



**DRS WEST &  
VAN TONDER  
OCCUPATIONAL-  
DOCTORS.COM**

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**CERTIFICATE OF FITNESS  
(COF)**

**PERSONAL INFORMATION**

Name: <u>Suresh</u>	Surname: <u>Mothi</u>
Age: <u>45</u> Gender: <u>male</u>	I.D.: <u>7005075169088</u>
Occupation: <u>Technician</u>	Company Name: <u>Seavest</u>

**WORK TO PERFORM**

Mark the reason for the medical examination: (use X)

<input type="checkbox"/> Furnace	<input type="checkbox"/> Confined Space	<input checked="" type="checkbox"/> Heights	<input type="checkbox"/> Foundry	<input checked="" type="checkbox"/> Driven Machinery
<input checked="" type="checkbox"/> Driver	<input type="checkbox"/> Asbestos	<input type="checkbox"/> Lead	<input type="checkbox"/> Silica	<input type="checkbox"/> *Other

\* Specify other: code 8

Power tools

**MEDICAL EXAMINATION**

This employee has had the following medical evaluation today: (use X)

<input type="checkbox"/> AUDIOMETRY	<input checked="" type="checkbox"/> VISION	<input type="checkbox"/> BLOOD**
<input checked="" type="checkbox"/> BLOOD PRESSURE	<input checked="" type="checkbox"/> PSYCHOLOGICAL	<input checked="" type="checkbox"/> DRUGS (urine)
<input checked="" type="checkbox"/> PHYSICAL	<input type="checkbox"/> CHEST X-RAY	<input type="checkbox"/>
<input checked="" type="checkbox"/> COLOUR BLIND	<input type="checkbox"/> LUNG FUNCTION	<input type="checkbox"/> ** Specify what type _____

Mark your findings: (use X)

<input checked="" type="checkbox"/> MEDICALLY FIT
<input type="checkbox"/> **Medically fit BUT with restrictions
<input type="checkbox"/> **UNFIT

EXPIRY DATE

01/2017

\*\* Restrictions or comments regarding the medical evaluation


**VALIDITY OF CERTIFICATE**

This certificate demonstrates the findings of the medical evaluation as on this day. The certificate is valid for the period indicated, unless the health of the person changes in which case a new evaluation is required. It is undersigned by a registered occupational medical practitioner as defined in the Occupational Health and Safety Act. Audiometric testing and optometrist certification is done separately.

I hereby certify that I personally examined the applicant and this certificate embodies my findings completely and correctly.

[Signature]  
**DR. M.J. WEST**  
MBChB, DOH  
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PRACTICE NO: 1575902  
REG NO: 4260111217  
**Drs M.J. West & N. Van Tonder**  
MB. ChB; Dip. Occupational Health  
Practice no.: 1575902

19/1/2016  
Date