" **YOGI"**

**SENT BY GOD**

After attending medical batch, I saw Guruji relaxing in his easy chair. I just bowed a little to pay respect and started proceeding towards the main entrance. As I was near the main gate, someone came near me and told me that Guruji is calling me. I went back to Guruji . He told me to sit down , enquired a little and took my crutches. He himself lengthen it two holes ie. 3 inches. He told me to increase it another two holes after few months.

Whenever Guruji come to medical batch , his attention was everywhere and he comes towards me to guide me but mainly to force me to do asana. He pushed me with his hands for getting correct asana. It was painful but could not dare to tell him. He laugh a little and told me " I can see your rods and where they pinch." in Marathi. Guruji tried few positions of asasnas and slowly established a set of asana for me.

1st july 2000, was the day of accident, and I touched the death. Spine was broken, first heart attack, broken & damaged nerves, resulting in paraphlegia , shaken me and my family. Being an All India Service Officer in Indian Forest Service, all necessary medical service was available. It started with allopathic then ayurveda , homeopathy , accupressure, accupuncture etc. Then Babas and established Art came for practice. Walking in water and exercises in water started. After retirement I came to stay at Ganeshkhind Road. I joined the medical batch, and in presence of Guruji started self realization. I was improving under the strict watch of Guruji. Even today I can feel his attention at me, as if he is sitting at his place and inspecting my position of asana.

I attended various functions at the Institute in presence of Guruji and felt the vibrations. Realized the yoga of body and spirit in presence of great yogi. He tries to forget his little self and to so merge his identity in the selves of others that he feels his consciousness moving through all. Unselfish sympathy is the bridge that connects each soul with other souls. I am getting help from all at the Institute and progressing . I am feeling his presence whenever I am in the institute. When I heard the chanting of Mahamrityunjay japa at Institute, feeling of uneasiness crept over my mind.

Again when I was going out, Guruji called me and told me to increase the length of my crutches by 2 holes i.e. 3 inches. Then I realized that some men become self-appointed gurus after reading a few occult books and listening to the voice of their own misguided imagination or their undisciplined unconscious mind. A real guru is sent by God. I am quite sure that Guruji will take care of me through the help of people known and unknown to me.

**---------------Dr. Ashok Shejale.**