



# The VARK Questionnaire

## Your VARK Results

Your scores were:

- Visual 0
- Aural 6
- Read/Write 0
- Kinesthetic 11

**YOUR LEARNING PREFERENCE: Strong Kinesthetic**



[.\(http://vark-learn.com/products/checkout/?V=0&A=6&R=0&K=11&add\\_product=1069\)](http://vark-learn.com/products/checkout/?V=0&A=6&R=0&K=11&add_product=1069)

[learn.com/products/checkout/?V=0&A=6&R=0&K=11&add\\_product=1069](http://vark-learn.com/products/checkout/?V=0&A=6&R=0&K=11&add_product=1069)) or [Business Profile \(http://vark-learn.com/products/checkout/?V=0&A=6&R=0&K=11&add\\_product=16728\)](http://vark-learn.com/products/checkout/?V=0&A=6&R=0&K=11&add_product=16728) (approx. US\$14).

Full information about your preference is available in your [VARK Academic Profile](http://vark-learn.com/products/checkout/?V=0&A=6&R=0&K=11&add_product=1069) [.\(http://vark-](http://vark-learn.com/products/checkout/?V=0&A=6&R=0&K=11&add_product=1069)

Use the following helpsheet for strategies that apply to your VARK preference:

- [Kinesthetic Strategies \(http://vark-learn.com/strategies/kinesthetic-strategies/\)](http://vark-learn.com/strategies/kinesthetic-strategies/).

## Your VARK Profile

Your VARK Profile will help you understand your preferences for learning. Your profile is a PDF containing helpful advice about your learning preferences, customized for your VARK scores. Your profile, including helpsheets, is approximately 10 pages long.

[More Information \(http://vark-learn.com/products/vark-profiles/?popup=true\)](http://vark-learn.com/products/vark-profiles/?popup=true)

[Purchase a Short Profile \(http://vark-learn.com/products/checkout/?](http://vark-learn.com/products/checkout/?V=0&A=6&R=0&K=11&add_product=12233)

[V=0&A=6&R=0&K=11&add\\_product=12233\)](http://vark-learn.com/products/checkout/?V=0&A=6&R=0&K=11&add_product=12233)

[Purchase a Full Academic Profile \(http://vark-learn.com/products/checkout/?](http://vark-learn.com/products/checkout/?V=0&A=6&R=0&K=11&add_product=1069)

[V=0&A=6&R=0&K=11&add\\_product=1069\)](http://vark-learn.com/products/checkout/?V=0&A=6&R=0&K=11&add_product=1069)

[Purchase a Full Business Profile \(http://vark-learn.com/products/checkout/?](http://vark-learn.com/products/checkout/?V=0&A=6&R=0&K=11&add_product=16728)

[V=0&A=6&R=0&K=11&add\\_product=16728\)](http://vark-learn.com/products/checkout/?V=0&A=6&R=0&K=11&add_product=16728)

Enhance your understanding of VARK by viewing our **video presentation**:

## Introduction to VARK

[More Information \(http://vark-learn.com/product/webinar-1-introduction-to-vark/\)](http://vark-learn.com/product/webinar-1-introduction-to-vark/)

---

## VARK Research

Please fill in this form so that your results can be included in our research

Are you: ☐ male ☐ female?

Are you: ☐ 12 to 18  
☐ 19 to 25  
☐ 26 to 34  
☐ 35 to 44  
☐ 45 to 54  
☐ 55 or over?

Where do you live?

- ☐ USA
- ☐ Canada
- ☐ UK
- ☐ Europe
- ☐ Asia
- ☐ Central America
- ☐ South America
- ☐ Oceania
- ☐ Africa
- ☐ Middle East

Is this the first time you have filled in the VARK questionnaire?

- ☐ Yes, this is the first time
- ☐ No, I have filled it in previously

Which of the following best matches your perception of your VARK results?

- ☐ That is how I prefer to learn.
- ☐ Those are not my learning preferences.
- ☐ I am not sure how I prefer to learn.

Are you a student or teacher?

- ☐ student ☐ teacher

Which level of education are you involved at?

- ☐ high school
- ☐ two-year college
- ☐ four-year college
- ☐ university
- ☐ other

What is your main area of study

- ☐ Applied Science
- ☐ Architecture
- ☐ Art
- ☐ Business
- ☐ Information Technology
- ☐ Education
- ☐ Engineering
- ☐ Humanities
- ☐ Languages
- ☐ Law
- ☐ Mathematics
- ☐ Medical/Nursing
- ☐ Performing Arts
- ☐ Science
- ☐ Social Sciences
- ☐ Sport/Athletics
- ☐ Other

OK

(<http://vark-learn.com>)

© copyright 2019 VARK Learn Limited