

## A PROJECT REPORT ON

# "BMI CALCILATOR"

By

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<u>1.</u>

#### **PROBLEM STATEMENT:**

Develop a BMI (Body Mass Index) calculator using Java Servlet technology. The BMI calculator should accept input parameters such as height (in meters) and weight (in kilograms) from the user through a web interface. Upon submission, the servlet should calculate the BMI based on the provided inputs and display the result to the user.

### 2. OBJECTIVE:

- 1. Implement Java Servlets: The primary objective is to utilize Java Servlets to handle HTTP requests and responses for building a BMI calculator application.
- 2. User-friendly Web Interface: Develop an intuitive and visually appealing web interface allowing users to input their height and weight conveniently.
- 3. Input Validation: Ensure that user inputs for height and weight are validated to prevent calculation errors and ensure data integrity.
- 4. BMI Calculation: Implement the BMI calculation logic within the servlet based on the provided height and weight inputs.
- 5. Result Display: Display the calculated BMI along with an interpretation of the result to provide users with meaningful feedback.
- 6. Error Handling: Implement robust error handling mechanisms to gracefully handle invalid user inputs or system errors, providing informative error messages to users.
- 7. Responsive Design: Design the web interface to be responsive, ensuring compatibility across various devices and screen sizes.
- 8. Testing: Thoroughly test the application to verify the accuracy of BMI calculations, proper functionality of the web interface, and handling of different scenarios.

### 3. INTRODUCTION:

### 3.1 Background/context

The Body Mass Index (BMI) is a widely used measure for assessing an individual's body composition based on their height and weight. It provides a simple numeric indicator of a person's health status in relation to their body weight. BMI is calculated by dividing an individual's weight in kilograms by the square of their height in meters. The concept of BMI was introduced by the Belgian polymath Adolphe Quetelet in the early 19th century as the Quetelet Index, though its modern form as the Body Mass Index gained popularity later. The development of a BMI calculator project aligns with Electronics and Communication Engineering (ECE) curriculum by providing practical experience in embedded systems design, sensor technology, data processing, and user interface design. Additionally, it highlights the interdisciplinary nature of engineering by addressing a relevant health-related issue, offering students an opportunity to apply their technical skills to develop a solution with societal impact.

# 3.2 Project Details

The BMI calculator project involves developing a web-based application using Java Servlets to calculate Body Mass Index (BMI) based on user-provided height and weight inputs. The project will include the following key components:

- 1. User Interface: A user-friendly web interface allowing users to input their height and weight conveniently. The interface should be intuitive, responsive, and visually appealing.
- 2. Input Validation: Implementation of input validation to ensure that user inputs for height and weight are within acceptable ranges. This helps prevent calculation errors and ensures data integrity.
- 3. BMI Calculation Logic: Development of the BMI calculation logic within the Java Servlet. The servlet will compute the BMI using the

- provided height and weight inputs according to the formula: BMI = weight (kg) / (height (m) \* height (m)).
- 4. Result Display: Displaying the calculated BMI to the user along with an interpretation of the result (e.g., underweight, normal weight, overweight, obese). This provides users with meaningful feedback based on their BMI calculation.
- 5. Error Handling: Implementation of robust error handling mechanisms to gracefully handle invalid user inputs or system errors. Informative error messages should be provided to guide users in case of input errors.
- 6. Testing: Thorough testing of the application to verify the accuracy of BMI calculations, proper functionality of the web interface, and handling of different scenarios. Testing should cover both positive and negative test cases.
- 7. Documentation: Clear documentation of the code with comments to enhance readability. Instructions for deploying the servlet on a web server should also be provided.
- 8. Optional Features: Additional features such as support for different units (metric or imperial), BMI calculation history storage, and user authentication can be considered based on project requirements and time constraints.

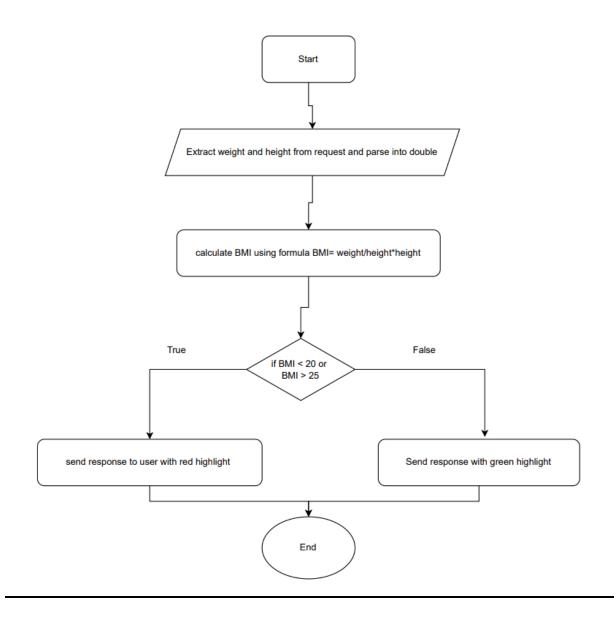
# 3.4 Scope:

The scope of the BMI calculator project includes implementing a functional web-based application using Java Servlets to calculate BMI based on user-provided height and weight inputs. This involves developing a user-friendly interface, implementing input validation, displaying BMI results, handling errors gracefully, testing thoroughly, documenting the code, and optionally adding extra features such as support for different units or BMI history storage.

# **4.Flow Chart and SOURCE CODE:**

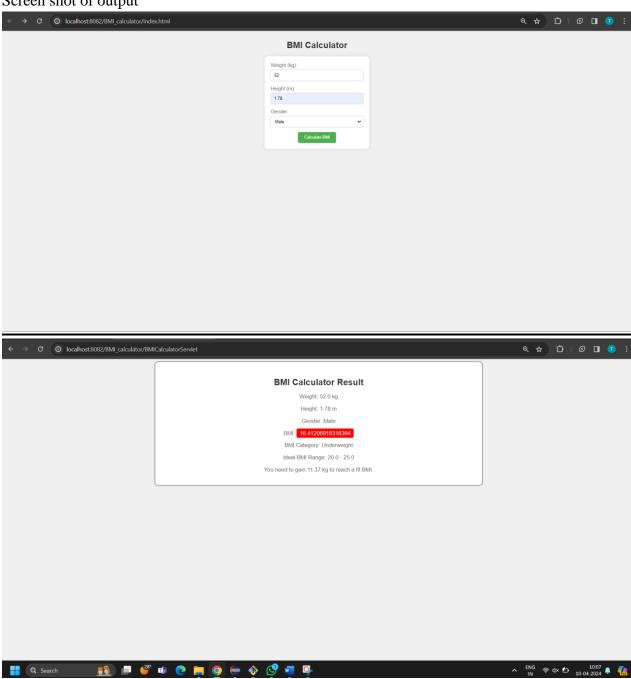
# Link:

https://github.com/KaraleTanmay/java-project



# **5.RESULT:**

Screen shot of output



### 6. CONCLUSION:

In conclusion, the BMI calculator project provides a valuable opportunity to develop a functional web-based application using Java Servlets for calculating Body Mass Index (BMI). By implementing features such as a user-friendly interface, input validation, accurate BMI calculation, result display, error handling, testing, and documentation, the project enhances understanding and proficiency in web development and software engineering principles. With potential future enhancements like improved user experience, mobile compatibility, personalized recommendations, and integration with health trackers, the BMI calculator can continue to evolve to meet the changing needs of users and the advancements in technology. Overall, the BMI calculator project serves as a practical and relevant application that contributes to health awareness and promotes the application of engineering skills for societal benefit.

### **7.APPLICATIONS:**

- 1. Health Monitoring: Helps individuals track their BMI regularly for maintaining optimal health and managing weight-related goals.
- 2. Clinical Use: Used by healthcare professionals for assessing patients' weight status and identifying potential health risks associated with obesity or underweight.
- 3. Fitness Industry: Used in fitness centers and by personal trainers to evaluate clients' progress and customize workout and nutrition plans.
- 4. Research and Epidemiology: Used in epidemiological studies to analyze trends in population health and assess the impact of public health interventions.
- 5. Health Promotion Campaigns: Employed in public health initiatives and awareness campaigns to educate individuals about the importance of maintaining a healthy weight.
- 6. Insurance Industry: Used by insurance companies to assess health risks and determine insurance premiums related to weight-related health conditions.
- 7. Educational Tools: Used as educational tools in schools and universities to teach students about body composition and the importance of maintaining a healthy lifestyle.

### **8. FUTURE SCOPE:**

- 1. Enhanced User Experience: Improve user interface and interaction with modern web technologies.
- 2. Mobile Compatibility: Optimize for mobile devices with responsive design.
- 3. Personalized Recommendations: Provide tailored suggestions based on BMI results.
- 4. Integration with Health Trackers: Sync BMI data with health tracking devices and platforms.
- 5. Multi-language Support: Cater to a broader user base with localization.
- 6. Social Sharing and Community Features: Enable sharing on social media and community interaction.
- 7. Continuous Improvement: Regular updates based on user feedback and technological advancements.

# 9. COPY RIGHT AFFIRMATION:

We undersigned pledge and represent that the source code printed in this project report does not violate any proprietary or personal rights of others (including, without limitation, any copyrights or privacy rights); that the Work is factually accurate and contains no matter libellous or otherwise unlawful; that we have substantially participated in the creation of the Work and that it represents our original work sufficient for us to claim authorship.

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