

**UGANDA MARTYRS UNIVERSITY**  
**SCHOOL OF ARTS AND SOCIAL SCIENCES**  
**DEPARTMENT OF DEVELOPMENT STUDIES**  
**BSW, BCMHP & BA PAM**

**YEAR I: 2023/2024**

**END OF SEMESTER I EXAMINATION**

**3104: INTRODUCTION TO PSYCHOLOGY / PRINCIPLES OF PSYCHOLOGY /**  
**BCMHP1104: FUNDAMENTALS OF PSYCHOLOGY**

**NKOZI AND RUBAGA CAMPUSES**

**DATE:** Friday 8<sup>th</sup> December, 2023

**TIME:** 9:30am-12:30pm

**INSTRUCTIONS:**

- ✓ Answer all Questions in section A and any two questions from section B.
- ✓ Section A carries 60marks and B carries 40 marks
- For Section A, respond by putting a Tick (✓) or circle your appropriate answer on the question paper. For Section B, use a separate answer booklet provided.
- ✓ Questions under section A carry two marks each and questions section B carry twenty marks each.
- ✓ For more information, refer to the back of the answer booklet.

**SECTION A (60 marks)**

1. The idea that the mind of a child is a tabula rasa' belongs to .....
  - a) Idealism
  - b) Rationalism
  - c) Empiricism
  - d) Authority
  - e) Scientific source
2. The following conditions will not affect foetal development except.....
  - a). When mother is Rh+ and foetus is Rh+
  - b) When mother is Rh+ and foetus is Rh-

- c) When mother is Rh- and foetus is Rh-
- d) both b) and c) above

3. Prenatal development follows the following trend in development;

- a) Germinal stage, Foetal stage and Embryonic stage.
- b) Germinal stage, Zygotic stage and Embryonic stage
- c) Germinal stage, Embryonic stage and Foetal stage
- d). Embryonic stage, Zygotic stage and Foetal stage

4. One of the following is not Sigmund Freud's contribution;

- a). Structure of personality
- b). Psychosexual development
- c). Psychosocial development
- d). None of the above

5. The following personalities are a development from oral stage fixation except;

- a). Oral aggression
- b). Chain smoking
- c). Alcoholism
- d). messiness

6. Which of the following theories tend to explain the human behaviour as a learned phenomenon?

- a) Psychodynamic theory    b) Cognitive theory    c) Behavioural theory    d) Biological theory

7. The worlds' first psychological laboratory was set up for the study of

- a) Behaviour
- b) Attitudes
- c) Conscious states
- d) Animals' behaviour
- e) None of the above

8. The definition of Psychology has so far gone through the following revolutions;

- a) The study of the mind, behaviour, soul, conscious states
- b) The study of the soul, conscious states, mind, behaviour
- c) The study of the mind, behaviour, soul, conscious states
- d) The study of the soul, mind, conscious states, behaviour
- e) Structuralism, Functionalism, Behaviourism, Gestalts, psychoanalysis,

9. Archimede's legendary cry of Eureka, Eureka, Eureka, ... can best be affiliated to the school of;
- a). Structuralism      b). Behaviourism      c). Gestalts      d). Humanistic  
e). Cognitive
10. The twenty-third pair of chromosomes is responsible for;
- a) Determination of an individual's sex and other sex-linked characteristics.  
b) Determination of dominant genes  
c) Determination of eye colour  
d) Prevention of chromosomal abnormalities  
e) a) and b) above
11. The best way to define psychology in this century is .....
- a). Psychology is the study of mind and behaviour.  
b). Psychology is the scientific study of mind and behaviour  
c). Psychology is the study of mind  
d). Psychology is the scientific study of human behaviour
12. Which of the following psychological theories emphasizes the role of past experiences in one's behaviour?
- a). Social-cultural theory      b). Psychoanalytic theory      c). Behavioural theory  
d). Cognitive theory
13. Catherine's mother changed the dim light in her room where she usually does her study from because it was too dim for reading. This is an example of .....
- a). Positive reinforcement      b). Negative reinforcement      c). a and b      d). None of the above
14. Fixation is a term advocated by;
- a) Erick Erickson  
b) Ivan Pavlov  
c) Sigmund Freud  
d) a) and c) above
15. Which of the following parts of the mind Freud believed to be the smallest part of the human mind? .....
- a) The subconscious      b) The conscious      c) The unconscious      d) The superego
16. The Psychosexual theory of development is to ..... as psychosocial theory is to .....

- a). Sigmund Freud, Eric Erickson    b) Eric Erickson, Sigmund Freud    c) Eric Erickson, Jean Piaget  
d) Sigmund Freud, Jean Piaget

17. Which of the following is true about theories?

- a) Theories are facts    b) Assumptions that are not 100% true    c) Theories help us understand behaviour  
d) b and c

18. Which of the following systems of personality uses defence mechanisms to manage human behaviour?

- a) The ID    b) The Ego    c) Superego    d) Both b and c

19. James's father has two children; Jacent and Paul. He decided to always come with popcorns in his laptop bag, which they both loved so much. Every time he came he opened his laptop bag and gave them popcorns. He noticed that after some time, they started running to help him with the bag although sometimes there were no popcorns.

In this case, popcorns can be considered as ..... and the bag as .....

- a) the conditioned stimulus, unconditioned response  
b) the unconditioned stimulus, conditioned stimulus  
c) the conditioned response, unconditioned response  
d) the unconditioned response, conditioned stimulus

20. Which of the following is true about theories?

- a) Theories are facts    b) Assumptions that, are not 100% true    c) Theories help us understand behaviour  
d) b and c

21. The following do not match except ...

- a) Sigmund Freud, Eric Erickson, Ivan Pavlov, B.F Skinner,  
b). Abraham Maslow, Carl Rogers, Sigmund Freud  
c). Ivan Pavlov, B.F Skinner, J.B Watson, Thondike  
d) All the above

22. The form of psychotherapy that stresses "the whole being greater than the sum total of the parts" is -----

- a). Cognitive behaviour therapy  
b). psychoanalysis  
c). Gestalt theory  
d). Liberation psychology

23. The only stage of Freud's psychosexual stage that is not sexual is .....

- a) Oral stage

- b) Anal stage
- c) Latency stage
- d) None of these

24. Thanatos is .....

- a) Life energy
- b) Libido
- c) Death instinct
- d) The will to live

25. If your client is complaining that her adolescent daughter is 'misbehaving', you might advise her to,

- a) be more friendly and let her do whatever she wants
- b) be strict with her and enforce the rules so as to discipline her
- c) take her for counselling to instil discipline in her
- d) offer her guidance and freedom to meet her growth needs

26. The most critical stage of prenatal development when the organs are forming and the organism is most vulnerable is called .....

- a) Embryonic period
- b) Fetal period
- c) Oceanic period
- d) Germinal period

27. A child who is 7 years of age fits in the .....stage of cognitive development.

- a) Concrete operational
- b) pre operational
- c) formal operational
- d) sensorimotor

28. Piaget talks of children before 7 years as being high egocentric to mean that .....

- a). they have developed an ego as one of the personality structure
- b). they are yet to develop part of the ego self.
- c). they are self centered and find difficulty to take other people's point of view
- d). they are unable to see the difference between people

29. Once a neutral stimulus becomes a conditioned stimulus, it .....

- a). can elicit a conditioned response.
- b). can elicit an unconditioned response.
- c). elicits a voluntary response

d). elicits none of the above

30. According to Piaget, during the concrete operations stage, the child.....

- a). thinks egocentrically
- b). Grasps conservation
- c). can reason abstractly
- d). develops object permanence

#### **SECTION B (40marks)**

1a) What is Rationalism according to epistemology? (4marks)

b). Using good examples, explain how you can rationally establish knowledge/truth using;

- i). deductive reasoning(8marks)
- ii). inductive reasoning. (8marks)

2. Using relevant examples, discuss the principles of growth and development. (20marks)

3a). Which criteria is used to refer to a subject as Scientific? (8marks)

b). Using relevant examples, discuss Psychology as a scientific subject. (12marks)

4. The study of Psychology is just theoretical and has no practical value and application in real life situations. Discuss the validity of the above statement. (20 marks)

5a). In reference to the theories of personality exposed to you, identify your personality type. (5marks)

b). Using your specific behaviour examples, justify your personality type identified in a) above. (15 marks)

6a). What insights do you derive from the study of memory? (8marks)

b). How do you intend to use the acquired knowledge about memory if your life? (12marks)

**END**