

MEDICAL DIAGNOSIS REPORT

Report Date: April 11, 2025

Patient Name: abhijeet shinde

DIAGNOSIS

Condition: Cervical spondylosis

Description:

Cervical spondylosis is a general term for age-related wear and tear affecting the spinal disks in your neck. As the disks dehydrate and shrink, signs of osteoarthritis develop, including bony projections along the edges of bones (bone spurs).

RECOMMENDED PRECAUTIONS

- use heating pad or cold pack
- exercise
- take otc pain reliver
- consult doctor

DISCLAIMER

This report is generated based on symptoms provided and is not a substitute for professional medical advice. Please consult with a healthcare professional for proper diagnosis and treatment.