

Chhavi Aggarwal

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EDUCATION

MOUNT CARMEL COLLEGE- Bachelor of Arts - GPA: 7.2/10
Major: Communicative English and Psychology

Bangalore, India
July 2023 - May 2026

Geetanjali Olympiad School- CBSE (PCMC) - 75.8% 2023
Head Start Educational Academy - ICSE - 96.4% 2021

PROFESSIONAL EXPERIENCE

BANGALORE MIRROR

Bangalore, India

REPORTING INTERN

Feb 2025 – Mar 2025

- Reported on 5 community stories/events, for a newspaper reaching 2+ lakh daily readers by interviewing, fact-checking, and *synthesizing* details.
- Interviewed 10+ industry experts for comments on various topics, leading to enhanced viewer retention.
- Produced 4 articles under tight deadlines, improving clarity and structure, resulting in positive editor feedback.
- Collaborated with multiple teammembers, completing assignments ahead of schedule by adapting quickly to shifting priorities.

MCC ANNUAL - YEARLY MAGAZINE

Bangalore, India

EDITOR

Jul 2024 – Mar 2025

- Led the editorial team of **8 peers**, and collaborated with 23 peers from 4 teams ensuring **100% on-time publication** by supporting teammates and streamlining task workflows.
- Reported on **12+ community events** and authored **4 feature articles**, increasing audience engagement by delivering timely and well-researched content.
- Edited and reviewed over **50 articles**, improving accuracy, clarity, and readability as measured by **reader feedback**.

PROJECTS AND PUBLICATIONS

- Publication - A Study on Correlation between Assertiveness and Loneliness among Adults** Mar 2025
Designed and conducted a study with **20 adults**, establishing a theory by demonstrating a **positive low correlation between assertiveness and loneliness**, contributing to research on social well-being and communication.
- Publication – A Descriptive Study on the Learning Styles among High School Students** Sept 2024
Executed an academic study on learning styles, employing questionnaires, and narrowed to a sample size of **20 high schoolers** to analyze learning preferences and **proving** that the group on **an average has a moderate preference** for visual, aural, read/write and kinesthetic learning styles, helping shape policy for the next generation of learners.
- Publication - Comparative study on burnout between two different professions** Current
Conducting a comparative study on burnout across **40 professionals across two professions** using the **Oldenburg Burnout Inventory**, analyzing differences in **2 dimensions**: Disengagement and Exhaustion, contributing to understanding occupational stress patterns.
- Article - The Cost of Connection: Are We Losing Touch in a Digital Age?** Sept 2024
Authored an article, "*The Cost of Connection: Are We Losing Touch in a Digital Age?*", by analyzing the impact of digital communication on social relationships and engagement, reviewing over **9 research papers and articles**, offering readers a window into research in this emerging field.

SKILLS

- Technical skills:** Microsoft PowerBI, Microsoft Office (Word, Excel – formulas, pivot tables, PowerPoint), Basic data presentation
- Languages:** English, Hindi

ACCOMPLISHMENTS

- Won inter-city hockey tournaments in Karnataka, by competing with multiple district-level teams, which contributed to experience at the state-competition level.