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ADDRESS : KUZHIKATTIL HOUSE, KOTTAYAD POST ALAKODE
KANNUR - 670571

DIAGNOSIS
DENGUE FEVER WITH THROMBOCYTOPENIA

CHIEF COMPLAINTS
fever since 4 days
vomiting since 1 day

HISTORY OF PRESENTING ILLNESS
Patient was apparently normal 4 days back when he developed fever, insidious in onset, gradually progressive, associated with chills and rigors, high grade in nature.
patient also c/o vomiting, associated with nausea. Vomitus contained food particles, non blood stained, non bile stained.
No h/o loose stools
no h/o abdominal pain.
no h/o burning micturition/hematuria
no h/o bleeding tendencies

PAST HISTORY
no h/o diabetes mellitus, hypertension, tuberculosis, IHD

FAMILY HISTORY
Nothing significant

PERSONAL HISTORY
Diet mixed, appetite good, sleep normal, bowel & bladder regular, no substance abuse

GENERAL EXAMINATION
Moderately built and nourished
No pallor, icterus, cyanosis, clubbing, lymphadenopathy or edema

PULSE 80BPM
BP 120/80MMHG
RR 16 CPM
TEMPERATURE : 99F

SYSTEMIC EXAMINATION

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SYSTEMIC EXAMINATION

LABORATORY INVESTIGATIONS
Hb 10.5g/dl, Hct 32.5%, HbA1c 5.6%, Serum Albumin 3.5g/dl, Serum Globulin 2.5g/dl, Serum Total Protein 6.0g/dl, Serum ALT 12U/L, Serum AST 15U/L, Serum ALP 120U/L, Serum Bilirubin 0.5mg/dl, Serum Creatinine 0.8mg/dl, Serum Urea Nitrogen 12mg/dl, Serum Glucose 100mg/dl, Serum Lipid Profile: Total Cholesterol 180mg/dl, Triglycerides 100mg/dl, HDL Cholesterol 40mg/dl, LDL Cholesterol 120mg/dl, VLDL Cholesterol 20mg/dl, Fasting Blood Glucose 100mg/dl, Urine RBCs 0-10, Urine WBCs 0-10, Urine Glucose Negative, Urine Bilirubin Negative, Urine Urobilinogen Negative, Urine Ketones Negative, Urine Nitrites Negative, Urine pH 6.0, Urine Specific Gravity 1.020, Urine Osmolality 800mOsm/kg, Urine Creatinine 20mg/dl, Urine Protein 0.1g/dl, Urine Albumin 0.1g/dl, Urine Hemoglobin 0.1g/dl, Urine Hematocrit 0.1g/dl, Urine Hemoglobin Electrophoresis: HbA1c 5.6%, HbA2 2.5%, HbF 1.9%, HbS 0.0%, HbC 0.0%, HbD 0.0%, HbE 0.0%, HbFet 0.0%, HbH 0.0%, HbI 0.0%, HbJ 0.0%, HbK 0.0%, HbL 0.0%, HbM 0.0%, HbN 0.0%, HbO 0.0%, HbP 0.0%, HbQ 0.0%, HbR 0.0%, HbS 0.0%, HbT 0.0%, HbV 0.0%, HbW 0.0%, HbX 0.0%, HbY 0.0%, HbZ 0.0%, HbAA 0.0%, HbAB 0.0%, HbAC 0.0%, HbAD 0.0%, HbAE 0.0%, HbAF 0.0%, HbAG 0.0%, HbAH 0.0%, HbAI 0.0%, HbAJ 0.0%, HbAK 0.0%, HbAL 0.0%, HbAM 0.0%, HbAN 0.0%, HbAO 0.0%, HbAP 0.0%, HbAQ 0.0%, HbAR 0.0%, HbAS 0.0%, HbAT 0.0%, HbAU 0.0%, HbAV 0.0%, HbAW 0.0%, HbAX 0.0%, HbAY 0.0%, HbAZ 0.0%, HbBA 0.0%, HbBB 0.0%, HbBC 0.0%, HbBD 0.0%, HbBE 0.0%, HbBF 0.0%, HbBG 0.0%, HbBH 0.0%, HbBI 0.0%, HbBJ 0.0%, HbBK 0.0%, HbBL 0.0%, HbBM 0.0%, HbBN 0.0%, HbBO 0.0%, HbBP 0.0%, HbBQ 0.0%, HbBR 0.0%, HbBS 0.0%, HbBT 0.0%, HbBU 0.0%, HbBV 0.0%, HbBW 0.0%, HbBX 0.0%, HbBY 0.0%, HbBZ 0.0%, HbCA 0.0%, HbCB 0.0%, HbCC 0.0%, HbCD 0.0%, HbCE 0.0%, HbCF 0.0%, HbCG 0.0%, HbCH 0.0%, HbCI 0.0%, HbCJ 0.0%, HbCK 0.0%, HbCL 0.0%, HbCM 0.0%, HbCN 0.0%, HbCO 0.0%, HbCP 0.0%, HbCQ 0.0%, HbCR 0.0%, HbCS 0.0%, HbCT 0.0%, HbCU 0.0%, HbCV 0.0%, HbCW 0.0%, HbCX 0.0%, HbCY 0.0%, HbCZ 0.0%, HbDA 0.0%, HbDB 0.0%, HbDC 0.0%, 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HbGQ 0.0%, HbGR 0.0%, HbGS 0.0%, HbGT 0.0%, HbGU 0.0%, HbGV 0.0%, HbGW 0.0%, HbGX 0.0%, HbGY 0.0%, HbGZ 0.0%, HbHA 0.0%, HbHB 0.0%, HbHC 0.0%, HbHD 0.0%, HbHE 0.0%, HbHF 0.0%, HbHG 0.0%, HbHH 0.0%, HbHI 0.0%, HbHJ 0.0%, HbHK 0.0%, HbHL 0.0%, HbHM 0.0%, HbHN 0.0%, HbHO 0.0%, HbHP 0.0%, HbHQ 0.0%, HbHR 0.0%, HbHS 0.0%, HbHT 0.0%, HbHU 0.0%, HbHV 0.0%, HbHW 0.0%, HbHX 0.0%, HbHY 0.0%, HbHZ 0.0%, HbIA 0.0%, HbIB 0.0%, HbIC 0.0%, HbID 0.0%, HbIE 0.0%, HbIF 0.0%, HbIG 0.0%, HbIH 0.0%, HbII 0.0%, HbIJ 0.0%, HbIK 0.0%, HbIL 0.0%, HbIM 0.0%, HbIN 0.0%, HbIO 0.0%, HbIP 0.0%, HbIQ 0.0%, HbIR 0.0%, HbIS 0.0%, HbIT 0.0%, HbIU 0.0%, HbIV 0.0%, HbIW 0.0%, HbIX 0.0%, HbIY 0.0%, HbIZ 0.0%, HbJA 0.0%, HbJB 0.0%, HbJC 0.0%, HbJD 0.0%, HbJE 0.0%, HbJF 0.0%, HbJG 0.0%, HbJH 0.0%, HbJI 0.0%, HbJJ 0.0%, HbJK 0.0%, HbJL 0.0%, HbJM 0.0%, HbJN 0.0%, HbJO 0.0%, HbJP 0.0%, HbJQ 0.0%, HbJR 0.0%, HbJS 0.0%, HbJT 0.0%, HbJU 0.0%, HbJV 0.0%, HbJW 0.0%, HbJX 0.0%, HbJY 0.0%, HbJZ 0.0%, HbKA 0.0%, HbKB 0.0%, HbKC 0.0%, 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HbUR 0.0%, HbUS 0.0%, HbUT 0.0%, HbUU 0.0%, HbUV 0.0%, HbUW 0.0%, HbUX 0.0%, HbUY 0.0%, HbUZ 0.0%, HbVA 0.0%, HbVB 0.0%, HbVC 0.0%, HbVD 0.0%, HbVE 0.0%, HbVF 0.0%, HbVG 0.0%, HbVH 0.0%, HbVI 0.0%, HbVJ 0.0%, HbVK 0.0%, HbVL 0.0%, HbVM 0.0%, HbVN 0.0%, HbVO 0.0%, HbVP 0.0%, HbVQ 0.0%, HbVR 0.0%, HbVS 0.0%, HbVT 0.0%, HbVU 0.0%, HbVV 0.0%, HbVW 0.0%, HbVX 0.0%, HbVY 0.0%, HbVZ 0.0%, HbWA 0.0%, HbWB 0.0%, HbWC 0.0%, HbWD 0.0%, HbWE 0.0%, HbWF 0.0%, HbWG 0.0%, HbWH 0.0%, HbWI 0.0%, HbWJ 0.0%, HbWK 0.0%, HbWL 0.0%, HbWM 0.0%, HbWN 0.0%, HbWO 0.0%, HbWP 0.0%, HbWQ 0.0%, HbWR 0.0%, HbWS 0.0%, HbWT 0.0%, HbWU 0.0%, HbWV 0.0%, HbWW 0.0%, HbWX 0.0%, HbWY 0.0%, HbWZ 0.0%, HbXA 0.0%, HbXB 0.0%, HbXC 0.0%, HbXD 0.0%, HbXE 0.0%, HbXF 0.0%, HbXG 0.0%, HbXH 0.0%, HbXI 0.0%, HbXJ 0.0%, HbXK 0.0%, HbXL 0.0%, HbXM 0.0%, HbXN 0.0%, HbXO 0.0%, HbXP 0.0%, HbXQ 0.0%, HbXR 0.0%, HbXS 0.0%, HbXT 0.0%, HbXU 0.0%, HbXV 0.0%, HbXW 0.0%, HbXX 0.0%, HbXY 0.0%, HbXZ 0.0%, HbYA 0.0%, HbYB 0.0%, HbYC 0.0%, HbYD 0.0%, HbYE 0.0%, HbYF 0.0%, HbYG 0.0%, HbYH 0.0%, HbYI 0.0%, HbYJ 0.0%, HbYK 0.0%, HbYL 0.0%, HbYM 0.0%, HbYN 0.0%, HbYO 0.0%, HbYP 0.0%, HbYQ 0.0%, HbYR 0.0%, HbYS 0.0%, HbYT 0.0%, HbYU 0.0%, HbYV 0.0%, HbYW 0.0%, HbYX 0.0%, HbYY 0.0%, HbYZ 0.0%, HbZA 0.0%, HbZB 0.0%, HbZC 0.0%, HbZD 0.0%, HbZE 0.0%, HbZF 0.0%, HbZG 0.0%, HbZH 0.0%, HbZI 0.0%, HbZJ 0.0%, HbZK 0.0%, HbZL 0.0%, HbZM 0.0%, HbZN 0.0%, HbZO 0.0%, HbZP 0.0%, HbZQ 0.0%, HbZR 0.0%, HbZS 0.0%, HbZT 0.0%, HbZU 0.0%, HbZV 0.0%, HbZW 0.0%, HbZX 0.0%, HbZY 0.0%, HbZZ 0.0%

TREATMENT
1. Paracetamol 500mg PO q 4 hrs
2. Fluid intake 2-3 liter/day
3. Rest for 3-4 days
4. Monitor for 3-5 days

COURSE
Patient came with fever since 4 days and vomiting since 1 day. Patient was hospitalized with chills and rigors. Patient was treated with paracetamol 500mg PO q 4 hrs and fluid intake 2-3 liter/day. Patient was discharged on 3rd day. Patient was stable and improved significantly after 3 days.

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