Football Player Rating Prediction using Linear Regression

1. Introduction

This project's goal is to predict the **overall rating** of football players using their physical, technical, and mental attributes. The dataset contains various player details, from age and nationality to specific performance metrics like passing and dribbling. We chose a **Linear Regression** model for its simplicity and effectiveness in modeling the linear relationship between these attributes and the player's overall rating.

2. Dataset Description

The dataset is rich with player profiles, featuring a mix of personal, physical, and performance-based attributes.

- Personal Information: Includes name, full name, birth date, age, and nationality.
- Physical Attributes: Height (in cm) and weight (in kg).
- Career Information: Player positions and potential rating.
- Technical and Mental Attributes (Features): This section contains the core predictive features, such as passing, dribbling, shooting, crossing, finishing, vision, composure, positioning, aggression, interceptions, and tackling.
- Target Variable: The Overall Rating, a numerical score representing the player's overall ability.

The dataset's numerical focus makes it a great fit for a Linear Regression model.

3. Feature Engineering and Preprocessing

To prepare the data for the model, we followed these steps:

- **Data Cleaning:** We removed irrelevant fields, like player names and IDs, since they don't contribute to the prediction. We also handled any missing values.
- Encoding Categorical Features: We used One-Hot Encoding to convert categorical
 data, such as positions and nationality, into numerical formats that the regression model
 can understand.
- **Feature Scaling:** We applied **Standardization** to all continuous features (height, weight, skill attributes). This process scales the data to a similar range, preventing features with larger values from dominating the model.

4. Model Used: Linear Regression

Why we chose it: Linear Regression is easy to implement and interpret. It provides a solid baseline for understanding how well a player's attributes can explain their overall rating. It works best when the relationship between features and the target variable is roughly linear.

Mathematical Formulation: The model is represented by the following equation:

$$Y = \beta 0 + \beta 1x1 + \beta 2x2 + \dots + \beta nxn + \epsilon$$

Where:

- y = The Overall Rating
- x1,x2,..., xn = The player's **features**
- β = The **weights** the model learns
- ϵ = The error term

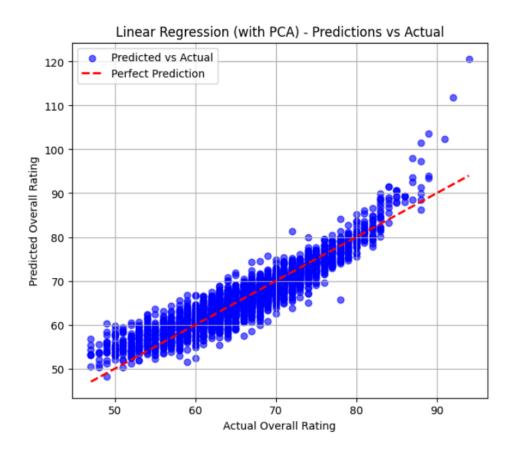
The model works by minimizing the Sum of Squared Errors (SSE) to find the best-fitting line.

5. Evaluation Metrics

Since this is a regression problem, we used the following metrics to evaluate the model's performance:

- R² Score: This metric shows how much of the variance in the overall rating is captured by the features. A score of **0.8590** is excellent, meaning our features explain 85.9% of the variability in the ratings.
- Root Mean Squared Error (RMSE): This penalizes larger errors. An RMSE of 2.65
 means the average prediction error is roughly 2.6 rating points.
- Mean Absolute Error (MAE): This shows the average prediction error. An MAE of 2.01 indicates that, on average, our predictions are within 2 points of the player's true rating.

6. Predicted vs Actual Graph



7. Results and Insights

The Linear Regression model performed very well, achieving a high R² score and low error values.

Our analysis showed that **Vision**, **Passing**, **Dribbling**, **Positioning**, and **Composure** are the key attributes that most strongly influence a player's overall rating. Physical attributes like height and weight had a much smaller effect compared to these technical and mental skills. This suggests that a player's quality is determined more by their skill and decision-making than by their physical build.

8. Conclusion

This project successfully demonstrated that Linear Regression can predict football players' overall ratings with high accuracy. The results confirm that skill-based attributes like passing and vision are the most crucial factors in determining a player's ability.

Future Improvements could include:

- Exploring polynomial regression to capture non-linear effects.
- Comparing performance with more advanced models, such as Random Forest or XGBoost.
- Adding more dynamic data, like match-level statistics (goals, assists, tackles), for richer predictions.

9. Code and Outputs

Making Imports

```
import pandas as pd
import numpy as np

from sklearn.model_selection import train_test_split
from sklearn.preprocessing import StandardScaler
from sklearn.decomposition import PCA
from sklearn.linear_model import LinearRegression
from sklearn.metrics import mean_squared_error, mean_absolute_error, r2_score

[3]:
file_path = '/kaggle/input/football-players-data/fifa_players.csv'
```

```
df = pd.read_csv(file_path)
  df.head()
   name full_name birth_date age height_cm weight_kgs
                                                                  positions nationality overall_rating potential ... long_shots aggression interceptions po
                  Lionel
                 Andrés
Messi
0 L. Messi
                        6/24/1987 31
                                            170.18
                                                                  CF,RW,ST
                                                                             Argentina
               Cuccittini
               Christian
C. Christian
C. Dannemann 2/14/1992 27
Eriksen Failuren
                                                          76.2 CAM,RM,CM
                                            154.94
                                                                              Denmark
                                                                                                  88
                                                                                                            89 ...
                                                                                                                                                   56
                Eriksen
2 P. Pogba Paul Pogba 3/15/1993 25
                                             190.50
                                                          83.9
                                                                   CM,CAM
                                                                                                  88
                                                                                                            91 ...
                                                                                                                                                   64
                Lorenzo
                         6/4/1991 27
                                                                     LW,ST
                                            162.56
                                                          59.0
                                                                                  Italy
                                                                                                  88
                                                                                                            88 ...
                                                                                                                          84
                                                                                                                                      34
                                                                                                                                                   26
     Insigne
                Insigne
                 Kalidou
                         6/20/1991 27
                                                                                                                                                   88
4 Koulibaly
               Koulibaly
5 rows × 51 columns
```

Data Cleaning

Defining Input and Target Features

```
[6]: X = df.drop(columns=['overall_rating'])
y = df['overall_rating']

[7]: X_train, X_test, y_train, y_test = train_test_split(X, y, test_size=0.2, random_state=42)

scaler = StandardScaler()
X_train_scaled = scaler.fit_transform(X_train)
X_test_scaled = scaler.transform(X_test)
```

Applying Sklearns PCA and Linear Regression and Training the Model

```
pa = PCA(n_components=0.95, random_state=42)
    X_train_pca = pca.fit_transform(X_train_scaled)
    X_test_pca = pca.transform(X_test_scaled)

print(f"Original features: {X_train.shape[1]}")
    print(f"Reduced features after PCA: {X_train_pca.shape[1]}")

Original features: 181
    Reduced features after PCA: 133

[9]: model = LinearRegression()
    model.fit(X_train_pca, y_train)

[9]: v LinearRegression()
LinearRegression()
```

Model Evaluation