

UGANDA MARTYRS UNIVERSITY  
SCHOOL OF ARTS AND SOCIAL SCIENCES  
DEPARTMENT OF DEVELOPMENT STUDIES  
BACHELOR OF SOCIAL WORK AND SOCIAL ADMINISTRATION  
YEAR III: 2022/2023 (NKOZI/RUBAGA)  
End of Semester II Examination  
SWSA 3232: SOCIAL WORK AND MENTAL HEALTH

Date: TUESDAY, 23<sup>rd</sup> MAY 2023  
Time: 9:30am-12:30pm

**INSTRUCTIONS:**

Answer **FOUR** Questions, Question one is **COMPULSARY**.

Write clearly and legibly.

Indicate questions answered on the Answer Sheet in the column of Questions.

**Question 1: Compulsory (40 marks)**

Kim is a combined honors psychology student with borderline personality disorder and attention deficit hyperactivity disorder. Kim's experience of borderline personality disorder impacted on her decision to study psychology, as she would like to specialize in personality disorders, and feels that her life experiences would assist her in helping others.

Her condition has impacted on her degree studies in many ways. Stress, such as that associated with studying, makes dealing with her impairment more difficult: "I struggle more with my illness when under stress". This then can impact on her studying. Her treatment itself can cause study problems; when she goes through challenging periods of psychotherapy, she is often too distressed to focus on her academic work.

Kim finds it hard to concentrate during long sessions of teaching; she finds "concentrating for three and a half hours with only a fifteen minute break" particularly problematic. Coping with two subjects at once is also challenging.

Kim has found group work particularly stressful. If the group has to have a discussion, due to her Acute Deficit/Hyperactivity Disorder (ADHD) and personality impairment she goes blank and finds it difficult to concentrate, and tends to get upset. She feels very self-conscious about not working, and about juggling a family, and at times feels like she has nothing to contribute. Having spent many years in psychiatric hospitals she also worries about people asking her about her past. However, she feels that now she is accepted and has made many new friends.

In relation to assessment, Kim is allowed to sit exams in a quiet room on her own. However, she still feels extremely anxious and distressed when examinations approach. She has found that this has had an impact on her results, in that she tends to do better for her coursework than on exam assessment. She obtained an A for one of her essays, on a topic related to her mental health experiences, which has given her confidence in herself. She now feels that she is been able to separate off her emotional experience when required to write such academic essays.

Kim has found it very helpful when lecturers and tutors have accommodated her by emailing her slides, allowing her to tape lectures or to leave the room briefly if she feels distressed, making sure she understands what she needs to do, reassuring her about her work, and giving her extensions.

Overall, Kim gains great joy from studying at degree level, as her illness has prevented her from gaining qualifications in the past.

- a. As a student of social work and mental health, Identify and discuss Kim's stress factors
- b. What therapeutic approaches/mechanisms can be employed to enable Kim overcome the stress challenges and attain his career?

#### Question

- 2a) Explain the term Psychopathology as used in Mental Health? (05 marks)
- b) With the aid examples, explain the differences between Normal and Abnormal behaviours as used in mental health? (15 marks)

#### Question

3. Write short notes on the following models/approaches in managing abnormal behaviors.
  - a. Psychological approach(05 marks)
  - b. Behavioral model(05 marks)
  - c. Cognitive approaches(05 marks)
  - d. Humanistic model(05 marks)



quiet  
and

**Question**

- 4 a) Identify and discuss any five categories of personality disorders? (12 marks)  
b) How can these personality disorders managed? (08 marks)

**Question**

- 5 Write short notes on the following mental disorders  
a. Schizophrenia (05 marks)  
b. Bipolar affective disorders (05 marks)  
c. mood and suicide (05 marks)  
d. Depression (05 marks)

**Question**

- 6 a) Identify the different forms of sexual disorders (10 marks)  
b) Discuss the associated factor that lead to sex related disorders (05 Marks)  
c) What roles do social workers play in overcoming the sex related disorder challenges faced by clients? (05 marks)

Success-Mafanikio (Kiswahili)!!!