

Nishita Das

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ABOUT

An MSc Psychology student intending to leverage organizational effectiveness using psychological principles. Interests include Talent Acquisition, Recruitment, Employee Engagement, Change Management and Learning and Development.

INTERNSHIP

Swagat Super Speciality Hospital <i>HR Intern</i>	<i>Jun - July 2025</i> Guwahati, India
<ul style="list-style-type: none">Managed full-cycle recruitment for clinical and administrative roles across 4 departmentsScreened 15-20 resumes weekly, identified potential candidates, improving the initial selection processInitiated an employee engagement drive that boosted communication and coordination between supervisors and employeesObserved exit interview of 5+ employees and presented recommendations and changes to reduce the attrition rate	
Collab Junction <i>HR Intern</i>	<i>Jun - Sept 2024</i> Remote

EDUCATION

Mount Carmel College <i>Master of Science in Psychology</i>	<i>Aug 2024 - May 2026</i> Bangalore, India
<ul style="list-style-type: none">Percentage: 84.28%	
Mount Carmel College <i>Bachelor of Arts in Psychology and Economics</i>	<i>Oct 2021 - May 2024</i> Bangalore, India
<ul style="list-style-type: none">Percentage: 83.69%	
Maharishi Vidya Mandir Senior Secondary School <i>Secondary High School, CBSE (12th Grade)</i>	<i>Jul 2021</i> Guwahati, India
<ul style="list-style-type: none">Percentage: 95.16%	
St. Mary's Senior Secondary School <i>High School, CBSE (10th Grade)</i>	<i>Jul 2019</i> Guwahati, India
<ul style="list-style-type: none">Percentage: 93.5%	

CERTIFICATIONS

NPTEL Online Certification: Emotional Intelligence, Scored 95%, Top 1% Nationwide	<i>May 2025</i>
Udemy: HR Analytics using MS Excel for Human Resource Management	<i>Jan 2025</i>
Udemy: Organizational Theory, Design and Change (II)	<i>Sep 2025</i>

SKILLS

- Core HR Skills:** Talent Acquisition, Employee Engagement, Performance Management
- Tools:** MS Excel, MS PowerPoint
- Soft skills:** Communication skills, Assertive Thinking, Presentation skills, Conflict Resolution, Cultural Awareness, Confidentiality