



Chhavi Aggarwal

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Bio

Currently a final-year student pursuing a degree in Psychology and Communicative English. An **adaptable, highly motivated** and **keen to learn** individual, with a **strong work ethic** and the **ability to work with people**.

In the first four semesters, completed papers in: Creative Writing, Visual Analysis, Poetry and Short Fiction, Reporting & Editing, Nonfiction, Writing for Performance, Readings & Approaches, and Stage Design & Adaptation.

EDUCATION

Program	Stream	Institute	%/ CGPA	Year
BA	Psychology	Mount Carmel College (Autonomous), Bangalore	7.2/10	2026
	Communicative English			
Class XII	CBSE	Geetanjali Olympiad School, Bangalore	75.8%	2023
Class X	ICSE	Head Start Educational Academy, Bangalore	96.4%	2021

PROFESSIONAL EXPERIENCE

BANGALORE MIRROR

Bangalore, India

REPORTING INTERN

Feb 2025 – Mar 2025

- Reported on **5 community stories/events**, for a newspaper reaching **2+ lakh** daily readers by interviewing, fact-checking, and **synthesizing** details.
- Interviewed **10+ industry experts** for comments on various topics, leading to enhanced viewer retention.
- Produced **4 articles** under tight deadlines, improving clarity and structure, resulting in positive editor feedback.
- Collaborated with multiple team members, completing assignments ahead of schedule by adapting quickly to shifting priorities.

MCC ANNUAL - YEARLY MAGAZINE

Bangalore, India

EDITOR

Jul 2024 – Mar 2025

- Led the editorial team of **8 peers** and collaborated with 23 peers from 4 teams ensuring **100% on-time publication** by supporting teammates and streamlining task workflows.
- Reported on **12+ community events** and authored **4 feature articles**, increasing audience engagement by delivering timely and well-researched content.
- Edited and reviewed over **50 articles**, improving accuracy, clarity, and readability as measured by **reader feedback**.

PROJECTS AND PUBLICATIONS

- Publication - A Study on Correlation between Assertiveness and Loneliness among Adults** Mar 2025
Designed and conducted a study with **20 adults**, establishing a theory by demonstrating a **positive low correlation between assertiveness and loneliness**, contributing to research on social well-being and communication.
- Publication - Comparative study on burnout between two different professions** Current
Conducting a comparative study on burnout across **40 professionals across two professions** using the **Oldenburg Burnout Inventory**, analyzing differences in **2 dimensions**: Disengagement and Exhaustion, contributing to understanding occupational stress patterns.
- Article - The Cost of Connection: Are We Losing Touch in a Digital Age?** Sept 2024
Authored an article, “*The Cost of Connection: Are We Losing Touch in a Digital Age?*”, by analyzing the impact of digital communication on social relationships and engagement, reviewing over **9 research papers and articles**, offering readers a window into research in this emerging field.

SKILLS

- Technical skills:** Microsoft PowerBI, Microsoft Office (Word, Excel – formulas, pivot tables, PowerPoint), Basic data presentation
- Languages:** English, Hindi

ACCOMPLISHMENTS

- Won inter-city hockey tournaments in Karnataka, by competing with multiple district-level teams, which contributed to experience at the state-competition level.