

# Chhavi Aggarwal

[chhavi4637@gmail.com](mailto:chhavi4637@gmail.com) | +91 96639-85170 | [Linkedin](#)

## EDUCATION

**MOUNT CARMEL COLLEGE- Bachelor of Arts - GPA: 7.2/10**  
**Major: Communicative English and Psychology**

**Bangalore, India**  
**July 2023 - May 2026**

Geetanjali Olympiad School- CBSE (PCMC) - 75.8%

**2023**

Head Start Educational Academy - ICSE - 96.4%

**2021**

## PROFESSIONAL EXPERIENCE

### BANGALORE MIRROR

**Bangalore, India**

#### REPORTING INTERN

**Feb 2025 – Mar 2025**

- Reported on 5 community stories/events, for a newspaper reaching 2+ lakh daily readers by interviewing, fact-checking, and *synthesizing* details.
- Interviewed 10+ industry experts for comments on various topics, leading to enhanced viewer retention.
- Produced 4 articles under tight deadlines, improving clarity and structure, resulting in positive editor feedback.
- Collaborated with multiple teammates, completing assignments ahead of schedule by adapting quickly to shifting priorities.

### MCC ANNUAL - YEARLY MAGAZINE

**Bangalore, India**

#### EDITOR

**Jul 2024 – Mar 2025**

- Led the editorial team of **8 peers**, and collaborated with 23 peers from 4 teams ensuring **100% on-time publication** by supporting teammates and streamlining task workflows.
- Reported on **12+ community events** and authored **4 feature articles**, increasing audience engagement by delivering timely and well-researched content.
- Edited and reviewed over **50 articles**, improving accuracy, clarity, and readability as measured by **reader feedback**.

## PROJECTS AND PUBLICATIONS

### • Publication - A Study on Correlation between Assertiveness and Loneliness among Adults

**Mar 2025**

Designed and conducted a study with **20 adults**, establishing a theory by demonstrating a **positive low correlation between assertiveness and loneliness**, contributing to research on social well-being and communication.

### • Publication – A Descriptive Study on the Learning Styles among High School Students

**Sept 2024**

Executed an academic study on learning styles, employing questionnaires, and narrowed to a sample size of **20 high schoolers** to analyze learning preferences and **proving** that the group on **an average has a moderate preference** for visual, aural, read/write and kinesthetic learning styles, helping shape policy for the next generation of learners.

### • Publication - Comparative study on burnout between two different professions

**Current**

Conducting a comparative study on burnout across **40 professionals across two professions** using the **Oldenburg Burnout Inventory**, analyzing differences in **2 dimensions**: Disengagement and Exhaustion, contributing to understanding occupational stress patterns.

### • Article - *The Cost of Connection: Are We Losing Touch in a Digital Age?*

**Sept 2024**

Authored an article, "*The Cost of Connection: Are We Losing Touch in a Digital Age?*", by analyzing the impact of digital communication on social relationships and engagement, reviewing over **9 research papers and articles**, offering readers a window into research in this emerging field.

## SKILLS

- Technical skills:** Microsoft PowerBI, Microsoft Office (Word, Excel – formulas, pivot tables, PowerPoint), Basic data presentation
- Languages:** English, Hindi

## ACCOMPLISHMENTS

- Won inter-city hockey tournaments in Karnataka, by competing with multiple district-level teams, which contributed to experience at the state-competition level.