

**Uganda Martyrs University**  
**FACULTY OF EDUCATION**  
**BACHELOR OF EDUCATION (PRIMARY) YEAR TWO**  
**SEMESTER ONE EXAMINATIONS, 2022/23**  
**PHYSICAL EDUCATION AND SPORTS**

**PAPER TWO: TRADITIONAL GAMES**

**DATE: Wed 11/01/2023**

**3hrs**

**Time: 2.00-5.00PM**

**Instructions:**

- Do not write anything on this question paper.
- Attempt **FOUR** questions: Question one is compulsory. Attempt any other three questions.
- Correctness in spelling, standard and comprehensive academic writing, grammar and aptness of expression will be taken into account when assessing the answers.
- Illustrate appropriately.
- Begin each selected question on a new page in the answer booklet.
- Follow instructions on this question paper and answer booklet carefully.
- Each question carries a total of **25 marks**.

1. Describe the interpersonal skills which are developed through participating in the traditional games. (25 marks)
2. Choose one traditional game and describe how it is played putting into consideration the area of play, objectives and rules. (25 marks)
3. To what extent are the objectives of traditional games achieved in the school where you teach? (25 marks)
4. Children and adults are advised to actively participate in the different traditional games as they develop various components of fitness. Explain the health and skill related components of fitness developed. (25 marks)
5. Every community has got various traditional games in which its people participate in. Examine the benefits gained by participants in those traditional games no matter the age group. (25 marks)
- 6 a. Safety is a major aspect in which participants in the traditional games may need to observe to create fun and interest. Explain the safety measures required to be considered as someone plans to engage in games of low organization. (17 marks)  
b. Elucidate any four values of traditional games in different societies. (8 marks)
7. Many traditional games in our societies have been lost and those that still exist are threatened with extinction hence they ought to be preserved.  
a. Discuss why traditional games should be preserved. (15 marks)  
b. Suggest the measure that should be undertaken to preserve traditional games in our society. (10 marks)

END