



Uganda Martyrs University

UNIVERSITY EXAMINATIONS  
SCHOOL OF ARTS AND SOCIAL SCIENCES  
DEPARTMENT OF DEVELOPMENT STUDIES  
BACHELOR OF SOCIAL WORK AND SOCIAL ADMINISTRATION

YEAR III:2022/2023 NKOZI

SWSA 3127: GUIDANCE AND COUNSELING

Date: Monday 12<sup>th</sup> December 2022

Time: 9:30-12:30pm

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**INSTRUCTIONS**

- Attempt question one and any three other questions
  - Do not write anything on this question paper
  - Start each number on a fresh page
  - Time allowed 3hours.
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**Question 1.**

1. Brian has two children, a spouse and five dependants. He has completed five years of teaching and is not getting enough money but wishes to go back to school on self-sponsorship. Brian is aware of the fact that the ministry of education will not raise salary for the next 5 years and will not be promoted. If he decides to go to school, the home will be deprived of financial support for 3 years.

a) How you can help this person to raise fees and at the same time raise family support for the home.

- a) Which counseling theory do you think would be the most appropriate in handling Brian's situation? Give your reasons.

**(25 marks)**

**Question 2.**

2a). In order to enhance counseling relationship and growth, Counsellors should possess basic qualities. Using relevant examples, discuss these qualities. **(10marks)**

b). Using examples in each case, describe the basic counseling skills. **(15marks)**



**Question 3.**

3. Discuss the components of a counseling process. Use of relevant examples under each component will earn you more marks. (25marks)

**Question 4.**

- 4a). What is confidentiality in counseling? (5marks)
- b). Under what instances is total confidentiality impossible, undesirable or unethical? (12marks)
- c). Under which circumstances is referral of clients appropriate? (8marks)

**Question 5.**

- 5a). What is "Rapport" as used in counseling? (3marks)
- b). Why is rapport important in counseling? (9marks)
- c). How can you build rapport in counselling? (13marks)

**Question 6.**

- 6a). What is checking understanding as used in professional counseling and how should it be done? (15marks)
- b) How can you deal with clients in denial? (10marks)

**END**