

## STAGE 4 CapeTown Zone 7

Day of the month:

or:

1st	17th	(4am-6:30am) midday-2:30pm 8pm-10:30pm
2nd	18th	(4am-6:30am) midday-2:30pm 8pm-10:30pm
3rd	19th	(4am-6:30am) midday-2:30pm 8pm-10:30pm
4th	20th	(4am-6:30am) midday-2:30pm 8pm-10:30pm
5th	21st	(2am-4:30am) 10am-12:30 6pm-8:30pm
6th	22nd	(2am-4:30am) 10am-12:30 6pm-8:30pm
7th	23rd	(2am-4:30am) 10am-12:30 6pm-8:30pm
8th	24th	(2am-4:30am) 10am-12:30 6pm-8:30pm
9th	25th	(midnight-2:30am) 8am-10:30am 4pm-6:30pm
10th	26th	(midnight-2:30am) 8am-10:30am 4pm-6:30pm
11th	27th	(midnight-2:30am) 8am-10:30am 4pm-6:30pm
12th	28th	(midnight-2:30am) 8am-10:30am 4pm-6:30pm
13th	29th	6am-8:30am 2pm-4:30pm (10pm-0:30am)
14th	30th	6am-8:30am 2pm-4:30pm (10pm-0:30am)
15th	31st	6am-8:30am 2pm-4:30pm (10pm-0:30am)
16th		6am-8:30am 2pm-4:30pm (10pm-0:30am)

**Zone7:** Woodstock, Greenpoint, CityBowl,  
Gardens, Vredehoek, Oranjezicht,  
CampsBay, Tamboerskloof

**Stage4:** All the green, blue, orange and red times

Reduce power now to avoid load shedding.

Switch off pool pumps and geysers now  
in order to reduce impact.

Use less electricity during peak time

Adjust air conditioners to 23°C or keep them off.

Use minimal fridges

Use a microwave instead of an oven to cook

If there are mistakes here, please report on:  
<https://github.com/KarlosFanta/docs/issues>

Ref: [www.capetown.gov.za](http://www.capetown.gov.za)