

Uganda Martyrs University  
FACULTY OF EDUCATION  
END OF SEMESTER ONE EXAMINATIONS 2023/24  
POST GRADUATE DIPLOMA IN EDUCATION  
PGDE 1101 INTRODUCTION TO PSYCHOLOGY



Date:

Time:

**Instructions:**

- Follow the instructions on page two of the answer booklets carefully.
- For each number write clearly the necessary steps.
- Attempt only five questions.
- *Number one is compulsory, answer four other questions in addition to question one.*
- Each question carries 20 marks
- Begin each selected question on a fresh /new page in the answer booklet.
- Do not write anything on this question paper.

1. Life is full of challenges and as human beings we need to be well equipped with techniques of saving ourselves from stressful situations brought about by life challenges.
  - a) Think of a situation in which you found yourself under stress. Describe this situation with clear and real life examples that you could have gone through. What do you think caused this situation? 5mks
  - b) Discuss ways that you used to overcome the stressful situation. 5mks
  - c) As a teacher, you are aware that students go through several stressful situation. Discuss with concrete examples ways you think could be used to help students overcome stressful situations that they encounter both at home and at school. 10mks
2. Illustrate with suitable examples how you as a teacher can use the knowledge of Gardner's Theory to nurture Multiple Intelligences of your students. 20mks
3. Describe how you as a teacher can use classical conditioning principles in the classroom to bring about effective teaching and learning of students. 20mks
4. Psychology is one of the most important discipline in the formation of an effective teacher. Describe with real classroom examples ten (10) ways, how you would use the knowledge and principles of psychology to help you bring about effective teaching and learning of students. 20mks
5. Learning is very important to all forms of life and in order for learning to take place several factors must be present. In the classroom situation, there are four main factors that facilitate learning. Discuss with real classroom examples five ways in which each of the following factors influence the teaching-learning process:

- a) The learner **5mks**
  - b) The teacher **5mks**
  - c) The material to be learnt **5mks**
  - d) The teaching-learning environment **5mks**
6. Describe any three laws suggested by E.L Thorndike as facilitators of learning and explain why you as a teacher thinks that these laws can help you carryout effective teaching. (Explain three relevancies of each law). **20mks**
1. Punishments as aversive stimulus are often effective in the teaching-learning process but their effectiveness depends on when and how punishments are used.
- a) Describe five ways how you as a teacher can effectively use punishment in your class to curb indiscipline. **5mks**
  - b) Analyse with real classroom examples, five ways on how you think the undesirable consequences of punishment can distract the teaching-learning process. **10mks**
  - c) Describe using examples any five alternatives to punishment that you can advise other teachers to adopt that would not disrupt the teaching-learning process. **5mks**
7. a) In your own view, discuss five ways in which you can help learners in your class to develop attitudes.
- b) Examine the strategies that you can advise other teachers to lay in order to consolidate and increase efficiency of the long term memory. **15mks**

***SUCCESS***