

# MAKE YOUR LIFE COUNT

## Who is Mark?

My name is Mark Klingenberg. As an independent life coach, I successfully support people in realizing their full potential and giving their lives a new direction. I listen, make the problems and concerns that stand in your way tangible, and thereby help you to develop new perspectives. Together we discover your personal road to more success, satisfaction, and strength.

READ MORE



### awake the leader within

Many people have no idea what strengths lie dormant in them. At the same time, it is essential for leaders in particular, to gain more clarity about human strengths and weaknesses. After all, this is the only way for them to identify prospective areas of development and make the most of existing potential. However, as with many things in life, this knowledge or insight must come from you.

In the confidential framework of coaching, you get to know your own strengths and weaknesses and develop a feeling for your highly personal management style, including that which could make your team even more successful.

#### DELIVER WITH CONFIDENCE

"Only those who can lead themselves, can lead others." – Coaching gives you the self-confidence you need to do so.

## Leadership

Most managers get into leadership positions because of their professional skills. However, it is a well-known fact that good technical skills do not automatically equal the leadership qualities required. After all, managers also need to know how to lead and support employees in the best possible way. This includes competencies such as clear communication, effective time management, and respectful manners. Only with those skills will you be able to create a framework within which employees can be successful.

Good managers take responsibility for their decisions. They listen and are able to motivate employees and inspire them with their own vision. They are leaders that people like to follow.

But how do you become a good leader? With effective coaching. This gives you the opportunity to reflect and expand your leadership skills in peace and quiet. Together we will discover what kind of leader you want to be and find strategies to implement your wishes and needs.



## mastering life & success

A happy private life, a successful career, prosperity and success – you can have it all if you pay attention to maintaining a healthy balance. Life coaching helps you keep track of your priorities.

Are you longing for more quality time with your family? Would you like more time for sports and other hobbies? What are you waiting for? With coaching, you will learn how a demanding job can be reconciled with your private life – without having to give up any success or wealth.



Together we develop individual strategies to find a new balance between tension and relaxation, between your private and your professional life.

#### CHANGING YOUR BODY, MIND & FINANCES

Many people continuously work at their maximum capacity. They might be successful in doing this, but cannot enjoy their success because they are never able to relax and their health suffers.

Thankfully, people can change. You can bring these two seemingly contradictory areas of your life into a healthy balance, thereby reunifying your body and mind. By leading an active and grounded lifestyle, you will be even more successful in the long run.

Through efficient stress-reduction training, effective time management, and dedicated coaching, you will learn how to approach yourself and your life in a new way.

## Coaching

Does your life feel stuck? Have you lost sight of your goals? Do you lack the self-confidence to take the next step? Do you long to be more in tune with your life again? If such or similar worries weigh down on you, coaching can help you overcome them. Coaching is not about investigating the causes or coming to terms with the past. A life coach is not a psychotherapist. Rather, it is about showing you different perspectives and inspiring you to change your life and dare new things – so that you can harness your full potential.

It is important to know that, as a life coach, instead of simply telling you what to do, we will find out what you need to do together in order for you to achieve your goals and regain your sense of motivation and satisfaction.



The right questions are key in this discovery process: what does the life you dream of look like? What exactly doesn't feel right? With a keen sensitivity and a trained external perspective, I will help you develop your personal vision.

#### GREAT COACHING, GREAT RESULTS

We are no longer able to identify our true self when we are so often trapped in our familiar comfort zone.

Effective coaching helps you shed old behavioral patterns and hit the reset button to start with a sense of vitality and fresh energy.

#### PUSH YOUR LIMITS

Say goodbye to your fears and obstacles – they are just obstacles that lie in the way to a fulfilled life.

Through coaching, I will help you identify these obstacles and leave them far behind.

#### SCHEDULE YOUR SESSION



45

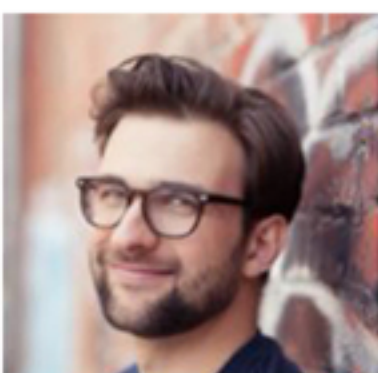
hours

22

courses

79

countries



**BILLY FAUST**  
Famous blogger

“The sessions with Marc were liberating. He helped



**RAYMOND BARF**  
Presidential candidate

“The most important thing I learned from Marc: only when the inner

## Contact

NAME

EMAIL

PHONE

MESSAGE

SEND

Would you like to know more about coaching? Send me a message with your personal request and we will arrange a non-binding preliminary talk.



Where to find us: 27 Colmore Row, London, England, W1T 1JY  
Call us: 020 7946 0378

Copyright © All Rights Reserved.