

edit your bio

How do you feel
that person is like
you?

Take a moment to
reflect on what
resonates with
you

Strengths

16 Personalities

(The Myers-Biggs
Personality Test)

Analysts

Diplomats

Sentinals

Explorers

What can you
do for self-care?

Feel free to
add sketches

Now, let's look at
some weaknesses
that resonates
with you

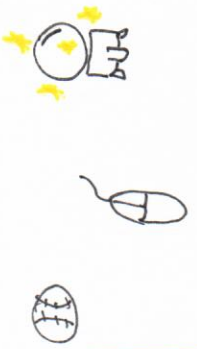
Weaknesses

name

/nām/

1. A word or set of words
by which a person, animal
or place, or thing is
known, addressed or
referred to

Take this space to
explore the origin
of your name - maybe
draw a family crest
or highlight a nickname



Draw an avatar?

Maybe sketch it
out -

Describe your
hobbies!

Hobbies

A

GUIDE

TO

[YOUR NAME]

AZINE *

</END>

THIS ZINE WAS POWERED BY
@KALUNDEFINED

FAVORITE THINGS

NAME YOUR FAVORITE
MOVIE

DO YOU HAVE A
BOOK THAT IS
VERY SPECIAL TO
YOU?

PUT THOSE THINGS
HERE!