

I think what affected me the most from this talk was the importance of how you conduct yourself and how the way you conduct yourself can lead you down whatever path you desire. I personally don't have any specific childhood dreams, but a lot of what he said really identified with me. One thing was "we cannot change the cards we are dealt just how we play the hand" I really enjoy this idea that you aren't stuck with the situation you have. Humans are autonomous and our lives are ours to lead. I also really liked and resonated with the idea that if you're doing bad and no one cares to tell you it's because they gave up. And that getting negative feedback means that person cares enough for me to get better. I really like that kind of mindset. Another idea I found impactful was that the brick wall is there to show us how badly we want something. I took this as its not just a block, its how bad you want to get over that block and what action can you take to do so. Another idea I identified with is if you give someone time they will almost always impress you. I hold the belief that humans are innately good people and I like the idea that with enough time, eventually you will be able to see everyone's good side. I also drew from this lecture that It's really important how you word things. You can convey the same sentiment in many different ways. Being sure you're communicating effectively, clearly, and caringly can make a huge difference compared to communicating bluntly or rudely. And his last few tips I think are really great points to live by: Having fun is super important, never lose childlike wonder, help others, loyalty is a two way street, and you can't get there alone. It's important to foster relationships and be a kind and involved person.