



Already Brilliant: Play to Your Strengths in Work and Life (Paperback)

By Rachel Bridge

Little, Brown Book Group, United Kingdom, 2018. Paperback. Condition: New. Language: English. Brand new Book. Do you want to achieve a long-held dream or reach a life-changing goal? That big promotion or fulfilling new job? That business you want to start? That exciting new life in the sun? That amazing idea you long to put into action? Are you held back by fears that you haven't got what it takes? You may not realise it but your personality, character, experiences, skills and even your personal circumstances are all fantastic tools and assets which you can use to create the life and career you've always wanted. All you need to do is identify and make use of them. In *Already Brilliant*, bestselling author Rachel Bridge will help you work out what you want to do, and show you how to get there by playing to the strengths you already possess. Packed with practical tips, ideas and interviews with successful people in all walks of life, and supported by academic research, *Already Brilliant* will show you how to find a way of working that suits you best, how to begin developing good habits and how to overcome any obstacles standing in your way....



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