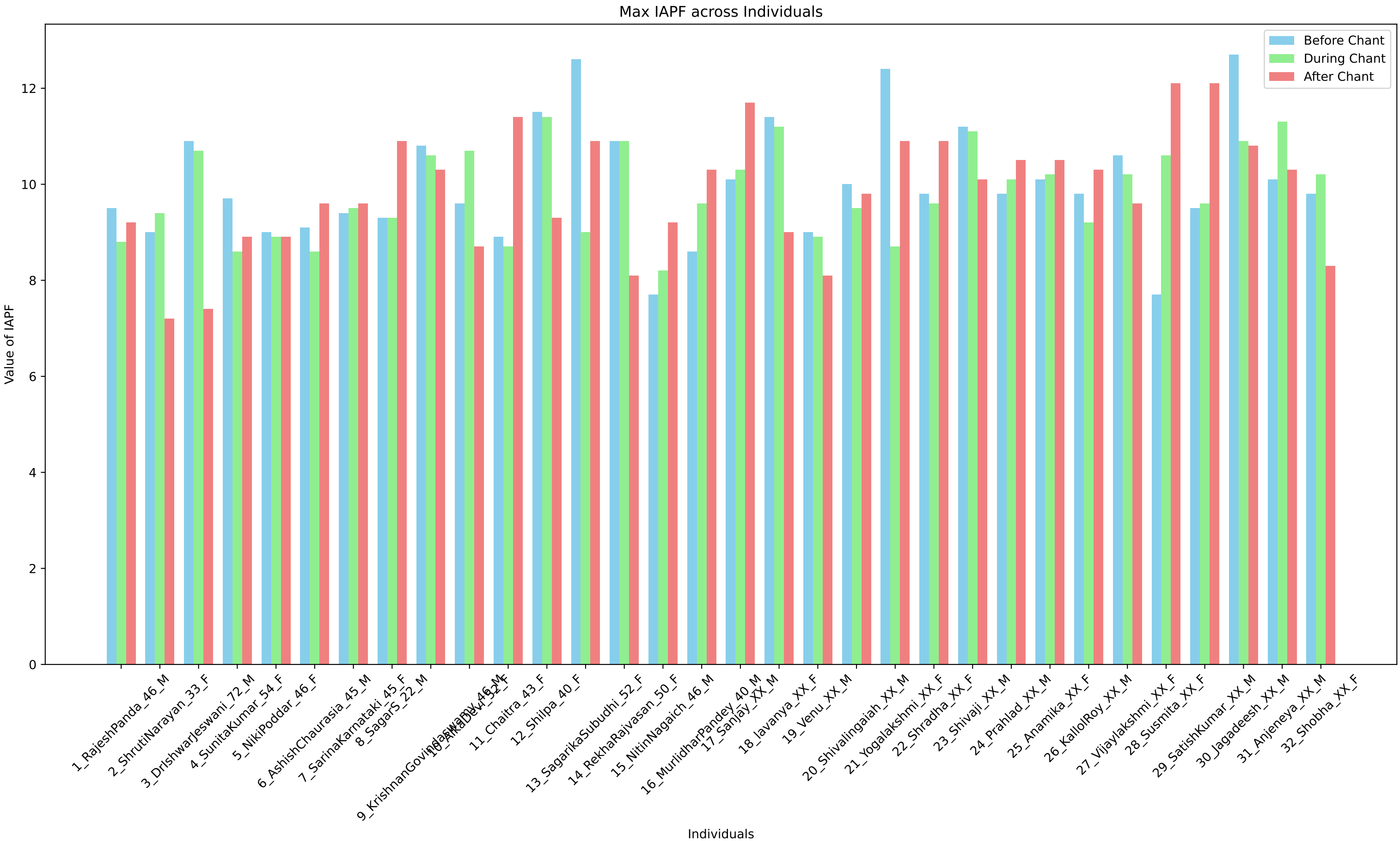
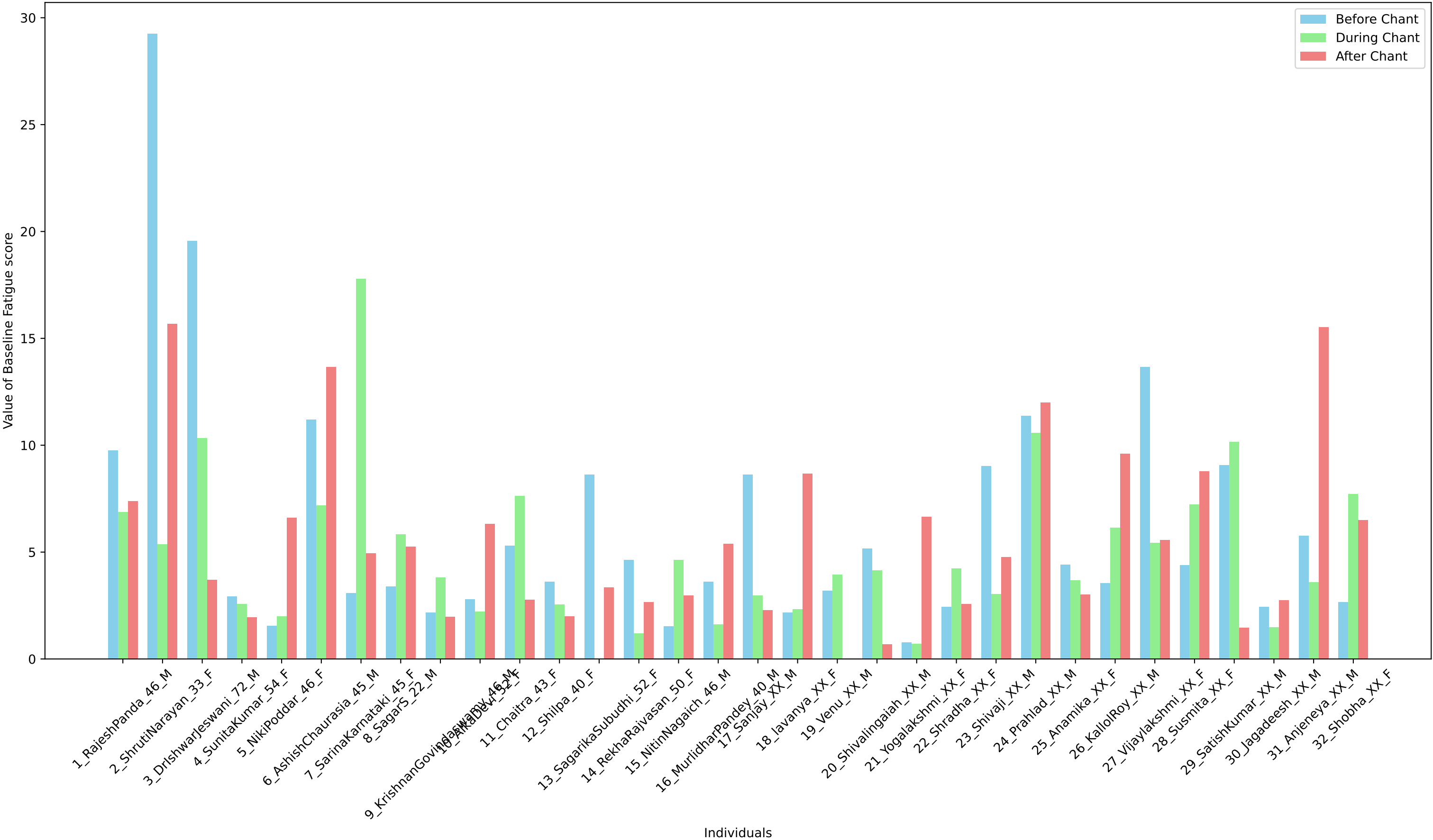


Statistics for IAPF:			
	Before Chant	During Chant	After Chant
count	334.000000	595.000000	310.000000
mean	10.039222	9.821681	9.652258
std	1.236478	0.888299	1.258824
min	7.700000	8.200000	7.200000
25%	9.300000	9.000000	8.900000
50%	9.800000	9.600000	9.600000
75%	10.900000	10.600000	10.500000
max	12.700000	11.400000	12.100000



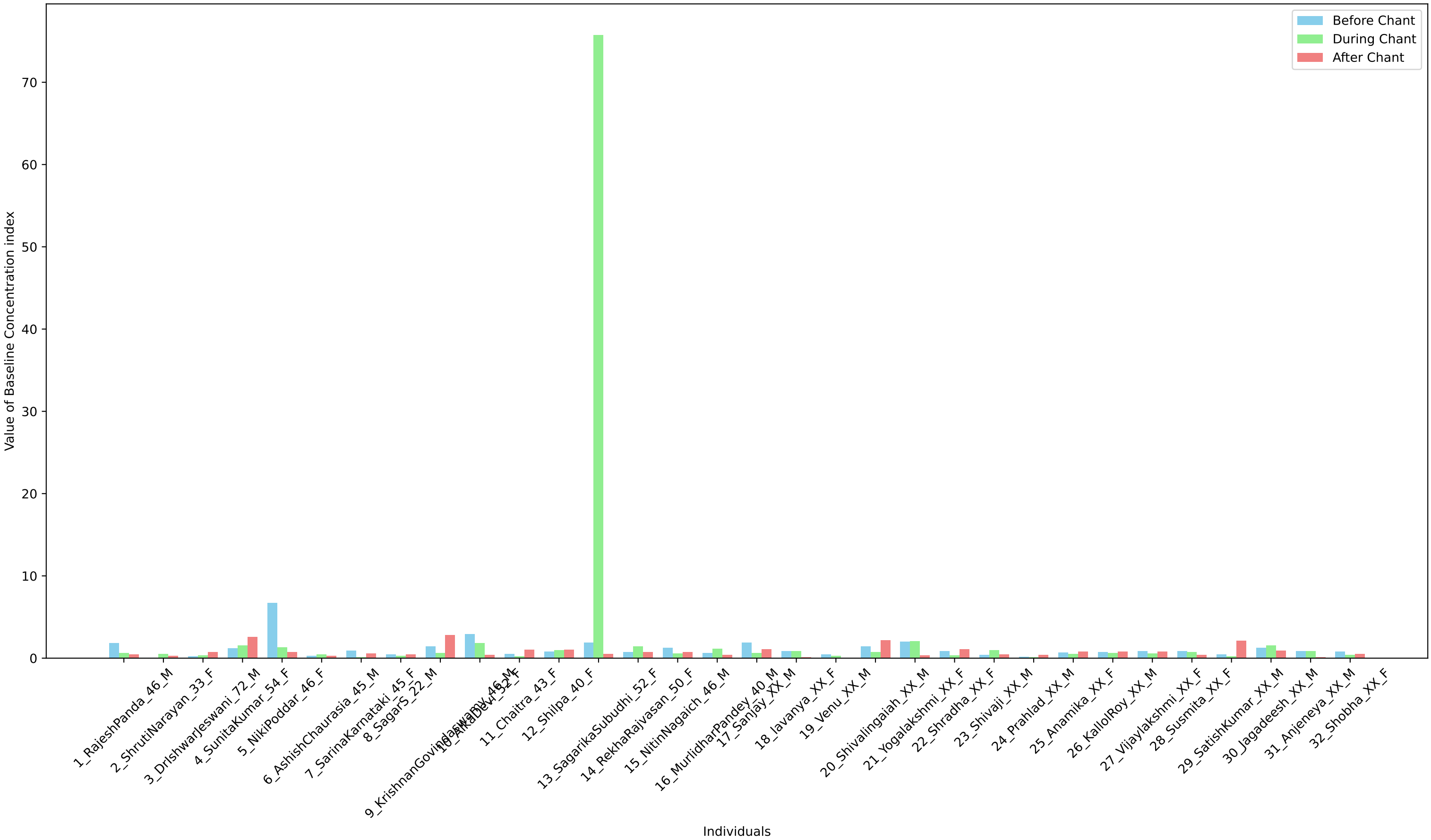
Statistics for Baseline Fatigue score:			
	Before Chant	During Chant	After Chant
count	392.000000	618.000000	336.000000
mean	4.192437	4.032939	4.257030
std	5.361431	3.658173	4.121511
min	0.000000	0.000000	0.000000
25%	0.000000	1.606002	1.263017
50%	2.914013	3.035555	2.973773
75%	5.153500	6.139206	6.303939
max	29.250799	17.782393	15.679881

Max Baseline Fatigue score across Individuals



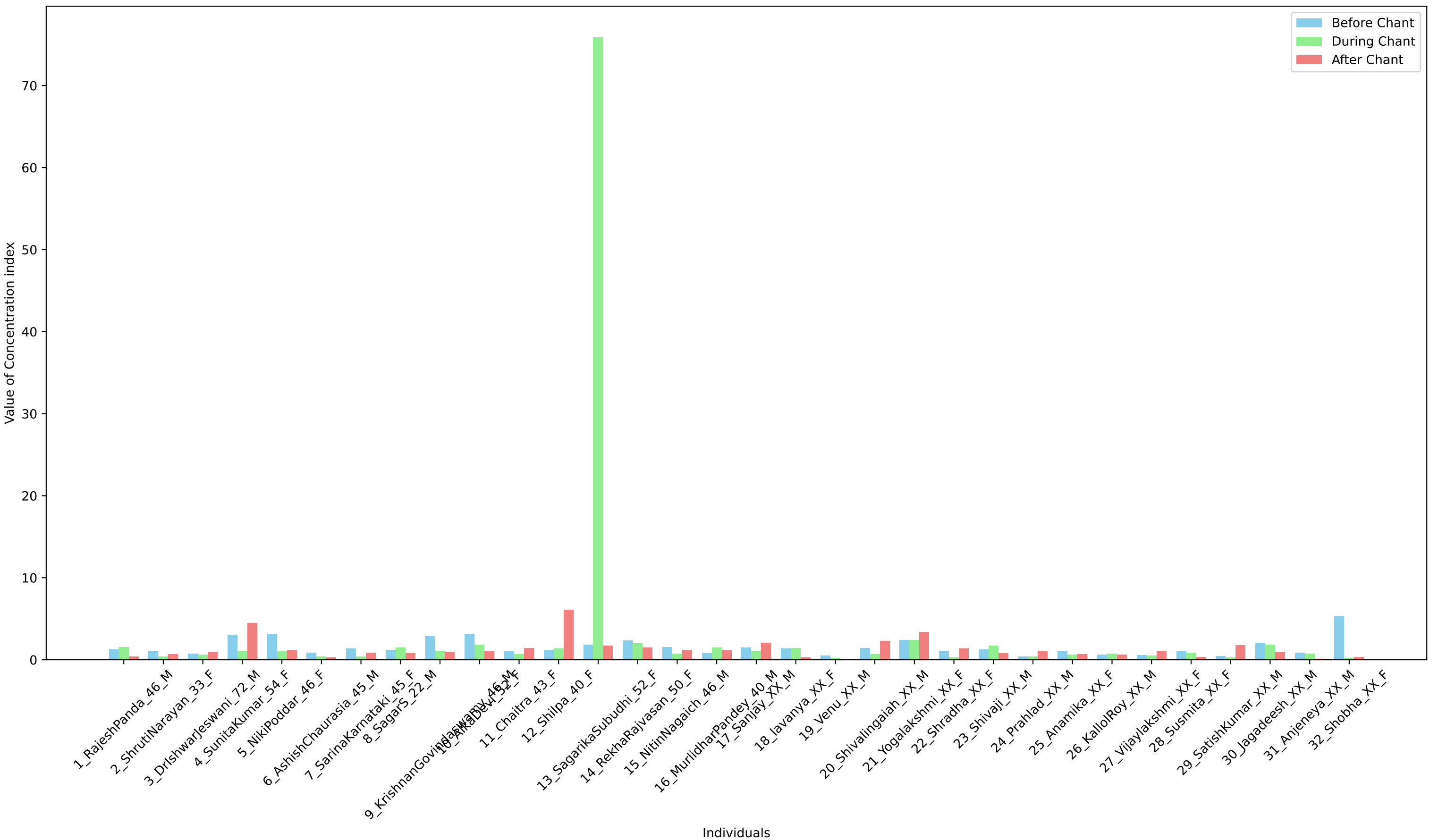
Statistics for Baseline Concentration index:			
	Before Chant	During Chant	After Chant
count	392.000000	618.000000	336.000000
mean	0.737683	2.716582	0.617344
std	0.917037	12.302178	0.656463
min	0.000000	0.000000	0.000000
25%	0.000000	0.258525	0.111139
50%	0.591192	0.587758	0.451141
75%	0.889580	0.979584	0.801596
max	6.714382	75.737190	2.785440

Max Baseline Concentration index across Individuals



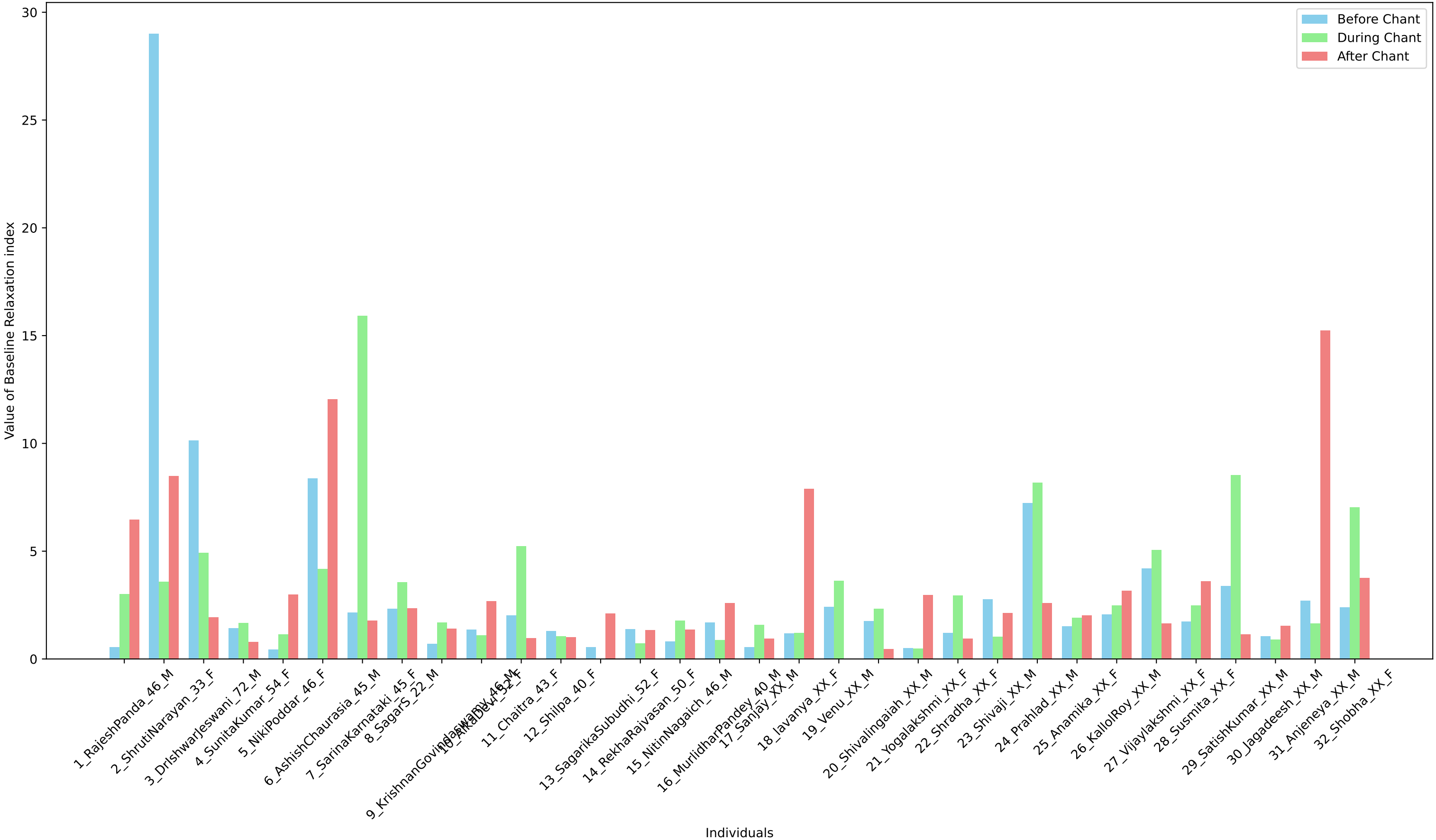
Statistics for Concentration index:			
	Before Chant	During Chant	After Chant
count	392.000000	618.000000	336.000000
mean	0.722748	1.623227	0.625496
std	0.779313	8.835154	0.686651
min	0.000000	0.000000	0.000000
25%	0.000000	0.199540	0.115544
50%	0.580910	0.478858	0.534261
75%	1.045094	0.793152	0.867003
max	5.257327	75.867876	6.071821

Max Concentration index across Individuals



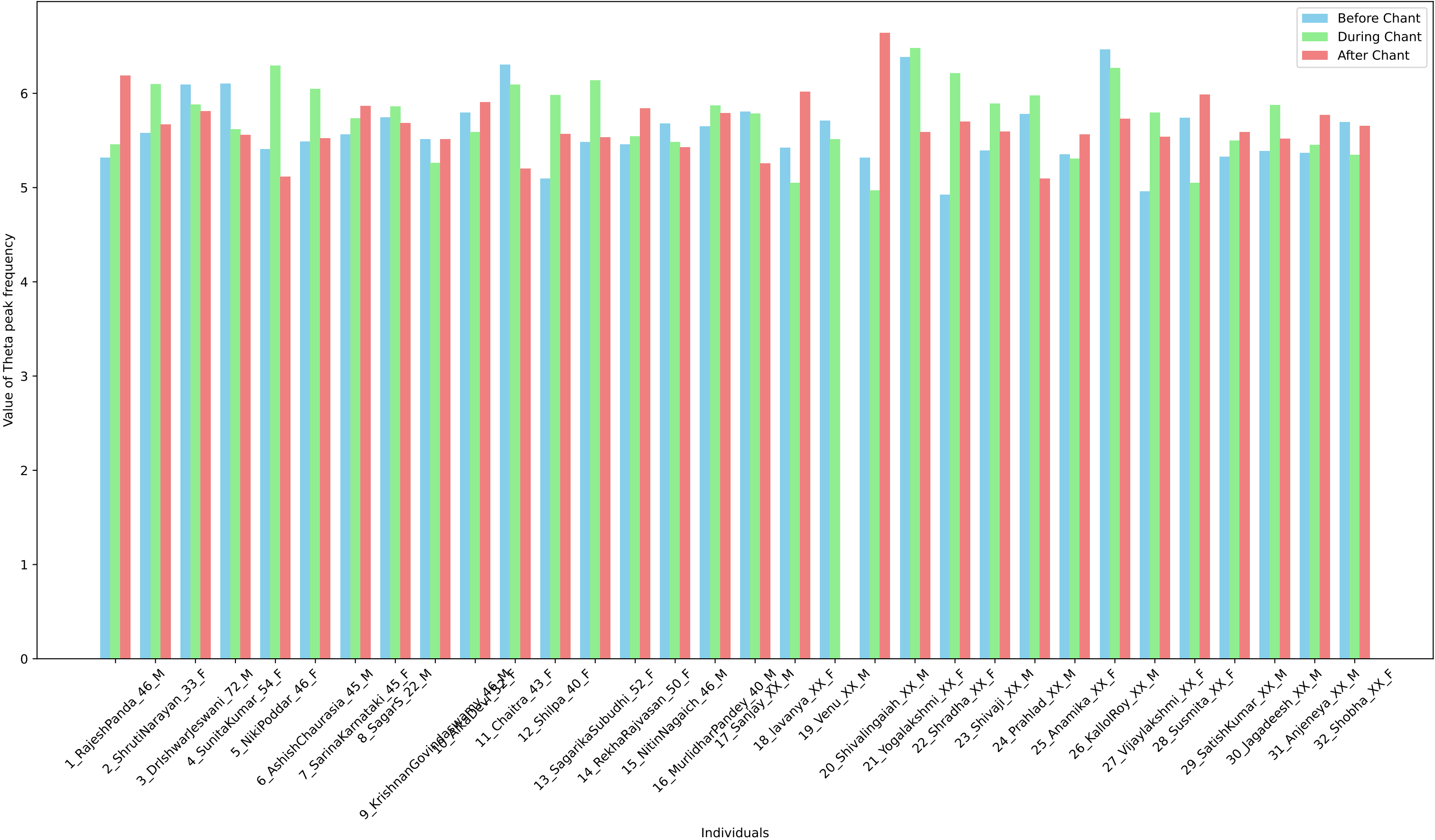
Statistics for Baseline Relaxation index:			
	Before Chant	During Chant	After Chant
count	392.000000	618.000000	336.000000
mean	2.038923	2.549066	2.357484
std	4.278014	2.995885	3.056131
min	0.000000	0.000000	0.000000
25%	0.000000	0.876395	0.564075
50%	1.190451	1.642069	1.543795
75%	2.142207	2.999701	2.613924
max	29.002399	15.924937	15.222116

Max Baseline Relaxation index across Individuals



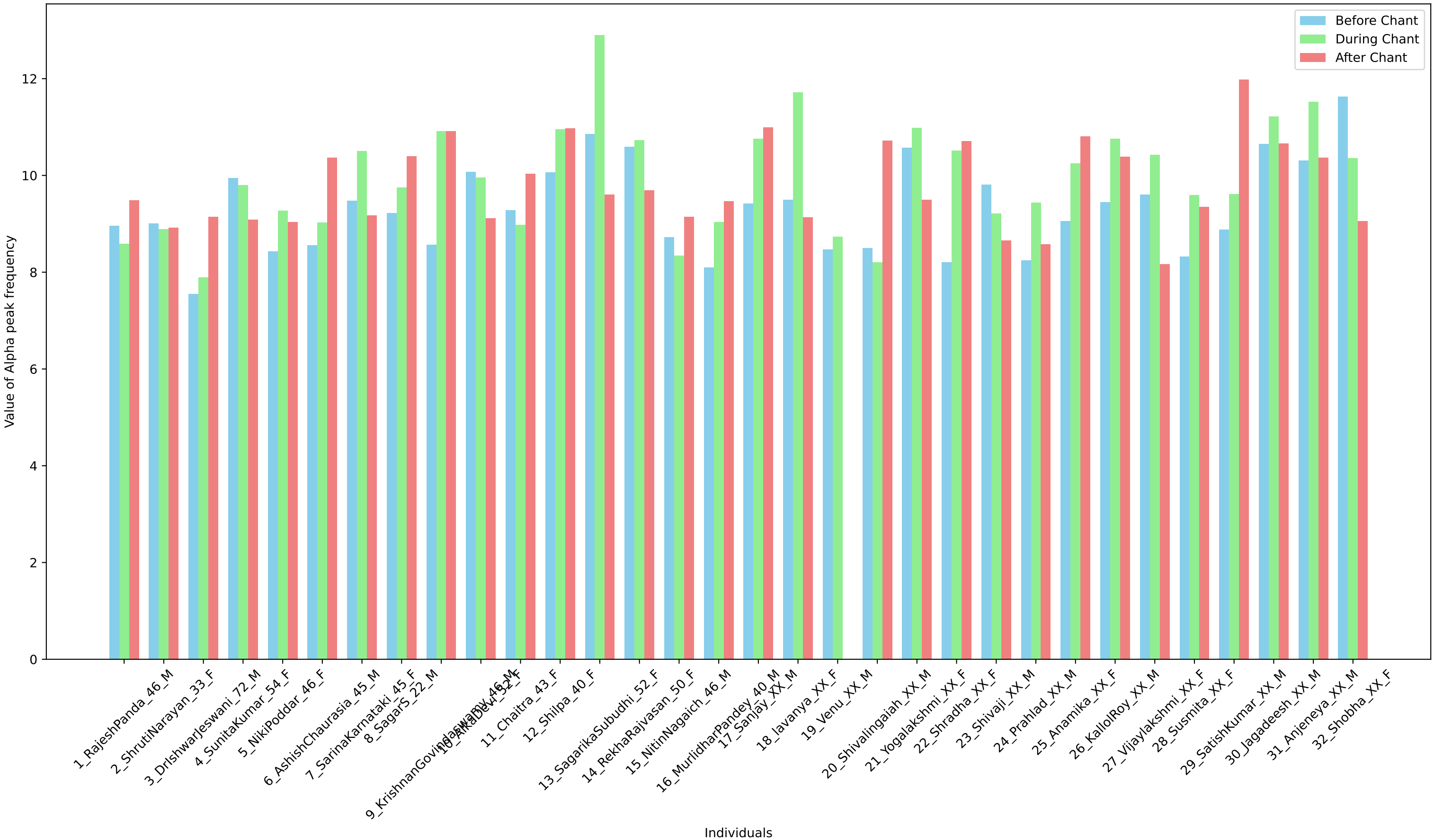
Statistics for Theta peak frequency:			
	Before Chant	During Chant	After Chant
count	460.000000	682.000000	387.000000
mean	4.303540	4.752907	4.636373
std	1.787110	1.268195	1.513596
min	0.000000	0.000000	0.000000
25%	4.569895	4.715573	4.771008
50%	4.920182	5.001267	5.016770
75%	5.217192	5.321728	5.331485
max	6.466209	6.479138	6.642039

Max Theta peak frequency across Individuals



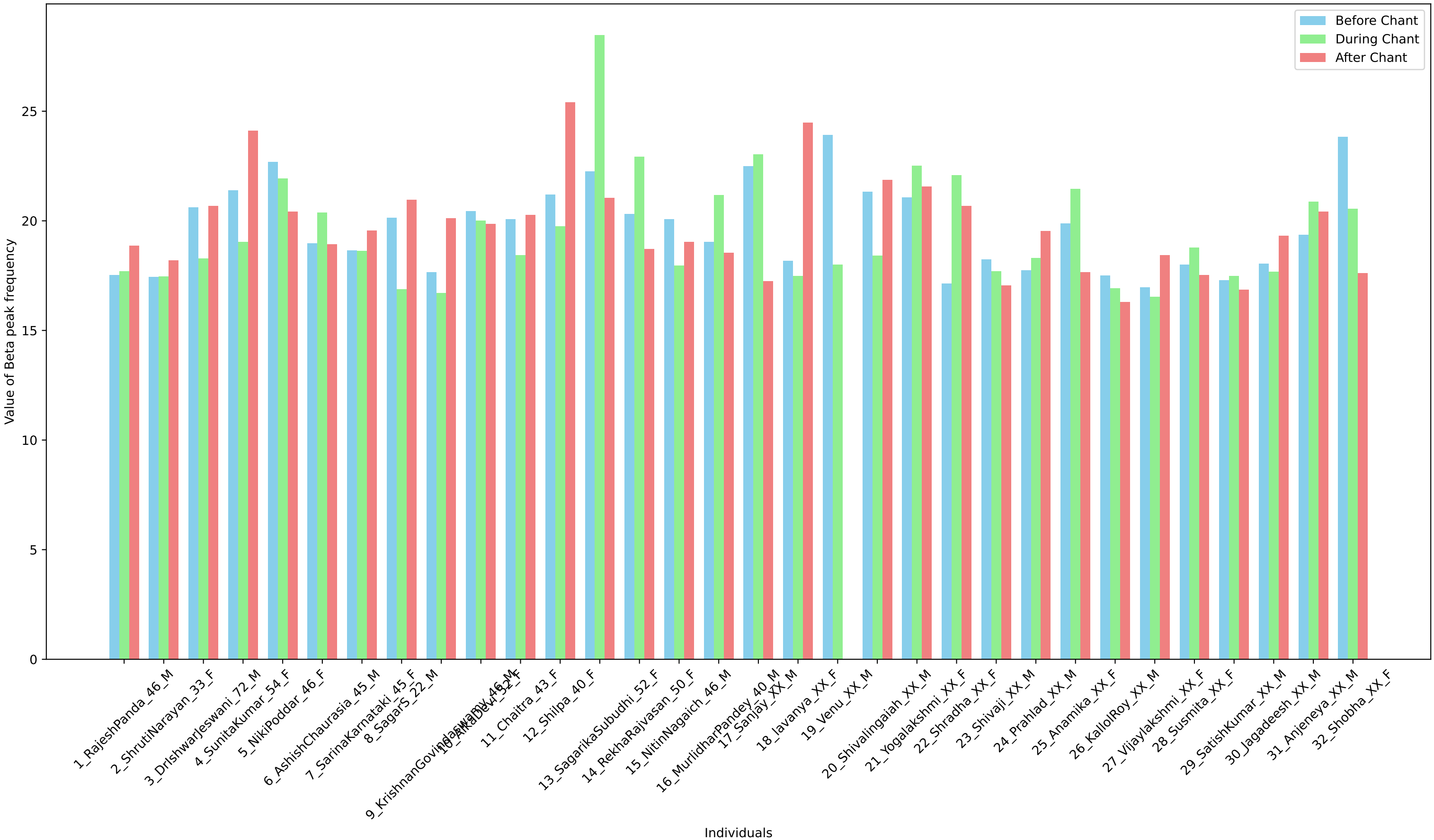
Statistics for Alpha peak frequency:			
	Before Chant	During Chant	After Chant
count	460.000000	682.000000	387.000000
mean	6.946927	8.403006	7.628690
std	2.936936	2.413913	2.593925
min	0.000000	0.000000	0.000000
25%	7.130248	7.810342	7.298854
50%	7.635858	8.708757	7.976188
75%	8.468608	9.682545	9.063904
max	11.629287	12.900000	11.977126

Max Alpha peak frequency across Individuals



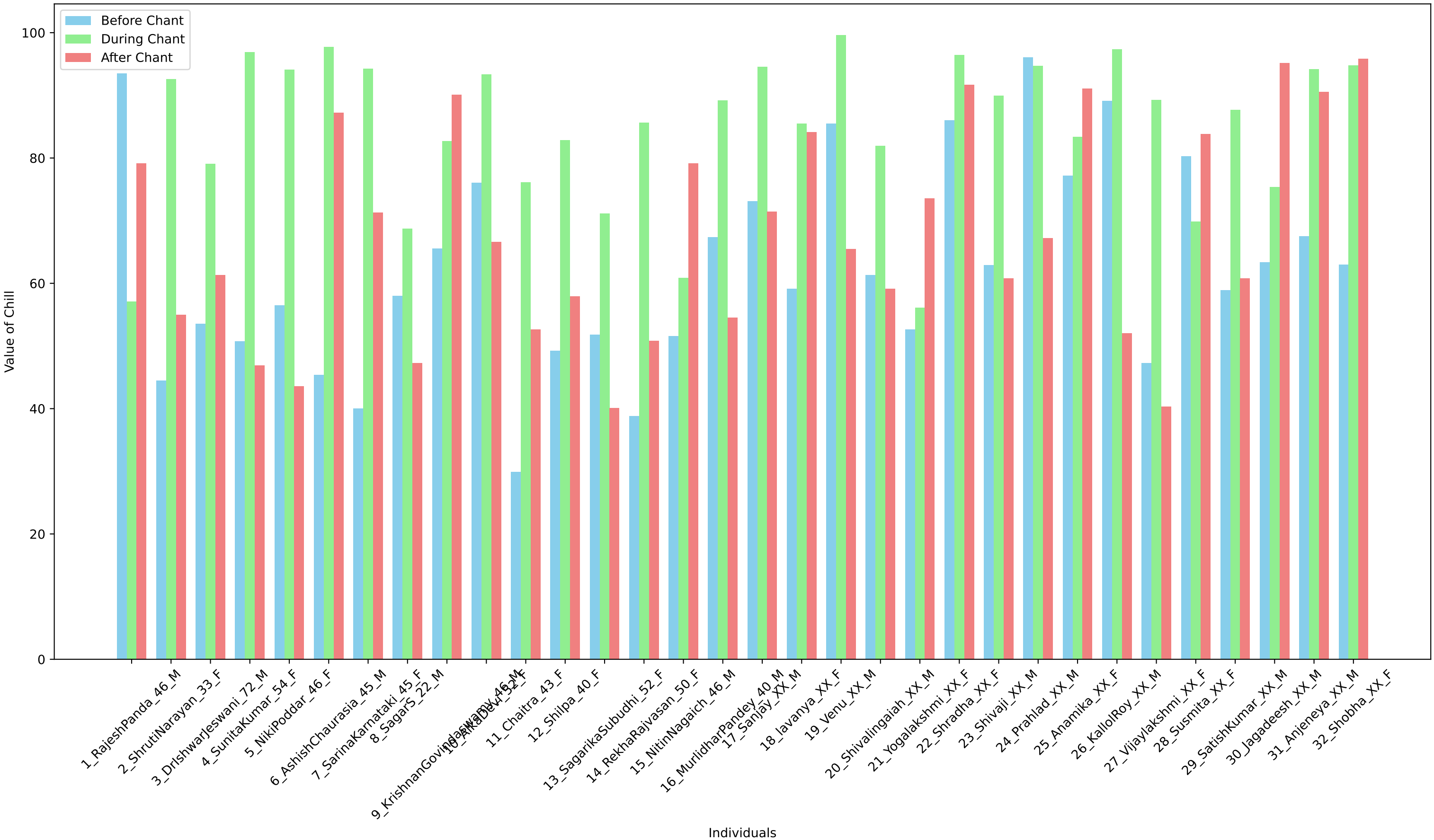
Statistics for Beta peak frequency:			
	Before Chant	During Chant	After Chant
count	460.000000	682.000000	387.000000
mean	15.034728	16.466888	16.116269
std	6.268979	4.523518	5.347677
min	0.000000	0.000000	0.000000
25%	15.972246	16.194280	16.173075
50%	16.880273	16.927945	17.178912
75%	18.152009	18.181023	18.559596
max	23.903456	28.470807	25.407109

Max Beta peak frequency across Individuals



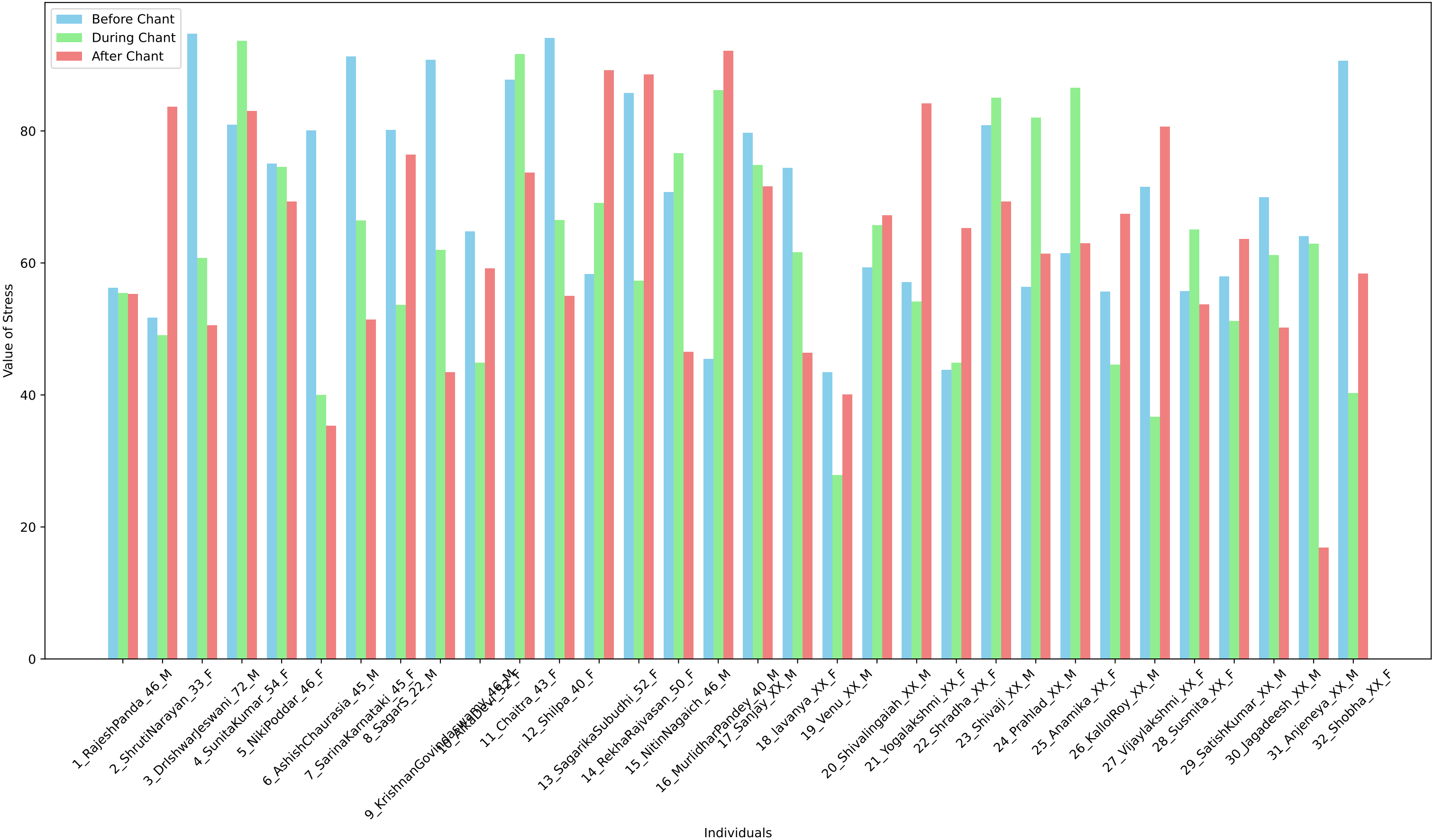
Statistics for Chill:			
	Before Chant	During Chant	After Chant
count	289.000000	550.000000	270.000000
mean	46.170891	61.258701	51.356276
std	17.399539	19.702097	17.923574
min	3.227619	1.186601	17.900190
25%	34.395437	47.926035	38.765543
50%	46.177457	60.627199	47.561334
75%	57.107515	77.602774	62.003694
max	96.025777	99.613626	95.850656

Max Chill across Individuals

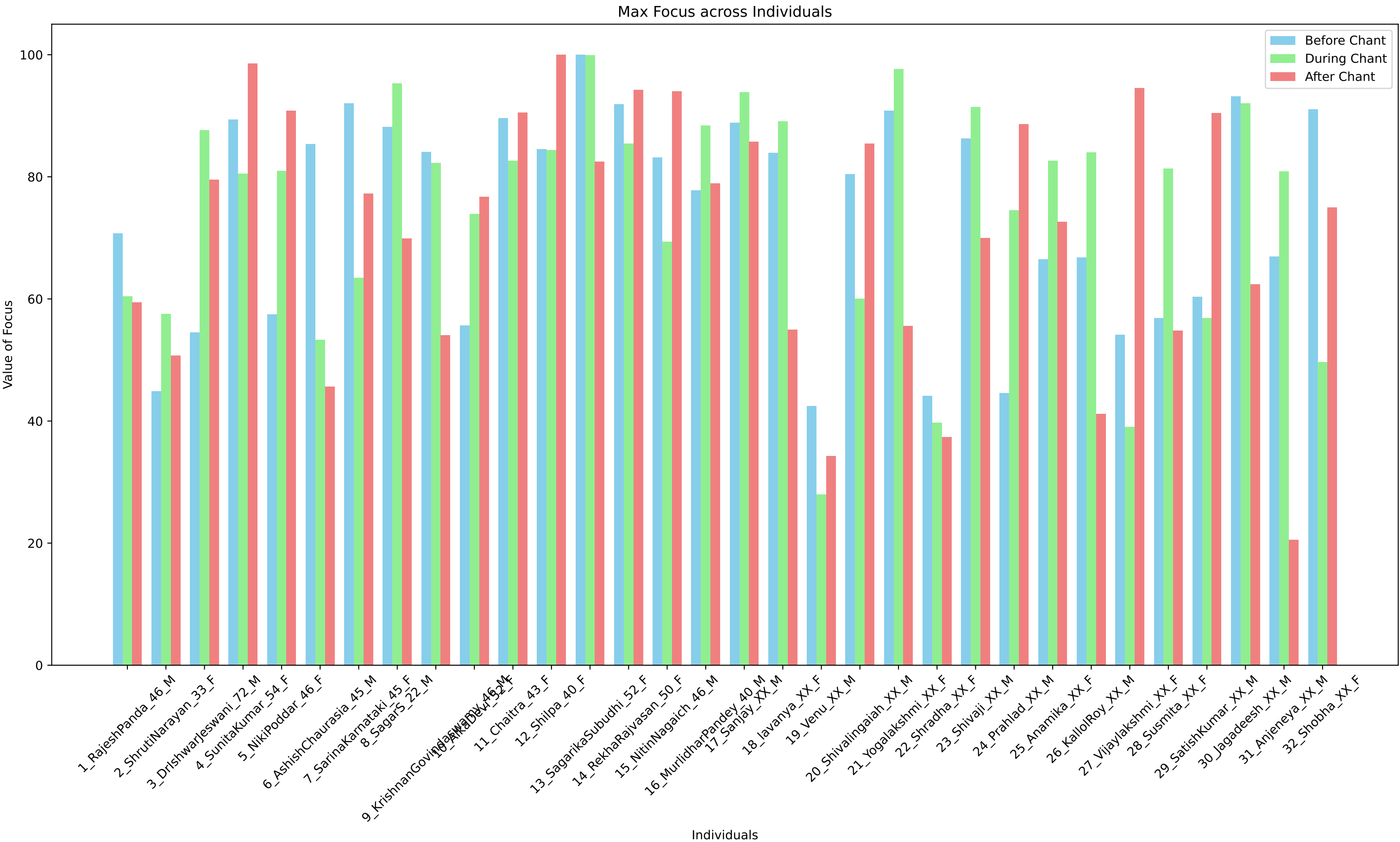


Statistics for Stress:			
	Before Chant	During Chant	After Chant
count	289.000000	550.000000	270.000000
mean	53.167003	39.101402	48.363460
std	18.204966	17.653881	18.756183
min	3.019546	2.130805	3.766523
25%	41.646554	25.383382	35.810949
50%	53.670199	37.710612	47.309192
75%	65.059161	51.192149	61.144054
max	94.724699	93.633919	92.099810

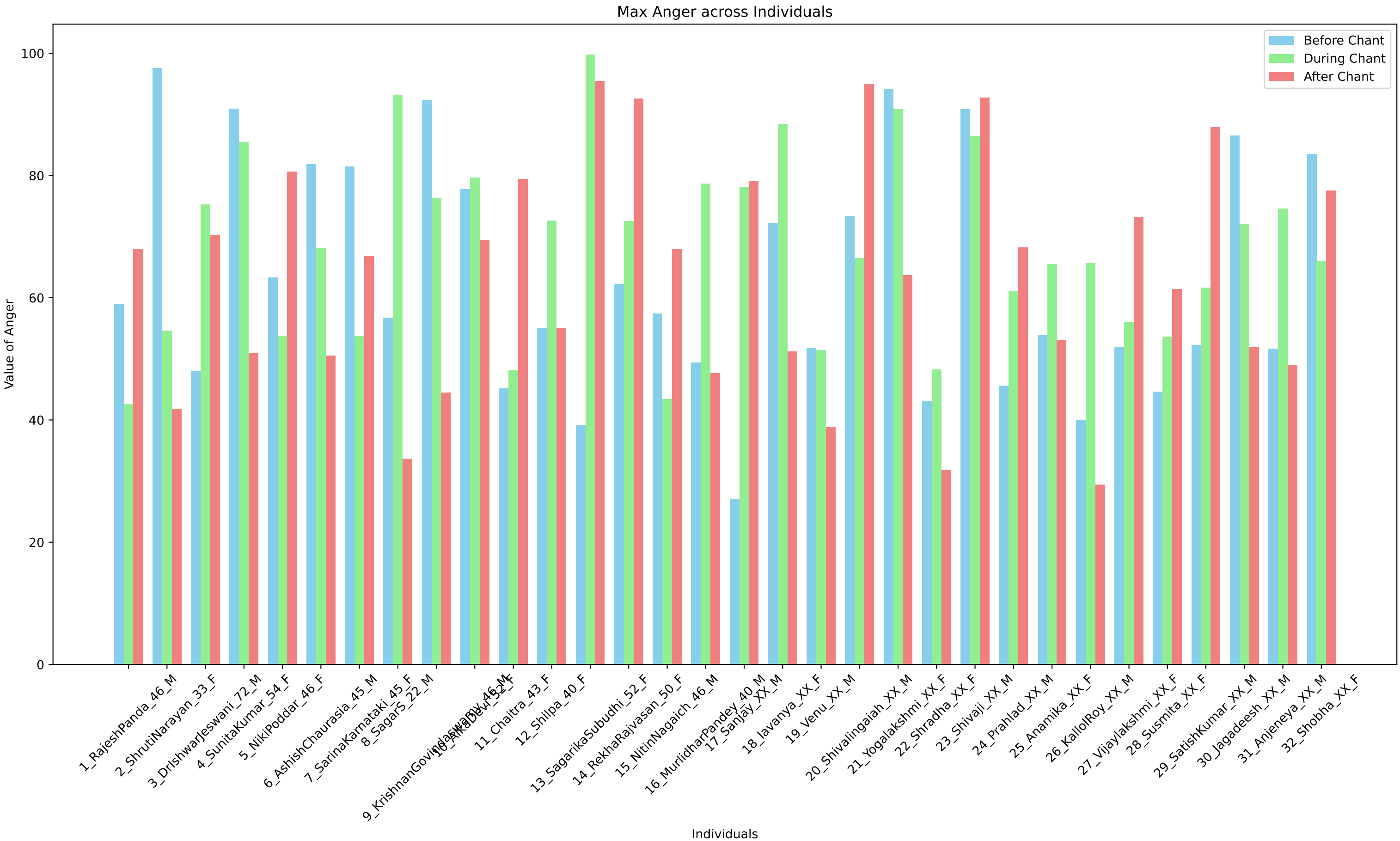
Max Stress across Individuals



Statistics for Focus:			
	Before Chant	During Chant	After Chant
count	289.000000	550.000000	270.000000
mean	53.651977	45.490437	51.297272
std	21.543044	22.782025	22.202750
min	3.060358	1.674587	6.316287
25%	38.452155	28.850424	34.308989
50%	51.499243	43.335869	50.353759
75%	68.484521	61.159837	66.244527
max	100.000000	99.873145	100.000000



Statistics for Anger:			
	Before Chant	During Chant	After Chant
count	289.000000	550.000000	270.000000
mean	43.685000	42.866209	45.595030
std	20.530652	18.822039	18.638525
min	6.177373	1.522244	7.696278
25%	27.940251	28.462784	31.038164
50%	40.404453	40.292564	44.484437
75%	56.655328	54.245156	58.350400
max	97.569615	99.777038	95.459231



Statistics for Self-control:			
	Before Chant	During Chant	After Chant
count	289.000000	550.000000	270.000000
mean	52.042153	62.504224	55.253768
std	19.858987	19.665124	19.030316
min	2.381758	1.222838	13.279823
25%	37.732695	49.379835	40.142442
50%	51.964476	64.342505	54.524789
75%	65.792784	77.323400	68.686212
max	93.922688	97.602722	95.322922

