

UGANDA MARTYRS UNIVERSITY
SCHOOL OF ARTS AND SOCIAL SCIENCES
DEPARTMENT OF DEVELOPMENT STUDIES
BACHELOR OF COMMUNITY MENTAL HEALTH AND PSYCHOLOGY
YEAR I: 2023/2024

End of Semester I Examination

BCMHP 1108: MULTI-CULTURAL ISSUES IN COUNSELLING - NKOZI

DATE: TUESDAY 12TH DECEMBER, 2023

TIME: 2.00 PM - 5.00 PM

INSTRUCTIONS:

1. Choose any four Questions of your own choice.

Question 1

Socialization is a key concept in Multicultural Counselling. Discuss what socialization is and show the pertinent features of this cultural concept (25 marks)

Question 2

Culture is an important phenomenon as regards to humanity and the helping professions. As a Multicultural counsellor, you need to clearly articulate various concepts before you embark on the helping relationship. In view of that, elaborately explain the following concepts and show their relevance in multicultural counselling. (5 marks each)

- a. Culture
- b. Acculturation
- c. Enculturation
- d. Monoculture
- e. Cross-cultural

Question 3

Differentiate between the internal and external factors that affect the ways in which a person experiences the world (perception) in multicultural counselling (25 Marks)

Question 4

- a. Discuss the three major multicultural competences that will make you successful as a community psychologist (15 Marks)
- b. Explain the types of socialization (10 Marks)

Question 5

- a. Discuss the characteristics of culture and show its relevance in multicultural counselling (5 Marks)
- b. Explain the various agencies of socialization (20 Marks)

Question 6

In your profession as a community psychologist, you may have to assist Refugee populations or the internally displaced. Many of these may be experiencing Culture Shock. Describe what it is, show the three dimensions of cultural shock that might be manifested including the phases these populations might go through. (25 Marks)

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