Statistics for IAPF:

	Before Chant	During Chant	After Chant
count	161.000000	279.000000	148.000000
mean	9.781988	9.732616	9.389865
std	1.067818	0.871229	1.390186
min	7.700000	8.600000	7.200000
25%	9.400000	8.900000	8.300000
50%	9.700000	9.500000	9.600000
75%	10.000000	10.600000	10.300000
max	12.700000	11.300000	12.100000

Max IAPF across Individuals
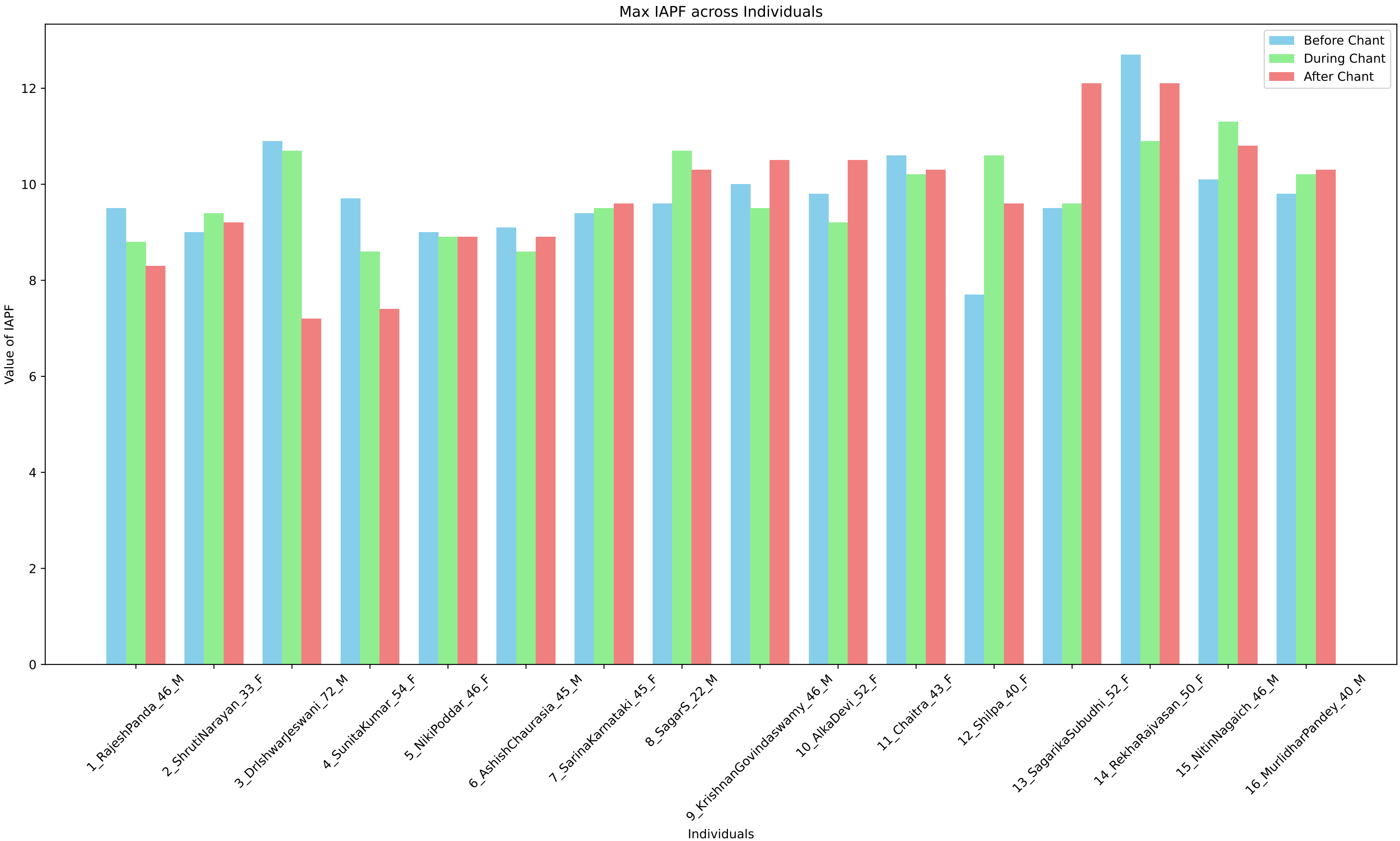
Statistics for Baseline Fatigue score:

	Before Chant	During Chant	After Chant
count	242.000000	336.000000	194.000000
mean	3.956803	4.361103	3.975602
std	6.409573	4.249902	4.875250
min	0.000000	0.000000	0.000000
25%	0.000000	0.000000	0.000000
50%	2.272455	3.594677	1.972323
75%	4.382785	6.865180	6.595374
max	29.250799	17.782393	15.679881

Max Baseline Fatigue score across Individuals
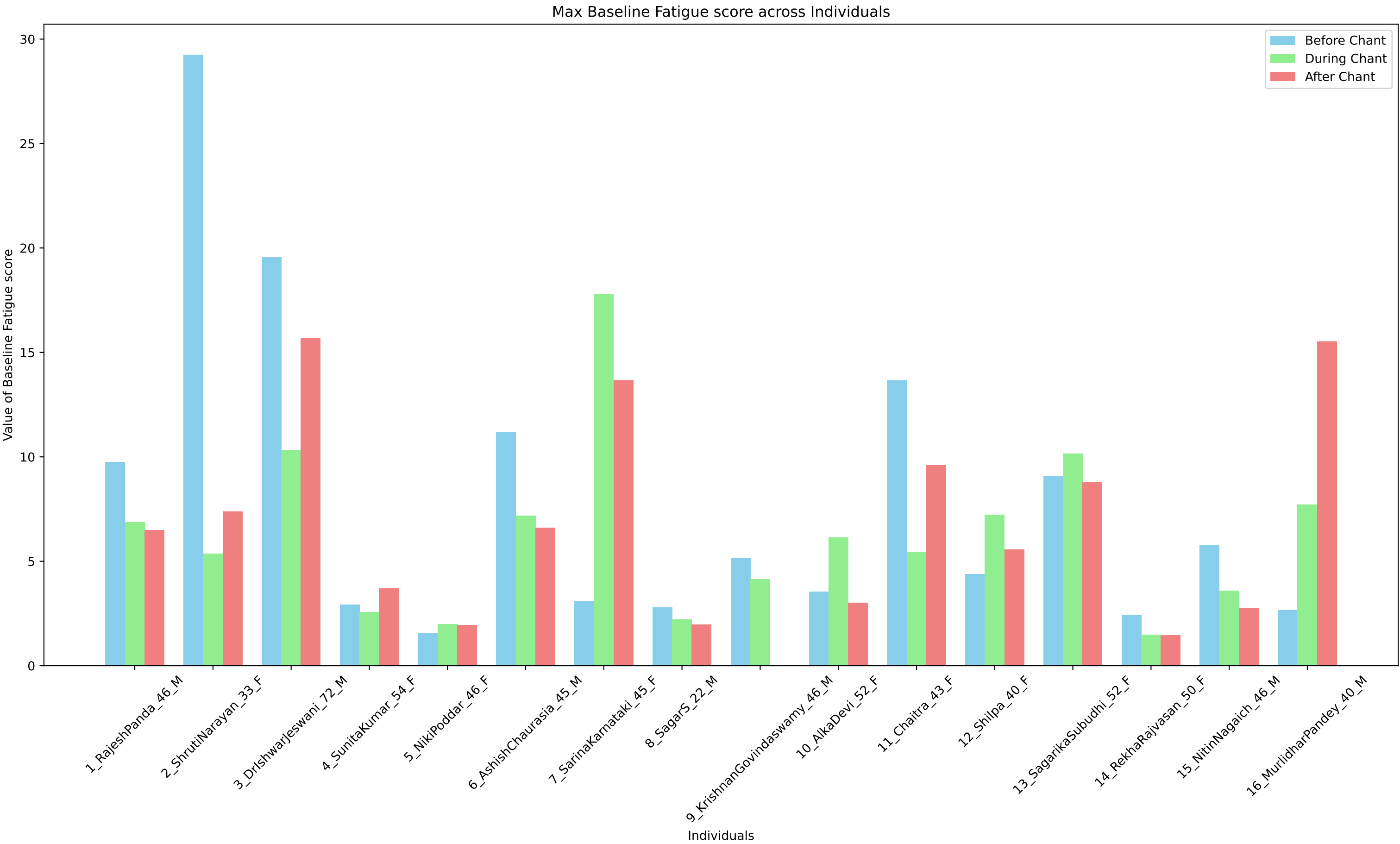
Statistics for Fatigue score:

	Before Chant	During Chant	After Chant
count	242.000000	336.000000	194.000000
mean	131.504955	3.751587	3.295272
std	1262.905079	3.409769	3.934288
min	0.000000	0.000000	0.000000
25%	0.000000	0.000000	0.000000
50%	0.859330	3.360699	2.283079
75%	3.207910	5.449657	5.046534
max	17336.807813	15.537176	15.629416

Max Fatigue score across Individuals
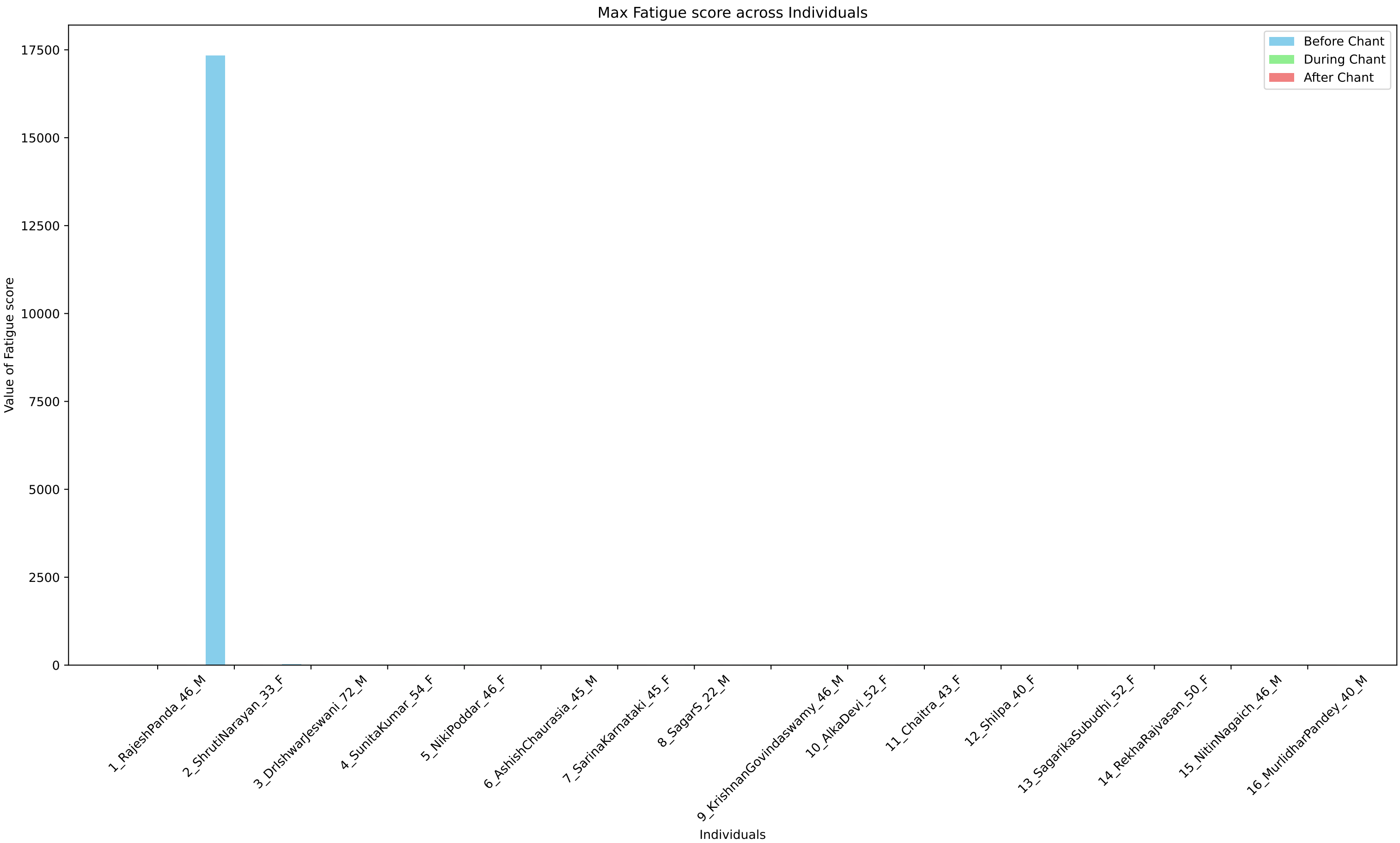
Statistics for Baseline Alpha Gravity:

	Before Chant	During Chant	After Chant
count	242.000000	336.000000	194.000000
mean	0.708023	1.010259	2.904970
std	1.105987	1.037036	6.721745
min	0.000000	0.000000	0.000000
25%	0.000000	0.000000	0.000000
50%	0.143085	0.771430	0.541172
75%	1.304991	1.561459	1.338365
max	5.434905	4.206281	29.958712

Max Baseline Alpha Gravity across Individuals
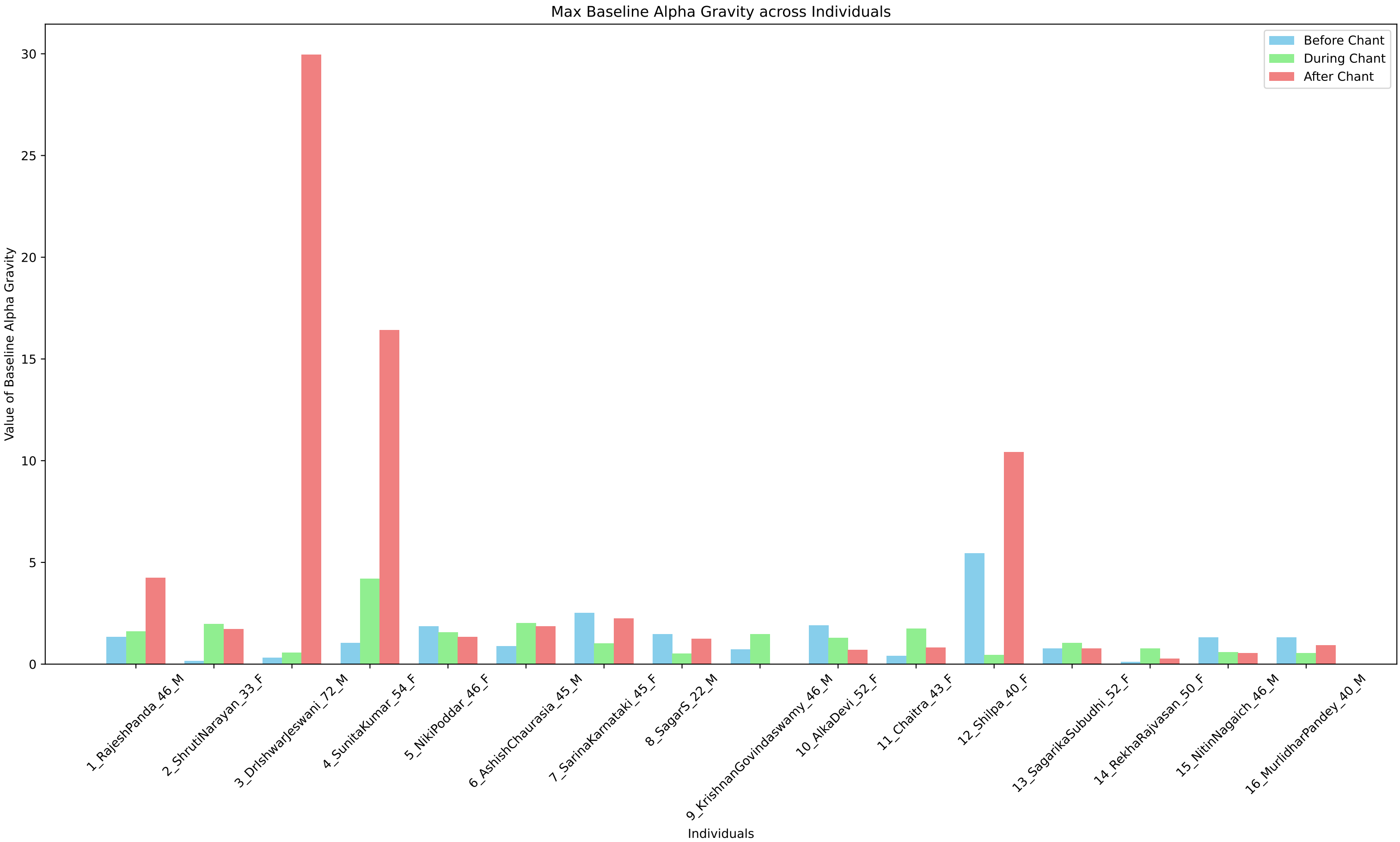
Statistics for Alpha Gravity:

	Before Chant	During Chant	After Chant
count	242.000000	336.000000	194.000000
mean	0.650540	0.898565	2.497081
std	1.706978	0.805468	6.120996
min	0.000000	0.000000	0.000000
25%	0.000000	0.000000	0.000000
50%	0.134935	0.727174	0.422053
75%	0.889374	1.527645	1.178369
max	23.252634	4.365087	39.293324

Max Alpha Gravity across Individuals
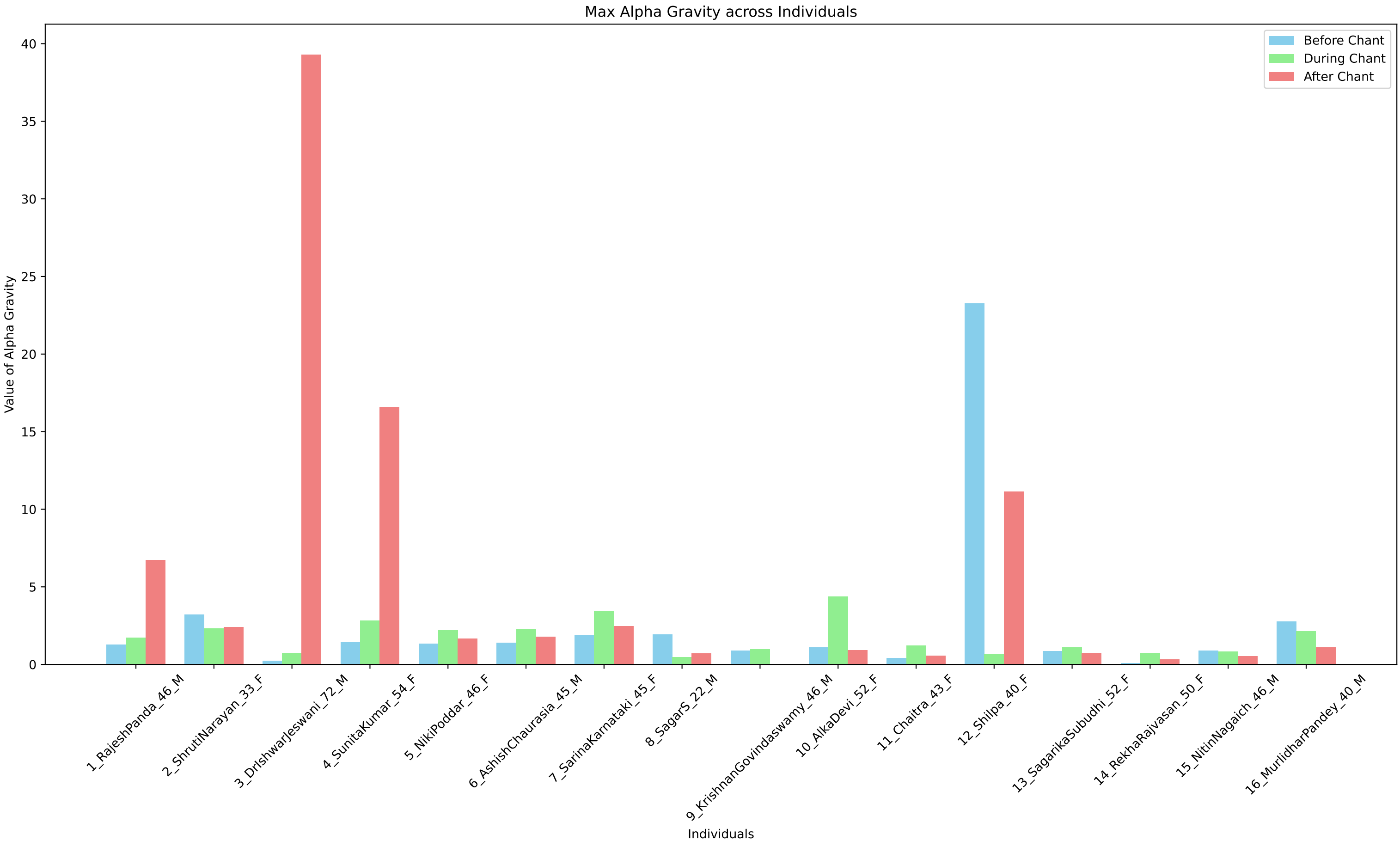
Statistics for Baseline Concentration index:

	Before Chant	During Chant	After Chant
count	242.000000	336.000000	194.000000
mean	0.629958	0.584415	0.569545
std	1.067518	0.554828	0.779431
min	0.000000	0.000000	0.000000
25%	0.000000	0.000000	0.000000
50%	0.208151	0.508997	0.295421
75%	0.834420	0.786671	0.796627
max	6.714382	1.807936	2.785440

Max Baseline Concentration index across Individuals
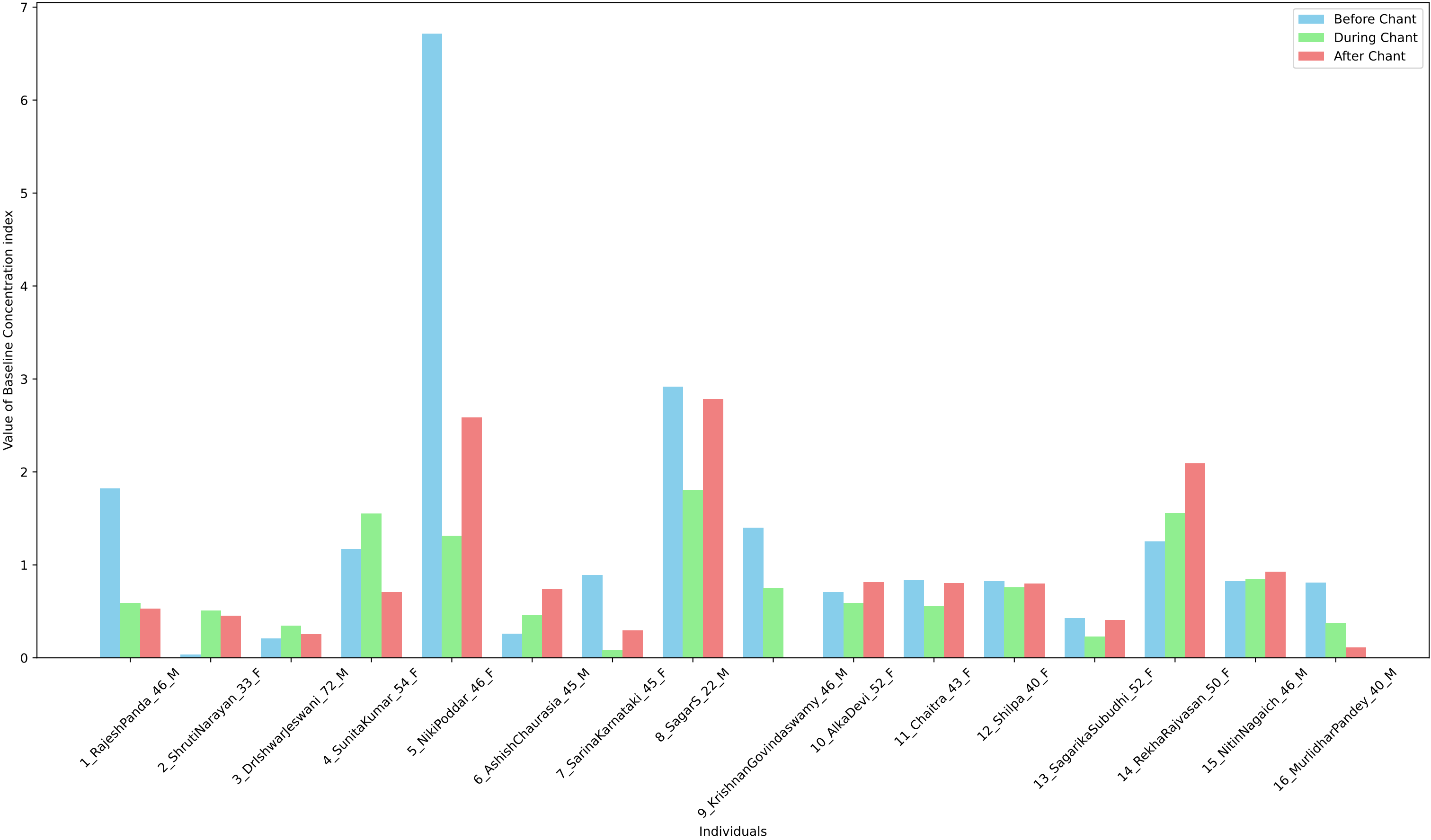
Statistics for Concentration index:

	Before Chant	During Chant	After Chant
count	242.000000	336.000000	194.000000
mean	0.560675	0.389630	0.391367
std	0.844234	0.389335	0.576515
min	0.000000	0.000000	0.000000
25%	0.000000	0.000000	0.000000
50%	0.246994	0.319203	0.250144
75%	0.824488	0.568499	0.608512
max	5.257327	1.806919	4.469898

Max Concentration index across Individuals
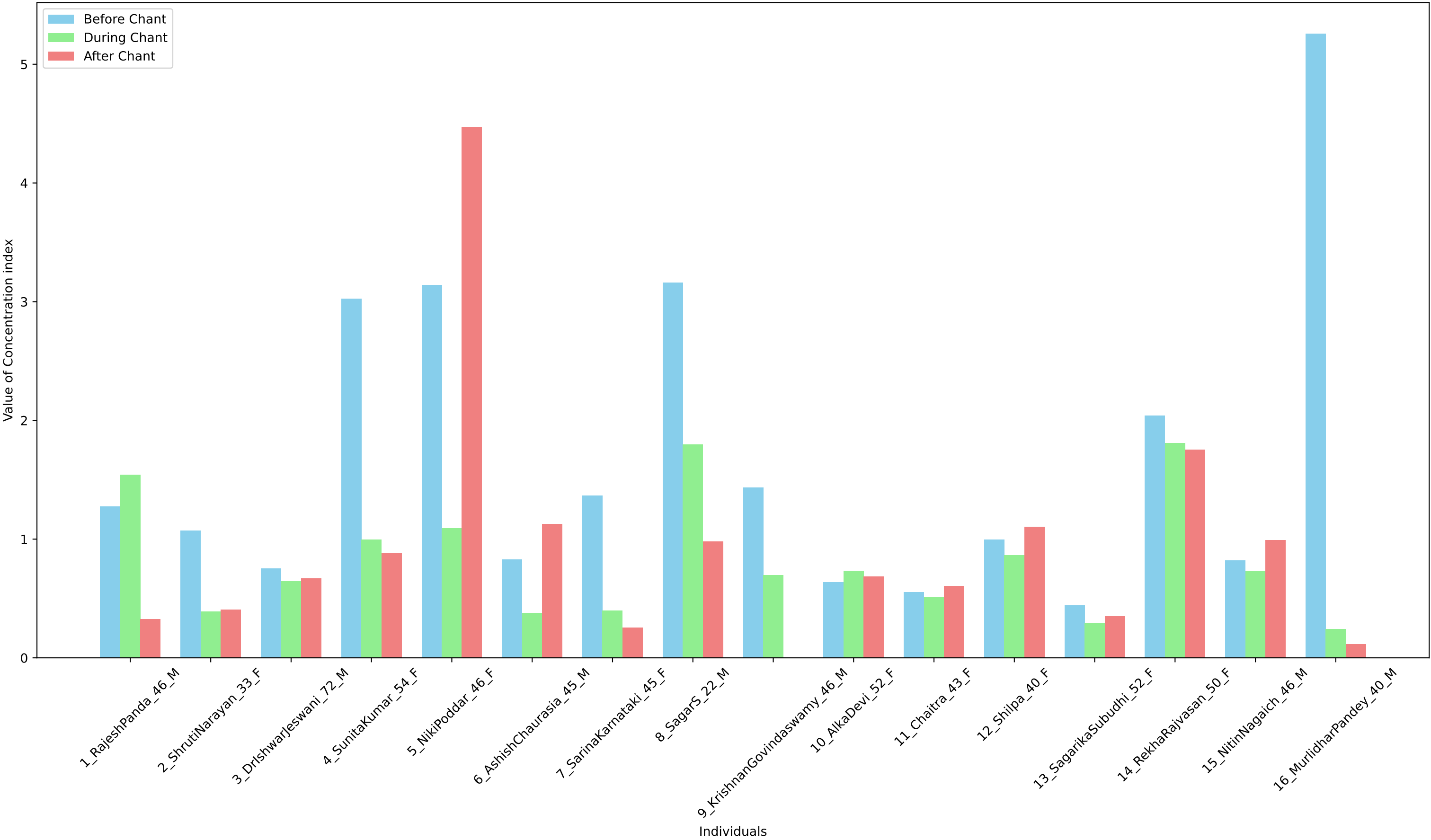
Statistics for Baseline Relaxation index:

	Before Chant	During Chant	After Chant
count	242.000000	336.000000	194.000000
mean	2.223890	2.773372	2.503410
std	5.303663	3.512386	3.758487
min	0.000000	0.000000	0.000000
25%	0.000000	0.000000	0.000000
50%	0.549890	1.669551	1.390875
75%	2.120126	3.571342	3.168781
max	29.002399	15.924937	15.222116

Max Baseline Relaxation index across Individuals
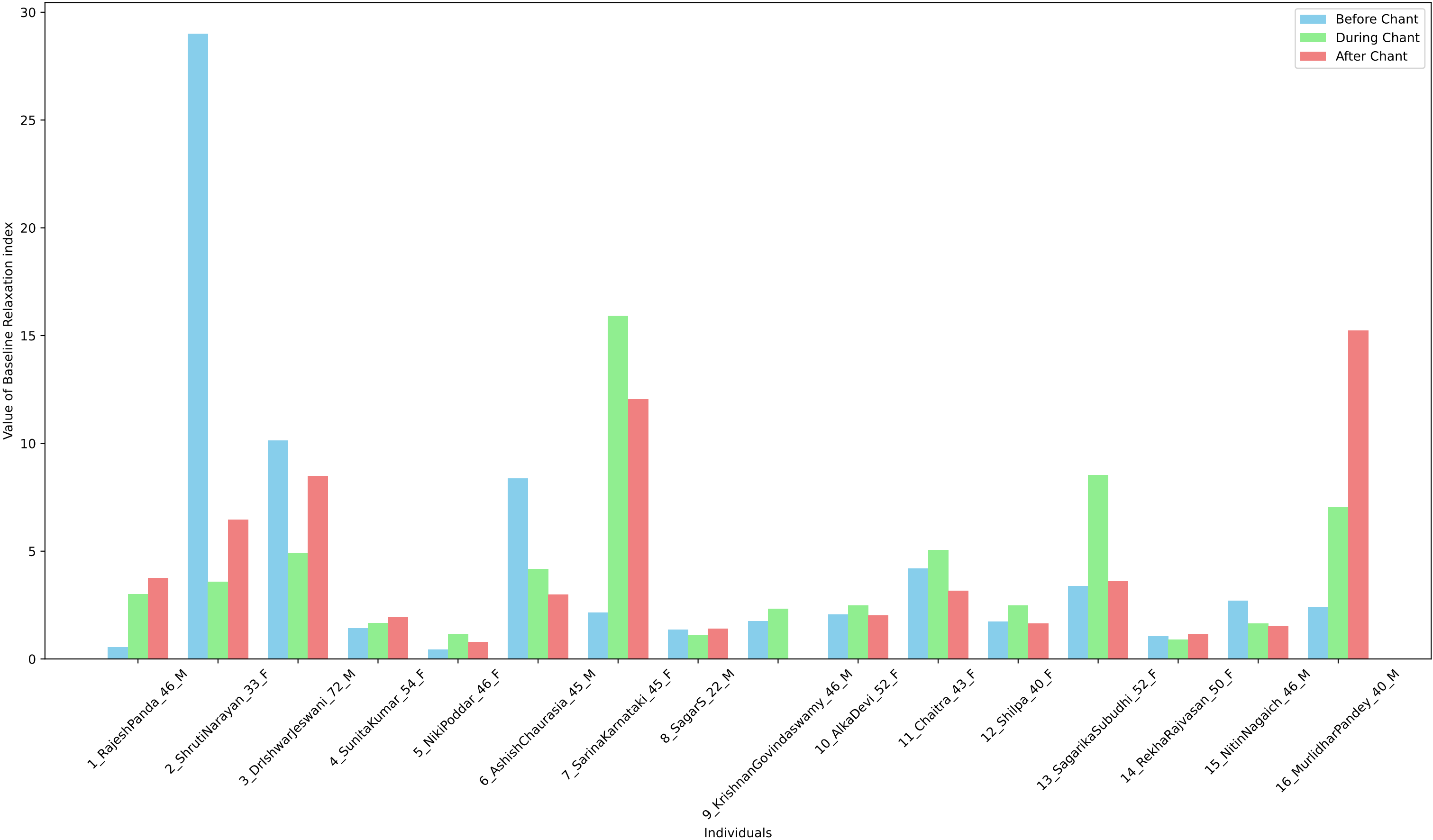
Statistics for Relaxation index:

	Before Chant	During Chant	After Chant
count	242.000000	336.000000	194.000000
mean	2.381147	2.553064	1.969857
std	9.892041	2.771618	2.712729
min	0.000000	0.000000	0.000000
25%	0.000000	0.000000	0.000000
50%	0.445844	1.863624	0.934009
75%	1.621461	3.736544	2.985887
max	113.637749	13.233902	12.530884

Max Relaxation index across Individuals
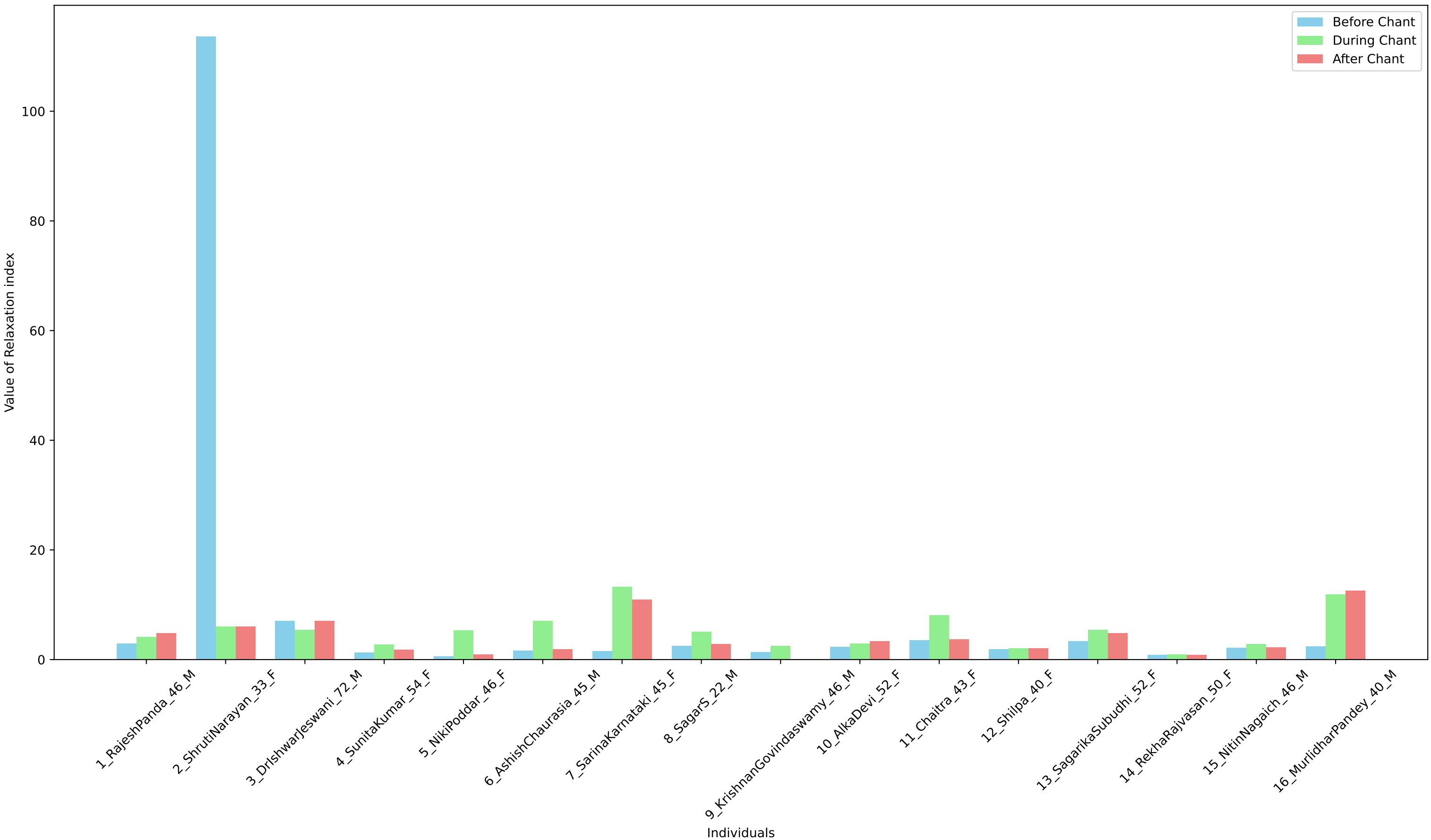
Statistics for Theta peak frequency:

	Before Chant	During Chant	After Chant
count	242.000000	336.000000	194.000000
mean	3.658075	4.374556	4.154471
std	2.235676	1.663213	1.974239
min	0.000000	0.000000	0.000000
25%	0.150036	4.587769	4.476290
50%	4.842435	4.900600	4.974892
75%	5.152733	5.176868	5.293926
max	6.466209	6.294402	6.189372

Max Theta peak frequency across Individuals
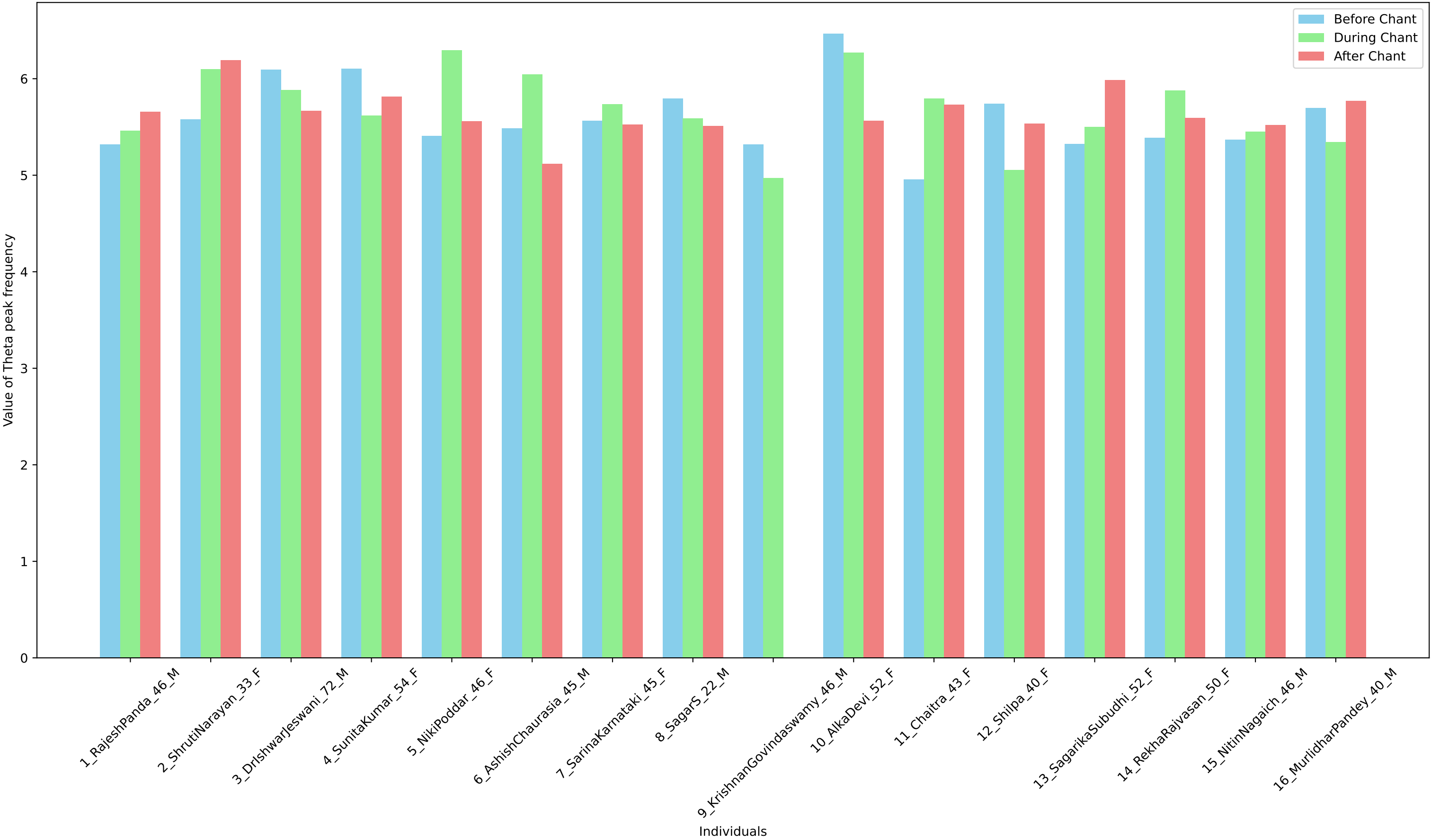
Statistics for Alpha peak frequency:

	Before Chant	During Chant	After Chant
count	242.000000	336.000000	194.000000
mean	6.026860	7.793896	7.103000
std	3.732415	3.048527	3.465148
min	0.000000	0.000000	0.000000
25%	0.271539	7.594431	7.101011
50%	7.550938	8.601785	8.062426
75%	8.582587	9.541385	9.423515
max	11.629287	11.514610	11.977126

Max Alpha peak frequency across Individuals
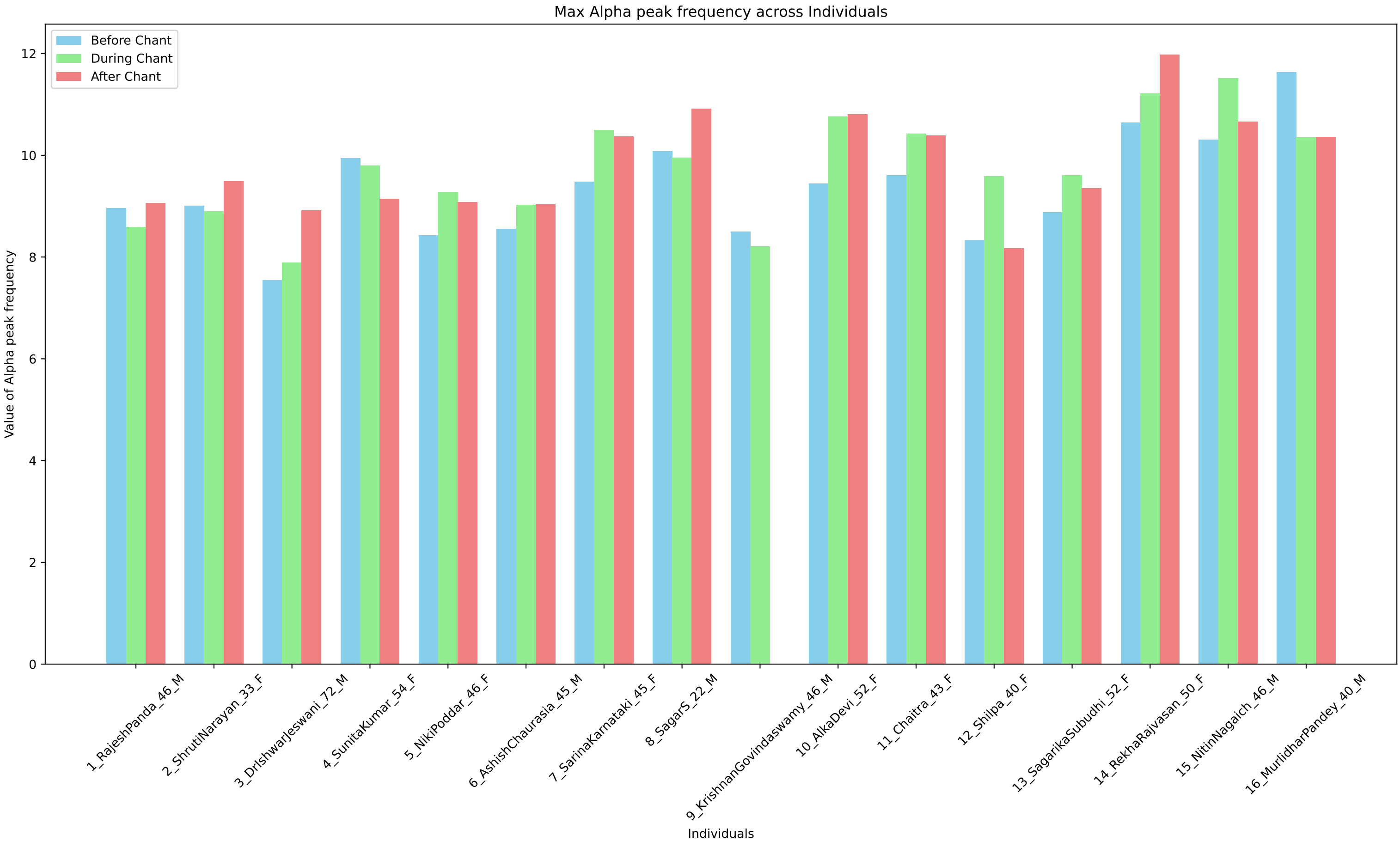
Statistics for Beta peak frequency:

	Before Chant	During Chant	After Chant
count	242.000000	336.000000	194.000000
mean	12.706238	15.145312	14.336154
std	7.821710	5.701655	6.876393
min	0.000000	0.000000	0.000000
25%	0.788237	15.844280	15.370041
50%	16.435954	16.756381	16.588946
75%	17.738460	18.027987	18.259240
max	23.817579	21.916888	24.099997

Max Beta peak frequency across Individuals
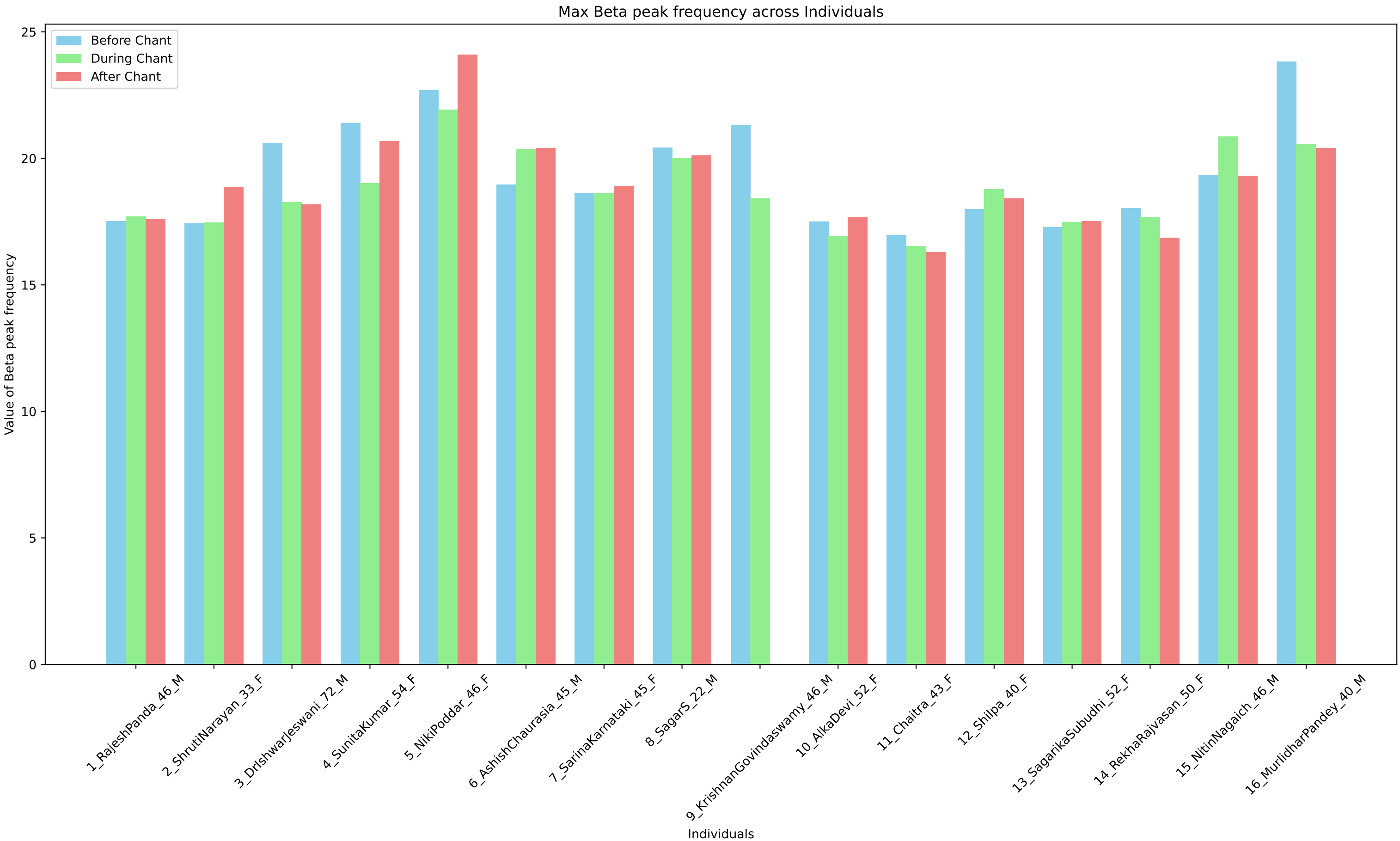
Statistics for Chill:

	Before Chant	During Chant	After Chant
count	136.000000	253.000000	125.000000
mean	46.132445	66.303961	56.205328
std	18.421590	16.456875	19.166030
min	3.227619	16.366082	20.663205
25%	34.537611	52.364497	42.610160
50%	45.858957	65.935385	50.622851
75%	57.180996	79.218613	71.065479
max	93.475621	97.677193	95.850656

Max Chill across Individuals
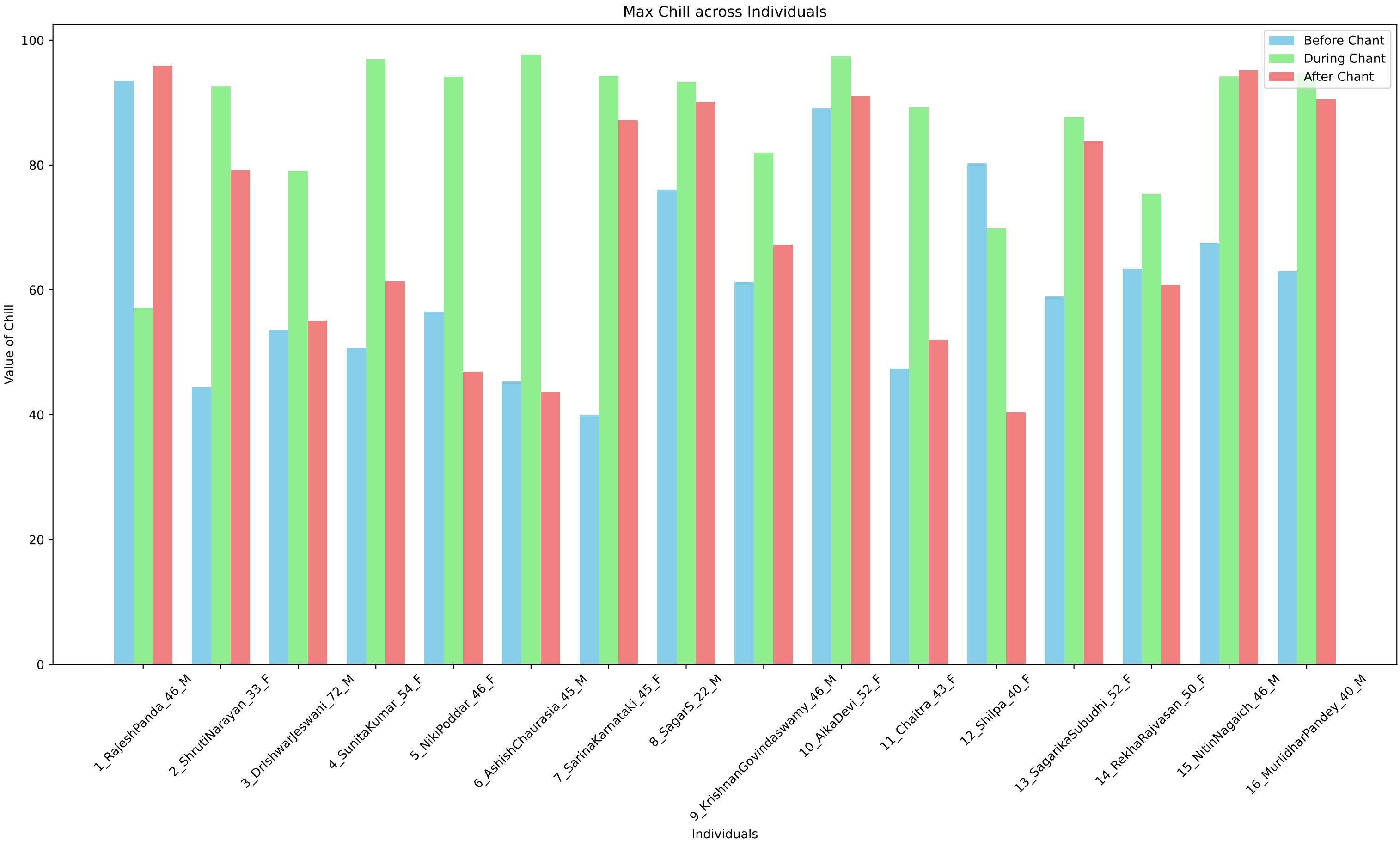
Statistics for Stress:

	Before Chant	During Chant	After Chant
count	136.000000	253.000000	125.000000
mean	51.279063	34.849934	45.501546
std	18.454142	16.053560	19.857996
min	3.019546	2.130805	3.766523
25%	40.712161	22.341565	30.379677
50%	53.572582	33.218662	46.098858
75%	62.696089	46.655828	59.275473
max	94.724699	93.633919	83.680188

Max Stress across Individuals
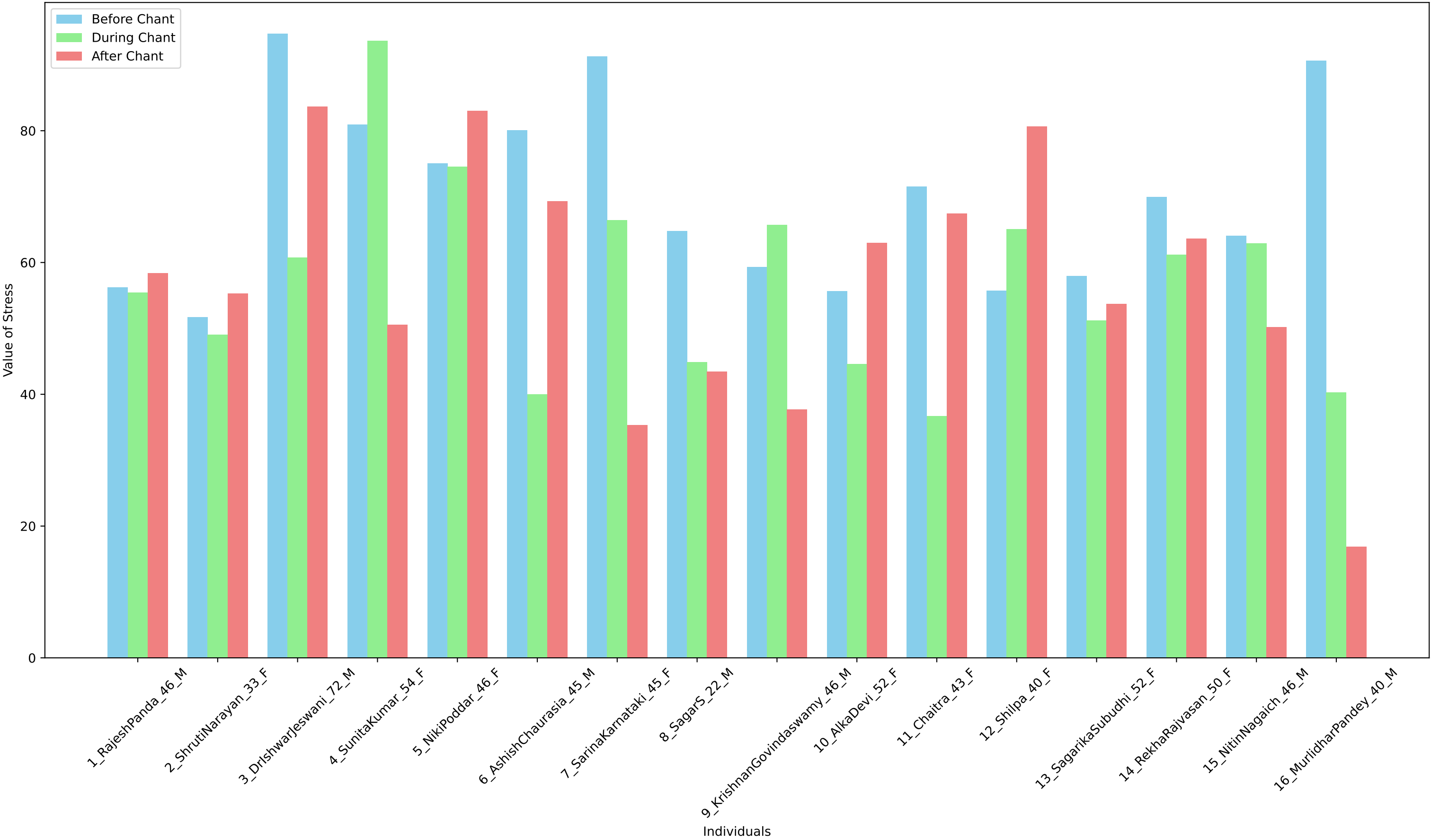
Statistics for Focus:

	Before Chant	During Chant	After Chant
count	136.000000	253.000000	125.000000
mean	51.696496	41.663471	46.736757
std	19.074890	20.521392	22.447643
min	7.012908	2.686942	6.333092
25%	39.542581	26.783556	30.623245
50%	50.691625	39.899692	45.628403
75%	63.307310	56.247078	61.013695
max	93.127893	92.029320	98.537728

Max Focus across Individuals
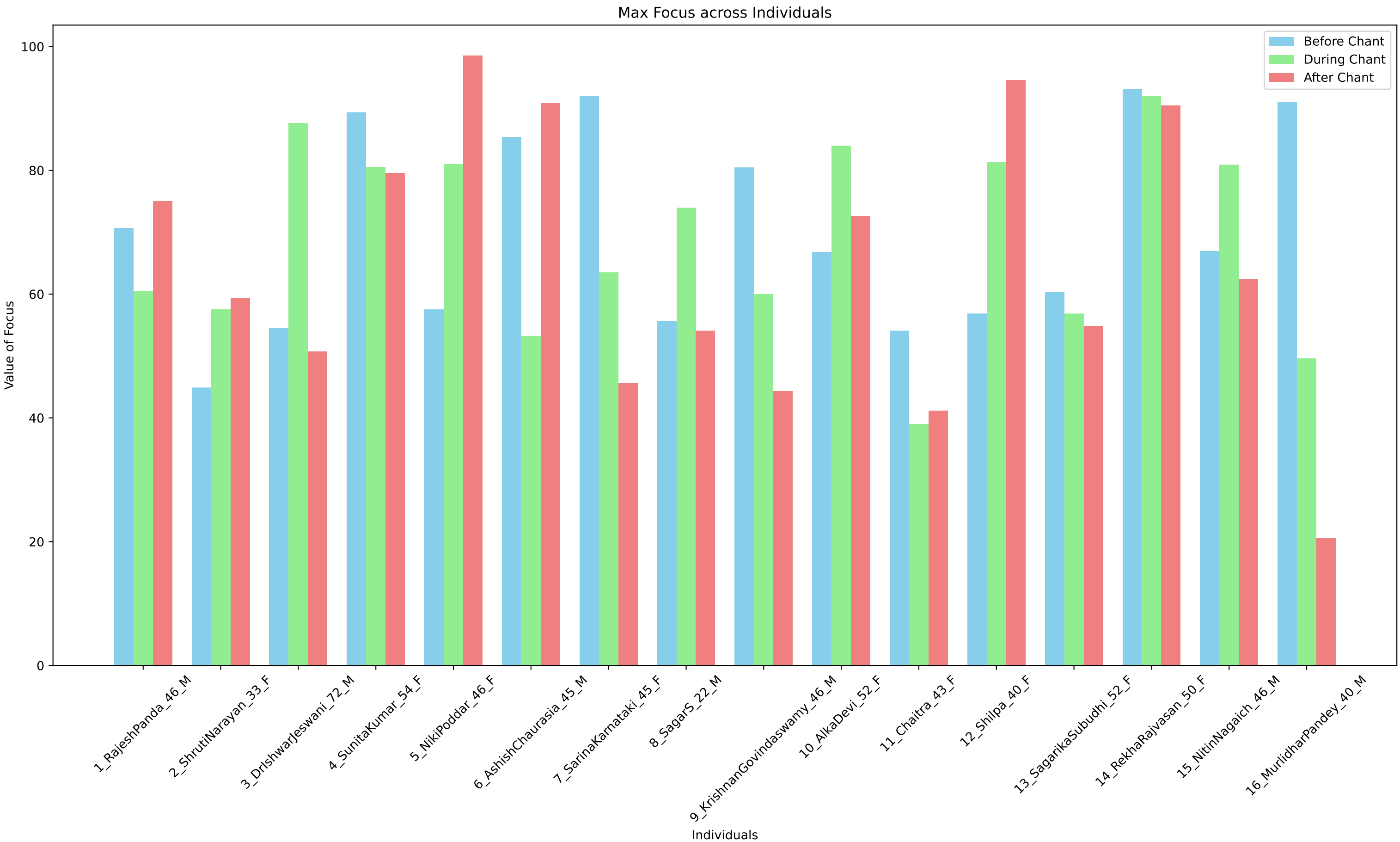
Statistics for Anger:

	Before Chant	During Chant	After Chant
count	136.000000	253.000000	125.000000
mean	48.915375	41.001529	43.137163
std	20.978398	15.655323	18.008514
min	6.501433	13.766655	7.696278
25%	34.003535	27.800049	28.775464
50%	48.190759	39.922180	41.165990
75%	62.871837	52.646343	55.080551
max	97.569615	85.436250	87.881216

Max Anger across Individuals
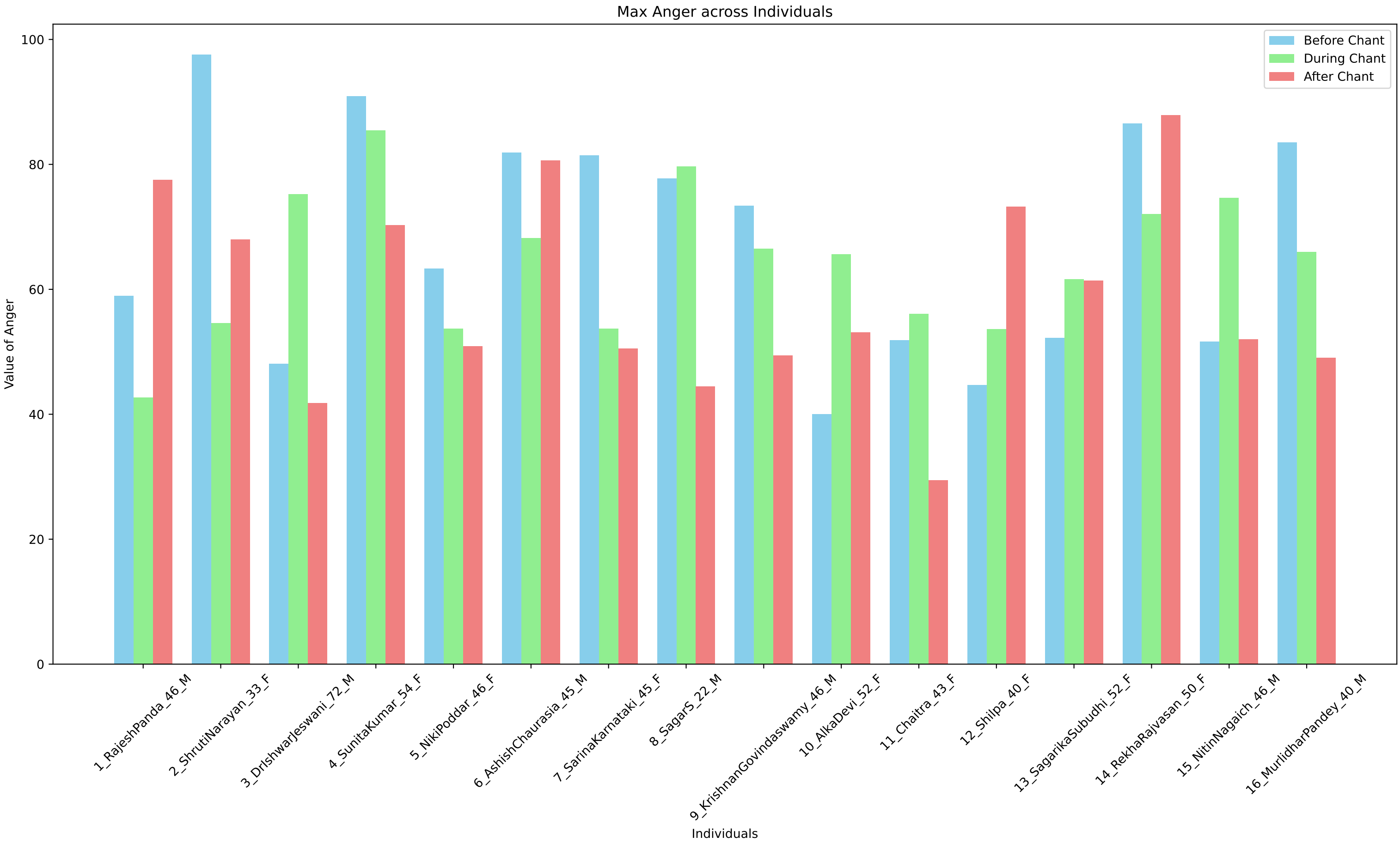
Statistics for Self-control:

	Before Chant	During Chant	After Chant
count	136.000000	253.000000	125.000000
mean	49.121029	65.164421	58.912607
std	20.783841	16.539209	19.017216
min	2.381758	21.310864	21.983285
25%	35.031291	52.140358	43.295834
50%	47.763248	66.298207	57.963270
75%	63.831797	78.150202	74.936498
max	93.922688	94.977206	95.322922

Max Self-control across Individuals