

Anjali Naskar

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Professional Summary

An aspiring Industrial & Organizational Psychology graduate student with expertise in talent acquisition, recruitment, screening, onboarding experience, psychometric assessment, project management, and employee engagement. Skilled in research, data analysis, content design, and counseling techniques, driven to apply evidence based HR and counseling practices to foster holistic employee wellbeing, mental health support, and organizational performance.

Experience

Human Resource Intern | Club Mahindra Holidays, Bengaluru | Jun – Jul 2025

- Led psychometric assessment project (TNA) for 20 employees across India
- Recruited for 4 organizational roles through strategic sourcing
- Screened and sourced candidates for multiple roles utilizing digital and direct recruitment channels
- Coordinated candidate interviews and supported onboarding of new hires
- Implemented employee engagement initiatives to boost workplace morale
- Managed multi-location assessment and data collection procedures

Social Media Manager & Content Designer | The Manasu Project, Bengaluru | Jun – Dec 2024

- Developed mental health content and infographics using Canva
- Collaborated with experts, delivered school workshop materials
- Researched social trends and executed digital campaigns

Education

M.Sc. Psychology (Industrial & Organizational Specialization, HRM) | Mount Carmel College, Bengaluru

Current Aggregate Percentage: 84.67%

B.A. (Hons) Applied Psychology | Amity University, Kolkata | 2021 – 2024

CGPA: 8.84

Key Skills & Abilities: Talent Acquisition & Recruitment, Communication & Stakeholder Collaboration, Psychometric Assessment & Data Analysis, Project Management, Employee Engagement & Organizational Development, Organizational Behavior & Change Management, Advanced MS Office and Report Writing, Content Design & Visual Communication (Canva), Research & Data Driven Decision Making, Google Workspace Proficiency.

Projects & Certifications

- Digital Fatigue Scale Co-Author – Mount Carmel College
- Metacognitive Awareness Study – Amity University
- Cybercrime Media Literacy Workshops – Club Mahindra Holidays
- **Organizational Behaviour: Individual Dynamics** – NPTEL (2025)
- **Strategic HR Planning & Project Management** – Udemy (2025)
- Google Analytics – Google (2021)
- Gender Transformative Studies – UNICEF (2021)

Achievements & Leadership

- Founding Member & Social Media Head, PG Association of Psychology, Mount Carmel College.
- Best Outgoing Student & All Rounder Award, Amity University.
- Head Emcee, Debate Moderator & Host for College Events.
- Ranked 4th in Meghalaya State (CBSE Humanities stream).