



Uganda Martyrs University

**UNIVERSITY EXAMINATIONS
SCHOOL OF ARTS AND SOCIAL SCIENCES
DEPARTMENT OF DEVELOPMENT STUDIES
BACHELOR OF SOCIAL DEVELOPMENT AND COUNSELING**

BSDC Year III: 2022/2023

BSDC 3104: MARITAL COUNSELLING

Date: Monday 12th December 2022

Time: 9:30-12:30pm

INSTRUCTIONS

- **Attempt Questions one and two and any other two questions.**
 - **Do not write anything on this question paper**
 - **Start each number on a fresh page**
 - **Time allowed 3hours.**
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Question 1.

1. Peter and Flavia come from two separate financially stable families. The parents of the two families attended the same high school and maintained their friendship and the two families were attending the same church. After their son (Peter) and daughter (Flavia) graduated from universities and secured good jobs, the two families agreed to have their children (Peter and Flavia) married to each other and therefore did whatever it required and fulfilled their mission. However, both Peter and Flavia were influenced/forced to abandon their former love partners to whom they had committed themselves because of their poor family backgrounds. Now in their early marriage, the two partners failed to be emotionally united and each of the partner's feelings still remained attached to the missed love partner. Each of the partner was frequently depressed in their family, were not communicating and often developed disagreements but being educated, they decided to use written communication which worked for some time.

One day, Peter wrote a chit to Flavia requesting her to wake him up at 4:00am because he had to take a flight for an official duty abroad as he was delegated by his boss at work. Unfortunately, Peter woke up late when the plane had already left but on their communication table, Flavia had already written in time and placed the chit on their agreed communication table reminding him to wake up for his flight as she was requested.

Due to the importance of the assigned duty, Peter lost the job and because he could not tolerate such a relationship any more, he disappeared from home but left a written chit on table as he had

gone to dive in an acid tank to disappear without trace. However, he just went to one of the resorts for lonely people where he surprisingly met his former abandoned love partner. Conversely, Flavia felt relieved and was planning to run away and be re-unite with her abandoned love partner.

Question: As a community marital Counsellor requested by the two parent families to intervene;

- a). Establish what could have gone wrong leading to that situation and which lessons do you derive from the situation.
- b). How would you intervene to restore a healthy life among the affected parties.
- c). Which advice would you give to;
 - i). young people intending to settle for permanent marriage relationships.
 - ii). Parents.

(25marks)

Question 2.

2. In an interview with Bendicto, the following information was established;

Bendicto (now 40 years) grew up as an exemplary God-fearing young man and after completing his course of study, he got married to Christine (now 28 years) in a Christian marriage after going through premarital counseling as was arranged by his church. However, Bendicto is now so miserable because all the three children they have are suffering from Sickle cells and is worried of their survival since most of the time they are bedridden. Bendicto's serious concern now is to produce healthy children whose growth can be more assured. They have been advised by a Herbalist to use herbal medicine intervention and they are nurturing the fourth pregnancy in that trial. He however revealed that if the current herbal intervention does not succeed, he is planning to have an extramarital relationship and is worried that the wife could also be having a similar feeling.

Questions.

- a). With your knowledge of marital counseling acquired, Identify the challenges being faced by Bendicto's family and predict the family future.
- b). Which advice can you give to Bendicto?
- c). Which advice can you give to those intending to settle for permanent marriage relationships in order to avoid challenges similar to what Bendicto's family is facing.?

(25marks)

Question 3.

3 a). Establish the challenges associated with single parenthood in your community. (10marks)

- b). Suppose you are appointed a Minister for National Guidance, what strategies would you make to ensure that you reduce on the number of single parenthood and promote stable marital families in Uganda? (15 marks)

Question 4.

- 4a). Establish the common sexual dysfunctions in your community and their effect to marital relationships. (8marks)
- b). How are the sexual disfunctions established in a) above handled in your community? (6marks)
- c). What are the different health tests that you can recommend for individuals intending to settle for permanent marriage relationships to undertake in order to live a happy marriage. (11marks)

Question 5.

- 5a). What are the common challenges in marriage that you feel require Counsellor's intervention? (7marks)
- b). As a Marital Counselor, how do you intend to approach the above challenges in marriage? (8marks)
- c). Identify challenges that you think would be more challenging for you to handle and recommend how they would best be handled. (10marks)

Question 6.

- 6a). The study of "Marital Counselling" is just theoretical and has no practical value and application in real life situation. Discuss the validity of the above statement. (15marks)
- b). How do you intend to use the acquired knowledge of marital counselling in your profession? (10marks)

END