TITELSEITE

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# Biomechanics of a toss to hands in cheer sport

* Current state of research?
* What is cheer?
* What is a toss to hands?
* Why is this necessary?

# Methods

* Overall procedure

## Participant recruitment

## Marker Placement

### Upper Body

Sources: Wu et al. (2005),

### Lower Body

Sources: Wu et al. (2002),

## Data Acquisition

## Judge recruitment

## Judges’ questions

# Results

## Quantitative results

## Qualitative results

# Discussion

* Combine quantitative and qualitative results

# Conclusion?

* Phrase qualities of a ‘good’ toss to hands