

context

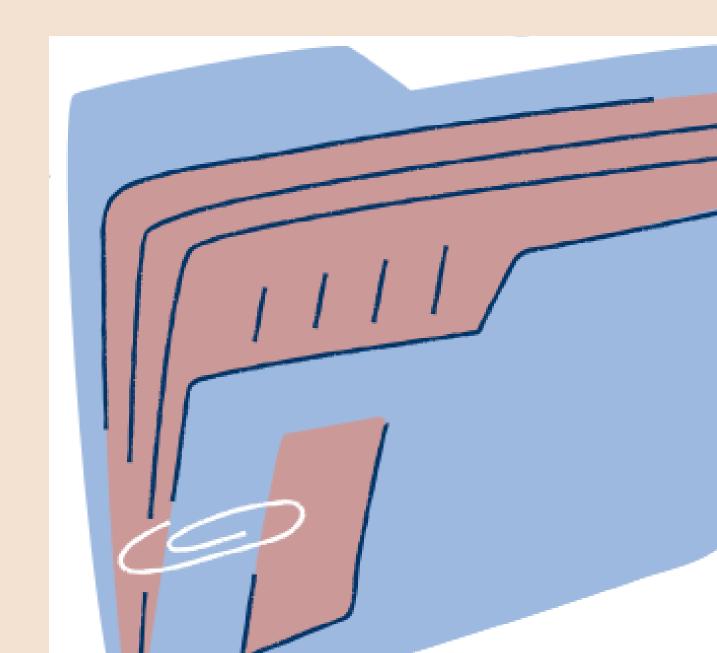
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INTRODUCTION

Sleep tracking can be used to track sleep abnormalities and the sleep quality of people and help healthcare providers diagnose their patients with sleep disorders.



SLEEP TRACKING





Trackers can detect interrupted sleep, letting you know when you're tossing and turning or waking during the night.







ISSUSE

IT SHOW SOME MIS LEADING INFORMATIONS SOME TIMES BUT IT ONLY 78% SCCUSRCY.



EXPIRY

IT DOES NOT EXPIRY ITS LIFE TIME WORK IT TAKE ONLY MALFUNCTION.





ADVANTAGES



Sleep tracking improves infant sleep problems, with about 1 in 4 to 1 in 10 benefiting compared with no sleep training,

TYPES





ADVANTAGES



IT USE ONLY 20K CHARGE IN THE APPLICATION IT WOR MORE THAN 10 HOURS

CONCULSION

THERE FOR THIS ABOUT THE SLEEP TRACKER



