## MEDICAL DIAGNOSIS REPORT

Report Date: April 11, 2025 Patient Name: rJ SOHOM

## **DIAGNOSIS**

Condition: Arthritis

Description:

Arthritis is the swelling and tenderness of one or more of your joints. The main symptoms of arthritis are joint pain and stiffness, which typically worsen with age. The most common types of arthritis are osteoarthritis and rheumatoid arthritis.

## RECOMMENDED PRECAUTIONS

- exercise
- use hot and cold therapy
- try acupuncture
- massage

## **DISCLAIMER**

This report is generated based on symptoms provided and is not a substitute for professional medical advice. Please consult with a healthcare professional for proper diagnosis and treatment.