

**UGANDA MARTYRS UNIVERSITY
RUBAGA BRANCH**

SCHOOL OF ARTS AND SOCIAL SCIENCES

**UNIVERSITY EXAMINATIONS
SEMESTER II 2018/2019**

**THIRD YEAR EXAMINATIONS FOR BACHELOR OF SOCIAL DEVELOPMENT AND
COUNSELLING-DAY-COUNSELLING SPECIALIZATION**

BSDC 3208 OCCUPATIONAL, CAREER GUIDANCE & COUNSELLING

**DATE: WEDNESDAY 12TH DECEMBER 2018
TIME: 9:30AM-12:30PM**

INSTRUCTIONS:

Attempt only four Questions choosing two questions from each section.
All Questions carry equal marks.
Do not write anything on the question paper.
Begin each answer on a fresh page.
For more information, refer to the answer booklet.

DO NOT WRITE ON THIS QUESTION PAPER

SECTION A

- 1a). De fine a "Theory" (3marks)
 - b). Define career development. (6marks)
 - c). What are the assumptions of trait-factor theory? (16marks)
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- 2a). Establish the emotional difficulties that people encounter in their mid-life. (6marks)
 - b). What are the causes of career change in midlife? (12marks)
 - c). Explain the effective strategies for career change. (7marks)
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- 3a). Explain the concept 'BEND' as declared by the 1987 Uganda National Education Policy Review Commission. (5marks)
 - b). What prevented BEND from becoming effective? (20marks)
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- 4a) According to Holland (1985), career choice is an expression of personality into the world of work. How does Holland fulfill this statement? (12marks)
 - b) What is the relevance of studying 'Organisational, career guidance and Counseling' course under social development and counseling programme. (13marks)

SECTION B

- 5. "Uganda's job scarcity is associated to its education development/history" Discuss the validity of this statement. (25marks)
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- 6. Identify Donald Super's (1954) development stages and give your professional advice about each of the stages identified. (25 marks)
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- 7a). What is a Career barrier? (4 marks)
 - b). Identify the different types of Career barriers. (5marks)
 - c) Explain with examples how the above types of career barriers can affect an employee. (16marks)
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- 8a). Using relevant examples, discuss the two approaches of coping with career barriers. (11marks)
 - b). As a community Counselor, discuss how you would help members of your community to search for jobs. (14marks)

END