

UGANDA MARTYS UNIVERSITY
DEPARTMENT OF DEVELOPMENT STUDIES
BACHELOR OF COMMUNITY MENTAL HEALTH PSYCHOLOGY
MODULE BCP 2106: REHABILITATION OF SUBSTANCE ABUSERS AND ADDICTS
END OF SEMESTER I EXAMINATIONS
YEAR II: 2023/2024

DATE: FRIDAY 15TH DECEMBER, 2023

TIME: 9:30-12:30PM

INSTRUCTIONS;

ANSWER ALL THE OBJECTIVES AND ANY 3 QUESTIONS FROM SECTION B.

SECTION A

Choose the correct option below; Each question carries 1 mark

1. Addiction is

- (a) Chronic condition that involves compulsive taking of a substance or performing an activity.
- (b) Chronic condition that involves compulsive taking of a substance.
- (c) Chronic condition that involves compulsive performing of an activity.
- (d) None of the above.

2. Substance abuse is

- (a) Using an unprescribed drug
- (b) Use of illegal drug or substance
- (c) Using drugs in amounts that are harmful to the individual
- (d) Buying drugs from the pharmacy

3. Sexual abuse is

- (a) Sexual behavior forced upon any human being without consent
- (b) Sexual intercourse forced upon any human being without consent
- (c) kissing someone without consent
- (d) Sexual abuse is a violent sexual activity

4. Spiritual abuse means

- (a) Using spiritual beliefs to hurt, scare or control someone

- (b) Inviting someone to practice your religion
- (c) Joining your family to spiritual worship
- (d) All of the above

5. Environmental influences of substance abuse includes

- (a) Family history
- (b) Social pressure
- (c) Media
- (d) All of the above

6. Roots/psychological effects of abuses includes

- (a) Stroke
- (b) HIV/AIDS
- (C) Loneliness
- (d) Opioids

7. One sign of substance addiction is

- (a) Poor judgment
- (b) Stimulants
- (c) Guilt
- (d) anxiety

8. The three common classes of abused drugs are

- (a) Opioids, depressants and stimulants
- (b) Opioids, narcotics and pain relievers
- (c) Depressants, tranquillizers and sedatives
- (d) Stimulants, Ritalin and coffee

9. Personal complications of addiction does not include

- (a) Finances
- (b) Crime
- (c) Reduced productivity
- (d) Guilt

10. Addiction risk factors include

- (a) Parental substance use
- (b) Low academic achievement
- (c) Abusive history
- (d) All of the above

SECTION B

ANSWER ANY THREE QUESTIONS, *EACH QUESTION CARRIES 30 MARKS

1. Define the following concepts;
 - i. Addiction (6 Marks)
 - ii. Addict (6 Marks)
 - iii. Substance Abuse (6 Marks)
 - iv. Substance Abuser (6 marks)
 - v. Mention the difference between substance abuse and addiction (6 marks)
2. List and Briefly discuss at least five healing roots of addiction. (30 Marks and each point carries (6 marks)
3. List and Explain five possible complications of addiction. (30 Marks and each point carries (6 marks)
4. (a) What is diagnosing addiction? (15 marks)
(b) Totally describe the diagnostic process (15 marks)
5. List and explain the 12 – step program recovery processes from addiction (2 and half marks each)
6. Write short notes on the following treatment programs for addiction;
 - (a) Detoxification (6marks)
 - (b) Counselling and behavioral therapy (6marks)
 - (c) Rehabilitation programs (6marks)
 - (d) Self- help groups (6marks)
 - (e) Medications (6 marks)

END