

## **Chapter - 18 : BODY FLUIDS AND CIRCULATION**

### **One mark Questions**

**1. What is Blood?**

Blood is a special connective tissue consisting of a fluid matrix, Plasma and formed elements.

**2. What is plasma?**

Plasma is a straw coloured viscous fluid constituting nearly 55% of the blood.

**3. Which plasma protein is responsible for clotting or coagulation of Blood?**

Fibrinogen.

**4. Which plasma protein is involved in defense mechanisms of blood?**

Globulins.

**5. Which plasma protein is involved in Osmotic balance?**

Albumins.

**6. What is serum?**

Blood plasma without the clotting factors is called serum

**7. which is the most abundant of all the cells in blood?**

Erythrocytes or RBC

**8. Where are the RBCs formed?**

Red bone marrow

**9. Name the Iron containing protein of Erythrocytes?**

Haemoglobin

**10. what is the haemoglobin content of a healthy individual in every 100 ml of blood?**

12 to 16 grams.

**11. Mention the role of Haemoglobin in Blood**

Haemoglobin play a significant role in transport of respiratory gases.

**12. What is an average life span of RBC?**

120 days.

**13. Which human part is also called graveyard of RBCs?**

Spleen.

**14. what are Leucocytes?**

They are colourless, & nucleated cells without haemoglobin  
In the blood.

**15. What is the another name of platelets?**

Thrombocytes.

**16. What is the main function of Lymphocytes?**

Responsible for immune responses of the body.

**17. What kind of effect observed when reduction in platelets number?**

Lead to Clotting disorders.

**18. Name the antigen present on RBC's of 'o' blood group.**

No antigens present on RBC's of 'o' blood group

**19. Name the antibodies present in blood plasma of 'o' blood group**

anti-a and anti-b

**20. Which blood group is considered as Universal donor group?**

'o' blood group

**21. Which blood group is considered as Universal recipient group?**

'AB' blood group.

**22. What is main reason for Erythroblastosis foetalis?**

Rh incompatibility (mismatching)

**23. Define Lymph.**

Lymph is a colourless fluid containing specialized lymphocytes

Which are responsible for the immune responses of the body.

**24. In which group of animals do you find open circulatory system?**

Arthropods & Molluscs.

**25. In which group of animals do you find closed circulatory system?**

Annelids & chordates.

**26. How many heart chambers observed in Fishes?**

2 chambers.

**27. where do you find double circulation (blood circulation) mechanism?**

Birds and Mammals.

**28. Name the Protective sac(covering) of the heart.**

Pericardium

**29. Name the chambers of heart which receives oxygenated blood.**

Left Auricle

**30. Name the artery that carries deoxygenated blood to Lungs.**

Pulmonary artery.

**31. Name the valve present in between the left auricle**

**& Left ventricle**

Bicuspid valve (mitral valve)

**32. Where is tricuspid valve located in the Heart?**

Tricuspid valve is located in between the right auricle

And right ventricle.

**33. What is Systole?**

The contraction of heart chambers is called systole

**34. What is diastole?**

The relaxation of heart chambers is called diastole

**35. What is stroke volume?**

The volume of blood pumped out by the ventricle during

Each beat is called stroke volume.

**36. Where does the impulse for heart beat originates?**

The impulse for heart beat originates in SAN or pacemaker.

**37. What type of heart is found in man?**

Myogenic heart.

**38. Expand ECG**

Electrocardiograph.

**39. What is Cardiac output?**

The volume of blood pumped out by each ventricle per minute.

**40. Give the Cardiac output of a healthy individual.**

5000ml or 5 Litres.

**41 Give the Normal Blood pressure of a Healthy person.**

120/80 mm of Hg

**42. What is Hypertension?**

When the Blood pressure increases above the normal Level (ie 120/80 mm of Hg) is called Hypertension.

**43. What is Atherosclerosis?**

Accumulation of calcium, fat, cholesterol and fibrous Tissues on the inner walls of the arteries is called atherosclerosis.

**44. What is Angina pectoris?**

A symptom of acute chest pain appears when not enough Oxygen is reaching the heart muscle.

**45. What is Heart Attack?**

The Heart muscle is suddenly damaged by an inadequate blood supply.

## **Two Mark Questions**

**1. Mention the two special fluids within their bodies of more complex Organisms .**

Blood and lymph.

**2. Mention the function of any two plasma proteins.**

Fibrinogen are needed for clotting of blood.

Globulin are involved in Defence mechanisms.

Albumins are help in osmotic balance.

### **3. write any four important features of Erythrocytes**

- (i). RBCs are the most abundant of all the cells in blood
- (ii) A healthy adult man has on an average, 5 millions to 5.5 millions of RBCs  $\text{mm}^{-3}$  of blood.
- (iii) RBCs are formed in the red bone marrow in the adults.
- (iv) RBCs are devoid of nucleus and are biconcave in shape
- (v) They have a red coloured, iron containing complex protein Called Haemoglobin
- (vi) A healthy individual has 12-16gms of Haemoglobin in Every 100ml of blood.
- (vii) RBCs play a significant role in transport of respiratory gases
- (viii) RBCs have an average life span of 120 days after which They are destroyed in the spleen.

**(Any Four)**

### **4. List any four type of Leucocytes.**

- (i) Granulocytes - Neutrophils, eosinophils & basophils
- (ii) Agranulocytes - Lymphocytes and monocytes.

### **5. Mention any two secretions of Basophils involved in Inflammatory Reactions.**

--- Histamine, Serotonin, heparin etc.

### **6. Give the platelet count of normal healthy person and mention One function of it.**

--- 150000—350000 Platelets  $\text{mm}^{-3}$

Involved in clotting of blood

## 7. Mention the type of antigen & antibody present in 'A' & 'B'

### Blood group

----- 'B' antigen & anti-a antibody for- 'B' blood group

----- 'A' antigen & anti-b antibody for- 'A' blood group

## 8. Give the antigen & antibody found in 'AB' & 'O' blood group

---AB blood group ---- A,B antigens & No antibodies

---'O' blood group ----- No antigens & anti-a&b antibodies

## 9. What are antibodies with respect to human blood? & mention

### The types?

-- Antibodies are proteins (globulins) present in the blood

Plasma Types-(i) anti-A (ii) anti-B

## 10. What are antigens (agglutinins) with respect to human blood?

### Mention the types.

---- Antigens are glycoproteins present on the surface of RBC's

Types: (i) Antigen .A & (2) Antigen-B

## 11. Distinguish between antigen & antibody of blood

### Antigen

- (1) It is Found on RBC
- (2) chemically made up of globulin
- (3) It stimulates the production  
Of antibodies
- (4) It determine blood group

### Antibody

- (1) It is found in the blood plasma
- (2) Chemically made up of  
Glycoprotein
- (3) It fight against antigen
- (4) It donot determine blood group

**12. Mention the types of circulatory patterns(blood circulation)**

with examples.

(1) open circulatory system --- Arthropods & Molluscs

(2) closed circulatory system--- Annelids & chordates

**13. Name the components of cardiac conducting system**

--- (1) Sino-Atrial Node (SAN)

(2) Auriculo-Ventricular Node (AVN)

(3) Bundle of His & (4) Purkinje Fibres.

**14. what is Cardiac out put? How do you calculate it?**

The volume of blood pumped out by each ventricle  
Per minute.

Cardiac out put = Heart rate X Stroke volume.

**15. What is Double circulation? Give the significance**

At every heart beat the right half receives and pumps

Impure blood. left half receives & pumps pure blood .

This is Called double circulation.

Significance: there is no mixing of pure & impure blood.

**16. what is Hypertension? Mention the effects of hypertention**

Hypertension (HighBP) is the term for blood pressure that

Is higher than normal(ie 120/80)

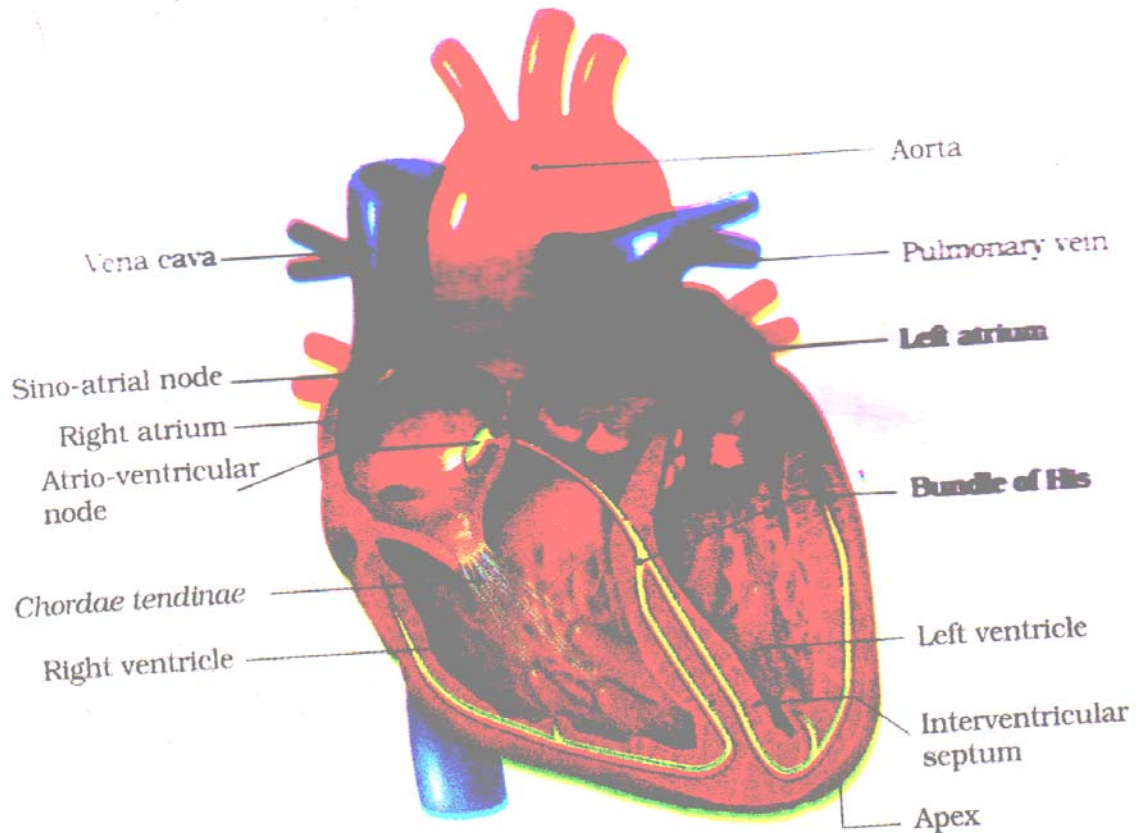
Effects:- Heart diseases,

- It affects vital organs like brain & Kidney.



## 4 and 5 Marks Questions

1. Draw a neat labeled diagram of V.S of Human Heart.



2. Explain the ABO grouping of human blood.

Ans:- ABO grouping is based on the presence or absence of  
Two surface antigens on the RBCs namely A & B  
Similarly, the plasma of different individuals contain  
Two natural antibodies.

The distribution of antigens & antibodies in the  
4 groups of blood, A, B, AB & O

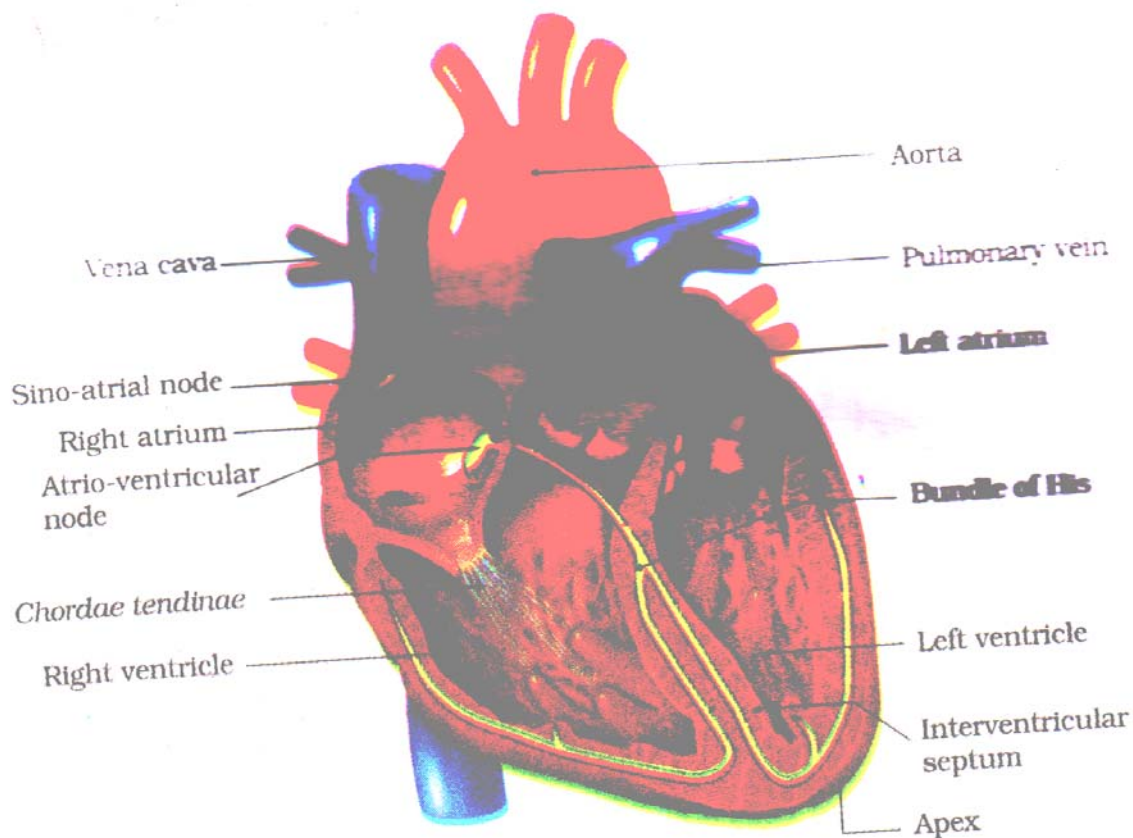
## Blood groups & Donor Compatibility

	Blood Groups	Antigens of RBC's	Antibodies In plasma	Donor's group
1	A	A	anti-B	A,O
2	B	B	anti-A	B,O
3	AB	A,B	Nil	AB,A,B,O
4	O	Nil	anti A & B	O

--'AB' blood group is considered as Universal recipients

--'O' blood group is considered as Universal donors.

**3. with the help of a neat labeled diagram describe the  
Conducting system of Heart.**



In human, Heart beat is controlled by conducting system.

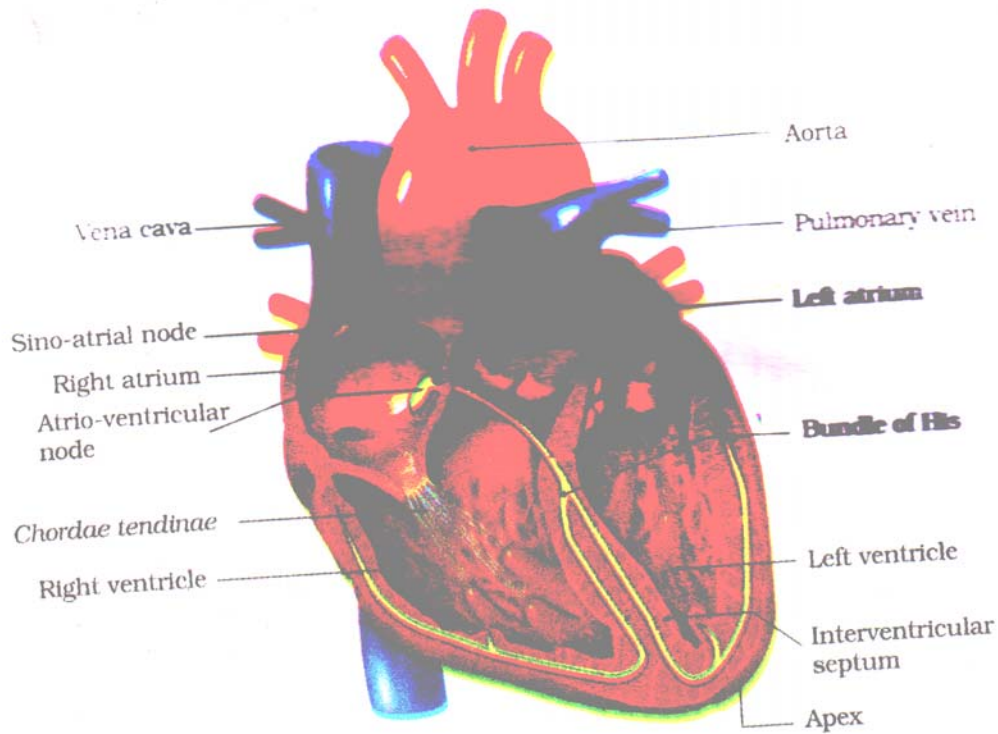
It consists of (1) SAN (2) AVN

(3) Bundle of His (4) Purkinje fibres.

- (1) SAN (Sino atrial node) OR pace maker: It is mass of Specialized muscle tissue present in the upper part of right Auricle near the opening of the superior venacava. It initiates That heart beat & sets the pace, hence it is called pacemaker
- (2) AVN (auriculo-Ventricular node): It is also a specialized Muscle tissue present in the lower part of the inter Auricular Septum.
- (3) Bundle of His: This arises from AVN, passes into Interventricular septum & divides into right and left branches
- (4) Purkinje fibres: Branches of bundle of His divides into Number of small branches called Purkinje fibres, these Fibres penetrate muscle cells of ventricles.

**4. Describe the origin & conduction of Heart beat with a labeled Diagram.**

---The human heart is myogenic heart. The entire heart is Made up of Cardiac muscles. The heart beat is initiated & regulated by a mass of muscle tissue called SAN So it is Called Pacemaker ( The SAN has the ability to generate action Potentials without any external stimuli, i.e. it is autoexcitable) The SAN generates & transmits the electrical Impulses Rhythmically. The SAN generate the maximum no of action Potentials i.e,  $70-75 \text{ min}^{-1}$ . Our heart normally beats 70-75 times in a minute (Average  $72 \text{ beats min}^{-1}$  )



The impulses generated from SAN are quickly picked up by AVN and then transmitted to the walls of ventricles through Bundle of His and Purkinje fibres. As a result, both ventricles contract simultaneously.

## 5. Explain the mechanism of working of the heart (Cardiac Cycle)

The alternate systole (contraction) and diastole (relaxation) of the auricles and ventricles followed by a short pause is called the Cardiac Cycle. It includes the following 3 phases.

- (1) The Atrial Systole: In this phase, the auricles contract to pump the blood into the respective ventricles, i.e., impure blood from the right auricle to the right ventricle and pure blood from the left auricle to the left ventricle.
- (2) Ventricular Systole: In this phase, the ventricles contract to pump the blood into the pulmonary artery and aorta.

(3) Complete cardiac diastole: It is a pause phase, in which Both auricles & ventricles relaxed During this Period the blood from venacavae & pulmonary veins Emptied into the auricles. The time taken for one Heart beat is 0.8 seconds. The rate of heart beat In a healthy person is approximately 72 times/minute.

**6. What is double circulation? Describe with reference to Human heart.**

The circulation in which blood enters & leaves the heart In 2 different circulation is called double circulation.

Two circulations are (1) pulmonary circulation & (2) Systemic circulation.

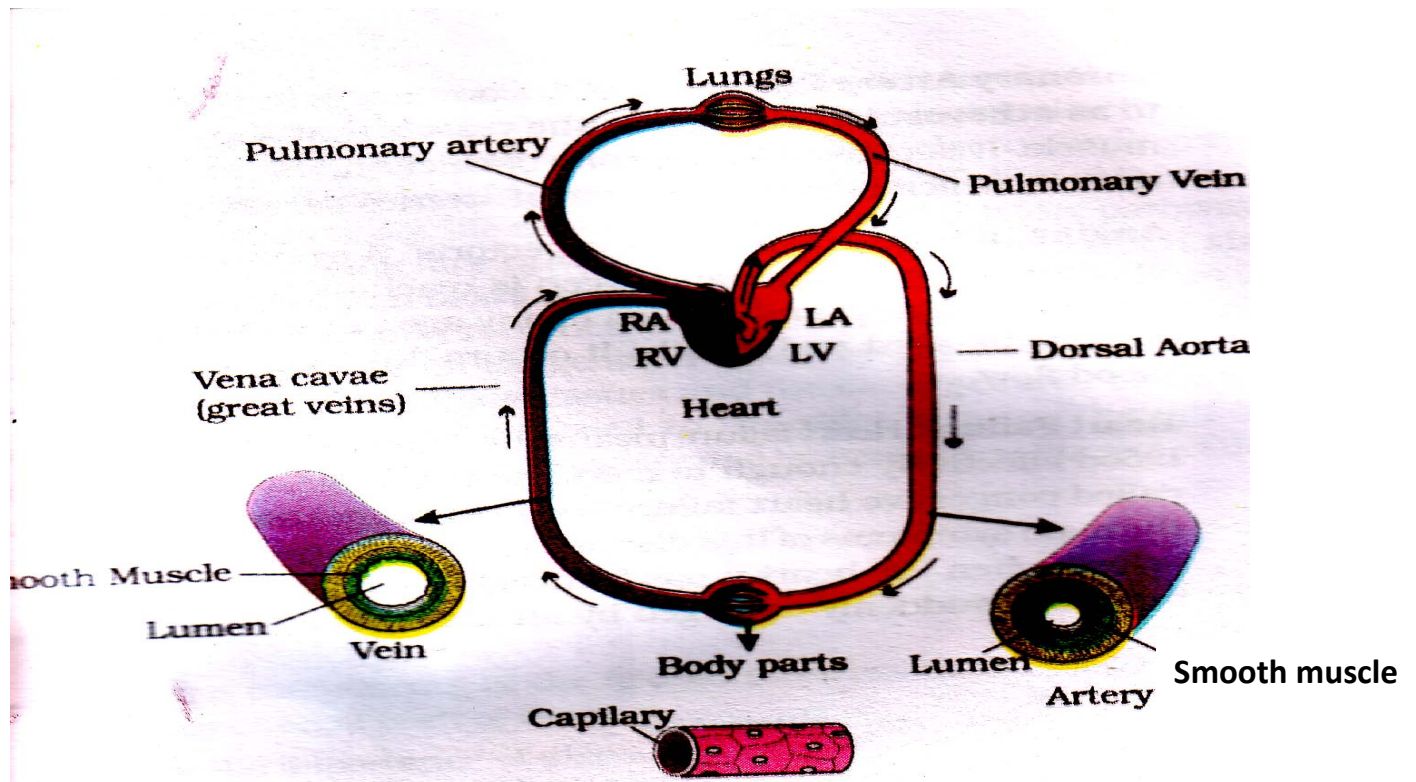
**(1) Pulmonary circulation**: The circulation of blood from right Side of the heart to the lungs and then back to Left side of the heart is called pulmonary circulation.

The Right auricle receives and pumps impure blood into the Right ventricle. Then the Right ventricle pumps it into the lungs through pulmonary artery. After purification the blood is brought into left Auricle by 2 pairs of pulmonary veins.

This entire route forms pulmonary circulation

**(2) Systemic circulation**: The Circulation of blood from left Side of the heart to the body tissues & then back to the right Side of the heart is called systemic circulation.

The left auricle receives & pumps pure blood into the left Ventricle. Then left ventricle pumps pure blood to all parts of the Body through aorta & its branches. The impure blood from Various parts of the body reaches Right Auricle through Superior and inferior venacavae. This entire route forms Systemic circulation.



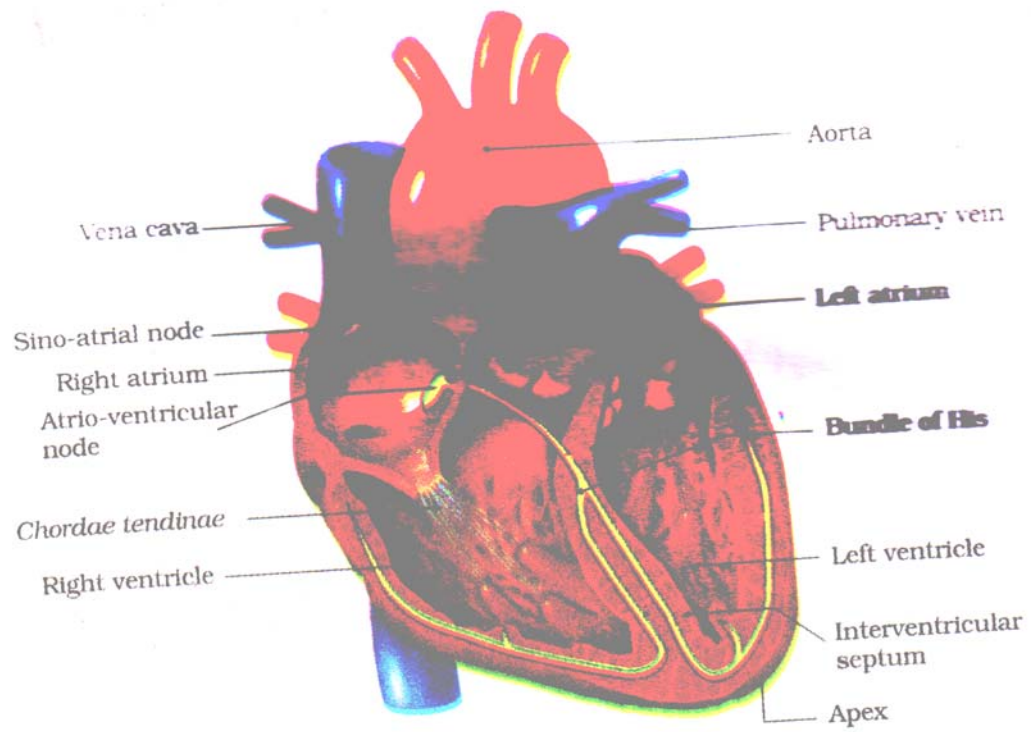


Figure 18.2 Section of a human heart

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