All information and quotes taken from Prof. Amar's "Unwritten Constitution" book:

America's unwritten Constitution encompasses not only rules specifying the substantive content of the nation's supreme law but also rules clarifying the methods for determining the meaning of this supreme law. Since the unwritten constitution does not come with a complete set of instructions about how it should be construed, we must go beyond the text to make sense of the text.

Without an unwritten Constitution of some sort, we would not even be able to properly identify the official written Constitution. Much but not all of America's unwritten Constitution does involve written materials, such as venerable Supreme Court opinions, landmark congressional statutes and iconic presidential proclamations. These materials while surely written texts, are nonetheless distinct from the written Constitution and thus property described by lawyers and judges as parts of America's unwritten Constitution.

The Ninth Amendment affirms the reality of various rights that are not textually enumerated, the rights that are concededly not listed in the document itself. To take this amendment seriously, Americans must go beneath and beyond the Constitution's textually enumerated rights. An example is when the text fails to specify a criminal defendant's entitlement to introduce reliable physical evidence of his innocence, surely this textual omission should not doom a defendant's claim of this right.

The Ninth Amendment is not the only textual portal welcoming us to journey beyond the Constitution's text, and the trail of unenumerated rights is only one of several routes worth traveling in search of America's unwritten Constitution. Many topics that also influence America's unwritten Constitution include federalism, women's rights, popular constitutionalism, criminal procedure, voting rights and the amendment process. With case studies drawn from these and other areas, America's two Constitutions, written and unwritten, cohere to form a single Constitutional system. The written Constitution cannot work as intended without something outside it—America's unwritten Constitution—to fill in the gaps and to stabilize it. Over the centuries, various extratextual practices and precedents that have done justice to the text have flourished while other extratextual practices and precedents that have done violence to the text have faded away.

One example is America's preeminent right of the freedom of speech. Textually, this freedom appears in the First Amendment, but if everything depended solely on this explicit patch of constitutional text, which became part of the Constitution in 1791, then the First Congress in 1789 and 1790 would have been free to pass censorship laws had it so chosen. But surely the First Congress had no such power, and surely states have never had proper authority to shut down political discourse, even though the First Amendment does not expressly limit states. The robust, wide-open, and uninhibited freedom of American citizens to express their political opinions is a basic feature of America's unwritten Constitution that predates and outshines the First Amendment.

A vision of the nature of constitutional interpretation are the tools and techniques for going beyond the written Constitution while remaining faithful to it. The terse text of the Constitution has always pointed beyond itself, inviting readers to fill in its gaps by consulting extratextual sources such as judicial opinions, executive practices, legislative enactments, and American traditions. America's written Constitution thus bids us to heed her unwritten Constitution, which in turn refers us back, in various ways, to its written counterpart. Like the Chinese symbols yin and yang, America's written Constitution and America's unwritten Constitution form two halves of one whole, with each half gesturing toward the other.

Equipped with this comprehensive understanding of the American constitutional system, we can begin to bridge the deep divide in our current constitutional culture. Today, some judges, politicians, pundits, and scholars plant their flag on the high ground of constitutional text and original content, while others proudly unfurl the banner of a "Living Constitution". Too often, each side shouts past the other, and both sides overlook various ways in which the text itself, when properly approached, invites recourse to certain nontextual—unwritten--principles and practices. We are all textualists; we are all living constitutionalists.

Based on the above quotes from Professor Amar's "Unwritten Constitution" book, I believe that the arguments Professor Amar makes for when we can go beyond the text are persuasive and necessary.