIL Empowerment Seminar for Healthcare Providers, Caregivers & Students

Thursday, March 17, 2022
8 a.m. - 4 p.m.

Iroquois Room at Kankakee Community college

This empowering seminar will offer tips, tools, techniques and the latest information on how to promote an accessible society.

Four guest speakers that have an intimate understanding of the needs and solutions to advance the lives of people with disabilities will present throughout the day. You will also have several opportunities to visit information exhibit booths with knowledgeable staff to answer all of your needs and questions.

Whether you are a health care provider needing continuing education hours, a caregiver, student, or a person with a disability, this seminar is for you!

Cost: \$79, with CEUs • \$30, general registration
• \$10, students

To register online, visit www.kcc.edu/comejoinus, sign up or login, then find and select the course. Click on the link with conference > click "add to cart" > within the cart, checkout.

To register by phone, or for more information, phone
815-802-8206.

If special accommodations are needed:
Please contact Options center for Independent Living a
815-936-0100, TTY: **815-936-0132** by Feb. 24.

Upon successful completion, 6 continuing education contact hours will be awarded to nurses, nursing home administrators, social workers, counselors, occupational therapists, physical therapists, dieticians, respiratory care technicians, counselors and social workers.

This course does not award college credit.

Kankakee Community College
**CONTINUING EDUCATION
& CAREER SERVICES**
Learn it today. Use it tomorrow.

Options
Center for Independent Living

Good Grief: Helping Clients Cope with Loss - In person / Live Webinar

Clients suffer a range of losses, including the death of a loved one, miscarriages, separation, divorce, loss of jobs, multiple placements, etc. Learn tips and techniques you can implement in your counseling session to create a support system for your client. In this half-day workshop with Mark Sanders, you will learn the difference between grief and mourning, how to address unacknowledged and unspeakable losses, factors which complicate grief, and termination phases of counseling to help clients cope with their loss. **Instructor:**

Mark Sanders.

Class note: Three (3) contact hours will be awarded.

Friday, April 8

9 a.m. - noon • KCC Iroquois Room or Live webinar

\$49

MEET YOUR INSTRUCTOR

Mark Sanders, LCSW, CADC



is a speaker on behavioral health topics whose presentations have reached thousands throughout the U.S., Europe, Canada, the Caribbean and British Islands. He is the author of five books, and the most recent is "Recovery Management and Relationship Detox: Helping Clients Develop Healthy Relationships in Recovery." He also has had two stories published in the New York Times bestselling book series, Chicken Soup for the Soul.



Staff on the phone is very chipper & happy to assist signing me up! Mark Sanders is a very interesting speaker. He is interactive, clear speaking, very knowledgeable, & challenges our thinking!



Accounting Fundamentals - Online Course

Gain a solid foundation of accounting with hands-on-experience. This course will provide you with the essentials of double-entry bookkeeping as you learn to properly analyze and record receivables, payables, payroll, taxes, and common banking activities within professional accounting activities. **Instructor: Charlene Messier.**

New course sessions begin monthly. Enroll at www.ed2go.com/kankakeecc. Full details on registering for Ed2Go classes is on Page 4.

\$94

A to Z Grant Writing - Online Course

Learn the ins and outs of grant writing from a veteran grant writer. This course will provide the experience and skills you need to become a successful grant writer as you learn to put together stand-out proposals that will encourage funds from donors. **Instructor: Linda Vallejo.**

Class note: New course sessions begin monthly. Enroll at www.ed2go.com/kankakeecc. Full details on registering for Ed2Go classes is on Page 4.

\$115

A to Z Grant Writing II: Beyond the Basics - Online Course

Take your grant writing expertise to the next level as you learn how to get funding. This course will equip you with the skills you need to research funding sources, create a fundraising plan, and write winning grant proposals. **Instructor: Beverly Browning.**

Class note: New course sessions begin monthly. Enroll at www.ed2go.com/kankakeecc. Full details on registering for Ed2Go classes is on Page 4.

\$115



CNA Re-Certification

A process for those who are no longer on the Illinois Health Care Registry.

There are 4 steps to re-certify:

1. Go to: nurseaidetesting.com/recertification-online-form/. Fill out the form and submit it.

2. Call 877-262-9259 to provide your name and Social Security number which match information already submitted online.

You will receive a confirmation letter and booklet

3. Schedule a date and time to complete the manual skills test with an approved evaluator. The cost is \$199. To schedule with KCC, phone the Office of Continuing Education and Career Services at 815-802-8206.

Upon successful completion of the manual skills test, you will receive an email that directs you online.

4. Go online to verify your eligibility, create an account, and purchase a seat for the written exam. The cost of the written exam is \$75.

Once you pass the written exam, the results will be posted the following month at hcwrpub.dph.illinois.gov



FREE TRAINING

We have FREE TRAINING opportunities for many manufacturing-related

programs. Qualified participants can train for an in-demand career with

FREE tuition, fees, books and certification exams.

Information and get started:

skills.kcc.edu

Funded by the One Workforce grant, U.S. Department of Labor. There are residency, age and employment qualifications. People from underrepresented groups can also qualify.

Register online at www.kcc.edu/comejoinus

IN-PERSON



Six Sigma: Total Quality Fundamentals - Online Course

Learn the fundamentals, history, and key concepts of the total quality movement. This course will teach you how to increase the value of your company through motivational models, leadership, teamwork, and quality standards. **Instructor: Tony Swaim.**

New course sessions begin monthly. Enroll at www.ed2go.com/kankakeecc. Full details on registering for Ed2Go classes is on Page 4.

\$94

Six Sigma - Total Quality Applications - Online Course

Learn to effectively apply Six Sigma knowledge to real-world problems to achieve the highest possible quality. This course will provide you with the skills to apply the DMAIC (define, measure, analyze, improve, and control) model to successfully define, plan, implement and close a Six Sigma project. **Instructor: Tony Swaim.**

New course sessions begin monthly. Enroll at www.ed2go.com/kankakeecc. Full details on registering for Ed2Go classes is on Page 4.

\$94

Solving Classroom Discipline Problems - Online Course

Enjoy a more peaceful, orderly classroom that is free of common discipline problems. This course provides a step-by-step approach to effective, positive classroom discipline, and it's continually rated by teachers as one of the most valuable they've ever taken. **Instructor: Annemarie Thompson.**

New course sessions begin monthly. Enroll at www.ed2go.com/kankakeecc. Full details on registering for Ed2Go classes is on Page 4.

Class note: Twenty-four (24) contact hours awarded to teachers upon successful completion.

\$94

Certificate in Pain Assessment and Management - Online Course

Pain assessment and management is a crucial part of patient care. This course provides relevant and practical expertise in various methods of pain assessment, management, and treatment in adults, children, and the elderly. **Instructor: Caroline Young.**

New course sessions begin monthly. Enroll at www.ed2go.com/kankakeecc. Full details on registering for Ed2Go classes is on Page 4.

Class note: Twelve (12) contact hours awarded to nurses and other healthcare professionals upon successful completion.

\$177

Response to Intervention: Reading Strategies That Work - Online Course

Discover reading strategies that work without the need for special pull-outs or extra attention. This course will introduce you to the tools needed to creatively help your struggling readers and make steady progress throughout the school year.

Instructor: Wendell Christensen.

New course sessions begin monthly. Enroll at www.ed2go.com/kankakeecc. Full details on registering for Ed2Go classes is on Page 4.

Class note: Twenty-four (24) contact hours awarded to teachers upon successful completion.

\$94

Certificate in Gerontology - Online Course

Prove you have the skills required to meet the health care needs of an aging population. This course will deliver the information you need to work with people over age 65 including assessing and managing pain, common issues of aging, dealing with elder abuse, mental health, and death and dying. **Instructor: Cyndie Koopsen.**

New course sessions begin monthly. Enroll at www.ed2go.com/kankakeecc. Full details on registering for Ed2Go classes is on Page 4.

Class note: Twenty-five (25) contact hours awarded to nurses, nursing home administrators, counselors, and social workers upon successful completion.

\$210

Teaching Students with Learning Disabilities - Online Course

Learn how to meet the diverse needs of students with disabilities in your classroom through easy, practical, and creative strategies developed by an experienced special educator. This course explores the total special education process and helps you understand and empower your special needs students. **Instructor: Sara Hardin.**

New course sessions begin monthly. Enroll at www.ed2go.com/kankakeecc. Full details on registering for Ed2Go classes is on Page 4. Class note: Twenty-four (24) contact hours awarded to teachers upon successful completion.

\$94

Certificate in Food, Nutrition and Health - Online Course

Gain insight into how food interacts with your body and how to make healthy changes for better nutrition. This course provides a holistic overview of current food and nutrition issues and their impact on physical, social, emotional, and spiritual health. **Instructor: Cyndie Koopsen.**

New course sessions begin monthly. Enroll at www.ed2go.com/kankakeecc. Full details on registering for Ed2Go classes is on Page 4. Class note: Sixteen (16) contact hours awarded to nurses, counselors and social workers upon successful completion.

\$160

Register online at www.kcc.edu/comejoinus



The Creative Classroom - Online Course

Learn how to use creativity as a powerful engagement tool in the classroom, regardless of what subject you teach. This course provides new approaches to field trips, learning labs, exercises, and evaluation methods that will challenge and motivate your students to become creative thinkers.

New course sessions begin monthly. Enroll at www.ed2go.com/kankakeecc. Full details on registering for Ed2Go classes is on Page 4.

\$94

Certificate in Stress Management - Online Course

Understand strategies and therapies used to reduce and manage stress. This course will help you explore the physiological, social and psychological impacts of stress and provide you with methods to get stress under control. **Instructor: Caroline Young.**

New course sessions begin monthly. Enroll at www.ed2go.com/kankakeecc. Full details on registering for Ed2Go classes is on Page 4.

Class note: Fourteen (14) contact hours awarded to nurses, social workers, counselors, nursing home administrators and other healthcare professionals upon successful completion.

\$140



The quality of the webinar was great.
I am glad that we had that option.

Brenda Colclasure

UP TO \$10,000 for career training

Funding can cover Tuition, Fees & Books and much more...

kcc.edu/wioa or phone 815-802-8960

Program administrator



Kankakee Workforce Services
An Illinois workNet® Center

A proud partner of the American JobCenter® network

Funded by

Workforce Board
GRUNDY • LIVINGSTON • KANKAKEE

WIOA is an Equal Opportunity Employer/Program. Auxiliary aids and services are available upon request. The Workforce Innovation Opportunity Act program (WIOA) is a federally funded grant program that assists qualified adults and youth in preparing for occupations that are in demand. Grant services are for residents of Kankakee County and individuals laid off from a Kankakee County employer. Information at wioa.kcc.edu. EOE/auxiliary aids and services are available upon request.

**Comprehensive
online courses
with assignments
and final exams**

**Certificate of
Completion awarded
with a passing score**

**Monthly
classes that
run for six weeks**

Enroll Today!

Grant Writing Online Courses

Get Grants

Learn how to develop successful, fundable grants from experts whose proposals have garnered millions in funded projects. This course will give you the skills you'll need to prepare professional, competitive, and compelling grant proposals. You'll understand what funding agencies are looking for and how best to approach them. Your proposals will help you and your organization successfully Get Grants!

Writing Effective Grant Proposals

Learn to prepare grant proposals that get solid results for your favorite organization or charity. Over \$200 billion annually is available for worthy causes, and most people don't know how to prepare the application that will deliver needed funding. Avoid the mistakes that get applications for wonderful projects tossed into the wastebasket! Learn how to write professional proposals that actually succeed.

Introduction to Nonprofit Management

Develop the skills and strategies you need to become an integral part of one of America's fastest growing service sectors. In this course, a seasoned veteran in the nonprofit management field will show you how to transform your good intentions into a professional plan of action. You'll understand the unique characteristics of nonprofit organizations while mastering the core knowledge necessary to become an effective leader in the nonprofit arena!

Starting a Nonprofit

Do you dream of starting and running your very own nonprofit? This unique course carefully details the many aspects of taking a nonprofit start-up from vision to reality. Filled with savvy advice and plenty of assistance from an industry veteran, this is the perfect how-to course for anyone interested in building a thriving nonprofit organization up from the grassroots.

Marketing Your Nonprofit

Discover marketing practices that will help you further the ideals and goals of your nonprofit. In the face of stiff competition, an increase in the number of worthwhile causes, new regulations, more oversight, and fewer funding opportunities, you need to work smarter—not longer. This course, packed with practical strategies that you can put to immediate use, will help you compete more effectively for members, media attention, donors, clients, and volunteers.

Wow, What a Great Event

Learn how to create and coordinate successful special events. Develop skills, find resources, and gain confidence to plan and produce any size or type of event. Find out what the experts and master planners already know so that you can avoid embarrassing and costly planning errors or production mistakes. After just a few weeks, you will become a knowledgeable event planner poised to produce any type of event.

Accounting Fundamentals

Demand for accounting professionals currently exceeds supply. If you're interested in increasing your financial awareness and accountability while also gaining a marketable skill, this course is for you. You'll learn the basics of double-entry bookkeeping, while also learning how to analyze and record financial transactions, as well as prepare various financial reports at the end of the fiscal period. We'll discuss accounts receivable, accounts payable, payroll procedures, sales taxes, and various common banking activities. We'll cover all the bases, from writing checks to preparing an income statement and closing out accounts at the end of each fiscal period.

Introduction to Microsoft Excel 2016

Discover dozens of shortcuts and tricks for setting up fully formatted worksheets quickly and efficiently. Learn the secrets behind writing powerful formulas, using functions, sorting and analyzing data, creating custom charts, creating 3-dimensional workbooks, building links, and creating macros and custom toolbar buttons.

Research Methods for Writers

Attention all writers! Learn how to efficiently and effectively conduct research for any writing project. Research has progressed far beyond a visit to the library. Today, myriad sources provide almost anything a writer might need to know on any subject. Learn how to identify and access every information source imaginable.

Kankakee Community College

For a complete list of available courses, detailed course descriptions, requirements, demonstrations, and additional information visit:

www.ed2go.com/kankakeecc

Certificate in Integrative Behavioral Health - Online Course

Learn a groundbreaking, holistic and integrative approach to treating mental health problems. This course will provide complementary methods of care which are combined with medications and psychotherapy to effectively address the physical, psychological, and spiritual needs of individuals with a variety of mental health conditions. **Instructor: Cyndie Koopsen.**

New course sessions begin monthly. Enroll at www.ed2go.com/kankakeecc. Full details on registering for Ed2Go classes is on Page 4.

Class note: Twenty-four (24) contact hours awarded to nurses and other healthcare professionals upon successful completion.

\$164

Register online at www.kcc.edu/comejoinus



Survival Kit for New Teachers - Online Course

Learn the keys to success from an experienced educator so you can thrive as a classroom teacher. This course is designed to help teachers build motivational classrooms, reach diverse learners, write engaging lesson plans, communicate clearly, and keep stress at bay. **Instructor: Cheryl Dick.**

New course sessions begin monthly. Enroll at www.ed2go.com/kankakeecc. Full details on registering for Ed2Go classes is on Page 4.

Class note: Twenty-four (24) contact hours awarded to teachers upon successful completion.

\$94

Certificate in Meditation - Online Course

Learn how to intentionally train your attention and concentration for effective meditation. In addition to meditation techniques, you'll also discover how meditation can be used to increase mindfulness, reduce stress, deal with pain and illness, and support overall health. **Instructor: Cyndie Koopsen.**

New course sessions begin monthly. Enroll at www.ed2go.com/kankakeecc. Full details on registering for Ed2Go classes is on Page 4.

Class note: Eight (8) contact hours awarded to nurses and other healthcare professionals upon successful completion.

\$80



Kankakee Community College

CHARLTON CAREER CENTER



Charlton Career Center

FREE consultation & services to assist you with your job search including:

Job postings • Job fairs • Interviewing techniques
Resume development assistance

Upcoming Workshops

All sessions at KCC North Extension Center
450 N. Kinzie Ave., Bradley

Resume Development

1:30-3:30 p.m. • Room N102
Choose a date: Jan. 12, Feb. 2, March 16,
April 13, May 11

PAGE 11
HAS FREE LIVE
WEBINARS

Job Hunting in a Digital World

1:30-3 p.m. • Room N101
Choose a date: Jan. 19, Feb. 16, March 23,
April 20, May 18

Interviewing for Success

1:30-3 p.m. • Room N101
Choose a date: Jan. 26, Feb. 23, March 30,
April 27, May 25

STEPS TO REGISTER ARE ON PAGE 4

Kim Cross, Coordinator

815-802-8222 • careerservices@kcc.edu

The Charlton Career Center at KCC connects students, graduates and community members to employment opportunities. The center offers workshops for career preparation, interview and job skills; and facilitates internship opportunities. Resume reviews and mock interviews are also offered. Employers can partner with the career center to advertise jobs using a variety of online tools. Dedicated spaces for interviews is available. All services are free and open to the community.



IN-PERSON COURSES

New Year - New You: Are you Ready?

A goal without a plan is just a wish. Put your goals into action. As a new year approaches, it's the perfect time to work toward goals for a new YOU. Having trouble coming up with goals? Have you set New Year's resolutions and never followed through? Did you get frustrated and feel like your goals were unattainable after a while? Maybe you thought "there's always the next year." Stop making excuses! Learn how to set attainable goals, turn off that negative voice and become a confident goal achiever. **Instructor: Tracy Kelch.**

**Thursday, Jan. 20
6-8 p.m. • KCC Room D123
\$19**

Beginning Photography

Learn the fundamentals of camera operation, photographic composition, exposure techniques, depth of-field and how to compose photos using natural and artificial lighting. Several photo techniques will be discussed, and participants will practice shooting photos during class. Bring your camera (digital or 35 mm) to class. Even if you are looking to buy a camera, this is a great class to take. **Instructor: Wayne Baranowski.**

**Tuesdays • Jan. 25 to March 22
6-8 p.m. • KCC Room D123
\$89**

MEET YOUR INSTRUCTOR

Wayne Baranowski

Wayne Baranowski is a life-long resident of the Kankakee area who knows that Kankakee County and its surrounding communities are a great place to live, work and play. For over 35 years, Baranowski has been providing professional images throughout the area. He has won several awards from the Associated Press and Illinois Press Association, as well as a Pinnacle Award. Baranowski has been an instructor at KCC for many years as well.

Register online at www.kcc.edu/comejoinus

IN-PERSON



Personal Enrichment

Group Guitar

This is an introductory course to playing guitar in a group setting. It is for students without prior knowledge of the instrument. You'll learn music notation and tablature for guitar, fingering for basic open chords, interpreting basic chord symbols, right hand strumming techniques and styles, playing simple song melodies, use of chords as accompaniment, and right-hand picking techniques. You'll also learn how to tune the guitar and conduct basic instrument maintenance. **Instructor: Tammy Cantrell.**

Class note: Bring your guitar, tuner and picks.

**Mondays • Jan. 31 to March 28
6:30-7:30 p.m. • KCC Room D123
\$150**

Playing the Ukulele

Get started with the ukulele by learning basic chords and strum patterns at a pace designed for first-time players. This class is for those who have never played an instrument before. You'll learn the basics of chords, strum patterns, finger picking, music notation and songs. Even if you've tried guitar and thought it was too hard, you'll be surprised by how soon you're playing songs on the ukulele. **Instructor: Tammy Cantrell.**

Class note: Bring your ukulele, tuner and picks.

**Mondays • Jan. 31 to March 28
5:30-6:30 p.m. • KCC Room D123
\$150**



The facility was clean and there was plenty of space. There was food service available, and any staff encountered were very friendly.

Augustina R.

Create Your Own Bath Salts

Bath salts are used to decrease inflammation, hydrate the skin, soothe achy muscles, and so much more. Making your own scented bath salts is easy! Bath salts are a wonderful way to combine therapeutic benefits to your bath water. During this workshop, you will create your own quart of bath salt mix and customize it with your own scent and color in this class. You get to keep the bath salts you create.

Instructor: Dawn Wrobel.

Saturday, Feb. 12

10 a.m. - noon • KCC Room D151

\$19, plus a \$20 supply fee payable to the instructor at the class.

Introduction to Pendulums and Dowsing

In this workshop, you'll learn about the ancient art of pendulum and dowsing, which has been used since early civilizations to find water in the earth and mines. The course explores the history and basic skills of working with pendulums and dowsing.

Instructor: Dawn Wrobel.

Class note: Bring your own pendulum to class. Pendulums also will be available to purchase or borrow from the instructor during class.

Wednesday, Feb. 23

6-8 p.m. • KCC Room D151

\$19

MEET YOUR INSTRUCTOR

Dawn Wrobel

joined the KCC community in 2013. She teaches credit geography classes as well. For continuing education, she teaches many of the things she loves, Wrobel's love for the earth extends from geography to a variety of "green living" topics. Wrobel has been teaching crafts since her teenage years and is especially interested in traditional crafts, such as leather, rawhide, and scrimshaw.



Register online at www.kcc.edu/comejoinus

IN-PERSON



Seasonal Body Scrubs, Toners and Masks

Look no further for a fun evening with your friends! Create your own skin care products during this Friday night workshop. You'll handcraft several products to prep your face and body for sunnier days. The workshop uses a mix of healthy ingredients. **Instructor: Dawn Wrobel.**

Friday, March 4

6-8 p.m. • KCC Room D151

\$19, plus a \$20 supply fee payable to the instructor at the class.

Ghost Hunting

Join the Illinois Paranormalists for an exploration in the realm of ghost hunting. During the session, ghost hunters will share their experiences with investigating ghost sightings and sounds, relate techniques used in an investigation, and share a variety of equipment and how it is used. They will discuss how places to investigate are located and will share evidence they have gathered from ghost hunts.

Instructors: Paul Schmidt and Illinois Paranormalist team members.

Friday, March 25

6:30-8:30 p.m. • KCC Room D152

\$23

Mesh Bunny Wreath

Add some hoppy hop to your home in this creative session. Create a beautiful decorative bunny wreath to hang on your door to welcome visitors. We will use a combination of mesh and other hoppy items to create a one-of-a-kind hanging wreath. No experience necessary. All materials supplied. You'll keep the wreath you make.

Instructor: Amber Gocken.

Friday, March 25

6-9 p.m.

KCC Room D151

\$42



**Visit KCC's
Welcome
Center
to register for
Continuing
Education classes.**



Mesh Spring Flower Wreath

Give your front door a blooming makeover. In this class, you will create a beautiful spring flower wreath made from deco mesh to hang on your door or wall. No experience necessary. All materials supplied. You'll keep the wreath you make.

Instructor: Amber Gocken.

Tuesday, April 26

6-9 p.m. • KCC Room D151

\$42

Jeffrey "Jay" Sternickle

is a gifted speaker, teacher, and local historian. For several years, he served as a docent at the historic Gaylord Building in



Lockport and led tours along the I & M Canal. Jay has taught for more than 20 years at community colleges, elementary schools, libraries, and other community venues. Jay currently teaches at Joliet Junior College. Previously, Jay spent five years in the U.S. Army and served on a combat camera team during the 1991 Persian Gulf War. He has a bachelor's degree in photojournalism from Southern Illinois University and completed graduate work in instructional design technology at Western Illinois University. With a diverse background which includes training in photography, film, journalism, education, history, computers, and theater, Jay loves to share his knowledge and instill a love of learning in others.

A Desert Storm Diary

Has the 1991 Persian Gulf War become the "forgotten war?" One Joliet-area vet is determined to make sure the Gulf War is not forgotten; and has published a new book to help preserve the stories of Desert Storm. Learn more about Desert Storm as author and combat photographer Jay Sternickle shares his "Desert Storm Diary." Sternickle served with the US Army's 24th Infantry Division during the 1991 Gulf War as an Army public affairs specialist and part of a combat camera team. Sternickle will share his personal stories, photographs and video, and examine the key events of Operation Desert Storm.

Instructor: Jay Sternickle

Class note: Jay's book is included in the cost of the class.

**Tuesday, April 5
9 a.m. - noon • KCC Room D123
\$39**

Point and Shoot Digital Cameras

This class is designed for owners of point & shoot digital cameras with non-removable lens to learn how to change "snapshots" into "photo memories." Learn the basics for understanding and using your digital camera--auto vs. program mode, scene modes, ISO, white balance and more. This class provides easy to understand camera instruction with lots of hands-on exercises. Please bring your camera with fully charged batteries to class. **Instructor: Jay Sternickle.**

**Saturdays, April 16 & 23
9 a.m. - noon • KCC Room D123
\$65**

America's Boating Course

This is an introductory course for all recreational boaters produced by America's Boating Club® (the U.S. Power Squadrons-USPS) and taught by USPS certified instructors. It covers boat and hull types, selecting a boat, required safety equipment, operator responsibilities, boat handling, personal watercraft operation, fueling procedures, water sports safety, trailering, nautical rules of the road, navigation lights and sound signals, emergency equipment and procedures, homeland security regulations, state of Illinois regulations, and more. **Instructor: Robert Potter.**

Class notes: Open to participants age 12 and over. Those under age 18 require parental signature at first class. This course meets the requirements of states and territories that have mandatory safe boating education laws and is accepted by the state of Illinois as meeting the training requirements for boat operators born after January 1, 1998 to operate a craft of 10HP or more. Come at 6:15 the first night to register and purchase materials.

**Wednesdays • May 18 to June 15
6:30-8:45 p.m. • KCC Room D124**

Arrive at 6:15 p.m. the first night to purchase materials.

\$12, an additional \$55 for course materials must be to be paid to the instructor at the first class. Members of the same household may share materials for an additional \$10 per person.

In Person / Live Webinar Classes

Choose to attend in-person or as a live webinar

If you choose Live Webinar, you will receive an email within 24 hours with a link to the session. All participants require internet access and an email address.

1861: Secession and Fort Sumter - In-Person /Live Webinar

The winter of 1860/1861 was known as secession winter. This is the time between the election of Abraham Lincoln and the April firing on Fort Sumter. This class discusses the events from the time Lincoln was elected, the first wave of secession, the Confederate bombardment of Fort Sumter that led to the Union evacuation, and the second wave of secession of the upper south. **Instructor: Christina Smith.**

**Friday, March 4
9 a.m. - noon • KCC Room D123
or Live Webinar
\$25**

1861: Preparing for War - In-Person / Live Webinar

This class examines the initial reactions to the American Civil War. We will discuss the Washington D.C. defense strategy, the reaction to the first call of state volunteers, and the attack on Harper's Ferry arsenal. We will learn about Union and Confederate war strategies, operations, and organization of their armies and navies. We will also explore the opening clashes in Western Virginia leading up the first major battle of the Civil War. **Instructor: Christina Smith.**

**Friday, March 18
9 a.m. - noon • KCC Room D123
or Live Webinar
\$25**

1861: Campaigns, Part 1 - In-Person / Live Webinar

This class will discuss in detail the lead-up to the first major battle of the American Civil War at Manassas Junction, Virginia. We will examine the disposition of the troops, the terrain around Bull Run stream, and the numerous accounts of insubordination and incompetency that led to a Union defeat. We will review the Affair at Blackburn's Ford, the battle on July 21, 1861, the Union retreat, and the impacts of the first battle.

Instructor: Christina Smith.

Friday, April 1

9 a.m. - noon • KCC Room D123

or Live Webinar

\$25

1861: Campaigns, Part 2 - In-Person / Live Webinar

This class continues with the American Civil War after the First Battle of Bull Run through the end of the first year. We will examine the battleground in Missouri, the rise of Gen. George McClellan to commander, and fighting in the Eastern Theater. We will learn how the Joint Committee on the Conduct of the War originated and its first investigation in 1861. Finally, we will discuss the Navy's evolution and coordination with the armies as they prepare for battle on rivers in the east and west. **Instructor: Christina Smith.**

Friday, April 15

9 a.m. - noon • KCC Room D123

or Live Webinar

\$25

MEET YOUR INSTRUCTOR

Christina Lea Smith

is currently working toward her master's degree in Library & Information Science at the University of Illinois at Urbana-Champaign. In 2015, she completed her master's degree in history from Illinois State University. Her thesis, "Joseph Addison Turner: The Countryman and Confederate Nationalism" won the 2015 James C. Bonner Award for best master's thesis. She has also published "Elizabeth Parsons Wade Packard's Challenge of True Womanhood" in the peer-reviewed Journal of Illinois History.



Smith has over 20 years teaching experience at colleges across Illinois. She focuses on 19th century American history and Civil War seminars. She volunteers as an instructor for Bradley University's Osher Lifelong Learning Institute. Smith also speaks at historical societies, women's groups, and other associations.

Sherman's March to the Sea - In-Person / Live Webinar

This course follows Gen. William Tecumseh Sherman's Georgia and Carolina campaigns. This course addresses the march from Chattanooga to Atlanta, discussing the engagements that occurred along the way. Then we focus on Atlanta: The civilian population, the fortifications, the bombardment, and the occupation. We will discuss Sherman's overall strategic and tactical plans; follow the army through the long march; and learn how soldiers adapted to this new type of campaigning.

Instructor: Christina Smith.

Friday, April 29

9 a.m. - noon • KCC Room D123

or Live Webinar

\$25

Arlington: From Robert E. Lee's Home to National Cemetery - In-Person / Live Webinar

Arlington National Cemetery has a long history dating back to George Washington. Before the Civil War, Arlington House was the home of Robert E. Lee and his wife Mary. This class will explore the strategic value behind confiscating Arlington House at the beginning of the Civil War, the evolution of the property from fortifications, contraband camp to burial ground for Union soldiers. We will discuss the postwar sectional relations, the creation of the Confederate section of the cemetery, and how the Lee family legally obtained title to Arlington in 1882. **Instructor: Christina Smith.**

Friday, May 13

9 a.m. - noon • KCC Room D123

or Live Webinar

\$25



I've always found KCC's staff to be most helpful. The continuing education programs are interesting, varied and informative.

Myra Devine

Interested in teaching a class?

Contact: dhdenison@kcc.edu

Rod Serling & the Twilight Zone - Live Webinar

As you begin to read this, relax your mind. "You unlock this door with the key of imagination. Beyond it is another dimension: a dimension of sound, a dimension of sight, a dimension of mind. You're moving into a land of both shadow and substance, of things and ideas. You've just crossed over into...The Twilight Zone."

These were the words of the famous narrator, Rod Serling as he took viewers into the well-known, psychological thriller television series, The Twilight Zone. Historian Jim Gibbons will discuss The Twilight Zone, the amazing works, and the life of genius creator, Rod Serling. You'll hear about the many accomplishments and awards that he received over his lifetime for his screenwriting, television production, and narration, including being inducted into The Television Hall of Fame in 1985. He'll also discuss the movies, writings, and other works of Serling; his military background; and his fight for change in issues of television censorship, politics, racism and more. **Instructor: Jim Gibbons.**

This is a live event. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require internet access and an email address.

**Thursday, Jan. 20
1-2:30 p.m.
\$15**

Go far without your car!
Ed2Go online courses are convenient, affordable and effective.
www.ed2go.com/kankakeecc

Register online at www.kcc.edu/comejoinus



Chicago's Riverview Amusement Park - Live Webinar

Learn about the origins and history of Riverview Park, a Chicago area amusement park which operated from 1904 to 1967. Riverview is best remembered for its many rides, including: The Bobs roller coaster, the Shoot the Chutes water ride and its famous Pair-O-Chutes. Other attractions included Aladdin's Castle, a classic fun house with a collapsing stairway, mazes and turning barrel; and the famous Riverview Carousel, with its 70 hand-carved horses. **Instructor: Jay Sternickle.**

This is a live event. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require an email address and a device with internet access, a camera and microphone.

**Monday, Jan. 24
6:30-8:30 p.m. • \$20**

CSI: Crime Scene Investigation - Live Webinar

Do you enjoy mysteries and crime investigations? Learn "behind the scenes" facts of several crimes such as homicides, robberies, stage crime scenes and more. Latent fingerprints are the main forensic evidence discussed, but other forensic disciplines will be covered in general. Analyzing photos will help you discover how to see the facts. This live webinar is presented by a retired latent fingerprint examiner with over 35 years of experience. You will review three cases and determine what is seen in the evidence. **Instructor: Lynne Dean.**

This is a live event. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require internet access and an email address. This presentation will contain some photos and information that might be considered graphic/offensive. Participants must be 18 years and older for this class.

**Wednesday, Jan. 26
6-9 p.m. • \$35**

**Saturday, April 9
9 a.m. - noon • \$35**

Castles of Scotland and Ireland – Live webinar

Learn the importance of castles in the formation of two familiar nations, Scotland and Ireland. Although separated by water, their Celtic roots often crossed paths due to water crossings. Learn about the Pirate Queen, Bonnie Prince Charles, Edinburgh and Stirling Castles plus the Rock of Cashel. **Instructor: Declan Rutan.**

This is a live event. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require an email address and a device with internet access, a camera and microphone.

**Thursday, March 3
6-8 p.m. . \$20**

MEET YOUR INSTRUCTOR

Lynne Dean



is a retired forensic scientist from King County Sheriff's Office in Seattle, Washington. She has over 35 years' experience as a Latent Fingerprint Examiner in the Automated Fingerprint Identification System (AFIS) with King County. Her first homicide scenes to assist on was that of the Green River Killer. Lynne responded to over 1,000 crime scenes to collect evidence and analyzed over one million fingerprint comparisons. She has trained examiners, police officers, and detectives for processing evidence and has presented her techniques at forensic conferences, student lectures and community events. Lynne has a degree in Criminal Justice from Washington State University, and an associates degree in Police Science from Green River College. Lynne also received training at the FBI Academy in Quantico, Virginia. Currently, she is an adjunct instructor for Green River College in Auburn, Washington.

Gina Henry

has lived this travel life for 30 years, taking 10 free vacations a year by using free airline tickets, hotels, cruises, tours, meals, & more. She has traveled to 98 countries and all 50 states. Gina teaches in 90 cities and is the author of many travel books & audios. She leads several group tours each year and organizes a volunteer teach English program in Thailand and Peru.



How to Travel Free & Safely - Live Webinar

When it is safe to go on a trip, where can we go, how do we stay safe, and how do we make our travel free? World traveler Gina Henry shows you how she is prepared for the new "travel normal," including important tips on safety, trip insurance, what to do if you become sick, and other strategies. Discover over 200 ways to travel free. Earn free airline tickets, hotel nights, tours & more in the USA & worldwide! Volunteering, fun work-vacations, paid travel, teaching English and remote employment opportunities.

Instructor: Gina Henry.

This is a live event. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require an email address and a device with internet access, a camera and microphone.

Class note: Your "Travel Free" ebook link will be emailed to you a few days before the class.

**Saturday, Feb. 12
11 a.m. - 2 p.m.**

**\$49, includes Henry's 100-page ebook
How to Travel Free & Safe (a \$39.95 value).**

Register online at www.kcc.edu/comejoinus

IN-PERSON



Lovely Bubbly Breakfast Tour - Live Webinar

Presented by Milwaukee Food Tours

Put down the remote and get lost in real stories of love, along with some tragedy and inspiration. We can't wait to share Milwaukee's Greatest Love Stories with you during this live one-hour virtual tour! Experience stories of the city's history and culture, and go behind-the-scenes to get to know the places and people involved. To sweeten the experience, each guest receives a care package containing everything needed for a lovely Milwaukee inspired breakfast at home. All you need is the bubbly! Each care package includes enough for two people to share: Pancake mix and recipe prepared by La Tarte Bakery, 8 oz of maple syrup, 1/2 lb. roasted coffee, four conversation heart cookies, a chocolate covered pretzel, a molded heart chocolate, and dried apples.

This is a live event. Within 24 hours of the webinar, you will receive an email with a link to the session. All Participants require internet access and an email address.

Class notes: Registration deadline is Friday, Feb. 4. Items will be shipped to your home the week of Feb. 7.

**Saturday, Feb. 12
10-11 a.m.**

\$89, includes breakfast care package

Get Paid to Teach English in the USA and Overseas - Live Webinar

Learn how Gina Henry has taught her way around the world and paid for vacations and travel to over 98 countries. Teaching English is a high paying career, or simply a great way to go on vacation for free. English is the world's business and travel language. Being able to speak English helps people get better paying jobs. If you speak English, you can teach conversational English! You do not have to be certified or speak the local language. You also can make money from home by teaching English online. Earn a free vacation, two-month paid summer job, or full-time work that earns up to \$90,000 a year. Learn about the best paying jobs, qualifications, certification programs and specific hiring organizations. **Instructor: Gina Henry.**

Class note: This is a live event. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require an email address and a device with internet access, a camera and microphone.

**Saturday, Feb. 19
11 a.m. - 2 p.m.**

\$49, includes the instructor's 50-page digital book.

**Saturday, May 14
11 a.m. - 2 p.m.**

\$49, includes the instructor's 50-page digital book.

Beatlemania! - Live Webinar

The Beatles are one of the best-known and most influential bands of all time. Starting with John, Paul, George and Ringo's earliest days in Liverpool, to their controversial breakup, you'll get an introduction to the music that shaped the lives and times of this extraordinary era. **Instructor: Jay Sternickle.**

This is a live event. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require internet access and an email address.

**Monday, Feb. 21
6:30-8:30 p.m. • \$20**

America's First Ladies - Live Webinar

Explore which First Ladies have ranked highest and lowest (or most in-between) with historians and why. Who do you think was best or worst? Why were some so vilified? And what might the future hold for the role of American First Lady? **Instructor: Jim Gibbons.**

This is a live event. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require internet access and an email address.

**Monday, Feb. 21
1-2 p.m. • \$15**

Estate Planning & Asset Protection - Live Webinar

Planning for the future is important whether you are just graduating college, starting a family or preparing for your golden years. Failure to plan can have an adverse affect on your assets and leave your loved ones in financial limbo. We will discuss estate planning fundamentals and terminology including: ramifications of asset ownership, legal reasons for life insurance, importance of beneficiary designations, life estates, nursing home costs, nursing home contract issues, importance of powers of attorney, increase in guardianships, wills, use of trusts and more. Learn what questions you should be asking yourself. You will be better prepared to consider your options and have the tools needed to review your plan with your attorney. **Instructor: Walt Zukowski.**

This is a live event. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require internet access and an email address.

**Thursday, Feb. 24
6-7:30 p.m. • \$29**

**Thursday, April 7
6-7:30 p.m. • \$29**

The Secrets of Travel-Hacking - Live Webinar

You can earn hundreds of thousands of airline frequent flyer miles and hotel reward points without ever stepping on a plane or paying for a hotel and then redeem them for high-value trips. Flights and hotels are typically the most expensive part of your vacation budget. Gina Henry will share her easy "Beginner Strategy," then graduate you to more advanced strategies that earn you one million-plus reward points per year. All major rewards programs will be detailed. You also will learn tips for flying business and first class. Gina Henry, founder of Go Global, Inc., has been a professional traveler for over 26 years and earns 15 free airline tickets and dozens of free hotel nights each year. **Instructor: Gina Henry.**

This is a live event. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require an email address and a device with internet access, a camera and microphone.

**Saturday, Feb. 26
11 a.m. - 2 p.m.**

\$49, includes Henry's ebook "The Secrets of Traveling Hacking - Free Air & Hotels."

Instant Piano for Hopelessly Busy People - Live Webinar

Learn to play piano the way professionals do—using chords. Since this class is held online, you will be able to sit at your piano or keyboard at home and participate with no pressure at all. The course includes an online book, the class recording link, and online follow up video lessons for you to continue practice and study on your own. The course is lecture/demonstration and hands-on instruction. Topics include: How chords work in a song; How to get more out of sheet music by reading less of it; How to form the three main types of chords; How to handle different keys and time signatures; How to avoid "counting"; and How to simplify over 12,000 complex chords.

This is a live event. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require internet access and an email address.

**Monday, Feb. 28
6:30-9:30 p.m. • \$59**

Work Remotely and Become a Digital Nomad - Live Webinar

Working remotely is now the thing. Why not add travel into the mix? Join thousands of individuals who are taking their work with them and hitting the road! You can make your travels sustainable by earning a living as you travel. Get the "how to" of living on the road, including downsizing, putting your stuff in storage, getting your mail, how to have a "physical address," the RV lifestyle, timeshares, international living, long-term rentals, housesitting, and more. Learn the best ways to set up your remote office and get quality Wi-Fi in your hotel, long-term rental, and out of your car or RV. Gina Henry founded Go Global, Inc. 26 years ago and has been location-independent, working remotely and traveling year-round for the past six years. **Instructor: Gina Henry.**

This is a live event. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require an email address and a device with internet access, a camera and microphone.

**Saturday, March 5
11 a.m. - 2 p.m.**

\$49, includes Henry's ebook "Work Remotely and Become a Digital Nomad" (a \$39.95 value).

More Weird and Wonderful Illinois - Live Webinar

Continue your exploration of the many weird and wonderful people and places that make Illinois great. Learn about the Alley of Death, Chicago's fabulous Tiffany Dome and the Garden of the Gods. And discover the extraordinary stories behind places like the Old Slave House, Mermott Springs, and Collinsville's Seven Gates to Hell. **Instructor: Jay Sternickle.**

This is a live event. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require internet access and an email address.

**Monday, March 21
6:30-8:30 p.m. • \$20**

The Great Midwest Road Trip - Live Webinar

Take a nostalgic road trip and discover the history of Midwest vacation destinations area residents have been visiting for generations. Discover--or rediscover--places like the Indiana Dunes, Starved Rock, Lake Geneva, the Wisconsin Dells, Galena, Mackinac Island, and Wisconsin's Door County. Relive family road trip memories or discover new destinations to help plan your next day trip or vacation getaway.

Instructor: Jay Sternickle.

This is a live event. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require internet access and an email address.

**Monday, April 18
6:30-8:30 p.m. • \$20**

All About Alfred Hitchcock - Live Webinar

Learn all about the "Master of Suspense," Alfred Hitchcock. We'll explore his expansive filmography starting with Hitchcock's first film, The Lodger (1927) from the silent era; and ending with, Family Plot (1976), his final film five decades later. The class will reflect on Hitchcock's unparalleled 50-year career as one of cinema's most successful and unique filmmakers. **Instructor: Jay Sternickle.**

This is a live event. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require internet access and an email address.

**Monday, May 2
6:30-8:30 p.m. • \$20**

Voiceovers (Getting Started In Voice Acting) - Live Webinar

Explore the craft of voiceovers! Discover current trends, opportunities, and tools you need to find success in this growing remote working industry. Read a real script and receive coaching from a professional voice actor to improve your delivery. One time, 90-minute, one-on-one, video-chat class! Upon registration, you will be contacted by Voices for All to schedule your class for a day and time of your convenience. **Instructor: Voices for All LLC.**

This is a live event. Email continuinged@kcc.edu to schedule your time. All participants require internet access, an email address, and video chatting capabilities such as Zoom, Skype (Win/Mac/Mobile) or iChat/FaceTime (Mac/iOS).

\$49

Register online at www.kcc.edu/comejoinus

IN-PERSON



ONLINE
COURSES

Learn to Buy and Sell on eBay - Online Course

Learn from an auction pro how to work from home or earn extra income by buying and selling goods online for top dollar. This course will teach you how to get noticed, value items, sell quickly, protect against fraud, and safely conduct financial transactions. **Instructor: Shirley Frazier.**

New course sessions begin monthly. Enroll at www.ed2go.com/kankakeecc. Full details on registering for Ed2Go classes is on Page 4.
\$94

Speed Spanish - Online Course

Converse in Spanish in just a few weeks. This course will help you learn six easy recipes to glue Spanish words together into sentences so you can engage in conversational Spanish quickly. **Instructor: Dan Mikels.**

New course sessions begin monthly. Enroll at www.ed2go.com/kankakeecc. Full details on registering for Ed2Go classes is on Page 4.
\$94

Genealogy Basics - Online Course

Learn to trace your family history and make it come alive. This course provides hands-on examples that help you dig deeper into your family's past using several subscription-based websites that you will be able to access during the course. **Instructor: Carrie Ehrfurth.**

New course sessions begin monthly. Enroll at www.ed2go.com/kankakeecc. Full details on registering for Ed2Go classes is on Page 4.
\$94

Discover Sign Language - Online Course

Gain confidence in your ability to sign with the Deaf community. This course immerses you in silence to help you gain an understanding of the perspective of the hearing impaired and uses videos to demonstrate not only how to make signs, but how to communicate with facial expression.

Instructor: Erin Trimble.

New course sessions begin monthly. Enroll at www.ed2go.com/kankakeecc. Full details on registering for Ed2Go classes is on Page 4.

\$94

Work Yourself Happy - Online Course

Enjoy the rewards that come from doing what really makes you happy! This course will help you fully understand your own interests, values, needs and abilities and help you use work to express yourself and share your interests and talents. **Instructor: Cynthia Granger**

New course sessions begin monthly. Enroll at www.ed2go.com/kankakeecc. Full details on registering for Ed2Go classes is on Page 4.

\$94

Discover Digital Photography - Online Course

Gain the skills you need to take great photos with your digital camera and never miss a memorable moment again. This course is an informative introduction to digital photography, from DSLRs to smart phone cameras.

Instructor: Beverly Richards Schulz.

New course sessions begin monthly. Enroll at www.ed2go.com/kankakeecc. Full details on registering for Ed2Go classes is on Page 4.

\$94

Start Your Own Online Business - Online Course

Learn how to harness the power of the Internet to build and sustain a profitable business. This course will teach you the step-by-step process of creating a product, building a website, engaging a customer base, and finding new leads online.

Instructor: Brad Semp.

New course sessions begin monthly. Enroll at www.ed2go.com/kankakeecc. Full details on registering for Ed2Go classes is on Page 4.

\$94

Introduction to Interior Design - Online Course

Learn to transform plain living spaces into beautiful and functional rooms. This course will give you the know-how to design a room from floor to ceiling with understanding of color theory, industry trends, special arrangements, floor plans, design ideas, and interior design basics.

Instructor: Sarah Smallwood.

New course sessions begin monthly. Enroll at www.ed2go.com/kankakeecc. Full details on registering for Ed2Go classes is on Page 4.

\$115

Write Your Life Story - Online Course

Learn how to create and distribute an inspirational and professional autobiography for family, friends, and others. This course teaches you how to bring characters to life, recall vivid memories, engage readers, and manage your creative time so you can share a story only you can tell.

Instructor: Eva Shaw.

New course sessions begin monthly. Enroll at www.ed2go.com/kankakeecc. Full details on registering for Ed2Go classes is on Page 4.

\$94

Register online at www.kcc.edu/comejoinus

IN-PERSON



Erica of the continuing ed staff was so friendly and helpful when I needed to change from the in-person format to the Zoom format.

Dot Bendix



Quality of training and instructor competencies met and went beyond my expectations.

Dr. Cynthia V. Taylor



A new beginning for those who need it

Please note: We are ready to work with you! The COVID-19 pandemic has changed how classes are offered. It has not changed our commitment to helping you reach your goals. It's all more flexible now than ever!

Please call **815-802-8300** or visit **adulted.kcc.edu** for more information and to get started.

Adult Education Learning System

Register at **adulted.kcc.edu** or call **815-802-8300**

IN-PERSON



Adult literacy

**Do you want to learn to read better?
Do you know someone who wants
to learn to read better?**

Volunteer
Tutors
needed,
too!

The ALIVE Adult Literacy program provides individual tutoring to improve the reading skills of adults ages 16 years and older.

How help is provided:

- Tutoring is available at KCC, libraries, churches and a variety of other places.
- A caring, friendly space is created between the tutor and student.
- Reading, writing, English and math skills are taught.
- Services are provided at no cost to the student.

Call 815-802-8307 or email scarrell@kcc.edu for information.

Get Your High School Equivalency *GED®/HiSet*

The High School Equivalency program prepares adults for higher education and the workforce. In addition to traditional classes, the program uses technology to help students prepare for, pass the test, and move on to better jobs with better wages.

KCC offers instruction and services to help you succeed on the GED or HiSet High School Equivalency test. There is no cost for classes – and several convenient options are available.

Online instruction is offered for those who qualify.

Call 815-802-8300 or email GED@kcc.edu for more information.

Auxiliary aids and services are available upon request for individuals with disabilities. Kankakee Community College is an equal opportunity, affirmative action employer. These classes are partially funded with federal funds.

High School Equivalency Preparation

These programs are designed for students to prepare for a high school equivalency test. The classes are for those who would like to improve skills.

Program features:

- No cost to the student.
- Books are provided during class time.
- New class sessions begin every eight weeks.
- Meeting dates and times are flexible and tailored to meet the needs of students. More information is under "KCC Locations" on this page.
- Open to anyone age 16 and over who has separated from his/her high school. A letter showing high school separation is required for those under age 18.
- An online study option is available.

Classes

Register for an orientation at adulted.kcc.edu/ged

Orientation is required prior to enrollment.

Online Course

The online course includes the option to meet personally with your instructor.

KCC Locations

Kankakee and Watseka locations are open to share information in-person or by phone.

These sites offer

- Program information • Free wi-fi
- Computers with internet
- (Kankakee only) Class meetings by appointment

KCC Riverfront Campus (Main campus)

100 College Drive, Kankakee, Rooms L30A and L30B

Phone 815-802-8300

Miner South Extension Center

1488 E. Walnut St., Watseka

Phone 815-802-8780

Be competitive in the local labor market

FREE classes to sharpen skills

Computer Literacy

The Computer Literacy class will provide basic computer instruction as well as skills on how to use Windows 10, Microsoft Word, Internet and email.

Also offered:

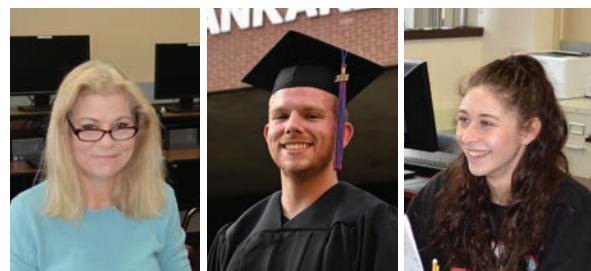
- Interviewing for Success
- Resume Development
- Job Hunting in a Digital World

FREE for residents!

For more information or to register,
phone 815-802-8960.

Classes are offered at KCC's North Extension Center,
450 N. Kinzie Ave., Bradley.

Seating is limited. You must attend the entire class.



ENROLL NOW!

GED®+Career

FREE for qualified students

Complete GED preparation & career training at the same time.

GED+Career is a partnership with select KCC programs.

Learn more at adulted.kcc.edu or email gbeglau@kcc.edu.

English as a Second Language (ESL)

All English Language classes are provided at no cost to the student. The classes are designed for non-native English speaking adults, 16 years or over who are not enrolled in high school, who would like to improve their English language reading, writing, speaking and listening skills. Instructors and tutors work with students in small groups. There are many levels of classes offered to help students at every stage of learning.

Go to adulted.kcc.edu/esl to register for an orientation. Program orientations are required prior to class enrollment.

ESL is now offered in-person and remotely!

KCC Locations KCC Riverfront Campus (Main campus)

100 College Drive, Kankakee,
Rooms L30A and L30B
Phone 815-802-8300

Miner South Extension Center

1488 E. Walnut St., Watseka
Phone 815-802-8780

These sites offer

- Program information in-person or by phone
- Free wi-fi • Computers with internet

Register at adulted.kcc.edu or call 815-802-8300

IN-PERSON



Learn English. Free.

Aprende inglés. Gratis.

学英语。自由。

Uczyć się angielskiego. Darmowy.

Matuto ng Ingles. Libre.



**Classes offered:
Kankakee • Online**

Info: www.kcc.edu/esl • 815-802-8304
KCC Riverfront Campus Welcome Center

Learn in-person or “Live online”

Do you have an internet connection? With sound and working camera? When class meets, you can participate from anywhere.

You can come to class in-person too.

Get started today at adulted.kcc.edu

Click **Enroll**



*****ECRWSS****
POSTAL CUSTOMER



Finding courses and enrolling has never been easier!

Visit: **continuinged.kcc.edu**

Click "Training" to browse continuing education courses

- Look for upcoming courses
- Register and pay online
- Sign up as a customer and register in just a few clicks
- Use promo/discount codes for select courses

To register online:

1. Sign up or Login
2. Select a course
3. Click on the date you want
4. Add it to your cart
5. Within the cart, checkout

<http://continuinged.kcc.edu> is the site to find and register for non-credit, Continuing Education and Career Services courses and workshops. For KCC credit division and adult education/GED preparation courses, visit www.kcc.edu or submit a request at info.kcc.edu.