

# Contactless respiratory rate monitoring

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# Respiratory rate is a sensitive signal for clinical worsening, but current assessments have downsides

- Manually counting breaths per minute
- Rough estimation
- Equipment: capnographers, oximeters

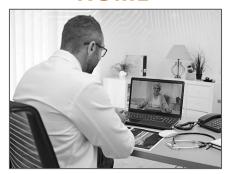






# Contactless respiratory rate monitoring has several advantages

### **HOME**



- Assist telemedicine assessments
- Use equipment patients already have at home

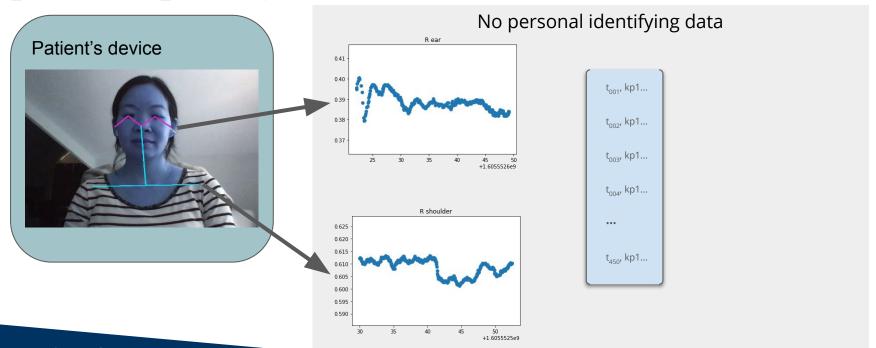
### **CLINICAL SETTING**



- Reduce infectious or other hazardous exposure
- Reduce medical waste
- More natural breathing pattern

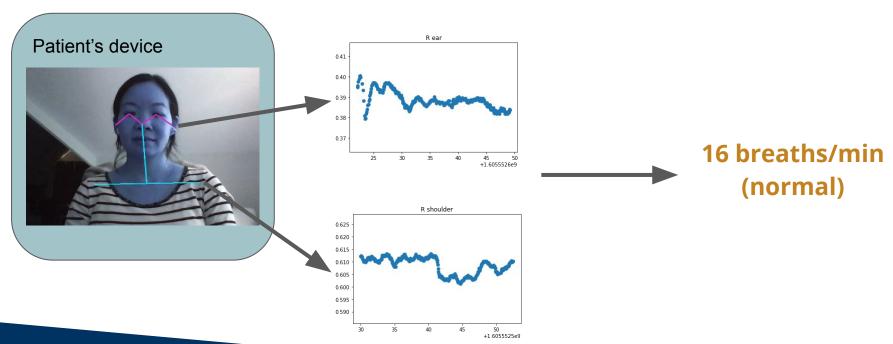


# Monitoring using pose detection models can preserve privacy





# Goal: detect respiratory rate from keypoint motion



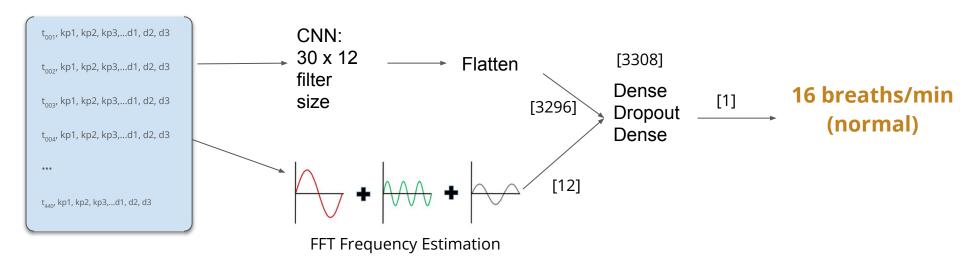


## Pose detection on Jetson with pre-trained ResNet18

- Simultaneous person detection and keypoint estimation
- Pre-trained on data from MSCOCO
- Our model: 8 upper body keypoints (eyes, ears, shoulders, nose, neck)
  and 3 distances (ear-shoulder x2, nose-neck)



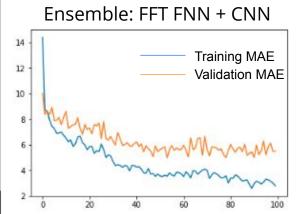
# Respiratory rate estimation using fast Fourier transform ensembled with CNN-based model



# Training respiratory rate detection model

- >200 video clips annotated with respiratory rate
- Model trained on Jetson devices (NX, AGX) for 100 epochs

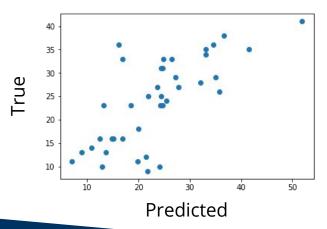
Model	Training MAE	Validation MAE
Frequency Estimation + Heuristics	n/a	10.89
Frequency Estimation + LR	8.44	7.91
FFT + Feedforward Network	6.31	9.50
CNN	3.42	7.37
Ensemble: FFT FNN + CNN	2.79	5.49



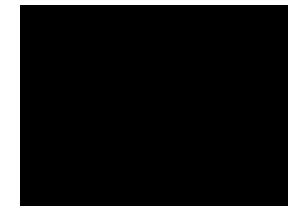
## Results

Validation MAE for
 15-second clips ~5.49

### **Breaths/min (test data)**



Example: 15-second clip of breathing at 15
 BPM



Clip1	13.74
Clip2	15.48
Clip3	15.93
Clip4	19.38
Average	16.14

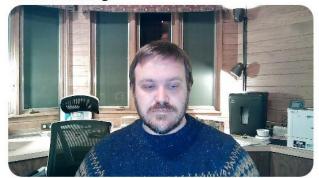


## Demo



#### **Breath Rate Detector**

Live Streaming

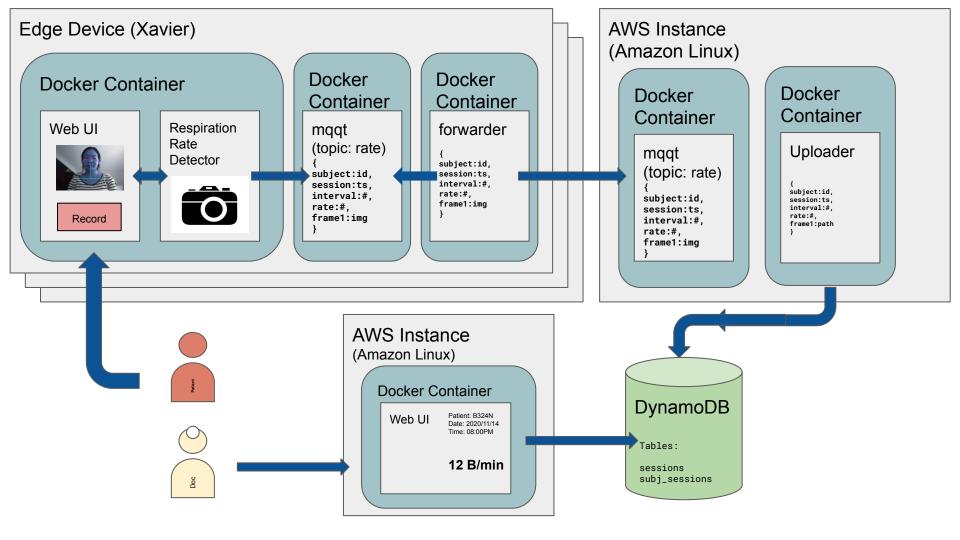


Start Breath Rate Detection

#### **Detector Status**

Rate: 12.10 breaths/min



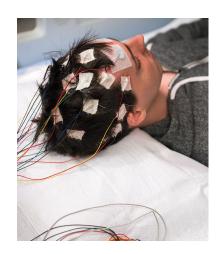


# **Implications**

- Contactless monitoring can be cheap, accurate, and privacy-preserving
- Other applications: baby monitors, home sleep studies, seizure detection







## Next steps

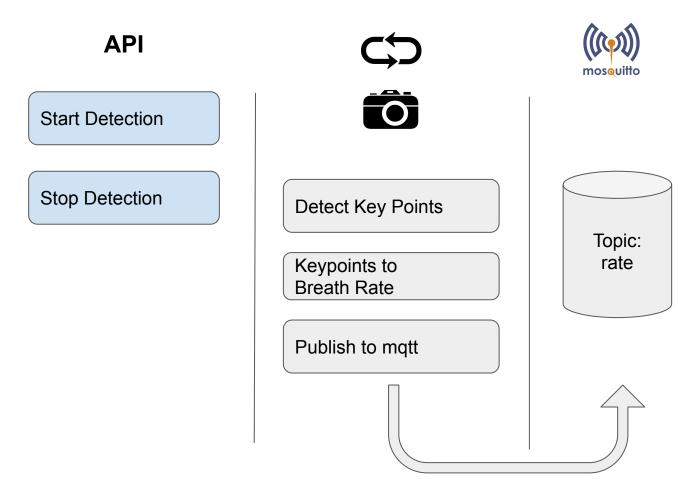
- Expand training examples
  - Different poses (side view, full body, lying down)
  - Include other types of motion (e.g., talking)
- Monitor multiple people in frame (e.g., disaster field hospitals)
- Optical flow for motion estimation may improve accuracy over keypoints alone

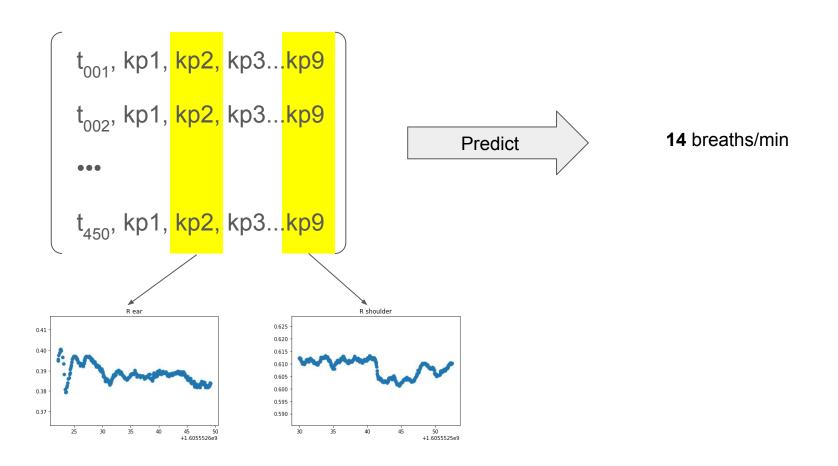


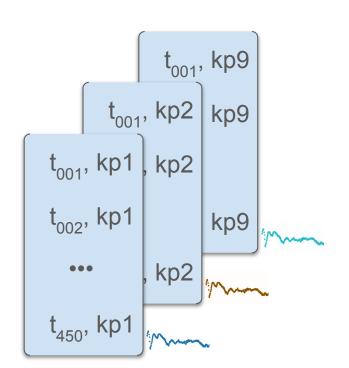
Questions?

## **EXTRA SLIDES**

### Respiration Rate Detector







Predict 14 breaths/min



- -> Flatten
- -> Dense
- -> Output layer w/ linear activation

