UGANDA MARTYS UNIVERSITY

DEPARTMENT OF DEVELOPMENT STUDIES

BACHELOR OF COMMUNITY MENTAL HEALTH PSYCHOLOGY

MODULE BCP 2106: REHABILITATION OF SUBSTANCE ABUSERS AND ADDICTS

END OF SEMESTER I EXAMINATIONS

YEAR II: 2023/2024

DATE: FRIDAY 15TH DECEMBER,2023

TIME:9:30-12:30PM

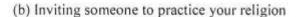
INSTRUCTIONS;

ANSWER ALL THE OBJECTIVES AND ANY 3 QUESTIONS FROM SECTION B.

SECTION A

Choose the correct option below; Each question carries 1 mark

- 1. Addiction is
- (a) Chronic condition that involves compulsive taking of a substance or performing an activity.
- (b) Chronic condition that involves compulsive taking of a substance.
- (c) Chronic condition that involves compulsive performing of an activity.
- (d) None of the above.
- 2. Substance abuse is
- (a) Using an unprescribed drug
- (b) Use of illegal drug or substance
- (c) Using drugs in amounts that are harmful to the individual
- (d) Buying drugs from the pharmacy
- 3. Sexual abuse is
- (a) Sexual behavior forced upon any human being without consent
- (b) Sexual intercourse forced upon any human being without consent
- (c) kissing someone without consent
- (d) Sexual abuse is a violent sexual activity
- 4. Spiritual abuse means
- (a) Using spiritual beliefs to hurt, scare or control someone



- (c) Joining your family to spiritual worship
- (d) All of the above
- 5. Environmental influences of substance abuse includes
- (a) Family history
- (b) Social pressure
- (c) Media
- (d) All of the above
- 6. Roots/psychological effects of abuses includes
- (a) Stroke
- (b) HIV/AIDS
- (C) Loneliness
- (d) Opioids
- 7. One sign of substance addiction is
- (a) Poor judgment
- (b) Stimulants
- (c) Guilt
- (d) anxiety
- 8. The three common classes of abused drugs are
- (a) Opioids, depressants and stimulants
- (b) Opioids, narcotics and pain relievers
- (c) Depressants, tranquillizers and sedatives
- (d) Stimulants, Ritalin and coffee
- 9. Personal complications of addiction does not include
- (a) Finances
- (b) Crime
- (c) Reduced productivity
- (d) Guilt
- 10. Addiction risk factors include

- (a) Parental substance use
- (b) Low academic achievement
- (c) Abusive history
- (d) All of the above

SECTION B

ANSWER ANY THREE QUESTIONS, *EACH QUESTION CARRIES 30 MARKS

- 1. Define the following concepts;
- Addiction
- (6 Marks)
- ii. Addict
- (6 Marks)
- Iii Substance Abuse
- (6 Marks)

- iv Substance Abuser (6 marks)
- Mention the difference between substance abuse and addiction (6 marks)
- 2. List and Briefly discuss at least five healing roots of addiction. (30 Marks and each point carries (6 marks)
- 3. List and Explain five possible complications of addiction. (30 Marks and each point carries (6 marks)
- 4. (a) What is diagnosing addiction? (15 marks)
 - (b) Totally describe the diagnostic process (15 marks)
- 5. List and explain the 12 step program recovery processes from addiction (2 and half marks each)
- 6. Write short notes on the following treatment programs for addiction;
- (a) Detoxification (6marks)
- (b) Counselling and behavioral therapy (6marks)
- (c) Rehabilitation programs (6marks)
- (d) Self- help groups (6marks)
- (e) Medications (6 marks)