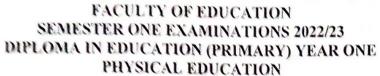
Uganda Wartyrs University





PAPER 1: HISTORY; ORGANISATION & ADMINSTRATION OF PHYSICAL EDUCATION & SPORT

DATE: 12/01/2023

3hrs

Time:9:30 am- 12:30 pm

Instructions:

- Read the instructions on the answer booklet carefully.
- · Attempt FOUR questions; choosing at least one question from each section
- Start each question on a fresh page in the answer booklet provided.
- Clearly indicate the section and question number you attempt.
- Write your essays clearly, using illustrations in pencil where applicable.
- Do not write on this question paper

SECTION A: THE HISTORY OF PHYSICAL EDUCATION AND SPORTS

- a) Physical Education played an important role in Ancient Greek culture and civilization.
 Differentiate between Physical Education in Athens and Sparta. (12 marks)
 - b) How is Physical Education in ancient Greece a model to Physical Education and Sports in Uganda today? (13 marks)
- a) How did the missionaries contribute to the development of Physical Education and Sports in Uganda? (13 marks)
 - b) Explain the roles of traditional physical activities and sports to the indigenous tribes in Uganda. (12 marks)
- 3. a) Identify challenges that are hindering the effective teaching of physical Education and Sports in Primary schools today.(13 marks)
 - b) What strategies can be employed to overcome the challenges you have identified in 3(a) above? (12 marks)

SECTION B: ORGANISATION OF PHYSICAL EDUCATION AND SPORTS

- 4. a) Define the term competition as used in games and sports.(3 marks)
 - b) Why is it necessary for a PE and sports teacher to organize a Physical Education and Sports competition in a school? (10 marks)
 - c) As a Games and Sports teacher, clearly outline the steps you would take to organize a sports day in your school. (12 marks)
- a) Differentiate between intramurals and extramurals. (5 marks)

- b) Explain the purpose of intramural sports programmes. (10 marks)
- C) Identify some of the roles of a games and Sports teacher during an intramural sport programme. (10 marks)
- 6. a) Clearly explain the types of tournaments below; (4 marks each)
 - The Round Robin
 - The knock out or elimination
 - iii) The challenge
 - b) Explain six advantages of the league tournament over elimination tournament. (13 marks)

SECTION C: ADMINISTRATION OF PHYSICAL EDUCATION AND SPORTS

- a) What are some of the qualities expected of a good Games and Sports administrator?(13 marks)
 - b) As a Games and Sports teacher, explain how you can maintain public relations with the community in which you teach. (12 marks)
- 8. a) How is proper planning important in Physical Education and Sports?(13 marks)
 - b) As a Games and Sports teacher, what are the likely problems you may face when you delegate your duties? (12 marks)

END