

Uganda Martyrs University
FACULTY OF EDUCATION
BACHELOR OF EDUCATION (PRIMARY) YEAR ONE
SEMESTER TWO EXAMINATIONS, 2022/23
PHYSICAL EDUCATION

PAPER 1 – PAPER I: MOTOR LEARNING & SKILL ACQUISITION

DATE: Fri 19/05/2023

Time: 2.00-5.00 PM

INSTRUCTIONS:

- Do not write anything on this question paper.
- No names should be written anywhere on the examination booklet; ensure that your Registration number is indicated on all pages of the examination answer booklet.
- Attempt FOUR questions. Carefully read through ALL the questions before attempting
- Correctness in spelling, standard and comprehensive academic writing, grammar and aptness of expression will be taken into account when assessing the answers.
- Illustrate appropriately and ensure that your work is clear and readable. Untidy work shall be penalized.
- Begin each selected question on a new page in the answer booklet.
- Follow instructions on this question paper and answer booklet carefully.
- Each question carries a total of 25 marks.

1. a. Examine any five common classifications of skills that acquired in physical education and sports and give two examples in each (15 marks)
b. Choose one classification and state three its characteristics (3 marks)
c. Differentiate between terminal and continuous feedback (2 marks)
d. Describe why a physical education teacher and sport offer feedback to learners. (5 marks)
2. a. Examine 10 factors which influence motor learning and skill acquisition in physical education and sports (20 marks)
b. State five indicators of skills acquisition from learners of physical education and sports. (5 marks)
3. Discuss the safety measures a physical education and sports teacher may need to consider before during and after motor learning. (25 marks)

4. a. Differentiate between intrinsic and extrinsic motivation. (3 marks)
- b. Motivation is a very important aspect in motor learning and skill acquisition, describe eight ways in which a physical education and sports teacher can motivate his learners to enable them learn and acquire motor skills. (16 marks)
- c. Describe four relevance of motivating physical education and sports learners. (6 marks)
5. a. Define the term motor learning. (1 mark)
- b. Explain any four different methods in which physical education and sports motor skills can be taught and instructed (8 marks)
- c. State two advantages and disadvantages of instruction using each of the method identified in 5b above. (16 marks)
6. a. Examine five ways in which individual difference affect motor skill learning and teaching (10 marks)
- b. Describe how past experience enhance motor learning and skills acquisition in physical education and sports. (9 marks)
- c. Differentiate between intrinsic and augmented feedback and state the relevance of feedback (6 marks)
7. a. Examine any ten principles of training a physical education and sports teacher may focus on while teaching motor skills. (20 marks)
- b. Physical education and sports teachers are always requested to set goals. State the characteristics of good goal setting. (5 marks)

END