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## **Medical Report**

Patient: Mr. Wolfgang Ehrich, born on July 22, 1979, residing at Ahornweg 12, 10179 Berlin, patient number 456789, presented in our clinic during an acute flare-up of his known Crohn's Disease, which had previously been in remission.

### **History:**

Mr. Ehrich reported an increase in abdominal pain, diarrhea, and occasional fever over the past few weeks. These symptoms are typical for an acute flare-up of his Crohn's Disease, which he has been suffering from for several years.

### **Findings:**

A clinical examination and laboratory tests showed increased inflammatory markers. Magnetic resonance imaging (MRI) of the intestinal tract confirmed active inflammation in the terminal ileum without signs of fistulas or abscesses.

### **Diagnosis:**

Acute flare-up of known Crohn's Disease.

### **Treatment:**

Mr. Ehrich was treated with an increased use of immunosuppressants, including the introduction of a TNF blocker to control inflammation and restore remission. Additionally, antidiarrheal medications and dietary advice were offered to alleviate his symptoms and improve his nutritional status.

### **Follow-up:**

Regular appointments were scheduled to assess the effectiveness of the therapy and monitor disease activity. Adjustments to the medication will be made depending on response and tolerance.

### **Recommendations:**

Mr. Ehrich is strongly advised to consistently continue the pharmacological therapy and regularly attend medical check-ups. Furthermore, he should adhere to dietary measures, especially during acute phases, to minimize symptoms and ensure adequate nutrient intake.

Kind regards,

Dr. Anna Müller  
Medical Practice Dr. Müller