

MENTAL HEALTH CONCERN

1. What do you think is happening here?

Ans.

I think that Steve was stressed by the work or there are other things that made Steve become mentally unstable like this.

2. If you were Steve's supervisor and you noticed the change in Steve's output after 3 days, what would you do?

Ans.

If I am a supervisor I will talk to him one on one. I will explain to him what I observed and I will ask him what can I help as his supervisor for him to relax a bit

3. If you were Steve, how are you going to communicate this to your supervisor and teammates?

Ans.

If I am Steve, I will honestly tell my supervisor how I felt and how I feel unmotivated about the work. I am expecting that the supervisor will not ignore this situation if the company values their employees.