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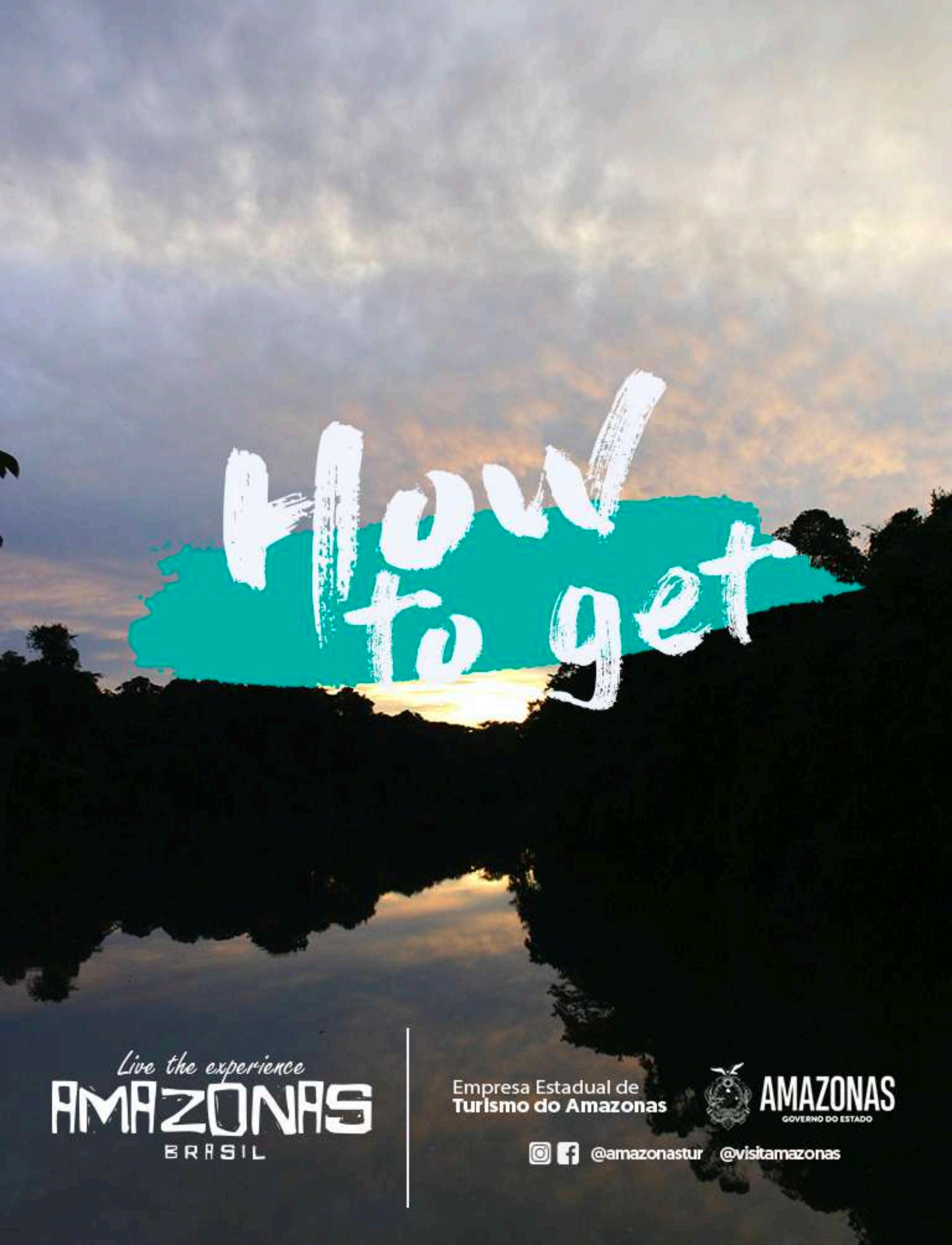
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Digital Tourist Guide



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How
to get

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Tourist Attractions

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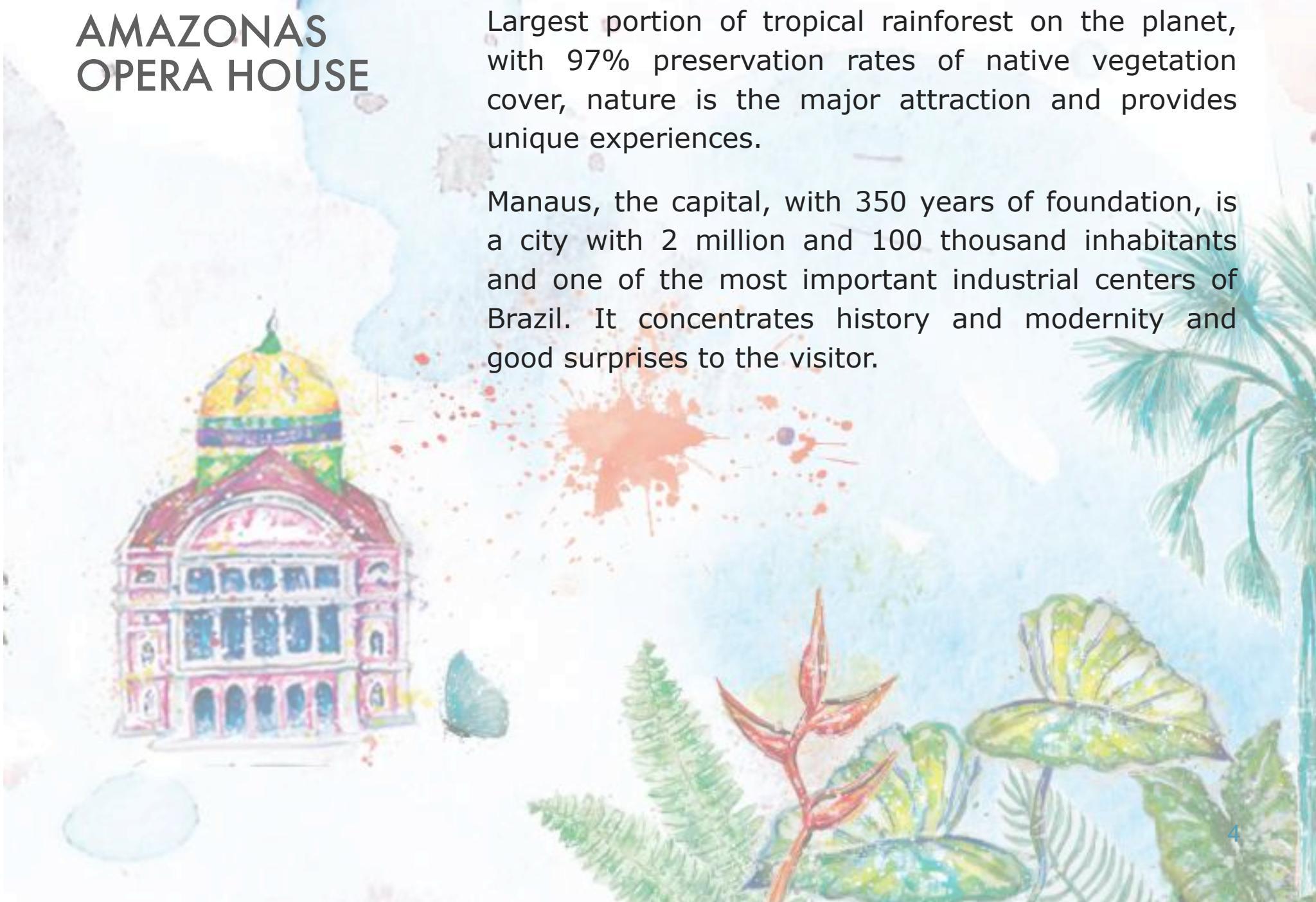
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AMAZONAS OPERA HOUSE

Largest portion of tropical rainforest on the planet, with 97% preservation rates of native vegetation cover, nature is the major attraction and provides unique experiences.

Manaus, the capital, with 350 years of foundation, is a city with 2 million and 100 thousand inhabitants and one of the most important industrial centers of Brazil. It concentrates history and modernity and good surprises to the visitor.





SÃO SEBASTIÃO CHURCH

Built in the nineteenth century, is the second most important catholic church in Manaus, in terms of building, after the Cathedral of Our Lady of Conception.



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RIO NEGRO PALACE CULTURAL CENTER

The centennial building was the residence of a "rubber baron" and administrative seat of the State Government. It currently functions as a cultural center that houses different shows and exhibitions.

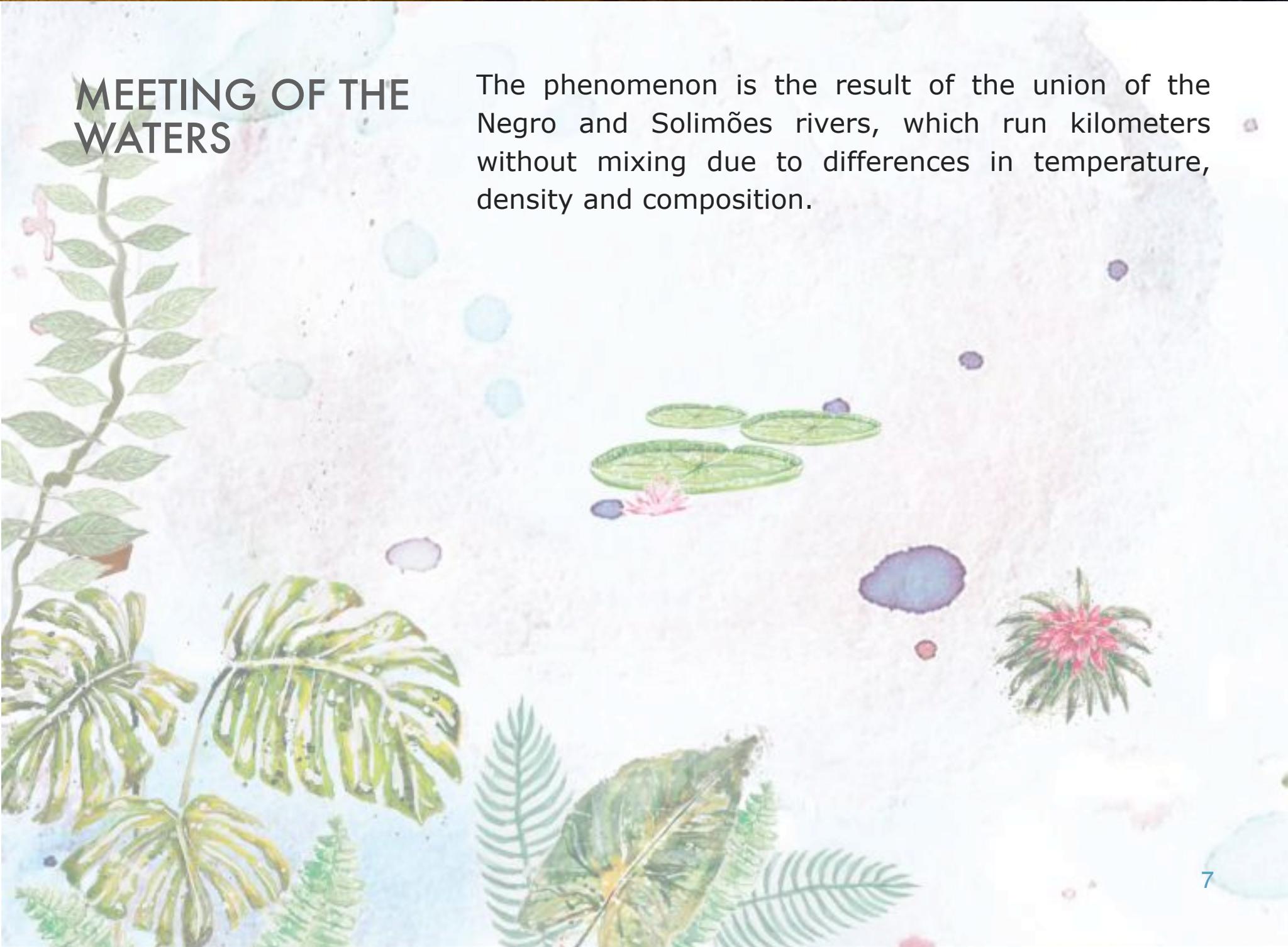




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MEETING OF THE WATERS

The phenomenon is the result of the union of the Negro and Solimões rivers, which run kilometers without mixing due to differences in temperature, density and composition.





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"BOTO" WATCHING

The red boto or pink boto is a mammal that lives in freshwater. The appearance is very similar to dolphins. The experience provides proximity to these animals in their native waters.

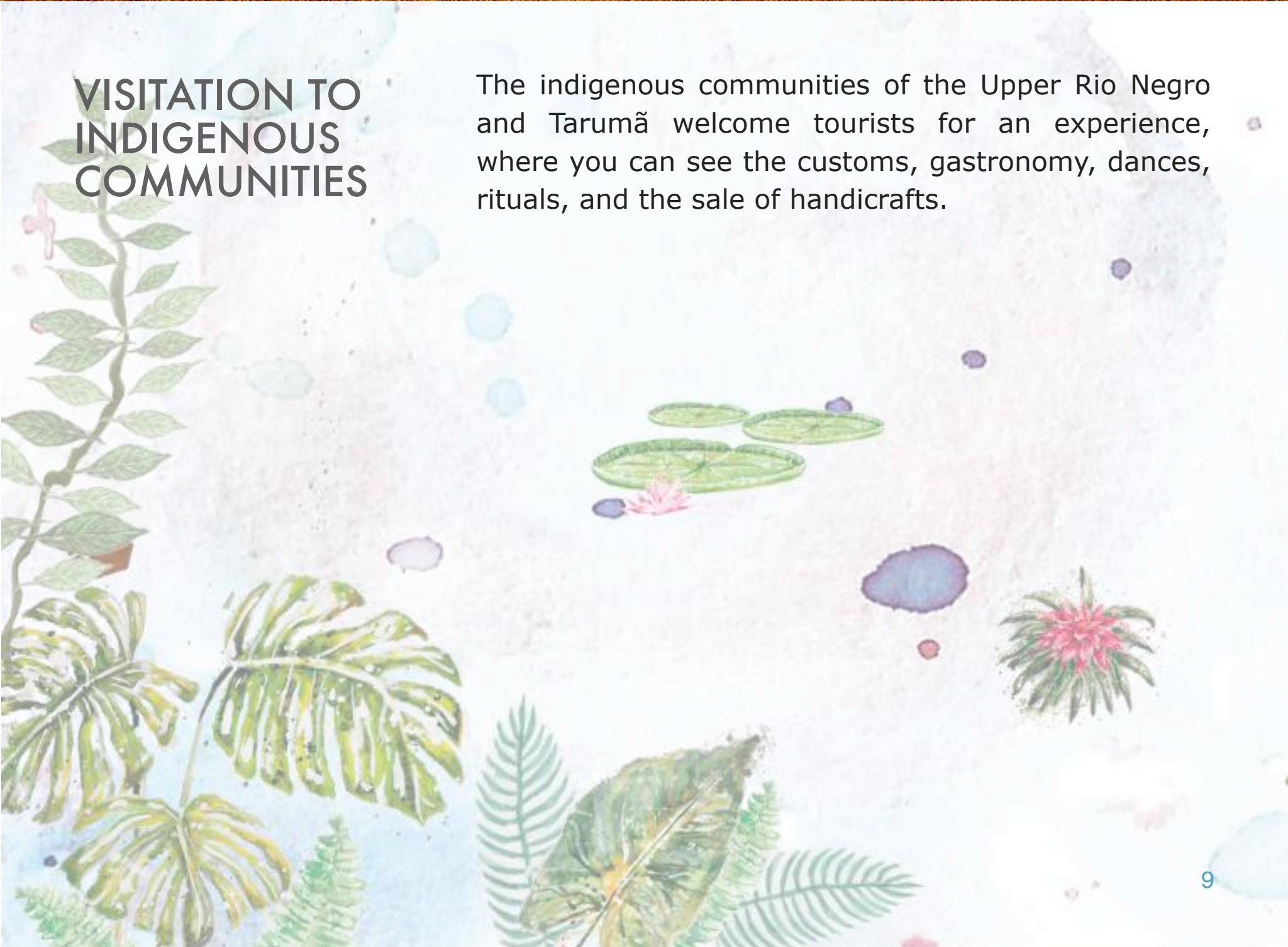




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VISITATION TO INDIGENOUS COMMUNITIES

The indigenous communities of the Upper Rio Negro and Tarumã welcome tourists for an experience, where you can see the customs, gastronomy, dances, rituals, and the sale of handicrafts.





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AMAZONIA MUSEUM - MUSA

MUSA is a vast botanical garden in the middle of the urban area, with primary forest, where you can find exhibitions, nursery of orchids and bromeliads, pond, aquariums and experimental laboratories of snakes, insects and butterflies, forest trails and a 42 meter tower to enjoy the rainforest.

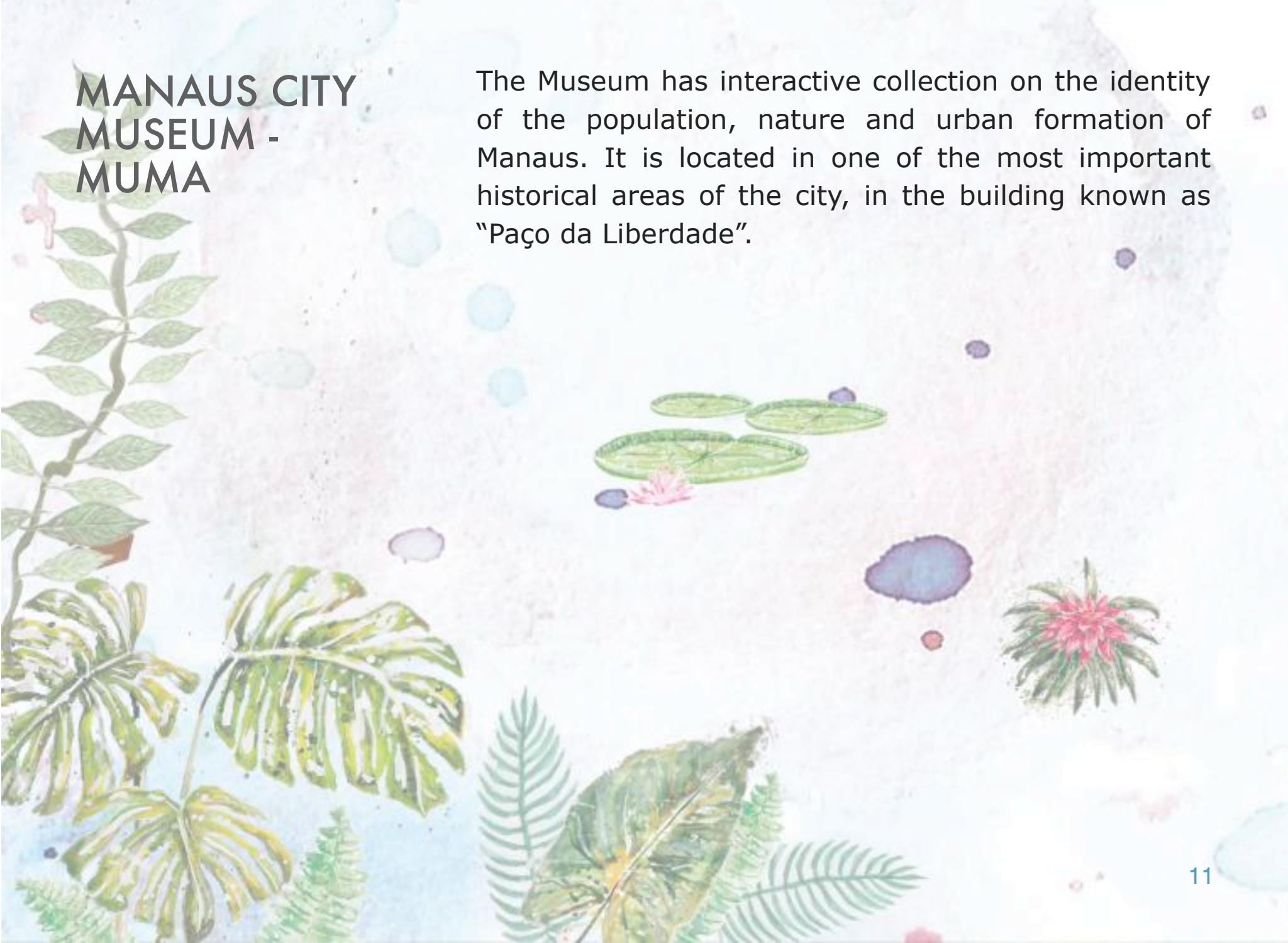




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MANAUS CITY MUSEUM - MUMA

The Museum has interactive collection on the identity of the population, nature and urban formation of Manaus. It is located in one of the most important historical areas of the city, in the building known as "Paço da Liberdade".





JUNGLE WAR INSTRUCTION CENTER ZOO - CIGS

Created for the training of jungle warriors of the Brazilian Army, the space has 30.000 square meters, housing more than 200 animals of the Amazon fauna, such as the jaguar and the black panther. It also has the Amazon Aquarium, the Knowledge Hollow and the Coronel Jorge Teixeira Memorial.

Site: <http://www.cigs.eb.mil.br/>

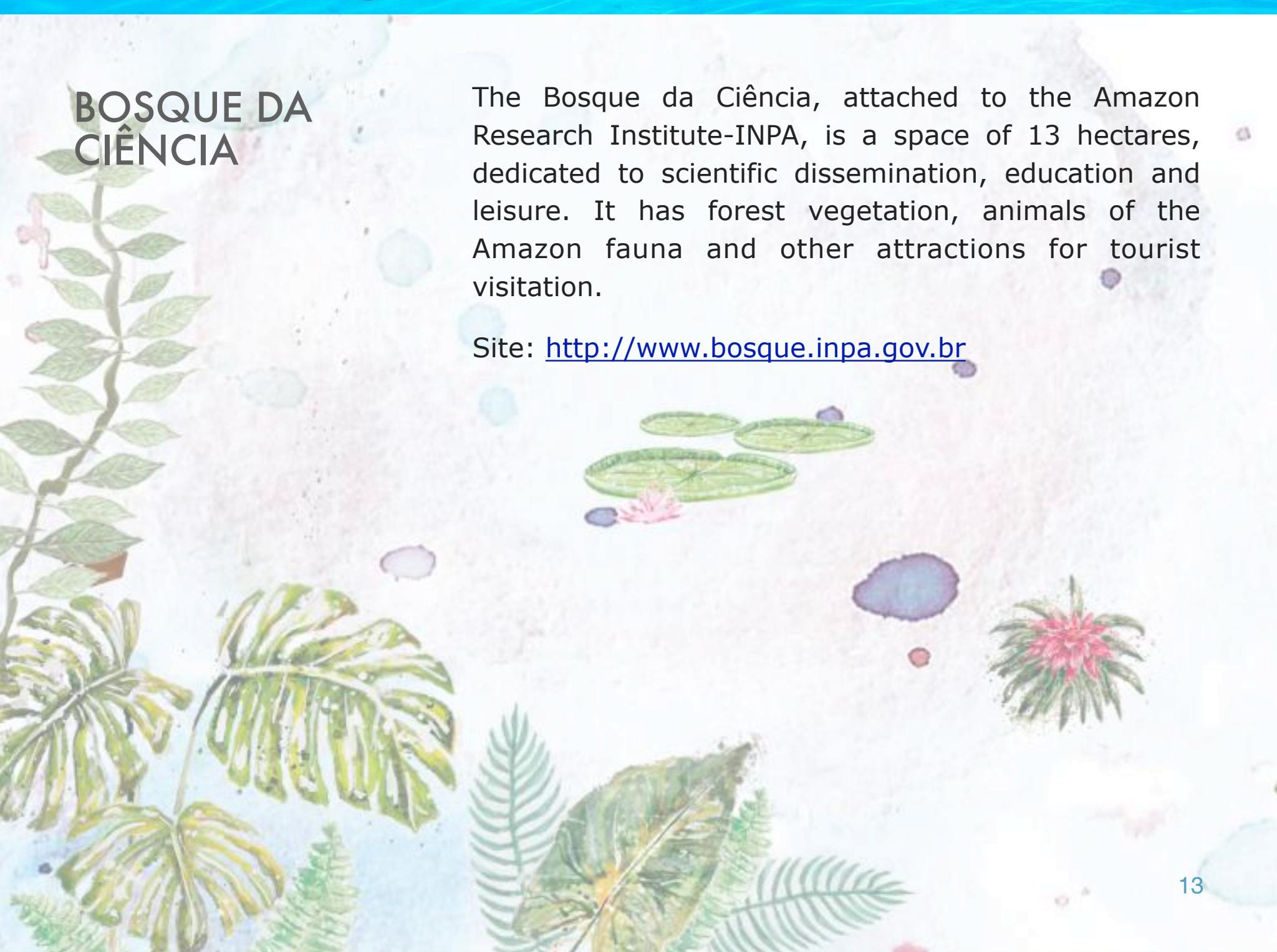


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BOSQUE DA CIÊNCIA

The Bosque da Ciência, attached to the Amazon Research Institute-INPA, is a space of 13 hectares, dedicated to scientific dissemination, education and leisure. It has forest vegetation, animals of the Amazon fauna and other attractions for tourist visitation.

Site: <http://www.bosque.inpa.gov.br>

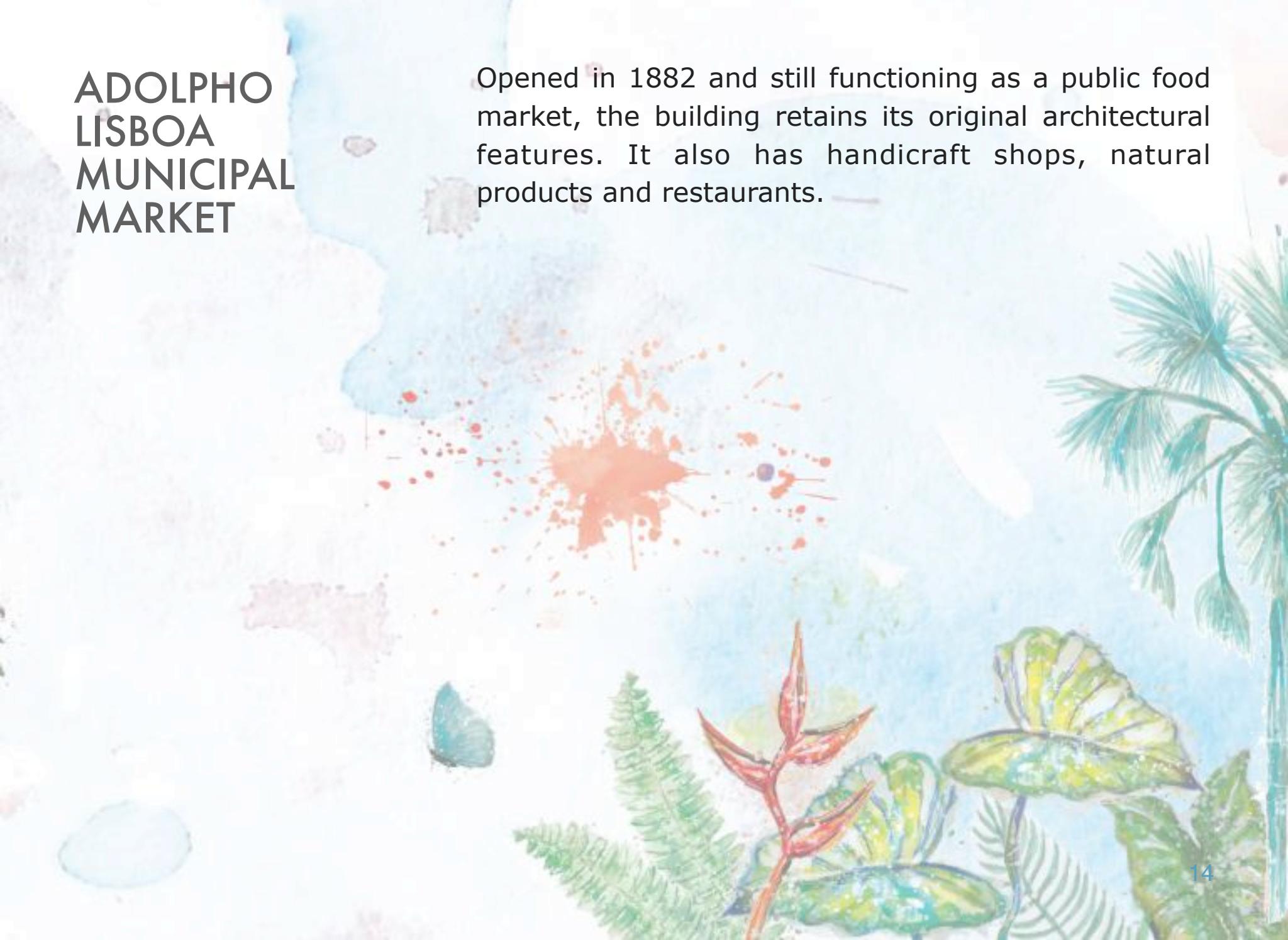




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ADOLPHO LISBOA MUNICIPAL MARKET

Opened in 1882 and still functioning as a public food market, the building retains its original architectural features. It also has handicraft shops, natural products and restaurants.





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CATHEDRAL - MAIN CHURCH

First church built after the founding of Manaus, the temple in honor of Our Lady of Conception dates from 1695. The Cathedral was the first major architectural work ever done in the city.



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PONTA NEGRA TOURIST COMPLEX

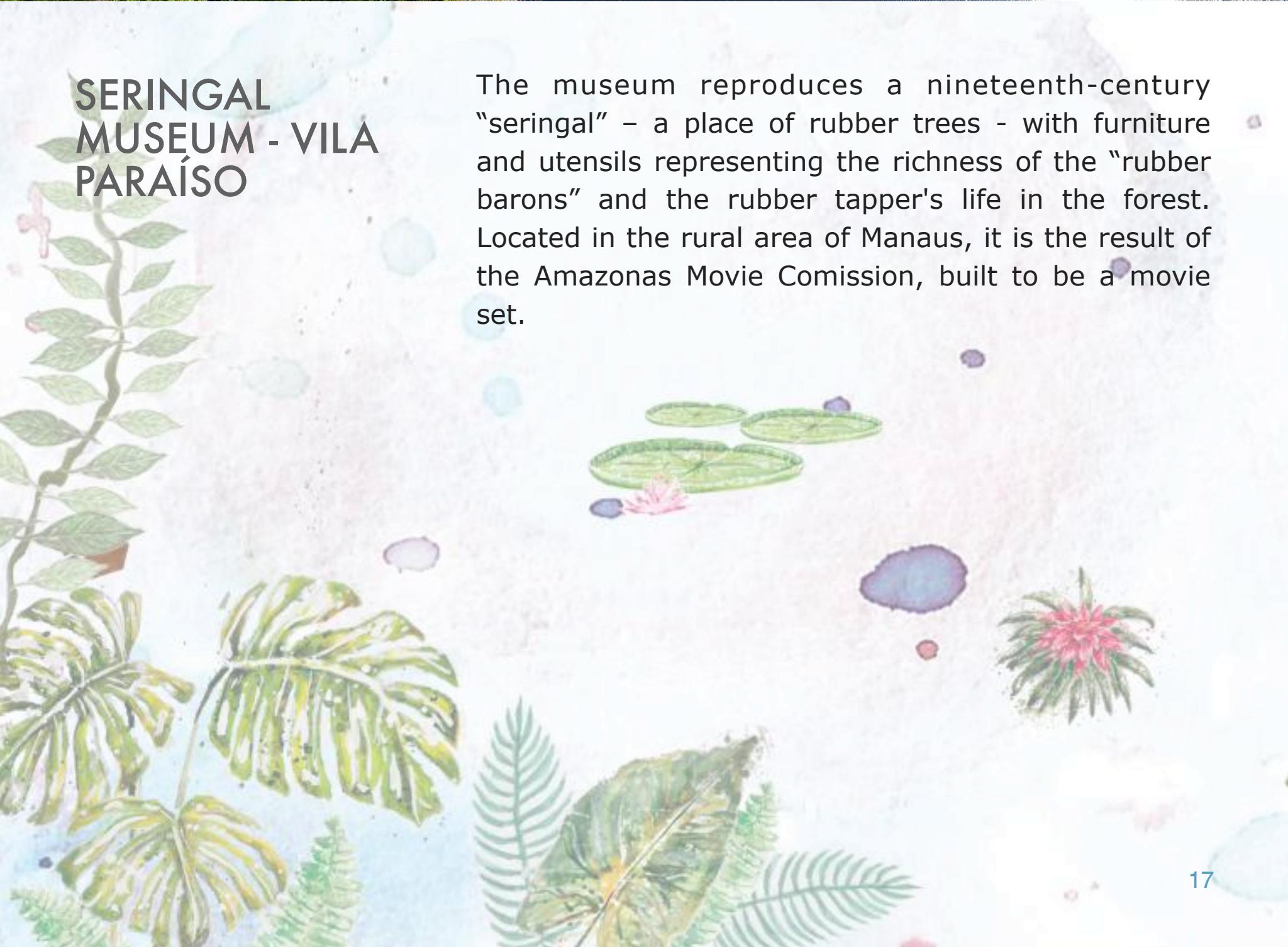
Manaus's main waterfront, Ponta Negra has 2 kilometers of beach and boardwalk, with small restaurants with typical foods, a skate park, an amphitheater and a tourist information office. It serves as a meeting point for the practice of sports activities and night walks. Perfect to see the sunset.



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SERINGAL MUSEUM - VILA PARAÍSO

The museum reproduces a nineteenth-century "seringal" – a place of rubber trees - with furniture and utensils representing the richness of the "rubber barons" and the rubber tapper's life in the forest. Located in the rural area of Manaus, it is the result of the Amazonas Movie Comission, built to be a movie set.





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PROVINCIAL PALACE

The Provincial Palace houses five museums of different languages: Museum of Archeology, Museum of Image and Sound, Museum of Numismatics, Tiradentes Museum and the State Art Gallery. The building dates from 1874 and, for over 100 years, served as the headquarters of the Military Police of Amazonas.

Crafts

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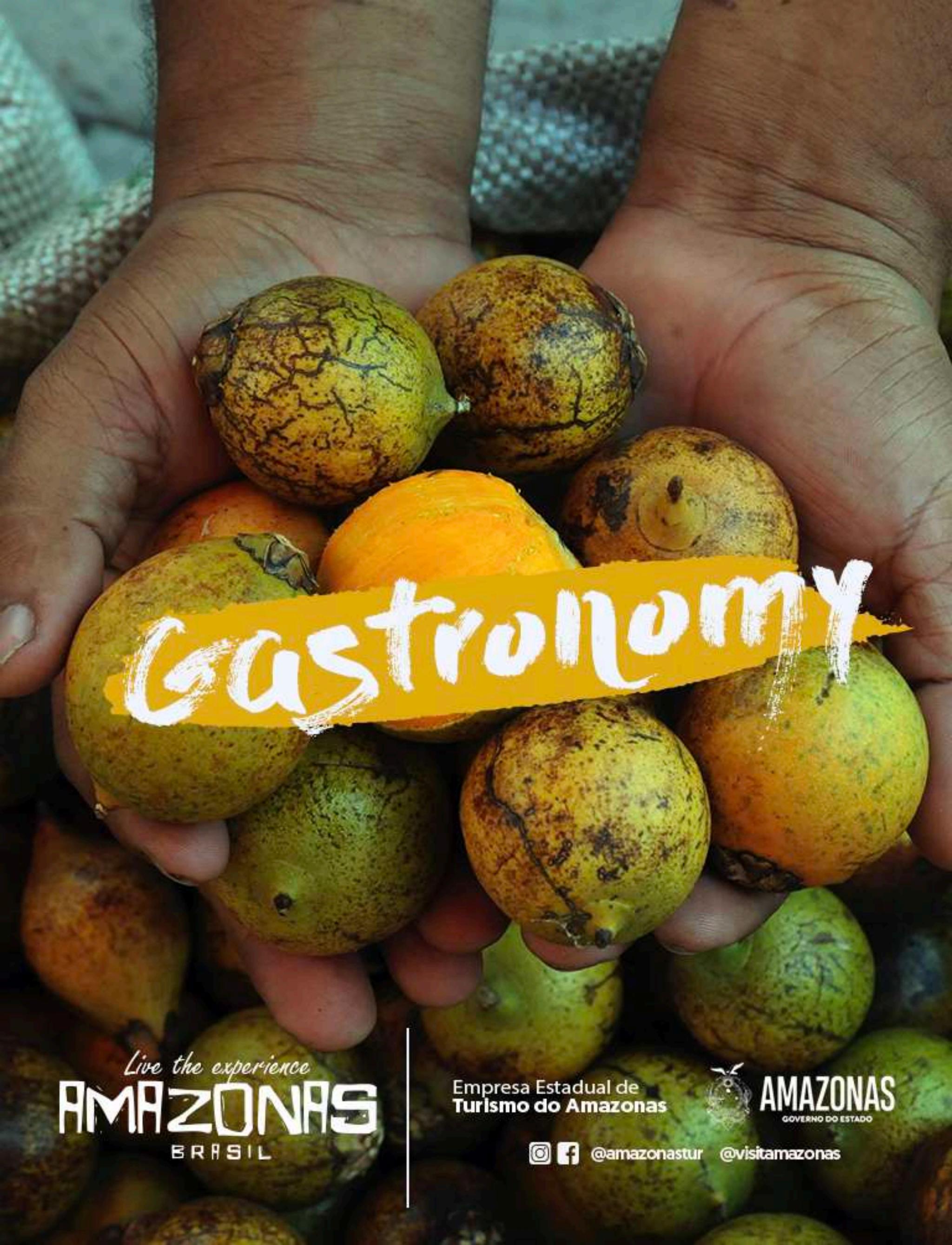
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Produced from different native raw materials, Amazonas handicrafts have a strong influence on the culture of indigenous peoples and their mingling with europeans and africans. The different materials extracted from the forest are the basis for basketry, ceramics, adornments, biojewels and other elements with a design strongly marked by the Amazonian imagination.

A shopping center with 80 artisans and several options for exclusive handicrafts from the region is located at Avenida Djalma Batista, 1018 - Chapada.





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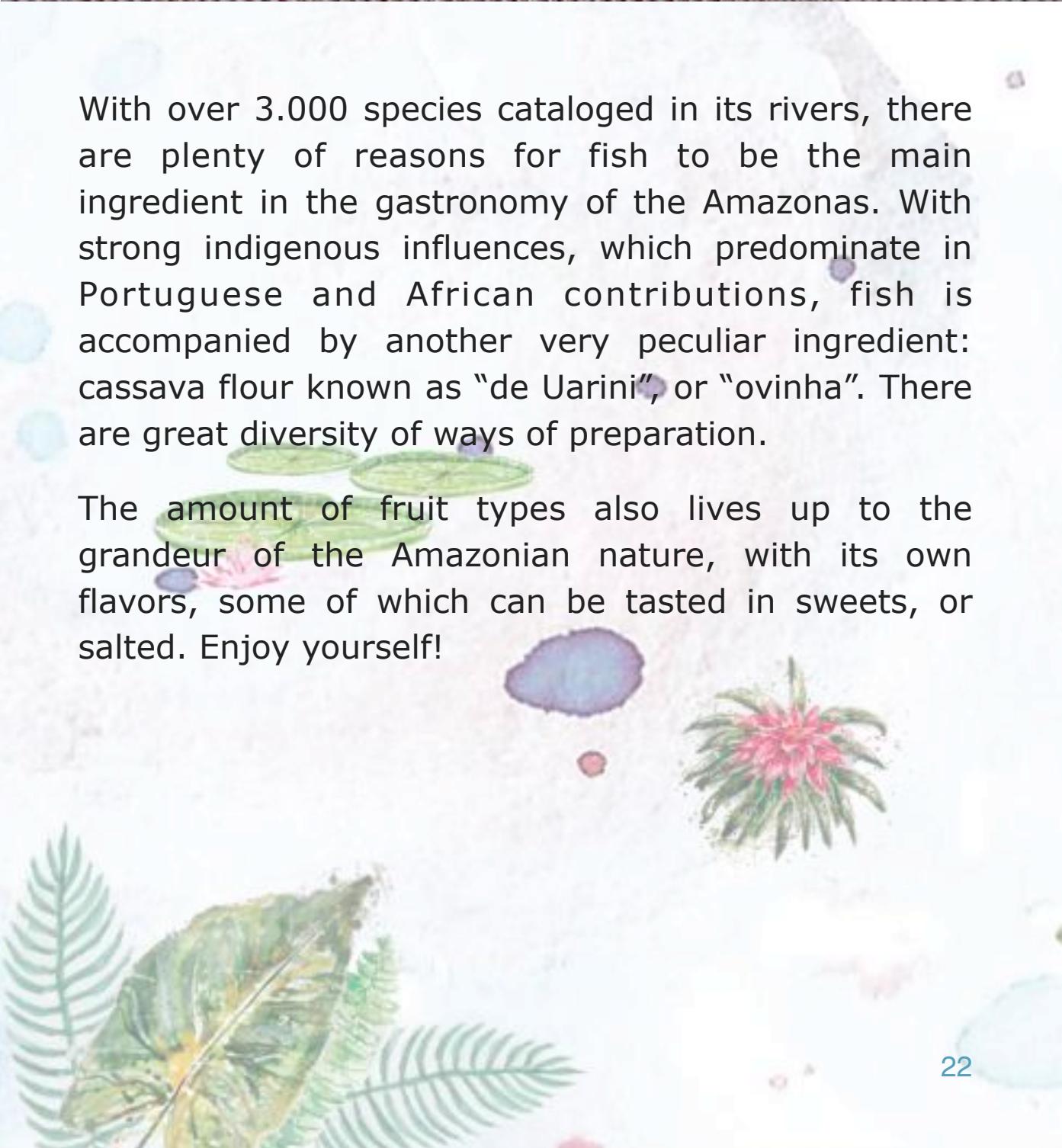
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With over 3.000 species cataloged in its rivers, there are plenty of reasons for fish to be the main ingredient in the gastronomy of the Amazonas. With strong indigenous influences, which predominate in Portuguese and African contributions, fish is accompanied by another very peculiar ingredient: cassava flour known as "de Uarini", or "ovinha". There are great diversity of ways of preparation.

The amount of fruit types also lives up to the grandeur of the Amazonian nature, with its own flavors, some of which can be tasted in sweets, or salted. Enjoy yourself!





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A large, stylized orange graphic with white text overlays the image. The text reads "Amazonia" on top and "Arena Complex" below it, both in a white, brush-stroke font.

Amazonia Arena is the stadium that played host to the 2014 FIFA World Cup and the 2016 Olympics soccer games. Around it are the Amazonas Vasco Vasques Convention Center, the Amadeu Teixeira multi-sport gymnasium, the Sambadrome and the Olympic Village, totaling approximately 450 thousand square meters of area devoted to culture, sports and leisure.

In the Amazon Arena Vivaldo Lima there is the Museum of Olympic Sport, with more than ten thousand pieces among books, olympic objects and sport in general.

The Sambodrome is home to the Claudio Santoro High School of Arts and Crafts and the Braile Library.

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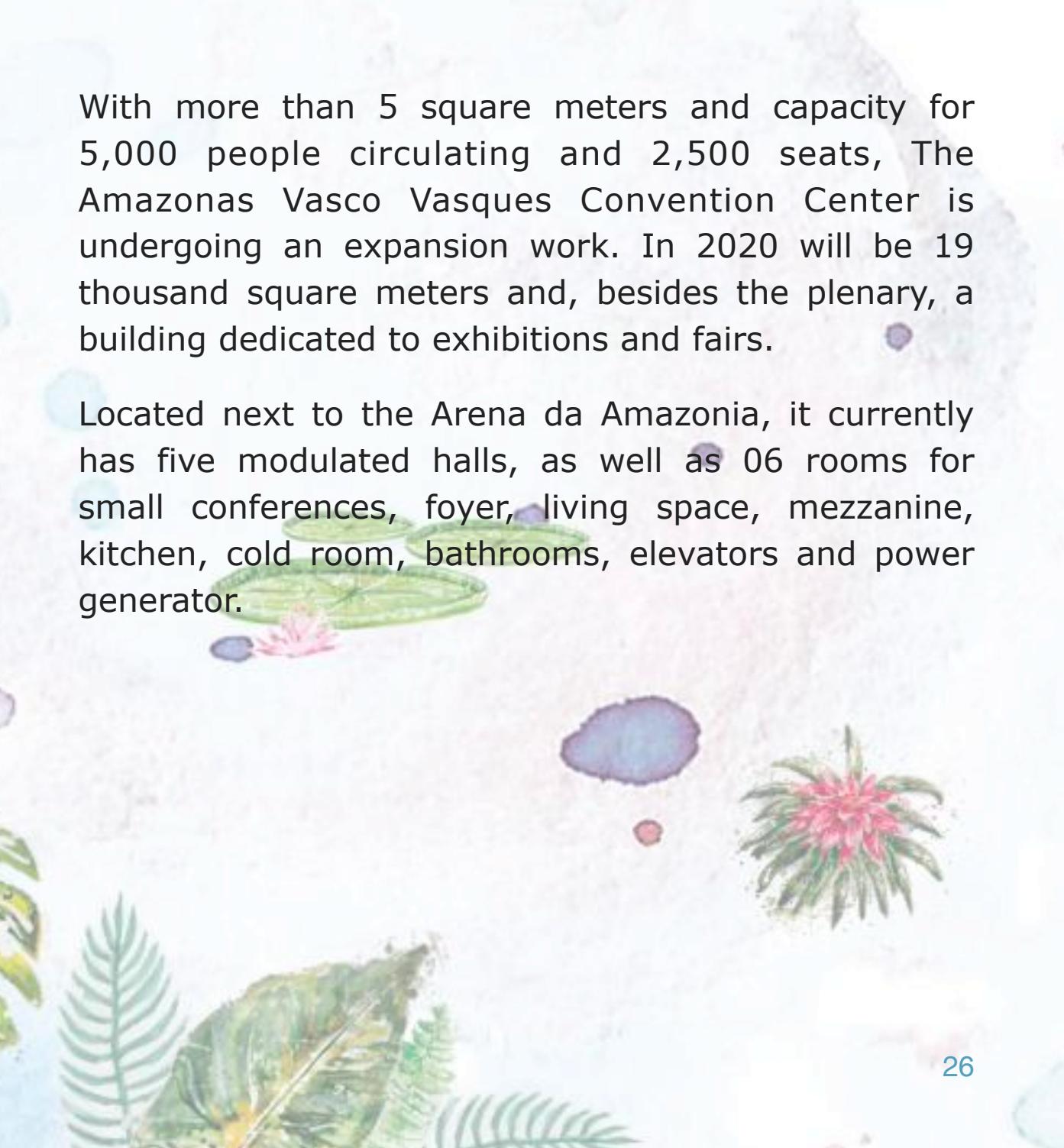
Convention
center





With more than 5 square meters and capacity for 5,000 people circulating and 2,500 seats, The Amazonas Vasco Vasques Convention Center is undergoing an expansion work. In 2020 will be 19 thousand square meters and, besides the plenary, a building dedicated to exhibitions and fairs.

Located next to the Arena da Amazonia, it currently has five modulated halls, as well as 06 rooms for small conferences, foyer, living space, mezzanine, kitchen, cold room, bathrooms, elevators and power generator.





urban Hotels

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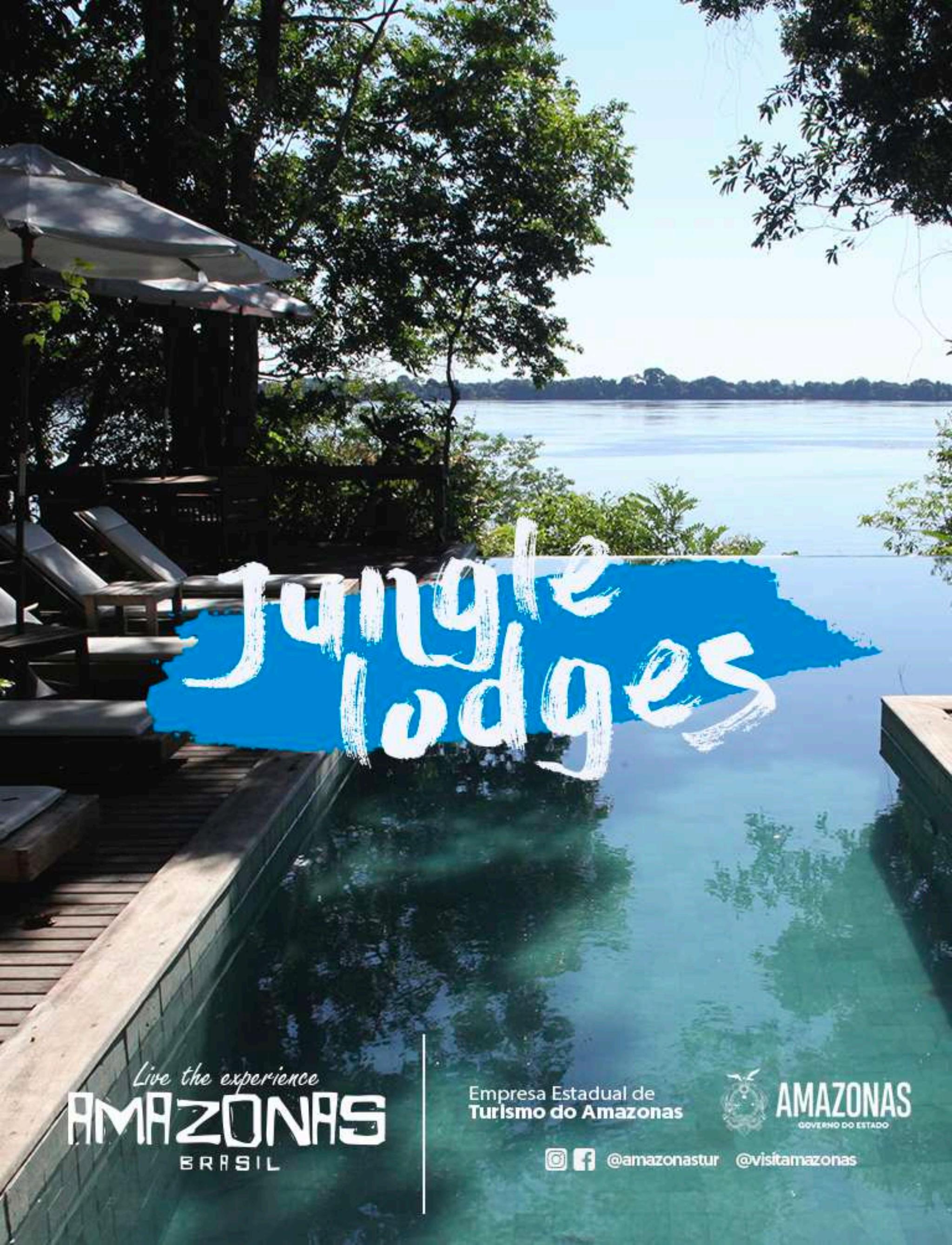
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Manaus has a structure of 102 urban hotels registered with the Ministry of Tourism, which meet the most diverse profiles, with great options in location, facilities, services, leisure and gastronomy.

Hotels	Housing Units HU's	Beds	Accessible UH	Accessible Beds
Manaus	5.911	11.713	630	1.236
Amazonas	8.734	19.473	891	1.785
Amount	102			



Jungle Lodges

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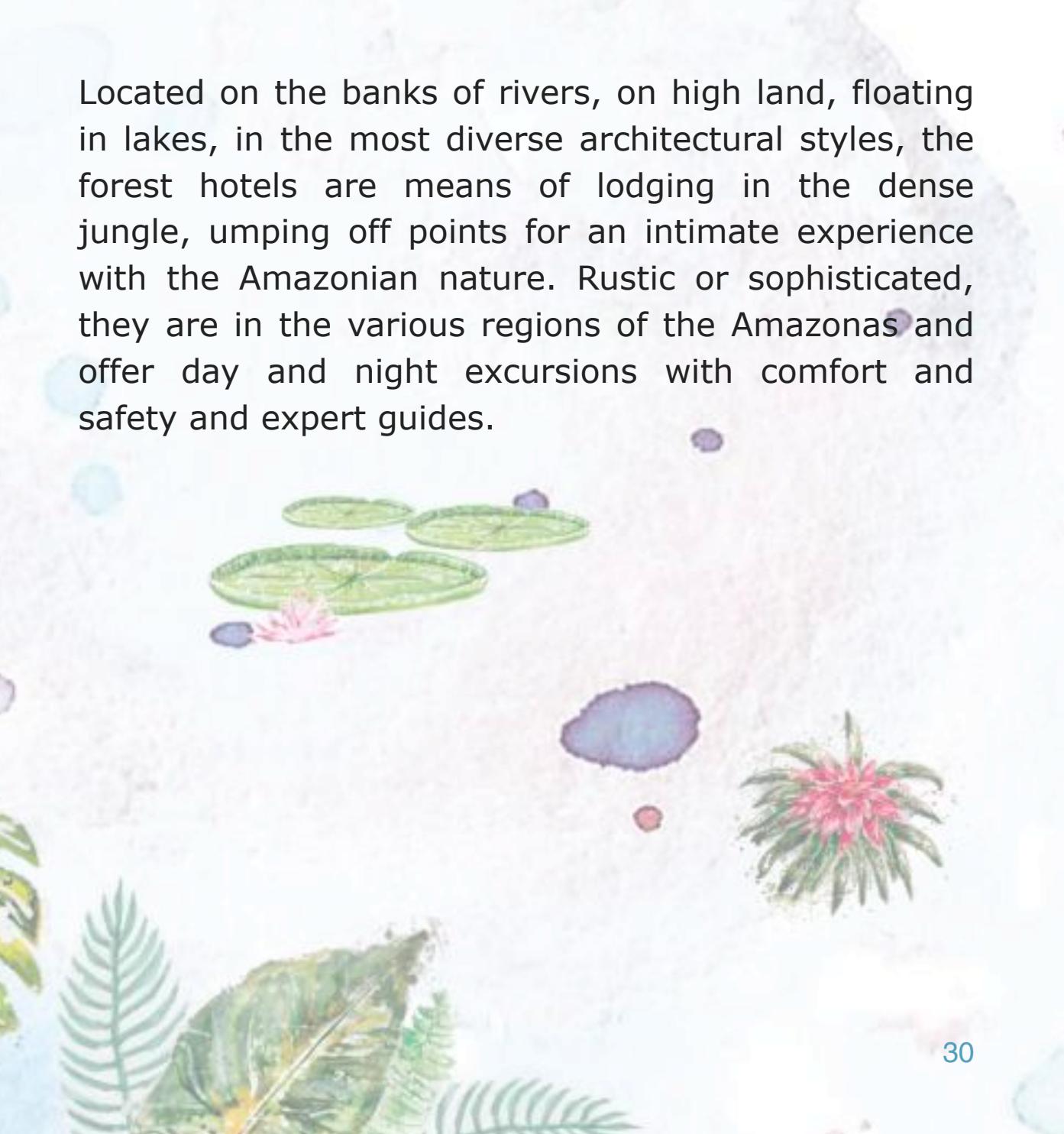
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Located on the banks of rivers, on high land, floating in lakes, in the most diverse architectural styles, the forest hotels are means of lodging in the dense jungle,umping off points for an intimate experience with the Amazonian nature. Rustic or sophisticated, they are in the various regions of the Amazonas and offer day and night excursions with comfort and safety and expert guides.





Sport fishing

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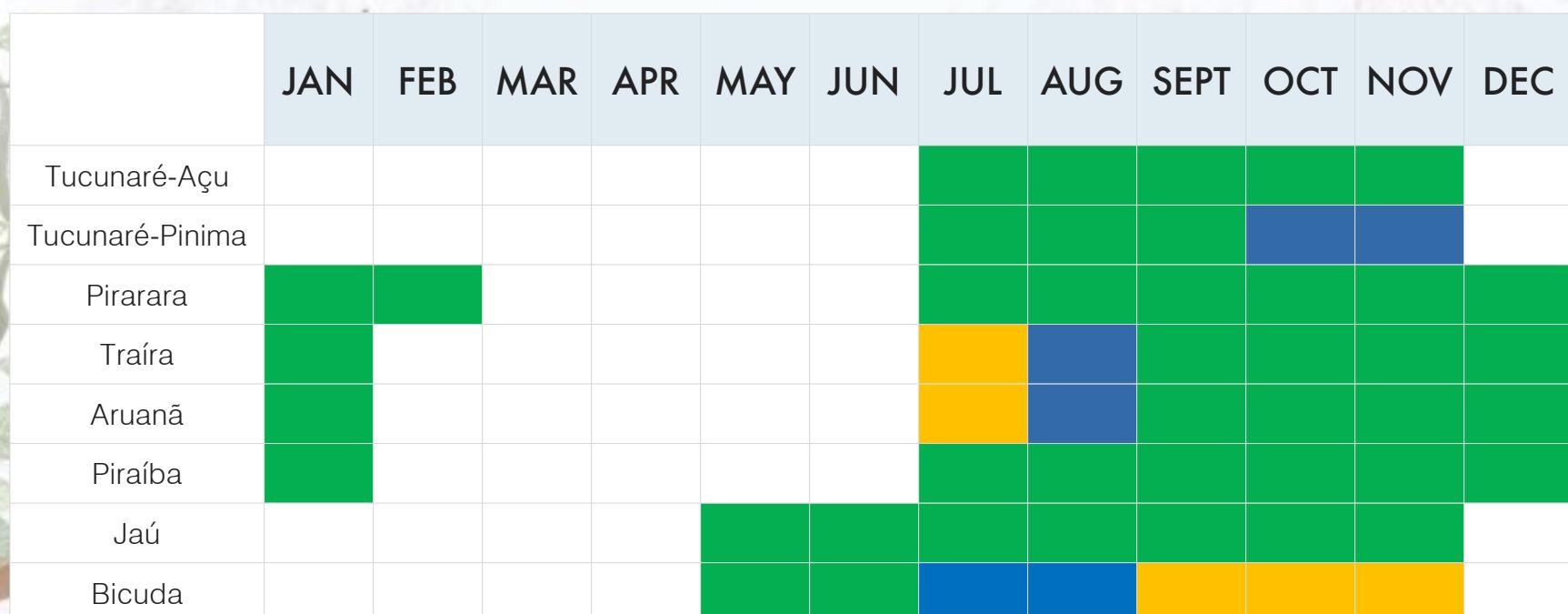
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Amazonas is the main destination for sport fishing in Brazil and one of the most sought after on the planet, both by privileged hydrography and by more than 3.000 species of fish, where the "tucunaré" (peacock bass) is the big star. The sport fishing season occurs throughout the second semester and beginning of the first, with higher peaks from August to March, in different regions of the state.

Barcelos is the city with the highest concentration of activity. President Figueiredo, Apui, Careiro da Várzea, Itacoatiara, Itapiranga, São Sebastião do Uatumã, Nhamundá and Santa Isabel do Rio Negro also record favorable fishing conditions.

There are tour operators specialized in the sport, with programs of various formats, to serve the most different segments of public. Due to the necessary environmental permits, in addition to the difficulty of access to some fishing sites, it is always recommended to seek operators. The practice of catch and release for the preservation of aquatic fauna is also recommended.

Fishing Season



Fonte: Revista FISH TV

Very Good

Good

Regular

Out of Season





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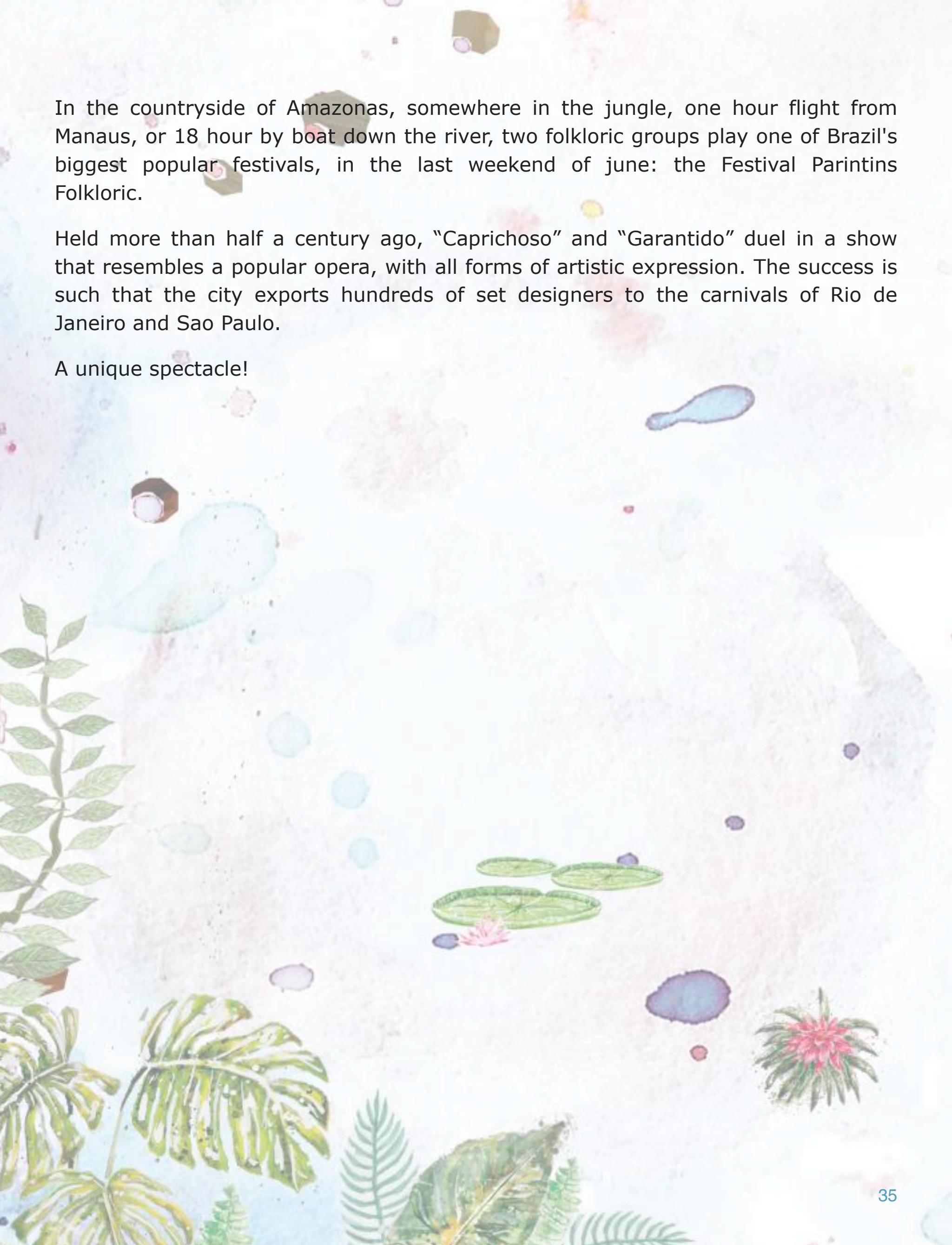


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Parintins Folk Festival

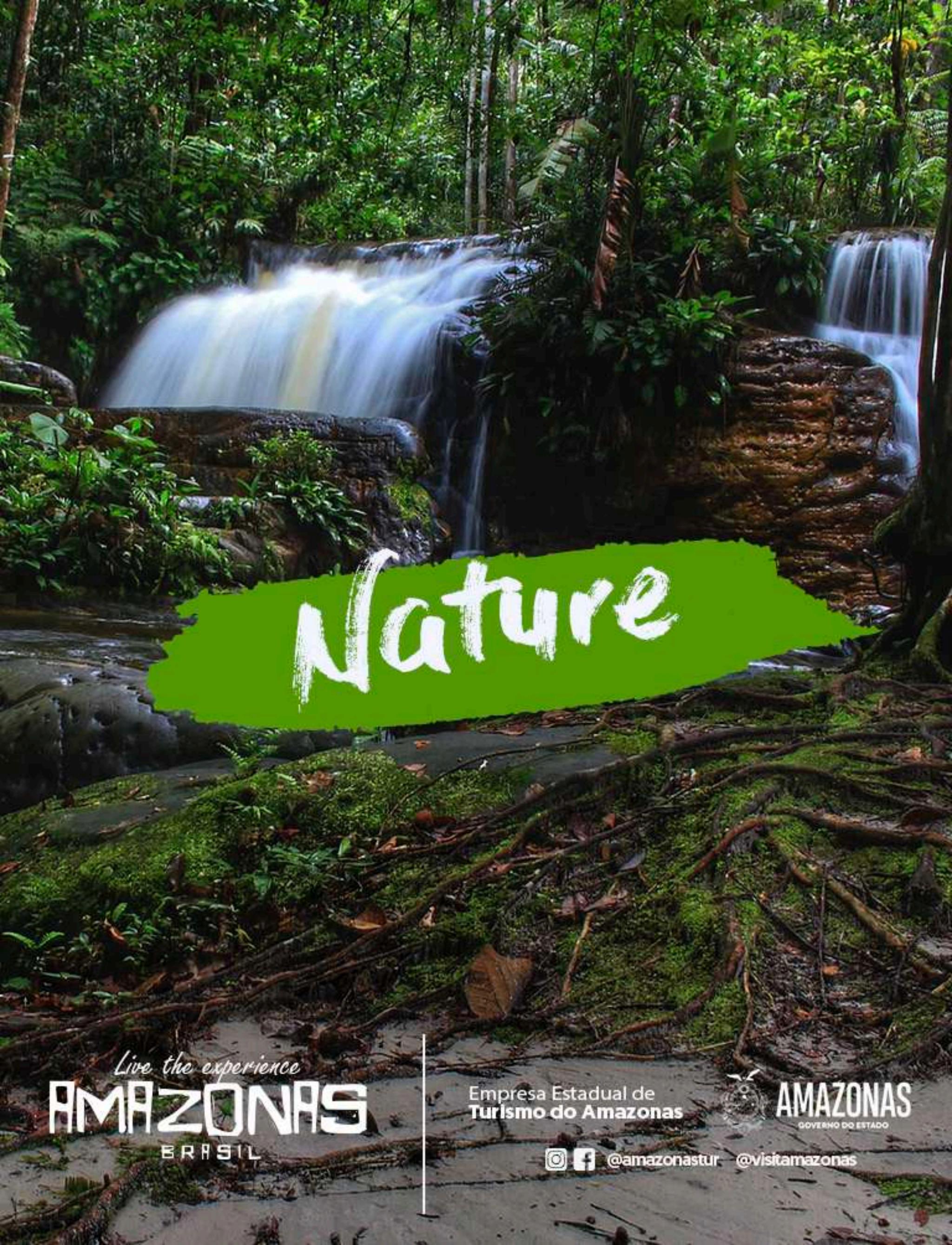




In the countryside of Amazonas, somewhere in the jungle, one hour flight from Manaus, or 18 hour by boat down the river, two folkloric groups play one of Brazil's biggest popular festivals, in the last weekend of june: the Festival Parintins Folkloric.

Held more than half a century ago, "Caprichoso" and "Garantido" duel in a show that resembles a popular opera, with all forms of artistic expression. The success is such that the city exports hundreds of set designers to the carnivals of Rio de Janeiro and Sao Paulo.

A unique spectacle!



Nature

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Birdwatching

The Amazon concentrates more than 1,000 of the 1,919 bird species found in Brazil, according to the Brazilian Ornithological Records Committee. Birdwatching tours are available to visitors on a regular or private basis. They may also include other forms of interaction with nature, such as visiting caves and waterfalls.



Waterfalls

A hundred and twenty kilometers from Manaus by car, the city of Presidente Figueiredo has an inventory of over 100 waterfalls and numerous caves, all easily accessible to visitors. In some of them, programs with trails, canoeing, zip lines and abseiling are offered. Venture out!

Conservation Units

Conservation units are areas of environmental protection that have emerged for the purpose of protecting our biodiversity. The Amazon has 27% of its territory protected by protected areas, areas of extreme importance for preservation and sustainability. In addition, they drive the local economy through forest management as well as tourism. In the Amazon region, Amazonas is the state that has the largest number of conservation units for the practice of sustainable tourism.

Tips on how to behave:

- Always carry: lanterns, warm clothing, raincoat and first aid, food and water; even in activities that are only a day or a few hours long.
- Stay on the trails.
- Good camp places are found, not built, nor cut vegetation or remove rocks when camping.
- Remove all evidence from your passage.
- Protect the natural and cultural heritage of the places you visit. Respect the existing rules and report the aggressions observed.
- Do not burn or bury the trash. Bring all your trash back with you.
- Use any existing toilets. Bring the used toilet paper back.
- Do not use soap or wash utensils in water sources.
- Resist the temptation to bring memories to your home. Leave stones, artifacts, flowers, shells, etc. where you found them so others can enjoy them too.
- Do not scratch, tar or otherwise engrave any stones, logs, or site structures.
- Take only photos, leave only your footprints, kill only time and take only your memories.
- Do not make bonfire!
- Observe the animals in the distance.

Mamirauá Sustainable Development Reserve

Mamirauá Reserve is located about 600 km west of Manaus. It covers an area of 1.124.000 hectares, which passes through the municipalities of Tefé, Uarini, Fonte Boa and Maraã. It is part of one of the world's most important protected rainforest blocks and is home to a rich ecosystem that includes endemic species from the region such as the White Uacari Monkey and the Black-faced Monkey.

The reserve is also the study area of the conservation and management research program for the four species of Amazonian alligators. The project addresses research actions on population dynamics, habitat distribution and use, reproductive biology and ecology, population genetics, health and resource use.

Do not feed the animals.

Anavilhanas National Park

The Anavilhanas National Park, located between the municipalities of Manaus (30%) and Novo Airão (70%) in the state of Amazonas, was created with the aim of preserving the Anavilhanas archipelago, one of the largest in the world, as well as its diverse forest formations and stimulate the production of knowledge through scientific research and improve the conservation of the Amazon biome based on actions of environmental education and sustainable tourism. The park is part of the UNESCO World Heritage Site.





Adventure

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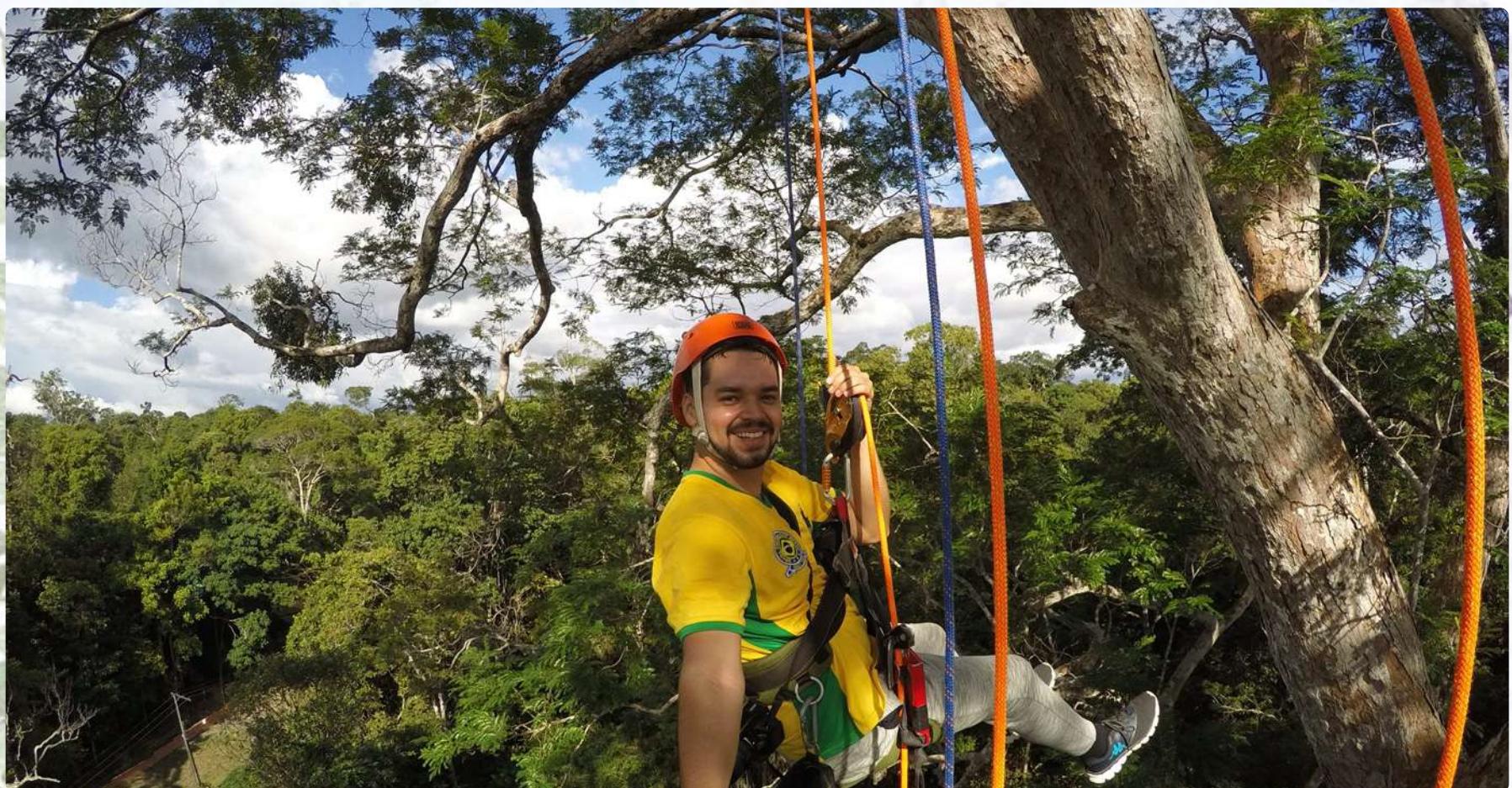
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Whether in the treetops, in the rivers or in the descent of waterfalls, the Amazon jungle is the appropriate space for those who want to challenge their limits. By practicing extreme sports in tune with the forest, the adventure blends with the appreciation of the natural beauty of the region, sharing space with the native flora in full harmony and respect for the environment.

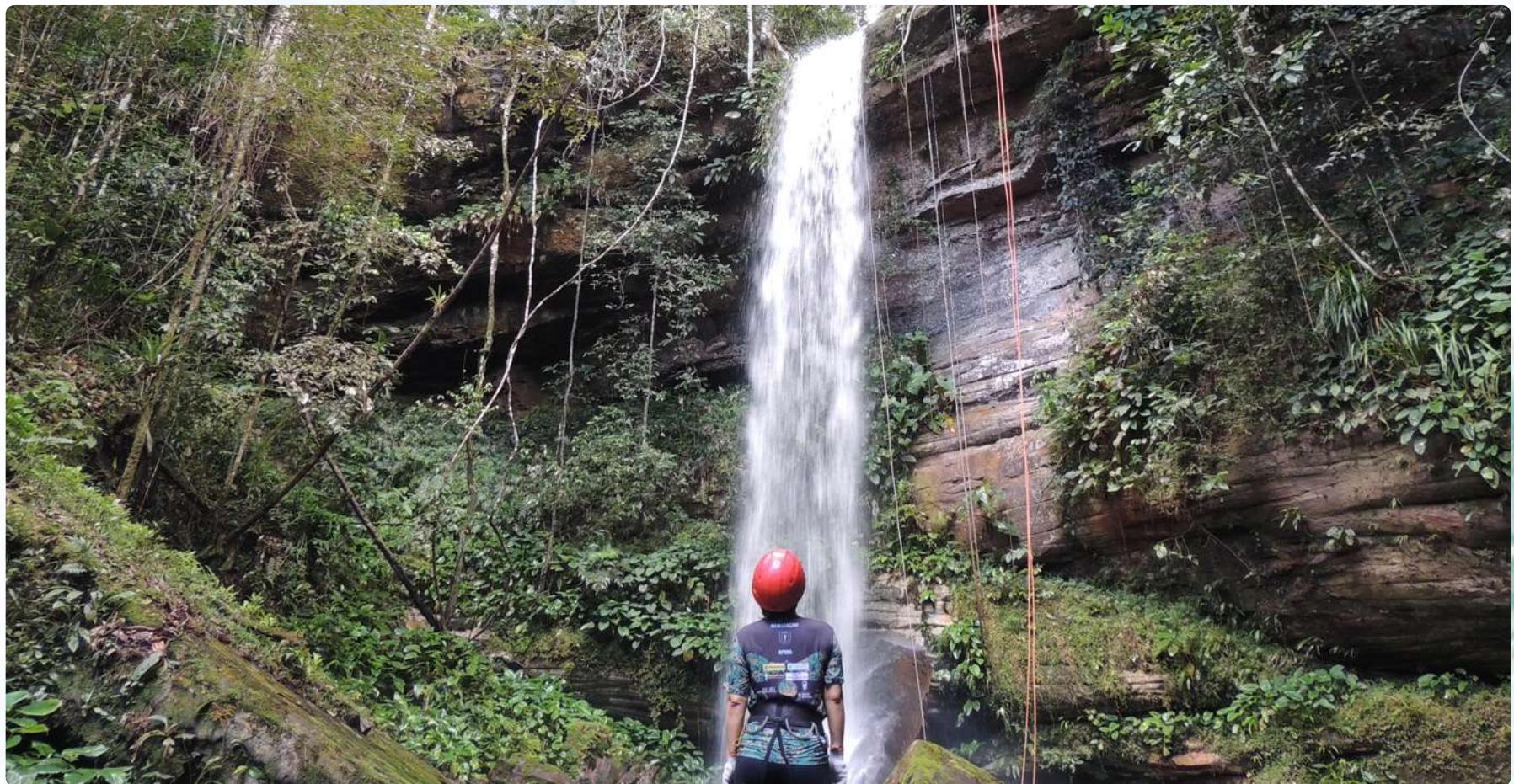
Tree Climbing

Displacement between the tree tops. The activity takes place in the municipalities of Rio Preto da Eva and Presidente Figueiredo, in the countryside of the Amazon. Accompanied by guides specialized in the sport and with all necessary safety procedures, allows the best view of the vastness of green, as well as bird watching, rare plants and intriguing sounds of the forest.



Abseiling

A vertical activity practiced using ropes and equipment suitable for the descent of walls and free spans, widely practiced in the municipality of Presidente Figueiredo, for its waterfalls. The descent is by rappelling cascading, a name given to the sport that specializes in descending waterfalls using rappelling techniques. Thus, practitioners have direct contact with nature and learn basic concepts of survival.



Zip Line

The activity consists of gliding on an airline connecting two horizontally or unevenly spaced points using specific procedures and equipment. It can be practiced in adventure parks in Manaus, resorts and in Presidente Figueiredo, among the trees and under the rivers. Known as the "Land of Waterfalls" by the abundant offer of baths, jungle, caves, caves and waterfalls, the zip line is one of the main adventure activities practiced in the municipality.



Stand up Paddle

In Amazonas, the sport is widely practiced on the Rio Negro coast and along the city coast, or on the beaches of Ponta Negra and Tupé. Others prefer nearby cities such as Iranduba (distant 27 kilometers from Manaus). This activity allows to know the rivers of the Amazonas.





cruises



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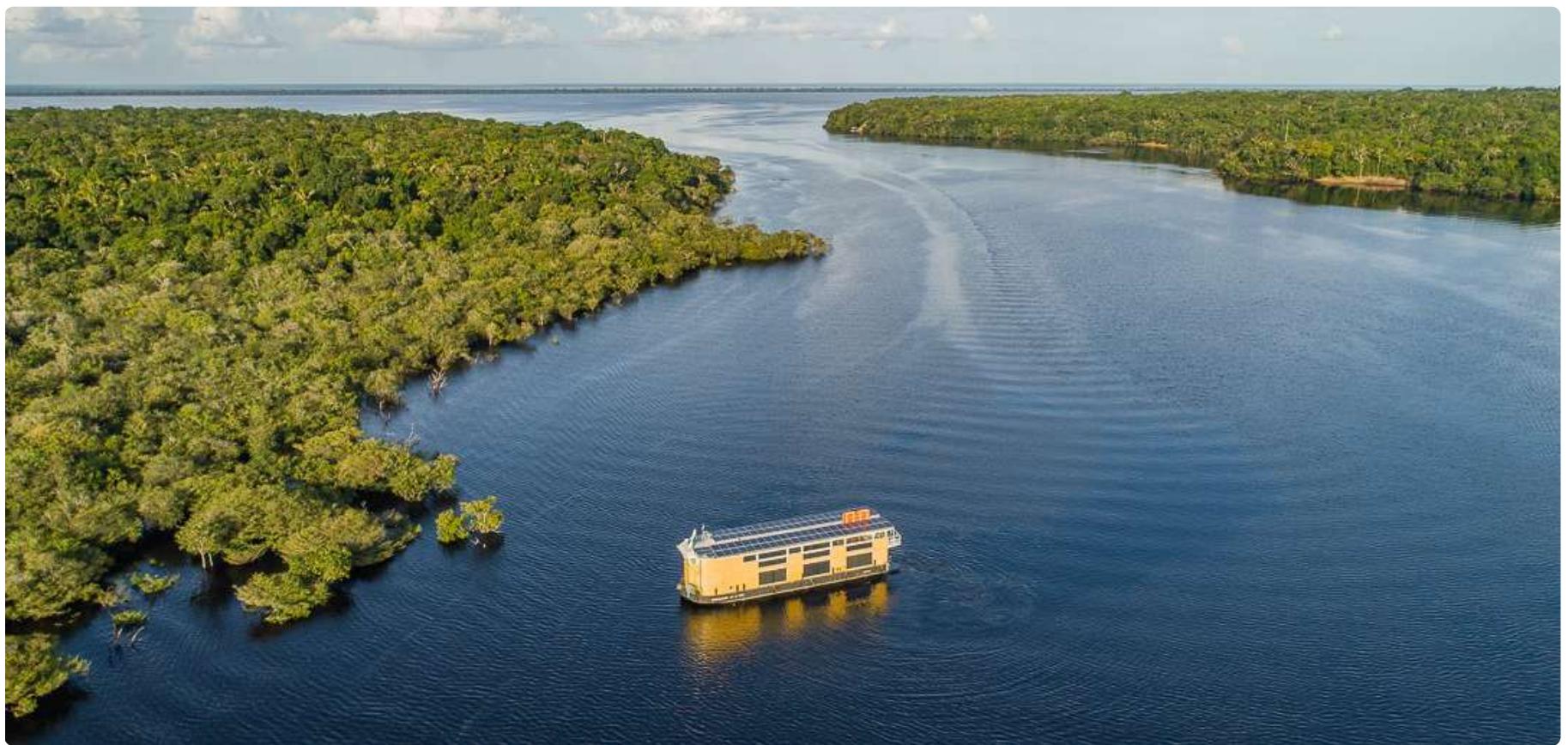
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Each cruise promotes unique itineraries that attract the most diverse passengers, offering exclusive tours to see the forest up close, visit traditional riverside communities and observe the animals. Navigating the Amazon rivers can be a luxurious experience, crossing far beyond the famous meeting of waters and engaging in the natural beauties that only the Amazon can offer. Amazonas has boats with different capacities, formats, installations and itineraries, ranging from half a day to a week.

The following are some examples of cruises available on Amazon:

Ship	Segments	Cabins	Accessible Cabins	Beds	Accessible Beds
Iberostar Grand Amazon	Ecotourism	73	1	146	2
Barco Zaltana	Fishing Tourism	10	0	20	0
Untamed Amazon	Fishing Tourism	8	0	16	0
	Ecotourism				
M/V Desafio	Ecotourism	12	0	24	0
Capitão Peacock	Fishing Tourism	15	0	30	0
	Luxury Ecotourism				



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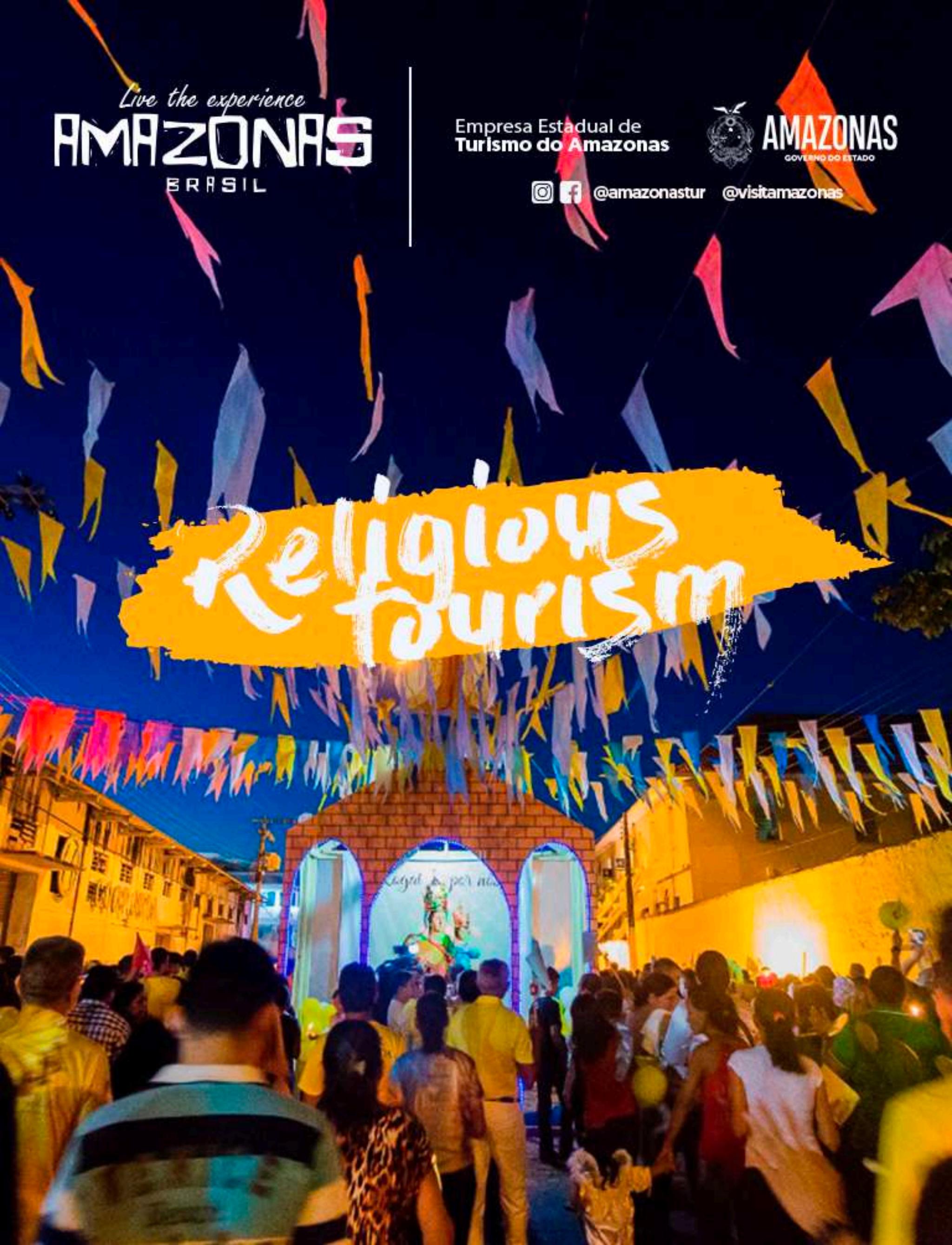
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Religious Tourism



Patron saint feasts, of portuguese origin, are tradition in the Amazonas and even the long distances do not prevent the flow of devotees, who cross rivers and cut roads and skies to praise their patrons.

Parintins – Feast of Our Lady of Carmel

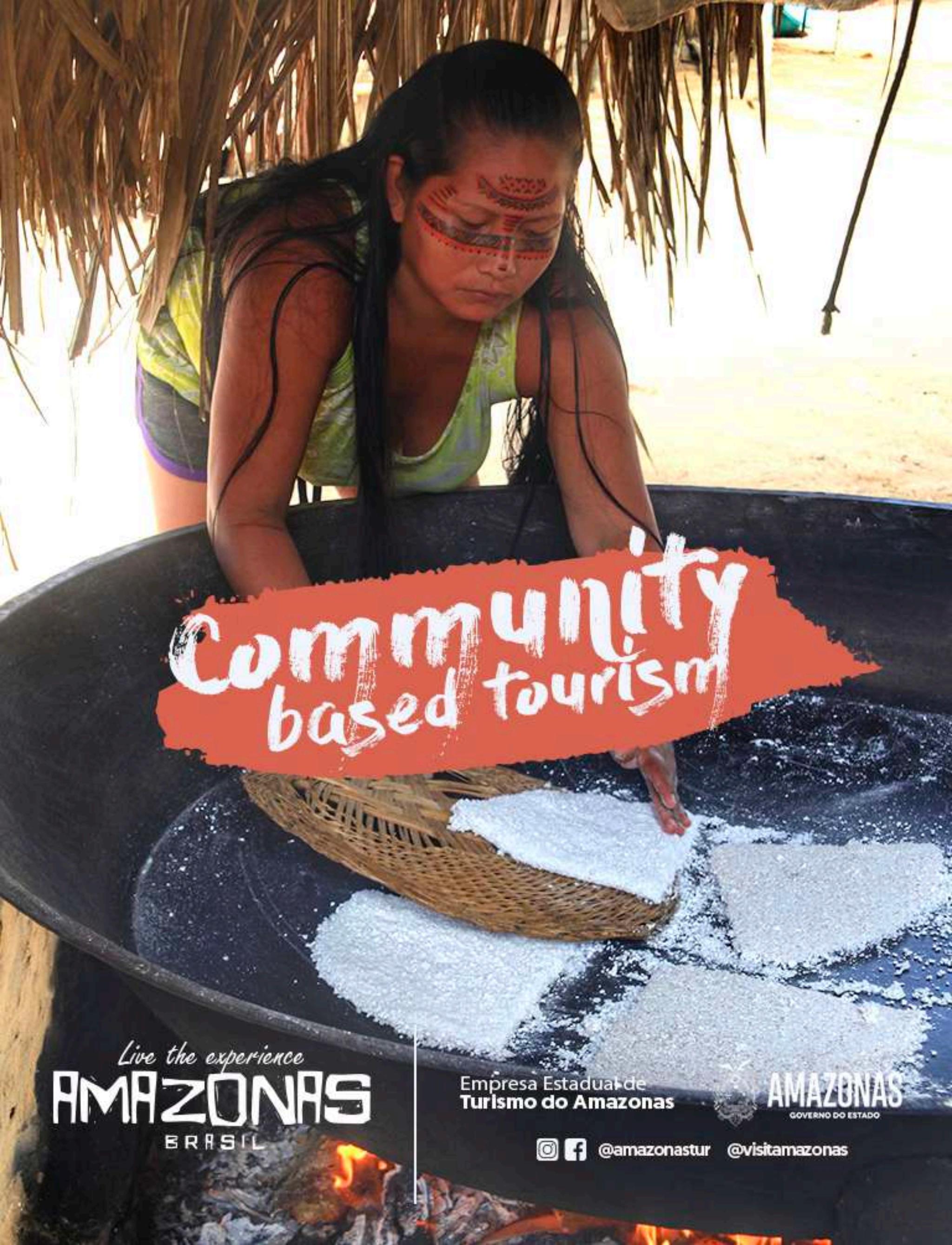
Devotees of Our Lady of Carmel hold annually from July 6 to 16 one of the largest religious festivals of the state. Thousands of people attend the eleven days of the festival, which culminates in the procession to Our Lady, a show of faith that decorates the city streets and ends with a pyrotechnic show.



Borba – Feast of St. Anthony

Borba, located on the right bank of the Madeira River, celebrates its patron saint every year. Its Basilica is the only one in northern Brazil to have relics of St. Anthony. The largest religious event in the interior of the Amazon takes place 257 years ago. There are 14 days of homage, beginning on May 31, going until June 14, when the population of the city triples with the arrival of thousands of pilgrims.





Community based tourism

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Community based tourism is tourism in which local residents (indigenous and riverside communities) invite tourists to visit their communities with the provision of overnight accommodation.

The residents earn income as land managers, entrepreneurs, service and produce providers, and employees. At least part of the tourist income is set aside for projects which provide benefits to the community as a whole.

Community based tourism enables the tourist to discover local habits and wildlife, and celebrates and respects traditional cultures, rituals and wisdom. The community will be aware of the commercial and social value placed on their natural and cultural heritage through tourism, and this will foster community based conservation of these resources.

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