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Medical Report

Patient: Mr. Guido Köhler, born on 15.01.1964, residing at Lindenstraße 27, 13156 Berlin, patient number 542876, was treated for an exacerbated chronic obstructive pulmonary disease (COPD) of type GOLD B.

History:

Mr. Köhler, a long-time smoker, reported an increase in dyspnea and coughing with increased sputum production in recent days. These symptoms worsened despite the regular use of inhalative bronchodilators.

Findings:

Physical examination showed increased breathlessness on exertion and prolonged exhalation. Lung function tests confirmed a reduced FEV1 (Forced Expiratory Volume in one second), which was below 80% of the expected value, but better than 50% of the expected value, indicating moderate to severe COPD.

Diagnosis:

Exacerbated COPD GOLD B.

Treatment:

Medicinal treatment was intensified by introducing a combination therapy of inhaled corticosteroids and long-acting beta-2 agonists. Additionally, a short-term therapy with oral corticosteroids was started to reduce acute inflammation. Oxygen therapy was recommended to facilitate breathing.

Follow-up:

Regular follow-up appointments were scheduled to evaluate the effectiveness of the adjusted therapy and continue monitoring lung function. An extension of therapy might be necessary if symptoms persist.

Recommendations:

Mr. Köhler is strongly advised to immediately cease smoking to avoid further damage to the airways. Pulmonary rehabilitation is also recommended to improve breathing technique and enhance overall quality of life.

Kind regards,

Dr. Anna Müller
Medical Practice Dr. Müller

