



## 26 Grains

By Alex Hely-Hutchinson

Hardback. Condition: New. Not Signed; Selected as a Book of the Year 2016 in the Daily Telegraph. With 100 recipes that use wholesome grains from oats to amaranth this delicious cookbook spans classic breakfast porridges, through lunchtime salad bowls to nourishing dinners. Taking inspiration from Nordic cooking and the Danish ethos. book.



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