

# Fictitious University Hospital

Department of Internal Medicine  
Prof. Malala Miller



## Re: Medical History and Clinical Course of Patient Ashley Park

Dear Dr. General Practitioner,

I am writing to provide a comprehensive summary of the medical history, diagnoses, and clinical course of our patient, Ashley Park, who was recently diagnosed and treated for a lung embolism.

**Patient Information:** Ashley Park, Date of Birth: 12/24/1996

Age: 28

Gender: Female

Medical Record Number: 9874562

### Medical History:

- Recent pregnancy (6 weeks postpartum)
- Cesarean section delivery
- History of preeclampsia

**Presenting Symptoms:** Ashley Park presented with sudden shortness of breath, chest pain radiating to the shoulder, palpitations, and swelling and tenderness in the left calf.

**Initial Assessment and Diagnosis:** Diagnostic tests revealed elevated D-dimer levels, a Doppler ultrasound confirming left calf DVT, and a CTPA demonstrating embolism in the left pulmonary artery.

**Clinical Course:** Ashley Park was admitted to the obstetrics and gynecology ward for specialized postpartum care. She was initially managed with LMWH therapy and supplemental oxygen as needed. After stabilization, she transitioned to oral anticoagulants (rivaroxaban) and received postpartum care and support, including breastfeeding consultation. She experienced mild postpartum hemorrhage, which was managed conservatively. Regular follow-ups were scheduled to monitor coagulation and postpartum recovery, and she was educated on thromboembolism risks and preventive measures.

**Current Status:** Ashley Park is recovering well, continues anticoagulation therapy, and receives support for postpartum care.

**Recommendations:** Continued anticoagulation with routine monitoring, follow-ups with obstetrics and hematology specialists, and education on postpartum care and thromboembolism prevention.

Sincerely,

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F. Finch

Dr. Fictitious Finch