# 20's: THE DEFINING DECADE

## **FIRST SLIDE**

Career Set Hai? AAGE Kya socha hai ? Poora din laptop par laga rehta hai ? Kya fayda nalayak hai yeh? Aise kayi saare question toh we all have heard but what about us?The not so adults, Adults!Let's be real, no one wakes up thinking, "Oh no! I want to live like an average, ordinary person". On the contrary everyone has a burning desire wanting to be freaking successful and rich, so here's your first myth broken, of your strong desire standing you out from others. What really does set you apart is not spending every coming day and week like "Zindagi na Milegi Dobara" rather it's about taking control and defining your path. Living freely is easy, but real clarity comes when you start planning with purpose. **Success begins with a vision, and that starts with a roadmap.** So here is one for you:

## **SECOND SLIDE**

Your Journey, your rules .This roadmap doesn't need to be considered exactly same for everyone, in fact it varies from person to person as each one of us is unique, with our own struggles and journey.

# Step 1 Upskilling yourself in different areas according to the end goal.

It varies according to your end goal but one essential skill for any goal is 'effective communication'—it empowers you to express yourself confidently and seize opportunities faster than others.

# **Networking:**

Never underestimate the power of networking—it's the ultimate form of smart work.

Think of it this way: the challenges and mistakes you might face have already been experienced by others. By networking, you gain access to their insights, learning the easiest and most effective path forward without unnecessary struggles.

The key to great networking? **Step out of your comfort zone.** 

- Meet new people—everyone has something valuable to offer.
- **Join societies and clubs**—surround yourself with like-minded, driven individuals.

 Attend fests, competitions, and industry events—exposure leads to opportunities.

# **Building a Professional Portfolio:**

Building a professional portfolio in early stages helps you spot your gaps in your skills or experience. Once you know what's missing, you'll have enough time to work on more projects, learn new skills, and gain relevant experience to make yourself stand out.

# Step 2 | Finding the best work opportunities/Further study opportunities:

Keep in mind that the "best" differs for everyone. So here's how you can find your best:

### **Understand Your Priorities:**

Ask yourself: What do I truly value in a career? Is it learning, growth, flexibility, or creative freedom? Understanding your priorities helps you filter out roles that don't align with your goals.

## Don't let Peer Pressure lead your actions:

It's easy to feel pressured when your friends or peers land jobs with flashy titles or high salaries. But remember your position 5 years down the lane will be what truly define you to all your peers and the rest of the world. And choosing the right job requires patience, confidence and understanding your skills and priorities. And at last lead you to be at a far better position than all your peers, as everyone tend to chase the false and easily achievable best.

# Step 3 Try to be in the 1% of your field.

If you want to be in the top 1% of your field, you can't do mediocre work and expect elite results. Every success story is built on sacrifice, discipline, and relentless effort.

No matter what you choose to do, **be the best at it.** The top of any profession—whether business, art, sports, or science—is where the real success, impact, and rewards are.

Master your craft, push your limits, and separate yourself from the average—because greatness is never accidental.

The world tells us our 20s are all about career. Land that dream job, climb the corporate ladder, secure your financial future. But let's be real, life isn't a linear path, and your 20s are more about finding your own unique direction.

## It's Okay to Get Lost

### **Prioritize Self-Care:**

The pressure to succeed can be intense, but remember to prioritize your well-being.

### **Limit Screen Time:**

Constant scrolling can drain your mental and emotional energy.

### **LET YOUR BODY CHARM:**

Find an activity you enjoy, whether it's dancing, hiking, or simply going for a walk.

### **FOOD FOR YOUR BRAIN:**

Read books, listen to podcasts, engage in meaningful conversations.

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Stop wasting time on people who doesn't value you and your time.

### **Practice Mindfulness:**

Even a few minutes of meditation can help reduce stress and increase self-awareness.

### **Embrace Imperfection**

The constant comparison on social media can make you feel like you're falling behind. But remember, everyone's journey is different. There's no single "right" path, and it's okay to not have it all figured out.