

# Uganda Martyrs University

FACULTY OF EDUCATION  
BACHELOR OF EDUCATION (PRIMARY) YEAR THREE  
SEMESTER ONE EXAMINATIONS, 2021/22  
PHYSICAL EDUCATION AND SPORTS



PAPER TWO: NETBALL AND SWIMMING

DATE: Fri 13/01/2023

Time: 9:30 AM-12:30 PM

**Instructions:**

- Do not write anything on this question paper.
- Attempt FOUR questions, choosing two (2) questions from each section.
- Correctness in spelling, standard and comprehensive academic writing, grammar and aptness of expression will be taken into account when assessing the answers.
- Illustrate appropriately.
- Begin each selected question on a new page in the answer booklet.
- Follow instructions on this question paper and answer booklet carefully.
- Each question carries a total of 25 marks.

**SECTION A: NETBALL**

1. (a) Draw a well labelled Netball court and clearly show its dimensions (11marks)  
(b) Show all the playing positions of the players. (7 marks)  
(c) Name the four (4) players allowed in the shooting circle. (2 marks)  
(d) Explain the roles and responsibilities of centre and goal shooter in the netball game. (5 marks)
2. Passing in netball is a fundamental skill that should be mastered by every player in order to win a game.  
(a) Describe various types of passes used in the game of Netball. (16 marks)  
(b) Under what circumstances is bounce and shoulder pass used during netball game? (4 marks)  
(c) Select one pass named in (b) and describe the drills you can use to teach to P.5 learners during Physical Education lesson. (5 marks)
3. In a netball match between Nkozi Primary School and Kayabwe CU Primary School, Kayabwe CU out played Nkozi PS by shooting many goals through the ring.  
(a) Explain what is meant by the shooting in the game of Netball. (3 Marks)  
(b) Explain the teaching points that were observed by Kayabwe CU during the Netball game. (18 marks)  
(c) Explain one shooting drill you can use to train Nkozi PS so as to improve on their shooting skills. (4 marks)
4. Explain the basic rules governing the game of Netball. (25 marks)

## SECTION B: SWIMMING

5. Swimming is one of the most important sport that should be enjoyed by everyone child safely.

- (a) Explain five (5) benefits of swimming to school going children. (10 marks)
  - (b) Identify five (5) rescue equipment that swimming teachers can use in case of any drowning in a swimming pool. (5 marks)
  - (c) Discuss the safety measures a swimming teacher should observe before, during and after swimming lessons. (10 marks)
6. Risk Management at the swimming pool is not a complex process and teachers can easily provide a safe and fair learning environment for their pupils. As a Swimming teacher of your school,
- (a) Discuss the risk management process you would use to reduce the chances of injuries and risks at the school swimming facility. (10 marks)
  - (b) Write short notes as applied to risk management of the school swimming pools under the following headings: (6 marks)
    - (i) Risk reduction
    - (ii) Implementation
    - (iii) Review and modification
  - (c) Explain five (5) roles and responsibilities of the swimming teacher. (10 marks)
7. (a) Describe five (5) organization methods you can use when teaching your swimming lessons. (15 marks)
- (b) Explain the factors that influences the selection of the organization method to use during swimming practicals.

END